

Similkameen News Leader

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Tuesday, February 17, 2015

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



For some, the first sign of spring is a Robin in the trees. For others is something a bit larger. The Town of Princeton Public Works department marked an early spring February 12th with street sweeping duties around the town. *

Town hosts successful Family Day

Families of all ages enjoyed a wonderful day playing in the snow at China Ridge Trails. Over two hundred people took to the trails on snow shoes or cross country skis, raced down the toboggan hill with laughter, children participated in 'find the avalanche beacon' challenge and everyone warmed by the campfire sharing stories enjoying a warm meal and treats.

The Town of Princeton would not have been able to host this event without assistance from China

Ridge Trails, Princeton Search and Rescue, Cooper's Foods and Co Co's Bistro and thank them for their generosity and community spirit for making family day a great success.

Nadine McEwen, Princeton Recreation, Culture and Tourism Coordinator stated, "It was wonderful to see families playing together and staying active all day long. There were many red cheeks and smiling faces having fun as a family with their community on B.C. Family Day."

Rotary dedicates community kitchen

What costs \$89,000, took three years to complete and was inspired by one person's desire to see dinner theatre in Princeton?

If you said the Rotary Kitchen at Riverside Centre you would be correct.

The local service club hosted an invitation-only dedication ceremony February 12th that saw close to 75 Rotarians, spouses, friends, local representatives from the Town of

Princeton, School District 58 (Nicola-Similkameen) and most of the local contractors who worked on the project gathered to thank and to celebrate the official opening of the facility.

As is usually the case with any small town fundraising project, it started with a dream. Former Rotary Club President Judy Short told the News Leader last week that it was her wish to see the addition of din-

ner theatre productions hosted in Princeton and with the Riverside Theatre project complete, it seemed fitting that a large commercial kitchen be constructed at the Riverside Centre.

Short pulled Rotary into the fold and the club worked long and hard pulling out all the stops in channeling fundraising efforts into the kitchen project.

In honour of her dedication, drive

and direction, Short was presented with not one, but two bouquets of flowers in recognition of her contributions. One was from the Rotary Club with the other coming from the Town of Princeton.

Rotarian Ernie Lawrence was the MC for the short ceremony that was anything but short on praise and thanks to everyone in the room for their support and assistance.

"Tonight we are celebrating Rotary Kitchen because the room was made available through the generosity, cooperation and support of the School Board and the Town of Princeton," Lawrence stated.

"You have been invited here this evening so that Princeton Rotary may acknowledge and honour those people who have made Rotary Kitchen possible. You are volunteers, trades people and financial donors. Together, with all of you Rotary Kitchen has become a reality."

There were a number of other major donors who were generous in

their contributions because they believed in the project. In simple terms, it made sense to have a kitchen in what has become far more than a community centre for Princeton.

"We are thankful for financial support from Princeton Weyerhaeuser (Jeff Larsen), Town of Princeton and Council, Community Foundation of South Okanagan Similkameen, Rotary Designated District Fund of District 5060, Valley First Credit Union (Suzanne Holland), Princeton Arts Council and Princeton Rotary has injected approximately 20-percent of fundraisers over three years. WineFest, Golf tournaments, andcontinued on Page 18

JAMuary continues this month!

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Princeton Curling Club hosted a very successful Men's Open Curling Bonspiel February 7th and 8th. The A Event winners were: Bob Arksey, Rob Kingelin, Ken Gross, Paul Goyer. - photo submitted



Princeton Curling Club hosted a successful Men's Open Curling Bonspiel February 7th and 8th. The B event winners were: Mike Munsie, Doug McKinnon, Doug Duffin, Dan Phillips. - photo submitted

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Club hosts men's event

Princeton Curling Club hosted 22 men's teams in a very successful bonspiel during the weekend of February 7th and 8th.

The popular event is well attended by teams from Vernon, Penticton, Kelowna, Abbotsford, and the Vancouver area.

Under the expert leadership of Bob Paterson, great ice by the hard working ice-making team, and many volunteers who work the kitchen and bar the Men's Bonspiel is the biggest event of the year for the local club.

L.A. looks at busy future

The Ladies Auxiliary to Legion Branch 56 met Tuesday, February 10, to consider requests for catering. Members agreed to dates in February, March and the line dancers jamboree on May 2.

who missed the January 23 installation were sworn into office: Evelyn Cook, Barbara Ryan and Past President Charlene Longdo.

The out of town teams love the old-fashioned hospitality with great ice.

A minute of silence was observed in memory of Freda Schroeder, who passed away recently. She was a member of the Ladies Auxiliary for many years. Executive members

There was some discussion to clarify which Legion events were for members only and which were open to the general public. Events held in the Legion Hall are for enjoyment by the general public.

Local rinks did well against the competition with the A Event won by Bob Arksey, Rob Kingelin, Ken Gross and Paul Goyer. B Event winners were Mike Munsie, Doug McKinnon, Doug Duffin and Dan Phillips with the C Event taken by Ian Elko, Greg Palmar, Jamie McLeod, and Lloyd Wilson.

.....continued on Page 3

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Princeton Curling Club hosted another very successful Men's Open Curling Bonspiel February 7th and 8th. The C event winners were: Ian Elko, Greg Palmar, Jamie McLeod, Lloyd Wilson. - photo submitted



Mayor Frank Armitage holds the ribbon as Rotarian Judy Short cuts it to officially open Rotary Kitchen at Riverside Centre February 12th. *

Flip Of The Coyne

by Spencer Coyne

To vaccinate or not to vaccinate? That is the question, right? No! There is a reason that we vaccinate our kids and get vaccinations ourselves. It is to protect us from dangers that would kill us. I get it. Vaccinating your kids is a scary thing, especially when you try to make sense of all the stuff on the internet, or even on the television, but the fact is that vaccinations are there to keep you safe. They keep us all safe.

I am not going to get into statistics because I know you have heard it all before. Measles may not be a big deal to everyone, but to some it is a big deal. I guess to some, polio may not be a big deal either since they may not know what polio can do. Does this mean we should stop vaccinating against polio? No. Polio

may be something that was around a generation or two ago for some people, but it is still very much a threat and it is a disease that has devastating implications to those who get it. The measles can be equally severe and so can lots of threats that we thought were a thing of the past. After all, that is why they came out with the vaccinations for them. It's not like some miracle cure for male pattern baldness, which really is nothing more than a cosmetic thing. Vaccinations for diseases like the measles and polio or hepatitis are there to save lives.

Like I said, I know it can be scary when you go to vaccinate your kids, especially that first time. There are websites like NaturalNews in which the contributors portray themselves as health

experts, but really have very little credible facts to back up their claims. I have written about these types of websites before. When a

blog uses another blog that used a different blog as its source you have to be very careful about the information that you are digesting. The

guy who is behind this website is also a questionable figure. Just look him up on Wikipedia one day. I'llcontinued on Page 20

L.A. busy year

.....continued from Page 2 President Karen Wittich will attend the February 22 Zone meeting.

The next Ladies Auxiliary meet-

ing will take place on March 10 at the Legion Hall.

Following the meeting, members enjoyed a rather uproarious get-together, full of laughter.

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Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Blame It On Cupid

By the time you read this the strangest holiday of the year will have passed. I'm not talking about Family Day, although I am a bit suspicious about why it is celebrated in British Columbia a week before the other Family Day.

I'm talking about Valentine's Day, or as we called it in our house, Saturday. Don't get me wrong. I love a day to celebrate for any reason that can possibly involve food, candy and just about anything that doesn't include fire or emergency response teams. Any time I can avoid contact with band-aids is a good day in my book.

But Valentine's Day is just one of those that doesn't get a lot of play in our house. I like to think it has everything to do with the fact that I spend pretty much every waking hour with my best friend, who just happens to be my wife, so in a way I'm celebrating daily the wonders of being with her.

I know, that's a bit on the lame side but, you know what? I'm a guy and that's how I see it.

This year I was a bit more prepared to celebrate 'Saturday' with a little more style than any of the previous fifteen or twenty we've already spent together.

Trust me, I know better than to spring some surprise on her so I thought I'd use a little guy logic. One morning over breakfast a few weeks ago I made THE ANNOUNCEMENT.

I said we were going out for dinner and I was not going to take no for an answer. It may have been the first time I took control of a situation in our house in recent memory. It scared me a little, then the moment passed. Of course, now that I've documented it here I may never be allowed to forget it.

The second part was that I was not going to decide where we were going.

The way I see it, I got out of dealing with the tough part because, in all honesty, there were a lot of pretty cool options available around town planned specifically to celebrate 'Saturday.'

Here's where I get a bit sappy.

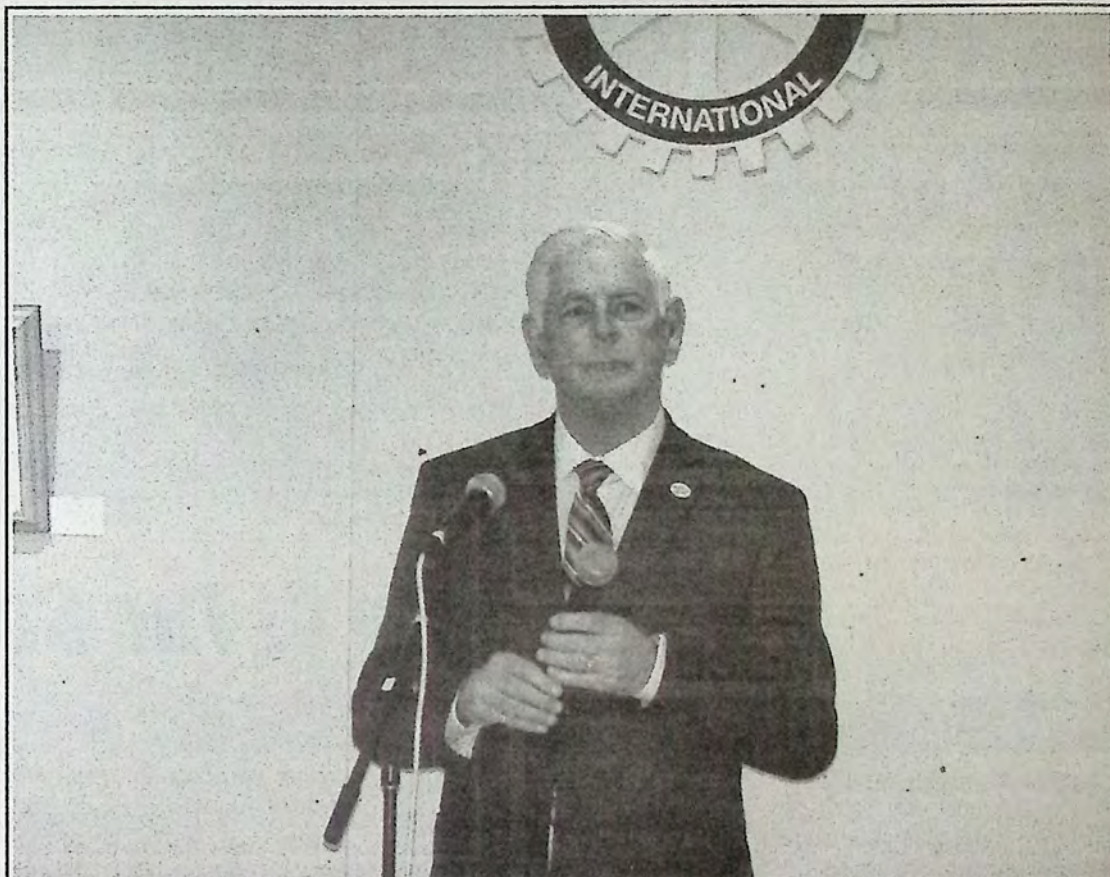
When you consider there was a play, Valentine's Dance, countless restaurants offering special menus, a few choice places to find chocolates, candy and flowers, the decision would have been nothing sort of torture if it were left up to me to make.

In fact, if I were the one making the decision I would have defaulted to staying home because I couldn't decide.

I'm serious, sometimes Princeton is THAT good.

Anyway, the decision was affordable and turned into an enjoyable evening away from our kitchen. I also managed to avoid contact with fire although I'm sure there were flames in my general area.

The best part is that since it was Saturday, all the deals on chocolate and candy take place this week so I can celebrate it just a little bit longer.



Mayor Frank Armitage pauses to reflect on "all the good things" Princeton's Rotary Club has done within the community. He spoke at the official dedication ceremony February 12th for the Rotary Kitchen at Riverside Centre. *

Rotary thanks local contractors

We have been beating the drum of supporting local business for quite some time. While our focus is primarily on the retail core of the community, there are a number of Princeton area contractors and tradespeople who deserve recognition.

When Princeton Rotary Club hosted their invitation-only Rotary Kitchen dedication ceremony and celebration February

12th at Riverside Centre, they did exactly that.

A number of contractors and tradespeople who call Princeton home jumped on board during the construction phase of the Rotary Kitchen. They all worked together to make the dream a reality and when it came to putting together a list of guests to invite each of the local contractors and tradespeople were added to that list without

question.

Rotarian Mike Talarico had the task of thanking them during the ceremony. His list started with a huge thanks to Town of Princeton's Lyle Thomas for his contributions to the project.

"Lyle has been an integral part in coordinating Rotary and the trades," Talarico said.

"Unflappable, Lyle was always patient and calm when bombarded from all sides. The contractors not only did excellent work but their generosity showed on the invoices to Rotary."

The contractors and tradespeople who contributed so much to the Rotary Kitchen project include:

- Fred Bergsma (Fred & Company) for framing,
- Nigel and Dave Mack (CJM Plumbing) for plumbing work,
- Ty French for gas work and ventilation,
- Jim Barnes and crew (Hayes Creek Electric) for electrical work,
- Cam's Tiles for providing flooring,
- Spencer Smith (Arcat Industrial) for the range hood,
- Western Canada Fire Suppression for supplying the sprinkler system.

Independent.



PrincetonBCNews

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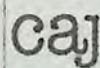
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We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Current Comment

Russian History Can Teach Us



Dawn Johnson
editor@thenewsleader.ca

The history of Russia in the twentieth century is not the subject of movies and television series, not to the same extent as the history of Nazi Germany. With the downfall of the Soviet Union and the failure of Communism, we have simply turned our backs on Russian history. We should not forget Russian history: it has much to teach us.

Communism began with a bloody revolution led by Lenin, who had studied the writings of Karl Marx. Both were intellectuals who had little understanding of the lives of ordinary workers, and almost no understanding of economics. They had a vision of a great society founded on equality in which a factory worker was just as important as a doctor or a political leader. This did not work in reality because political leaders and Party members were given top priority. Those who believed in Communism, and supported and worked for the system, had more privileges than any others.

Nobody was permitted to criticize the system. Nobody was allowed to say it was not working. To gain any advantages, a citizen had to be a Party member and say all of the right things, and turn a blind eye to evidence the system did not work well. Protesters were thrown in jail, or in psychiatric facilities, or sent to Siberia, where a string of prison villages were established. Everyone had to pretend everything was going well.

To maintain this pretense, the press was told what to report, and government authorities routinely spied on everyone, including all party members. Anyone suspected of not being fully in support of government policy or programs could have his home invaded in a search for evidence showing the person was "subversive".

The central government, in Moscow, planned everything. Central planning was the foundation of the Russian Communist government. For example, farmers were given production quotas to meet, with no regard for weather or equipment available to the farmer. If his quota was three tonnes of potatoes, the government seized three tonnes of potatoes when the crop was harvested, even if it left the farmer with nothing to feed his family. If his total crop was less than his quota, he would have to face a committee to explain his failure. That his family might starve, or that his tractor broke down and no spare parts were available, or that a flood wiped out his crop, were not acceptable excuses for not meeting

his quota. The same was true for factories not meeting production quotas due to lack of proper equipment or lack of raw materials.

This central planning system was what was fundamental to the failure of the Russian system. Along with central planning was a series of Party faithful who monitored everything. The Party hacks who formed the farmer's committee might know nothing about farming, and care less. Their main concern was how much the farmer's failure might impact on the Party member's political future. The whole system was based on politics, and those who were politically correct received 'extras' or 'perks' not available to the average person.

Private property was not permitted. The government owned everything. Each citizen was told where to live, and dwellings or land were apportioned according to one's position in the Party. If you were a Party favourite, you would have a better apartment than the average citizen.

Personal choice was not allowed. The only choice was what the government offered. Children were directed to a school, ability measured as they grew, and then they were directed to study whatever the officials thought was a proper future employment.

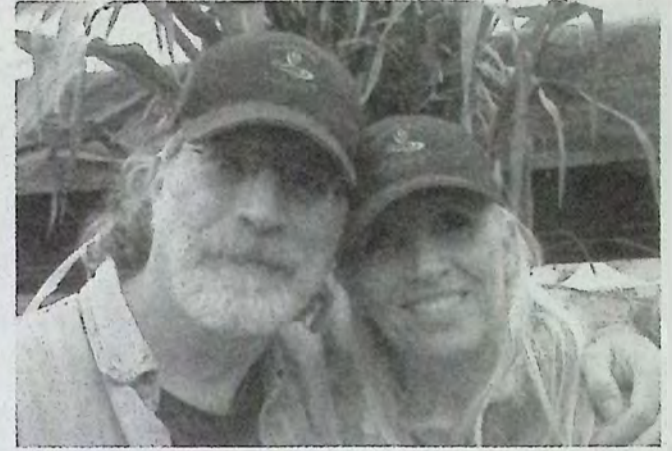
Religion was not permitted, and those who wished to continue being Christians or Jews or Muslims were persecuted if they were discovered worshipping. Any allegiance to anything other thancontinued on Page 18



Family Day activities February 9th kept residents busy at China Ridge as part of a day of winter sports co-hosted by the Town of Princeton. Those in attendance loved the setting and activities shared with family and friends. Photo: Greg Tellier.

News Leader

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AND NOW...A LITTLE GOOD NEWS!
"He has showed you, O man, what is good.
And what does the LORD require of you? To act justly and
to love mercy and to walk humbly with your God." - Micah 6:8

Lower Valley News

Keremeos - Cawston - Olalla



Not sure what burned, but someone had a mishap in the west parking lot at Yellow Lake this winter. Pity that those same folks didn't see fit to clean up after themselves. This eyesore is only 20 feet from the garbage bins. Remember, you can report these incidents when they happen to local authorities to handle. Photo: Arlene Arlow



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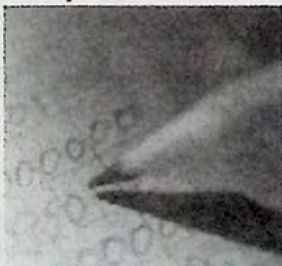
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Once upon a time, highway lines were painted with an oil-based paint. The lines seemed to last longer. With the advent of environmental awareness, the Province of BC moved to a water-based latex paint for highway lines. The cost is about 20 cents a metre. The double line in this photo was painted in the summer of 2014. Six months later almost half of the paint is worn off from this stretch of Highway 3 east of Cawston. Much like highways throughout the province, it will stay this way for another few months. The options? Cold plastic costs \$10 per metre. And Thermalplastic lines cost \$20 per metre. Photo: Arlene Arlow

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Family and friends took full advantage of the many amazing settings available to explore and enjoy February 9th as part of Family Day celebrations at China Ridge. Co-sponsored by the Town of Princeton. - photo submitted

IHA moves ahead with laundry services

Interior Health is entering the next stage of a process that will determine the future of its laundry services, by seeking Request for Solutions (RFS) from pre-qualified service providers identified through the recent Request for Qualifications process.

The RFS will determine what options may be available for using external providers for laundry services, allowing Interior Health to avoid significant capital costs associated with updating industrial Laundry equipment when it needs

to be replaced.

"We know this is difficult news for our employees who have worked hard to make our laundry plants efficient," said Alan Davies, Interior Health's Director for Support Services.

"But as we've noted from the outset, the decision to explore alternatives isn't about the efficiency of our operations. It's about avoiding future significant spending to replace aging equipment, an investment we can't make when considering other health-care medical

equipment priorities."

Laundry services are currently provided by Interior Health staff working at five large and six small laundry sites throughout the health region. The sites offer linen services to hospitals, health centres and IH owned and operated residential care facilities.

Laundry services staff were provided an update February 10th, which follows 90-days of consultation with their union to explore alternatives to going to the private market.

"We have stressed to our employees that nothing is changing today. We have a lengthy process in front of us, and the earliest we would anticipate any changes to laundry services would be spring 2016," said Davies, noting the impact to staff is unknown and dependent on the outcome of the RFS, including the scope of laundry services and sites covered.

Interior Health is moving forward with the RFS in conjunction with Lower Mainland health authorities which are currently retendering existing private contracts for laundry services.

The Hospital Employees Union claims the change to private laundry services could actually have a huge affect on staffing level.

The HEU says 175 "family-supporting jobs" are at risk. The plan being looked at by IHA would affect laundry services in a total of eleven communities including Kelowna, Nelson, Vernon, Kamloops, Penticton, 100 Mile House, Williams Lake, Lillooet, Ashcroft, Golden and Princeton.

Living Past 100

Hearts Are Stronger With Taurine

There have been numerous studies done on the effects of a nonessential amino acid called taurine. It has been used successfully to improve the strength of the heart in those who suffer from congestive heart failure. Taurine helps reduce high cholesterol and high blood pressure.

Taurine is found in many energy drinks, particularly those used by athletes and fitness buffs. Taurine supplements are often used by those people who need to have strong, toned muscles. Although the energy drinks are used by athletes, these energy drinks are not recommended for everyone due to the high levels of caffeine and sugar often found in these drinks.

An odd effect of taurine supplementation is reduction of over activity in the brains of people who have been diagnosed as attention deficit.

Taurine can significantly improve liver function, and is helpful to those suffering from hepatitis.

Breast milk is rich in taurine, and some infants who are not breast fed have been given supplements of taurine. Infants' bodies cannot manufacture taurine.

Taurine is found in meat, eggs and fish. Consequently, vegans are at a higher risk of taurine deficiency. Taurine deficiency if found in people with kidney failure, hypothyroidism, anxiety and depression. Eating meat, fish and eggs (high quality protein foods) do not generally suffer from taurine deficiency, but elderly people may need taurine supplements because their bodies no longer process taurine from the protein foods they eat.

Supplementing with taurine tablets is not likely to cause problems in most people if the daily dose does not exceed 3000 mg. However, taking taurine tablets should be discussed with your physician and long term use of taurine should involve monitoring by your physician.

Certainly, the best source of taurine is in your daily diet, although beef is not the best source in animal meat. However, beef liver and heart are loaded with taurine. Lamb is an excellent meat source of taurine.

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KINDERGARTEN 2015 STUDENT REGISTRATION
The Board of Education of School District No. 58 (Nicola-Similkameen)

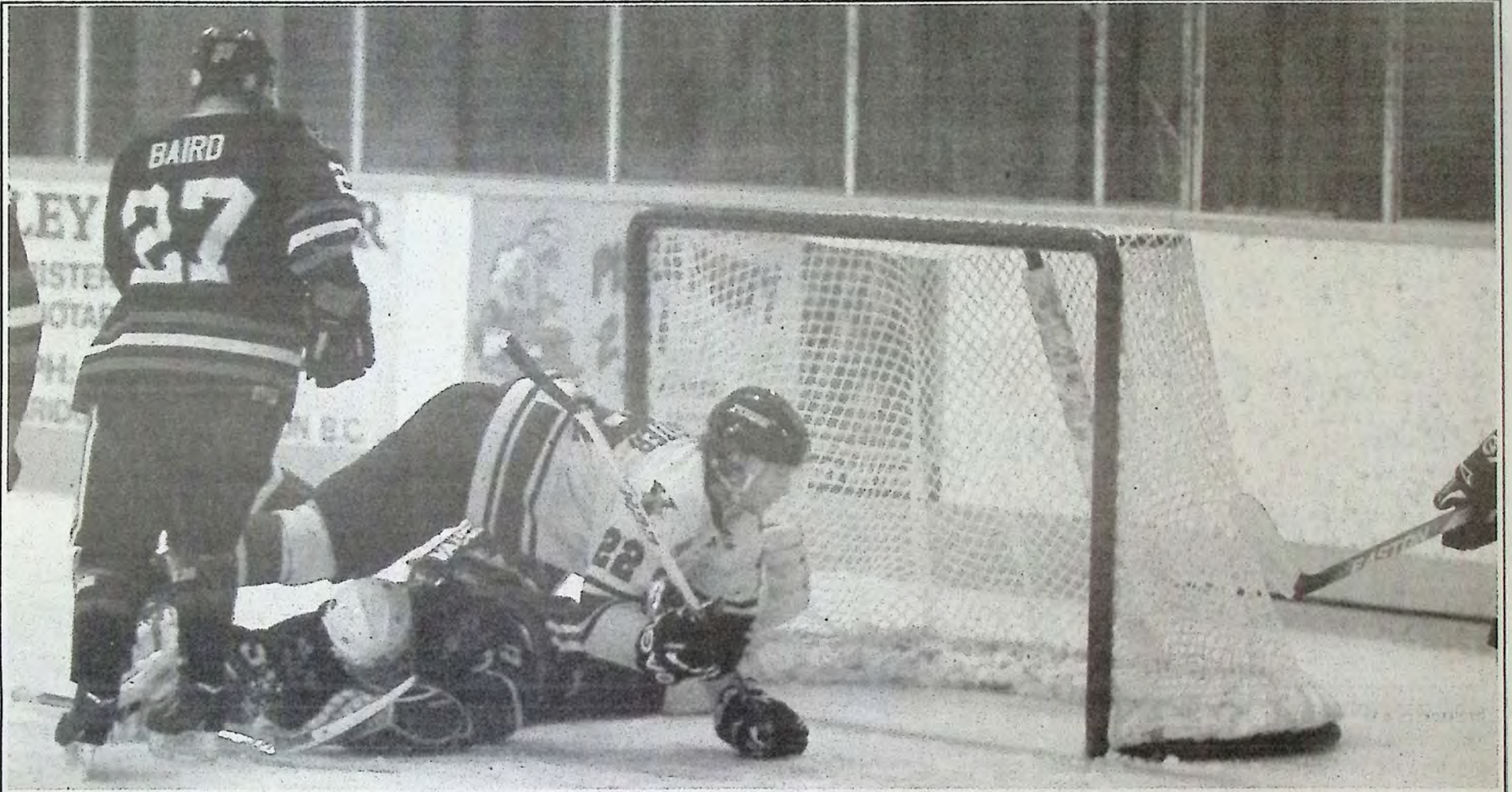
sd FIFTY-EIGHT Nicola Similkameen
Registration Schedule Monday to Friday February 23 - March 6, 2015
Full day kindergarten is offered in British Columbia for all kindergarten-aged children. To assist with the planning and organization of the kindergarten program in School District No. 58, it is important that parents register their child early.
9:00 - 11:15 AM / 1:00 - 2:30 PM
John Allison Elementary School 250-295-6727
For September 2015
- To register, a child must be 5 years of age on, or before **December 31, 2015**.
- Parents/Guardians should bring the child's Birth Certificate, Immunization record and Care Card when registering.
- Parents interested in a Kindergarten distance education program for their child, can contact the South Central Interior Distance Education School at 250-378-4245 or 1-800-663-3536.



News Leader

Entertainment

Similkameen News Leader TV Guide Listings - February 17 - 23, 2015



Princeton's Cody Lassiter (#22) takes a spill in the Kelowna goal crease. Photo: Bob Marsh Photography

Chiefs triple Posse in Princeton

Friday the 13th was unlucky for the Princeton Posse who hosted Kelowna Chiefs in their final regular season home game at Princeton Arena.

Both teams are play off bound but have been jockeying for position for a good part of the last half of regular season. Going into the February 13th game Kelowna was in 4th place with 46-points (21-24-2) and Princeton was in 3rd place with 48-points (21-23-3) in what has been a seesaw battle between two very evenly matched teams.

Kelowna scored the first and only goal of the first period at 14:20. Credit went to Ryan Lawson with assists awarded to Dakota Kittle and Chris Turner.

Kelowna scored the second goal of the game, the only one recorded in the second period, at 8:36. Dakota Kittle earned that one and had assis-

tance from Nick Josephs and Chase Astorino.

After two periods Princeton was leading on shots on goal with a tally of 28-27 and they finally hit the scoreboard with an unassisted goal scored by Jamison Ree just 20-seconds into the third period.

It wasn't until 6:17 when Kelowna responded with their third goal of the night scored by Ryan Lawson. Assists went to Dakota Kittle and Luke Kalenuik.

Princeton did pound the Chief net out shooting them 16-7 in the final 20-minutes of play but could not get the puck past goalie Christ Turner.

The win pushed Kelowna into third place in the division shoving Princeton back to fourth although both teams were at 48-points after the game. Kelowna's extra win decided their position in the standings.

Final Score: Kelowna 3, Princeton 1. Shots on Goal: Princeton 44, Kelowna 34. Penalties in Minutes:

Kelowna five for 10-minutes, Princeton four for 8-minutes. Both teams were unsuccessful on the

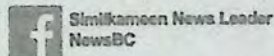
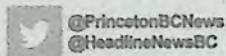
power play with Princeton having five opportunities to Kelowna's four.



Weyerhaeuser presented a \$50,000 cheque prior to the February 13th Princeton Posse/Kelowna Chiefs game. The contribution went towards payment of the modern, new scoreboard at Princeton Arena. Photo: Bob Marsh Photography

Similkameen News Leader

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News Leader Str8ts

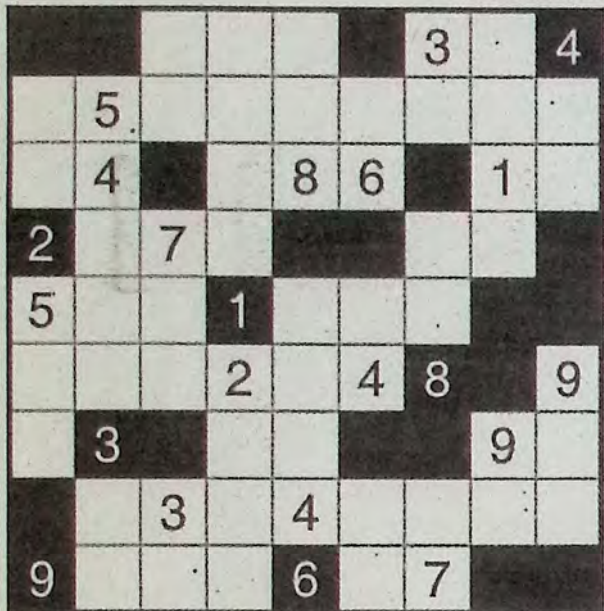
Tuesday / Wednesday

STR8TS

No. 216

Medium

Previous solution - Tough



How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

THIS WEEK'S
News Leader Str8ts
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

TUESDAY EVENING

WEDNESDAY EVENING

10:00 pm KNOW ch.5 "I Was Worth 50 Sheep" (2011, Documentary) A price is put on Sabere's head after she flees from her abusive husband. (CC)
11:00 pm WTBS ch.3 "The Expendables" (2010, Action) Sylvester Stallone. A mercenary and his men learn that their assignment to overthrow a South American dictator is a suicide mission.

11:00 pm WTBS ch.3 "Body of Lies" (2008, Drama) Leonardo DiCaprio. A CIA operative hatches a dangerous plan to catch the leader of a terrorist organization, but conflicts with his two closest allies may cost him his life.

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TUESDAY, FEBRUARY 17, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N) ☺	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Morning News (N) ☺	(5:00) Morning News The morning news. (N)	CBC News Now (N) ☺	Kid vs. Kat	SportsCentre ☺	CTV Morning Live Vancouver (N)	Mighty Ships ☺	Justin	CityLine (N) ☺	Bar Rescue ☺	Gotta Eat
:30	Community		Rob Robot	Arthur			Dog					Almost				ANT Farm			World's
7 AM	Law & Order: SVU		Kate and Wild Kratts	Odd Squad	Today Mike Lupica; Adam Scott; Elle King. (N) ☺	CBS This Morning (N) ☺	Criminal Minds ☺	Good Morning America (N) ☺			You & Me Arthur ☺	Squirrel Chucks	SportsCentre ☺		Mighty Planes ☺	Jessie ☺	Let's Make a Deal (N)	Bar Rescue ☺	Moves
:30			PAW Patrol Curious	Curious			Criminal Minds "P911"			Morning Huntley St.	Mobles Tiger	T.U.F.F. Wayside			Airshow ☺ (DVS)	Dog Wizards	The Price is Right (N)	Bar Rescue ☺	Security
8 AM	Law & Order: SVU		Curious	Curious															Security
9 AM	Millionaire	Morning	Space	Peg		The 700 Club ☺	CSI: Miami ☺	Livel Kelly and Michael	Morning Huntley St.	Operation Smile ☺	Super Why! Napkin	Slidekick	SportsCentre ☺	Livel Kelly and Michael	Daily Planet ☺ (DVS)	Doc McSt. Henry	FamFeud	Bar Rescue ☺	The Dead Files ☺
:30	Millionaire	Huntley St.	Astroblast	Tiger															
10 AM	Divorce	Operation Smile	G. Shrinks	Sesame Street (N)		The Price is Right (N)	CSI: Miami ☺	The View ☺	Operation Smile	Rachael Ray ☺	Bookaboo Bo On/Go	Spliced ☺	SportsCentre ☺	The View ☺	Mayday ☺	Never Land Sofia	The Chew ☺	Bar Rescue ☺	Expedition Unknown ☺
:30	Divorce		PAW Patrol																
11 AM	Judge	Rachael Ray ☺	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds ☺	Paid Prog.	Rachael Ray ☺	Noon News Hour (N)	Heartland ☺ (DVS)	Monster	Off Record	Marilyn Denis	Myth-Busters ☺	Lalaloopsy	General Hospital (N) ☺	Bar Rescue ☺	Mysteris-Museum
:30	Judge		Dinosaurs	Sit & Be Fit	Millionaire							Rated A	Lumber			ANT Farm			
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose ☺	Larry King	News	Criminal Minds ☺	The Chew ☺	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☺	Chucks	Curling: 2015 Scotties	CTV News Vancouver	Alaskan Bush People	Win, Lose Wizards	Celebrity	Bar Rescue ☺	Security
:30	Hot Bench		Kate and	Tree Fu Bold								Squirrel							
1 PM	King	Days of our Lives (N)	Astroblast	Painting	Days of our Lives (N)	The Talk ☺	The First 48 ☺	General Hospital (N) ☺	Days of our Lives (N)	The Talk ☺	Recipes	Almost	Tournament of Hearts: Draw 9. (N) (Live) ☺	The Social ☺	Airshow ☺ (DVS)	Wizards	CityLine ☺	Bar Rescue ☺	The Dead Files ☺
:30	King		Dragon	Quitting							Stefano	Monster		Dr. Phil ☺	How/Made	Phineas	CityNews at 5 (N) ☺	Bar Rescue ☺	Ghost Adventures ☺
2 PM	The Middle	The Talk ☺	Dinosaurs	Thomas	Jeopardy!	Let's Make a Deal (N)	The First 48 ☺	Queen Latifah	The Talk ☺	Meredith Vieira	Steven and Chris (N) ☺	Wayside		Dr. Phil ☺	How/Made	Phineas	CityNews at 5 (N) ☺	Bar Rescue ☺	Ghost Adventures ☺
:30	The Middle		Curious	Sesame St.	Wheel														
3 PM	Seinfeld ☺	Meredith Vieira	Dive, Oily	Curious	Ellen DeGeneres Show	The Dr. Oz Show ☺	Storage	Rachael Ray ☺	Meredith Vieira	Young & Restless	Republic of Doyle ☺	Slidekick	SportsCentre (N) ☺	Ellen DeGeneres Show	How/Made	ANT Farm	(2:59) CityNews at 6 (N)	Bar Rescue ☺	Gotta Eat
:30	Mod Fam		Jelly Jamm	Cat in the Hat								Nerds							Eat St. ☺
4 PM	Big Bang	Young & Restless	Kate and Magic Bus	WordGirl	Jdg Judy	Dr. Phil ☺	Storage	The Doctors ☺	Young & Restless	Early News Global Nat.	Dragons' Den ☺	SpongeBob	Off Record	The Dr. Oz Show ☺	Daily Planet (N)	Phineas	Mod Fam	Bar Rescue ☺	Moves
:30	Big Bang			Wild Kratts	Jdg Judy							Chucks	Hockey			Jessie ☺			Moves
5 PM	Browns	News (N) ☺	Jack ☺	News	News	News	Storage	News	Early News (4:59) News Hour (N)	CBC News	Parents	Curling: 2015 Scotties	CTV News Vancouver	Gold Rush - The Dirt ☺	Jessie ☺	Parks	Bar Rescue ☺	Security	
:30	Payne		Wild Kratts	Business	NBC News	CBS News					SpongeBob					Liv-Mad.	Parks		
6 PM	Browns	Global Nat.	Hope for Wildlife ☺	PBS News-Hour (N) ☺	News	KREM 2 News at 6 (N)	Storage	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Sam & Cat	Tournament of Hearts: Draw 10. (N) (Live)	CTV News Vancouver	Gold Rush (N)	Austin	New Girl	Bar Rescue ☺	Hotel Impossible ☺
:30	Payne			Millionaire								Assembly				Jessie ☺	Mindy		
7 PM	Mod Fam	Ent	The Polar Sea ☺	Genealogy Roadshow	Jeopardy!	Inside Ed.	Shipping	Ent	Ent	Chicago Fire (N) ☺	Coronation	Assembly		etalk (N)	Edge of Alaska (N)	Girl Meets	Broke Girl	Framework (N) ☺	Hotel Showdown (N) ☺
:30	Seinfeld	ET Canada		Wheel	Access H.	Shipping	The Insider	ET Canada						Big Bang	I Didn't	Two Men			
8 PM	Family Guy	NCIS "Cabin Fever" (N)	South Pacific (N) ☺	The Italian Americans (Series Premiere) (N) ☺	Parks	NCIS "Cabin Fever" (N)	Storage	Fresh-Boat	NCIS "Cabin Fever" (N)	NCIS "Cabin Fever" (N)	Mercer	Funnlest Home Videos	SportsCentre (N) ☺	The Flash "Fallout" (N)	Buying Al.	Dog	CityNews-Tonight (N)	Bar Rescue ☺	Ghost Adventures ☺
:30	Family Guy				Parks			Repeat			22 Minutes					Good Luck			
9 PM	Amer. Dad	NCIS: New Orleans (N)	Emergency	Marry Me	NCIS: New Orleans (N)	Storage	Marvel's Agent Carter	NCIS: New Orleans (N)	NCIS: New Orleans (N)	Creek	Open Heart	SportsCentre (N) ☺	Marvel's Agent Carter	Gold Rush	Next Step	Wingin' It	Reviews on	Bar Rescue ☺	Mysteris-Museum
:30	Amer. Dad			About-Boy						Mr. D (N)	Nina Lives								
10 PM	Jeffersons Gimme	Chicago Fire (N) ☺	"I Was Worth"	Bella Vista NW Prof	Chicago Fire (N) ☺	Person of Interest (N)	Storage	Countdown	Chicago Fire (N) ☺	News Hour Final (N)	The National (N) ☺	Vampire	SportsCentre (N) ☺	Person of Interest (N)	Edge of Alaska	Good Luck	Extra (N)	Bar Rescue ☺	Hotel Impossible ☺
:30																Win, Lose	G. Martin		
11 PM	"The Expendables"	News Hour Final (N)	The Polar Sea ☺	Charlie Rose (N) ☺	News	News	Shipping	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Gags	SportsCentre ☺	News-Lisa	Buying Al.	Wizards	Paid Prog.	Bar Rescue ☺	Hotel Show-down ☺
:30				J. Fallon	Letterman	Shipping	Shipping	J. Kimmel	Doctors		Mercer	Gags		CTV News	Buying Al.	Lifo Derek	Paid Prog.		



Vermilion Forks Field Naturalists take full advantage of the season by snowshoeing once more! - photo submitted

Naturalists continue snowshoe adventures

by Janis Wright, VFFN

Despite the rapid melting happening in the area, Vermilion Forks Field Naturalists are still finding plenty of the white stuff in which to go snowshoeing!

Saturday, February 7th saw eight of us heading east from Allenby Road and climbing to higher elevations that offered a variety of fantastic views. Snow conditions were wet and soft, but still quite

deep in most places.

John Henry led us on a three-hour trek through the woods and up moderate slopes until we reached a high point facing south, where we took a half hour break

for lunch. We relaxed by the crackling coziness of a small fire before setting out on our return journey.

Along the way we saw several mule deer, elk and coyote scat, a squirrel's nest, and a fairly fresh deer kill, likely from a cougar. We saw or heard mountain chickadees, red and white-breasted nuthatches, a gray jay, crows and ravens. The sun created some brightness for the first couple of hours, before clouds moved in and sprinkled a few drops upon us.

This was the second field trip in the past week that John and Mary have led, as Tuesday night, February 3rd they took us snowshoeing near the airport under the light of the full moon. That was a magical experience, and the moon was so bright initially that it cast shadows from our silhouettes onto the snow.

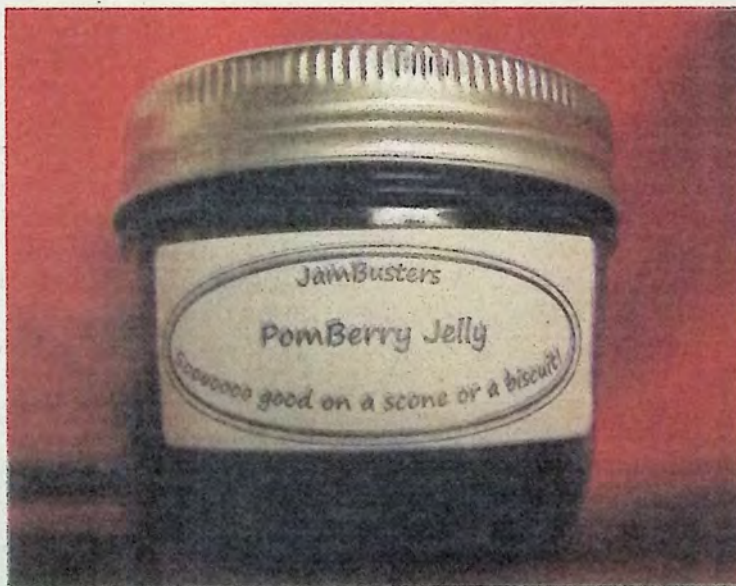
In the last half hour of that two-hour outing the fog rolled in and we needed our headlamps to maneuver through the surreal-appearing landscape. Both these field trips were great fun!

Our next meeting, which is also our AGM, takes place Tuesday, February 10th at 7:00 PM at Riverside Centre. Ed Lahaie will give a presentation on hiking in Manning Park, and membership fees will be collected.

New members are welcome, and individual fees are \$25 for the year, while family memberships are \$35. Our next field trip will be Saturday, February 14th, when Cathy Lahaie will lead us on the trails at Swan Lake, possibly on snowshoes.

Please phone her at 250-295-7596 to confirm participation, and we'll meet at Billy's Restaurant parking lot at 10:00 AM with food and drink. Please join us!

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B. C. Family Day activities co-hosted by the Town of Princeton were enjoyed by many February 9th at China Ridge X-Country Ski Trails. Photo: Greg Tellier

WEDNESDAY, FEBRUARY 18, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N)	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	Morning Northwest	Morning News (N)	(5:00) Morning News The morning news. (N)	CBC News Now (N)	Kid vs. Kat	SportsCentre	CTV Morning Live Vancouver (N)	Auction	Justin	CityLine (N)	Cops	Gotta Eat
6:30 AM	Community		Rob Robot	Arthur								Almost		Auction	ANT Farm			Cops	World's
7 AM	Law & Order: SVU		Kate and Wild Kratts	Odd Squad	Today Colin Quinn; Craig Robinson. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			You & Me	Squirrel	Curling: 2015 Scotties	Salvage Hunters	Jessie	Let's Make a Deal (N)		Cops	Moves
7:30 AM			PAW Patrol	Curious			Criminal Minds			Morning	Mobles	T.U.F.F.	Tournament of Hearts: Draw 11. (N)	Last Car Standing	Dog Wizards	The Price Is Right (N)		Cops	Security
8 AM	Law & Order: SVU		Curious	Curious					Huntley St.	Huntley St.	Tiger	Wayside	(Live)					Jail	Security
9 AM	Millionaire	Morning	Space	Peg -		The 700 Club	CSI: Miami "Bunk"	Liv! Kelly and Michael	Morning	Operation Smile	Super Why!	Sidekick		Liv! Kelly and Michael	Daily Planet (DVS)	Doc McSt.	FamFeud	Cops	The Dead Files
9:30 AM	Millionaire	Huntley St.	Astroblast	Tiger					Huntley St.	Operation Smile	Napkin	Almost				Henry	FamFeud	Cops	The Dead Files
10 AM	Divorce	Operation Smile	G. Shrinks	Cookle Thief		The Price Is Right (N)	CSI: Miami	The View	Operation Smile	Rachael Ray	Bookaboo	Spliced	E:60	The View	Mayday	Never Land	The Chew	Cops	Museum Secrets
10:30 AM	Divorce		PAW Patrol								Bo On/Go	Kid vs. Kat			Sofia			Jail	
11 AM	Judge	Rachael Ray	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds	Paid Prog.	Rachael Ray	Noon News Hour (N)	Heartland "On the Line"	Monster	Off Record	Marilyn Denis	Gold Rush - The Dirt	Lalaloopsy	General Hospital (N)	Cops	Security
11:30 AM	Judge		Dinosaurs	Sit & Be Fit	Hot Bench			Paid Prog.				Rated A	SC Top 10		ANT Farm			Cops	Security
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose	Cooker	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Nerds	Curling: 2015 Scotties	CTV News Vancouver	Gold Rush	Win, Lose	Celebrity	Wildest Police Videos	Security
12:30 PM	Hot Bench		Kate and		LazyTown	Bold						Squirrel			Wizards	Celebrity			Security
1 PM	King	Days of our Lives (N)	Astroblast	Oil Painting	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Recipes	Almost	Tournament of Hearts: Draw 12. (N)	The Social	Edge of Alaska	Wizards	CityLine	Wildest Police Videos	The Dead Files
1:30 PM	King		Dragon	Sewing							Stefano	Monster	(Live)	Dr. Phil	Last Frontier	Phineas	CityNews at 5 (N)	Cops	Ghost Adventures
2 PM	The Middle	The Talk	Dinosaurs	Cookle Thief	TMZ (N)	Let's Make a Deal (N)	The First 48	Queen Latifah	The Talk	Meredith Vieira	Steven and Chris (N)	Wayside				ANT Farm		Cops	Ghost Adventures
2:30 PM	The Middle		Curious		ThisMinute							Kid vs. Kat						Cops	Ghost Adventures
3 PM	Seinfeld	Meredith Vieira	Dive, Oily	Curious	Ellen DeGeneres Show	The Dr. Oz Show	Wahlburg	Rachael Ray	Meredith Vieira	Young & Restless	Republic of Doyle	Sidekick	SportsCentre (N)	Ellen DeGeneres Show	How/Made	ANT Farm	(2:59) CityNews at 6 (N)	Cops	Gotta Eat
3:30 PM	Mod Fam		Jelly Jamm	Cat In the Hat			Donnie					Chucks			How/Made	Good Luck		Jail	Eat St.
4 PM	Big Bang	Young & Restless	Kate and	WordGirl	Jdg Judy	Dr. Phil	Donnie	The Doctors	Young & Restless	Early News	Dragons' Den	SpongeBob	Off Record	The Dr. Oz Show	Daily Planet (N)	Phineas	Mod Fam	Cops	Moves
4:30 PM	Big Bang		Magie Bus	Wild Kratts	Jdg Judy		Donnie			Global Nat.		Penguins	Hockey		Jessie	Mod Fam	Cops	Moves	
5 PM	Browns	News (N)	Jack	News	News	News	Donnie	News	Early News	(4:59) News Hour (N)	CBC News	Parents	Curling: 2015 Scotties	CTV News Vancouver	Last Frontier	Jessie	The Middle	Cops	Security
5:30 PM	Payne		Wild Kratts	Business	NBC News	CBS News	Donnie	ABC News	Global Nat.			SpongeBob			Liv-Mad.	Young	Cops	Security	
6 PM	Browns	Global Nat.	The Polar Sea	PBS News-Hour (N)	News	KREM 2 News at 6 (N)	Duck Dynasty	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Sem & Cat	Tournament of Hearts: Draw 13. (N)	CTV News Vancouver	Gold Rush - The Dirt	Austin	Mod Fam	Cops	The Dead Files
6:30 PM	Payne	News		Millionaire						Ent	Murdoch Mysteries	Henry	(Live)		Austin	blackish	Cops		
7 PM	Mod Fam	Ent	Rescue	Nature "Owl Power" (N)	Jeopardy!	Inside Ed.	Wahlburg	Ent	Ent	Stalker (N)	Coronation	Max		Arrow "The Return" (N)	Gold Rush	Parent's	Broke Girl	Cops	Ghost Adventures
7:30 PM	Seinfeld	ET Canada	Park		Wheel	Access H.	Donnie	The Insider	ET Canada							I Didn't	Two Men	Cops	Ghost Adventures
8 PM	Family Guy	ET Canada	Madame Chiang	NOVA A city of stone.	The Myster-les of Laura	The Mental-ist (Series' Finale) (N)	Donnie	The Middle	ET Canada	ET Canada	Dragons' Den (N)	Gags	SportsCentre (N)	The Mental-ist (Series' Finale) (N)	Edge of Alaska	Dog	CityNews-Tonight (N)	Cops	Ghost Adventures
8:30 PM	Family Guy	Security					Wahlburg	Goldbergs	Security	Security		Gags			Good Luck			Cops	Ghost Adventures
9 PM	Amer. Dad	Chicago PD (N)	Music and Monarchy	Earth: A New Wild (N)	Law & Order: SVU		Donnie	Mod Fam	Chicago PD (N)	Chicago PD (N)	X Company "Pilot"	Vampire	SportsCentre (N)	Last Frontier	Next Step	EP Daily	Reviews on	Cops	Security
9:30 PM	Amer. Dad						Donnie	blackish				Vampire			Wingin' It			Cops	Security
10 PM	Jeffersons	Stalker (N)	Kathleen Ferrier	History of Railways	Chicago PD (N)	Stalker (N)	(10:01) Duck Dynasty	Nashville (N)	Stalker (N)	News Hour Final (N)	The National (N)	Haunting	SportsCentre (N)	Saving Hope (DVS)	Gold Rush - The Dirt	Good Luck	Extra (N)	Jail	The Dead Files
10:30 PM	Gimme											Haunting			Win, Lose	G. Martin	Jail		
11 PM	Movie: "Body of Lies"	News Hour Final (N)	Park	Charlie Rose (N)	News	News	Wahlburg	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Gags	SportsCentre	CTV News	Gold Rush	Wizards	Paid Prog.	Jail	Ghost Adventures
11:30 PM			Rescue		J. Fallon	Letterman	Donnie	J. Kimmel		Doctors	Mercer	Gags				Life Derek	Paid Prog.	Jail	

THURSDAY, FEBRUARY 19, 2015

Table with 20 columns (WTBS ch.3 to DTOUR ch.45) and 24 rows (6 AM to 11:30 PM). Contains program listings for Thursday, February 19, 2015.

FRIDAY, FEBRUARY 20, 2015

Table with 20 columns (WTBS ch.3 to DTOUR ch.45) and 24 rows (6 AM to 11:30 PM). Contains program listings for Friday, February 20, 2015.

News Leader Movies - Sunday / Monday

SUNDAY MORNING

9:00 am WTBS ch.3 "Enchanted" (2007, Fantasy) Amy Adams. Live action/animated. Banished by an evil queen, a princess from a fairytale world lands in modern Manhattan, where music, magic and "happily ever after" are sorely lacking.
 10:00 am KXLY ch.10 "Enchanted" (2007, Fantasy) Amy Adams. Live action/animated. Banished by an evil queen, a princess from a fairy-

tale world lands in modern Manhattan, where music, magic and "happily ever after" are sorely lacking.

11:00 am WTBS ch.3 "Shark Tale" (2004, Comedy) Voices of Will Smith. Animated. A bottom feeder pretends to be a fearsome shark slayer after the son of a finned hoodlum meets an accidental death.

AFTERNOON

12:00 pm VTVch.22 "The Help" (2011, Drama) Viola Davis. Determined to become a writer, a 1960s Mississippi society girl turns her small town on its ear by interviewing black women who work for prominent white families. (In Stereo) (CC)

FAM ch.26 "The Wizards Return: Alex vs. Alex" (2013, Comedy) Selena Gomez. While visiting Tuscany, Italy, a young wizard accidentally creates an evil version of herself. (In Stereo) (CC)

1:00 pm WTBS ch.3 "Shrek" (2001, Comedy) Voices of Mike Myers. Animated. In order to save his home, a monster with a donkey makes a deal with a mean lord to rescue a beautiful princess.

2:00 pm YTV ch.18 "Robots" (2005, Comedy) Voices of Ewan McGregor. Animated. A robot leads a revolution against a corporate bigwig who wants to send older-model cyborgs to the scrap heap. (In Stereo) (CC)

4:00 pm YTV ch.18 "Monster House" (2006, Fantasy) Voices of Steve Buscemi. Animated. No adults believe three youths' assertion that a neighboring residence is a living creature that means them harm. (In Stereo) (CC)

5:00 pm CBC ch.13 "Cats & Dogs" (2001, Comedy) Jeff Goldblum. An eager beagle joins undercover canines on a mission to foil a feline plot to make all people allergic to dogs. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Tyler Perry's I Can Do Bad All By Myself"

(2009, Comedy-Drama) Tyler Perry. When Madea catches three siblings looting her home, she delivers the youths to their boozey aunt, who is sorely in need of an attitude adjustment.

YTV ch.18 "Hotel Transylvania" (2012, Comedy) Voices of Adam Sandler. Animated. An unforeseen complication unfolds when Dracula invites the world's most-infamous monsters to his lavish resort to celebrate his daughter's 118th birthday. (In Stereo) (CC)

7:00 pm CBC ch.13 "Eight Below" (2006, Adventure) Paul Walker. Members of a scientific expedition must leave their beloved sled dogs behind in the frozen wilderness of Antarctica. (In Stereo) (CC)

8:30 pm KREM ch.8 "Act of Valor" (2012, Action) Roselyn Sanchez. Premiere. During a mission to rescue a kidnapped CIA agent, Navy SEALs uncover a worldwide terrorist plot against the U.S. (In Stereo)

10:30 pm WTBS ch.3 "The Kingdom" (2007, Action) Jamie Foxx. A sympathetic Saudi police captain helps a team of federal agents flush out a terrorist cell in Riyadh.

11:30 pm CBC ch.13 "Beowulf & Grendel" (2005, Adventure) Gerard Butler. A Danish king recruits a foreign warrior to battle the vengeful son of a slaughtered troll. (In Stereo) (CC)

MONDAY MORNING

6:30 am SPIKE ch.44 "Man on Fire" (2004, Crime Drama) Denzel Washington. Hired as a bodyguard

for a young girl, a retired CIA agent takes revenge on her kidnappers in Mexico City. (In Stereo)

9:30 am SPIKE ch.44 "The Siege" (1998, Suspense) Denzel Washington. An FBI agent, a Middle East specialist and a power-mad general try to thwart terrorists in New York. (In Stereo)

AFTERNOON

12:30 pm SPIKE ch.44 "Training Day" (2001, Crime Drama) Denzel Washington. A rookie cop meets a corrupt Los Angeles narcotics officer who wants to include him in his schemes. (In Stereo)

3:00 pm SPIKE ch.44 "Man on Fire" (2004, Crime Drama) Denzel Washington. Hired as a bodyguard for a young girl, a retired CIA agent takes revenge on her kidnappers in Mexico City. (In Stereo)

EVENING

6:00 pm SPIKE ch.44 "Training Day" (2001, Crime Drama) Denzel Washington. A rookie cop meets a corrupt Los Angeles narcotics officer who wants to include him in his schemes. (In Stereo)

8:35 pm SPIKE ch.44 "The Siege" (1998, Suspense) Denzel Washington. An FBI agent, a Middle East specialist and a power-mad general try to thwart terrorists in New York. (In Stereo)

11:00 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive fiancée.

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SUNDAY, FEBRUARY 22, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Paid Prog.	In a Name	G. Shrinks	Mr. Rogers	Today (N)	Paid Prog.	Criminal Minds	Paid Prog.	In a Name	Sunday Morning News (N)	Cat In the Hat	Sidekick	SportsCentre	Paid Prog.	Mighty Ships	Wingin' It	Paid Prog.	Off Road	Fishful
6:30 AM	Paid Prog.	World VI	Rob Robot	WordWorld		Paid Prog.		McCarver	World VI		Pirates	Charmers				Slug Terra	Church	Engle	Paid Prog.
7 AM	The Office	Sunday Morning News (N)	Kate and Paw Patrol	Super Why!	KHQ News	CBS News Sunday Morning (N)	Criminal Minds	Good Morning America	Sunday Morning News (N)		News	Charmers	Reporters	Marilyn Denis	Highway Thru Hell	Wizards	Eye/Asia	Truck Tech	Expedition Unknown
7:30 AM	Att. Eats			Space	Invest						Artzooka	Pet Shop	Sports			Gravity	Operation Smile	Muscle	
8 AM	The Office		Curious	Curious	Meet the Press (N)	The Nation	Criminal Minds	This Week			Coronation	Pet Shop	SportsCentre	Question Period (N)	Highway Thru Hell	ANT Farm		Coaching Bad	Mysteries-Museum
8:30 AM	Paid Prog.		Upside	Cat In the Hat							Coronation	Nicky				Dog	Festival Italiano di Johnny Lombardi (N)		
9 AM	Movie: *** "Enchanted" (2007) Amy Adams.		Dino Dan	DragonFly	Paid Prog.	NCAA	Criminal Minds	Extreme		Block	Coronation	Sam & Cat	2015 Daytona 500 The	Operation Smile	139th Westminster Kennel Club Dog Show "Closing Night"	Austin		Coaching Bad	Mysteries at the Castle
9:30 AM			Arthur	The Impact	NHL Hockey: Washington Capitals at Philadelphia Flyers. (N)	NCAA		Designing		Context	Coronation	Henry		The Social		I Didn't			
10 AM		Block	Wild Kratts	Inside Olympia		College Basketball	Dead Man Talking	Movie: *** "Enchanted" (2007) Amy Adams.	Block	J. Osteen	Coronation	Max	57th running of the event. The race consists of 200 laps and is the first race of the season. (N)	Oscars		K.C. Under.		Bar Rescue	Mysteries at the Castle
10:30 AM		Context	Little	America			Dead Man Talking		Context	Paid Prog.	M'kplace	Assembly		Ultimate Oscar Guide		Jessie	VemComlg		
11 AM	Movie: *** "Shrek" (2001) Eddie Murphy	J. Osteen	Little	America			Dead Man Talking		J. Osteen	16x9	Our Vancouver	Hathaways		Ultimate Oscar Guide		Liv-Mad.	Shopping Channel	Bar Rescue	Mysteries at the Castle
11:30 AM		Paid Prog.	Annedroids	Focus					Paid Prog.			Thunder				Girl Meets			
12 PM		News Hour	Animals	Health Matt.	Hockey	PGA Tour Golf: Northern Trust Open, Final Round. (N) (Live)	The First 48	Hollywood	News Hour	PGA Tour Golf: Northern Trust Open, Final Round. (N) (Live)	Land/ Sea	Thunder		Movie: *** "The Help" (2011) Viola Davis, Emma Stone. (N)	Overhauled! Top 10	Wizards Return: Alex	Murdoch Mysteries	Bar Rescue	Mysteries at the Castle
12:30 PM		PGA Tour Golf: Northern Trust Open, Final Round. (N) (Live)	Animals		NHL Hockey: Boston Bruins at Chicago Blackhawks. (N)		The First 48	Countdown	PGA Tour Golf: Northern Trust Open, Final Round. (N) (Live)	Steven and Chris	One/One	Undercover		Misfit Garage	Wizards	Mantracker	Bar Rescue	Expedition Unknown	
1 PM	Movie: *** "Shrek" (2001) Eddie Murphy		Waterfront Cities	Genealogy Roadshow			The First 48	Countdown			Steven and Chris	Cook'd			Wizards	Mantracker	Bar Rescue	Expedition Unknown	
1:30 PM			Rescue Park	Finding Your Roots			The First 48	On the Red Carpet at the Oscars: The Arrivals			The Nature of Things	Movie: *** "Robots" (2005, Comedy) (N)		Myth-Busters	Phineas	Mod Fam	Bar Rescue	Mysteries at the Castle	
2 PM							The First 48				Q (N)		SC Top 10	Myth-Busters	The 7D	Pre-Game	Bar Rescue	Mysteries at the Castle	
2:30 PM							The First 48						SC Top 10	Cash Cab	Good Luck	NHL Hockey: Teams TBA. (N) (Live)	Bar Rescue	Security	
3 PM	Big Bang		Hope for Wildlife	Underground Railroad	Joint Relief		The First 48						SC Top 10	Cash Cab	Wizards		Bar Rescue	Security	
3:30 PM	Big Bang				Paid Prog.	Focus T25				Simpsons				How/Made	ANT Farm		Bar Rescue	Museum Secrets	
4 PM	Big Bang	Ice Pilots	South Pacific	Live From Lincoln Center	Paid Prog.	Backroads	The First 48	Oscars	Ice Pilots	Simpsons	Backstage	Movie: *** "Monster House" (2006) (N)	E:60	Oscars	How/Made	Dog		Bar Rescue	Museum Secrets
4:30 PM	Big Bang	Simpsons		Wheel	Inside EdIt.			Oscars	Simpsons	Global Nat.	Mr. D		Oscars	How/Made				Bar Rescue	Museum Secrets
5 PM	Mod Fam	Simpsons	Tudor Monastery Farm	News	NBC News	CBS News	Nightwatch	Oscars	Simpsons	(4:59) News Hour (N)	Movie: *** "Cats & Dogs" (2001) Jeff Goldblum.		Curling: 2015 Scotties Tournament of Hearts: Final. (N) (Live)	Oscars	To Be Announced	Jessie		Bar Rescue	Museum Secrets
5:30 PM	Mod Fam	News		NBC News	CBS News		Nightwatch	The Oscars Honors for achievements in film. (N) (Live)	Global Nat.	(5:59) News Hour (N)	Mulaney	Movie: *** "Hotel Transylvania" (2012) (N)	Oscars	To Be Announced	K.C. Under.	Storage	Bar Rescue	Mysteries-Museum	
6 PM	Movie: *** "Tyler Perry's I Can Do Bad All By Myself"	Global Nat.	Architects of Change	British Baking	News	KREM 2 News at 6 (N)	Nightwatch		(5:59) News Hour (N)	Mulaney	Simpsons		Oscars	To Be Announced	Liv-Mad.	Liquidator	Bar Rescue	Mysteries-Museum	
6:30 PM		News			News	Wheel			Mulaney	Family Guy	Burgers		Oscars	Last Frontier	Girl Meets	Pckge Deal	Coaching Bad (N)	Mysteries at the Castle	
7 PM	Do Bad All By Myself	Mulaney	Death Valley	Masterpiece Classic	Dateline NBC	60 Minutes (N)	Nightwatch		Burgers	Burgers	Burgers		Oscars	Last Frontier	Austin	Pckge Deal			
7:30 PM		Burgers							Burgers	Burgers	Burgers		Oscars	Myth-Busters	I Didn't	CityNews	Bar Rescue	Museum Secrets	
8 PM		Simpsons	Poirt "Mystery of the Blue Train"	Masterpiece Classic (N) (DVS)	Chicago Fire	Movie: *** "Act of Valor" (2012, Action) Rosalyn Sanchez.	(8:02) Nightwatch		On the Red Carpet at the Oscars	Family Guy	Family Guy	Dragons' Den	Open Heart	SportsCentre	Cleveland	To Be Announced	Next Step	The Beat	Bar Rescue
8:30 PM	The Closer	Simpsons		Masterpiece Mystery!	Law & Order: SVU				Family Guy	Family Guy	Burgers	Open Heart	SportsCentre	Big Bang	To Be Announced	Wingin' It	G. Martin	Bar Rescue	Mysteries-Museum
9 PM	The Closer	Burgers					(9:01) Nightwatch		Burgers	Burgers	Burgers	Open Heart	SportsCentre	Big Bang	To Be Announced	Wingin' It	G. Martin	Bar Rescue	Mysteries-Museum
9:30 PM									Burgers	Burgers	Burgers	Open Heart	SportsCentre	Big Bang	To Be Announced	Wingin' It	G. Martin	Bar Rescue	Mysteries-Museum
10 PM		Simpsons	Single Handed	Midsomer Murders	Chicago PD		(10:01) Nightwatch		Jimmy Kimmel Live	Simpsons	News Final	Haunting	SportsCentre	Saving Hope	To Be Announced	Jessie	CityLine	Coaching Bad	Mysteries at the Castle
10:30 PM	Movie: *** "The Kingdom"	Family Guy							Family Guy	Block		Haunting	SportsCentre	Good Luck		Wizards	Paid Prog.	Bar Rescue	Expedition Unknown
11 PM		News Final	Battle for the Elephants	Northwest Profiles	News	News	Nightwatch		Van Impe	Block	Paid Prog.	Haunting	SportsCentre	CTV News	Last Frontier	Life Derek	Paid Prog.		
11:30 PM		Block			Joint Relief	Family Guy					Paid Prog.	Haunting	SportsCentre						

News Leader Sudoku

SUDOKU

No. 216

Medium

Previous solution - Easy

5			3		9			
	6			7				2
							1	7
9								8
	1		8		4			3
3								2
1		2						
	5			9				8
			5		7			3

4	8	6	5	1	2	9	7	3
9	7	3	8	6	4	5	1	2
1	5	2	9	3	7	4	6	8
7	6	9	3	4	5	2	8	1
5	2	1	7	8	9	3	4	6
3	4	8	1	2	6	7	5	9
8	1	7	4	9	3	6	2	5
6	9	4	2	5	1	8	3	7
2	3	5	6	7	8	1	9	4

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S
News Leader Sudoku
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

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MONDAY, FEBRUARY 23, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N) 30	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Morning News (N) 30	(5:00) Morning News The morning news. (N)	CBC News Now (N) 30	Kid vs. Kat	SportsCentre 30	CTV Morning Live Vancouver (N)	Manufact.	Justin	CityLine (N) 30	Rescue	Gotta Eat
7 AM	Law & Order: SVU		Rob Robot	Arthur	Today (N) 30	CBS This Morning (N) 30	Dog	Good Morning America (N) 30			You & Me	Almost	Squirrel	SportsCentre 30	How/Made	ANT Farm	Let's Make a Deal (N)	Movie: *** "Man on Fire" (2004)	World's Moves
8 AM	Law & Order: SVU		Kate and Wild Kratts	Wild Kratts			Criminal Minds 30				Arthur 30	Chucks	T.U.F.F.	SportsCentre 30	How/Made	Jessie 30	The Price Is Right (N)	Denzel Washington 30	Moves
9 AM	Millionaire	Morning	PAW Patrol	Curious			Criminal Minds 30				Moblees	T.U.F.F.	SportsCentre 30	Deadliest Catch 30	Dog	The Price Is Right (N)		Security	
10 AM	Divorce	Operation Smile	Curious	Curious			The 700 Club 30	CSI: Miami 30	Livel Kelly and Michael	Morning	Huntley St.	Tiger	Wayside	Daily Planet 30 (DVS)	Doc McSt.	FamFeud		Security	
11 AM	Judge	Rachael Ray 30	Space	Peg			The Price Is Right (N)	CSI: Miami "Dispo Day"	The View 30	Operation Smile	Rachael Ray 30	Bookaboo	Spliced 30	SportsCentre 30	Never Land	The Chew 30	Movie: *** "The Siege" (1998, Suspense)	Mysterles-Museum	
12 PM	Hot Bench	Hot Bench	G. Shrinks	Sesame Street 30 (E)	Hot Bench	Young & Restless	Criminal Minds 30	Paid Prog.	Rachael Ray 30	Noon News Hour (N)	Heartland Ty returns.	Monster	Motoring	Marilyn Denis	Buying Al.	Lalaloopsy	General Hospital (N) 30	Denzel Washington 30	Border
1 PM	King	Days of our Lives (N)	PAW Patrol	Charlie Rose 30	Astroblast	News	Criminal Minds 30	The Chew 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 30	Nerds	Hockey Lunch	CTV News Vancouver	Mighty Planes 30	Win, Lose	Celebrity		Security
2 PM	The Middle	The Talk 30	Dinosaurs	Thomas	TMZ (N) 30	Let's Make a Deal (N)	Dead Man Talking 30	Queen Latifah	The Talk 30	Meredith Vieira	Steven and Chris (N) 30	Wayside	Hockey	Dr. Phil 30	How/Made	Phineas	CityNews at 5 (N) 30	Movie: *** "Training Day" (2001)	The Dead Files 30
3 PM	Seinfeld 30	Meredith Vieira	PAW Patrol	Sit & Be Fit	Hot Bench	Young & Restless	Criminal Minds 30	The Chew 30	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 30	Rated A	Lumber	Buying Al.	ANT Farm			Denzel Washington 30	Border
4 PM	Big Bang	Young & Restless	Dinosaurs	Sesame St.	ThisMinute	Let's Make a Deal (N)	Dead Man Talking 30	Queen Latifah	The Talk 30	Meredith Vieira	Steven and Chris (N) 30	Kid vs. Kat	Hockey	How/Made	ANT Farm			Denzel Washington 30	Moves
5 PM	Browns	News (N) 30	Dive, Olly	Curious	Ellen DeGeneres Show	The Dr. Oz Show 30	The First 48 30	Rachael Ray 30	Meredith Vieira	Young & Restless	Republic of Doyle 30	Sidekick	SportsCentre (N) 30	Ellen DeGeneres Show	How/Made	Good Luck	(2:59) CityNews at 6 (N)	Movie: *** "Man on Fire" (2004)	Gotta Eat
6 PM	Payne	Global Nat.	Jelly Jamm	Cat in the Hat	Jdg Judy	Dr. Phil 30	The First 48 30	The Doctors 30	Young & Restless	Early News	Global Nat.	SpongeBob	Grantland Basketball	The Dr. Oz Show 30	Daily Planet (N)	Phineas	Mod Fam	Denzel Washington 30	Moves
7 PM	Mod Fam	Ent	Magic Bus	Wild Kratts	Jdg Judy	Dr. Phil 30	The First 48 30	The Doctors 30	Young & Restless	Early News	Global Nat.	Parents	NBA Basketball: Toronto Raptors at New Orleans Pelicans (N)	CTV News Vancouver	Myth-Busters (N) 30	Jessie 30	Broke Girl		Security
8 PM	Family Guy	The Night Shift 30	Jack 30	News	News	News	The First 48 30	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Sam & Cat	Assembly	CTV News Vancouver	Alaskan Bush People	Austin	Scorpion "Going South"	Movie: *** "Training Day" (2001)	Security
9 PM	Amer. Dad	Sleepy Hollow 30	Wild Kratts	Business	NBC News	CBS News	The First 48 30	News	Early News	(4:59) News Hour (N)	CBC News	Parents	SpongeBob	CTV News Vancouver	Myth-Busters (N) 30	Liv-Mad.	Mike		Security
10 PM	Jeffersons	NCIS: Los Angeles (N)	Architects of Change	PBS News-Hour (N) 30	Millionaire	KREM 2 News at 6 (N)	The First 48 30	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Sam & Cat	Assembly	CTV News Vancouver	Alaskan Bush People	Austin	Scorpion "Going South"	Movie: *** "Training Day" (2001)	Security
11 PM	Movie: "Match Point"	CHBC News Final (N)	Hope for Wildlife 30	Antiques Roadshow (N)	Antiques Roadshow	Antiques Roadshow	(8:02) Night-watch 30	The Bachelor (N) 30	The Night Shift 30	The Night Shift 30	Murdoch Mysteries (N)	Funnlest Home Videos	Manitoba vs. B.C. (N) 30	CTV News Vancouver	Alaskan Bush People	Next Step	EP Daily	Denzel Washington 30	Border
			Hope for Wildlife 30	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	(9:01) The First 48 30	(10:01) The Bachelor (N) 30	Sleepy Hollow 30	Sleepy Hollow 30	Ascension (N)	Vampire	Vampire	CTV News	Myth-Busters 30	Wizards	Paid Prog.	Denzel Washington 30	Border
			Hope for Wildlife 30	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	(10:01) The Bachelor (N) 30	(10:01) The Bachelor (N) 30	NCIS: Los Angeles (N)	News Hour Final (N)	The National (N) 30	Haunting	Haunting	CTV News	Myth-Busters 30	Wizards	Paid Prog.	Denzel Washington 30	Border
			Hope for Wildlife 30	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	(11:02) The First 48 30	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Gags	SportsCentre 30	CTV News	Myth-Busters 30	Wizards	Paid Prog.	Denzel Washington 30	Border
			Hope for Wildlife 30	Antiques Roadshow	Antiques Roadshow	Antiques Roadshow	(11:02) The First 48 30	J. Kimmel	Doctors	Honourable	Gags	Gags	CTV News	Myth-Busters 30	Wizards	Paid Prog.	Denzel Washington 30	Border	



The lines above show the 'proposed' location of a walking plaza in downtown Princeton as suggested by the News Leader:

Saving Downtown Princeton...

...An Ongoing Series by George Elliott

If you have been reading this series for any length of time you know it's covered a lot of subject matter related to the local economy. What I

have been trying to do is inspire you to support local business by looking at the downtown core as a vital part of the community.

One of the ways to do that is by using cosmetics.

I recently wrote about how cleaning up the downtown core helps make it look inviting to visitors and residents who may not give it a second look when driving through. The Town Crew has been praised here many times for the work they have done and as I write this particular column I can hear the street sweeper going past my office. They are doing a huge part in beautifying the downtown and the community as a whole.

Now for something completely different.

I think one possible improvement to the downtown core is to close a section of it to all vehicular traffic. That is to say, turn a part of downtown Princeton into a walking/biking only outdoor plaza.

This has been very successful in many other small communities that have tried to inject life into their local economy. It's a major facelift but the dividends it could pay back to the community would be huge.

My suggestion is outlined on the map above.

Using the Bridge/Vermilion intersection as the centerpiece, I would shut both Bridge Street and Vermilion Avenue a total of one block either direction from that location. So, for a better visual, Bridge Street from the CIBC bank corner to the Post Office would be closed to vehicles as would Vermilion Avenue from Veterans Square to just before the new Town Hall.

If you take a closer look at what that 'closed zone' contains it may make sense. The main services of a post office, bank, insurance office, library, art gallery, public washrooms, town park, cenotaph, entertainment gazebo and fountain are all within that zone. Bordering that

zone is a drug store, legion, municipal office and related services and the former Town offices.

I mention the former Town Hall because that property could be the best location possible (with the walking plaza in place) for an information service of some kind. I'd strongly suggest the Chamber of Commerce man an information kiosk or something of that nature in that location.

As for cars, trucks and other vehicles, keep in mind that just outside the 'closed zone' there are public parking lots located behind the former Town Hall, behind the drug store and in the currently abandoned old Overwaitea parking lot.

To address concerns about traveling from the brown bridge to Highway 3, there are side streets that can handle that form of traffic keeping them out of the 'closed zone' on Bridge Street. Getting around from Vermilion Avenue wascontinued on Page 19

13th ANNUAL
Ladies Diamond Dinner
 Saturday, April 11th
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\$2,000 WORTH OF DIAMONDS
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Notices

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Wanted

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JAMuary continues this month!

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Rotary dedicates community kitchen

.....continued from Front Page Similkameen Cup."

Lawrence added, "These funds are a direct result of supporting businesses and the public. People make

things happen. Thanks to all."

Other contributions included twenty-eight feet of kitchen countertop donated by BC Countertops in Surrey and four base cabinets -

yet to be assembled - donated by Euro-Rite Cabinets of Port Coquitlam.

Those donations resulting from phone calls made by Lawrence to

old contacts of his.

"For month after month at The Hut, Bill and Ann provided a special recycle box from which Rotary earned serious money. We are thankful. We hope that within two weeks the final kitchen inspection

will be done."

According to Short, the hope is that the Rotary Kitchen is used as a community kitchen open for use during weddings, funerals and not restricted to be used only by certain groups or individuals.



Riverside Theatre will be transformed to host the annual Rotary Club Winefest. Photo: Emie Lawrence

Current Comment

Dawn Johnson

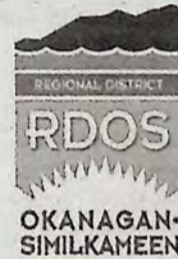
.....continued from Page 5 the Communist Party was considered a form of subversion.

Travel was restricted to those favored by the Party. Citizens of proven loyalty were permitted to travel outside Russia. Anyone about whom the Party had doubts was not permitted to travel anywhere. Anyone wishing to leave Russia without a permit had to escape and those attempting escape would be shot.

Yes, Russia had a great space program and produced some great scientists and great military machines. All of Russia's achievements were at an expense to some sector of its citizens, whether in terms of less to eat or lack of housing or reduction in health care.

We need to remember Russia's history so the pattern does not repeat. Any resemblance to anything our government is doing should be a cause for deep concern.

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Wednesday, February 18, 2015 - 7:00 PM
Riverside Centre - 148 Old Hedley Road, Princeton

For general inquiries
please e-mail finance@rdos.bc.ca
or call 250-492-0237 (toll free 1-877-610-3737)

Winefest set for February 20

On February 21st, the Princeton Rotary Club will be hosting their annual Winefest at the Riverside Centre.

Several South Okanagan and Similkameen Valley wineries are lined up to attend, including Forbidden Fruit, Seven Stones, Hester Creek, Tinhorn Creek, Road and various Vincor brands.

The event includes your own wine glass to sample the various wines, and people can enjoy appetizers from our local restaurants. It is a great night out and has been a popular event for several years.

Local businesses have also contributed generously, so there will

be a variety of raffle and silent auction prizes awarded through the evening.

The event costs \$30.00 per person and tickets can be bought at the Royal Lepage office or from

local Rotarians.

The event runs from 7:00 PM to 10:00 PM on February 20th. All proceeds will be directed to a variety of local and international worthwhile Rotary projects.

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Rotarian Frank Turner presents Judy Short with a bouquet of flowers in thanks for her dedication and inspiration that led to the Rotary Kitchen at Riverside Centre. A dedication ceremony was held February 12th. Short also received an additional bouquet from the Town of Princeton presented by CAO Rick Zerr. *

Saving Downtown Princeton

by W. George Elliott

.....continued from Page 16 accomplished when the Town split it off feeding traffic to Bridge Street along Veterans Boulevard, which runs alongside the legion building.

Along with the walking plaza I would encourage the establishment of bylaws allowing street vendors, if they don't already exist, and buskers or what have you to develop a carnival sort of feel for the downtown core.

Don't even get me started on the health benefits of removing vehicles from the very centre of the downtown core. The health benefits of

walking I also don't need to expand on but imagine what something like this cosmetic change could do for the local economy.

What makes me think it is possible and the potential that exists is when part of the downtown core is closed for events such as the Show 'n' Shine and Traditional Music Festival. Even when Christmas Light-Up is held part of the downtown is closed. Just think of the many new and different celebrations that could be hosted in a walking plaza lay out.

How does this save downtown Princeton?

The key elements are already in place for a major cosmetic change to the very centre of downtown. With a beautiful park-like setting (Veterans Square) including a gazebo and fountain and various services already bordering or within the one block radius of the park it's not a big leap to see what a permanent street closure can do in this location.

The closure would open up potential additional celebrations, the addition of more services in the form of street vendors and a setting that could be a huge draw for the community.



Judy Short's dream of seeing dinner theatre in Princeton started the ball rolling three years ago on the Rotary Kitchen project at Riverside Centre. A total of \$89-thousand dollars later the project was officially dedicated February 12th by Princeton Rotary Club who celebrated the feat with a number of guests. *

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Local teen's cow wins 'Hereford Miss World'

Cayley Brown, a young Hereford breeder in Princeton was presented with the 'Hereford Miss World' title for her bred and owned two-year-old cow CB 122L Lady B 222Z, in a ceremony held in Fort Worth, Texas on February 3rd.

The cow she bred and currently owns with Shar-Lo Farms in New Brunswick, was named Supreme Champion Female across all breeds at the 2014 Armstrong Interior Provincial Exhibition (IPE) and Canadian National Champion Hereford Female late last year at Regina's Canadian Western Agribition.

Shortly afterwards, the online site HerefordBreeder.net named the female 'Miss North America' after evaluation by four online judges, an anonymous judge on-site at the national show and Facebook voters.

The female competed against a

U.S. National Champion and other world national champions.

All owners of continental champions attended a week of scheduled activities, including tours and presentations, coinciding with the 2015 Fort Worth Stock Show Hereford events.

Brown started showing cattle at a very early age - age 3 - and with her parents' guidance, 4-H experience and involvement in the Canadian Junior Hereford Association, has gained tremendous cattle breeding and marketing experience and a few high-profile championships.

Still a teenager, Brown's herd is now 10 cows strong but progeny, embryos and semen are marketed internationally.

The HerefordBreeder.net organization, founded by PJ Budler, is growing in profile after its third year. The dam of Brown's heifer

won the inaugural competition in 2012.

The presentation of the Miss World award and articles about the

event can be found online at HerefordBreeder.net. - submitted



International delegates, Hereford state queens, Cayley Brown (fourth from right in teal blue jacket), and American Hereford Association officials + Cut-out of winning cow: CB 122L Lady B 222Z. - photo submitted

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Flip Of The Coyne

by Spencer Coyne

.....continued from Page 3
be honest, when my son was born I

was scared to take him for his first set of shots, I really was. I read all this stuff about vaccinations causing autism.

I even saw Jenny McCarthy telling her son's story on daytime talk shows, then I read the science and I read the studies and I found out that the one single claim that started all the controversy was disproved, not once, but time and time again.

When H1N1 came around my son was still just a little baby and we heard all the horror stories about the vaccination. We saw that woman who claimed to go all wiggly after getting the vaccination. Again, I was scared. Rather than just listen to the hysteria, I went to the source and I researched what the vaccination really was. The truth I discovered was that the tin of tuna I ate for lunch that day was more dangerous than the vaccination I got the next.

Our doctors and medical experts

don't want to shoot us full of mind controlling, autism-giving chemicals. They want to save lives. Most of the things that we vaccinate against wreaked havoc on the generations before us. They killed, crippled, deafened, and changed lives in some of the most horrific ways you can think of. This is why we vaccinate our kids. No one should have to lose a loved one to a preventable disease.

The current measles outbreak started with one unvaccinated person who went to a crowded theme park and airport. Now it has spread across the United States and into Canada. The only thing that is keeping it in check is that most of us are immune.

What if we weren't? What if the disease was something else? In a month, the measles has spread across most of North America, and this could have been prevented with a simple vaccination. Stop preventable diseases and get vaccinated.

JAM THAT BITES BACK!



JAMuary continues...which happens to be our all-time favourite time of year! That's because we get to spend time in the JamBusters! kitchen creating new and exciting items to celebrate the arrival of JAMuary.

One of the most exciting parts of JAMuary for us is that we have developed a brand new line of products using some very unusual ingredients. One of them is our Pepper Pepper Strawberry Jam. If you're already scratching your head about what Strawberry Jam would taste like with pepper let us tell you we aren't just talking any kind of pepper, either. There's TWO kinds of peppers in this recipe including smokin' hot chilies combined with Whiskey Jack peppercorns from the Smoking Gun Pepper Company in Princeton. Trust us, this jam will make you smack your lips. You will feel a slight tingle with this tasty strawberry jam that

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will make an ordinary slice of toast nothing short of extraordinary. This jam is one you will want to try today!

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