

Similkameen News Leader

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Tuesday, May 26, 2015

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Princeton Rotary Club donated \$1,500.00 to the Friends of Cormack Marsh May 21st. Rotary Treasurer Judy Short, centre, was joined by Friends of Cormack Marsh members and Vermilion Forks Field Naturalists. From left, Christine Kelly, Joan Kelly, Kelley Cook and Johanna Nott. The donation will go towards the construction of an information kiosk.*

Financial report details Town wages

The 2014 Statement of Financial Information Report was presented at the May 19th regular meeting of Town Council. The document is required to be prepared and approved by Council and then submitted to the Inspector of Municipalities.

"The SOFI includes the 2014 Financial Statements as well as Schedules in respect of Debt, Payments to Suppliers, Employee and Council Remuneration and Expenses, Severance Pay Agreements and Guarantee and Indemnity Agreements," explains Director of Finance Shirley

McMahon in her report to Council. The Schedule showing Remuneration and Expenses paid to or on behalf of each employee for 2014 has three different lists. The first one is for Elected Officials, Employees appointed by Cabinet and Members of the Board of Directors.

On it Mayor Frank Armitage received \$20,958.10 in remuneration and \$5,509.44 for expenses. Councillors Jason Earle, Rosemary Doughty and Jerome Tjerstra each received \$873.25 in remuneration. Councillors Kim Maynard andcontinued on Page 3

RDOS unplugs smart meter program

The Regional District of Okanagan Similkameen (RDOS) voted 12-5 to have the provincial government stop further installation of smart meters in the region.

The motion, made by Electoral Area D (Kaleden/OK Falls) Director Tom Siddon, also calls on FortisBC to remove at its own cost those meters already installed on houses in Area D.

"It's easy to be silent, but sometimes it's important to take a stand and get a message out, and it doesn't have to be based on perfect information," Siddon stated at the May 21st RDOS meeting.

His concerns include the safety certification process for the meters used by FortisBC and debate among scientists about whether current health guidelines for devices that emit electromagnetic radiation do enough to protect the public.

Citing a lack of clear understanding of the science involved, most of the RDOS board members who spoke out on the issue decided to support Siddon's motion to err on the side of caution.

Summerland Mayor Peter Waterman pointed out that the growing number of scientists who have strongly suggested caution be used around the devices means that walking away from the issue would be similar to a 'cop-out.'

"To get this many scientists saying one thing, they can't all be quacks."

Area F (Okanagan Lake West/West Bench) Director Michael Brydon led the opposition to the moratorium and indicated that Health Canada's website has a

fact sheet dealing with many of the concerns Siddon raised and has labeled them as 'myths' about smart meters and electromagnetic emissions.

Brydon concluded with, "The only conclusion I can make if I accept this (motion) is that Health Canada is corrupt or incompetent. And if we're going to go there, we need to go there."

The other four votes opposed to the moratorium came from Penticton Mayor Andrew Jakubeit, Penticton Councillor Helena Konanz, Osoyoos Councillor C.J. Rhodes and Keremeos Mayor Manfred Bauer.

David Wylie of FortisBC says, "While the RDOS is not the first

B.C. (local government) to request a moratorium on wireless electricity meters, FortisBC is continuing with advanced meter installations since the project has met all of the regulatory and legal requirements."

He also confirmed Siddon's claim that FortisBC's smart meters are not certified by the Canadian Standards Association, but noted that group's stamp of approval isn't required since the devices are not considered a consumer product.

The meters are owned and operated by FortisBC, certified by industry groups and approved for use by Measurement Canada, and so far, the company has installed about 7,000 smart meters throughout the South Okanagan.

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SISTERS CLOSER THAN FRIENDS

PRINCETON AND TONASKET RODEOS ARE COMING

DETAILS ON PAGES 18 & 19

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A 'kiwi' shares local observations

by Dianne Hill
Auckland, New Zealand

One could be forgiven for assuming a place called Princeton would be importantly large, grand or even slightly Royal. Not this Princeton, in fact far from it! It's a small mining village situated on the banks of the Similkameen River in the middle of nowhere in central British Columbia, Canada.

Its population had recently exploded to about 3,000, on account of the re-opening of the old mine and workers had flocked in for the big wages.

Two years ago the town fathers decided to host an air show. Quite an undertaking as there is 'NO' commercial airport in Princeton. There is however, a paved strip kept in reasonable shape with a single air sock flying at one end to be available for emergencies. That is when it's not playing host to a herd of deer or elk looking for an easy meal, or a good landing strip for a flock of Canadian geese, honking their way across the land.

We read the article in The Penticton Herald (where we were holidaying at the time) with some disbelief that anyone would actually put together an air show on this forlorn looking strip in the field of half dead, never mown grass, surrounded by a circle of hills and beyond them another circle of huge mountains. Who would willingly

want to fly in there?

D-day arrived and off we went complete with picnic lunch and folding chairs unsure that we would see anything worth watching.

A few hand painted arrows guided us in to where surely all 3,000 townsfolk were happily ensconced. It was a big deal alright - the entry fee for a car load including all day parking was \$5.00 and the best was yet to come. There on the 'tarmac' ready to strut their stuff were eight amazing little aircraft that had flown in from all over the USA. These planes were unique and their pilots were soon to prove they were masters!

First off the block was the gyrocopter, nicknamed the motorbike of the sky and famous for its rear propellers driven by the motor while its over head rotating blades flow freely and are 'unconnected' to the motor. The rotors simply self propel due to the air flowing through them. They are considered to be the safest form of flying because of this system and can fly lower and slower than other aircraft. They need an air strip to take off but only a putting green to land. Apparently they are easier to fly than helicopters and this pilot had spent a year in NZ earning his ticket, so he could put on demonstrations all over the USA.

Next came a small fleet of Harvards well known as trainers

during WWII with their all too familiar whine and now privately owned by a group of old bold pilots who amazed us with their formation flying and crisscrossing skills, while leaving coloured trails in the air and all only metres above the crowd.

At air shows like this the aerobatic pilots have to qualify before being allowed to fly low over the crowd. Newer boys on the block like the modern aerobatic pilot of the plane that followed had to do his hammerhead stalls, loops and falling leaf tumbles at a slightly higher altitude because he lacked the experience of the old bold Harvard flyers. Never the less his flying abilities amazed us and he stood out beautifully against the clear azure blue sky.

Unfortunately the Spitfire that was

promised and touted as a show stopper, never arrived and no-one knew why. Perhaps he doubted Princeton's ability to accommodate an emergency with its fire trucks and ambulances polished up for the occasion and if so who could blame him?

The real highlight however, was there and put on a display of outstanding flying skills in his fabric covered Piper Super Cub. His act was to successfully land on a platform that was built on top of a small utility truck - both platform and truck being the same length as his plane, whilst both vehicles were travelling at exactly 60 kph.

It required two attempts to pull this off and we held our breath the entire time. Apparently an unexpected gust of cross wind affected his first attempt and as they both needed to

be 100-percent perfect in every way and were centimeters from disaster at any time, the pilot pulled up at the last minute. No worries, he circled around while waiting for the truck to reposition itself before trying again.

Second attempt 10 minutes later was perfect and we all breathed again. Was it nerves of steel, incredible skill and courage, or a combination of all three that allowed these two men to demonstrate their act that I called "flirting with disaster?" Whatever; it was certainly one out of the box and they made it look easier than parking the family car in the garage.

Did we get our five bucks worth? We certainly did and even at ten times the price it would have been great value for a day of jaw dropping thrills.

Community Foundation requests your feedback

The Community Foundation of the South Okanagan has launched its 2015 Vital Signs survey and you are encouraged to take the survey and grade your community on key issue areas facing citizens in the region.

The Vital Signs report is an important piece of literature for the South Okanagan and Similkameen as it gathers statistical data and community input in a comprehensive report to provide citizens with a sense of where their community is at and where it might be going.

The report covers the communi-

ties in the RDOS region from Summerland to Osoyoos and throughout the Similkameen Valley.

The survey takes about six minutes to complete and asks questions on 11 key issue areas that affect the quality of life, such as: arts and culture, belonging and leadership, environment, gap between rich and poor, getting started in our community, health and wellness, housing, learning, safety, work, and getting around.

"We encourage all citizens to take the survey so we are able to gather

a true sense of how the citizens feel about the state of their community. The more input we gather, the more feedback we are able to publish in the report," said Aaron McRann, Executive Director of the Community Foundation of the South Okanagan Similkameen.

The Vital Signs report will available to all community members and organizations on October 1. Look for an official launch event details to follow.

To take the online survey visit this website and follow the prompts: www.vitalsignssurvey.com.

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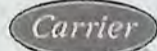
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Hellish Relish...IS BACK!!!

Details on Page 20

Hello People of Princeton!

If you are wanting the KVR section that passes through Princeton to continue to allow motorized vehicles on the trail you must let Princeton Town Council know!

So far the only letters they have received are from non-motorized supporters and from people in the surrounding Princeton area (Area H and beyond). The council will be basing their decision on what the people of Princeton say, so write a quick note stating what you want. Be sure to include your name, address and what use you want on the trail. We feel that horseback riders, hikers, bikers, quaders, motorbikers and skidoosers should all be able to use the trail respectively together.

Write a short letter with name and address and get it into the Princeton Town hall, Doug Pateman, Ken Reeves or if all that fails, email it to us at reichert-sales@mac.com. The cut off is the end of this week so don't delay! Have a say in what your trail is used for!!

- Reichert Sales & Service, Tulameen

Flip Of The Coyne

by Spencer Coyne

Where is Town Hall?

Twice during these past two weeks there were people very concerned about the safety of the town water supply and it was brought up on social media. People wanted answers. Nowhere was there anyone from Council or an official from Town Hall to put people at ease. Yet there are hundreds of lurkers on the pages and they can see when there are concerns brought up. There is no official Facebook or Twitter account where they could have put these people's minds at ease.

Maybe the problem is the disconnect between those in power and the way that people communicate today. Like it or not, social media is here and it is here to stay. Other governments and public services have social media accounts for that reason, but not Princeton. The Town's web presence is nearly non-existent. There is a website but it needs a serious overhaul.

Now that the Town has taken over tourism, I would hope that they plan on having a tourism website, Twitter account and Facebook page. These are just some of the

ways that people make their travel plans. The same goes for when people are looking to invest in a community. They look online first to see what that community has to offer. If the Town's website is their first impression it is not going to be a very good one. It is clunky, feels cluttered and looks pixelated. We are not making a very good first impression. Someone down at Town Hall must know about Twitter. I know some of the members of council do, so where is the Town's official Twitter account? The City of Penticton has a great

Twitter account. It would be a great jumping off point. Penticton has a Twitter account for recreation too, another great way to let people know what programs are running.

It is sad that citizens have to be the ones that are trying to put out fires. That really should be the job of Town Hall. Even if all they did was have a way for people to send them a message, it would be better than nothing.

We all know how fast rumours can spread and we know if that a rumour sounds bad it will spread like wildfire, so if the Town was to give the job to one of the staff members to just answer questions it would be light years ahead of where we are today. I know social media can be a scary place and if you don't use it right it can really bite you in the backside, but it's Princeton. Doing nothing will bite you too.

There is a real choice here: be part of the message and have some control over that message or sit on the sidelines and not be a part of it at all. If Town Hall chooses to sit on the sidelines, then the problem is that they are not even in the conversation and the message is some-

thing they cannot even attempt to control. Think of it as a brand. If your brand is being slammed online and you are not there, then the mob is going to form the image of your brand. If the brand owner is at least in the conversation, they can try to mitigate the negative and use it as an opportunity to make their brand stronger. I know where I would want my Town Hall to be in that conversation, and it isn't lurking on the sidelines, but as an active participant. There is never a need in today's world of communication technology for people to not know what is happening around them, unless the ones who need to be doing the communicating are not participating.

Princeton needs to enter the 21st century, and since it is 2015 we have had more than enough time to get on that train. Big changes have taken place with Recreation moving to the Town and now Tourism moving there too. Let's not let real opportunities pass us by because we are too worried about controlling absolutely everything. Let's engage the population, business, tourists and possible future residents and investors.

Report details town wages

.....continued from Front Page
Doug Pateman had \$10,478.99 each in remuneration with expenses totaling \$7,370.53 for Maynard and \$4,421.13 for Pateman. Councilor Marilyn Harkness received remuneration in the amount of 9,605.74 with \$3,568.74 in expenses.

The second list is for all other employees with remuneration and expenses above \$75,000. CEO Rick Zerr tops the list with \$127,113.58 in remuneration and

\$8,983.08 in expenses. Head of the Public Works Department Kevin Huey had \$87,397.78 in remuneration and \$1,180.22 in expenses. Finance Department Head Shirley McMahon had a remuneration of \$86,376.09 and \$2,246.86 in expenses. Ken Gibson and Britt Fraser from the Town Crew are also listed with Gibson showing remuneration at \$82,270.21 and expenses listed as \$175.00. Fraser's figures were \$79,578.44 and

\$2,436.11. The consolidated total of all other employees with earnings and expenses less than \$75,000.00 is \$706,677.14 and expenses totaled \$4,231.00.

The final chart is totals of all remuneration, which for 2014 was \$1,260,236.75 with \$71,570.24 of that to elected officials.

The complete 2014 Statement of Financial Information Report is also expected to be on the Town of Princeton website.



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Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Only In Princeton

Did you get invited to the official ribbon cutting ceremony last Friday afternoon to open the new Town of Princeton Visitor Centre?

Neither did I.

As much as I'd like to think of it as an oversight, I can't help to see the irony in it. I think I've put a fair deal of effort into promoting the positive side of a downtown tourist information centre in the downtown core - both in this newspaper and on the street. So not being included as a member of the media to the final part of a long line of steps to getting the tourism component away from the Chamber of Commerce and under the control of the municipality is ironic.

It makes about as much sense to me as not including a police officer in a meeting dealing with police enforcement.

That's probably not a good example but I can see how the invitation would have gotten lost or misplaced as it was at about the same time Town Hall would have been trying to put out a different fire. You know, that rumour you heard last week about a deer that found its way into the water system. That one had a few variations but basically revolved around a threat to the community water supply.

Just to confirm, that didn't happen. In fact, unless someone flying overhead with a helicopter dropped a deer into the treatment plant, there's no way it could happen. Besides, as far as I recall town water is drawn from wells anyway.

That entire rumour smacks of irony to me since so many residents feel deer are an evil menace that it was only a matter of time before one became part of a local urban legend.

Another interesting chunk of rumour mill fodder is coming from the now mostly-vacant former Overwaitea lot. I'm hearing some whoppers, too.

Since nobody really knows who actually bought the property let me throw out a little more fuel for you.

According to the Town of Princeton 2014 Consolidated Statement of Operations the Town's surplus at year-end was \$23,128,648. What if the Town 'secretly' bought that property out of their surplus funds and is working on a grant from the Federal Government's Canada 150 Program to fund a pool?

Think about that for a second or three.

The Town has been trying to save downtown Princeton and has been more or less forced into taking serious action to keep commerce chugging in the retail core.

They know that most of us down here are not happy and need some help so they have made some pretty smart changes downtown. Buying the Overwaitea property and putting a pool in with grant money is a clever way to feed the majority of traffic downtown.

The irony here is that there is always a bit of truth to every rumour.



Cathy Lehaie leads some of the participants of the annual Meadowlark Festival along the Ridge Trail at Swan Lake. A total of 20 participants were part of this tour. Details on Page 8. -photo submitted

...Your Turn

Letters and E-Mails Received This Past Week

To The Editor;

After attending the Public Forum to Oppose Bill C-51 in Kelowna, Bob Nicholson of Penticton wrote that the intent of the bill was "reassure fearful Canadians." I guess it's some kind of accident that through its content, the bill "makes disagreeing with the government a crime."

In Nicholson's view, Justin Trudeau voted for C-51 because he approved the intent. As for the content, he promised to amend it if he forms a government after October.

Because Thomas Mulcair also promised to amend the bill, Nicholson, ex-journalist and self-described Liberal political activist, wants us to think Trudeau is no different from Mulcair. He wants us to believe, "Trudeau is not the enemy."

There are numerous problems with this story. First, C-51 does more than criminalize dissent. James Cowan, leader of the Liberal Senate opposition, wrote to me about the many witnesses who

appeared before the Senate National Security and Defence Committee.

"[They] identified major problems with the bill, including unprecedented provisions that threaten fundamental rights of Canadians' privacy rights, and even fundamental rights and freedoms under the Charter." At the same time, witnesses questioned whether in fact the bill would actually make Canadians safer.

Moreover, the Bill would create these new controversial powers without providing for the critical oversight of those powers' oversight that is accepted and indeed valued, including by the police and intelligence services, in other Western democracies around the world.

Second, Trudeau himself told us why he voted for this exceptionally dangerous bill. He said Harper would attack any opponent as being "soft on terrorism." He didn't want that accusation in an election year.

Whereas Trudeau accepted an

undemocratic police state to obtain some political comfort, the Senate Liberals are signalling rebellion. Cowan wrote, "If the government refuses to strike a more reasonable balance between security and liberty, and to provide appropriate parliamentary oversight, I will vote against the bill . . . [M]any, if not most of my Senate Liberal Caucus colleagues will do the same."

Third, what makes Mulcair different from Trudeau is that he voted against C-51. He's since declared he'll repeal it completely if he forms a government. Nicholson and I agree on one point: "In October, Canadians will face the most important choice in a generation. We must remove Harper and rebuild the Canada he is dismantling."

I know who I'm going to vote for. Do you?

- Dianne Varga, Kelowna, BC

MORE
LETTERS TO THE EDITOR
PAGE 10

Similkameen
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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Current Comment

Clothes Send A Message



Dawn Johnson
editor@thenewsleader.ca

The recent controversy over dress codes in schools raised a lot of issues about clothing and the messages sent by how people dress. There is a long history of clothing restrictions for a variety of classes of people. For example, at one time, only kings could wear the colour purple. Black in Europe is what you wear to a funeral, but in Saudi Arabia, you wear white to a funeral.

However, to label a particular kind of clothing as a "sexual distraction" for secondary school boys seems ridiculous. Just having girls as classmates is probably a sexual distraction for most teenage boys!

There is an ongoing misconception that the type of clothing a woman wears leads men to become aroused. I believe this is pure nonsense. Men and boys seem to become sexually attracted to women and girls regardless of what the women and girls are wearing. In societies in which female garments consist of head-to-toe coverings, with only the

eyes showing, men are still attracted to women.

A great deal of what we think about appropriate clothing depends on the culture in which we were raised. In old Japan, the nape of a woman's neck was considered very sexy, so women wore clothing that covered the neck. In our culture, men do not become excited by the sight of a bare nape of a woman's neck. It must be a mental thing.

At one time in our culture, the sight of a woman's ankle was considered exciting. Later, it was the sight of a bare leg. It seems to me we go through phases of deciding what women should wear.

Nowadays, it seems there are no limits to how sexy a woman is supposed to appear. Some of the most outrageously revealing costumes are worn by women in show business, and I believe this causes a lot of confusion in young people's notions of what is attractive. Both boys and girls become confused by images on stage and screen.

Most teenagers are preoccupied with their sexual attractiveness. They are trying to find their own style, or their own status in the group, and how they dress is important to them in developing a sense of identity. When it comes to a choice of what to wear, girls have a much wider range of choice than boys have, so a girl might show up in just about anything unless guidelines are in place. A boy might choose to wear shorts, baggy jeans, muscle shirts, black leather jackets, etc. but few of them would choose to attend with something totally off the wall for

fear of ridicule from other boys. Boys are trying to look manly, girls are trying to look womanly. Many are just trying to survive the horrible social environment known as high school.

One of the things I learned about teaching girls how to dress is teaching them not to be a distraction of any sort. What a girl should wear is clothing that does not distract anyone from seeing who she really is. Personality and character should be what others see first.

Women who wear a lot of make-up, who wear clothing that emphasizes female body characteristics, are a distraction to everyone who sees them. It is like they are putting up a front to hide themselves, or as if they are saying, "What you see on the surface is all there is to me."

In that sense, making a splash with clothing and make-up is detrimental to a girl or woman. Her real self is concealed. She might be a caring, loving person, or a person whose intelligence is her strength, but these qualities are hidden behind a facade of make-up and clothing that distracts. She is not her authentic self.

This is especially true for models, whose line of work is considered exciting by many teenage girls. Models are selected for body type and the ability of make-up artists and hairdressers to create any illusion they wish. Models are not supposed to distract anyone's attention from the clothes they wear. The clothing industry does not care anything about the character of the model. The industry does not care whether she is intelligent, likes cats, reads a lot of books, orcontinued on Page 18



Keremeos Creek sails past the historic flour mill located at the Keremeos Grist Mill & Gardens, which opened for the season on the May long weekend.*

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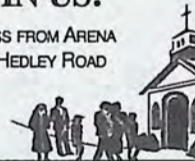
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AND NOW...A LITTLE GOOD NEWS!

"Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me.'" - Matthew 28:18

Lower Valley News

Keremeos - Cawston - Olalla



Probably the largest single contingent in the Keremeos Elks Rodeo parade May 18th was from a Migrant Workers Group - El Faro Service Society. This is the changing face of Farm workers in the Keremeos area. The local farmers have started to move away from the problems associated with transient Canadian Farm workers to bringing in Migrant workers mostly from Mexico. Photo: Ann House Photoworks

Village releases Council highlights

Here are the Highlights from the May 19th regular meeting of Village Council as issued by the Village of Keremeos.

Correspondence

Friends of the Library

- Council granted permission to borrow six tables for their annual book sale on August 1, 2015.

SPARC BC

- Council proclaimed June 6, 2015 as Access Awareness Day in the Village of Keremeos to promote positive ways of building accessibility and to create accessible and

inclusive communities for all of our citizens.

Ministry of Health

- Council received a letter with respect to the discontinuation of services by Portage at the Crossing. *Auditor General for Local Government*

- Council received a letter with respect to the Village's Annual Service Plan for the period of 2015/16 to 2016/17.

Reports

2014 Annual Report

- Council received the Village's

Annual Report for the 2014 calendar year and opened the floor for questions or comments with respect to this report.

2014 Statement of Financial Information

- Council received the Village's Statement of Financial Information for the year ended December 31, 2014.

Bylaws

Council Adopted:

Street and Traffic Bylaw No. 660, 2004, Amendment Bylaw No. 660-2 - Deletion of the section pertaining to fireworks as it is being included in the Good Neighbour

Bylaw.

Good Neighbour Bylaw No. 810, Amendment Bylaw 810-1

- Inclusion of Part 5(a) Fireworks to prohibit the sale and discharge of fireworks within the Village without a permit issued by the Fire Chief.

Municipal Ticket Information Amendment 803, 2013, Amendment Bylaw No. 803-5

- Removal of fine for discharging fireworks in the Village from Schedule 11 to Schedule 7.

Land Use Procedures Bylaw No. 819

- Updated to reflect current provi-

sions of the Local Government Act.

Sign and Canopy Regulation Amendment Bylaw No. 818

- Updated to provide clarification of terms and to reflect current provisions of the Community Charter. *Fire Regulation Bylaw No. 665, 2003, Amendment Bylaw No. 665-1* - Updated to replace definition of 'prohibited material,' to regulate the size, location and responsibilities with respect to open burning and campfires within the Village and to restrict open burning between April 15th and October 15th.



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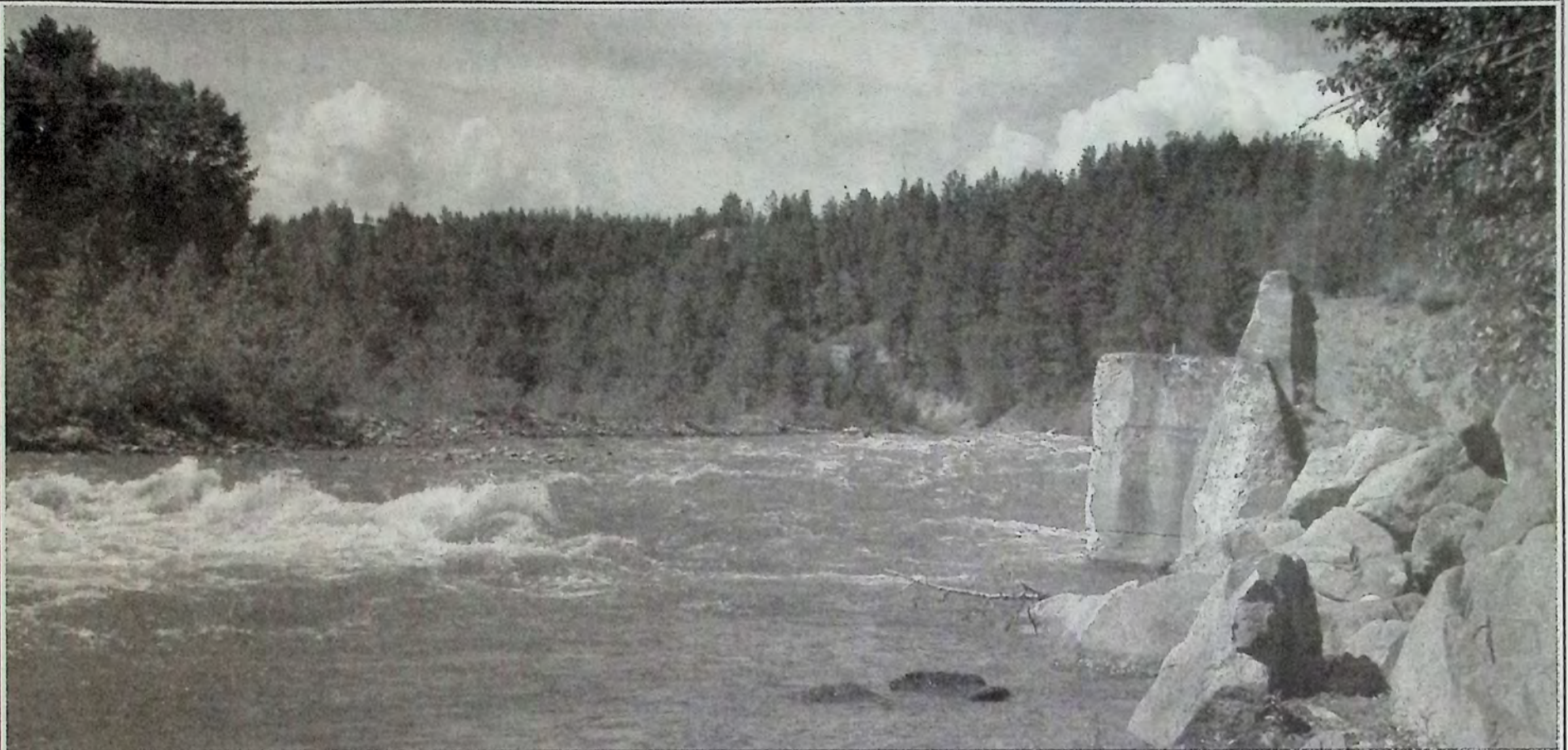
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Now that is s-o-m-e honkin' stump! This beautiful remnant of what was once a huge tree was sitting along the north side of 10th Avenue and west of 4th Street in Keremeos. Photo: Arlene Arlow



The remains of one bridge pier from the old railway bridge to the Grandy Mines Steam Plant can still be seen alongside the Similkameen River. One more can be spotted at the site (outside frame). The river has been running high and fast during what is traditionally called 'Spring Run-Off' and will be back to shallow water with deep pools along this stretch in a matter of weeks. *

RDOS applauds grant funding

The Regional District of Okanagan-Similkameen announced May 19th that their RBC Blue Water Project Leadership Grant application has received financial support from the Royal Bank of Canada (RBC). The RBC has confirmed that this year \$100,000 in grant funding will be made available to the Regional

District in support of the Okanagan Aquatic Invasive Species Prevention Program which will address Quagga and Zebra Mussels. "We're very excited to see RBC support such an important prevention program," said RDOS Engineering Technologist Candace Pilling.

"The Regional District and partner agencies are committed to helping protect Okanagan Lakes and waterways from invasive aquatics species like Quagga and Zebra Mussels and welcome the RBC as a partner."

The introduction and invasion of Quagga and Zebra mussels to bodies of water in the United States, and in eastern Canada has been devastating and costly. As these mussels reproduce they degrade aquatic ecosystems to the point of collapse; cover infrastructure hampering a water purveyor's ability to supply water to residents; infest beaches affecting tourism and community enjoyment; and cause a timely and costly imposition to boaters and recreational users by coating boats, propellers and foul bilges with layers of mussels and their carcasses. - submitted



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Living Past 100

Natural Blood Pressure Regulators

A study done in the United States showed 98 percent of Americans were deficient in the mineral potassium. This is the mineral essential in regulating blood pressure. The results for the American study are not much different for any industrial nation.

A deficiency of potassium means higher blood pressure. Is it any wonder so many people, even relatively young people, are taking blood pressure medication?

Why are we so deficient? One of the reasons is that we do not eat enough leafy green vegetables. The best sources of potassium are Swiss chard and beet greens. How many times a week do you eat these vegetables? Other good sources are lima beans, spinach, Brussels sprouts, melons, green beans, raw kale, tomatoes, squash (especially zucchini with skin on), sweet potatoes with skin on, milk, yogurt, mushrooms, and asparagus. Apricots, bananas and pears are good sources of potassium.

As you look over the list of foods rich in potassium, ask yourself how often you eat each of these?

Why is avoiding high blood pressure so important? First, to protect kidney function. Second, to avoid stroke. Third, to support the nervous system. Potassium is also key to preventing muscle cramps. As you can see, it is a vital mineral.

Salt affects your potassium level. In a case of potassium deficiency, salt always exceeds the amount of potassium. High salt intake is guaranteed to cause a salt-potassium imbalance. Avoiding foods high in salt (sodium) helps prevent high blood pressure. Foods to avoid include hard cheese such as Cheddar, potato chips, most snack foods, most preserved foods such as pickles, sausages such as garlic sausage, salted crackers and salted nuts. Adding salt to foods on your plate should be avoided, or kept to an absolute minimum.

Most processed foods contain salt, as salt is the most common and cheapest of preservatives as well as being one of the minerals we think is tasty. In a more natural environment, salt is scarce. Most mammals are conditioned naturally to seek salt in the diet. In our unnatural eating habits, we tend to consume too much salt, creating the imbalances in potassium levels.

High blood pressure can be caused by other factors, but the primary factor is a poor diet low in potassium and high in salt, a typical North American diet. We are living dangerously!

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News Leader

Entertainment

Similkameen News Leader TV Guide Listings - May 26 - June 1, 2015

Swimmers host black and blue event

by Coach Chelsea

On Wednesday May 20, we held our annual Black and Blue swim meet. This swim meet is just for our club, it teaches new swimmers and parents how swim meets are run.

The swimmers have loads of fun dressing up in crazy costumes based on the team they are

assigned to. A sea of black and blue covered the pool deck. We had lots of parent volunteers to help out with the meet, whether it be timing swimmers or refereeing the events.

The Princeton Kokanee have a thriving junior coach program this year, part of their duties includes swimming with the turtle group (7 and under) and cheering on the

younger swimmers.

The majority of our 58 swimmers attended the Black and Blue Meet, and all swam their best. Lots of personal bests were achieved during the night, and all of our 7 and under swimmers established times in their events.

Some of the highlights from the meet include: Tjay Smith, 7, swam

his events unassisted for the first time. Jacob Williams, 9, shaved 35 seconds off of his 50 freestyle time. Zoe Rytkonen, 12, swam 9 seconds faster than she did last year in the 50 backstroke event. Carter Heron,

12, took 22 seconds off of his 50 backstroke swim.

The Princeton Kokanee look forward to their first sanctioned meet in two weeks which will be held in Revelstoke.

Tours celebrate

Meadowlark Festival

The Vermilion Forks Field Naturalist provided the usual tours for the Meadowlark Festival, ones that both festival organizers and participants want to see on the list.

Friday, May 14th was the busy day for VFFN. It offered the Tour to Vermilion Bluffs and Hoodoos in the morning and in the afternoon the Tour to Swan Lake Sanctuary. Each tour had different groups of people. On both tours, participants

got to see plenty of birds. In the morning 28 species were seen and in the afternoon 25.

VFFN's participation in the Meadowlark Festival brings visitors from all over the province, and even Alberta. This year we had people from the Fraser Valley, the Island, the Okanagan, and Interior, and even a couple from Calgary, Alberta. It gives visitors an insight of what Princeton has to offer.

Annual Summer Garage Sale

10:00 AM - 2:00 PM EVERY SATURDAY AND SUNDAY
136/138 Country Lane (41km) Link Lake
All proceeds to support: HAYES CREEK FIRE HALL



2015 FOUNDERS DAY RODEO



WHEN

Friday May 29th

7:00 PM

Saturday May 30th

2:00 PM

WHERE

Tonasket Rodeo Grounds



DAILY TICKET PRICES:

\$15 Adults

\$10 Kids (6-12)

TICKET

LOCATIONS:

Detro's/Western Store

The Junction

Il Sisters Video

Tonasket Eagles

Les Schwab

(Oroville)

JJ Smoke Shop

North 40 Outfitters



Visitors photograph and admire the Hoodoos on the KVR during the Meadowlark Festival. - photo submitted

Sister Cities: Princeton and Tonasket

Friends Closer Than Sisters - Details Pages 18 & 19

News Leader Str8ts

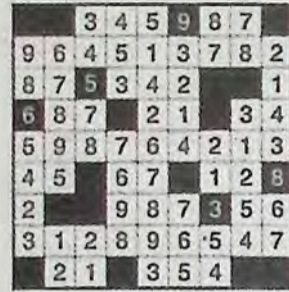
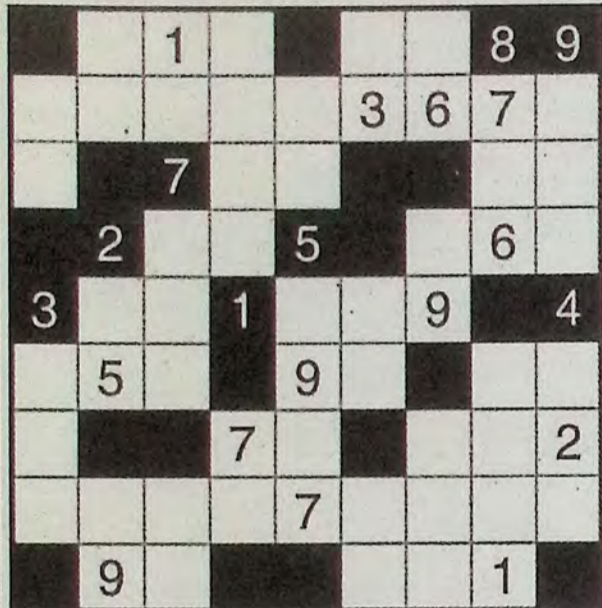
Tuesday Movies

STR8TS

No. 230

Medium

Previous solution - Easy



How to beat Str8ts -
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

TUESDAY MORNING

MORNING

8:00 am SPIKE ch.44 "Mad Max 2: The Road Warrior" (1981, Action) Mel Gibson. Loner lawman Mad Max fights barbarian bikers for gasoline in the wasteland of the future. (In Stereo)

AFTERNOON

1:00 pm SPIKE ch.44 "Death Race" (2008, Action) Jason Statham. Imprisoned for a murder he did not commit, a three-time speedway champion must compete in a brutal auto race in which the penalty for losing is death. (In Stereo)

3:30 pm SPIKE ch.44 "2 Fast 2 Furious" (2003, Action) Paul Walker. A former policeman and his friend work with a U.S. Customs agent to indict a launderer in Miami. (In Stereo)

EVENING

6:00 pm SPIKE ch.44 "Mad Max 2: The Road Warrior" (1981, Action) Mel Gibson. Loner lawman Mad Max fights barbarian bikers for gasoline in the wasteland of the future. (In Stereo)

8:30 pm SPIKE ch.44 "Death Race" (2008, Action) Jason Statham. Imprisoned for a murder he did not commit, a three-time speedway champion must compete in a brutal auto race in which the penalty for losing is death. (In Stereo)

9:00 pm KNOW ch.5 "Just Eat It!" (2014, Documentary) Filmmaker Grant Baldwin investigates food waste from the farm to the fridge. (In Stereo) (CC)

11:00 pm WTBS ch.3 "The Ring" (2002, Horror) Naomi Watts. A journalist investigates the mystery behind a bizarre videotape that brings death after seven days to all who view it.

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News Leader Str8ts
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IN NEXT WEEK'S ISSUE

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TUESDAY, MAY 26, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N)	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Morning News (N)	(5:00) Morning News The morning news. (N)	CBC News Now (N)	Kid vs. Kat	(2:00) 2015 French Open	CTV Morning Live Vancouver (N)	Mighty Cruise Ships	Justin	CityLine (N)	Tattoo	Gotta Eat
7 AM	Law & Order: SVU		Kate and Wild Kratts	Odd Squad	Today Jerry Ferrara and Kevin Dillon. (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			You & Me	Squirrel	Tennis: First Round. From Roland Garros Stadium in Paris. (N) (Live)	Jacked! (DVS)	Jessie	Let's Make a Deal	Tattoo	Moves	
8 AM	Law & Order: SVU		PAW Patrol	Curious			Criminal Minds			Morning	Mobless	Kid vs. Kat		Blood, Sweat & Tools	Dog	The Price Is Right (N)	Movie: "Mad Max"	Security	
9 AM	Millionaire	Morning	Space	Peg		The 700 Club	CSI: Miami "Bloodline"	Livel Kelly and Michael	Morning	Sugar	Super Why!	Sidekick		Lival Kelly and Michael	Daily Planet (DVS)	Doc McSt.	FamFeud	2: The Road Warrior (1981)	The Dead Files
10 AM	Divorce	Sugar	G. Shrinks	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Rush"	The View	Sugar	Rachael Ray	Bookaboo	Spliced		The View	Mayday	Never Land	The Chew	Breaking Borders	
11 AM	Judge	Rachael Ray	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds	Paid Prog.	Rachael Ray	Noon News Hour (N)	Heartland (DVS)	Monster	Fishing	Marilyn Denis	River Monsters "Prehistoric"	Lalaloopsy	General Hospital (N)	Tattoo	Mysteries-Museum
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose	Secret?	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Chucks	Hockey Lunch	CTV News Vancouver	Terror (DVS)	Win, Lose	Celebrity	Tattoo	Security
1 PM	King	Days of our Lives (N)	Astroblast	Painting	Days of our Lives (N)	The Talk	Married at First Sight	General Hospital (N)	Days of our Lives (N)	The Talk	Recipes	Almost	Billiards: Mosconi Cup.	The Social (N)	Blood, Sweat & Tools	Wizards	CityLine	Movie: "Death Race"	The Dead Files
2 PM	The Middle	The Talk	Dinosaurs	Thomas	TMZ (N)	Let's Make a Deal	Married at First Sight	Queen Latifah	The Talk	Meredith Vieira	Steven and Chris	Wayside	Off Record	Dr. Phil	River Monsters	Phineas	CityNews at 5 (N)	(2008, Action) Jason Statham.	Ghost Adventures
3 PM	Seinfeld	Meredith Vieira	Dive, Oily	Curious	Ellen DeGeneres Show	The Dr. Oz Show	Married at First Sight	Rachael Ray	Meredith Vieira	Young & Restless	Republic of Doyle	Sidekick	SportsCentre (N)	Ellen DeGeneres Show	How/Made	ANT Farm	(2:59) CityNews at 6 (N)	Movie: "2 Fast 2 Furious" (2003) Paul Walker.	Eat St.
4 PM	Big Bang	Young & Restless	Kate and Magie Bus	WordGirl	Jdg Judy	Dr. Phil	Married at First Sight	The Doctors	Young & Restless	Early News Global Nat.	CBC News Vancouver	SpongeBob	Hockey	The Dr. Oz Show	Daily Planet (N)	Phineas	Mod Fam	Moves	
5 PM	Browns	News (N)	Jack	News	News	News	Married at First Sight	News	Early News	(4:59) News Hour (N)	NHL Hockey: New York Rangers at Tampa Bay Lightning. (N) (Live)	Parents	SportsCentre (N)	CTV News Vancouver	Deadliest Catch	Jessie	America's Got Talent Auditions	Security	
6 PM	Browns	Global Nat.	Hope for Wildlife	PBS NewsHour (N)	News	KREM 2 News at 6 (N)	Married at First Sight	News at 6	(5:59) News Hour (N)	ET Canada	Rangers at Tampa Bay Lightning. (N) (Live)	Sam & Cat	Basketball: Atlanta Hawks at Cleveland Cavaliers. (N)	CTV News Vancouver	Ice Cold Gold (N)	Austin	begin.	Movie: "Mad Max"	Mysteries-Museum
7 PM	Mod Fam	Ent	The Tipping Points	The Roosevelts: An Intimate History (DVS)	Jeopardy!	Insider Ed.	Married at First Sight	Ent	Ent	NCIS: Los Angeles	Max	Hathaways	etalk (N)	Deadliest Catch (N)	Girl Meets	Hell's Kitchen (N)	2: The Road Warrior (1981)	Secrets-Lega.	
8 PM	Family Guy	NCIS: New Orleans	Wonders of Life (N)	Frontline History (DVS)	America's Got Talent Auditions	NCIS: "Cabin Fever"	Married at First Sight	500 Questions (N)	NCIS: New Orleans	NCIS: New Orleans	Just Kid	SportsCentre (N)	Cleveland	Railroad Alaska (N)	Dog	CityNews-Tonight (N)	Movie: "Death Race"	Mysteries-Museum	
9 PM	Amer. Dad	NCIS: "Cabin Fever"	Movie: "Just Eat It!" (2014, Documentary)	Great Estates Scotland	I Can Do That	Person of Interest	Married at First Sight	Extreme Weight Loss	NCIS: "Cabin Fever"	NCIS: "Cabin Fever"	Mr. Young	Hockey	Criminal Minds	Ice Cold Gold	Next Step	EP Daily	Reviews on	(2008, Action) Jason Statham.	Mysteries-Museum
10 PM	Jeffersons	NCIS: Los Angeles					Married at First Sight	"Robert & Raymond"	NCIS: Los Angeles	News Hour Final (N)	Murdoch Mysteries	Haunting	SportsCentre (N)	Person of Interest	Good Luck	Extra (N)	G. Martin	Mysteries-Museum	
11 PM	Movie: "The Ring"	News Hour Final (N)	Ultimate Engineering	Charlie Rose	News	News	Married at First Sight	KXLY 4	News Hour Final (N)	ET Canada	CBC News Vancouver	Gags	SportsCentre	News-Lisa	Railroad Alaska	Wizards	The Role	Repo	Secrets-Lega.

Legion Branch 56 - Upcoming Events

Doreen Poulsen

I've always said the Legion, its Hall and special events make it one of the social hubs of Princeton and these events will just go to prove that I'm right. I will tell you about them all in order so you can easily mark them on your calendar and not miss any. Some can be enjoyed with the whole family and some are more adult oriented.

Starting this Saturday night May 30 there will be a 50's & 60's Sock Hop held in the hall at the Legion. There will be prizes for best costumes, live music by Turtle Valley and tickets are only \$10 - this is an adult event. For adults as well on June 13 at 7:00 PM we will have our Female Impersonators back.

Come and hear them do their own vocals using our new sound system all for only \$15. Pick up tickets for these two events at the Legion.

On Saturday June 6th we extend our invitation to All Veterans and their spouses to join us at 1:00 PM in our Lounge for Lunch. You do not need to be a Legion member to attend. This is the 71st Anniversary of D-Day! Please let the Legion office know if you will be attending,

250-295-6060.

In celebration of 'Legion Week' bring the whole family July 3rd from 12 Noon to 5:00 PM to see our Legion. You can visit our information table, play a game, get your face painted and enjoy a free BBQ. Watch for us in the Parade at 6:00 PM.

In conjunction with Racing Days on Saturday July 4th at 8:00 AM there will be a Pancake Breakfast with pancakes, omelets and sausages for only \$5. Also at 7:00 PM a dance in the Legion Hall for the adults, with music by Ian Elko. On Sunday July 5th at 7:30 AM there will Duck Races, they will be released on the Tulameen River and race down to the Brown Bridge. There will be prizes for the first ones to complete the race. So, to get in on the excitement make sure you buy a duck ticket. Tickets for a duck will be on sale in the weeks prior to the duck races at only \$5 for each chance.

Following release of the ducks about 8:00 AM there's another \$5 breakfast of pancakes and sausage but this time at the Splash Park on Thomas/Lime Streets.

Saturday July 11th the Annual Legion Golf tournament with 9 holes, prizes and BBQ will be taking place. You must preregister and get your ticket prior to this date at the Legion Lounge!

The last big family event for summer will be the Legions annual Fishing Derby held at Chain Lake. The weekend is August 8th to 9th. Registration is at the Lake starting at 7:00 AM. Adults \$10 and Kids are

free. There will be prizes and on Sunday morning there will be a pancake breakfast.

HOPE YOU ALL HAVE A GREAT SUMMER AND STAY SAFE!!

...Your Turn

Letters and E-Mails Received This Past Week

To The Editor;

Further to the letter to the editor of Jim Hodge, I have recently learned that my zoning here on Old Hedley Road at N&L Services and across the road at Princeton Tire have also been changed without notification

Hello Everyone:

The future is friendly in Coalmont. Just moments ago David Fowler, who manages the payphone business for Telus, contacted us with some good news.

An email from Josh Blair, Chief Corporate Officer of Telus Corp and President of Telus Business Solutions West, outlines the basic

plan. David Fowler supplied us with the following details:

- The payphone inside the Coalmont Hotel will be removed and replaced by one accessible to the public 24/7 in an outdoor location;

plan.

David Fowler supplied us with the following details:

- They will be installing that new payphone on the Telus building on the north side of Front Street, just east of the Coalmont Road;

- They will be installing a payphone sign(s) at the original booth location directing people to the nearby, new location;

- The new payphone will be of a robust design with free calling to 911, credit card calling, collect calls through an operator, but no coin slots.

Mr. Fowler operates out of the Calgary office. He will be working

payer? Where did the call for this change come from? What has happened to our freedom?

I never heard the train whistle on this rail road.

- Neal Jensen (N & L Services), Barry Sawin (Princeton Tire).

with their technicians to ensure that this new payphone is installed and operational as soon as possible.

We are very grateful to Telus for listening to us and coming to a compromise that should work for everyone. We also wish to thank Alex Atamanenko (Federal MP), Jackie Tegart (BC MLA), Bob Coyne (RDOS Area H Rep.), all of their staff, members of the public and the press who instilled in Telus the importance of this much-needed phone. They were all instrumental in helping us arrive at this workable solution.

Telus has reached out to our tiny village of Coalmont and shown that they truly do care about small communities throughout Canada. For this we are very grateful.

Regards, Diane and Bob Sterne, Coalmont, B.C.

Mayor's vote fuels Keremeos smart meter protest

A small but energetic and very vocal crew of protesters met in front of the Keremeos Village Hall on Friday afternoon (May 22) waving placards and calling out "No Smart Meters in Keremeos".

The organizers Allie Arnst and George Venables presented a letter to the front desk clerk for Mayor and Council, as the Mayor was not present to receive it. In part it stated, "As residents of the Village and Greater Keremeos area we were saddened by Mayor Bauer's opposition to the motion adopted yesterday by the RDOS for a moratorium on the installation of smart meters by Fortis.

The letter ended with this request, "We urge the Mayor and Council of the Village of Keremeos to consider the motion by Tom Siddon at the next regular Council meeting, and also support a moratorium on the installation of smart meters in the Village of Keremeos."

From their staging area at the Village Hall the group proceeded up 7th Avenue to the Valu-Plus stopping along the way to chat with people about the problems with smart meters. After about 40 minutes they returned to the Village Hall where they disbanded a short time later after talks of an even larger gathering.

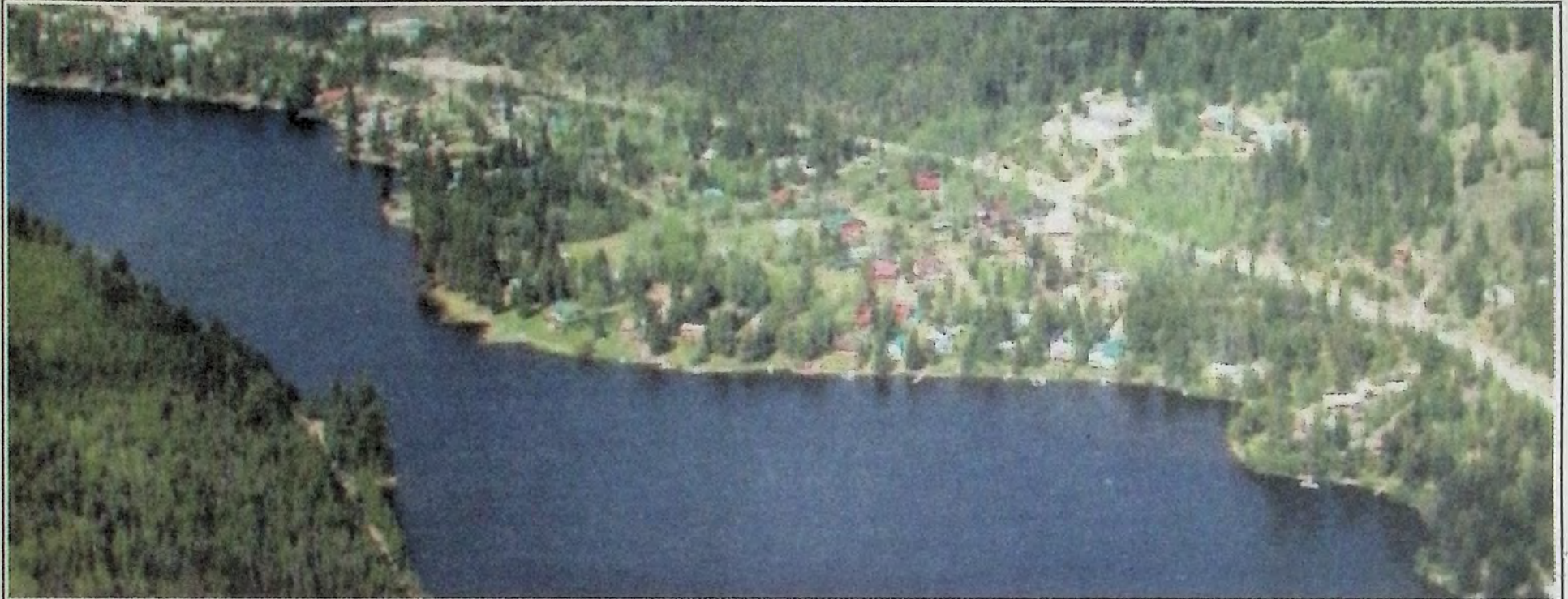


A 'Say No to Smart Meters' protest was held in downtown Keremeos May 22. Photo: Aran House Photoworks

www.JamBusters.ca

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Here's a view of Osprey Lake you don't normally get to see - looking west from above the lake. Photo: Greg Tellier

WEDNESDAY, MAY 27, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N) 20	G. Shrinks	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Morning News (N) 20	(5:00) Morning News The morning news. (N)	CBC News Now (N) 0	Kid vs. Kat	(2:00) 2015 French Open Tennis: Second Round. From Roland Garros Stadium in Paris. (N) (Live) 20	CTV Morning Live Vancouver (N) 0 20	Auction	Justin	CityLine (N) 20	Wildest Police Videos	Gotta Eat
:30	Community		Rob Robot	Arthur			Dog					Almost			Auction	ANT Farm			World's
7 AM	Law & Order: SVU		Kate and Wild Kratts	Odd Squad	Today Howie Mandel; Kevin Connolly. (N) 0 20	CBS This Morning (N) 0 20	Criminal Minds 0 20	Good Morning America (N) 20			You & Me	Squirrel			Salvage Hunters 20	Jessie 20	Let's Make a Deal 20	Cops 20	Moves
:30			PAW Patrol	Curious			Criminal Minds 0 20			Morning Huntley St.	Mobless	Kid vs. Kat			Dude, You're Screwed	Dog Wizards	The Price Is Right (N)	Cops 20	Security
8 AM	Law & Order: SVU		Curious	Curious							Tiger	Wayside						Jail 20	Security
9 AM	Millionaire	Morning	Space	Peg															
:30	Millionaire	Huntley St.	Astroblast	Tiger															
10 AM	Divorce	Sugar 20	G. Shrinks	Sesame Street 0 (E)															
:30	Divorce	Debt/Part	PAW Patrol																
11 AM	Judge	Rachael Ray 0 20	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds 0 20	Paid Prog.	Rachael Ray 0 20	Noon News Hour (N)	Heartland 20 (DVS)	Monster	Golf Talk	Marilyn Denis	Ice Cold Gold	Lalaloopsy	General Hospital (N) 0	Wildest Police Videos	Border
:30	Judge		Dinosaurs	Sit & Be Fit	Hot Bench			Paid Prog.				Rated A	T'sports						Border
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose 0 20	Joint Relief	News	Criminal Minds 0 20	The Chew 0 20	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) 0	Nerds	Hockey Lunch	CTV News Vancouver	Deadliest Catch	Win, Lose	Celebrity	Wildest Police Videos	Security
:30	Hot Bench		Kate and	Luna!		Bold						Squirrel				Wizards	Celebrity		Security
1 PM	King	Days of our Lives (N)	Astroblast	Oil Painting	Days of our Lives (N)	The Talk 0 20	Storage	General Hospital (N) 0	Days of our Lives (N)	The Talk 0 20	Recipes	Almost	Billiards: Mosconi Cup.	The Social (N) 0 20	Deadliest Catch 20	Wizards	CityLine 20	Cops 20	The Dead Files 0 20
:30	King		Dragon	Sewing			Storage				Coronation	Monster				Good Luck			
2 PM	The Middle	The Talk 0 20	Dinosaurs	Thomas	TMZ (N) 0	Let's Make a Deal 20	Storage	Queen Latifah	The Talk 0 20	Meredith Vieira	Steven and Chris 20	Wayside	Off Record	Dr. Phil 0 20	Buying A.I.	Phineas	CityNews at 5 (N) 20	Cops 20	Ghost Adventures 20
:30	The Middle		Curious	Sesame St.	Chica		Storage					Kid vs. Kat	Interruption		Buying A.I.	ANT Farm		Jail 20	
3 PM	Seinfeld	Meredith Vieira	Dive, Oily	Curious	Ellen DeGeneres Show	The Dr. Oz Show 20	Storage	Rachael Ray 0 20	Meredith Vieira	Young & Restless	Republic of Doyle 0	Sidklick	SportsCentre (N) 20	Ellen DeGeneres Show	How/Made	ANT Farm	(2:59) CityNews at 6 (N)	Cops 20	Gotta Eat
:30	Mod Fam		Jelly Jamm	Cat In the Hat			Storage					Chucks			How/Made	Good Luck			Eat St. 0
4 PM	Big Bang	Young & Restless	Kate and	WordGirl	Jdg Judy	Dr. Phil 0 20	Storage	The Doctors 0 20	Young & Restless	Early News Global Nat.	CBC News: Vancouver	SpongeBob	Soccer: Summer Series	The Dr. Oz Show 20	Daily Planet (N)	Phineas	Mod Fam	Cops 20	Moves
:30	Big Bang		Magic Bus	Wild Kratts	Jdg Judy		Storage					Penguins				Jessie 20	Mod Fam	Cops 20	Moves
5 PM	Browns	News (N) 20	Jack 20	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	NHL Hockey: Anaheim Blackhawks. (N) 0 (Live) 20	Parents		CTV News Vancouver	Mighty Planes 20	Jessie 20	The Middle	Cops 20	Security
:30	Payne		Wild Kratts	Business	NBC News	CBS News	Storage	ABC News	Global Nat.			SpongeBob				Liv-Mad.	Young	Cops 20	Security
6 PM	Browns	Global Nat.	Ultimate Engineering	PBS News-Hour (N) 20	News	KREM 2 News at 6 (N)	Storage	News at 6	(5:59) News Hour (N)	ET Canada	Ducks at Chicago Blackhawks. (N) 0 (Live) 20	Sam & Cat	NBA Basketball: Houston Rockets at Golden State Warriors.	CTV News Vancouver	Deadliest Catch 20	Austin	Mod Fam	Cops 20	The Dead Files 0 20
:30	Payne	News		Millionaire			Storage	News		Ent		Assembly				Austin	blackish	Cops 20	
7 PM	Mod Fam	Ent	Rescue	Nature "My Bionic Pet"	Jeopardy!	Inside Ed.	Storage	Ent	Ent	Big Brother Canada (N) 20		Bella		etalk (N)	Ice Cold Gold	Jessie 20	Broke Girl	Cops 20	Ghost Adventures 20
:30	Seinfeld 0	ET Canada	Park		Wheel	Hollywood	Storage	The Insider	ET Canada			Henry		Big Bang		I Didn't	Two Men	Cops 20	
8 PM	Family Guy	Big Brother Canada (N) 20	China on Four Wheels	NOVA 0 20	I Can Do That 0 20	The Briefcase 0 20	Storage	500 Questions (N) 20	Big Brother Canada (N) 20			Just Kid		MasterChef (N) 0	Naked and Afraid	Dog	CityNews-Tonight (N)	Cops 20	Ghost Adventures 20
:30	Family Guy						Storage					Just Kid				Good Luck			
9 PM	Amer. Dad		Pirates of Penzance 20	Secrets of the Dead 0	iHeartRadio Country Festival (N) 0 20	Criminal Minds "Fate"	Storage	Mod Fam		Security	Winnipeg Comedy	Mr. Young		Criminal Minds "Fate"	Mighty Planes 20	Next Step	Vice	Cops 20	Border
:30	Amer. Dad						Storage	blackish		Security		Boys				Wingin' It	EP Daily	Cops 20	Border
10 PM	Jeffersons	Security		Stateless 0 20		CSI: Cyber 0 20	Storage	Celebrity Wife Swap (N)	Security	News Hour Final (N)	Murdoch Mysteries 0	Haunting	SportsCentre (N) 20	CSI: Cyber 0 20	Alaskan Bush People	Good Luck	Reviews on	Cops 20	The Dead Files 0 20
:30	Break	Security					Storage		Security			Haunting				Win, Lose	Extra (N)	Cops 20	
11 PM	Movie: "The Ring Two"	News Hour Final (N)	Park	Charlie Rose (N) 20	News	News	Storage	KXLY 4	News Hour Final (N)	ET Canada	CBC News Vancouver	Just Kid	SportsCentre 20	News-Lisa	Ice Cold Gold	Wizards	The Role	Contractor	Ghost Adventures 20
:30			Rescue		J. Fallon	Mentalist	Storage	J. Kimmel		Doctors		Just Kid		CTV News		Life Derek	The Role	Contractor	

THURSDAY, MAY 28, 2015

Grid of TV schedules for Thursday, May 28, 2015, listing channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, DTOUR) and programs (Community, Morning News, G. Shrinks, Clifford, KHQ News 6AM, etc.)

FRIDAY, MAY 29, 2015

Grid of TV schedules for Friday, May 29, 2015, listing channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, DTOUR) and programs (Community, Morning News, G. Shrinks, Clifford, KHQ News 6AM, etc.)

News Leader Movies - Sunday to Monday

SUNDAY MORNING

9:00 am WTBS ch.3 "Shark Tale" (2004, Comedy) Voices of Will Smith. Animated. A bottom feeder pretends to be a fearsome shark slayer after the son of a finned hoodlum meets an accidental death.

11:00 am WTBS ch.3 "Vicky Cristina Barcelona" (2008, Comedy-Drama) Javier Bardem. Sexual sparks ignite when a hot-tempered woman arrives in the midst of her former lover's fling with two American tourists.

AFTERNOON

12:00 pm FAM ch.26 "Princess Protection Program" (2009, Comedy) Selena Gomez. After a military takeover, a princess assumes a new identity and stays with a covert agent and his daughter. (In Stereo) (CC)

1:00 pm WTBS ch.3 "Shall We Dance?" (2004, Romance-Comedy) Richard Gere. A married Chicago attorney takes dancing lessons with a beautiful woman he saw through a window.

2:00 pm CBC ch.13 "Against the Wild" (2014, Adventure) Natasha Henstridge. Two siblings and their dogs become lost in the wilderness

and combine their skills to survive. (In Stereo) (CC) (DVS)

YTV ch.18 "Wallace & Gromit: The Curse of the Were-Rabbit" (2005, Comedy) Voices of Peter Sallis. Animated. Pest controllers Wallace and Gromit must save the day when a vegetable-munching beast ravages town gardens. (In Stereo) (CC)

VTVch.22 "Forever Young" (1992, Romance) Mel Gibson. Two 1990s boys thaw out a 1930s test pilot, cryonically frozen, and bring him home to one's single mother. (In Stereo) (CC)

4:00 pm YTV ch.18 "Robots" (2005, Comedy) Voices of Ewan McGregor. Animated. A robot leads a revolution against a corporate bigwig who wants to send older-model cyborgs to the scrap heap. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Prince of Persia: The Sands of Time" (2010, Adventure) Jake Gyllenhaal. A prince and princess confront dark forces as they attempt to safeguard an ancient dagger that can reverse time and allow its possessor to rule the world.

YTV ch.18 "The Adventures of Tintin" (2011, Adventure) Voices of

Jamie Bell. Animated. Young reporter Tintin is kidnapped after he acquires a model ship that contains a clue about the location of hidden treasure. (In Stereo) (CC) 8:00 pm VTVch.22 "Warm Bodies" (2013, Romance-Comedy) Nicholas Hoult. Premiere. The unusual romance between a zombie and a living woman sets in motion a series of events that may transform the entire lifeless world. (In Stereo)

(CC) 10:30 pm WTBS ch.3 "Drive" (2011, Crime Drama) Ryan Gosling. A Hollywood stuntman who moonlights as a getaway driver for thieves finds that a price has been put on his head after a failed robbery. 11:30 pm CBC ch.13 "Cooking With Stella" (2009, Drama) Don McKellar. A woman cooks for clients and tries to keep her thefts of

food and money from being discovered. (In Stereo) (CC)

MONDAY EVENING

11:00 pm WTBS ch.3 "The Heartbreak Kid" (2007, Comedy) Ben Stiller. After his new bride reveals her nasty nature, a man meets the woman who may be his real soul mate and tries to woo her.



A local historic site has a hidden root cellar. Can you identify it? It's not in Princeton Museum. *

SUNDAY, MAY 31, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTour ch.45
6 AM	Paid Prog.	BC Children's Hospital	G. Shrinks	Mr. Rogers	Today (N)	Paid Prog.	Criminal Minds "No. 6"	Paid Prog.	BC Children's Hospital	Sunday Morning News (N)	Cat in the Hat	Sidekick	(2:00) 2015 French Open Tennis: Round of 16. (N) (Live)	Canada AM Weekend	Blood, Sweat & Tools	Wingin' It	Paid Prog.	Off Road	Faithful
7 AM	The Office	Sunday Morning News (N)	Kate and Paw Patrol	Super Why!	KHQ	CBS News Sunday Morning (N)	Criminal Minds	Good Morning America	Sunday Morning News (N)		Pirates	Squirrel	Marilyn Denis	Yukon Men	The 7D (N)	Eye/Asia	Truck Tech	Time Trav.	
8 AM	The Office		Curious Upside	Curious	Meet the Press (N)	The Nation	Criminal Minds	This Week			Coronation	Pet Shop		Question Period (N)	Highway Thru Hell	Gravity	Pakistan	Bar Rescue	Breaking Borders
9 AM	Movle: "Shark Tale" (2004, Comedy)		Dino Dan	DragonFly	2015 French Open Tennis: Round of 16. (N) (Live)	Paid Prog.	Criminal Minds	Hiring		Block	Coronation	Bella	2015 French Open Tennis: Round of 16. (N) (Live)	Operation Smile	Airplane Repo	Austin	Johnny Lombardi (N)	(9:07) Bar Rescue	Coaster
10 AM		Block	Wild Kratts	Inside Olympia	Tennis: Men's and Women's Fourth Round. (N)	Paid Prog.	Criminal Minds	Designing		Context	Coronation	Henry		The Social	Airshow "Two for One"	K.C. Under.	VemComig	(10:14) Bar Rescue	Coaster
11 AM	Movle: "Vicky Cristina Barcelona" (2008)	BC Children's Hospital Miracle Weekend (N)	Little	Field Guide	World of X Games (N)	Paid Prog.	Criminal Minds	World of X Games (N)	BC Children's Hospital Miracle Weekend (N)	Haven "Butterfly"	Our Vancouver	Stanley		Canada's Worst Driver	Deadliest Catch	Liv-Mad.	Shopping Channel	(11:21) Bar Rescue	Coaster
12 PM			Animals	NW Profil	Auto Racing	PGA Tour Golf: AT&T Byron Nelson, Final Round. (N) (Live)	Criminal Minds	IndyCar Racing: Dual in Detroit, Race 2. From Detroit. (N)		PGA Tour Golf: AT&T Byron Nelson, Final Round. (N) (Live)	Land/Sea	Thunder	SC Top 10	Rise (N)	Deadliest Catch	"Princess Protection Program"	Liquidator	(12:27) Bar Rescue	Coaster
1 PM	Movle: "Shall We Dance?" (2004)		Canada: Over the Edge	Lidia Celebrates	College Rugby: Collegiate	Criminal Minds	Criminal Minds			Collectors	Steven and Chris	Cook'd	SEC Storied (N)	W5 (DVS)	Cold Water Cowboys	Phineas	Dual in Detroit, Race 2. From Detroit. (N)	(1:34) Bar Rescue	Time Trav.
2 PM			Rescue Park	My Music: Country Pop Legends	Joint Relief	Paid Prog.	Criminal Minds	Pursuit		Simpsons	Movie: "Wallace & Gromit: Curse of the Were-Rabbit" (DVS)	SEC Storied (N)	Movie: "Forever Young" (1992) Mel Gibson.	Vegas Rat Rods	Phineas	Good Luck	(2:40) Bar Rescue	Security	
3 PM	Big Bang		Hopo for Wildlife			Paid Prog.	Criminal Minds	Xterra		Simpsons	NHL Hockey: Teams TBA. (N)	Movie: "The Robots" (2005, Comedy)	MLS Soccer: Galaxy at Revolution	To Be Announced	Good Luck	CityNews	(3:46) Bar Rescue	Museum Secrets	
4 PM	Big Bang		Wonders of Life	Glorious Women	Turbo Lit	Backroads	Red Carpet Live!	Streets of S.F.		Global Nat.				talk	To Be Announced	Get Stuffed	Saw Dogs	(4:53) Bar Rescue	Museum Secrets
5 PM	Mod Fam		Secrets of the Castle		News	News	The Critics' Choice Television	News		(4:59) News Hour (N)				MasterChef Canada	To Be Announced	Austin	Brooklyn	(5:59) Bar Rescue	Museum
6 PM	Movle: "Prince of Persia: The Sands of Time"	Global Nat.	Architects of Change		News	KREM 2 News at 6 (N)	Awards (N)	News at 6	(5:59) News Hour (N)	Simpsons		Movie: "The Adventures of Tintin" (2011)	NBA Basketball: Houston Rockets at Golden State Warriors.	CTV News Vancouver	Naked and Afraid: Un	K.C. Under.	Broke Girl	(5:59) Bar Rescue	Mysterie-Museum
7 PM		Simpsons	Secret Yosemite (N)	Denver: Country Boy	Defina NBC	60 Minutes (N)	The Critics' Choice Television	Funnest Home Videos	Simpsons	Family Guy	Gags			Big Bang	Naked and Afraid (N)	Girl Meets	Shameless (N)	Bar Rescue	Mysterie-Museum
8 PM		Madam Secretary	Peirot "Dead Man's Folly" (N)	Manners of Downtown Abbey		Madam Secretary	Awards	Dancing With the Stars	Madam Secretary	Madam Secretary	Dragons' Den	Vampire	Sports Centre (N)	Myth-Busters	I Didn't	CityNews	(8:13) Bar Rescue	Museum Secrets	
9 PM		The Good Wife		A.D. The Bible	The Good Wife	The Critics' Choice Television	Awards	The Middle	The Good Wife	The Good Wife	True Crime Canada	Just Kid		To Be Announced	Next Step	The Beat	(9:26) Bar Rescue	Mysterie-Museum	
10 PM		Family Guy	State of Play	Under One Sky	American Odyssey (N)	Battle Creek	Awards	Mod Fam	Family Guy	News Final	The National	Haunting	Sports Centre (N)	Motive (N)	Naked and Afraid: Un	Girl Meets	CityLine	(10:37) Bar Rescue	Mysterie-Museum
11 PM	Movle: "Drive" (2011)	News Final	Science of Cats	The Jewel in the Crown	Joint Relief	Family Guy	Critics' Choice Awards	KXLY 4	News Final	Paid Prog.	CBC News	Haunting	Sports Centre	News	Naked and Afraid	Wizards	The Role	Time Trav.	

News Leader Sudoku

SUDOKU

No. 230

Very Hard

Previous solution - Tough

	7	6	2				5	
		2						
8	4		7	5				3
4			2					1
		8			5			
1			3					8
7			9	8		4	2	
				1				
	1			5	7	8		

2	5	6	3	1	9	7	4	8
1	3	8	7	2	4	9	5	6
7	9	4	5	8	6	3	2	1
8	2	7	1	6	3	4	9	5
5	4	3	8	9	7	6	1	2
9	6	1	4	5	2	8	7	3
4	7	5	6	3	1	2	8	9
3	8	2	9	7	5	1	6	4
6	1	9	2	4	8	5	3	7

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S News Leader Sudoku SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

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MONDAY, JUNE 1, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N) ☊	Zerby	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	The Critics' Choice Television Awards ☊	Morning Northwest	Morning News (N) ☊	(5:00) Morning News The morning news. (N)	CBC News Now (N) ☊	Kid vs. Kat Almost	French Open	CTV Morning Live Vancouver (N) ☊	Alrshow ☊ (DVS)	Justin ANT Farm	CityLine (N) ☊	Bar Rescue ☊	Gotta Eat World's
7 AM	Law & Order: SVU		Kate and Wild Kratts	Wild Kratts	Today (N) ☊	CBS This Morning (N) ☊	Criminal Minds ☊	Good Morning America (N) ☊			You & Me Arthur ☊	Squirrel Chucks	2015 French Open Tennis: Men's and Women's Fourth Round. (N) (Live) ☊	Blood, Sweat & Tools Jade Fever	Jessie ☊ Austin	Let's Make a Deal ☊	Bar Rescue ☊	Moves	
8 AM	Law & Order: SVU		PAW Patrol Curious	Curious						Morning Huntley St.	Mobles Tiger	Kid vs. Kat Wayside		Jade Fever	Dog Wizards	The Price Is Right (N)	Bar Rescue ☊	Security	
9 AM	Millionaire	Morning Millionaire	Space	Peg		The 700 Club ☊	Criminal Minds ☊	Liv! Kelly and Michael	Morning Huntley St.	Sugar ☊	Super Why! Napkin	Sidekick Almost		Daily Planet ☊ (DVS)	Doc McSt. Henry	FamFoud	Bar Rescue ☊	The Dead Files ☊	
10 AM	Divorce	Sugar ☊	G. Shrinks	Sesame St.		The Price Is Right (N)	Criminal Minds ☊	The View ☊	Sugar ☊ Debt/Part	Rachael Ray ☊	Bookaboo Bo On/Go	Spliced ☊		Mayday ☊	Never Land Sofia	The Chew ☊	Bar Rescue ☊	Secrets-Lego.	
11 AM	Judge	Rachael Ray ☊	Jelly Jamm	Dinosaurs	Hot Bench	Young & Restless	Criminal Minds ☊	Paid Prog.	Rachael Ray ☊	Noon News Hour (N)	Heartland ☊ (DVS)	Monster Rated A	Motoring Motorcycle	Marilyn Denis	Last Frontier	Lalaloopsy ANT Farm	General Hospital (N) ☊	Bar Rescue ☊	Security
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose ☊	Astroblast	News Bold	Criminal Minds ☊	The Chew ☊	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) ☊	Nerds Squirrel	E:60 (N) ☊	CTV News Vancouver	Highway Thru Hell	Win, Lose Wizards	Celebrity Cops ☊	Security	
1 PM	King	Days of our Lives (N)	Astroblast	Paint This	Days of our Lives (N)	The Talk ☊	Criminal Minds ☊	General Hospital (N) ☊	Days of our Lives (N)	The Talk ☊	Recipes Coronation	Almost Monster	Billiards: Mosconi Cup.	The Social (N) ☊	Ice Cold Gold ☊	Wizards Good Luck	CityLine ☊	Jail ☊	The Dead Files ☊
2 PM	The Middle	The Talk ☊	Maker Curious	Thomas Sesame St.	TMZ (N) ☊ ThisMinute	Let's Make a Deal ☊	Criminal Minds ☊	Queen Latifah	The Talk ☊	Meredith Vieira	Steven and Chris (N) ☊	Wayside Kid vs. Kat	Off Record Interruption	Dr. Phil ☊	To Be Announced	Phineas ANT Farm	CityNews at 5 (N) ☊	Cops ☊	Ghost Adventures ☊
3 PM	Seinfeld ☊	Meredith Vieira	Astroblast	Curious	Ellen DeGeneres Show	The Dr. Oz Show ☊	The First 48 ☊	Rachael Ray ☊	Meredith Vieira	Young & Restless	Our Vancouver ☊	Sidekick Chucks	SportsCentre (N) ☊	Ellen DeGeneres Show	How/Made How/Made	ANT Farm Good Luck	(2-5) CityNews at 6 (N)	Cops ☊	Gotta Eat Eat St. ☊
4 PM	Big Bang	Young & Restless	Doki ☊	WordGirl	Jdg Judy	Dr. Phil ☊	The First 48 ☊	The Doctors ☊	Young & Restless	Early News Global Nat.	NHL Hockey: Teams TBA. (N) ☊ (Live) ☊	SpongeBob Kung Fu	Hockey SC Top 10	The Dr. Oz Show ☊	Daily Planet (N)	Phineas Jessie ☊	Mod Fam	Cops ☊	Moves
5 PM	Browns	News (N) ☊	Dino Dan	News	News	News	The First 48 ☊	News ABC News	Early News Global Nat.	(4:59) News Hour (N)		Parents SpongeBob	Cable NBA Basketball: Cleveland Cavaliers at Atlanta Hawks. (N)	CTV News Vancouver	Alrshow (N) ☊	Jessie ☊ Liv-Mad.	The Bachelorette (N) ☊	Cops ☊	Security
6 PM	Browns	Global Nat.	Architects of Change	PBS News-Hour (N) ☊	News Millionaire	KREM 2 News at 6 (N)	The First 48 ☊	News at 6	(5:59) News Hour (N)	ET Canada		Sam & Cat Assembly	Cleveland Cavaliers at Atlanta Hawks. (N)	CTV News Vancouver	River Monsters ☊	Austin Dog	Cops ☊	Security	
7 PM	Mod Fam	Ent	Hope for Wildlife (PA)	The Tenors - Under One Sky ☊	Jeopardy!	Inside Ed. Hollywood	(7:01) The First 48 ☊	Ent	Ent	NCIS: Los Angeles ☊	CBC News: Vancouver	Game On Max		etalk (N) Big Bang	River Monsters (N) ☊	Liv-Mad. I Didn't	Broke Girl Two Men	Cops ☊	Security
8 PM	Family Guy	Continuum ☊ (DVS)	Secrets of the Castle	30 Days to a Younger Heart-Masley	American Ninja Warrior "Kansas City Qualifying"	Broke Girl Mike	(8:02) The First 48 ☊	The Bachelorette (N) ☊	Continuum ☊ (DVS)	Continuum ☊	Murdoch Mysteries ☊	Funniest Home Videos	SportsCentre (N) ☊	So You Think You Can Dance ☊	Blood, Sweat & Tools	Dog Good Luck	CityNews-Tonight (N)	Cops ☊	Ghost Adventures ☊
9 PM	Amer. Dad	Remedy ☊ (DVS)	MysteryA-gatha		Scorpion "Love Boat"		(9:01) The First 48 ☊		Remedy ☊ (DVS)	(9:01) Remedy	Comedy Gags	Mr. Young Boys	SportsCentre (N) ☊	River Monsters ☊	Next Step Wingin' It	EP Daily Reviews on	Cops ☊	Security	
10 PM	Jeffersons Break	NCIS: Los Angeles ☊	The Great War Tour (N)	Independent Lens ☊	The Island (N) ☊	NCIS: Los Angeles ☊	(10:01) The First 48 ☊	(10:01) The Whispers	NCIS: Los Angeles ☊	News Hour Final (N)	The National (N) ☊	Haunting Haunting	SportsCentre (N) ☊	Castle ☊	Blood, Sweat & Tools	Good Luck Win, Lose	Extra (N) G. Martin	Cops ☊	Security
11 PM	"The Heart-break Kid"	CHBC News Final (N)	Hope for Wildlife (PA)	Charlie Rose (N) ☊	News J. Fallon	News Mentalist	(11:02) The First 48 ☊	KXLY 4 J. Kimmel	News Hour Final (N)	ET Canada Doctors	CBC News Vancouver	Gags	SportsCentre ☊	News-Lisa CTV News	Alrshow ☊	Wizards Life Derek	Paid Prog. Paid Prog.	Repo Jail ☊	Secrets-Lego.



A work crew tackled a painting job recently at Living Water Church as Princeton embarked on a local beautification project. Photo: Travis Forsythe

Saving Downtown Princeton...

...An Ongoing Series by George Elliott

Access is what I want to discuss this week and in particular, access to tourist attractions in and around the community.

The members of Town Council were part of a tour of the town recently to see what assets exist in the area for residents and tourists. They discussed it briefly at the May 19th regular meeting of Town Council and I got the impression from at least one member of Council that there are a lot of assets in the community that may not be

considered as such until you group them all together.

For me I consider historic places of significance assets. One I am often fascinated by is the remains of the former railway bridge that crossed the Similkameen River and went directly to the old Granby Mines steam plant. The large cement piers are still visible at the end of the dike just before heading down River Road to Cormack's Marsh - which is another asset. I look at these interesting points of

interest as playing a larger role in the character of our community.

The caboose at the end of Bridge Street is another great part of local history. I spent many hours working in and around that structure when it was on Vermilion Avenue in front of the Museum and being used as a Tourist InfoCentre.

For a period of time I actually 'owned' the Caboose - one of a long line of residents who share the same distinction.

Somewhere I still have a one-dollar cheque in my name from the PXA (Princeton Exhibition Association) repaying me for the purchase I made from the Town of Princeton years ago. I never cashed that cheque.

The sad thing to me about the

caboose and wonderful Weyerhaeuser Roundhouse is there isn't a lot of access. Sure, there are nearby parking lots and you could just walk to them but I think if we are trying to attract tourists we sometimes need to make things easier for them to find and actually get up close and personal with.

Phifer's Fountain is another great asset that needs better access. When you consider the Town of Princeton closed the small access road from Burton Avenue that would have taken you to the eastern side of the fountain to create a linear park you can't really fault them for trying the 'green up' that area. The tourist parking area in front of the site has slowly turned into a parking lot of a different

kind. What this tells me is there isn't enough traffic at Phifer's Fountain to give tourists complete access.

Perhaps the Chamber of Commerce will use their new incarnation to lobby on behalf of local businesses to improve access to these (and other) local tourist sites to benefit the community as a whole. I think that could easily become one of the new goals of the Chamber of Commerce in addition to becoming a stronger advocate on behalf of business.

As a business owner I'd love to see the Chamber of Commerce take the Town to task on the many things that still hurt local commerce. I've discussed this many times. I think the loss of tourism is not a blow to the Chamber of Commerce. If anything, it is an opportunity for the group to focus on representing all local businesses and fighting on their behalf for such things as bettercontinued on Page 19

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It is with great sadness that we announce the passing of

Allan Dale Spalding

(1962 - 2015)

Allan was born July 1962 in Nipawin, Saskatchewan and passed away May 19, 2015 in Princeton, BC following a lengthy illness from cancer. He is survived by his parents Tina and James Spalding of Nipawin, Saskatchewan, brother Rod Spalding and family, wife Linda and many additional members from his extended family.

Allan was employed by the logging industry which he enjoyed many productive and wonderful years. For Princeton residents, Al requests you stop in at the Princeton Hospital and shake hands with one or two of the members of staff - from the nurses to dietary staff, housekeeping, lab and reception - as all of these people went above and beyond to help with his journey over the years. So, please extend a hand to them in thanks for Al.

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

VEHICLES FOR SALE

1993 Chevrolet 7-passenger van and a 1991 GMC 350 dump box dually with snow plow.

All to be sold on an "as is, where is" basis.

Sealed bids will be received at the School Board Office, 1550 Chapman Street, P. O. Box 4100, Merritt, BC V1K 1B8, until **4:00 PM FRIDAY, May 29, 2015**. The highest or any bid will not necessarily be accepted.

For further details, contact Archie Stogianos at astogianos@sd58.bc.ca

Furnished 1-bedroom apartment for rent in Princeton. Available now. Excellent references and damage deposit required. No pets, must be quiet. Asking \$500.00/month plus utilities. Call 250-295-1006 for details or leave message with the best time to call back. Feb 03-Jun 02

1-bedroom furnished suite in downtown Princeton with level access. Asking \$550.00 per month which includes power, heat and satellite TV. Excellent references and damage deposit required. Cat...maybe? Available now. Call 604-484-2783 and leave a message with the best time to call back. Feb 03-Jun 02

Services	Help Wanted
----------	-------------

Pickup and disposal of fridges, freezers, sofas and yard clutter. Call SMALL HAULS at 250-295-5028. May 12-Jun 02

NOW HIRING

Full and part-time positions. Apply in person with resume. Princeton Husky, Highway 3 West. May 5-26

Expert house cleaning services, references available. Rate: \$20.00/hour. Call Freda 250-295-1277. May 12-Jun 02

Full-time caregiver or nanny required for a 3-year old in Princeton. Starting in July 2015. Shiftworker (mine site) for days only (4 on, 4 off shift). CRC and references required. Call 250-819-7337. May 23-Jun 09

Garage Sale

Multiple Family Garage Sale
9:00 AM - 2:00 PM
Saturday, May 30
Across from Lions Park
on Allison Avenue.
Tools, furniture, kitchen items

Found

Sweater outside the News Leader office May 22. Call to identify and claim. 250-295-4149.

Notices

News Leader Classifieds
For details call 250.295.4149

ADVERTISING WORKS

OR YOU WOULDN'T BE READING THIS!
Similkameen News Leader
250.295.4149

Help Wanted	Help Wanted
-------------	-------------



SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

TRADESMAN - PAINTER

Applications are invited for the position of Painter with School District No. 58, (Nicola-Similkameen) in Merritt.

This is a 12-month per year, 7.5 hours per day position. Salary and benefits will be in accordance with the C.U.P.E. Local 847 Collective Agreement.

For information regarding qualifications, please refer to the district's website under **Job Code # 985442**.

The district has a high percentage of First Nations and other multicultural students and so being sensitive to cultural diversities would be an asset.

Applications can be submitted on-line at www.sd58.bc.ca, click on Employment/Support Staff/Job Code # 985442, and follow the prompts provided or apply directly at the School Board office, 1550 Chapman Street, Merritt, BC. Applications, including a detailed resume with a minimum of three references will be accepted until **June 4, 2015**, are to be forwarded to:

Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street
Merritt, BC V1K 1B8
Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.

For Lease

Commercial space, 1,500 square feet, 20-foot ceilings, overhead door, small office at 600 Similkameen Avenue, Princeton. Asking \$800/month plus utilities. Call 604-877-1599 daytime or 604-298-1948 nighttime. to May 26

Notices

Granite Creek Preservation Society

MEETS THE
THIRD THURSDAY
OF THE MONTH

1:00 PM Princeton Museum

Everyone Welcome!

Wanted

Canning jars of all sizes and ages. Will pick up. Call Brenda at 250-295-4149 and please leave a message with George or a call back number if I'm not there. th

Notices

Similkameen News Leader classifieds get the job done! For as little as \$9.00 a week, let us sell your item. Call Brenda at 250.295.4149.

FAX SERVICE

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PrincetonBCNews

Sister Cities: Princeton and Tonasket

Friends Closer Than Sisters

The relationship between Princeton and her Sister City of Tonasket, Washington has gone on for well over a quarter century. While some of the original partners in the arrangement have since left us, the relationship has stayed alive.

Started as a joint venture between the rodeo clubs in both communities as a means to foster goodwill across the Border, the partnership spawned the first ever International Pony Express Friendship Ride. That 100-mile trip went from Princeton to Tonasket one year and the other direction the next year. It delivered cards and letters, that were hand-stamped at each post office along the route, turning them into collector's items.

The Friendship Ride went a few years and although it eventually quit being used to promote both

communities, the friendships it created have continued to this day.

In recent years Princeton's then Town Councillor Jason Earle met and connected with Tonasket

Mayor Patrick Plumb. Plumb saw potential in keeping the relationship between the two cities intact and built stronger with a younger generation. He and his family started

attending any Princeton and Similkameen Valley event they could to keep the ties alive.

The Princeton Youth Ambassador program inspired Plumb to launch a

similar program in his community which also achieved his first goal - a new generation of Sister City friends as Youth Ambassadors in

.....continued on Page 19

Current Comment

.....continued from Page 5 is a good swimmer. The industry cares only how the clothing stands out when she wears it, and whether she will show up on time and do as she is told.

Teaching a teenage girl to wear clothing that lets her real self shine through is a difficult task. Teaching teenagers to dress appropriately for the occasion, according to social custom, is a difficult task when the images on screen tell them what is appropriate if you want to be noticed and have status with the peer leaders. Talking about "sexual distraction" muddies the waters around the real issue.

As for the girl who wore the full length halter top dress to school, I agree it was inappropriate for a school day. Jeans and tee shirts are far more convenient for a day at school. However, I noticed she had quite a large, intricate tattoo on her bare back. Maybe showing off the tattoo was her main objective, as having elaborate tattoos could give her more status among her peers. Who knows what it takes in her school to rise above the crowd?

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News Leader

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PRINCETON RODEO CLUB PRESENTS

STAN THOMPSON MEMORIAL RODEO

JUNE 13-14, 2015 ☆ 1:30 PM DAILY - SUNFLOWER DOWNS EXHIBITION GROUNDS ☆ PRINCETON



SPECIAL EVENTS DRILL TEAM - CARIBOO COWGIRLS
CLOWN - JAYSON CHARTERS ☆
ANNOUNCER - AL PARSONS
HALF TIME KIDS GAMES ☆ STOCK - C+ RODEOS
2ND ANNUAL BEST BUTT CONTEST
SATURDAY NIGHT ENTERTAINMENT

ADMISSION ADULTS - \$15/DAY - \$25/
WEEKEND, SENIORS (60+)
\$10/DAY - \$17/WEEKEND,
**KIDS (13 - 18) \$10/DAY - \$17/
WEEKEND, 12 & UNDER FREE**

LOCAL ENTRIES LOCAL ENTRIES
MAY 30, 2015
8 AM - 2 PM
SUE: 250.295.7479
TWO MOONS NT9@GMAIL.COM

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GRASSLAND EQUIPMENT LTD.

CO-OP
OTTER | ARMSTRONG | VANDERHOOF

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JEPSON PETROLEUM
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Sister Cities

Friends Closer Than Sisters

.....continued from Page 18 both communities have bonded and continue to carry the Sister City torch.

"I was at the very first organizational meeting back in the late 1980s," says Similkameen News Leader Owner/Publisher George Elliott.

"There aren't many of us left who were there but I'm glad to still be a part of the Sister City connection and thrilled to see younger people jumping on board."

A flood of Princeton residents attend the Tonasket Rodeo each year with a smaller turn-out during their Winterfest celebration.

"I think Brenda and I were the only

ones from Princeton at the last one," Elliott adds.

"But the year before there were Princeton Youth Ambassadors and family members so it was nice to huddle next to a fire with people we knew from here in downtown Tonasket."

That being said, there's going to be at least a few diehard Princeton Rodeo fans from Tonasket in town for the annual Stan Thompson Memorial Rodeo next month. Thompson was also at that original Sister City meeting.

"It's the old-timers like Stan, Gloria Stout, Bobby Lind, Jack, Bert and Geri Beeman, Pete and Carol Ruoss,

Dawn Johnson and many others who helped put this connection in place and it's great to see Patrick's interest in keeping it active."

Tonasket's annual Founders Day Rodeo is this weekend with Princeton's Stan Thompson Memorial Rodeo in a couple of weeks on new dates this year.

Similkameen News Leader thanks Tonasket Mayor Patrick Plumb and the following Tonasket businesses for their support in this week's News Leader: Riverview RV Park, Lee Frank Mercantile, The Kuhler Bar & Grill, Celebrations Begin In The Heart and OK Chevrolet.

See you all at the rodeo!



Event Planning Services
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At Celebrations Begin In The Heart, "We can make this happen" is our motto. We strive for excellence, and professionalism while working in a limited area. The bigger the event, the better the challenge. We are committed to providing the best service for our clients. Let our team create an original, detailed, amazing and extraordinary event for you!

Sasha Jones

12 5th Street West #5, Tonasket, WA
Phone: 509-486-0816

www.facebook.com/pages/Celebrations-Chachas-Candles

Saving Downtown Princeton

by W. George Elliott

.....continued from Page 16 tourist access to the Caboose, Roundhouse and Phifer's Fountain.

How does this save downtown Princeton?

When we travel out of town, unless there is a very good reason for it, we rarely go places or see attractions that are not easy to find

or get to. Using this as an example, I doubt a lot of travelers to our area, unless they have an intense desire to get to some of our local tourist assets, aren't going to bother trying.

The Town of Princeton deserves credit for improving signage and for adding historic signs and better directional signs in and around

Princeton. However, sending people somewhere is just part of it. If they can't access the site they are not going to want to spend a lot of time figuring out how to get somewhere unless they have made that location their primary destination.

Better access to all assets makes visitors feel welcome which pays many dividends.

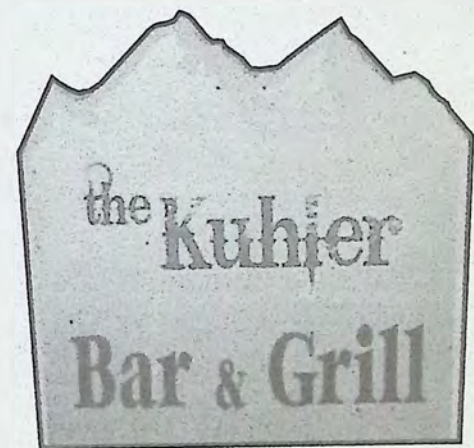
Lee Frank Mercantile has been serving the Okanogan County and the surrounding area since 1920. We are proud to offer you a complete line of hardware, farm and ranch supplies, and equipment rental. Our affiliate business, Scholz Sporting Goods and Appliances is located two doors north of our main store and offers Quadrafire heating stoves, kitchen appliances, clothing, and sporting goods. Stop in and check us out. If we don't have it, we can probably order it for you.



Lee Frank Mercantile

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Our kitchen is open from 11:00 AM to 9:00 PM
featuring daily lunch and dinner specials and a variety of options on our menu from burgers to seafood, salads, wraps and appetizers plus a great choice of beers, wines and spirits.
Minors are welcome until 9:00 PM.



The Kuhler

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Riverview Mobile Home and RV Park

Riverview Mobile Home and RV Park offers full hookup RV spots that are year round, daily, weekly, and monthly rates are available. The park is known for offering a quiet environment that is bordered by Bonaparte Creek and the Okanogan River with shaded spots with a lot of large shade trees. Please call for current rates and availability of spots, and make your reservations when you are in the area. We are competitively priced and look forward to meeting your needs.

305 West 4th Street, Tonasket, WA 98855 509-486-1119 riovista@nvinet.com



Vermilion Forks Field Naturalists enjoyed a pleasant hike May 9th near China Ridge. - photo submitted

Naturalists climb cinder cone

by Janis Wright, VFFN

Those of us who live in the Princeton area value the various intriguing geologic formations in our vicinity, and Vermilion Forks Field Naturalists climbed one of these ancient structures on our May 9th field trip, when Charlotte Sellers led nine of us up the cinder

cone located east of China Ridge. This small volcano, part of the Eocene Trench in the Challis-Kamloops Belt, is constructed of pyroclastic fragments ejected from a central vent, created at least 34 million years ago!

A 45-minute hike up the 30-degree slope took us to the top, where we

were rewarded with a panoramic view. This volcanic field concealed in the woods was just one of the attractions we enjoyed on our 2-hour hike.

We were lucky enough to find a few pink lady's slippers, extensive amounts of Arrowleaf balsamroot, as well as purple violets and lupine.

Avid birding members of VFFN observed 17 species of birds along our 4-kilometre route, including a Townsend's solitaire and green-winged teal, western tanagers and turkey vultures. It was a fine morning to be outdoors!

Our next field trip will be Saturday, May 30th, when we will visit the Weber property along the Similkameen River for a short walk

and leisurely picnic. Please meet at Billy's Restaurant parking lot at 10:00 AM with food and drink.

Our next meeting will take place Tuesday, June 9th, 7:00 PM at Riverside Centre. Club member Sue Elwell and her experienced team will make a presentation on hummingbird banding.

Please join us for a fascinating evening.

Hellish Relish...IS BACK!!!



The signature product that won not one but TWO awards at the 2014 Similkameen Sizzle Pepperfest in Keremeos is once again available at JamBusters! Featuring THREE kinds of peppers, including the powerful Habanero and the sweetness of Red Anjou Pears, you'll want to throw away all other condiments in your fridge to make room for Hellish Relish this barbecue season! \$7.00 a jar and available exclusively at Similkameen News Leader, 226A Bridge Street, Princeton (next to CIBC).

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Living Water Church took to the streets of Coalmont May 17th with help from members of the Riverside Community Church Youth Group from Port Coquitlam. They also went to Tulameen. Photo: Travis Forsythe