



Evelyn McCallum was the most recent recipient of a Town of Princeton Volunteer Service Award. The presentation was made by Mayor Frank Armitage, right, during the November 3rd regular monthly meeting of Town Council. \*

# Town recognizes McCallum

Local volunteer Evelyn McCallum was presented with a Volunteer Service Award at the November 3rd regular meeting of Princeton Town Council.

Mayor Frank Armitage read off her impressive list of contributions during the short ceremony before the business part of the meeting took place.

"Evelyn joined the museum in its new building for the Canadian Centennial in 1967 and has been involved in many capacities, serving as President for twenty years and also holding the position of Secretary for many years."

McCallum is currently a board director and volunteers for hosting duties and is the longest standing board member.

"Evelyn has made enormous contributions to this society and continues to be their main point of contact for the history of artifacts and donors."

McCallum was also active in the Rebekahs, has been a member of the Royal Purple for fifty years and is their current Honoured Lady and Secretary. She has been Assistant Returning Officer for Town of Princeton elections and chair of the property assessment board.

# SOHC finishes extremely busy year

Support Our Health Care (SOHC) held their Annual General Meeting last week and during it revealed their activity report for the past twelve months. It is an impressive schedule of meetings and activities the group has participated in on all our behalf.

Here is the full report:  
**Support Our Health Care  
The Year in Review - 2013**  
October 23

- SOHC holds its second Annual General Meeting at Riverside - new executive comprises Ed Staples, president; Spencer Coyne, vice-president; Nienke Klaver, secre-

tary; June Hope, treasurer; Ole Juul and Judy Short, directors  
October 25 & 26

- Ed Staples attends the Okanagan Similkameen Healthy Living Coalition Foresighting workshop at the Heritage Inn, Naramata  
October 29

- SOHC participates in teleconference meeting with Dr. Barbara Pesut and other UBCO researchers to discuss plans for a Princeton based research project on chronic illness  
November 5

- Ed Staples and Nienke Klaver attend Air Quality meeting with

Ralph Adams, Ministry of the Environment; Brad Hope, Area H; and Glenn Smith, Eagle Valley Pellet Plant  
November 19

- second monthly meeting of the Princeton Health Care Steering Committee (PHCSC) - Ed Staples represents SOHC on committee  
November 22

- Ed Staples & Nienke Klaver meet with Walter Hogg, Seniors Representative on the PHCSC to discuss local seniors' concerns  
November 28

- first meeting of the Princeton-UBCO-SOHC Healthcare Research team at Riverside Community Centre; chaired by Dr. Barbara Pesut, the team included researchers from UBCO, local healthcare professionals, local elected representatives, and SOHC executive members. The aim of PUSH-R is to improve care for persons living with life-limiting chronic illness in rural BC communities  
December 4

- Steering Committee meets with Interior Health CEO, Dr. Halpenny and IH Board Chair, Norm Embrie. Discussion centres on physician recruitment and the Steering Committee Action Plan  
December 9

- telephone meeting with Patricia Roe, manager of the Sherbrooke Community Centre in Saskatoon, to discuss the development of an Artists for Life program in Princeton  
December 17

- telephone meeting with Dr. Barbara Pesut (UBCO) and Avril Paice (United Way) to discuss United Way involvement in PUSH-R  
December 17

- Steering Committee meeting at PGH  
December 19

- teleconference meeting with PUSH-R group to discuss possible research questions and literature review 2014  
January 14

- teleconference meeting with Barb

Pesut and June Hope to discuss the formulation of a Princeton resource list for chronic illness care  
January 17

- PUSH-R teleconference meeting  
January 20

- Steering Committee meeting at PGH  
February 18

- Steering Committee meeting at PGH  
February 25

- teleconference meeting with BC Health Coalition - Adam Lynes-Ford presents information on the legal challenge to public health care mounted by Dr. Brian Day and the Cambie Clinic  
February 26

.....continued on Page 2

Similkameen News Leader  
Bengel Publishing Inc.





# SOHC finishes extremely busy year


- .....continued from Front Page
- teleconference meeting with PUSH-R group to plan for next face to face meeting at UBCO in Kelowna  
*February 28*
  - meeting with Adam Lynes-Ford (BC Health Coalition) to discuss threats to public health care  
*March 5*
  - meeting with Anita Drees (Princeton Seniors) and Lynn Pelly (Princeton Community Services) to discuss Artists for Life initiative  
*March 7*
  - meeting at RDOS to work on BC Healthy Communities grant application for Artists for Life initiative  
*March 10*
  - meeting at Riverside with Avril Paice to discuss potential United Way programs for Princeton  
*March 14*

- Artists for Life grant application sent to BC Healthy Communities Society  
*March 18*
- Steering Committee meeting at PGH  
*March 19*
- Alex Atamanenko public meeting at Legion Hall - Ed Staples makes presentation on the expiry of the Public Health Accord and the legal challenge to Medicare mounted by Dr. Brian Day  
*March 25*
- BC Health Coalition teleconference meeting to discuss possible action to be taken to inform public about the Dr. Brian Day court challenge to Medicare  
*March 27*
- PUSH-R meeting at UBCO in Kelowna; group agrees to focus on the challenges of providing care to

- people suffering from chronic illness in rural remote communities  
*March 31*
- SOHC sponsors Public Rally in support of Medicare at Veteran's Square; over 100 people attend the event to hear speeches calling on the federal and provincial government to renew the Canada Health Accord that expires on April 1st  
*April 4*
- at the invitation of MLA Jackie Tegar, SOHC makes presentation to Ashcroft residents outlining the steps taken in Princeton that led to the formation of the Princeton Health Care Steering Committee  
*April 10 & 11*
- Ed Staples and Nienke Klaver attend the Rural Health Services Research Network conference held in Kelowna; presentations focused on building healthy communities in BC; partial funding was provided by RHSRNbc  
*April 15*
- Steering Committee meeting at PGH  
*April 22*
- telephone meeting with Bernie Easson (Interior Health) to discuss her involvement in the Ashcroft Community Consultation  
*April 29*
- telephone meeting with Loretta

- Zilm (Interior Health) to discuss ways to promote the use of tele-health services in Princeton
- BC Health Coalition monthly update meeting on Cambie Clinic court challenge  
*May 12*
- Appreciation Dinner held at PGH for Princeton Health Care practitioners, nurses, paramedics and support staff; the event was organized by the Steering Committee with financial support from the Town of Princeton and RDOS-Area H  
*May 15*
- SOHC executive members attend a presentation by the GP for Me initiative, held at Riverside  
*May 20*
- Steering Committee meeting at PGH; committee learns that Dr. Eva has resigned and will be leaving Princeton at the end of July; Ed Staples volunteers to be on the newly formed Retention & Recruitment sub-committee  
*May 27*
- monthly update meeting with BC Health Coalition to discuss development in Medicare court challenge; SOHC presents plans for Public Forum on Medicare to be held in Princeton on June 4  
*June 4*
- SOHC presents Public Forum on Medicare at Riverside; speakers include Dr. Duncan Etches (Canadian Doctors for Medicare), Rick Turner (Co-chair of the BC Health Coalition), and Ed Staples (SOHC President); Brad Hope moderated the evening  
*June 6*
- Retention & Recruitment sub-committee holds first meeting; members include Brad Hope, John Akerley, Doug Pateman, and Ed Staples  
*June 13*
- Retention & Recruitment sub-committee meets; Nienke Klaver is invited to join the group as recording secretary  
*June 17*
- Steering Committee meeting at PGH; members vote to extend committee's mandate for a second year, begins review of Action Plan; IH announces that Dr. Ahmed Saif from UK is looking at Princeton as a location to begin his practice in BC  
*June 21*
- Retention & Recruitment meets with Drs. Black and Monro to discuss recruitment strategies and how they might be involved  
*June 27*
- Ashcroft Community Consultation organizational meeting (teleconference) - SOHC is invited to participate and provide advice and assistance  
*July 2*
- Dr. Ahmed Saif and his family visit Princeton; welcome reception and barbecue are held at the home of Brad and June Hope  
*July 7*
- Retention & Recruitment meeting at Town Office  
*July 8*
- Ashcroft organizational meeting by telephone  
*July 22*
- Ashcroft organizational meeting
- Princeton Health Care Steering Committee monthly meeting at PGH  
*July 23*
- Dr. Eva farewell reception held at Riverside  
*July 28*
- Retention & Recruitment meet with Jane Laroque (IH Physician Recruitment) to discuss IH role and strategies in recruiting a doctor for Princeton  
*July 29*
- Ashcroft organization meeting
- Steering Committee monthly meeting at PGH  
*August 5*
- Retention & Recruitment meeting at Town Office - Lori Thomas invited to attend to discuss the development of promotional materials  
*August 27*
- Princeton Business Stakeholders group meets at Weyerhaeuser to discuss ways to relieve stress on doctors; Ed Staples is invited to participate in the meeting  
*September 2*
- Ashcroft organizational meeting
- Ed Staples meets with Dr. Monro to discuss the content of a recruitment brochure that she and Dr. Black will use in their recruitment efforts  
*September 16*
- Community Consultation on Health Care is held at the Ashcroft Community Centre; the event is facilitated by Dr. Barbara Pesut with Brad Hope, June Hope, Nienke Klaver, and Ed Staples working as focus group leaders and recorders  
*September 19*
- Business Stakeholders meet at Weyerhaeuser to discuss doctor recruitment & retention strategies - decision made to invite MLA Jackie Tegar to next meeting  
*September 30*
- Steering Committee monthly meeting at PGH  
*October 9*
- at the suggestion of Dr. Monro, SOHC, in cooperation with the Princeton Chamber of Commerce, initiates the Love a Locum program to provide visiting doctors with a warm welcome to our community  
*October 31*
- Business Stakeholders meet with MLA Jackie Tegar - discussion centres on doctor recruitment strategies and innovative ways to improve our health care system that will attract doctors and keep them here  
*November 5*
- SOHC holds their 3rd annual AGM. Ed Staples is elected President, Ole Juul Vice President, Nienke Klaver Secretary, June Hope Treasurer with Spencer Coyne, William Day, Judy Short and Lynn Wells Directors.

**Elect Charles Weber - Area H Director**



**Time To Grow!**

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OKANAGAN-SIMILKAMEEN

## Notice of Property Tax Exemption

In accordance with the Local Government Act (Sections 809 and 810), Regional District of Okanagan Similkameen proposed Bylaw 2672, 2014 includes the following properties, which will receive exemptions from Property Taxes for 2015.

ASSESSMENT ROLL NUMBER	LEGAL DESCRIPTION	CIVIC ADDRESS	ORGANIZATION	ESTIMATED VALUE OF PROPERTY TAX EXEMPTION - REGIONAL DISTRICT PORTION ONLY
715-00565.105	Parcel A, BL 3, DL210 SDYD PL 519	224 Robinson Avenue Naramata	Naramata Museum Society	\$1,481
714-796.090	Lot 9, PL 34520, DL 374 SDYD	1145 Main Street Okanagan Falls	Okanagan Falls Heritage & Museum Society	\$2,536
714-6485.000 714-6485.100	Lot 3, PL 4041, DL 2450S, SDYD Portion L 727 Lot 1, PL 13268, DL 2450S, SDYD	10384-384 Avenue 10393-384 Avenue	South Okanagan Sportsman Association	\$1,154 \$ 183
714-9060.000	DL 2450S, SDYD	14000 Strawberry Creek Road	Osoyoos Wildlife Federation	\$ 538
715-2713.010	Lot A, PL 40972, DL 2 366 367, ODYD (portion outside Municipal Boundary)	600 Comox Street Penticton	City of Penticton (leased to golf course)	\$ 810
716-2752.000	Lot A, PL B6949, DL 319, SDYD	Keremeos Rural	Keremeos-Cawston Sportsmen Association	\$ 984
716-9035.000 716-9035.002	Lot 13-15, Block 8, PL 2565, DL 2482, SDYD	1396 Scott Avenue	Hedley Sports Association	\$ 528
716-10308.000	SDYD, SUP 11350	Penticton Rural	Nickel Plate X-Country Ski Club	\$ 454
714-6476.020	Lot 1, PL KAP62023, DL 2450S	Old Golf Course Road	Fairview Mountain Golf Club Society	\$10,794
717-895.600	Block B, DL 1091 OS, SDYD	365 Darcy Mtn. Road	Princeton Golf Club	\$4,168
716-02637.000	Parcel A, DL 0457, SDYD	3012 River Road	Keremeos Elk Lodge	\$1,228
714-00319.031	Parcel Y, DL 0374, SDYD	1108 Willow Street	OK Falls United Church	\$ 640
714-05353.070	Lot B, PL KAP89970, DL 2450S	Oliver Rural	The Natures Trust	\$ 565
777-09000.100	DL 2489 Except Plan H 397 41847, For Mobile Folo C/REF 09000.100	1737 Highway 97	Penticton Shooting Sports Association	\$1,174

The "Estimated Value of Property Tax Exemption" is the amount of taxes that would be imposed on each property if they were not exempt. The value of the exemption has been calculated using 2014 Property Tax rates.



# Flip Of The Coyne

by Spencer Coyne

The funny thing about internet discussions is that sometimes they actually make you stop and think about things. A little while ago there was a post on an online forum debating the merits of being local. For me and my family, being local is more than just a saying. It is who we are. Our family goes back here for generations upon generations. In fact, our kids are the fifth generation on our family farm. We are directly related to John Fall Allison, the first settler to the area, and even more so, our family was here before his arrival. To some of us, being local isn't a bad thing and it isn't just something to say to try and get people to think about shopping in town (although it is a good way to think about using your purchasing power).

To me being local is important. It means you have roots and it means you have history. When it comes to economics, it is just as important because local means jobs,

taxes and a future. The News Leader has been pounding the local drum consistently now for almost a year. There is a reason we believe in local at the News Leader. We are local. We are locally owned, operated and staffed. Most businesses in Princeton are locally owned and operated. Even the big brand name stores are locally owned with Cooper's being one of the exceptions. Although Cooper's may not be locally owned, they sure are locally operated and staffed and are a major supporter of our community. When a business is locally operated and part of the community, it shows. They not only support the local organizations looking for donations, they support the local economy by providing jobs and taxes. When money is kept within the community it circulates, creating more jobs. It goes without saying that industry is the largest economic engine in Princeton, be it the mine or the mill with all the

logging contractors. The economy of the town has always fallen back on supplying services to these industries and their employees. It is this circle that keeps Princeton alive.

We hear a lot that Princeton needs to grow. This is true. Princeton does need to grow, but I don't think we all agree on how Princeton needs to grow. We can build more houses and zone for more subdivisions, and at the end of the day you may have increased your residential base, but where are the jobs? The Town is now considering annexing the mine to increase its tax base.

Will it happen? Only time will tell. It will be up to the provincial government, but when you take from one hand and put it in the other, is that really growth? Sure the Town may increase its tax base when it annexes part of the Regional District, but that means that tax base has just shifted. It didn't grow. We still haven't seen a

real growth strategy from the Town of Princeton. We still haven't seen a flood of investment into the Town's industrial park and Vermilion Avenue is starting to look like the old west. Is there a plan to bring businesses back to that part of town?

It is easy to say we need to grow. What we really need to do is grow economically so we can attract new people to town. You can try to grow your population, but without some reason for new people to move here, what is the point? There are only so many jobs at the mine, the mill or in the bush, so where are the new people going to work? I hear a lot of rumblings about the Town wanting to build a pool again. That is great, but let's be realistic for a moment. A pool on its own isn't going to bring the population and economic boom

we are all hoping for. A pool is just part of a bigger picture. Without an increased tax base, all those increased services will not have the appropriate funding levels needed to keep the doors open.

I think it is important that when we think local that we remember that when we shop local or support local we are supporting local jobs. Those jobs support the local tax base and the local economy which allows us to keep those services we love. It is also important to remember that although we keep talking about growing or taking the mine into the town, we are not just taking from one hand to feed the other and let's think about long term strategic planning so we have industrial and business growth so that we can support not only the services we want but the jobs we need to grow.



Princeton artist Merrilyn Huycke, left, was assisted by Susan MacGregor of Summerland with the unveiling of the new mural of Susan Allison on November 7th. MacGregor is one of Allison's granddaughters. \*

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# Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

### Keep It Local

Spencer said it somewhere on Page 3.

We've been beating the local drum here for as far back as I remember but aside from the odd Editorial I never really dug very deeply into it. Then the Town of Princeton started hosting meetings of downtown merchants and I started writing the Saving Downtown Princeton series.

Close to a year has passed and aside from some cosmetics, the downtown core still has as many empty storefronts as before. There's still people grumbling online about the cost of shopping in Princeton and the gas prices haven't helped our community much at all.

With Christmas approaching, the Chamber of Commerce has the huge task of trying to convince you that it is wise to support your local economy.

I know, it's not easy to do for many local residents but if we want to keep local stores and businesses from going out of business we need to support them. Even if it's once in a while.

I get customers in my office telling me what they think of many local businesses. It seems to be a common thread in regular conversation. A new business opens and the talk shifts to "I hope they aren't as expensive as (their competitor)," or there's a change in ownership or management and even one small price adjustment takes place and the comments turn into "I knew it! They've raised their prices and it's all because of (new owner/manager's name)!"

Sometimes you can't win in business in a small town but if more of us would take the time to actually make the comparison, you do save money.

This will not be the best example, but Halloween candy prices were probably the lowest I have ever since in Princeton last week. In some cases, they were even better than what I saw in Penticton days before.

I like to use logic and so this makes me think that if it happened with Halloween candy there has to be other savings available in and around our community.

Another thing I like is the various homemade products starting to become more and more visible in and around our community. I've always been impressed with the variety of skills found in our town and when it comes to homemade products there is no shortage of them.

If you think Princeton's prices are out of line, maybe you could do something different this holiday season and still spend some of your money on the local economy. This year why not support the local crafters and hobby businesses for a change? I can guarantee you that even if you spend \$30 on one of them you will make their day and your \$30 will likely go back into the local economy.

Logically speaking, that's a win/win situation.



Susan MacGregor of Summerland is one of Susan Allison's granddaughters. She assisted with the unveiling of the new Susan Allison mural in downtown Princeton November 7th. It hangs outside the Princeton Legion Hall. \*

## ...Your Turn

### Letters and E-Mails Received This Past Week

To The Editor:

I want to thank you for the fair and balanced report of the all candidates meeting, I was there and its interesting to see the difference between real news reporting and sensational bias to fill space. This

election in Area H is an important election for the residents of Area H, it seems to me that two of the candidates have an agenda they wish to push forward, while one candidate claims to have no agenda, he only wishes to serve those

who would elect him.

It seems to me that we have a clear choice to make here, Area H is made up of several communities, each with their own needs, to blanket those communities under one viewpoint or agenda, is in my opinion foolhardy. I will vote for the politician who's desire is to listen and represent each community based on its own needs, after all, aren't elected officials supposed to represent their constituents wishes and needs rather than their own?

Whoever you choose, make damn sure you get out on the 15th and make your mark. Make it the most important thing you do that day.

- LeRoy Fague, Princeton

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#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.





# Current Comment

## A Nation Under Attack?



**Dawn Johnson**  
editor@thenewsleader.ca

A lone gunman kills a soldier in Ottawa then, brandishing a gun, charges into the House of Commons and is shot dead. Suddenly, Ottawa is locked down for hours, and the media goes nuts. Unfortunately, so do an awful lot of Canadians.

This is what a nation under attack looks like: the Nazi war machine invading Poland, Japanese aircraft bombing Pearl Harbour, the Soviet army invading Afghanistan, the Japanese invading China, the Americans invading Granada, the Argentinians bombing the Falklands. A nation under attack does not look like a lone gunman killing one soldier.

What we saw on television was the result, I believe, of the ideas of a young man who was looking for his moment of fame and willing to die for it. Maybe in his mind it was some kind of heroic deed, but a summation of his life, if the major media can be believed at all, is the story of a man who was looking for some kind of meaning in his life. He had done drugs, he had worked at odd jobs, and he had tried to find a faith and been rejected by the mosque. Maybe he dreamed of being some kind of superhero for a great cause. We really don't know because he is dead and we cannot have him interviewed and analyzed.

What we can analyze is the hysterical response of the media and

the equally hysterical response of so many Canadians. We need to ask ourselves if we are so brain-washed by the media that we are like the laboratory dog trained to salivate at the sound of a bell.

I feel sorry for the soldier who was killed. I feel sorry for the people who loved him, and I feel sorry for the gunman's family, too. I feel sorry for the families of all the missing women from Winnipeg, and I feel sorry for anybody who has suffered losses. There is plenty to feel sorrowful about if we look at all of the nasty things going on in our world. However, I look at these things without turning them into an emotional watershed, and I note the major media does not go into a frenzy over most killings. After all these years of working with the media, my first guess at why they hyped the Ottawa shooting was because it was a novelty. The fact that somebody in Canada would shoot a soldier and rush into the House of Commons with a gun is so un-Canadian as to be a novelty. As well, it was probably a slow news day. That does not mean that you and I have to make a mountain out of a molehill.

We have to view the major media broadcasts with great objectivity. We have to assess what they get out of the news they present. Most of us still think the news, any news, is about telling the truth so we can be better informed. This is not the case with major television media in particular. They are in the business of turning us into loyal fans of their news broadcasts. They are selling us their news. That is why we hear about some rescued animal, or some victimized poor person, or some Hollywood celebrity being pregnant. They want to appeal to as great an audience as possible so their ratings go up. The news broadcasts are not about the news, they are about salesmanship. The higher the ratings, the more advertising they

can sell, and it is the commercials that pay the wages and keep the television station in the money.

Most television stations are running two hours of prime time news. Generally, the second hour is a repetition of the first hour. Prime time news has time to tell us a lot more about what is going on in the world, but it does not. For most news stories, there is no follow-up. For example, what's happening now in Ukraine? How many refugees are the Turks having to feed this week? How good is China's economy now after the downturn earlier this year? How is Prince Phillip's health today? What progress is being made on the LNG development? How many Canadians went to a food bank this week? The major media could be telling us this news, but it is not sensational enough, or cute enough, or sad enough, for them to bother. Their goal is to make you react with emotion to the "news" they present, so you will choose their 'news' tomorrow and the next day.

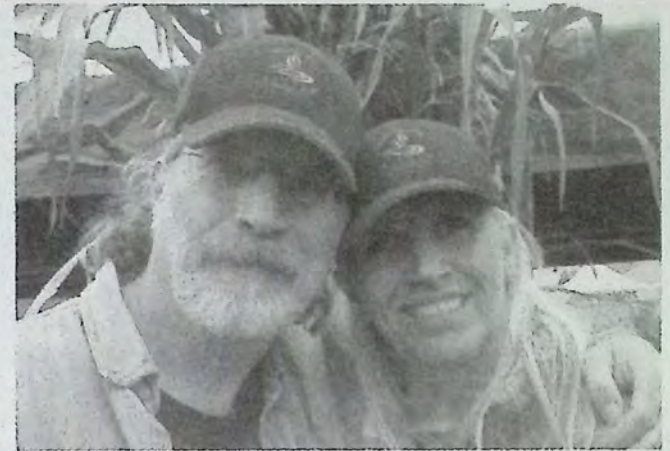
The major media news is rarely real news these days. I find more real news on my computer than on my television set.

As for that misguided young gunman, I doubt he really understood how to put meaning into his life. Did he understand that each of us is only one out of billions of people on this planet, and our chance of being famous is almost nil? Did he really understand that going out and shooting a soldier and being killed would be meaningless two weeks later? I have not mentioned his name because I doubt any of my readers remember his name now that weeks have passed. True fame rests in doing something that gives meaning to the lives of other people. The majority of us give meaning to our lives through contributing to the well-being of our families and our communities, right where we are, and our names will be remembered.

As for the government of our nation, the shooting could not have happened at a more favorable time, as they were trying to pass a law that would allow them to spy on everybody legitimately, and would allow government agents to restrict our freedom to travel and allow us to be arrested on 'suspicion' of having terrorist ideas.

# Similkameen News Leader

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**George Elliott**  
OWNER/PUBLISHER  
george@thenewsleader.ca

**Brenda Engel**  
OFFICE ADMINISTRATOR  
brenda@thenewsleader.ca

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### AND NOW...A LITTLE GOOD NEWS!

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All Similkameen Valley community groups can learn a thing or two from watching what other groups in the area are doing. On November 9th the Timberline Cruisers Snowmobile Club of Tulameen joined together in an organized effort to collect firewood for area seniors. This is apparently an annual project of the club which is so organized we just stood and watched pick up truckloads get filled before our eyes. This group really knows how to put the spirit back into community spirit and it shows with the efficiency in which this project is carried out. \*

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# Electoral Area 'G' Report

Director Angelique Wood

Thanks for sharing your thoughts about community  
Reflections on being an Electoral Area Director for Area G

Area G of the Regional District Okanagan-Similkameen is unique and diverse. Three years as an Electoral Area Director has taught me that some of our greatest strengths are also our greatest weaknesses. Our opportunities present themselves as challenges too. Area "G" RDOS has the second largest land mass, at 2122km2,

and a population of only 2,314 according to the 2011 Census. We exist in a vast area, with remote communities, pristine lands and a wild river, with strongly independent residents. We have old mining town communities challenged to maintain hundred year old infrastructure; newer developments of rural Keremeos have greater wealth and

land base but still face the challenges of a rural community, dealing with transients and a lack of regulation in most of the region. Resource extraction remains one of the most lucrative industries, and our Community Forest management is challenged by standing pulp too costly to remove, which has become a fire hazard. .... continued on Page 18

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How slick is this? Pre-measured and cut to fit firewood thanks to the Timberline Cruisers. \*

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HAS  
UNTIL SEPTEMBER 29TH, 2015 TO REDEEM  
THE PROPERTY





Jack Thomas works on Princeton Town Crew. On November 7th he had an interesting assignment assisting fellow members of the crew in mounting the new Susan Allison mural on the outside of Princeton Legion in downtown Princeton. The interesting part comes from the fact that Allison is Thomas' great-grandmother! Photo: Nadine McEwen



PrincetonBCNews

## Living Past 100

### The Hard Fat Challenge

Going through a weight loss program is always rewarding at first, but then it becomes discouraging when, day after day, you stand on your scales and the number is the same as yesterday. This is very frustrating. For some people, the lack of reward leads to abandoning the program as useless. Things like Christmas happen and the weight loss program turns into a weight gain program.

Part of the problem of losing weight is hard fat. When you were putting on weight, the last weight you gained is softer fat than the first fat you gained. You can see the difference in the meat of chickens. The fat of a young frying chicken is white and soft. The fat of an old stewing hen is yellow and hard. It is old fat. It does not break down easily. You have that kind of stubborn fat in your body, too, and it is difficult to make it dissolve.

You would have to go into complete starvation before the hard fat started to dissolve, and starvation is not healthy. However, the Japanese and Chinese have learned there is a way to make the old, hard fat turn softer. Their secret is the daikon (pronounced die-con) radish, also known by its Chinese name, lo boc. This radish is enormous, and looks nothing like the small red radishes we are accustomed to in our salads. Daikon radishes are available in your supermarket. You buy it by the chunk, as a whole radish is far too large to use quickly or to keep fresh for weeks.

The daikon radish is great in a stir-fry dish, and works best when eaten with red, orange and green vegetables. This radish is excellent in soups, too, adding a spicy flavour.

Here is a recipe for a soup that will help rid you of that hard fat. Into a pot containing one liter of clear chicken broth, put equal amounts of grated daikon and carrot. Add half an onion, chopped, and three or four cloves of garlic, minced. Select a green vegetable such as kale, Swiss chard, broccoli, or a small zucchini used skin and all, and add some of this vegetable to the soup to your own taste. Simmer until all vegetables are soft.

Eat this soup daily for a month while on your weight loss program and, according to the Japanese and Chinese, the hard fat will begin to melt away. This recipe is a healthy alternative to some of the new weight loss products on the market. While eating this soup, do not think you can cheat on your program, and please continue to get plenty of fresh air, sunshine and exercise.

# PADERNO

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**68% OFF!**

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News Leader

# Entertainment

Similkameen News Leader TV Guide Listings - November 11 - 17, 2014



Choreography Layne Robillard, standing right, puts actors through the paces of the 'women's song' during rehearsal last week. \*

## Scallywags and Swashbuckling

### How to Put on a Pirate Show in Princeton...in Ten Weeks

The rehearsal on November 6th for Crimson Tine Players' production of 'Yo Ho Ho! A Pirate Christmas!' started with a couple of minor glitches that were ironed out quickly. While someone was trying to find keys to access the sound booth, Music Director Leanne Atkinson and Choreographer Layne Robillard put the actors through vocal and stretching exercises.

By the time they were done Director Rhianfa Riel had solved one issue and got the actors on stage for what is called an 'off book' rehearsal or, in other words, a

rehearsal where actors had to be on stage without their scripts. They weren't cast adrift in any way as they all had everything memorized at this point and Dawn Gardner was off stage providing prompts when they were needed to assist actors who had temporary memory lapses.

The bulk of the rehearsal last Thursday night was on another dance scene where Robillard and the members of the cast worked out details in something I'll call a fight scene, although it really isn't although there is a fair amount of sword play involved as the actors

sing another song.

The first run through was pretty good considering it was the first time they had gone through the choreography on this scene on stage.

Props and scenery are coming along very well with a pat on the back going to Set Builder Martin Riel and Set Painter Grace Truesdell. I went to Riverside Theatre early to 'snoop around' and found Truesdell working on a giant piece of the set that plays a big part in a couple of scenes in the play. Although she was experiencing an equipment failure, she was still very pleased with progress made in the overall production to date.

As for activity on stage, I noticed one redhead who must have the entire script memorized, as she was lip-syncing lines of other actors as they were saying them. That impressed me quite a bit.

Add to that the hilarious character traits Brazilian Rotary Exchange Student Rui Ferreira da Silva added that kept Director's Assistant Victoria Gibb and I in stitches and I'd have to say it was a pretty fun night. It kept us distracted from the other small glitches Riel and Stage Manager Dianne Rainer were trying to rectify in the basement.


At one point Riel commented to me, "I feel I'm neglecting you" as

she sped off somewhere to put out another small fire. I was actually too occupied to notice.

Riel did join me later to say she and Rainer had solved an issue related to snow, eliminated a gag involving water and had come up with a secret gag that she kept to herself.

An added bonus to this Christmas production is the fact that you can save yourself the \$15 entry fee with a coupon in this week's Similkameen News Leader. All you have to do is go to Page 3 and clip out the coupon provided by Alannah Boisse of Century 21. Take that coupon on show night and you'll get in free! Even if you spent a buck on this paper to get that coupon you saved yourself \$14. Boisse told me last week she wanted to do this to support local live theatre so be sure to clip and use the coupon.

Anyone trying to pass off a photocopy will have to deal with Black-Eyed Johnny and his crew, which could result in walking the plank or some other dastardly fate.



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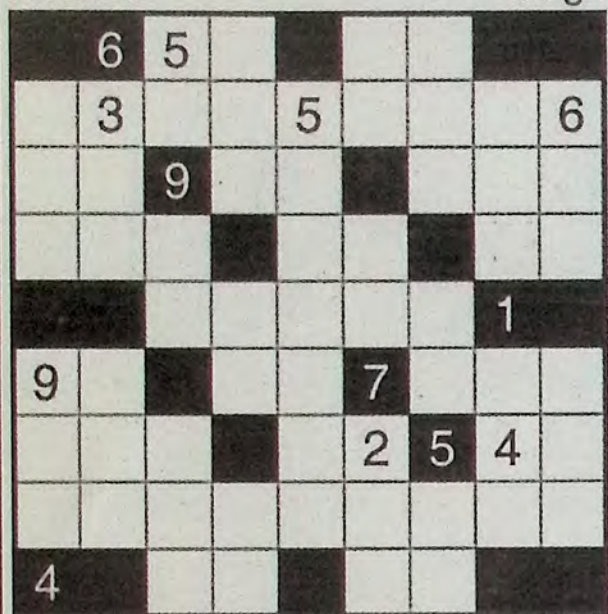
# News Leader Str8ts

## STR8TS

No. 203

Tough

Previous solution - Medium



**How to beat Str8ts -**  
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at [www.str8ts.com](http://www.str8ts.com) along with more puzzles, Apple apps and books.

THIS WEEK'S  
**News Leader Str8ts**  
SOLUTION WILL APPEAR  
IN NEXT WEEK'S ISSUE

# Tuesday/Wednesday

### TUESDAY EVENING

6:00 pm **KNOW ch.5 "John McCrae's War: In Flanders Fields"** (1998, Documentary) Narrated by Jay Brazeau. The life and career of World War I army doctor John McCrae. (CC)  
11:00 pm **WTBS ch.3 "Obsessed"** (2009, Suspense) Idris Elba. A successful, happily married executive becomes the object of unwanted affection from a temp worker at his company.

Premiere. An FBI agent and his nemesis trade physical identities. (In Stereo)

### EVENING

11:00 pm **WTBS ch.3 "I Love You, Man"** (2009, Comedy) Paul Rudd. As a bridegroom's bond with his new best friend grows, it threatens his relationship with his fiancée.

### WEDNESDAY MORNING

9:00 am **SPIKE ch.44 "Face/Off"** (1997, Action) John Travolta.

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## TUESDAY, NOVEMBER 11, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N)	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Morning News (N)	(5:00) Morning News (N)	CBC News Now (N)	Kid vs. Kat	SportsCentre	CTV Morning Live Vancouver (N)	Mighty Ships	Justin	CityLine (N)	Tattoo	Gotta Eat
6:30 AM	Community		Rob Robot	Arthur			Dog					Almost				ANT Farm		Tattoo	Eat St. O
7 AM	Law & Order: SVU		Kate and Wild Kratts	Wild Kratts	Today George W. Bush; Sophia Bush. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)		Global News Special	Arthur	Squirrel	SportsCentre		Nerve Center	Jessie	Let's Make a Deal (N)	Tattoo	Reno vs. Urban
7:30 AM		Global News Special	Wild Kratts	Wild Kratts								Chucks		Remembrance Day 2014 (N)		Austin		Tattoo	
8 AM	Law & Order: SVU		PAW Patrol	Curious			Criminal Minds		Global News Special	Rachael Ray	Tiger	SpongeBob	SportsCentre		Canada's Worst Driver	Dog	The Price Is Right (N)	Tattoo	Live Here
8:30 AM		News	Curious George (N) (DVS)	Curious								Wayside			Wizards			Tattoo	Live Here
9 AM	Millionaire	Morning	Curious George (N) (DVS)	Peg		The 700 Club	CSI: Miami	Livell Kelly and Michael	Morning		Super Why!	Sidickick	SportsCentre	Livell Kelly and Michael	Daily Planet (DVS)	Doc McSt.	FamFeud	Ink Master	The Dead Files
9:30 AM	Millionaire	Huntley St.		Tiger					Huntley St.			Almost			Henry	FamFeud			
10 AM	Divorce	Sugar	G. Shrinks	Sesame Street (E)		The Price Is Right (N)	CSI: Miami	The View	Sugar	Global News Special	CBC News Special The Remembrance Day ceremony. (N)	Spliced	SportsCentre	The View	Mayday	Never Land	The Chew	Ink Master	Mysterium-Museum
10:30 AM	Divorce	Global News Special	PAW Patrol (E)						Global News Special	Debt/Part		Kid vs. Kat			Sofia				
11 AM	Judge	Debt/Part	Jelly Jamm	Dinosaurs	Sit & Be Fit	Hot Bench	Criminal Minds	Get Slim	Global News Special	Debt/Part		Monster	Off Record	Marilyn Denis	How/Made	Lalaloopsy	General Hospital (N)	Ink Master	Bggg Btlls
11:30 AM	Judge		Dinosaurs	Sit & Be Fit	Hot Bench	Hot Bench		Pald Prog.				Almost	Fishing		How/Made	ANT Farm			Bggg Btlls
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose	Joint Relief	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)		Chucks	E:60 (N)	CTV News Vancouver	River Monsters	Win, Lose	Celebrity	Ink Master	Eat St. O
12:30 PM	Hot Bench		Kate and	Sleep		Bold	"Coda"				CBC News	Nerds			Wizards	Celebrity			Gotta Eat
1 PM	King	Days of our Lives (N)	Astroblast	Painting	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Republic of Doyle	Squirrel	SportsNation (N)	The Social	Canada's Worst Driver	Wizards	CityLine	Ink Master	The Dead Files
1:30 PM	King		Dragon	Quitting								Rated A			Good Luck				
2 PM	The Middle	The Talk	Dinosaurs	Thomas	TMZ (N)	Let's Make a Deal (N)	The First 48	The Doctors	The Talk	Meredith Vieira	Steven and Chris	Monster	Hockey	Dr. Phil	How/Made	Phineas	CityNews at 5 (N)	Ink Master	Mysterium-Museum
2:30 PM	The Middle		Curious George (DVS)	Sesame St	ThisMinute							Sidickick	Hockey		How/Made	ANT Farm			
3 PM	Seinfeld	Meredith Vieira	Curious George (DVS)	Ellen DeGeneres Show	Cat in the Hat	The Dr. Oz Show	Storage	Rachael Ray	Meredith Vieira	Young & Restless	Heartland (DVS)	Wayside	SportsCentre (N)	Ellen DeGeneres Show	How/Made	Good Luck	(2:59) CityNews at 5 (N)	Ink Master	Reno vs. Urban
3:30 PM	Mod Fam											Nerds							
4 PM	Big Bang	Young & Restless	Kate and	WordGirl	Jdg Judy	Dr. Phil	Storage	Queen Latifah	Young & Restless	Early News	Dragons' Den	SpongeBob	Around	The Dr. Oz Show	Daily Planet (N)	Phineas	Mod Fam	Ink Master	Extreme RVs
4:30 PM	Big Bang		Magie Bus	Wild Kratts	Jdg Judy		Storage			Global Nat.		Chucks	Hockey			Jessie	Mod Fam		
5 PM	Browns	News (N)	Jack	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	CBC News	Parents	College Football: Akron at Buffalo. (N) (Live)	CTV News Vancouver	Gold Rush: Pay Dirt (N)	Jessie	The Bachelor Canada	Ink Master	Live Here
5:30 PM	Payne		Wild Kratts	Business	NBC News	CBS News	Storage	ABC News	Global Nat.			SpongeBob				I Didn't			Live Here
6 PM	Browns	Global Nat.	"John McCrae's War"	PBS News-Hour (N)	Millionaire	KREM 2 News at 6 (N)	Storage	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Sam & Cat	Buffalo. (N) (Live)	CTV News Vancouver	Gold Rush (N)	Girl Meets	New Girl	Ink Master	Hotel Impossible (N)
6:30 PM	Payne	News					Storage	News		Ent	Coronation	Hathaways				Austin	Mindy		
7 PM	Mod Fam	Ent	Vimy: Carved in Stone	Finding Your Roots	Jeopardy!	Inside Ed.	Dogs of War "Michael"	Ent	Ent	Chicago Fire (N)	Murdoch Mysteries (N)	Max		etalk (N)	Highway Thru Hell (N)	I Didn't	Broke Girl	Ink Master (N)	Resort Rescue (N)
7:30 PM	Seinfeld	ET Canada			Wheel	Access H.	The Insider	ET Canada				Hathaways		Big Bang		I Didn't	Two Men		
8 PM	Family Guy	NCIS "The Searchers"	Apocalypse	Our Kids	The Voice	NCIS "The Searchers"	Storage	Selfie (N)	NCIS "The Searchers"	NCIS "The Searchers"	Canada's Soldier (N)	Funnest Home Videos	SportsCentre (N)	The Flash "Plastique"	Canada's Worst Driver	I Didn't	CityNews-Tonight (N)	Tattoo	Live Here
8:30 PM	Family Guy			Followup	The artists perform for the judges.		Storage	Mod Fam								I Didn't		Tat; Miami	Live Here
9 PM	Amer. Dad	NCIS: New Orleans (N)	War Horse	Navy Seals - Their Untold Story (N)	Chicago Fire (N)	Person of Interest (N)	Storage	Forever (N)	Chicago Fire (N)	News Hour Final (N)	The National (N)	Gags	SportsCentre (N)	Person of Interest (N)	Highway Thru Hell	Good Luck	Extra (N)	Ink Master	Hotel Impossible
9:30 PM	Amer. Dad						Storage					Boys				Win, Lose	The Office		
10 PM	Jeffersons	Chicago Fire (N)	Splitfire Women		Chicago Fire (N)		Storage												
10:30 PM	Break																		
11 PM	Movie: "Obsessed"	News Hour Final (N)	Billy Bishop	Charlie Rose (N)	News	News	(11:01) Dogs of War	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Haunting	SportsCentre	News-Lisa	Canada's Worst Driver	Wizards	Paid Prog.	Tattoo	Resort Rescue
11:30 PM					J. Fallon	Letterman		J. Kimmel		Doctors	Mercer	Haunting	CTV News			Life Derek	Paid Prog.	Tat; Miami	





## Vermilion Forks Field Naturalists

### Group Treks to White Sands Beach

by Janis Wright, VFFN

Vermilion Forks Field Naturalists benefited from yet another day of wonderful weather on Ed Staples' November 1st field trip to White Sands Beach. Eight of us made our

way along the KVR trail from Coalmont, some of us walking and others cycling, with arrival times somewhat staggered throughout the morning. A lone bald eagle watched over us as we started our

trek between sandstone bluffs and the gently flowing Tulameen River, with colourful bushes and bare aspens in the background. We carried in wood and quickly had a fire going once we arrived at the beach. It kept us warm while we cooked our food, and lunch lasted a good two hours, enhanced by laughter and the sharing of tasty treats! We were blessed with warming sun-

shine on our return trip, and once again we gave thanks for our good fortune – enjoying fresh air and striking scenery in the company of good friends – it doesn't get any better than this!

Our next hike will be Saturday, November 22nd, when Jeannie Walker will lead us on a 4-hour hike at China Ridge. Please confirm attendance with her at 250-295-

3047 and meet at Billy's Restaurant parking lot by 9:00 AM for car-pooling.

Please join us for our next meeting on Tuesday, November 11th, 7:00 PM at Riverside Centre, when Kelley Cook will speak on the Cascade recreational area. Our meetings and field trips are always convivial affairs, and guests or new members are always welcome!



**PrincetonBCNews**

### ELECT Bob Coyne - Area H



Thank You to the people of Area H

I would like to thank the people of Area H for the opportunity to talk to them about local issues over the past weeks. I would also like to thank all the people who supported me so far. I have learned more about the issues and events that shape the lives of area H residents in these past weeks than anyone can imagine.

We have 8 distinct communities in area H. the concerns of East Gate, Coalmont, Tulameen, and Missezula Lake are similar. Osprey Lake, Erris, and Allison Lake have different issues, and what is commonly called Princeton Fringe has totally different concerns. Whoever is elected as regional director must know these issues and work with all of these community groups. The priority of regional director must be the wishes of these people and their communities.

I have said from the start of this campaign that I don't have an agenda; my only wish is to represent all the people of area H.

I have stated that if elected I would resign from the executive of China Ridge Trails. There has been a new development on that subject. I did not resign at our AGM on November 4 I have accepted the position of vice president. I was under a lot of pressure to stay on, I went to the RDOS office and asked for clarification on whether or not I would have to resign if elected. They said no. This issue has been taken to court and was ruled that unless I personally would gain financially I did not have to resign.

I had the honour to participate in 2 all candidates' forums, one in Coalmont and one in Princeton. The forum in Coalmont was very casual and well attended. I would like to thank the Coalmont Hotel for hosting the forum, what an incredible venue. The other was in the Princeton Legion, this was a very structured format with good turnout. Thanks Lori and Keith for hosting the forum. I thought all the candidates did a good job of answering questions to the best of their knowledge. I would like to thank both the other candidates for being polite and respectful throughout the campaign.

Whoever you decide to vote for please remember to do it with a clear conscience, and remember that person will represent your wishes for the next 4 years. Please vote.

Thank You, Bob Coyne

PAID FOR BY BOB COYNE - www.bobcoyne.ca



The Posse's Mort Johnston and Bradly Palumbo get in the thick of it during a road game in Armsfrong. The Princeton boys add some true local flavour to the team that has represented the community for years. Photo: Bob Marsh Photography



# SO COUNTRY INTERNET RADIO

FOLLOW DENNIS WALKER ONLINE - NEWS, WEATHER, MUSIC, INTERVIEWS - [www.socountry.ca](http://www.socountry.ca)



The view from the 'cheap seats' at Riverside Theatre is filled with the main stage. \*

## Thursday Movies

### MORNING

6:00 am SPIKE ch.44 "Face/Off" (1997, Action) John Travolta. An FBI agent and his nemesis trade physical identities. (In Stereo)

the tragic and bizarre life of the late chess master from his troubled childhood through his rise to fame and his life as a fugitive. (CC)

11:00 pm WTBS ch.3 "Pride" (2007, Drama) Terrence Howard. In the 1970s an aficionado and a janitor renovate an abandoned pool and establish a swim team in one of Philadelphia's roughest neighborhoods.

### AFTERNOON

4:00 pm DTOUR ch.45 "Octopussy" (1983, Action) Roger Moore. Agent 007 links a fake Faberge egg to smugglers in league with a mad Soviet general. (In Stereo) (CC)

DTOUR ch.45 "Octopussy" (1983, Action) Roger Moore. Agent 007 links a fake Faberge egg to smugglers in league with a mad Soviet general. (In Stereo) (CC)

### EVENING

7:00 pm DTOUR ch.45 "A View to a Kill" (1985, Action) Roger Moore. Agent 007 ties a mad tycoon and his statuesque aide to a plot to flood Silicon Valley. (In Stereo) (CC)

9:00 pm KNOW ch.5 "Bobby Fischer Against the World" (2011, Docudrama) Liz Garbus examines

## WEDNESDAY, NOVEMBER 12, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N) 30	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	Morning Northwest	Morning News (N) 30	(5:00) Morning News (N)	CBC News Now (N) 30	Kid vs. Kat	SportsCentre 30	CTV Morning Live Vancouver (N)	Shred!	Justin	CityLine (N) 30	Tattoo	Gotta Eat
7 AM	Law & Order: SVU		Rob Robot	Arthur	Today John Stewart; Adam	CBS This Morning (N) 30	Criminal Minds "Coda"	Good Morning America (N) 30			You & Me	Squirrel	SportsCentre 30		Manufact.	ANT Farm	Let's Make a Deal (N)	Tattoo	Reno vs.
8 AM	Law & Order: SVU		Kate and Wild Kratts	Wild Kratts	Mansbach (N) 30					Morning	Bo On/Go	SpongeBob	SportsCentre 30	NeverEver	Jessie 30	Let's Make a Deal (N)	Tattoo	Urban	
9 AM	Millionaire	Morning	PAW Patrol	Curious						Huntley St.	Tiger	Wayside		NeverEver	Austin	The Price Is Right (N)	Tattoo	Live Here	
10 AM	Divorce	Rachael Ray 30	Curious	Curious										Dangerous Flights	Dog	The Price Is Right (N)	Tattoo	Live Here	
11 AM	Judge	Sugar 30	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
12 PM	Hot Bench	Debt/Part	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
1 PM	King	Days of our Lives (N)	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
2 PM	The Middle	The Talk 30	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
3 PM	Seinfeld 30	Meredith Vieira	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
4 PM	Big Bang	Young & Restless	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
5 PM	Browns	News (N) 30	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
6 PM	Browns	Global Nat.	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
7 PM	Mod Fam	Ent	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
8 PM	Family Guy	Survivor (N) 30	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
9 PM	Amer. Dad	Chicago PD (N) 30	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
10 PM	Jeffersons	Stalker "Fanatic" (N) 30	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	
11 PM	"I Love You, Man"	CHBC News Final (N)	Curious	Curious										Dangerous Flights	Wizards	The Price Is Right (N)	Tattoo	Live Here	



THURSDAY, NOVEMBER 13, 2014

Table with 19 columns (WTBS ch.3 to DTour ch.45) and 24 rows (6 AM to 11 PM). Each row contains program titles and channel numbers for various stations.

FRIDAY, NOVEMBER 14, 2014

Table with 19 columns (WTBS ch.3 to DTour ch.45) and 24 rows (6 AM to 11 PM). Each row contains program titles and channel numbers for various stations.







# News Leader Weekend - Sunday / Monday Movies

## SUNDAY MORNING

8:00 am SPIKE ch.44 "2 Fast 2 Furious" (2003, Action) Paul Walker. A former policeman and his friend work with a U.S. Customs agent to indict a launderer in Miami. (In Stereo)

9:00 am WTBS ch.3 "Tangled" (2010, Musical Comedy) Voices of Mandy Moore. Animated. Crowned with 70 feet of magical golden hair, Rapunzel strikes a deal with a charming thief to spring her from her prison tower.

10:31 am SPIKE ch.44 "Mission: Impossible III" (2006, Action) Tom Cruise. Now a trainer for IMF recruits, agent Ethan Hunt squares off against the toughest foe he has ever faced: a ruthless arms and information broker. (In Stereo)

11:00 am WTBS ch.3 "Shark Tale" (2004, Comedy) Voices of Will Smith. Animated. A bottom feeder pretends to be a fearsome shark slayer after the son of a finned hoodlum meets an accidental death.

A&E ch.9 "Hellboy" (2004, Fantasy) Ron Perlman. The son of the devil helps a top-secret organization investigate and destroy paranormal creatures. (In Stereo) (CC)

## AFTERNOON

12:00 pm FAM ch.26 "High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to prevent a basketball star and a shy newcomer from singing in a stage production. (In Stereo) (CC)

1:00 pm WTBS ch.3 "Envy" (2004, Comedy) Ben Stiller. A man becomes jealous after his best friend's invention, a spray that dissolves animal

feces, brings him wealth.

1:30 pm CITV ch.12 "Eat Pray Love" (2010, Drama) Julia Roberts. Premiere. Facing a crossroads in her life, a divorcee travels to Italy, India and Bali on a quest to change her life and find true happiness. (CC)

2:00 pm YTV ch.18 "Alpha and Omega" (2010, Adventure) Voices of Justin Long. Animated. After park rangers relocate them halfway across the country, a carefree wolf and his stern companion must find a way back to their pack to prevent a war. (In Stereo) (CC)

2:30 pm CHBC ch.4 BCTV ch.11 "Eat Pray Love" (2010, Drama) Julia Roberts. Facing a crossroads in her life, a divorcee travels to Italy, India and Bali on a quest to change her life and find true happiness. (CC)

3:45 pm YTV ch.18 "Happy Feet" (2006, Adventure) Voices of Elijah Wood. Animated. Born without the ability to sing, a young emperor penguin expresses himself and hopes to attract a mate through his amazing dancing talent. (In Stereo) (CC)

5:00 pm CBC ch.13 "The Little Mermaid" (1993, Adventure) Animated. To marry her true love, a mermaid princess risks being turned into sea foam. (In Stereo) (CC)

## EVENING

6:00 pm WTBS ch.3 "Collateral" (2004, Suspense) Tom Cruise. A contract killer hijacks a cab and forces the driver to transport him to his assigned jobs in Los Angeles.

YTV ch.18 "Happy Feet Two" (2011, Adventure) Voices of Elijah Wood. Premiere. Animated. Reluctant to dance, the son of Mumble the tap-

dancing penguin runs away from home and meets a penguin that can fly. (In Stereo) (CC)

10:30 pm WTBS ch.3 "The Spy Next Door" (2010, Comedy) Jackie Chan. A CIA operative must protect his girlfriend's children from a Russian terrorist after one kid mistakenly downloads a top-secret formula.

## MONDAY MORNING

8:30 am SPIKE ch.44 "Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corrupt Roman leader

Commodus, Gen. Maximus seeks revenge for his family's deaths. (In Stereo)

## AFTERNOON

12:00 pm SPIKE ch.44 "Troy" (2004, Adventure) Brad Pitt. The fierce warrior Achilles leads Greek forces in the Trojan War, ignited when Paris abducts Helen of Troy. (In Stereo)

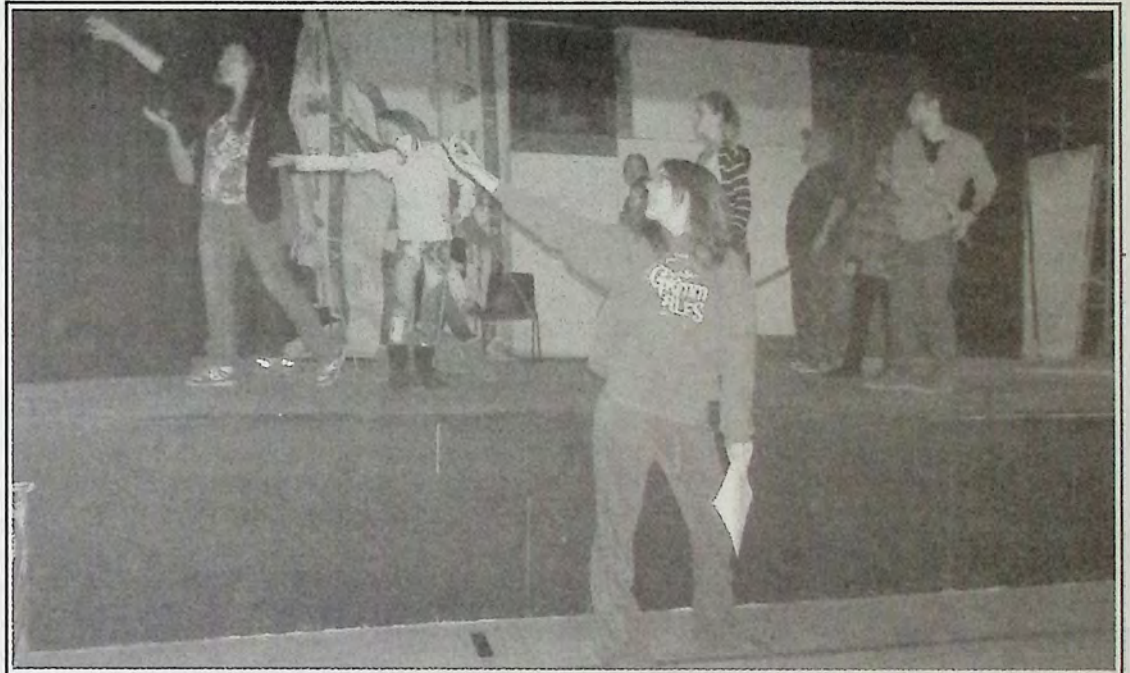
4:00 pm SPIKE ch.44 "Twister" (1996, Action) Helen Hunt. Stormchasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. (In Stereo)

## EVENING

6:30 pm SPIKE ch.44 "Twister" (1996, Action) Helen Hunt. Stormchasers finalizing their divorce try to place equipment inside a tornado.

9:00 pm SPIKE ch.44 "Troy" (2004, Adventure) Brad Pitt. The fierce warrior Achilles leads Greek forces in the Trojan War, ignited when Paris abducts Helen of Troy. (In Stereo)

11:00 pm WTBS ch.3 "Just Married" (2003, Romance-Comedy) Two newlyweds deal with meddling friends, disapproving families and bad luck while honeymooning in Europe.



Choreographer Layne Robillard puts dancers through their moves at a Crimson Tine Players' rehearsal. \*

## SUNDAY, NOVEMBER 16, 2014

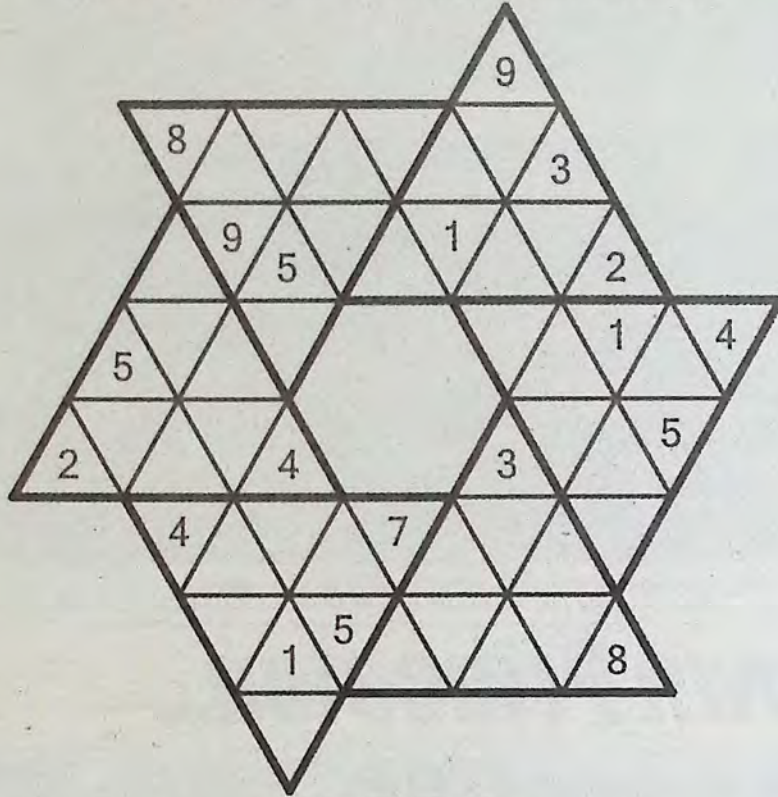
	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Paid Prog.	In a Name	G. Shrinks	Mr. Rogers	Today (N)	Paid Prog.	Criminal Minds (N)	Paid Prog.	In a Name	Sunday Morning News (N)	Super Why!	Sidekick	Sports	Canada AM Weekend	Mighty Ships	Wingin' It	R Schuller	Off Road	Fishful
:30	Paid Prog.	World	Rob Robot	WordWorld		Paid Prog.		Paid Prog.	World		Poko	Kid vs. Kat	Reporters		Slug Terra	Church	Engine	Paid Prog.	
7 AM	Payne	Sunday Morning News (N)	Kate and Upside	Super Why!	KHQ News	CBS News Sunday Morning (N)	Criminal Minds (N)	Good Morning America	Sunday Morning News (N)		News	Squirrel	SportsCentre	Living Children	Highway Thru Hell	Wizards	Eye/Asia	Truck Tech	Security
:30	Atl. Eats		PAW Patrol	Curious	Meet the Press (N)	The Nation	Criminal Minds (N)	This Week			Artzooka	Pet Shop	SportsCentre	Question Period (N)	Cold Water Cowboys	ANT Farm	Operation Smile	Muscle	Security
8 AM	The Office		Curious	Cat in the			Criminal Minds (N)				Coronation	Pet Shop	SportsCentre			Good Luck	Festival Italiano di Johnny Lombardi (N)	Movie: ** "2 Fast 2 Furious" (2003) Paul Walker. (N)	Security
:30	Paid Prog.										Coronation	Nicky							Security
9 AM	Movie: *** "Tangled" (2010) Zachary Levi		Dino Dan	SciGirls (N)	Best Pressure Cooker!	The NFL Today (N)	Godfather of Pittsburgh	Rescue Wildlife		Block	Coronation	Sam & Cat	CFL on TSN Pregame	Operation Smile	Game of Stones	Austin I Didn't			Security
:30			Arthur (N)	The Impact						Context	Coronation	Henry							Security
10 AM		Block	Wild Kratts	Inside Olympia	Paid Prog. Auto Racing	NFL Football: Regional Coverage. (N) (Live)	Growing Up Gotti	Outback Explore	Block	J. Osteen	Coronation	Max	CFL Football: Eastern Conference, Semifinal: Teams TBA. (N) (Live)	NFL Football (N) (Live)	Licence to Drill: Louis	Dog Jessie			Security
:30		Context	Little	Moyers							M'ktplace	Hathaways							Security
11 AM	Movie: *** "Shark Tale" (2004, Comedy)	J. Osteen	Little	Moyers		Movie: *** "Hellboy" (2004) Ron Perlman. (N)		Paid Prog.	J. Osteen	16x9 "Deadly Mills"	Our Vancouver	Hathaways	Semifinal: Teams TBA. (N) (Live)		Fast N' Loud (N)	Liv-Mad.	Shopping Channel		Security
:30		Paid Prog.	Animals	Health Matt.	Spartan Race (N)			Paid Prog.	Paid Prog.		Thunder	Thunder			Girl Meets				Security
12 PM		Noon News Hour (N)	Animals					Designing	Noon News Hour (N)	Simpsons	Land/Sea	Thunder			Canada's Worst Driver	Movie: "High School Musical" (2006)	Mantracker (DVS)		Extreme RVs (N)
:30								Hollywood	Simpsons	Simpsons	Canada's Smartest	Undercover	CFL Pre	NFL	River Monsters	Wild Things			Ghost Adventures
1 PM	Movie: *** "Envy" (2004, Comedy)	Simpsons	Waterfront Cities	Shelter Ma (N)	Figure Skating: ISU Grand Prix: Rostelecom Cup.	NFL Post.	Duck D.	Hollywood	Simpsons	Simpsons	Movie: ** "Eat Pray Love" (2010, Drama) Julia Roberts. Premiere.	Chucks	CFL	Cash Cab	Gravity				Rescue
:30		Simpsons	Park	The Northern Railway	Courage in Sports (N)		Duck D.	Grantland Basketball	Simpsons	Movie: ** "Eat Pray Love" (2010) Julia Roberts, James Franco.	Figure Skating: ISU Grand Prix Russia. (Taped)	Football: Westom Conference, Semifinal: Teams TBA. (N) (Live)	Marilyn Denis	Myth-Busters (N)	Phineas	Liquidator	Bar Rescue	The Dead Files (N)	
2 PM		Movie: ** "Eat Pray Love" (2010)	Hops for Wildlife	Finding Your Roots	Poppy Cat	Paid Prog.	Duck D.	World of X Games (N)	Movie: ** "Eat Pray Love" (2010) Julia Roberts, James Franco.		(3:45) Movie: *** "Happy Feet" (2006, Adventure)	The Social (N)	Cash Cab	Good Luck	CityNews	Bar Rescue	Treasures Decoded (N)		
:30	Big Bang	Julia Roberts, James Franco.	Victorian Farm (N)	Lark Rise to Candleford	Football Night in America (N)	Backroads	Duck D.	Entertainment Tonight		Global Nat.	Speed Skating	Corner Gas	Mighty Cruise Ships (N)	ANT Farm	NHL Hockey: Montreal	Bar Rescue	Treasures Decoded (N)		
3 PM	Big Bang		The Quest for Ban-neck	Lark Rise to Candleford	(5:20) NFL Football: New England Patriots at Indianapolis Colts. (N)	Inside Edit.	Duck D.	News		(4:59) News Hour (N)	Movie: "The Little Mermaid" (1993)	5:15 NFL Football: New England Patriots at Indianapolis Colts. (N) (Live)	CTV News Vancouver	River Monsters (N)	Good Luck	Liv-Mad.			
:30	Med Fam	News				News	Duck D.	ABC News	Global Nat.	(5:59) News Hour (N)		England Patriots at Indianapolis Colts. (N) (Live)	Big Bang	Last Frontier	Grill Meets	(7:01) Revenge (N)	Catch a Contractor (N)	Secrets- Lege.	
4 PM	Big Bang					News	Duck D.	ABC News	Global Nat.			Once Upon a Time Emma	Undercover	SportsCentre (N)	Deadtime	CityNews	Bar Rescue	Museum Secrets	
:30	Big Bang					News	Duck D.	ABC News	Global Nat.			Janet King (N)	4Count	Next Step	The Beat	(8:01) Bar Rescue	Mysterles-Museum		
5 PM	Med Fam	News				News	Duck D.	ABC News	Global Nat.			Janet King (N)	Max	Wingin' It	The Office				
:30	Med Fam	News				News	Duck D.	ABC News	Global Nat.			Janet King (N)	Max	Wingin' It	The Office				
6 PM	Movie: *** "Collateral" (2004) Tom Cruise, Jamie Foxx.	Global Nat.	Architects of Change	Call the Midwife	Masterpiece Classic (N)	60 Minutes (N) (N)	Dogs of War "Duane"	Funnest Home Videos	Mulaney	Family Guy	Heartland (DVS)	Voices of Elijah Wood.							
:30		News				60 Minutes (N) (N)	Dogs of War "Duane"	Funnest Home Videos	Mulaney	Family Guy	Heartland (DVS)	Voices of Elijah Wood.							
7 PM		Mulaney	Wild Prairie	Masterpiece Classic (N)	60 Minutes (N) (N)	Dogs of War "Duane"	Funnest Home Videos	Mulaney	Family Guy	Heartland (DVS)	Voices of Elijah Wood.								
:30		Security				60 Minutes (N) (N)	Dogs of War "Duane"	Funnest Home Videos	Mulaney	Family Guy	Heartland (DVS)	Voices of Elijah Wood.							
8 PM	The Closer	Madam Secretary (N)	Monarch of the Glen (N)	Masterpiece Contemporary (N)	Mark Few	(8:01) Madam Secretary	Godfather of Pittsburgh	Once Upon a Time Emma	Madam Secretary (N)	Madam Secretary	Canada's Smartest								
:30						(8:01) Madam Secretary	Godfather of Pittsburgh	Once Upon a Time Emma	Madam Secretary (N)	Madam Secretary	Canada's Smartest								
9 PM	The Closer	The Good Wife (N)	Hinterland	A dead man is found near	TMZ (N)	The Good Wife (N)	Duck D.	The Good Wife (N)	The Good Wife (N)	The Good Wife (N)	Janet King (N)	4Count	Motoring	River Monsters	Next Step	The Beat	(8:01) Bar Rescue	Mysterles-Museum	
:30						The Good Wife (N)	Duck D.	The Good Wife (N)	The Good Wife (N)	The Good Wife (N)	Janet King (N)	4Count	Motoring	River Monsters	Next Step	The Beat	(8:01) Bar Rescue	Mysterles-Museum	
10 PM		Simpsons	Panwylt (N)	Poirot "The Labours of Hercules" (N)	Blue Bloods	CSI: Crime Scene	Duck D.	(10:01) Revenge (N)	Simpsons	News Final	The National (N)	Mr. Young	SportsCentre	CSI: Crime Scene	River Monsters	Jessie	CityLine	Catch a Contractor (N)	Secrets- Lege.
:30		Family Guy				CSI: Crime Scene	Duck D.	(10:01) Revenge (N)	Simpsons	News Final	The National (N)	Boys			Good Luck				Security
11 PM	Movie: ** "The Spy Next Door"	News Final	Secrets of the	Profiles	Joint Relief	Family Guy	Duck D.	(11:01) Dogs of War (N)	KXLY 4	News Final	Paid Prog.	Haunting	SportsCentre	News	Last Frontier	Wizards	Paid Prog.	(11:05) Bar Rescue	Extreme RVs (N)
:30		Block				Family Guy	Duck D.	(11:01) Dogs of War (N)	Van Impa	Block	Paid Prog.	Haunting	CTV News		Life Derek	Paid Prog.			Security



# News Leader Sudoku 531

## HOSHI SUDOKU - About The Puzzle

Sudoku - also known as "Number Place" - is a logic-based, combinatorial number-placement puzzle. The aim of Sudoku is to enter a number from 1 through 9 in each cell of a grid, most frequently a 9x9 grid made up of 3x3 subgrids. Each row, column and region must contain only one instance of each number. This Sudoku variant is called "Hoshi Sudoku". It contains six large triangles. The numbers 1 to 9 must be placed into the cells of each large triangle. Every line of any length - even uncontinuous - must contain every number not more than once.



www.sudoku-puzzles.net

THIS WEEK'S SOLUTION: Page 18

## Broadband?

High-Speed Internet is NOW available in Coalmont and Tulameen!

For information contact:  
China Creek Internet Service 250.295.7944

## FAX SERVICE



SENDING OR RECEIVING  
- CONFIDENTIALITY GUARANTEED -  
AVAILABLE AT:

Similkameen  
**News Leader**

226A Bridge Street, Princeton  
Phone: 250.295.4149 - Fax: 250.295.4103

## JamBusters

ANY OTHER JAM IS JUST A SPREAD!

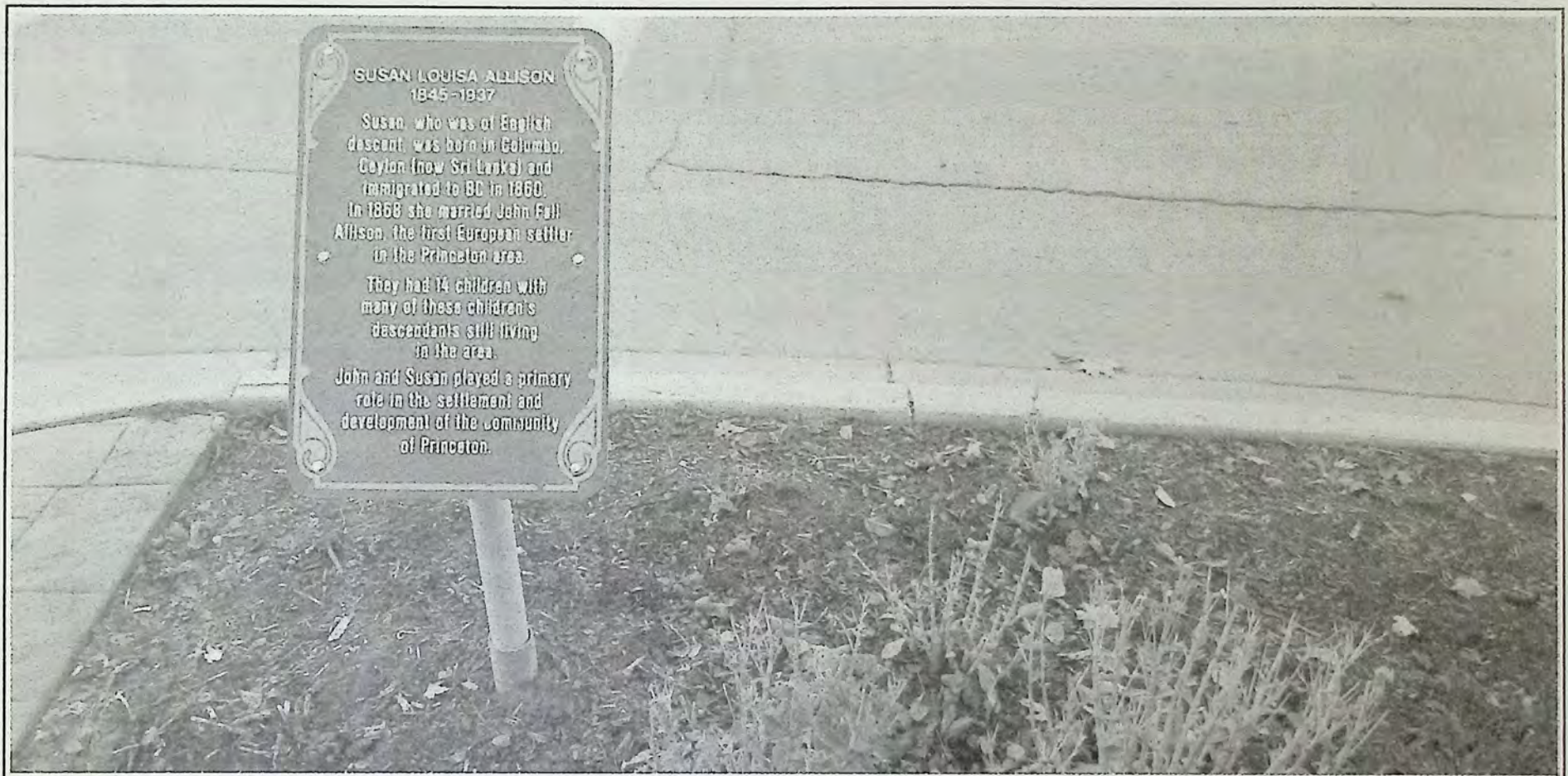
Locally produced jams, jellies, relishes, pickles and hot sauces available exclusively at the Similkameen News Leader office at 226A Bridge Street, Princeton (next to CIBC).

**JamBusters.ca**

### MONDAY, NOVEMBER 17, 2014

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N) 20	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	Morning Northwest	Morning News (N) 20	(5:00) Morning News (N)	CBC News Now (N) 0	Kid vs. Kat	SportsCentre 20	CTV Morning Live Vancouver (N)	Jacked! 20 (DVS)	Justin	CityLine (N) 20	Bar Rescue 0	Gotta Eat
6:30	Community		Rob Robot	Arthur								Almost				ANT Farm			Eat St. 0
7 AM	Law & Order: SVU		Kate and Wild Kratts	Wild Kratts	Today One Direction performs. (N) 0 20	CBS This Morning (N) 0 20	Criminal Minds 0 20	Good Morning America (N) 20			You & Me	Squirrel	SportsCentre 20		How/Made	Jessie 20	Let's Make a Deal (N)	Bar Rescue 0	Reno vs. Urban
7:30											Arthur 0	Chucks		How/Made	Austin				
8 AM	Law & Order: SVU		PAW Patrol	Curious			Criminal Minds 0			Morning	Bo On/Go	SpongeBob	SportsCentre 20	Bering Sea Gold	Dog Wizards	The Price Is Right (N)	Rescue	Live Here	
8:30			Curious	Curious					Huntley St.	Huntley St.	Tiger	Wayside					Movie: **** "Gladiator" (2000) Russell Crowe, Joaquin Phoenix. 0	Live Here	
9 AM	Millionaire	Morning	Space	Peg		The 700 Club 0 20	CSI: Miami 0 20	Liv! Kelly and Michael	Morning	Rachael Ray 0 20	Super Why! Napkin	Sidekick	Sports	Liv! Kelly and Michael	Daily Planet 20 (DVS)	Doc McSt. Henry	FamFeud		Ghost Adventures 20
9:30	Millionaire	Huntley St.	Astroblast	Tiger					Huntley St.										
10 AM	Divorce	Rachael Ray 0 20	G. Shrinks	Sesame Street (N)		The Price Is Right (N)	CSI: Miami 0 20	The View 0 20	Rachael Ray 0 20	Sugar 20	Bookaboo	Spliced 0	To Be Announced	The View 0 20	Mayday "Fatal Flaw"	Never Land Sofa	The Chew 0 20		Monumental Mysteries
10:30	Divorce		PAW Patrol							Debt/Part	Doodlebop	Kid vs. Kat							
11 AM	Judge	Sugar 0	Jelly Jamm	Dinosaur	Jeopardy!	Young & Restless	Criminal Minds 0	Paid Prog.	Sugar 0	Noon News Hour (N)	Our Vancouver 20	Monster		Marilyn Denis	Cold Water Cowboys	Lalaloopsy	General Hospital (N) 0		Security
11:30	Judge	Debt/Part	Dinosaurs	Sit & Be Fit	Wheel			Paid Prog.	Debt/Part			Almost		CTV News Vancouver	Airplane Repo 0 20	Win, Lose	Celebrity	Movie: *** "Troy" (2004) Brad Pitt, Eric Bana, Achilles leads Greek forces in the Trojan War. 0	Eat St. 0
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose 0 20	Paid Prog.	News	Criminal Minds 0	The Chew 0 20	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Chucks		CTV News Vancouver		Wizards	Celebrity		Eat St. 0
12:30	Hot Bench		Kate and		Paid Prog.	Bold						Nerds							
1 PM	King	Days of our Lives (N)	Astroblast	Paint This	Days of our Lives (N)	The Talk 0 20	Godfather of Pittsburgh	General Hospital (N) 0	Days of our Lives (N)	The Talk 0 20	Republic of Doyle 0	Squirrel	TBA	The Social 0 20	Manufact.	Wizards	CityLine 20		The Dead Files 0 20
1:30	King		Dragon	Fit 2 Stitch								Rated A	To Be Announced		Manufact.	Good Luck			
2 PM	The Middle	The Talk 0 20	Dinosaurs	Thomas	TMZ (N) 0	Let's Make a Deal (N)	The First 48 0 20	The Doctors 0 20	The Talk 0 20	Meredith Vieira	Steven and Chris (N) 0	Monster		Dr. Phil 0 20	Mighty Cruise Ships	Phineas ANT Farm	CityNews at 5 (N) 20		America Declassified
2:30	The Middle		Curious	Sesame St.	ThisMinute							Sidekick							
3 PM	Seinfeld 0	Meredith Vieira	Dive, Oily	Curious	Ellen DeGeneres Show	The Dr. Oz Show 20	The First 48 0 20	Rachael Ray 0 20	Meredith Vieira	Young & Restless	Heartland 20 (DVS)	Wayside		Ellen DeGeneres Show	How/Made	ANT Farm	(2:59) CityNews at 6 (N)		Reno vs. Urban
3:30	Mod Fam		Jelly Jamm	Cat In the Hat								Chucks			How/Made	Good Luck			
4 PM	Big Bang	Young & Restless	Kate and	WordGirl	Jdg Judy	Dr. Phil 0 20	The First 48 0 20	Queen Latifah	Young & Restless	Early News Global Nat.	Dragons' Den 0	SpongeBob		The Dr. Oz Show 20	Daily Planet (N)	Phineas Dog	Mod Fam	Movie: *** "Twister" (1996) Helen Hunt, Bill Paxton. 0	Ghost Adventures 20
4:30	Big Bang		Magie Bus	Wild Kratts	Jdg Judy							Bread	To Be Announced						
5 PM	Browns	News (N) 20	Jack 20	News	News	News	The First 48 0 20	News	Early News	(4:59) News Hour (N)	CBC News	Parents		CTV News Vancouver	How/Made	Austin	Broke Girl	Hunt, Bill Paxton. 0	Live Here
5:30	Payne		Wild Kratts	Business	NBC News	CBS News		ABC News	Global Nat.			SpongeBob	NFL Football		How/Made	Austin	Pckge Deal		Live Here
6 PM	Browns	Global Nat.	Architects of Change	PBS News-Hour (N) 20	Millionaire	KREM 2 News at 6 (N)	The First 48 (N) 0 20	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Sam & Cat		CTV News Vancouver	River Monsters	Liv-Mad. Jessie 20	Scorpion (N) 0 20		Reno vs. Urban
6:30	Payne	News								Ent	Coronation	Hathaways							
7 PM	Mod Fam	Ent	Hope for Wildlife 20	The Café	Jeopardy!	Inside Ed.	Godfather of Pittsburgh	Ent	Ent	State of Affairs "Pilot"	Murdoch Mysteries (N)	Hathaways		etalk (N)	Canada's Worst Driver	Jessie 20	Broko Girl	Movie: *** "Twister" (1996) Helen Hunt, Bill Paxton. 0	Urban
7:30	Seinfeld 0	ET Canada		Stevens	Wheel	Access H.		The Insider	ET Canada			Thunder		Big Bang	How/Made	Gravity	Two Men		Urban
8 PM	Family Guy	NCIS: Los Angeles (N)	Stonehenge	Antiques Roadshow	The Voice The hopefuls perform for the judges.	Broke Girl	Godfather of Pittsburgh	Dancing With the Stars	NCIS: Los Angeles (N)	NCIS: Los Angeles (N)	Murdoch Mysteries (N)	Funniest Home Videos	Sports	Gotham "Harvey Dent"	How/Made	Rebels	CityNews-Tonight (N)		Buy Me 0
8:30	Family Guy					The Millers		Plugged/ unplugged night.							How/Made	Parent's			Buy Me 0
9 PM	Amer. Dad	Sleepy Hollow "Mama"	Marilyn vs. Marilyn (N)	Antiques Roadshow		Scorpion (N) 0 20	(9:01) The First 48 20	Sleepy Hollow "Mama"	Sleepy Hollow "Mama"	Strange Empire (N) 0	Wipeout 0 20	To Be Announced		Forever "6 A.M." (N) 0	River Monsters	Deadtime	EP Daily	Movie: *** "Troy" (2004) Adventure	Security
9:30	Amer. Dad															Wingin' It	Revolvs on		Security
10 PM	Jeffersons	State of Affairs "Pilot"	Apocalypse	Independent Lens (N)	State of Affairs "Pilot"	NCIS: Los Angeles (N)	(10:01) The First 48 0	(10:01) Castle (N) 20	State of Affairs "Pilot"	News Hour Final (N)	The National (N) 20	Gags	SportsCentre 20	(10:01) Castle (N) 20	Canada's Worst Driver	Good Luck	Extra (N)	Brad Pitt, Eric Bana. 0	Holy Land
10:30	Break											Boys				Win, Lose	The Office		
11 PM	Movie: "Just Married"	CHBC News Final (N)	Hope for Wildlife 20	Charlie Rose (N) 20	News	News	Godfather of Pittsburgh	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Haunting	SportsCentre 20	News-Lisa	How/Made	Wizards	Paid Prog.		Secrets-Lego.
11:30					J. Fallon	Letterman		J. Kimmel		Doctors	Merqpr	Haunting		CTV News	How/Made	Life Derek	Paid Prog.		





One of the few things our founders had to worry about was what the downtown looked like or who was in business there. \*

## Saving Downtown Princeton...

...An Ongoing Series by George Elliott

The proposed satellite boundary extension by the Town of Princeton to include Copper Mountain Mine for taxation purposes has left some residents with a lot of interesting questions.

I don't plan on looking into them because I could just as easily phone town hall for the answers and publish them here but I think it's time some of you started phoning them with your questions.

What I do want to do is look at what the estimated \$350,000 can do

to save downtown Princeton. I did touch on it once before but now I want to dig a bit deeper and present a wish list of sorts to help the new Town Council in spending that money.

First off, I am using the number that the town has suggested this Boundary Extension will generate. I am not including costs associated with the implementation and annual maintenance of that chunk of money.

You and I both know that the words 'aquatic centre' will once again come

bubbling to the surface once the first \$350,000 cheque gets cashed. As a downtown business owner I can't entirely blame them but I do see other ways to spend that money that would truly benefit downtown Princeton as well as the rest of the community.

On the very top of my list would be looking at existing infrastructure. As I seem to recall one of the reasons the Boundary Extension has come about is to provide the municipality with the cash necessary to carry out some major infrastructure projects.

To me this means either a new roof at Princeton Arena or the completion of a proposed expansion at that site that seemed to fizzle once prices started to appear. It's a multi-purpose facility, as stated in its name. Let's fix the leaky parts first before we start building new toys.

Next, I would look at fixing some local roads. I'd list a dozen or so of them in need of anything from curbing and sidewalks to widening and

new pavement, but I'm sure you'll have your own favourite road in mind.

I think I would then start looking at putting in place a top notch, extremely professional marketing plan to promote Princeton, the industrial park, airport and all the other good things we already have that we've just fixed with the first three years of revenue generated from the Boundary Extension.

Assuming the mine stays in business for fifteen years, although they keep setting records making me think they want to finish the job faster, and assuming the taxation bonus coming to the Town is in fact \$350,000 and not something closer to \$35,000, we can expect a grand total of \$5.25-million in 2014 dollars.

I'm also going to assume the town would be using this money to leverage matching dollar grants for various infrastructure improvements, which means there could be \$10.5-

million available over the next fifteen years.

I am a firm believer in the premise of fixing or finishing things you currently have before you start adding to them with new things. With this in mind, I can see the revenue generated from the proposed Boundary Extension as not only benefiting the Town of Princeton, but being used by Area H and if spent in sensible ways, everyone wins.

How does this save downtown Princeton?

There has been a lot said about how amenities are needed in the community to attract new people to the area. At the same time there has been a lot said about how those new people can have an effect on services required in the community. More people puts strain on existing services but with an increase in demand comes an increase in new services and businesses to our community and that's one component in the equation to save downtown Princeton.

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
## Remembering Dan 1944 - 2013

It's hard to believe 12 months have passed and we still miss you every minute of every day. Daniel Lee Seaman was a loving outstanding father, a cherished son, and a pillar of strength to his family and friends. Dan was born on his father's birthday, September 22nd, right here in Princeton. Dan attended school in town where the Dairy Queen and shopping mall are now located.

He met his future wife Carol, at the old coal tipple in 1956, now the area has a bowling alley, two MHP's and a school. Dan spent time on the Westly Ranch in Alberta, and then in 1960 he returned to B.C. to work on the Gang Ranch. By 1962 he moved to the lower mainland, married his pen pal Carol the following year, and then moved to Surrey to raise a son and two daughters who stole his heart.

Dan was well respected by his employers at both Timberland and later at Northcoast. He was known for his compassion, jovial nature, and his love of practical jokes. He loved people and always went the extra mile when hosting a family reunion or just having a group over for a BBQ. He was a keen sportsman throughout his life, loved the color of autumn, fishing, hunting, and playing senior's hockey. Dan took great pride in his back yard, turning it into a park, with a big fire pit, and horse shoes, and dart games and a lawn designed for Bocce. He spent many hours riding his bike, playing with the dogs and vacationing with family, especially in Maui.

Dan is lovingly remembered by his wife Carol of 50 years, and his wonderful children Josh, Kema and Cora-lea, four adoring grand-children, Katelynn, Brennan, Dylan, and Shea-lynn. He also left behind 3 sisters and his brother Cal who he loved so much.

*We do not think of you as gone,  
Your journey's just begun.  
Life holds so many facets,  
This earth is only one.  
Just thinking of you as resting,  
From the sorrows and the tears,  
In a place of warmth and comfort,  
Where there are no days or years.  
Thinking of you as living,  
In the hearts of those you touched,  
For nothing loved is ever lost,  
And you were loved so much.* 

Bachelor apartment in Princeton. Available to rent now. Excellent references and damage deposit required. No pets, must be quiet. Asking \$450.00/month plus utilities. Can furnish if needed. Call 250-295-1006 for details or leave message with best time to call back. Aug 25-Nov 11

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**Notices**

**Drinking a problem?**

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## Granite Creek Preservation Society

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**Help Wanted**

Employment Opportunities - Certified Care Aides, LPN, Front Desk and Payroll. Only the very affectionate need apply. Resume can be dropped off anytime at 121 Vermilion Avenue, Princeton. Oct 21-Nov 11

**Services**

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**CUPE Local 608, Town of Princeton employees are pleased to announce that monies for their annual social have been donated to Grayson Mezzatesta-Dowling and Hayley Huff, to help with their journey to wellness.**

**Princeton  
Exhibition  
Association**  
ANNUAL GENERAL MEETING  
**7:00 PM**  
**Tuesday, November 18<sup>th</sup>**  
LIBRARY CONFERENCE ROOM  
VERMILION AVENUE, PRINCETON  
DUES \$5.00 - NEW MEMBERS  
NOW IS THE TIME TO PARTICIPATE IN THE FUTURE

Princeton Agricultural Fall Fair Annual General Meeting and Election of Officers is Tuesday, November 25, 2014 at 6:30 PM in the Library Conference Room on Vermilion Avenue. New Members Needed! Nov 11

Gently used 14-month old 5.2 cu ft Samsung top loading washer. Complete with all bells and whistles. Asking \$500 FIRM. Call 250-295-6052. Nov 11-25

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Saturday, November 8th was the annual Open House at Reichert Sales & Service in Tulameen. According to co-owner Ed Reichert, the years keep flying by as 2014 marks over "forty-some years" they have been in business. According to News Leader archives they hosted their 46th Open House last week. The coffee was on, doughnuts were available and family and friends enjoyed visiting and welcoming the start of the new Ski-Doo season with a stop at Reichert's. Ed even showed us some of the fancy new models he had stashed away from the display room.\*

.....continued from Page 6

With an ageing population, new residents are needed to "carry the torch". We need young families to take care of the social and community functions which our senior volunteers are maintaining with difficulty but do so because of their commitment to community; we need care for these elderly to keep those who built our towns here with the opportunities to remain healthy, and part of our communities as long as they wish.

With petroleum prices on the rise, we need to be creative with our resources and our strategies to bring services back to our community; this

is a problem across rural Canada that all levels of government are working on solving. As a SIBAC (Southern Interior Beetle Action Coalition) Board member, I have had an impact on Provincial government policy, with the recent creation of the Rural Advisory Council announced in September 2014. There is much more work to do to shift a 40 year policy of urbanization, but this is a start.

With energy prices on the rise, we need young people to learn food preservation skills from our farmers, orchardists and elders - we need to rebuild our knowledge bank on dehydrating, canning and smoking

foods. The functioning Grist Mill is a valuable resource both as a gathering space and as teaching centre.

I have worked extensively with both the MLA Linda Larson and the Ministry of Forests, Natural Resources and Operations, Mayor Bauer and Director Bush; many letters were written, I've worked at securing media coverage, and have been meeting face to face with the Operator Chris Mathieson and the Grist Mill Foundation.


We need to live with less and learn to live more because of it. We need to work together to build a future for all of us, or there will not be a future for many of us.

In closing, I am pleased to announce a \$200,000 Gas Tax grant has been awarded for an Ultra Violet Water Treatment of the Olalla Water

System. Residents will recall the "boil water" advisory of 2012 and can rest easier about the water quality in this small hamlet.



If you thought the showroom at Reichert Sales & Service had some impressive toys you had to see where we ended up November 8th during their annual Open House. Ed Reichert showed us the collection of new Ski-Doos not on display.\*

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3	9	5	6	7	1	4	8	2
5	6	8	3			2	9	1
2	7	9	1	4		3	8	6
4	8	2	9	7	6	5	1	3
3	1	5	7	4	2	9	8	
				6				

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From left, Jean Turner with Echo the dog, Doreen Poulsen, Frank Turner, Lorraine Lehto, Lisa Carleton, Lynn Johnson, Jim Short, Del Hall and Ernie Lawrence. This combined group of Garden Club and Rotary Club members assisted in cleaning the Ridgewood Lodge garden on October 27th. - photo submitted

# Princeton Garden Club

## Doreen Poulsen

The last few months were very interesting in the Garden Club! A number of our members participated in the Fall Fair. Either manning a booth or had entries in the various categories that had to do with gardening.

Barb Gagnon the Recreation Coordinator at Ridgewood Lodge contacted us to see if we would be interested in looking at their gardens and give her some advise on how to go about rejuvenating them. The gardens had become very overgrown in some places while in other areas the vegetation was dead and full of weeds. A few of us initially met with her and marked trees and shrubs that were badly in need of pruning and some to be totally removed. We also identified other

areas that required work. We decided to get a head start on spring by having a work party on October 27. We started that morning at 8:30 AM. There were ten of us from the Garden Club and the Rotary Club. We dug, pulled, pruned and raked creating large piles around the garden for disposal. The weather was cold but dry and we managed to get about three-quarters of the garden done. In the spring we will be back to finish the job and hopefully improve the space with some nice plants and flowers. If you would be interested in assisting us next spring please contact me!

Earlier in the month at our regular meeting we decided to change our monthly meetings from the second Tuesday to the third Tuesday of the

month. We meet most months at the Seniors Centre at 1:00 PM. Our next meeting will be on November 18th. The December meeting will be a Christmas Pot Luck lunch at a members home. In the New Year our January meeting will be on the 20th at 1:00 PM.

Just a reminder that our garden book "Yes! You Can Garden in Princeton!" is still available for sale. A great little gift for someone who loves gardening or is thinking of starting a garden. Available for only \$18. at Everything Pets, Fletcher Building Supplies (Ace Hardware), Winking Pedlar, Art Gallery and The Image Emporium. Or just give either our President Laila Bird at 250-295-0740 or myself a call at 250-295-1577.



One more shot of the Timberline Cruisers getting the job done November 8th in Tulameen. \*

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 SM110 03/2014





Kelowna Chiefs put pressure on the Princeton Posse goal in a game November 2nd that went into two overtime periods and remained a tie. Photo: Bob Marsh Photography

# Posse and Chiefs go into double OT

Princeton Posse hosted Kelowna Chiefs November 2nd in the only game for the Similkameen team on that weekend.

Kelowna scored first at 5:55 of the opening frame (Brady Mende from Nicholas Gnazdowsky).

Princeton tied the game just 9-seconds later with an unassisted

goal scored by local boy Morton Johnston.

Princeton took the lead at 8:25 of the second period when Cooper Prechel took a pass from Destin Robinson and fired it into the Kelowna net.

The Chiefs replied on the power play at 2:55 just as two Posse

penalties were about to end. Stephen Heslop and Estevan Hale were keeping each other company in the Posse penalty box while Kelowna worked on capitalizing on the two-man advantage. It came together with one second left in the penalties when Dylan Jamison scored. Assists went to

Brady Mende and Nicholas Gnazdowsky.

The back and forth play of the game continued to take place on the scoreboard when Princeton took a 3-2 lead at 9:54 of the third period. Eden Dubchak got the marker with help from Thomas Cankovic.

The Chiefs returned to tie the game once more at 6:59 when Curtis Harrichhausen scored off a pass from Kevin Roth. Anthony Ruggiero was credited with setting up the play.

The game rolled into overtime with the first five-minute extra

frame passing by quickly. At 1:41 of the second overtime Kelowna's Chris Turner was awarded a penalty shot but it could not penetrate the wall set up by Posse goalie Stephen Heslop.

The second overtime period ended with no further scoring.

Final score: Princeton 3, Kelowna 3 (Double OT Tie). Shots on goal: Kelowna 43, Princeton 27. Penalties in Minutes: Princeton 5 for 10-minutes, Kelowna 3 for 6-minutes. Kelowna went 1 for 4 (25.0%) on the power play with Princeton ending up 0 for 2.

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Remember hearing the story about the kid who found a lump of coal in the bottom of his Christmas Stocking? Sure, for a long time you didn't believe it could be true but then one year you were quite certain you were going to be that kid. You did just about anything possible to avoid the dreaded lump of coal. You went to bed early. You did all your homework. You cleaned up your room. You took out the garbage. You washed your dishes. You even washed behind your ears at bath time. There was no way Santa's spies were going to be able to pin that 'Naughty' label on you and leave you with nothing but a lump of coal in your Christmas Stocking.

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