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Tuesday, August 12, 2014

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Back to School! Lunch Gear - Padlocks WATCH FOR PRINCETON POSSE GAME TICKETS ON SALE SOON! FLETCHER BUILDING SUPPLIES LTD. - 222 Burton Avenue, Princeton



The combined crews from Princeton Wood Preservers and Princeton Post & Rail gathered recently for a training session hosted at RockRidge Canyon near Princeton. - photo submitted

PWP expansion brings more local jobs

Princeton Wood Preservers Ltd (PWP) announced last week that on June 17th, 2014 an agreement was signed with Ledcor Resources & Transportation for the acquisition of the Princeton Post and Rail (PPR) plant site. The agreement also includes wood supply for both mills for the next eight years. Both mills

temporary portable crushing units

that were put in place over the past

twelve months; this change will

Jim O'Rourke, President and CEO commented: "We are extremely

pleased with everyone's efforts that

have allowed us to bring the addition

of this new secondary crusher into

operation within our timeframe and

budget. Our team has successfully

met and overcome all the challenges

to complete the project in the seven

month construction schedule. The

benefits to the mine will be immedi-

ate. By reducing the size of the SAG Mill feed down to minus 2 inches

we are confident that the mine will achieve our production expecta-

About Copper Mountain Mining

Copper Mountain's flagship asset is

the Copper Mountain mine located near the town of Princeton. The

Company has a strategic alliance

Corporation who owns 25% of the

mine. The Copper Mountain mine

commenced production in the sum-

mer of 2011 and has continued to

...... continued on Page 18

Materials

Mitsubishi

tions."

with

Corporation:

reduce operating costs at the site.

will now be operating under the name Princeton Wood Preservers Ltd.

The acquisition of the PPR facility is a nice fit with PWP's current production and treating plant 18-km east of Princeton. This expansion will raise the profile of the company as an employer in Princeton and a supplier in the Pacific Northwest. PWP will be investing in upgrading fixed and mobile equipment at both sites to help boost production and adhere to a high standard of safety.

Elizabeth Marion, president and owner of PWP said, "this is the most significant expansion of PWP's business in its 41-year history. With the production power of two plants and a guaranteed wood supply, we will be able to expand to meet the demands of our Canadian and American customers."

"With the equipment in place, and wood supply secured, we plan on creating more full time permanent jobs," said Marion. Since the takeover PWP has hired 8 new employees for a total of 37 between the two mills, and are looking for at least 8 more. Loader and maintenance experience is definitely an asset, but not required.

Marion bought the business in 2005 and has been dreaming of expanding ever since. With the recession in continued on Page 18



Crusher project meets deadline

Copper Mountain Mining Corporation (TSX: CUM) (the "Company" or "Copper Mountain") announced August 7th that construction of the new permanent secondary crusher at the Copper Mountain mine located near Princeton is now complete and the crusher is being commissioned. The project was completed on schedule and at the \$40 million budget. The secondary crusher was tested with ore at the beginning of last week and since then the commissioning of the crusher is progressing smoothly.

The tie in of the new secondary crusher into the existing one kilometer overland conveyor that transfers ore from the primary crusher to the new secondary crusher and mill feed stockpile was successfully completed without any operational interruptions to the SAG mill. With the new secondary crusher in operation, 100% of the ore feed going into the SAG mill is minus 2 inches in size. Operations are steadily improving as the live crushed ore stockpile transitions from minus 5.5 inches to the new reduced ore feed size of minus 2 inches. With the new secondary crusher now in operation, the Company intends to dismantle the



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Copper Mountain Mine

GONGRATULATIONS

To all Copper Mountain Mine Team Members on working One Year without a Loss Time Incident!

This milestone, almost one million hours worked, without a LTI makes us one of the safest mines in BC.

A Great team effort!

This is a tremendous achievement of which we are very proud. We will continue to work together to reduce risks in our workplace.

Building Value Through Responsible Mining



Hayes Creek Firefighters hosted their annual 'meet and greet' August 3rd which included a number of other activities as part of a fundraiser which collected \$2,000 for equipment for the department. The winner of the large trailer of firewood (donated by Ken Johnson and K&M Trucking) was Joe Medieros, right, being presented with his prize by Fire Chief Rob Miller and Firefighter Peter Greizer. Other winners were: Rob Miller - small trailer of wood, Errol Bourgoin - Garden Basket, Barb - Movie Basket, Nan Holmgren - Baking Basket, Adele Di - Fish Basket, Brent Fraser - Garden Basket and Chris Michie - Children's Basket. In addition to the kind firewood donation from Ken Johnson, other contributions came from Sherry Nolan and Patty Carlson who made the gift baskets. - photo submitted

Flip Of The Coyne

by Spencer Coyne

As I was driving home from work the other night I couldn't help but shake my head yet again over yet another news story about yet another failure in our province's medical system. This time it was about the lack of ambulance service at a remote northern community which resulted in a death. If you don't know, our BC Ambulance Service is among the best in the world, but in many peoples' opinions, it is under-supported by the province, be it with antiquated radios, lack of manpower or lack of pay for first responders. I am sure I could fill pages upon pages about this topic alone, but that's not what I want to talk about. Our provincial government is not holding up its end of the social contract between it and the citizens of this great province.

No one has to tell the people of Princeton that our health system is failing. Many of us live everyday with the reminder that we no longer have doctors to service the population. Again we could go on all day about this topic. Every time we turn around, we see yet another shortfall. From lack of funding in provincial parks to the teachers' strike the province is falling apart, and at the end of the day, it falls on the shoulders of those who are in power. Our province is appealing the court decision that was in favour of the teachers and preparing to give parents \$40 a day. How much money is the government wasting that could be put directly back into our failing education system? How many schools have closed or had to make cutbacks? I am sure the money that the BC Liberals are spending on legal fees and bribes to parents could really help school boards across the province pay for services or maintenance.

could fill pages upon pages of this issue, but the point is that the shortfalls keep getting worse. We as the electorate pay taxes to the government so it can provide services. If those services are not being provided because of mismanagement or incompetence, we have a problem. I think we could put these massive salaries going to the heads of health regions, crown corps, bureaucrats and the government's inner circle in both of these categories. Government no longer sees the public purse as the public's money and this is a problem.

The problem is not just here in BC. Alberta has massive problems with its former premier and we can only guess how far the unacceptable use of public funds there went. Let's not forget Ottawa with its corrupt senators to ministers using public aircraft to get to private functions. Our politicians forget who they work for and who that money they like to spend really belongs to. We may need to remind them who really are the bosses. Although they seem like they are untouchable they still need to answer to their constituents. Maybe it is time we tell our MLAs that they need to start putting more money into health care and the BC Ambulance Service, and to put our kids back to school. We are a pretty easy going people, but we do expect that we will have some basic services like doctors and ambulances and that our kids go to school.

tion system? How many schools have closed or had to make cutbacks? I am sure the money that the BC Liberals are spending on legal fees and bribes to parents could really help school boards across the province pay for services or maintenance. Let's face it. The list of shortfalls. services that keep our communities moving forward. Then again, like I said, maybe I am just getting grumpier the older I get.





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ALL LOCAL BUSINESSES INVITED!

Princeton & District Chamber of Commerce hosts a Business Get Together

3:30 - 5:30 PM Monday, August 18 Veterans Square, downtown Princeton Speaker: MLA Jackie Tegart

Bring Business Cards, Meet Fellow Merchants

Tuesday, August 12, 2014

News Leader

Editorial Page

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0



Summer Is Officially Over

Over the weekend I found out that ice was in at Princeton Arena. While that isn't really shocking in itself, what it signals to me is the grim reality that summer has come to an end.

I know, it sounds like I've sprinkled a fair deal of drama onto this but it is true. The days are getting shorter, there's only one remaining statutory holiday left before the 'usual' start of the school year and the days are just not quite as hot as they have been.

Before you know it we'll all be bundled up in winter jackets whining about how much we miss the scorching hot days in July we were complaining about when we were experiencing them and keeping a close eye on the forest fire situation at the same time.

I'm a fan of the hot weather, so the eventual transition to cooler days I find rather annoying however, I do know that living in the Similkameen the season I love most isn't exactly a done deal yet.

I have memories of getting sunburned in September in Keremeos, so I know we can still get some hot weather later in the year. I also remember being able to work in the yard well into October and that when I was still running that I did manage to extend my running season into December more than once.

I think it's more a mental challenge than anything else for me as I know once the ice goes into Princeton Arena it seems as if all the other activities leading to the middle of winter take place in rapid succession.

I see the end of 2014 in this way. Ice in arena, Posse pre-season, school starts, Halloween, Remembrance Day, Christmas. Boom! Boom! Boom!

What I don't factor into the equation is those days wedged in-between where we can still go to Manning Park for an afternoon or sit on our deck for lunch. I keep forgetting the days filled with sunshine and laughter or the trips on the highways with less traffic once September arrives.

It sort of reminds me of growing up in Kelowna and how the start of the school year for me marked the end of summer and here I am, nearly forty years past graduation and it still affects me.

For me, the end of summer is a sad time, indeed.

It will always be like this for me and I know it.

What makes it slightly easier for me to accept is knowing I'm not alone and that since we live in the Similkameen, it doesn't mean there's nothing to do once summer ends. In fact, depending on your interests, this could be the start of your busiest season.

The upside to being busy is that it makes time pass quickly. Even if it doesn't seem fast enough for me.





LAAN AF

Eirich Innjbor is the Manager at Living Water Community Childcare Services, based in Princeton. - photo submitted

New childcare service opens

Living Water Community Child care announced last week the opening of their before and after school childcare centre. The service will provide care for ages 5 to 12 years in their beautiful location at 38 Kenley Avenue in the downstairs of Living Water Community Church. The program is managed by Eirich Innjbor who comes to Princeton

Education from the Philippines, a certificate in Health Science Education and Special Education. She is a very outgoing and capable young woman and loves children.

The Living Water Community Childcare program is fully licensed with the B.C. Government and is able to provide lower income parents with subsidies through the Government process. Childcare

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rates are very reasonable and they are looking forward to providing childcare in a safe, happy and very beautiful environment.

"We are currently taking applications and look forward to having your child in our centre," says Esther Donovan of Living Water Community Church.

"We can provide full time, before and after school care, also part time care depending on your needs," she adds.

"We also provide a discount for multiple children in the same family that can help with the parental costs."

In the event of a continuing teachers strike they are prepared to offer full day childcare starting in September at very reasonable rates until the strike is settled.

For more information contact the new service via e-mail at livingwatercc@eastlink.ca or call 250-295-7733.



Phone: 250.295.4149 • Fax: 250.295.4103 • e-mail: george@thenewsleader.ca

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with a bachelor of Elementary

Tuesday, August 12, 2014

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Dawn Johnson editor@thenewsleader.ca

Last week I read an article reproduced by CBC on all of the things wrong with the beef industry and why this industry should be abolished. The people who promote this hatred of the beef industry need to get down to basics and learn a few things.

The reasons for hating the beef industry may stem from ignorance in a large part, or it could be a reflection of the promotion of vegetarianism. There is another possible source of this hatred of beef: my cousin went vegetarian because her spiritual leader said meat eaters could not gain in spiritual depth. As we are both descendants of native Americans, among whom are some of the great spiritual visionaries, I do not believe she thought that one through.

Most people who live in the city feel really bad about animal slaughter and do not really want to know where their roast beef comes from. They do not want to

recognize that their nice leather jacket and expensive leather shoes were once the skin of a cow. They do not want to know about the medicines made from cattle, or that the bone meal that helps their flowers grow once held up the body of a cow. Most of all, they do not want to think of the animal being killed.

Out in the country, we know who we are: we are eaters of meat. We humans are predators who have hunted for millions of years, and we thrive on red meat, white meat, fish meat, and just about any kind of meat. I watched a cooking show about what people along the Mekong River eat, and I would say they would eat almost anything. They eat bats and mice, birds and snakes. They do not eat beef because the climate is unfavorable for beef ranching.

Beef is an excellent food for humans. It contains superior quality protein for building muscle tissue. Beef contains L-lysine, essential for proper growth and bone development in children. Beef contains L-arginine, another amino acid that causes retardation of tumors and cancer, aids in detoxification of the liver, assists in the release of growth hormones, helps in the maintenance of the immune system, detoxifies ammonia, increases sperm count in males, and helps the kidneys function. Further, it is essential in the healing of wounds, and is essential for the digestion of proteins. A person who has plenty of L-arginine sees muscle mass increase and body fat reduction.

L-arginine helps increase the production of collagen, that special fat under the skin that prevents wrinkles. That's a lot for one food to do!

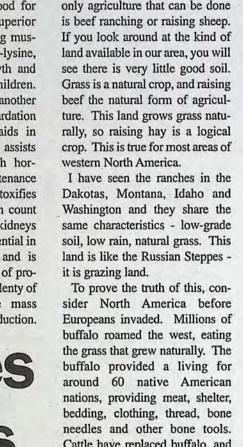
There are environmentalists who speak out against the beef industry. They complain about the land space used for ranching, the manure produced by the cattle and have even complained the beef are adding methane gas to the atmosphere. (If the manure is so rich in methane, why aren't gas companies using manure instead of fracking?) They complain that the land used for growing hay could be used for growing grain and vegetables for humans.

This is where ignorance really shows itself. The vast majority of beef ranches are in western North America. The reason for this is that the land is so poor about the only agriculture that can be done

Cattle have replaced buffalo, and we now raise beef on those lands unsuitable for other forms of agriculture.

In western lands, our beef provide another benefit when we put them out to range. The range beef keep the grasses down, helping to prevent forest fires. Cattle and sheep help the forest by keeping down the grass and underbrush.

If you hear somebody complaining about beef ranching, ask what their beef is and why, then tell them how great it is that we have beef.



Fair features bike stunts

The Beshano Bike Trials Team is coming to the Fall Fair September 6. This team specializes in doing stunts while riding a mountain bike.

This is the largest bike trial team in Canada and puts on one of the best shows in North America.

Using perfect balance to control the bike, the riders go over obstacles, such as climbing from one table top to another, or balancing on a pillar on one wheel only. These moves are part of the competition of bike trials, and if a rider touches the ground or one of the obstacles, points are lost.

This is a show for anyone who rides a bicycle and loves to see expert riders perform stunts.

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News Leader

AND NOW ... A LITTLE GOOD NEWS!

"Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls." - Matthew 11:29 6

Tuesday, August 12, 2014

News Leader



HEALTHY SOIL + HEALTHY PLANTS = HEALTHY FOOD AND HEALTHY PEOPLE Harkers Organics, 2238 Highway 3 Cawston 250-499-2751

mation can be found at http://carpool.ca/

school commuting. Further infor-



Hayes Creek Firefighters hosted their annual 'Meet and Greet' Sunday, August 3rd which included an AGM, BBQ, raffle and garage sale at the hall. The event raised \$2,000 for equipment with major donations coming from Ken Johnson (K&M Trucking) for firewood and Sherry Nolan and Patti Carlson for Gift Baskets. - photo submitted

Saddles 'n' Spurs

by Pastor George Donovan

While most of my life has been centered around horses I love the outdoors, hunting and fishing and canoeing.

My brother John who lived in Surrey, had a couple of friends who wanted to come up to the Cariboo and go hunting together. John had done some hunting but I'm not sure if his two friends had any outdoor experience at all, but they were about to get some. We packed up with the canoes,

rifles and some warm gear as it was winter and headed out past Boss Mountain. When we came to the

river it was flowing hard but the temperature had dropped tremendously to about -20 degrees F. We stood on the wooden bridge trying to decide if it was worth going or not because the next bridge was several miles down the river where we planned to finish and meet up. One of the vehicles was dropped off at the second bridge and we all went back to where we planned to start down the river canoeing and looking for game.

Living Past 100

For The Love of Peaches!

Peach season is in full swing and those who love peaches will be eating all of the fresh peaches they can afford. Peaches are delectable fruit, favourites of the summer.

People have eaten peaches for thousands of years. Peaches, a member of the prune family of plants, were first grown and cultivated in China several thousand years ago. The Chinese considered them fruit of immortality.

The tree-ripened fruit should be eaten fresh, but the almost ripe fruit is superior for canning, as they tend to soften a great deal when cooked.

A peach smoothie is a great way to start the day. It will clean out the old stuff stuck in your system. Just chop up a peach or two, put the chopped fruit in a blender with some water, and turn the peaches into a smoothie.

Peaches are loaded with Vitamin A, the vitamin that protects skin, mucus membranes and keeps eyes healthy. The ancient Chinese recognized its value for the skin and used pureed fresh peaches as a facial mask.

The skin on peaches is fuzzy and should be removed to prevent itching around the mouth. Peach fuzz tends to irritate the skin. To easily remove the skin, drop the peach into boiling water for half a minute or less. Then immerse in cold water and rapidly remove the skin, which should slip off easily. Peaches, when raw, react to oxygen and soon begin to turn brown after being peeled. To prevent this discoloration, dip freshly peeled peaches into cold water containing a small amount of lemon juice.

Peaches can be preserved through canning, which actually is the best way to preserve peaches to retain the best flavour. Peaches can be turned into jam as well.

There are a number of different species of peaches, but most peaches are rated according to whether the flesh separates easily from the pit. Freestone peaches are those that separate easily, and the others are called 'cling' peaches, meaning the stone and flesh of the peach cling together. When buying peaches, ask the vendor whether the peaches are freestone or not. The freestone peaches are ideal for canning, but the cling peaches are softer, sweeter and better for eating raw.

The season for peaches in southern British Columbia begins about mid-July and ends around Labour Day. Cling peaches mature first, followed a couple of weeks later by the freestone peaches.

I was the most experienced canoeist so we made an agreement that I would go ahead with one of the guys in the river for about 15 -20 minutes and if it wasn't safe and was too rough for the other guys I would fire my rifle and they would know not to get into the river and to drive down to the second bridge and meet us there.

We headed out and came to an extremely dangerous log jam shortly in, we had to get out of the canoe into the frigid water and carry the canoe out, through the snow banks along the edge of the river and around the other side of the log jam. I fired my rifle to warn the others not to come and we carried on down the river. We had to get out of the canoe several times as we went along, we were getting wet and cold but kept moving. We saw no game, couldn't have got it out anyway but arrived at the bridge safely expecting to see John and his friend waiting for us.

When we arrived there was a pickup with a camper sitting at the bridge. Inside was my brother John and his friend, wet and very cold getting warmed up with the heater going. They hadn't heard my rifle warning shot because the river was continued on Page 19



Dr. Barry Cook's Dentist Office

is pleased to announce that Dr. Harold Prussin has joined our staff. Dr. Prussin is a graduate of McGill University and has many years experience in all aspects of dentistry. For an appointment please leave a message at 250-295-6212 and your call will be returned.

Alannah Boisse

Century 71

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224 Bridge St. PO Box 880. Princeton, BC V0X 1V





Brynn Johnson and Ileah Clyne prepare drinks for customers at Cool Beanz Coffee House. Owners John and Carolyn Gillis have been providing temporary summer employment opportunities for local youth. They do it to try to meet the demand of students looking for work in businesses that can offer skills they may be able to use in their future pursuits. *

Saving Downtown Princeton...

...An Ongoing Series by George Elliott

One of the most interesting things about downtown Princeton is the ownership of the majority of the retail outlets located on either Bridge Street or Vermilion Avenue.

Without doing an actual head count, I would estimate that over 75-percent of the retail and service businesses based in Princeton, including those on Highway 3 within the town limits, are owner operated. That should be an indication of some kind that means there is something attracting entrepreneurs to the area. Even a number of longtime local businesses have local owners but what attracts them to Princeton?

In my case, it was an interesting journey for me to get to where I am as the owner/publisher of one of the last few remaining independent weekly newspapers left in all of British Columbia.

I had spent most of my career in broadcasting by the time the local radio station closed its downtown office in 1999. Just over a year later I was hired 'off the street' by friends to sell advertising for the News Leader, which was just three years old at the time. It seemed like a pretty good match as I found many similarities between my old career and my new one. Three years later I had an opportunity to buy the paper, which I did.

For me it made sense to purchase a business that was already established and operating with a solid track record. There was no way I would have ever started the business on my own and that is one reason why I secretly hold a great deal of admiration for anyone who starts their own business from nothing.

If you look around town there

have been many businesses that have been bought by a new generation of entrepreneur. They hope to find freedom in owning their own business and getting away from the daily drudgery of being just another employee for a faceless management located somewhere in a different community.

Being an entrepreneur has many advantages in a small town as well continued on Page 16



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MORNING

8:00 am SPIKE ch.44 "Wrath of the Titans" (2012, Fantasy) Sam Worthington. Perseus enlists the aid of Queen Andromeda, Hephaestus and Poseidon's son to rescue Zeus from the underworld, defeat the Titans and save mankind. (In Stereo)

10:00 am FAM ch.26 "The Cheetah Girls" (2003, Comedy-Drama) Raven. Four diverse New York teenagers hope their music group will hit the big time. (In Stereo) (CC)

AFTERNOON

1:30 pm FAM ch.26 "The Cheetah Girls 2" (2006, Comedy-Drama) Raven. Members of a teenage vocal group find adventure while partici-pating in a music festival in Barcelona, Spain. (In Stereo) (CC)

EVENING

9:00 pm YTV ch.18 "MVP2: Most

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Vertical Primate" (2002, Comedy) Richard Karn. After being banned from hockey, a chimp befriends a rom hockey, a chimp berriends a runaway orphan who teaches him how to skateboard. (In Stereo) (CC) 11:00 pm WTBS ch.3 "Just Like Heaven" (2005, Romance-Comedy) Reese Witherspoon. A San Francisco widower falls in love with a ghostly doctor while sublet with a ghostly doctor while subletting her apartment.

9

No. 190 Medium Previous solution - Easy 9 9 2 6 3 6 5 3 4 How to beat Str8ts Like Sudoku, no single number can repeat in any row or column. But ... 5 7 9 2 rows and columns are divided by black squares into compartments. These 6 1 need to be filled in with numbers that complete a 'straight'. A straight is a set 2 9 of numbers with no gaps but can be in 7 any order, eg [4,2,3,5]. Clues in black cells remove that number as an option 6 in that row and column, and are not part of any straight. Glance at the solution to You can find more help and strategies at www.str8ts.com see how 'straights' are formed.

THIS WEEK'S News Leader Str8ts SOLUTION WILL APPEAR **IN NEXT WEEK'S ISSUE**

News Leader Str8ts

TUESDAY, AUGUST 12, 2014

along with more puzzles, Apple apps and books.

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
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Princeton's Specialist Care Project

Giving Residents Access and Gaining Momentum

Merv La Brash and his wife Frances couldn't be happier with Princeton's health care services, especially with the increased specialist care that's now available. For the past few years, Frances has been seeing a specialist that came to Princeton once or twice a year. Now, through a project designed to improve access to specialist care in Princeton, she can arrange to see her specialist more often without leaving Princeton.

In 1975, Merv and Frances made the decision to get away from their busy, crowded life in Langley and move to a small town. They chose Princeton area somewhat by chance. On their way to Penticton they stopped along the highway near the Sterling Creek Bridge to help a rancher put out a fire in his garage. After the fire was contained, the rancher told them about a piece of property that was for sale on Old Hedley Road which they ended up buying. Merv and Frances recently celebrated their 60th wedding anniversary and are now living in Vermilion Court.

Access to specialist care can be a concern for people like Merv and Frances who live in rural BC communities. Seniors who no longer drive are strongly affected because they often rely on family or friends for rides or spend a full day getting to and from Penticton on the HandiDart bus. Travel can be even more challenging if their appointment is in Kelowna.

The Princeton Health Care Steering Committee, which includes physicians, community and Interior Health representatives, was formed in September 2013 with the goal of supporting improved care in the region. The committee has been working with the South Okanagan Similkameen Division of Family Practice on a Princeton Access to Specialist Care

project funded by the Shared Care Committee, a joint collaborative committee of the Doctors of BC and the Ministry of Health.

The goal of the project, which began last November, is to improve and sustain access to specialist care and to support Princeton physicians in providing optimal care. With appointments made by their family doctor, the first phase is providing local access to specialties in higher demand through outreach clinics where specialists see their patients at Princeton General Hospital. Specialty areas presently being covered include nephrology, respirology, rheumatology, cardiology, pediatrics, and psychiatry, with more specialty areas being explored.

Since January, there have been 14 specialist outreach clinics and 135 appointments in association with the project. Everyone surveyed has rated their overall satisfaction with the visit as excellent or good. For patients who have missed specialist

appointments in the past because of transportation difficulties, the clinics provide much improved access. Numerous patients have stated their great appreciation for the clinics being held in Princeton.

Instrumental to the success of the program is the commitment of staff, in particular, the Princeton General Hospital Registration Clerk, Darla Biagioni. Darla's organization of the clinics and support of the patients ensure the clinics run smoothly and patients feel comfortable. Because of her position, Biagioni has heard many positive comments about the program, including one person who told her that she was thinking of moving from Princeton to be closer to specialist services, but will now remain because of this program.

Dr. Brian Forzley, a Nephrologist who sits on the Project Advisory Committee, states: "It's been refreshing to do these outreach clinics, to get to know the Princeton physicians better, and to try and help people that have a hard time getting to Penticton for appointments. It's easy as a doctor to forget what people go through for a 'routine' visit when they are coming from out of town. I hope there's more yet that we can accomplish with our existing resources to make our care even better for people living in Princeton."

Dr. Ella Monro, Merv and Frances' family physician, also serves on the committee overseeing the project. Dr. Monro says it's a privilege to be involved in the project and finds the association with the visiting specialists to be professionally stimulating. In addition to taking care of patients, specialists provide professional development opportunities for local health care providers through lunch and learn sessions.

Merv La Brash sums it up for all involved, "This is a real blessing to have the specialists coming to Princeton and I hope the program will continue well into the future."



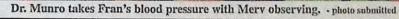
WEEKLY LOCAL CHURCH SERMONS

ANY OTHER JAM IS JUST A SPREAD!

Trader's Market - Saturdays **HIGHWAY 3, PRINCETON** Similkameen News Leader 226A BRIDGE STREET, PRINCETON

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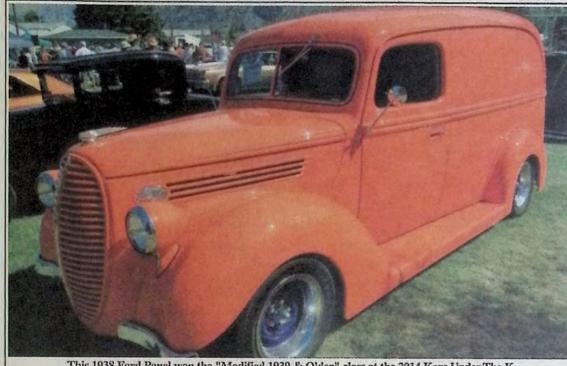








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This 1938 Ford Panel won the "Modified 1939 & Older" class at the 2014 Kars Under The K show in Keremeos August 3rd. The car is owned by Stuart Battie from Kaleden. Photo: Arlene Arlow

WEDNESDAY, AUGUST 13, 2014

Wednesday/Thursday

WEDNESDAY AFTERNOON

1:00 pm 4:00 pm SPIKE ch.44 "G.I. Joe: The Rise of Cobra" (2009, Action) Channing Tatum. The elite G.I. Joe team uses the latest technology in its battle against corrupt arms dealer Destro and a mysterious organization known as Cobra. (In Stereo)

EVENING

9:00 pm YTV ch.18 "MXP: Most Xtreme Primate" (2003, Comedy) Devin Drewitz. Two brothers must rescue a snowboarding chimp from kidnappers and return him to his rightful owner. (In Stereo) (CC) 11:00 pm WTBS ch.3 "Lakeview Terrace" (2008, Suspense) Samuel L. Jackson. A police officer, the self-proclaimed watchdog of his neighborhood, becomes increasingly hostile toward the interracial couple next door. SPIKE ch.44 "Crank: High Voltage" (2009, Action) Jason Statham. Powered by an artificial heart, Chev Chelios embarks on a frantic chase through Los Angeles to find the thief who stole his own, nearly indestructible, one. (In Stereo)

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THURSDAY MORNING

8:00 am SPIKE ch.44 "G.I. Joe: The Rise of Cobra" (2009, Action). 10:00 am TSN ch.19 "The Lost Son of Havana" (2009, Documentary) Carlton Fisk. After 46 years in exile baseball star Luis Tiant returns to Cuba. (CC)

EVENING

9:00 pm KNOW ch.5 "Inside Job" (2010, Documentary) Narrated by Matt Damon. Filmmaker Charles Ferguson grills government and corporate fat cats on their roles in the global economic crisis. (CC)

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUF ch.45
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News Leader

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THURSDAY, AUGUST 14, 2014

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_ P	M Browns	News (N) 30	Martha	News	News	News	The First 48	News	Early News	(4:59) News	CBC News	Parents	NFL	CTV News	To Be An-	Dog	The Quest	Cops	Restoration
5 .	0 Payne	-	Wild Kratts	Business	NBC News	CBS News	0 80	ABC News	Global Nat.	Hour (N)	CBC News	SpongeBob	Preseason Football:	at Five (N)	nounced	Dog	(N) O	Cops Ed	Garage A
P	M Browns	Global Nat.	Canada:	PBS News-	News	KREM 2	The First 48	News at 6	(5:59) News	ET Canada	CBC News	Thunder	Jacksonville	CTV News	I Escaped	Dog	Pckge Deal	IMPACT	Extreme
6 .3	0 Payne	News	Over the Edge	Hour (N) RD	Millionaire	News at 6 (N)	(N) A 20	News	Hour (N)	Ent	Coronation	iCarty set	Jaguars at Chicago	(N) A 25	Jaws 2 (N)	Dog	Seed O	Wrestling (N) O S0	Houseboats
P	M Mod Fam	Ent	Westbound	Extraor-	Jeopardy!	Inside Ed.	(7:01) The	Ent	Ent	Elementary	Mercer	Boys	Bears. (N)	etalk (N)	Sharkaged-	Dog	Murdoch	(11) (7 664	Big- RV
7 :3	0 Seinfeld (ET Canada	Museum	dinary Women	Wheel	Access H.	First 48 ac	The Insider	ET Canada	0 80	Gags	Mr. Young	32	Blg Bang	don (N)	Dog	Myster- les O		Big-RV
P	M Family Gu	Partners	Bankers	New Tricks	Hollywood	Big Bang	(8:02) The	The Quest	Partners	Partners	The Nature	Just Kid	SportsCen-	Big Bang	Shark After	Austin	CityNews-	Cops Itil	Museum
8	0 Family Gu		(N) 30	0 30	Game Night	(8:31) Mom	First 48 tto	(N) 0	Partners	Partners	of Things	Gags	tre (N) tto	Two Men	Dark (N)	Shake It	Tonight (N)	Cops Ell	Secrets O
P	M Amer. Dad	(9:01) Blg	Movie: * * *	The Bletch-	Last Comic	(9:01) Blg	(9:01) The	Rookie	(9:01) Blg	(9:01) Blg	Doc Zone	Movie: "The	July Plays	Gang	I Escaped	Wingin'It	Jimmy Kim-	Cops 80	Extreme
Q	0 Amer. Dad	Brother 30	"Inside Job" (2010) 80	ley Circle A	Standing The winner	Brother 100	First 48 KG	Blue (N) A	Brother 20	Brother 80	aa (DVS)	Dogfather" (2010) Chris	Score Golf	Related O	Jaws 2	Really Me	mel Live O	Cops III	Houseboats
P		Elementary	(2010) 42	Sherlock	is revealed.	Elementary	(10:01) The	NY Med	Elementary	News Hour	The	Parnell. O	SportsCen-	Law & Or-	Sharkaged-	Good Luck	EP Daily	Wildest Po-	Big-RV
0 :3	0 Jeffersons	0 80		Holmes	30	0 (68)	First 48 O	0 180	0 830	Final (N)	National (N) 160		tre (N) 60	der: SVU	don	Good Luck	Reviews on	lice Videos	Big-RV
1-1 P	M "The Last Castle"	CHBC News Final (N)	Westbound	Charlle Rose (N) 10	News	News	(11:02) The First 48 O	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Vampire	SportsCen-	News-Lisa	Shark After Dark	Wizards	G, Martin	Police Video	Ghost
1 :2	OCasua	rinai (rs)	Museum	1050 (14) 40	J. Fallon	Lotterman	11151 40 ()	J. Kimmel	r mai (iv)	The Test	George S	Haunting	tre Ed	CTV News	Dark	Life Derek	Paid Prog.	video	Adventures

FRIDAY, AUGUST 15, 2014

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
			Morning	Wibbly Pig	Clifford	KHQ News	KREM 2	Dog the	Morning	Morning	(5:00) Morn-	CBC News	Kld vs. Kat	SportsCen-	CTV Morn-	Sharkaged-	Stella-Sam	CityLine	Tattoo	Canadian
6	:30	of the Night	News (N) 100	Monkey	Sld	GAM (N)	Morning	Bounty Hunter	Northwest	News (N) EG	Ing News (N)	Now (N) O	Almost	tro 20	Ing Live (N)	don	Wingin' It	(N) 🖽	Tattoo	Pickers O
-		Law & Or-		G. Shrinks	Wild Kratts	Today	CBSThis	Storage	Good Morn-			Tiger	Yu-Gl-Ohl	SportsCen-		Manufact.	Wizards	Let's Make	Tattoo	Disaster
1	:30	der: SVU		Wild Kratts	Wild Kratts	Neon Trees: *Last Comic	Morning (N)	Storage	Ing America (N) III	· ·		Arthur 83	Digimon	tre 100		Manufact.	Shake It	a Deal 🕮	Tattoo	Disaster
0		Law & Or-		PAW Patrol	Curlous	Standing."		Storage			Morning	Bo On/Go	Pokémon	SportsCen-	1 3	Daily Planet	Shake It	The Price Is	Tatteo	3rd Rock
8	:30	der: SVU		Doozers	Cat in the	(N) 0 30		Storage			Huntley St.	Busytown	Chucks	tre 20		RID (DVS)	ANT Farm	Right CO	Tattoo	3rd Rock
0	AM	Millionaire	Morning	Dinosaurs	Peg		The 700	Storage	Livel Kelly	Morning	The Doc-	Super Whyl	Nerds	SportsCen-	Livel Kelly	I Escaped	ANT Farm	Jdg Judy	Tattoo	Friends O
9	:30	Millionaire	Huntley St.	Rob Robot	Dinosaur		Club o ac	Storage	and Michael	Huntley St.	tors () Bd	Napkin	Squirrel	tre sa	and Michael	Jaws 2	Good Luck	Jdg Judy	Tattoo	Friends O
0	AM		The Doc-	Arthur O	Sosamo		The Price Is	Brandi	The View	The Doc-	Weird or	Bookaboo	GTEEN O	Little	The View	Sharkaged-	Good Luck	The Chew	Tattoo	When
10	:30	Divorce	tors A RS	Dinosaur	Street O		Right 30	Cement	0 20	tors O Bd	What?	Doodlebop	Wayside,	League Baseball	0 653	don	Austin	0 80	Tattoo	- Vacations Attack
	AM	Judge Alex	Weird or	G. Shrinks	Tiger	Jdg Judy	Young &	After the	Pald Prog.	Weird or	Noon News	Recipes	Sidekick	1	Marilyn	Mayday 20	Shake It	General	Tattoo	Hotel Im-
11	:30	Judge Alex	What?	Clifford	Sit & Bo Fit	Jdg Judy	Restless	First 48 ac	Pald Prog.	What?	Hour (N)	Stefano	Super Evil		Denis		Shake It	Hospital (N) O	Tattoo	- possible ill
0	PM		Noon News	PAW Patrol	Charlle	Pald Prog.	News	The First 48	The Chew	Noon News	Days of our	CBC News	Mr. Young	Amazing	CTV News	Daily Planet	Next Step	Katie O 30	Cops III	Museum
12	:30	King	Hour (N)	Dinosaura	Rose O 30	Paid Prog.	Bold	0 20	0 30	Hour (N)	Lives (N)	Now (N) O	Mr. Young	Race	(N) O 180	III (DVS)	ANT Farm		Cops 📖	- Secrets O
-4	PM	Community	Concerning and the second s	Maker	Antiques	Days of our	The Talk		General	Days of our	The Talk	Republic of	Mr. Young	World	The Social	I Escaped	Jessie 10	CityLine 10	Cops III	3rd Rock
1	:30	Community	Lives (N)	Dragon	Rudy Maxa	Lives (N)	0.30		Hospital (N) O	Lives (N)	0 80	Doyle O	Mr. Young	Series of Poker	0.00	Jaws 2	Good Luck		Cops	3rd Rock
0	PM	Seinfeld A	The Talk	Ella the El	Thomas	Katio O RD		The First 48	Queen	The Talk	Queen	Steven and	Mr. Young	Off Record	Dr. Phil	Sharkaged-	Good Luck		Cops Ett	Friends O
4	:30	The Middle	0 20	Rob Robot	Tiger		a Deal Ita	0 30	Latifah	0 22	Latifah	Chris 110	Mr. Young	Interruption	0 00	don	Girl Meets	5 (N) 00	Jail 881	Friends O
0	PM	The Middle	Queen	Dive, Olly	Curious	Ellen	Dr. Phil	Criminal	Rachael	Queen	Young &	Heartland	Mr. Young	SportsCen-	The Dr. Oz	Great White	Jessie III	CityNews at	Cops MD	Disaster
3	:30	Mod Fam	Latifah	PAW Patrol	Curlous	DeGeneres	0 32	Minds O	Ray O 20	Latifah	Restless	IND (DVS)	Mr. Young	tre (N) III	Show that		Jessie 00	6 (N) 88	Cops III	Disaster
1	PM	Big Bang	Young &	Maya Bee	Arthur	Jdg Judy	The Dr. Oz	Criminal	The Doc-	Young &	Early News	Dragons'	Hathaways	CFL Pre-	Ellen	Daily Planet	Jessie 80	Mod Fam	Cops	Canadian
4	:30	Big Bang	Restless	Arthur O	Wild Kratts	Jdg Judy	Show let	Minds O	tors O BC	Restless	Global Nat.	Den O	Thunder	CFL	DeGeneres Show	(N)	Jessie 80	Mod Fam	Cops 📾	Pickers O
E	PM	Browns	Nows (N) so	Martha	News	News	News	Criminal	News	Early News	(4:59) News	CBC News	Assembly	Edmonton	CTV News	Megalo-	Jessie III	The Carrie	Cops	Treasure
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Minds O	ABC News	Global Nat.	Hour (N)	CBC News	Sam & Cat	Eskimos at Ottawa Red-	at Five (N)	don: The Extended	Jessie 20	Diarles 80	Cops Rd	Treasure
	PM	Browns	Global Nat.	Westbound		News	KREM 2	Criminal	News at 6	(5:59) News	ET Canada	CBC News	Sam & Cat	Blacks. (N)	CTV News	Cut (N)	Jessie MD	Mother Upl	Copsta	Hotel Im-
6	:30	Payne	News	Museum	Hour (N) 25	Millionaire	News at 6 (N)	Minds O	News	Hour (N)	Ent	Coronation	ICarly no	(Live) ad	(N) O 00		Jesslo III	Curb	Cops III	- possible III
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1	:30	Selnfeld ()	ET Canada		Moyers	Wheel	Access H.	Minds O	The Insider	ET Canada	0 80	Gags	"Aquama- rina" (2006)	SportsCen-	Blg Bang		Jessle (N)	an (DVS)	Copsus	Attack
0	PM		Bones Its	Doc Martin	Crait in	Running	CSI: Crimo	(8:02)	Wipeout	Bones Ba	Bones Ita	Mr. D O	0 80	tre (N) (Live)	CSI: Crime	Alr Jawa:	Movie: "How	CityNews-	Cops 📾	Museum
8	:30	Family Guy	(DVS)	0 00	America 80	Wild	Scene	Criminal Minds	0.85	(DVS)	(DVS)	Ron James			Scene	Fin of Fury	to Build a Better Boy"	Tonight (N)	Cops MD	-Secrets O
0	PM		Hawali Five- 0 & 55	Miss Marple "Nemosis"	"Side by Side"	Dateline NBC (N)	Hawall Five-	(9:01) Criminal	Shark Tank	Hawall Five-	Hawall Five-	Winnipeg Cornedy	Weird	Top 10	Orphan Black O	Megalo- don: The		Jimmy Kim-	Cops	Hotel Im-
9	:30	Amer, Dad	0 63 854	Nonosis In	0.00	6 88	40.55	Minds	au (DVS)	0.63.050	043 654	Conteuy	Next Star	Shorts	Black O	Extended	Girl Meets	mel Live O	Cops 80	possible 🕮
0	PM		Elementary		Movie: "One Voice" O		Elua Eloctis	(10.01)	(10:01) 20/20 O 80	Elementary	News Hour Final (N)	The National	Cook'd O	SportsCen-	Blue Bloods	Cut	Movie: ** "The	EP Dally	Jall 80	When
10	:30	Jeffersons	0.85	Canada	1000 11	1	6 85	Criminal Minda	atter () at		Pittini (N)	(N) 20	Cacha	tre (N) 80	O MO		Thirteenth	Reviews on	Jall 83	Attack
14			CHBC News Final (N)	Emergency	Charlie Rese (N) and	News	News	(11:01)	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Assembly	SportsCen-	News-Lisa	Megalodon	Year"	Paid Prog	Jall ten	Ghost
11	:30	tical Limit"	Fular (N)		Rose (N) BU	J. Fallon	Lotterman	Criminal Minds	J. Kimmel	Printian (rv)	The Test	George S	Boys	tre 80	CTV News		Life Derek	G. Martin	Jail 80	Adventures

News Leader Weekend - Friday / Saturday Movies

FRIDAY EVENING

7:00 pm YTV ch.18 "Aquamarine" (2006, Comedy-Drama) Sara Paxton. A mermaid washes ashore after a violent storm and enlists the help of two teenage girls in win-ning the heart of a handsome life-guard. (In Stereo) (CC) 8:00 pm FAM ch.26 "How to Build

a Better Boy" (2014, Comedy) China Anne McClain, Premiere, Teenage tech whizzes unwittingly Teenage tech whizzes unwittingly use military software to program a robotic boyfriend. (In Stereo) (CC) 9:00 pm KSPS ch.6 "Side by Side: The Science, Art, and Impact of Digital Cinema" (2012, Documentary) Keanu Reeves. Directors James Cameron, David Fincher, Martin Scorsese, Christopher Nolan and others dis-cuss digital technology's impact on

Christopher Nolan and others dis-cuss digital technology's impact on filmmaking. 10:00 pm KSPS ch.6 "One Voice" (2010, Documentary) Hawaiian teenagers sing in their native lan-guage in an annual choir competi-tion called the Kamehameha Schools Song Contest. (In Stereo) (CC) (CC)

FAM ch.26 "The Thirteenth Year" (1999, Drama) Chez Starbuck. As a boy approaches adolescence he grows scales and fins, communicates with fish and breathes under-water. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Vertical Limit" (2000, Suspense) Chris O'Donnell. A climber must rescue his sister stranded by an avalanche.

SATURDAY MORNING

6:00 am SPIKE ch.44 "Jaws" (1975,

SATURDAY, AUGUST 16, 2014

Horror) Roy Scheider. A New England police chief, a shark hunter and a scientist have a showdown with a huge white shark. (In Stereo)

9:00 am WTBS ch.3 "Dreamer: Inspired by a True Story" (2005, Drama) Kurt Russell. A racehorse trainer and his daughter nurse a gravely injured filly back to health and aim for a slot in the Breeders'

and aim for a slot in the Breeders' Cup Classic. SPIKE ch.44 "Jaws 2" (1978, Horror) Roy Scheider. Amity's citi-zens and police chief dread another tourist season with a huge white shark near the beach. (In Stereo) 11:00 am WTBS ch.3 "Dan in Real Life" (2007, Romance-Comedy) Steve Carell. A widower advice-columnist faces a personal and pro-

Steve Carell. A widower advice-columnist faces a personal and pro-fessional challenge when he falls in love with his brother's girlfriend. A&E ch.9 "Face/Off" (1997, Action) John Travolta, Premiere. An FBI agent and his nemesis trade physical identities. (In Stereo) (CC) 11:30 am SPIKE ch.44 "Jaws 3" (1983, Horror) Dennis Quaid. An (1983, Horror) Dennis Quaid. An

engineer and a marine biologist face a mother white shark at a Florida sea park. (In Stereo)

AFTERNOON

12:00 pm FAM ch.26 "How to Build a Better Boy" (2014, Comedy) China Anne McClain. Teenage tech whizzes unwittingly use military software to program a robotic boyfriend. (In Stereo) (CC) 1:00 pm WTBS ch.3 ``G-Force" (2009, Action) Bill Nighy. Live action/animated. Armed with the latest high-tech spy equipment, a

guinea pig and his team of highly trained rodents hold the fate of the trained rodents hold the fate of the world in their diminutive paws. 1:30 pm SPIKE ch.44 "Jaws the Revenge" (1987, Horror) Lorraine Gary. A huge white shark harasses a New England widow and her marine-biologist son in the Bahamas. (In Stereo) 3:30 pm SPIKE ch.44 "Jaws" (1975, Horror) Roy Scheider. A New

Horror) Roy Scheider. A New England police chief, a shark hunter and a scientist have a showdown with a huge white shark. (In Stereo)

5:00 pm DISC ch.24 "Sharknado" (2013, Horror) Tara Reid. A monstrous storm devastates Los Angeles, leaving the streets flooded and infested with sharks. (CC)

EVENING

6:00 pm WTBS ch.3 "Hot Tub Time Machine" (2010, Comedy) John Cusack. Following a night of drinking in a ski-resort hot tub, four pals awake in 1986, getting a chance to rewrite the past. CITY ch.29 "Eastern Promises" (2007, Drama) Viggo Mortensen. A chain of murder and retribution

uncoils when a man who is tied to a crime family in London crosses aths with a resolute midwife. (CC) (DVS)

6:30 pm SPIKE ch.44 "Jaws 2" (1978, Horror) Roy Scheider. Amity's citizens and police chief dread another tourist season with a huge white shark near the beach. (In Stereo)

7:00 pm DISC ch.24 "Sharknado 2: The Second One" (2014, Horror) Ian Ziering. Premiere. A freak weather system brings in ravenous sharks to munch on hapless New

Yorkers and iconic landmarks. 8:00 pm KXLY ch.10 "Harry Potter and the Chamber of Secrets" (2002, Fantasy) Daniel Radcliffe. The young wizard and his best friends investigate a dark force that is terrorizing their school, Hogwarts. (In Stereo)

YTV ch.18 "Superman II" (1980, Adventure) Christopher Reeve. The Man of Steel gets serious with Lois Lane and fights three Krypton outcasts in league with Lex Luthor. (In Stereo) (CC)

(In Stereo) (CC) DTOUR ch.45 "The Running Man" (1987, Science Fiction) Arnold Schwarzenegger. A police-state scapegoat must play a TV host's deadly game show for the 21st-century masses. (In Stereo) (CC) (CC)

9:00 pm SPIKE ch.44 "Jaws 3" (1983, Horror) Dennis Quaid. An engineer and a marine biologist face a mother white shark at a Florida sea park. (In Stereo) 10:00 pm WTBS ch.3 "Just Married" (2003, Romance-

Comedy) Ashton Kutcher. Two newlyweds deal with meddling friends, disapproving families and bad luck while honeymooning in

Europe. FAM ch.26 "Double Teamed" (2002, Docudrama) Poppi Monroe. Twins Heather and Heidi Burge develop a rivalry in high school and make it to the WNBA. (In

Stereo) (CC) 11:00 pm SPIKE ch.44 "Jaws the Revenge" (1987, Horror) Lorraine Gary. A huge white shark harasses a New England widow and her marine-biologist son in the Bahamas. (In Stereo)

ALWAYS FREE...ALL THE TIME

LOCAL = REGIONAL = NATIONAL = WORLD NEWS

NEVER PAY FOR ONLINE NEWS AGAIN

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUF ch.45
C	AM	Paid Prog.	Ancestors	Wibbly Pig	Heartland	(5:30) Today	CBSThis	Criminal	Pald Prog.	Ancestors	Saturday	Our	Sldekick	Sports	Juicebox	Megalodon: Ext.	Slug Terra	Kitchen	Movie:	Live Here
6	:30	Pald Prog.	Fishful	Rolie Polie	Fly Tying	(N) A 80	Morning	Minds O	Pald Prog.	Fishful	Morning News Shane	Vancouver (N) EE	Super Evil	Pregame	e) as	EXL	Wingin' It	Panorama	"Jaws"	Paid Prog.
7	AM	Browns	Saturday	Ella the El	MotorWeek	KHQ Local	Lucky Dog	Criminal	Good	Saturday	Jones. (N)	Animal	Alien	English		Manufact.	Gravity	Eye/Asla	(1975, Horror) Roy	Treasure
1	:30	Atl. Eats	Morning News News	Jelly Jamm	Greener	News Sat- urday 7AM	Dr. Chris	Minds O		Morning News News	-	Super Why!	Nerds	Premier League		Manufact.	Lego Star	Integration	Scheider,	Treasuro
0	AM	The Office	with Lynn Colliar and	Upside	Woodsmith	(N) 80	Recipa	Flipping	Hanna	with Lynn Colliar and		Artzooka	Chucks	Soccer	Canada AM	Dally Planet	ANT Farm	Polish	Robert Shaw. 0	Security
8	:30	Pald Prog.	Jay Janower.	PAW Patrol	Rough Cut		J. Oliverr	Boston (N) O	Ocean	Jay Janower	-	Cross	Rabbids		Weekend	BEC (DVS)	Shake It	Studio 80		Security
~	AM	Movie:	(N) EC	Magic Bus	Hometime		All In	Flipping Ve-	Explore	(N) 30	Flsh'n	Absolutely	SpongeBob	Fins	Marilyn	Allen	Good Luck	Operation	Movie:	Airport
9	:30	*Dreamer: Inspired by a		Maya Bee	Old House	English	Changers	gas (N) BB	Rescue		Real Fish.	Canadian	Monsters	Score Golf	Denis	Sharks 80	Austin	Smile 80	**% "Jaws 2" (1978.	Airport
	AM	True Story	Flsh'n	Wild Kratts	Old House	Premier League	Klds vs.	Extreme	Wildlife	Fish'n	Powerboat	Doc Zone	Sanjay	NASCAR	Makeover	Air Jaws:	Dog	Travels	Horror) Roy	America
10	:30		Real Fish.	Martha	Kitchen	Soccer	Pros Play	Builds (N) BC	Expedition	Real Fish.	Driving TV	0 88	Bread	Racing	etalk-Best	Fin of Fury	Jessie 32	Ed's Up A	Scheider. O	Declassi- fied
	AM	Movie: ***	Powerboat	Marco Polo	Jazzy		World's	Movie: ***	Little	Powerboat	Ancients-	the fifth	Turtles		Is Written	Mayday 20	Liv-Mad.	Shopping		Castle
11	:30	"Dan in Real Life" (2007)	Driving TV	Finding ·	Martha	Red Bull	Strongest Man	"Face/Oll" (1997, Ac-	League Baseball:	DrivingTV	Badly	estate O 80	BeyWar.	CFL Pre	Corner Gas		1 Didn't	Channel B	Movie: * »	Secrets
	PM	Lie (2007)	News Hour	Animals	Cook's	Signature Series	PGATour	tion) John	World Se-	News Hour	PGATour	Recipes	Pokémon	CFL Foot-	SportsCen-	Daily Planet	Movie: "How		"Jaws 3" (1983) Den-	Security
12	:30	1.1	PGATour	Animals	Garden	(N) SE	Golf: Wyndham	Travolta. Premiere.	ries: Teams TBA. (N) 35	PGA Tour	Golf: Wyndham	Stefano	Power	ball: Calgary Stampeders	tre O BC	ISC (DVS)	to Build a Better Boy"	Channel 32	nis Quaid. O	Security
		Movie: **	Golf: Wyndham Par	Parks	Antiques	Golf: U.S.	Champion-	O BS		Golf: Wyndham	Champion-	Gags	Yu-Gl-Oh!	at Hamilton	The Social	Megalo-	Done. Doj	Pald Prog.		When
1	:30	"G-Force" (2009,	Champion-	Parks	Roadshow	Amateur, Semifinals.	ship, Third Round. (N)		World of X Games (N)	Champion-	ship, Third Round. (N)	World Cup	B-Daman	Tiger-Cats. (N) (Live) 30	0 30	don: The Extended	Gravity	Paid Prog.	Movie: *>	Vacations
	PM	Action) Bill Bou	ship, Third Round. (N)	Marine Ma-	John	(N) A (Live)	(Live) BE	Criminal		ship, Third Round. (N)	(Live) 3£	Women's	Nerds	(1)(0.0)=	Canada's	Cut	Phineas	Travels	"Jaws the Revenge"	Airport
2	:30	Nighy.		chines th	Sebastian Presents:	8561		Minds O	XTERRA			Soccer	Nerds		Worst Driver		ANT Farm	Ed's Up A	(1987) 0	Airport
	1000	Community	Ancients-			Chica	Pald Prog.	Criminal	Ironman	Ancients-	Simpsons		Nerds	SportsCen-	Cash Cab	Return of	Good Luck	CityNews	1	Disaster
3		Community	Badly	Over the	wind	Noodle	Paid Prog.	Minds O	Paid Prog.	Badly	Simpsons		Nerds	tre (N) 35	Celebrity	Jaws 36	Wizards		Movie:	Disaster
	_	King	Simpsons	Edge	Red Rock	Justin	Access Hol-	Criminal	McCarver	Simpsons	Simpsons	National	Chucks	CFL	Celebrity	Spawn of	Jessie #	Out There	**** "Jaws"	Security
4		King	Simpsons	Gorillas of Virunga	Serenade O	Tree Fu	lywood (N)	Minds O 80	Beer Geek	Simpsons	Global Nat.	World Cup	Chucks	Football: Montreal	The Social	Jaws: Birth	Dog	Out There	(1975,	Security
		The Middle	Simpsons	Bankers	PBS Pre-	News	News	Criminal	News	Simpsons	News Hour	Women's	Chucks	Alouettes at	etalk 30	Movie: *5	Shake It	Murdoch	Horror) Roy Scheider,	Surviving
5	:30	The Middle	Global Nat.	0.05	views	NBC News	CBS News	Minds O BE	ABC News	Global Nat.	(N)	Soccer	Chucks	Saskatch- ewan	Арр	"Sharknado" (2013) Tara	Austin	Myster- les O	Robert	Evil O
	PM	Movie:	(5:59) News	Hope for	50s and	News	News	Criminal	News	(5:59) News	16x9 (N) 80		Assembly	Roughriders.	CTV News	Reid.	Good Luck	Movie:	Shaw. O	Ghost
6		A A A MUNI	Hour (N)	Wildlife 85	60s Rock	Jeopardyl	Pald Prog.	Minds *100*	The Insider	Hour (N)			Undercover	(N) 352	(N) 0 80		Liv-Mad.	***\s "Eastern	Movie:	Adventures
	PM	Tub Time Mechine*	16x9 (N) 85	Ends of the	Rewind (My Music) III	Criminal	Burn Notice	Criminal	Entertain-	16x9 (N) 25	Sky Jump-	The Nature	Cache	Sports	W5 O BC	Movie: *1	I Didn't	Promises"	**% "Jaws 2" (1978,	Ghost
7	:30	(2010)		Earth	(DVS)	Minds O BC	531	Minds O 60	ment		ers BE (DVS)		Cook'd O	MLS Soccer	(DVS)	Sharknado 2: The Sec-	ANT Farm	(2007)	Horror) Roy	Adventures
	- 0.00	Family Guy	Sky Jump-	Heartheat	Elvis, Aloha	Dateline	48 Hours	(5:02)	Tonight Movie: ***	Sky Jump-	-	Mr. D O	Movie:		Amazing	ond One"	Shake It	CityNews	Scheider. O	Movie: **
8	-20	Family Guy	ers BIG (DVS)	0.00	From Ha-		0.86	Criminal	"Harry Potter	ers at (DVS	Engels	Ron James	***>		Race		Austin	Weekends		The Run-
	.00	Seinfeld O	,	ATouch	iwali 6 66		CSI: Crime	Minds (9:01)	and the Chamber		Crash &	Camelot O	"Superman II" (1980)		The	River Mon-	Really Me	The Office Movie; *%	Movie: *%	ning Man" (1997) A
9	:30	Seinfeld O	Encode	of Frost	Music		Scene	Criminal	of Secrets" (2002) O	Engels	Burn	BE (DVS)	Christopher Reevo.	Sports	Listener 35		Wingln' It	The Office	"Jaws 3"	
	100	Movie: *	Crash &	"House Calls" (Part	Front and	Law & Or-	48 Hours	Minds (10:01)	(2002) ()	Crash &	News Final	News	Hdevo.	SportsCen-	(DVS) Bitten "Set-	River Mon-	Movie: **5	The Office	(1983) Den- nis Quaid. A	The Dead
10	:30	"Just Mar- ried" (2003)	Burn	2 of 2) 112	Center 80	der: SVU	0.50	Criminal Minds		Burn	(10:35) Saturday	M'ketplace	Weird	tre (N) SC	tling" A	stors 20	"Double Teamed"	The Office		Files A 80
-	PM	Ashton Kutcher,	News Final	and the second sec	Austin City Limits an		News	(11:01) Criminal	Castle O to	News Final	Night Live	Gags	Haunting	SportsCen- tra BC	News	River Mon- sters 25		Paid Prog.	"Jaws the	The Dead Files () BC
11	:30	The state of the s	SNL.	Over the Edge	PRIME Con	SNL	The Closer	Minds	1	SNL	0 22	Comedy	Haunting	udae	CTV News	olers av	Life Derek	Pald Prog.	Revenge"	Phes to se

News Leader Weekend - Sunday / Monday Movies

SUNDAY MORNING

7:00 am DTOUR ch.45 "The Running Man" (1987, Science Fiction) Arnold Schwarzenegger. A police-state scapegoat must play a TV host's deadly game show for the 21st-century masses. (In Stereo) (CC)

8:00 am A&E ch.9 "Face/Off" (1997, Action) John Travolta. An FBI agent and his nemesis trade physical identities. (In Stereo) (CC) 9:00 am WTBS ch.3 "The Sweetest Thing" (2002, Romance-Comedy) Cameron Diaz. A confirmed flirt and her best friend search for the charming guy who slipped through her fingers at a dance club.

11:00 am WTBS ch.3 ``Envy'' (2004, Comedy) Ben Stiller. A man becomes jealous after his best friend's invention, a spray that dissolves animal feces, brings him wealth.

A&E ch.9 "The Scorpion King" (2002, Adventure) The Rock. The leader of a band of desert mercenaries is hired to kill a ruthless despot and his clairvoyant sorceress. (In Stereo) (CC)

AFTERNOON

12:00 pm FAM ch.26 "Frenemies" (2012, Drama) Bella Thorne. Three sets of friends deal with the ups and downs of their ever-changing relationships. (In Stereo) (CC) 1:00 pm WTBS ch.3 "From Paris

With Love" (2010, Action) John Travolta. A low-ranking agent joins forces with a trigger-happy operative to stop a terrorist attack in France.

2:00 pm YTV ch.18 "Over the Hedge" (2006, Comedy) Voices of Bruce Willis. Animated. An opportunistic raccoon teaches fellow animals about the edible treasures that the new humans in the neighborhood conveniently leave outdoors. (In Stereo) (CC)

(In Stereo) (CC) 4:00 pm YTV ch.18 "Igor" (2008, Comedy) Voices of John Cusack. Animated. A hunchbacked lab assistant seizes a chance to become an evil scientist by creating a monster of his own to enter in the kingdom's annual science fair. (In Stereo) (CC)

5:00 pm CBC ch.13 "The Water Horse: Legend of the Deep" (2007, Fantasy) Emily Watson. A lonely boy finds the egg of a mythical Scottish sea creature. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Vertical Limit" (2000, Suspense) Chris O'Donnell. A climber must rescue his sister stranded by an avalanche.

YTV ch.18 "Chicken Run" (2000, Comedy) Voices of Mel Gibson. Animated. A dashing rooster and the hen he loves lead an escape from a farm in 1950s England. (In Stereo) (CC)

8:00 pm CBC ch.13 "Jack" (2013, Docudrama) Rick Roberts. Jack Layton and Olivia Chow fall in love, get married and become prominent politicians in Canada. (In Stereo) (CC)

10:00 pm FAM ch.26 "Johnny Tsunami" (1999, Drama) Brandon Baker. A teenage Hawaiian surfer moves to Vermont, where his grandfather helps him become a first-class snowboarder. (In Stereo) (CC)

10:30 pm WTBS ch.3 "The Ring 2" (1999, Horror) Miki Nakatani. A woman delves deeper into a myth that predicts death in seven days under mysterious conditions.

MONDAY MORNING

8:00 am SPIKE ch.44 "Mission: Impossible III" (2006, Action) Tom Cruise. Now a trainer for IMF recruits, agent Ethan Hunt squares off against the toughest foe he has ever faced: a ruthless arms and information broker. (In Stereo) 11:00 am SPIKE ch.44 "Mission: Impossible III" (2006, Action) Tom Cruise. Now a trainer for IMF recruits, agent Ethan Hunt squares off against the toughest foe he has ever faced: a ruthless arms and information broker. (In Stereo)

AFTERNOON

5:00 pm A&E ch.9 "Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corrupt Roman leader Commodus, Gen. Maximus seeks revenge for his family's deaths. (In Stereo) (CC)

EVENING

9:00 pm YTV ch.18 "The Good Witch" (2008, Drama) Catherine Bell. Premiere. A woman moves into a supposedly haunted house and changes the lives of the townspeople. (In Stereo) (CC) 9:01 pm A&E ch.9 "Gladiator" (2000, Historical Drama) Russell

9:01 pm A&E ch.9 "Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corrupt Roman leader Commodus, Gen. Maximus seeks revenge for his family's deaths. (In Stereo) (CC) 11:00 pm WTBS ch.3 "Speed Racer" (2008, Action) Emile Hirsch. Defying a corrupt husiness mogul

11:00 pm WTBS ch.3 "Speed Racer" (2008, Action) Emile Hirsch. Defying a corrupt business mogul, Speed enters the same arduous cross-country race that caused his brother's death.



226A Bridge Street, Princeton (Next to CIBC) Phone: 250-295-4149 Fax: 250-295-4103 e-mail: george@thenewsleader.ca brenda@thenewsleader.ca

SUNDAY, AUGUST 17, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
A	M On Spot	In a Name	Wibbly Pig	Mr. Rogers	Today (N)	Pald Prog.	Criminal	Pald Prog.	In a Name	Sunday	Super Whyl	Sidekick	English	Canada AM	Canada's	Slug Terra	R Schuller	Off Road	Fishful
6 :3	0 Coolest	World	Rolle Polle	WordWorld	0 22	Pald Prog.	Minds O	Pald Prog.	World	Morning News (N)	Poko III	Super Evil	Premier	Weekend	Worst Driver	Wingin' It	ChurchRck	Engine	Paid Prog.
- A	M P. Affaira	Sunday	Ella the El	Super Whyl	KHQ News	CBS News	Criminal	Good	Sunday		News	Squirret	Soccer	Cash Cab	Shark of	Gravity	Eye/Asla	Truck Tech	Movie: * * 1
1 :3	0 Atl. Eats	Morning News (N) #0	Jelly Jamm	Space	Invest	Sunday	Minds O	Morning America	Morning News (N) III		Artzooka	Pet Shop	Barclays	The Social	Darkness: Wrath of	Wizards	Dharti	Muscle	"The Run- ning Man"
A AI	M The Office		Upside	Curlous	Meet the	(N) 200	Movie: ***	This Week	1		Coronation	Pet Shop	English	SportsCen-	Submarine	ANT Farm	Pakistan	Bar Rescue	(1987) 0
8 .3	0 Pald Prog.		PAW Patrol	Cat in the	Press (N) ED	The Nation	"Face/Off" (1997) John				Coronation	Assembly	Premier League	tre O III		Shake It	Festival	0	L
A			Dino Dan	Biz Kid\$	Pald Prog.	21 Day Flx	Travolta,	Back to		Ancestors	Coronation	Sam & Cat	Soccer	Operation	Dude,	Good Luck	Italiano di Johnny	Bar Rescue	
9 :3	0 "The Sweet- est Thing"		Arthur O	Driven	Pald Prog.	Butt Lift!	Nicolas Cage. A Bd	School 2014		Context	Coronation	Hathaways		Smile III	You're Screwed	Austin	Lombardi	0	Files O BU
A	M (2002)	Ancestors	Wild Kratts		21 Day Flx	Cash Cab	1000	Pald Prog.	Ancestors	J. Osteen	Coronation	Assembly	NASCAR	Worst	Vegas Rat	Dog	1001	Bar Rescue	Street Eats
0 :3	0	Context	Little	Plains	Paid Prog.	Pald Prog.		Pald Prog.	Context	Pald Prog.	M'ketplace	Mr. Young	Racing: Sprint Cup:	Handyman	Rods	Jessie Rill		0	"Europe"
A		J. Osteen	Little	Moyers	Pald Prog.	Pald Prog.	Movle:	Little	J. Osteen	16x9 @0	Our Van-	Undercover	Pure Michi-	W5 O BD	Mayday	Liv-Mad.	Shopping	Bar Rescue	Street Eats
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O PI	M Comedy)	News Hour	Dogs	Life in the	Youth	PGA Tour	King" (2002)	World Se-	News Hour	PGA Tour	Land/ Sea	Cook'd O			Mayday 80	Movie: **h	Travels	Bar Rescue	Street Eats
2 .3	Ben Stiller.	PGA Tour	Dogs	Under- growth	Olympic Games	Golf: Wyndham	0 00	ries: Teams TBA. (N)	PGATour	Golf: Wyndham	One/One	Japanizi				"Frenemies" (2012)	Get Stuffed	0	"Asia" all
- P	M Movie: **	Golf: Wyndham	Can. Rivers	Chasing	Golf: U.S.	Champion-	Storage	(Live)	Golf: Wyndham	Champion-	Q With Jian	Cache			Mayday 66	(2012)	Murdoch	Bar Rescue	Street Eats
1 :3	With Love"	Champion-	Rivers	Shackde-	Amateur, Final, (N) O	ship, Final Round. (N)	Storage	XTERRA	Champion-	ship, Final Round, (N)	Ghomeshl	Just Kld	Horse Rac-	- 1		Gravity	Myster- les O	0	"USA" DAL
P	M (2010)	ship, Final Round. (N)	Westbound	Return to	(Livo) 20	(Live) BO	Storage	Love Boat	ship, Final Round. (N)	(Live) 20	The Nature	Movie:	Ing	Cash Cab	Dangerous	Phineas	Mod Fam	Bar Rescue	State Fair
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o Pi	M Big Bang	Ico Pilots	Hope for		LazyTown	Pald Prog.	Duck Dy-	Remington	Ico Pilots	TV-Torrens	Steven and	(2006) 0 80	lebouro but	First Story	Don't Drive	Good Luck	CityNews	Bar Rescue	Disaster
3 .	0 Blg Bang	NWT (DVS)	Wildlife 30	Victor	Zou (EI)	Pald Prog.	nasty 0 20	Steele 30	NWT (DVS)	Simpsons	Chris 22		tre (N) EC	Steele	Here	Wizards	CityNews	0	Disaster
AP	M Big Bang	TV-Torrens	Edwardian	Ed Sulli-	CSI: Miami	Backroads	Duck D,	Beer Geek	TV-Torrens	Simpsons	Gags	Movle: **	CFL Pre	The Social	Don't Drive	Jossia R0	Funniest	Bar Rescue	Ent St. O
4 :3	0 Blg Bang	Simpsons	Farm (N) O	van's Rock and Roll	0 80	Inside Edit.	Duck D.	Red Carpet	Simpsons	Global Nat.	Mr. D III	"Igor" (2008, Comedy)	CFL	0 80	Here	Dog	Home Videos	0	Eat St. O.
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5 .	0 Mod Fam	News	Worlds 80		KHQ News	CBS News	nasty O BD	ABC News	Global Nat.	Hour (N)	The Water Horse:	1 3	Toronto Ar-	Race	Here	Austin	Myster- les O	0	Coaster
C PI	M Movie: **	Global Nat.	Westbound	and the second sec	News	KREM 2	Duck Dy-	News at 6	(5:59) News	Simpsons	Legend of	Movie: ***	gonauts. (N) (Live) 55	CTV News	Don't Drive	Good Luck	Murdoch	Hungry	Xtreme Wa-
6 .	Verti- cal Limit	News	Museum	0 85	Wheel	News at 6 (N)	nasty O 20	Estate	Hour (N)	Simpsons	the Deep*	"Chicken Run" (2000)	-	(N) 0 80	Here	Liv-Mad,	Myster- les O	Investors (N) O	terparks
- PI	M (2000) Chris O'Donnell.	Simpsons	N. Geo-	Celtic	American	60 Minutes	Wahlburgr	Funnlest	Simpsons	Reckless	Heartland	0.85		Big Bang	Don't Drive	I Didn't	Crisis "Best	Gym Res-	Bikinis
1 :3		Simpsons	graphic Specials	Thunder Mythology	Ninja War- rlor Tho	(N) 0 55	Wahlburgr	Home Videos	Simpsons	(N) 6 55	ED (DVS)		SportsCen-	Cleveland	Here	ANT Farm	Laid Plans"	cue (N) O	Bikinis
O PI	M	(8:01) Big	Monarch of		Miami finals course.	(8:01) Blg	Storage	Wipeout (N)	A COLORADO AND A	Big Brother	Movle:	Cache	tre (N) (Live)		Don't Drive	Shake It	CityNews	Bar Rescue	Eat St. O
8 .	0 The Closer	Brother (N)	the Glen		course.	Brother (N)	Storage	0.80	Brother (N)	(N) 6 80	"Jack" (2013) Flick	Undercover		table (N) 80	Here	Austin	Weekends	0	Eat St. O
O PI	"Fate Line"	Family Guy			America's	Unforget-		Rising Star	Family Guy	Family Guy	Roberts.	Next Star	E:60 00		Jaws	Really Me	Shahs of	Hungry In-	Coaster
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0 PI	M Movie: ***	Reckless (N) & 25	Waking the Dead (N)		Finals 3" O BB	Rockless (N) O IIS	(10:01) Duck Dynasty	Castle 'Room 147" O	Reckless (N) O RD	News Final Ancestors	The National (N) tot	Japanizi Boys	SportsCen- tre (N) 88	Castle "Room	Allen Sharks:	Movie: **!	The Office	Gym Res- cue ()	Xtreme Wa- terparks
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7	0	Ancestors	Earth	America ad	Pold Prog.	Family Guy	Wahlburgr	Van Impe	Ancestora	Pald Prog.	fifth estate	R.L. Stine's	tre RO	CTV News	Sharks	Life Derek	G. Martin	0	Bikinis

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Good Luck

Wizards

CTV News How/Made Life Derek G. Martin

(N)

News-Lisa

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Reviews on

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News Leader Sudoku 518 JAMBUSTERS WEEKLY SPECIAL **HOSHI SUDOKU - About The Puzzle** Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, GINGERED-CITRUS RHUBARB JAM column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any BANANARAMA HONEY length - even uncontinous - must contain every number not more than once. RAZ-VERY BERRY NICE JAM 000-LA-LLA CHERRY CHUTNEY 3 www.jambusters.info 8 4 ANY OTHER JAM IS JUST A SPREAD! 8 7 6 5 2 3 1 Trader's Market - Saturdays 5 8 1 **HIGHWAY 3, PRINCETON** 4 2 <u>Similkameen News Leader</u> 2 4 226A BRIDGE STREET, PRINCETON 3 5 1 3 9 5 1 Broadhanda 8 6 9 4 High-Speed Internet is NOW available in **Coalmont and Tulameen!** 5 For Information contact: ww.sudoku-puzzles.net China Creek Internet Service 250.295.7944 THIS WEEK'S SOLUTION: Page 18 MONDAY, AUGUST 18, 2014 SPIKE WTBS CHBC KNOW BCTV TSN VTV DISC FAM CITY KSPS KREM A&E KXLY CITV CBC YTV KHQ ch.44 ch.6 ch.7 ch.8 ch.9 ch.10 ch.11 ch.12 ch.13 ch.18 ch.19 ch.22 ch.24 ch.26 ch.29 ch.3 ch.4 ch.5 CityLine Wildest Po Stella-Sam AM In the Heat Wibbly Pig Clifford KHQ Ne KREM 2 Dog Morning Moming (5:00) Mon **CBC News** Kld vs. Kat SportsCer CTV Morn-Loaded oming 6 ing Ne (N) Now (N) O of the Nigh GAM (N) o 22 o Ing Live (N) (N) 82 lice Videos Jorth ews (N) E :30 Dog NeverEve Wingin' It nkey Law & Or G. Shrinks Wild Kratts CBSThis Crin Good Mor Super Evil How/Made Wizards Let's Make Wildest Po AM Today (N Tiger ortsCen norning (N 7 ing An (N) ES der: SVU A RE Deal Rd ce Video Minds () E 0 22 Wild Kratts Sidekici Made hake It :30 Arthur 82 Wild Kratts Morning Law & Or-der: SVU AM PAW Patrol Curious Criminal Bo On/Go Pokémon SportsCen Cold Wate Shake It The Price Movie: * Cowboys 8 -Right SC "Mission ANT Farm :30 Doozers Curious Huntley St. Busytow Chucks CSI: Miam Livel Kelly Livel Kelly (2006, Dinosaur Train (N) The 700 Club O BB Nerds SportsCen ANT Farm Jdg Judy Moming The Doc Super Why Mighty AM ors () B 9 Action) To Jdg Judy -30 Huntley St **Rob Robot** Huntley St. Napkin Squirrel Good Luck naire Cruise, O The Doc-tors () ES The Vie O EC AM The Doc rthur O The Price CSI: Mla Weird o GTEEN O Motoring Mayday Good Luck The Chev 10 ors () El Street A Right 80 0 5 0 60 What? Doodlebop :30 Divorce Waysido NASCAR Austin Dinosaur (EI) Don't Drh Here Movle: ** Judge Alex G. Shrinks Marily Shake It General AM Weird or Jdg Judy Pald Prog. Weird or Noon N Our Va Tiger Young & 11 What? Restless Minds O E What? Hour (N) ouver 12 Denis Pald Prog. Judge Alex Clifford Sit & Be Fit Jdg Judy Super Evil Shake It :30 (N) 0 mpossible Jacked Jacked III" (2006, Paid Prog. Kld vs. Kat CTV N Next Step Katle A 23 PAW Patro The Chew Days of o CBC N PM King Noon Ne Charlie News Crimina Voon Ne ioxing: 12 Hour (N) Rose O EE Minds O E 0 80 Hour (N) Lives (N) Now (N) O Friday Night (N) O 22 Paid Prog. King Almost ANT Farm Dinosaurs Bold :30 ruise. A Uo!" Fights Taped) RC ssie 20 ityLine The Sc NeverEve PM Community Days of o Lives (N) Maker Paint This Days of ou The Talk The First 48 General Days of or The Talk Republic Monster 1 Lives (N) 0 22 0 52 Lives (N) 0 55 Dovie O 0 80 Hospital GTEEN O NeverEver Good Luck :30 Dragor Fit 2 Stitch (N) O Good Luck PM Myth Seinfeld O The Talk Ella the El Thomas Katie () ER Let's Make The First 48 Queen The Talk Wayside Off Record Dr. Phil CityNews Queen Steven an 2 Latifah Deal 53 0 50 0 20 Latifah Chris 60 0 80 Busters 5 (N) 82 Deniel Tige The Middl Rob Robot Sidekick Interruption Austin :30 0 82 PM The Middle How/Made Austin Dive, Olly Dr. Phil Storage Rachael Young & Heartland Squirrel SportsCen The Dr. Oz CityNev Queer Ellen Queen 3 OES Latifat DeGer Ray A B Latifah Resti ES (DVS) tre (N) 20 6 (N) 82 Show 80 HowMade Austin :30 AW Patro Chuck Mod Fam orage Mod Fam **Big Bang** Maya Bee Arthu Jdg Judy The Dr. Oz The Doc Early Ne NFL Cnt Canada's Austin PM Young a Storage Young & Restless SpongeBe Ellen 4 ors O EE Den f DeGe Worst Wild Kratts Jdg Judy Global Nat Bread Austin Mod Fam Arthur O torage :30 Big Bang Drive Martha Movle: Early Net (4:59) Net CBC Net Parents NFL **CTV News** How/Made Austin Bachelor PM Browns News (N) News News News News Bar Rescut 5 *** at Five (N) in Paradi our (N) Preseas BC Ne CBC No Howfilede Austin -30 Payne Wild Kratts NBC Ne **CBS** News Global Na Spongel Business (N) 0 PBS News KREM 2 (2000) Rus News at 6 (5:59) Net ET Canada CBC Ne Sam & Cat CTV New Myth Austin Bar Rescue PM Brown Global Nat. Animals News awa sell Crowe ms at (N) O 82 Ister 6 lour (N) III ws at Carly SO Austin :30 Payne News Animals llional lews Washi OR 6 (N) Hope for Wildlife a Inside Ed. Ent Ent Under the Mercer Next Star etalk (N) Don't Dri Austin (7:01) Morn PM Mod Fan Ent Spy Bil Jeopardyl (N)) 22 Hero 22 7 Dome (N) ustin The Inside ET Canada Gags Underco Big Bang :30 Seinfeld O ET Canada Steves Wheel Access H. Running CityNews-Tonight (N) Just Kid SportsCe Austin Family Guy Broke Girl Bachelor Murdoc MasterChe How MA PM ing Wild In Par Nild Wild 8 Myster re (N) 11 (N) 0 Worlds III Wild How/Made Shake It Gags :30 Family Guy Mom 100 Brandl (N) 0 les n American Ninja War Hotel Hell Myth-Buste Wingin' It Looking fo Hotel Hell Jimmy Kim Mike (9:01) Mov Cracked Moyle Motoring The PM Amer. Dad nel Live A (N) 0 **5 Th 9 (N) 0 (N) O Lowry 100 0: ***> wans' :30 Amer. Dad Really Mo Two Men Score Golf 0 88 rior (N) O "Gladia (DVS) 0 od Wit SportsCer (10:01) Mistre Don't Driv Here #C III (DVS) (2000) Rus (2008) 20 Bar Rescue | Airport Under the 10:01) Under th Good Luck EP Dalh POV "A PM Jeffersons Under the nergency sell Cr tro (N) 35



Princeton Paint and Decorating is not only your local Cloverdale Paint store, they carry all the little extras to make your paint or stain job a little bit easier. Edith Howarth is particularly proud of the various custom window covering options they are able to provide area residents and businesses. Not sure what to do? The advice is also free and without obligation. *

Saving Downtown Princeton...

... An Ongoing Series by George Elliott

.....continued from Page 8 as just as many disadvantages but still people come to Princeton and start a new life within the community with a business.

For some, the option of buying an existing business is not there as their entrepreneurial spirit pushes them beyond that to step into the pool of establishing a new business. In the case of Susan MacDonald

who opened Suzie's Shoppe on

Bridge Street she saw a need and filled it with her business.

"There was not a place to buy good quality clothing, including plus sizes, at a reasonable price in Princeton," she told me last week when I asked why she went into business in Princeton.

I had not known she and her family were familiar with Princeton having had a twenty-five year "weekend warrior" relationship with the area as cabin owners in Coalmont. The plan was to retire there following a cabin upgrade to a home and a full-time move to the Similkameen.

There are many stories like that including TamAirah Campbell who opened The Style Chamber that is tucked just behind the News Leader office. She had been coming to the area for years and always had a plan to set up shop in the community. When the opportunity was right, she jumped in with both feet and hasn't slowed down since. That's one of the great things about the energy of entrepreneurs who fill our town. These are people who see something that attracts them to the area and often they see something the rest of us take for granted.

I think it's basically got to do with the lifestyle. I know my first few days here back in early 1986 made my decision to move here for work later that year much easier than if I hadn't had some sort of exposure to the character of the community. It's partly due to that character that I'm still here.

How does this save downtown Princeton?

Well, I think we still need to be reminded that most of the businesses operating in the community arecontinued on Page 19





Hoshi Sudoku Solution - East 3 6 9 2 6 5 3 5 8 1 9 4 2 6 2 9 6 5 8 9 5 3 4 8 6 6 8 9 5 www.sudoku-puzzles.net

Tuesday, August 12, 2014

Traditional Music Fest Event celebrates mining

At this year's Traditional Music Festival there is going to be a onehour session of mining songs. The session is in honour of Princeton's mining history; in fact Princeton became a town because of mining. The early settlers burned coal they had picked up from the riverbanks. Eventually coal was mined commercially both in Princeton and northwest of town in Blakeburn. The ground underneath Princeton still has abandoned coalmines and occasionally houses begin to sag or driveways collapse because of a caved-in tunnel in the ground underneath. Early settlers panned for gold along the rivers and the 1885 Granite Creek gold rush brought in an influx of would-be miners.

Copper claims were also being worked on Copper Mountain beginning in 1902.

At the time that Princeton became a town there were, of course, no radios or recording devices so people made their own entertainment. They sang songs and recited poems that they had learned at school, in church or at home. They also made up their own songs about their lives. One that is known by some the descendants of early settlers is:

There's gold up in the Tulameen, There's platinum in the sand,

- Berries for the picking,
- Why wander o'er the land?
- Grouse upon the mountain And deer come to the door;
- You're welcome, dear old-timer -

Don't wander anymore.

Songs like this and others made up by early Princeton miners will be sung at the Mining Songs session at the Festival.

There are, of course, mining communities in other parts of the world and they all have songs that speak of the mining life. In the Mining Songs session you will hear songs from the coalmines of Vancouver Island and from the Appalachians in the US. That part of the world has a rich tradition of songs about the overworked impoverished lives of mining families.

Songs such as "Coalmining Blues" phone 250-295-6010. **Crusher project hits budget**

..... continued from Front Page improve its operations since startup. The 18,000 acre site has a large resource of copper that remains open laterally and at depth. The mine has significant exploration potential that will need

to be explored over the next few years to fully appreciate the properties full development potential. Additional information is available on the Company's web site which can be located online at www.CuMtn.com.

PWP expansion brings jobs

.... continued from Front Page 2008, those dreams seemed distant and the company went through some very difficult times. With the help and dedication of several long term employees, they pulled through and are now looking to the future. "Almost all of the crew are new," she said.

"With their youth and enthusiasm, we are all very excited about what we can do and what the possibilities are."

We are excited to be moving forward as a team, and facing the challenges and successes of learning to operate as one company. "My vision for the company is to become the #1 post supplier in the Pacific Northwest," said Marion.

"In the end, it's all about doing what we do best: producing pressure-treated round wood products of the highest quality in North America."

"Come join our team and be a part of Princeton's future."



and "Prayer of a Miner's Child"

have become anthems in the strug-

gles for safety and fairness for

working miners. The British Isles

also has a wealth of mining songs,

particularly from the coalmines of

northeastern England. Songs such

as "The Gresford Disaster" and

"The Coal Owner and the Pitman's

Wife" portray the dangers and injus-

tices that British coal miners were

subjected to. The Mining Songs ses-

sion will thus be a historical-musical

journey exploring the lives of min-

ers and their families both in

Princeton and in other parts of the

The Mining Songs session is just

one item on the rich menu of music

available at the Princeton

Traditional Music Festival. The

Festival begins at 6:15 PM on

Friday, August 15th with an opening ceremony and a participatory dance

on Veterans' Way. On Saturday and

Sunday there is music from 10:00

AM until 6:00 PM right in down-

town Princeton. It's all free and

everyone is welcome. If you would like to find out more, visit the

Festival's website at www.prince-

tontraditional.org. If you'd like to

help out at the Festival the committee would love to hear from you.

You can contact us via e-mail at: princetonfestival@telus.net

or

world.

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News Leader Puzzler Use the August 5 News Leader to find Answers Below ... • Across It's a local independent newspaper. Jackie Hilton's busy little business. According to an advertisement, peaches are available here. Identify the MP for BC Southern Down They meet at Princeton Museum the third Thursday of the month. 1 349 third Thursday of the final second se 2 10 Interior. She was painting on Vermilion Avenue the other day. In Princeton it's not a Farmer's 12 Market. It's one of these. Any other jam is just a spread! He is featured at his 'other job' at The 11 She's a peach! 15 Source. The local KIJHL hockey team is known 16 as this. 17 It's not a marmot festival. 18 She's in the Gumboot Garlic Patch. News Leader PUZZI ER #187 Copyright 2014 - Brenda Engel



Audrey Blanchette has a long history in Princeton and when the opportunity presented itself for her to buy an existing business, she did. She says she loves owning Everything Pets and providing area residents with everything they need for their special friends. The store is extremely well stocked and Blanchette can also handle special orders for 'finicky' customers. *

Saving Downtown Princeton...

...An Ongoing Series by George Elliott

..... continued from Page 16 owned by our neighbours and not by a number of huge corporations who don't have any real connection to the community.

Local owners are as affected by taxes and the economy as you and I. In many cases, local business owners are able to be more flexible when it comes to certain issues facing their customers or business.

This is one of the reasons why it

is so important to support local businesses. Don't forget this either: Some local business owners treat local customers a lot differently than they do others because they know it's the

... continued from Page 7 out.

roaring too loud so had gotten in the other canoe, capsized at the first log jam, lost the canoe under the jam, and lost one of the rifles. They were finally able to get out of the water and walked to the road that ran parallel to the river to try and get a ride freeze to death. After we all got warmed up we drove back to where they had come out of the bush from the river and followed their tracks to see if we could recover the canoe

locals who keep them fed in the

slow time of year as well. If you've

had a bad experience with a local

and rifle. When we got there, fortunately the log jam was not made of huge trees business remember, you can file a complaint at the Chamber of Commerce office.

so we worked hard to try to disassemble it and eventually it broke apart and we grabbed the canoe and got a long stick and fished the rifle out of the water too. It was a good day after all but his city friends said they would never do that again.

..... continued Next Week



cal family proud son's ch

Once again, Capt. Daniel Davidson (Ret.) and his wife Andrea are beaming with pride and anticipation as Davidson's son, Cpl. Jeremy Davidson (pictured at right), prepares to swim across the Northumberland Strait, separating Prince Edward Island from New Brunswick. However, a few things about this year's swim, on the morning of August 22nd, will be just a little different from his successful swim last year while raising money for the 'Give to Live' foundation (See News Leader Issue: Vol. 16 Issue 31 Page 9).

For one, he will be swimming to raise funds for the Canada wide non-profit Neil Squire Society. The Neil Squire Society, established in 1984, offers programs and opportunities for people with disabilities to develop computer skills, build their employment skills and help reenter or enter the work force. As it happens, they were also instrumental in helping Davidson Sr. (at one time himself a Rescue Swimmer with the Canadian Coast Guard) deal with the crippling effects and severe pain of arthritis after his diagnosis in April of 2012.

One other difference this year will be that Jeremy will be swimming across the Northumberland Strait, and BACK! Last year while swimming with the "Big Swim" event, Cpl. Davidson and the other swimmers participating swam one way; an exhausting distance of some 15 kilometres. However, to really bring attention to people who suffer from physical disabilities, Davidson wants to double his efforts this time; Hence the name of his event: "The Bigger Swim". Also, he will be swimming alone this time. For a lot of reasons the two events could not be held at the same time; Therefore, other than the company of his support team and Stand-By rescue boat, Davidson will be alone in the water for the entire 30 K.

"There have been scores of Jellyfish stings, and even a Harbour Seal that swam across with me during a practice lap on August 2nd, so I guess I won't really be alone after all," Jeremy chuckled when going over the details last week with his dad on one of their many video chats. Putting his 30+ years on the water to good use, Davidson senior is doing all the tide and current calculations for the swim from his home in the beautiful Similkameen Valley at Princeton.

"It's been awhile since I've had to plot a course, but I'd like to help him make as much of the swim 'downhill' as possible."

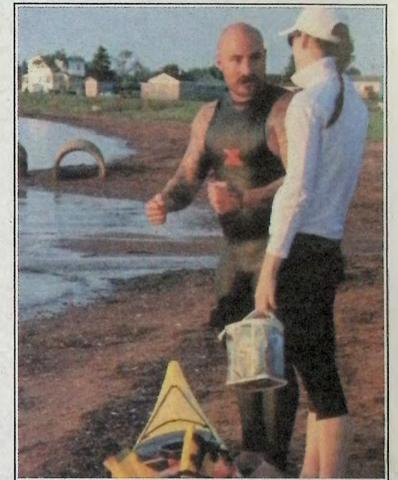
Having earned his Captain's Ticket at the early age of 25 in 1982, the year Jeremy was born, Davidson senior served as captain for just under 20 years before 'pulling the plug' and moving to Princeton in 2003.

In preparation for a 30 k swim in a river near his home, where he and his wife Sherise serve as members of the Canadian Armed Forces at CFB Gagetown, Cpl. Davidson seems more humble than hero.

"As tough as this challenge is going to be, it's really nothing compared to the challenges that some folks face every day, and when all is said and done, this swim is about raising awareness and financial support for people who really need it, and for those folks who are there to lend a helping hand when it's needed most. I hope that those who can afford to donate to the Neil Squire Society will take a few minutes out of their busy day to do so. Every stroke I take gets me that much closer to the shore, and every dollar donated helps get those that need it that much closer to realizing their dreams of independence."

To donate to the Neil Squire Society through Jeremy Davidson's

"Bigger Swim," please go to the website noted at the end of this article before the 22nd of this month, or you can call The Neil Squire Society at this toll free number: 1-877-673-4636. http://www.neilsquire.ca/biggerswim/bigger-swim-donate/



hampions C opening tures end DSSe

What an opening weekend the September 12-14 weekend is turning out to be with the Princeton Posse set to open up the season at home on Friday September 12 (vs.

Golden) and again on Sunday, September 14 (vs. Chase).

On Saturday, September 13; the Princeton Posse are proud to present "An Evening of Champions"

RASH TAL

WE MAKE THROWING IT AWAY...EASIER

Garbage. Everybody's got some and if you are a resident of the Town of Princeton you are allowed a

two bag/can limit per week. The Town defines a standard size garbage bag as 90-litres and if your household generates more garbage than the limit per week you have a couple of options. You can purchase "Tag-A-Bag" stickers at the town office on Vermilion Avenue for \$2 each and are allowed a max-

imum of two extra garbage bags a week for curbside collection providing they have 'Tag-A-Bag' stick-

with 1955 World Champion Ivan McLelland, who was part of the historic Penticton Vees team to go all the way and represent Canada at the World Championship.

In 1953-54 Season, McLelland was the backbone of the Penticton Vees, where he would play in 102 games on route to winning local, national and, in 1955, world championships to become the best team in the world.

as told in his book "Gold Mine to Gold Medal," at the Riverside Community Centre. The evening will begin at 7:00 PM with a meet and greet, accompanied by snacks

Norris Trophy winner Duncan Keith and NHL Referee Steve Kozari. Raffle tickets will be sold prior to the event, as well as at the event for \$5 a ticket, 3 for \$10 or 10 for \$20.

In addition, there will be a silent auction for a Princeton Posse jersey, opening bids can be made prior to the event by email at info@princetonposse.org.

Tickets for the full "Evening of Champions" go on sale immediately for only \$10. Tickets can be purchased at the Princeton Posse offices at 167 Old Hedley Road, at Auto-Tac Embroidery on Bridge Street, by calling (250) 295-6544 or online at the Posse website: www.princetonposse.org. Small service fee will apply only if purchased online. Proceeds go to support your local junior hockey team! In addition, full weekend passes for both September 12th and 14th admission to Posse games and the "Evening of Champions" can be purchased for \$25.

We look forward to seeing you during the Princeton Posse weekend of hockey! - submitted



\$13.99

in mind that garbage/recyclable pick up days move on weeks that contain a statutory holiday. Your regular pick up day will be a day later in that case. Landfill and Recycling Depot - Hours of Operation 171 Princeton-Summerland Road **OPEN Saturday through Wednesday 9-5** bursday and Friday CLOSED Christmas Day, New Year's Day and Easter Sunday

ers on them. The other option is to start separating

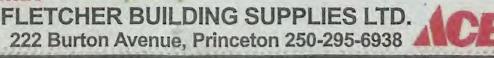
your garbage removing the recyclables and either

leaving them for pick up or taking them to the recy-cle depot yourself. The Town of Princeton will pick up the following recyclables at your curb: plastic,

paper, cardboard and tin but there are some restric-tions and you can learn about them by visiting www.princeton.ca and looking for the Garbage and

Recycling Brochure under Municipal Services. Keep

You can also recycle your returnables by donating them to the Princeton Posse. A collection bin sits outside Princeton Arena for that purpose. Speaking of the Posse...FLETCHER'S will have game tickets available for sale so watch for them and get ready to cheer on your home team: Posse and Fletcher's! YON CIMA do anything.



McLellan will be telling his story,

and beverages, followed by the presentation and auction and big ticket draw items. The draws will consist of a Team Canada replica jersey celebrating the 60th anniversary, donated by Game Time Sports, as well as a framed picture of Ivan McLelland,



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