

Similkameen News Leader

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Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Fire crews from Princeton, Tulameen, Hedley and Keremeos fought the Golden Hills Grocery building fire for hours last week. The call came in at 11:30 PM on June 12th. Princeton Fire Chief John Larsen says the cause continues to be investigated. The lone occupant of the building was alerted by passersby. There were no injuries.

Judge drops Coalmont court case

There were a number of charges before the Provincial Court in relation to an incident in Coalmont in June 2014. Charges had been laid against Adonis Barran and Reg Duke in 'private informations,' that is, not laid by police. Crown Counsel stated in Provincial Court in Princeton on June 11 that police had found insufficient evidence to bring these matters to trial. All

charges were stayed.

Adonis Barran was scheduled to stand trial on a charge of aggravated assault arising from the same incident in Coalmont. The complainant, Mariana Gatzke, did not appear in court, so the charge was stayed.

A number of witnesses had been called to court for the trial, and they were dismissed.

District honours service

School District 58 (Nicola-Similkameen) hosted their annual retirement/long service ceremony June 8th at the Princeton Secondary School Learning Commons room. As the event was cancelled last year recipients for both 2014 and 2015 were recognized.

Retirees for 2014 included Paul Carter, John Kitts and Terri Ortwein from PSS, Deborah Barth and Lorna Gregson from John Allison Elementary and Ron Tjernstrom from the School District Maintenance Department.

Long Service Pins for 30-years were presented to Lorna Gregson

and Sharleen Anderson (Vermilion Forks Elementary). 25-Year Pins went to Mary Bell (PSS), Deborah Barth (JAE) and Kathi Koller (VFE). Carol Ann McDonald (PSS) received a 15-Year Pin, Crystal Larsen (PSS) and Myrna Coates were presented with 10-Year Pins.

For 2015 there were two retirees, Kathi Koller and Carole Lawes, both from Vermilion Forks Elementary.

Robert Tarswell was honoured for 35 years of service with 30 Year Pins going to Shaaron Bamford and Sharon Clarke of Princeton Secondary School. 25-Year Pins were presented to David Brum and

Rod Miller from John Allison Elementary, Kathi Koller and Lynda Hodgson (Maintenance). 20-Year Pins went to Laurie Thomas (PSS) and Leanne Petschl. Michelle Cleven of John Allison Elementary received a 15 Year Pin and Nadine Thibert from Vermilion Forks Elementary was presented a 10 Year Pin.

Board hears from students

A total of three presentations were made at the beginning of the June 10th regular meeting of the Board of Education for School District 58 (Nicola-Similkameen) at the Princeton Board office.

The first one was senior band students who were on a field trip to Seattle. Each recounted their experiences and highlighted some of the special activities including attendance at Phantom of the Opera, visiting the Space Needle, Science Center, Pike Market (and Gum Wall), the Big Wheel and a Seattle Mariners baseball game.

The common thread through all comments was that the students

learned a lot about each other and also bonded somewhat.

The band students were wearing t-shirts with the slogan, "Education is important, playing in band is important."

The second presentation was on the Paint Run.

Crystal Larsen and Kyla Coynecontinued on Page 2

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REALTY EXECUTIVES

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NEW LISTING! \$319,800

772 Scott Avenue, Hedley

Be amazed - this heritage home, approximately 1920's, is loved and it shows... immaculate to every corner with updates including 3-yr new roof, both bathrooms, kitchen, deck and exterior paint. This beauty boasts tall ceilings, fir floors and doors and the finishing touches that say "character" not "cookie cutter". Sitting on a large lot in the center of historic Hedley this home offers you a sense of being welcomed in every room. **MLS® 155257**



NEW LISTING! \$256,000

3433 River Road, Keremeos

Just a short drive over the Red Bridge west of Keremeos and you will find this peaceful beauty - definitely a gardener's delight with a landscaped yard and plenty of water to keep it lush. The house is solidly built with an open plan and plenty of natural light. This is not a fancy house and it needs some updates and your personal touch - reflected in the price. This area boasts some of the best weather in the Similkameen and is 35 - 40 min from Princeton. **MLS® 154862**

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CMMC responds to news release

Copper Mountain Mining Corporation (TSX: CUM) (the 'Company' or 'Copper Mountain') confirms that Montrusco Bolton of Montreal, Quebec, has submitted six proposals for consideration at

the upcoming 2015 annual general meeting of the Company which are disclosed in the Company's information circular.

These proposals were received as thoughtful input by a shareholder

and were reviewed and discussed by the Company's Board, of which 5 out of 7 or 71 percent are independent directors. Management subsequently met again with Montrusco Bolton to convey the

Board's considerations and recommendation that the Directors believe that not all of the proposals were appropriate for a company of Copper Mountain's size.

For the reasons below, and as outlined in the Company's information circular, the Company can only support one of the proposals put forward by Montrusco Bolton and is recommending against the remaining five. For a more detailed discussion of the Company's position on the individual proposals, please see the Company's information circular that is filed on SEDAR.

The proposals put forward are:
Montrusco Boltons Proposal

1. Appointment of Lead Director
Company's Position:

Recommend Vote Against

2. Advisory Vote on Executive Compensation (Say on Pay)
Recommend Vote Against

3. Clawback Proposal
Recommend Vote For

4. Disclosure of Key Performance Metrics
Recommend Vote Against

5. Use of Key Performance Metrics
Recommend Vote Against

6. Dilution Safeguard Proposal
Recommend Vote Against

In the Company's pursuit to deliver sustainable long-term value, the Board is unequivocally supportive of the establishment and maintenance of high standards of governance and appropriate policies and programs which assures the alignment of management's behaviour with the interests of its shareholders. The Board views this as an essential business practice and has always sought to focus the Company's strategy, actions and compensation structure on long-term growth and sustainable value creation.

The Company's Board is concerned with many aspects of the proposals in that they, among other things, appear to:

- have been prepared without reference to the Corporation's record of outstanding disclosure and legal compliance;
- ignore the disciplined capital management approach fostered by the Board and management of the Company;
- attempt to impose US governance rules out of context that would put the Company at a competitive disadvantage to its peers;
- attempt to fetter the discretion of the Board and management to operate the business in the best interests of all shareholders; and
- ignore the careful and conservative compensation practices followed by the Company, focusing on key performance indicators that may not be applicable to a mining company.

The Board encourages all of the Company's shareholders to review

in detail the full analysis of the proposals set out in the Company's information circular.

Management of the Company believes that the Corporate Governance Policies and practices are consistent with the Policy's and practices of TSX listed companies of the size and stage of development of Copper Mountain and that current corporate government procedures and policies have in no way impeded the Company's growth nor its performance.

The fundamental business of the Company has grown significantly over the past year:

- the Company achieved record copper production of 81 million pounds during 2014, a 22% increase over 2013;
- cash flow from operations was \$47.2 million or \$0.40 per share during 2014, an increase of 48% over the previous year;
- adjusted EBITDA was \$78.8 million during 2014, an increase of 35% over the previous year;
- mill capacity has improved with the addition of the secondary crusher and the mill is now operating above its design capacity of 35,000 tpd;
- and has paid back approximately US\$75 million in debt and interest payments on the Company's very attractive debt arrangements.

Jim O'Rourke, President and CEO of Copper Mountain, remarked, "Copper Mountain became a public company in 2007 as a junior mining company and has since financed and developed a major copper mine in BC. This \$450 million mine was developed on schedule and within the cost budget. A strategic partner assisted to allow 75 percent attractive debt financing which provided minimal shareholder dilution. More recently we added a \$40 million secondary crusher to increase capacity by 35 percent and again, on schedule and within budget."

O'Rourke went on to say, "Currently, the company has 119 million shares issued which demonstrate our prudent capital management. Management and the Directors own about 6 percent of the shares and are very committed to operate the company in the best interests of all shareholders. Our Company is in the resource business and our share price tracks along the global economic conditions and more precisely, the open metals prices. We are confident our Corporate Governance policies and practices and compensation policies and practices are well in line with our peer groups in the mining industry. Our Board of Directors are experienced professionals active in the affairs of the Company and very conscious of improving shareholder value while

.....continued on Page 4



School teacher Rod Miller and Lynda Hodgson were honoured for 25 years of service June 8th at the annual Retirement/Long Service Celebration hosted by School District 58 (Nicola-Similkameen). They were presented pins by District Superintendent Stephen McNiven, left, and Board of Education Chair Gordon Comeau. *

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Board hears from students

.....continued from Front Page explained that out of the 110 participants, the event attracted current and past students as well as many community members. The origins of 'paint runs' come from 5-kilometre fun runs used to raise funds for cancer.

The local event was in support of Princeton Health Sustainability Society and raised nearly \$3-thousand.

Expect this to be an annual event. The final presentation was on the Spring Break field trip to Italy and Greece. A total of nine students and three adults went on this trip, which was the third one for teacher Kirk McConnell. He had indicated that the 'cultural experience' reveals itself in noticeable changes to the students over the ten-day trip.

Highlights of that trip included stops in Rome, Capri, Pompeii, Turkey, Santorini and Sorrento.

Greek and Italian food as well as the massive size of the historic places visited had the most effect on students.

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Silent Auction Format

- Bids will be accepted for the total contents of each unit between 5:00 PM and 5:30 PM

- Highest bid of each unit at 5:30 PM will be accepted

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- Successful bidder will have 48 hours to completely clean out unit contents

- The opening bid will increase by \$10.00 increments

Flip Of The Coyne

by Spencer Coyne

Whatever happened to the heritage park idea? While I was researching the zoning changes on the tunnel properties, I dug out a copy of the Official Community Plan (OCP) that I received from the old Town Administrator (or CAO). The date was September 2008. When I first read the date I thought, "Wow, this zoning issue has been going on for a long time now." As I kept reading I stumbled across something that really sparked my interest: the Heritage Park.

Now I have heard talk of a Heritage Park for years. Even my council was trying to work with the Area H Representative and the Upper Similkameen Indian Band (USIB) to create a heritage park down by the old Visitor Centre. Our grant didn't come through and we had to put the idea on the shelf. In 2008, it looks like that plan was dusted off because it clearly states that the Town was interested in developing a Heritage Park in partnership with the USIB and the RDOS. It was number one on the list of four of our area's economic opportunities. In the OCP there is an entire section on heritage. To someone like me who just loves these sorts of things, this was like music to my ears, although this was back in 2008. It is now 2015 and seven years have passed since the Town put heritage on its list of priorities. Now to be fair, this is not the same council that passed the OCP, and it is not the same mayor, and we have a new CAO and a lot has changed, but I think it should be put back on the priority list. It would be a great asset to the community.

We need not only to protect our heritage sites, but celebrate our past. I think I have made it pretty clear where I sit on that issue. I keep thinking to myself, "What does Princeton have?" We have a great museum. We have a group trying to preserve Granite Creek. We have a historical walk. We don't, however, have a draw, like Keremeos with the Grist Mill or Penticton with the

S.S. Sicamous, or Summerland with the Kettle Valley Steam Railway. We have a caboose sitting near the spot of the last spike of the KVR and we have lots of great historical sites in the area, but nothing that people can go and touch. The Sicamous has parties and events. The Grist Mill isn't just an attraction, it is a place to eat and a musical venue. The Kettle Valley Steam Railway is living history that you get to experience. We have a historical walk without any interpreters. We need that draw that people can actually take home as an experience. Westbank has the Gellatly Nut Farm. Kelowna has the Father Pandosy Mission and the North Okanagan has the historic O'Keefe Ranch. We need something, and a heritage park could be that something.

It is not something that could happen overnight. It would take some real planning and dedication on the part of town council to work with all the partners to make it happen, but the end result could be a great attraction that could benefit our community for a long time to come. The town has spent a lot of money over the past few years making Princeton look more appealing, and it looks nice. Unfortunately, nice isn't always enough to make someone stop. We need a draw. Like I said before, we need something that makes Princeton a destination for people to go to and not just a place to get fuel on the way to a destination. We have so many great things here. We could be building from our mining history, our organized labour history, the gold rush, local First Nations' history, the Hudson Bay Trail, the Dewdney Trail, the Royal Engineers, some of our famous residents and visitors, mile zero of Highway 5A, our place in railroad history with not only the KVR but the Great Northern. How about the history of the Chinese in the area? We have so much history in Princeton. Our history is the history of British Columbia. We mir-

ror the growth and development of our Province and we have something that many communities don't, a major highway that goes through our community, so it doesn't take

long for people to get here, and it is an easy drive for just about anyone to do.

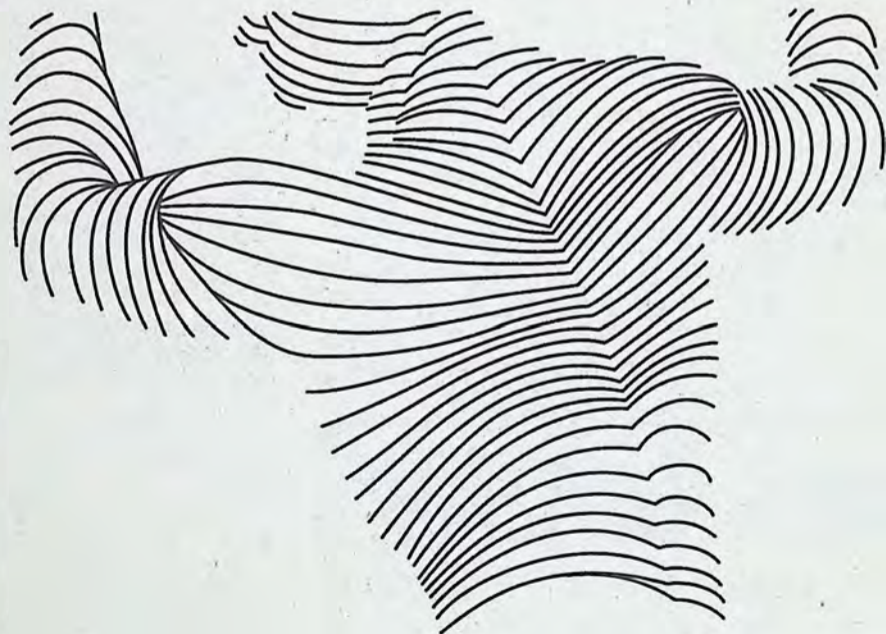
Let's hope that when council is making its list of priorities the

Heritage Park gets put back on the list and an action plan is created so it can become a reality and not just words in a document left to sit and collect dust on the shelf.



School teacher Robert Tarswell, centre, was honoured for his 35 years of service June 8th at the annual Retirement/Long Service Celebration hosted by School District 58 (Nicola-Similkameen). He was presented his award by District Superintendent Stephen McNiven, left, and Board of Education Chair Gordon Comeau. *

Dr. Berry at Vermilion Chiropractic Center is pleased to welcome Dr. Rick Mozell, with his 25 years of Chiropractic experience, to the clinic.



Starting June 18 Dr. Mozell will be available Thursdays only 8:00 AM to 12 Noon.

Dr. Berry will continue to be available Tuesdays from 9:00 AM to 4:00 PM. Please call 250-293-6062 for an appointment. New patients welcome.

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Editorial Page News Leader

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My Turn...

Zoning In And Out

Our property tax notice arrived in the mail last week. The first thing I checked, as I do each any every year, is whether or not the zoning had changed for our residential property on Burton Avenue. We have two lots in the same fence line and you could imagine my shock to discover that we are still zoned residential.

I was about to phone Town Hall and make a lot of noise about how they left us out of all the zoning changes in our neighbourhood but I didn't. I put down the phone and considered launching a long-winded attack online in social media, as that seems to be the only way to get anything done in town nowadays. But then I stopped.

I thought about it for a minute and remembered that back in the fall of 2013, at a time when the Town of Princeton supported this newspaper with advertising, there was a notice published notifying area residents of a public hearing regarding the zoning. I never attended the meeting because no one typically does and it's more fun to bitch and moan after the fact because that's what taxpayers do when we feel like our elected officials are shafting us one way or other.

That being said, I do remember when the Town was about to start the massive dike-rebuilding project just behind our vacant lot that we saw notices in this paper. In addition, as property owners in the 'affected area' we also received a nice information package in the mail outlining the job, including maps and all associated information along with an invite to ask questions if we had any. It was, in my mind, the very best possible communication I've ever had with Town Hall.

I was pretty impressed, actually.

What impressed me even more was the absolutely incredible job the local contractors did on that project. We went over every few days or so and were told a lot about what was being done, the goals for that day or week and given full site tours as the progress happened. For a minute there we felt connected to what was happening in our neighbourhood and the changes taking place.

The zoning thing well, not so much.

Do you see a difference here?

I don't fault Town Hall much at all on this one as they did publish notices and held information meetings. I don't know if they went as far as to send information packages directly to the 'affected property owners' or not. If they didn't, maybe they should have.

If there is a lesson here to be learned it may be that when we assume everyone is informed about a change taking place that is not exactly true. And that erring on the side of caution by reaching out in numerous ways through newspaper advertising, public notices posted in high traffic locations, direct mail and personal contact is still how you get the message out in this technologically advanced world we live in.



Shaaron Bamford of PSS, centre, was honoured for her 30 years of service June 8th at the annual Retirement/Long Service Celebration hosted by School District 58 (Nicola-Similkameen). She was presented her pin by District Superintendent Stephen McNiven, left, and Board of Education Chair Gordon Comeau. *

...Your Turn

Letters and E-Mails Received This Past Week

To The Editor,

The article "Avoid toxic pine needle tea" contains some sound advice - i.e. proceed with caution when making your own medicinal preparations.

I am curious about why the article suggested that "datura" and locoweeds are closely related.

The locoweeds are members of the pea family. The datura group includes plants with long, trum-

pet-shaped flowers, such as "Angel's trumpet" of ill repute.

Trained botanists tell us, often quite emphatically, that a good line drawing is much to be preferred over a coloured picture, for

identifying plants.

Keep up your interesting articles!

Respectfully,
Margaret Trehearne,
Princeton



PrincetonBCNews

CMMC responds to news release

.....continued from Page 2 ensuring their fiduciary responsibilities to the Company. We welcome a fully engaged AGM with our shareholders."

About Copper Mountain Mining Corporation:

Copper Mountain's flagship asset is the 75% owned Copper Mountain mine located in southern British Columbia near the town of Princeton.

The Company has a strategic alliance with Mitsubishi Materials Corporation who owns the remaining 25%.

The Copper Mountain mine commenced production in the latter half of 2011, and has con-

tinued to improve its operations. The key development for 2014 was the installation of the secondary crusher as a permanent solution to maximize concentrator throughput and improve overall efficiencies for the company.

Secondary crusher construction was completed by the end of July 2014 on budget and on schedule. The 18,000 acre site has a large resource of copper that remains open laterally and at depth.

The mine has significant exploration potential that will need to be explored over the next few years to fully appreciate the

property's full development potential. Additional information is available on the Company's web page at www.CuMtn.com.

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Similkameen News Leader

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Current Comment

A Flood of Memories About Injustice



Dawn Johnson
editor@thenewsleader.ca

The week of the release of the Truth and Reconciliation Commission Report brought back to me a flood of memories. My ancestors include Native American people from the Cherokee Nation and from the Similkameens. Although my great-grandparents did not live on an Indian Reserve, the prejudice against them was felt in other ways.

When my great-grandfather came from the United States in 1858, he was registered as an American immigrant, not an Indian. At that time, there were no Indian Reserves in British Columbia. He and my great-grandmother were married at Ashnola by native ceremony. They moved to Kamloops. They left there in 1877, after their oldest son was murdered in a livery barn in Kamloops. The boy was hanged from the barn rafters.

They moved to New Westminster, where the children received an education, and more children were born. They moved to the Princeton area and settled on land that had belonged to my great-grandmoth-

er's family. The younger children were sent to a mission school in the Fraser Valley, a boarding school for which the family paid a fee. A friend who had stopped by the school to see the children reported to my great-grandmother the children were not being properly fed. She went over the Hope Trail and brought them back, but it was too late for one daughter. She died of malnutrition shortly after coming home.

The Indian Reserve system was well in place by then. My great-grandmother and her children were separated by the Reserve boundaries. Those who lived on the Reserve had to have permission from the Indian agent to leave it. Those outside the Reserve needed a permit to enter it. Family relationships were torn apart, despite efforts to keep in contact.

When my great-grandfather died, in 1891, my great-grandmother had to go to Supreme Court to fight to keep her home. Despite the fact that she was not a 'status' Indian, the law said an Indian woman could not inherit from her husband. She won her case, setting a precedent, but it left her almost penniless and eventually the ranch was lost because she could not pay the property taxes.

The family was a hard-working group, and their strong work ethic meant they could find jobs. My grandmother used to tell me 'our people' looked down on anyone who was lazy, dirty or lacking common sense. This strong work ethic did not help much as more and more settlers came and employers gave preference to those who were not 'Indians.'

The next generation learned to be ashamed to be 'Indian,' to hide it. That made little difference. Even after all those years, prejudice was to interfere. During the 1930's, my cousin and his wife were hospitalized with pneumonia, leaving the teenage boys to care for the youngest son and their grandson who lived with them. Do-gooder ladies of Princeton took it upon themselves to drive out to my cousin's ranch and steal the two little boys and send them to foster care in the Fraser Valley! The older boys rode the nine miles to the Princeton hospital to report what had happened. My cousin managed to find his son, but not his grandson. Finally, in 1995, the grandson found his family. The boys were taken because they would have a better upbringing than 'Indians' could give them!

That cousin's son was overseas fighting Nazis for five years. He met and became engaged to an English woman, but was shipped back to Canada before they could marry. Her mother intercepted his letters to her. When his pregnant fiance went to the military authorities to try to reach him, they told her to forget him, he was an 'Indian' and would have to take care of his big family in Canada. She married another man, moved to Australia, and in 1994, the son she bore finally located his father and the two met for the first time. The father never married.

For our family, the 1990's became a time for all of us cousins to begin to get together, to establish bonds that should have been there all along. Those living on Reservescontinued on Page 7



Nadine Thibert, centre, received her 10-year pin June 8th from District Superintendent of Schools Stephen McNiven, left, and Board of Education Chair Gordon Comeau. The district hosts a recognition night annually. *

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AND NOW...A LITTLE GOOD NEWS!

"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me." - Galatians 2:20

Lower Valley News

Keremeos - Cawston - Olalla



Allie Arnst and Carolyn Jager, right, manned a table outside the K Cafe in downtown Keremeos Tuesday, June 9 collecting signatures on a number of petitions and giving out information regarding smart meters and RF radiation levels. One will go directly to the Village of Keremeos asking them to endorse a moratorium on the installation of smart meters inside the Village boundaries. They feel this will enhance the motion previously proposed by RDOS Director Tom Siddon and passed by the RDOS to ban the installation of all smart meters and to remove those already installed in the RDOS. Keremeos Mayor Manfred Bauer, who sits on the RDOS Board, voted against that motion raising the ire of some local residents. The day after his 'no vote' there was an impromptu protest outside the Village Office and again at the last Council meeting. Some protesters called for the removal of the Mayor because of his stand. - photo submitted

Keremeos needs run organizer

"Even if I don't finish, we need others to continue. It's got to keep going without me" - the words spoken by a true Canadian hero. Terry Fox had a single dream: a world without cancer. He sought to reach out to every corner of Canada, and beyond, when he embarked on his Marathon of

Hope.

Terry Fox ran the equivalent of a marathon a day for 143 days straight, on one leg, to raise awareness for the need for research funding. When his own cancer spread and he was forced to stop running, he challenged the world to continue pursuing his

dream. The heroic Canadian was gone, but his legacy was just beginning.

This year marks the 35th annual Terry Fox Run and The Terry Fox Foundation is looking for a compassionate volunteer Run Organizer to rise to Terry's challenge and bring back his dream back to your community.

Terry Fox has inspired an incredible wave of change over the past 35 years with his legacy contributing to Keremeos' rich history. The first Terry Fox Run in Keremeos was held in 1999 but unfortunately, the tradition has been missing for the past several years.

The Run is an opportunity for people of a variety of backgrounds and ages to come together and contribute to the close to \$700 million that has been raised world-wide in Terry's name and has contributed to impressive and vital progress made in cancer

research over the past three decades (for more information about Terry Fox funded research projects visit www.terryfox.org).

As the volunteer Run Organizer, your responsibilities will include recruiting committee members, confirming the route, promoting the run, and overseeing run day activities. The time commitment ranges from two to four hours weekly during the months leading up to the National Run Day, which is on Sunday, September 20th this year. Whether as a couple or individual, the volunteer Run Organizer will always be assisted by the Terry Fox Foundation in the planning process, and given the resources to make it a success.

The Terry Fox Run is a 35 year tradition in Canada with over 700 communities participating each year from coast to coast.

"With our theme this year of 'A dream as big as our country,' it

leaves no question that the people of Keremeos would love to once again be a part of this dream," Donna White, Provincial Director for the Terry Fox Foundation British Columbia and Yukon.

The Terry Fox Foundation stands out from other charities in that 84 cents of every dollar raised goes directly to cancer research initiatives. The Run, an all-inclusive, family-oriented activity, charges no entry fee or minimum pledge amount. Participants can run, walk, blade or bike.

If you've given a dollar, you are part of the Marathon of Hope. Terry taught us that every contribution matters.

Terry's legacy continues to positively affect countless people and lead to breakthroughs that were unimaginable when Terry set out on his historic Marathon of Hope 35 years ago.

If you wish to volunteer with a truly grassroots organization that values all contributions, and whose mission it is to fund innovative cancer research and bring Terry's dream of a world free from cancer one step closer to becoming a reality, please contact Donna White at 604.464.2666 or donna.white@terryfoxrun.org for more information. Join us in reigniting Terry's dream in your community today. - submitted

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MP's local outreach program ends

Thursday June 25 will be the final MP office outreach session in Princeton before Alex Atamanenko, MP for BC Southern Interior, retires from public office.

Lilly Zekanovic is the NDP MP's assistant in his Oliver constituency office. Her monthly outreach sessions at the Skills Centre in Princeton have been a way of

bringing federal government services to individuals in the western end of MP Atamanenko's large riding. Lilly answers questions and provides information to constituents

in areas such as pensions, Employment Insurance, immigration, veterans' affairs, passports and more.

"I can't believe that I have been driving to Keremeos and Princeton for over six years. This is my 71st monthly business trip," said Zekanovic.

"I've met a lot of nice people and heard some heartbreaking stories. My last trip is definitely not my last visit to Princeton. I could not drive by without stopping in to say hi to my new friends," added

Atamanenko's assistant.

For the past few years MP Atamanenko has enjoyed visiting Princeton to play music at the annual Princeton Traditional Music Festival. He will be performing there again the weekend of August 14 to 16.

"I would like to invite everyone to come out to enjoy a world-class event that showcases the traditional music of Canada and other countries and fosters an appreciation of many cultures through people's love of music," says Atamanenko.



Constituency office assistant Lilly Zekanovic will make her last official stop in Princeton June 25th. *

Living Past 100

Beat Age By Protecting Muscles

When you buy a new car, do you expect the dealer to look after it for you? Of course not. You do the rest - gasoline, oil changes, cleaning, anti-freeze. Why would you take better care of a car than you do of yourself? Why would you take better care of your car than you do of your children?

Our bodies are made up of muscle tissue. The heart, lungs, digestive system, circulatory system and the ligaments that keep us moving are all muscle tissue. Those muscles need proper protein foods and exercise to stay young and healthy.

Most people today are not looking after their muscles. Worse yet, they are not looking after their children's muscles. The prediction by health practitioners is that people under 40 will not live as long as their parents will. The reason is poor food choices and lack of exercise.

One hundred years ago, people did not expect to live well into their seventies or eighties. Diseases would likely kill them. Today, more and more people are living past 100 years old. Yes, some of longevity is genetic, but modern medicine, a healthy diet, and a life of exercise helps people live longer.

People who are 100 years old today were born at a time when everyday living demanded exercise. Few people owned cars. Most people walked. Few people had furnaces so they were obliged to chop wood and carry coal to stay warm. Nobody had a television set to watch nor a radio to listen to. Nobody had a computer. Half the population lived on a farm and farms mean work all day every day. Everybody exercised one way or another.

The majority of the population ate a diet containing little refined sugar. They might have some molasses on their porridge in the morning, a teaspoon of sugar in their coffee, but most of their diet consisted of meat, vegetables and bread. They did not have much candy, and seldom had a soft drink. Because they had plenty of exercise, there were far fewer fat people.

Today, obesity is a problem among children, primarily due to lack of exercise. They are beginning their lives with symptoms of aging due to obesity and lack of exercise.

Anyone who wants to live a long, healthy life must look after the muscles. A study in Denmark covering more than two generations has shown that children who go into sports live longer and healthier than those who do not. Their muscles develop better and last longer. If you exercise, you will feel better, look better, and you will live better for longer.

Current Comment

.....continued from Page 5 and those outside the Reserves began to know each other and explore the history and culture of our family.

Within the family, some of the culture has survived. We were more fortunate than those who were taken from their families and placed in residential schools to have their cultural heritage trained out of them.

I grew up dealing with two cultures, the culture within the family and the culture at large. The culture within the family has far higher standards than the culture at large. Those who have kept the traditional philosophy of life are far more caring, more community-minded and more honest and forgiving than the culture in which we live. Being forgiving is difficult because it is difficult not to be bitter about this long history of injustice.

This coming Sunday is Aboriginal Day in Canada. Because of the Truth and Reconciliation Report coming out this month, those old bitter memories will be stirred up once more. Perhaps recognition of the truth will sweeten some of the bitterness. Perhaps the truth being told will lead to forgiveness. Will it finally end prejudice?

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News Leader

Entertainment

Similkameen News Leader TV Guide Listings - June 16 - 22, 2015



Princeton's rodeo arena was officially dedicated the Bob Lind Arena prior to the start of the June 13th Stan Thompson Memorial Rodeo. Lind is seen here shaking hands with Bob Wicks. *

Club hosts another successful rodeo

The Stan Thompson Memorial Rodeo held Saturday and Sunday, June 13 and 14 was another success for the group.

The event, which has for the past several years been held on Mother's Day weekend, was switched to mid-June for the first time this year.

Weather has typically been an issue and the Saturday event did get rather damp as a small rainstorm passed over the rodeo grounds. That

didn't halt rodeo activity although it made spectators seek shelter.

The weekend started with the official dedication of Princeton's Rodeo arena - to the Bob Lind Arena. Former Rodeo Club President and long time volunteer Bob Wicks conducted the ceremony which resulted in signage being unveiled on the announcers booth. Lind was credited for his many hours of work put into the building and maintenance

of the arena. Lind was visibly touched by the honour.

As for the rodeo itself, the rough stock provided by contractors C+ Rodeos proved to be stronger than most competitors preventing many from scoring any qualifying times.

Two of the better Saturday times recorded in steer wrestling came from Mike Gill of Merritt with 6.2-seconds and Luke Simonin of Naramata with 6.5-seconds.

There wasn't a single score recorded in bull riding following a delay of about 20-minutes when one bull flat out refused to leave the rodeo arena, even after getting roped.

The rodeo attracted visiting royalty from Princeton's Sister City - Tonasket Founders Day Rodeo Queen Sarah Quinlan as well as dignitaries. City of Tonasket Mayor Patrick Plumb and his daughter Symarah enjoyed the rodeo with

Symarah participating in children's games. The pair were later entertained at the 'welcome home' BBQ at Jason Earle's marking the return of his daughter Destiny who had been in Peru the past year.

Plumb and Earle reignited the Sister City relationship when Earle was on Town Council which has since received support from Councillor Doug Pateman and the News Leader's George Elliott.



Princeton Rodeo Queen Brittany Shopshire, right, helps a father try to encourage his daughter to enter the stick race during intermission at the Stan Thompson Memorial Rodeo June 13th. *



2015 Princeton Rodeo Queen Brittany Shopshire visits with City of Tonasket Mayor Patrick Plumb and his eldest daughter Symarah, right. The pair were in town for Saturday's event. *

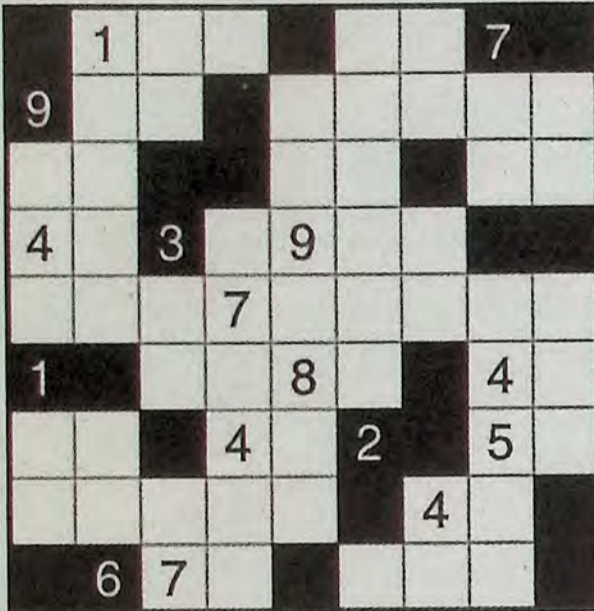
News Leader Str8ts

STR8TS

No. 233

Easy

Previous solution - Medium



How to beat Str8ts – Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

THIS WEEK'S
News Leader Str8ts
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

Tuesday Movies

TUESDAY MORNING

10:00 am SPIKE ch.44 "Friday the 13th" (1980, Horror) Betsy Palmer. The reopening of Camp Crystal Lake spells murder and mayhem for a group of sexually promiscuous counselors. (In Stereo)

AFTERNOON

12:30 pm SPIKE ch.44 "A Nightmare on Elm Street" (1984, Horror) John Saxon. Freddy Krueger, a badly burned boogeyman with razors on his glove, haunts and kills teens in their dreams. (In Stereo) (CC)

2:30 pm SPIKE ch.44 "The Last House on the Left" (2009, Horror) Tony Goldwyn. After their daughter is assaulted and left for dead, a couple take revenge on the assailants, who have taken shelter at the couple's house. (In Stereo)

5:00 pm SPIKE ch.44 "I Am Number Four" (2011, Action) Alex Pettyfer. One of nine living on Earth, an alien with extraordinary

abilities poses as an ordinary teenager in the hope of evading those sent to kill him. (In Stereo)

EVENING

10:00 pm SPIKE ch.44 "The Last House on the Left" (2009, Horror) Tony Goldwyn. After their daughter is assaulted and left for dead, a couple take revenge on the assailants, who have taken shelter at the couple's house. (In Stereo)
11:00 pm WTBS ch.3 "Mr. 3000" (2004, Comedy) Bernie Mac. Arrogant and out of shape, a baseball star comes out of retirement after learning he is three hits shy of 3,000.

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TUESDAY, JUNE 16, 2015

| | WTBS ch.3 | CHBC ch.4 | KNOW ch.5 | KSPS ch.6 | KHQ ch.7 | KREM ch.8 | A&E ch.9 | KXLY ch.10 | BCTV ch.11 | CITY ch.12 | CBC ch.13 | YTV ch.18 | TSN ch.19 | VTV ch.22 | DISC ch.24 | FAM ch.26 | CITY ch.29 | SPIKE ch.44 | DTOUR ch.45 | |
|----------|-------------------|------------------------|-------------------------|-----------------------------|----------------------------------------------------|---------------------------|--------------------------------------------------|----------------------------------------|---------------------------------|-------------------------------------------|----------------------|-------------|----------------------------------------|--------------------------------------|------------------------|------------|-----------------------------------------------|------------------------------------------------------|---------------------|---------|
| 6 AM | Community | Morning News (N) 88 | Zerby | Calliou | KHQ News 6AM (N) | KREM 2 Morning News | Dog | Morning Northwest | Morning News (N) 88 | (5:00) Morning News The morning news. (N) | CBC News Now (N) 0 | Kid vs. Kat | SportsCentre 88 | CTV Morning Live Vancouver (N) 0 88 | Mighty Cruise Ships | Justin | CityLine (N) 88 | Bar Rescue 0 | Gotta Eat | |
| 6:30 AM | Community | | Doozers | Arthur | | | Dog | | | | | Almost | | | | ANT Farm | | | World's | |
| 7 AM | Law & Order: SVU | | Kate and Wild Kratts | Odd Squad | Today Walk Off The Earth; Ashley Tisdale. (N) 0 88 | CBS This Morning (N) 0 88 | Criminal Minds 0 88 | Good Morning America (N) 88 | | | | Squirrel | SportsCentre 88 | | Yukon Men 0 88 | Jessie 88 | Let's Make a Deal 88 | Bar Rescue 0 | Moves | |
| 7:30 AM | | | | | | | | | | | | Chucks | | | | Austin | | | Moves | |
| 8 AM | Law & Order: SVU | | PAW Patrol | Curious | | | Criminal Minds 0 88 | | | | | Kid vs. Kat | SportsCentre 88 | | Alaskan Bush People | Dog | The Price Is Right (N) | Bar Rescue 0 | Security | |
| 8:30 AM | | | Curious | Curious | | | | | | Morning Huntley St. | Tiger | Wayside | | | | Wizards | | | Security | |
| 9 AM | Millionaire | Morning | Space | Peg | | The 700 Club 0 88 | CSI: Miami 0 88 | Live! Kelly and Michael | Morning Huntley St. | X-Weighted "Kyla" 88 | Super Why! Napkin | Sidekick | SportsCentre 88 | Live! Kelly and Michael | Daily Planet 88 (DVS) | Doc McSt. | FamFeud | Bar Rescue 0 | The Dead Files 0 88 | |
| 9:30 AM | Millionaire | Huntley St. | Arthur 0 | Tiger | | | | | | | | Almost | | | | Henry | FamFeud | | | |
| 10 AM | Divorce | X-Weighted: Families | G. Shrinks | Sesame Street 0 (EI) | | The Price Is Right (N) | CSI: Miami 0 88 | The View 0 88 | X-Weighted: Families | Rachael Ray 0 88 | Bookaboo | Spliced 0 | SportsCentre 88 | The View 0 88 | Mayday - "Blind Spot" | Never Land | The Chew 0 88 | Movie: ** "Friday the 13th" | Bikinis | |
| 10:30 AM | Divorce | | PAW Patrol | | | | | | | | Bo On/Go | Kid vs. Kat | | | Thomas | | | | Bikinis | |
| 11 AM | Judge | Rachael Ray 0 88 | Jelly Jamm | Dinosaur | Hot Bench | Young & Restless | Criminal Minds 0 88 | Paid Prog. | Rachael Ray 0 88 | Noon News Hour (N) | Heartland 88 (DVS) | Rated A | Fishing | Marilyn Denis | Alrshow 88 (DVS) | Lalaloopsy | General Hospital (N) 0 | (1980) Betsy Palmer. 0 | Bikinis | |
| 11:30 AM | Judge | | Dinosaurs | Sit & Be Fit | Hot Bench | | | Paid Prog. | | | | Rated A | T'sports | | | ANT Farm | | | Bikinis | |
| 12 PM | Hot Bench | Noon News Hour (N) | PAW Patrol | Charlie Rose 0 88 | Youthful | News | Criminal Minds 0 88 | The Chew 0 88 | Noon News Hour (N) | Days of our Lives (N) | CBC News Now (N) 0 | Chucks | Hockey Lunch | CTV News Vancouver | Alaskan Bush: Off Grid | Win, Lose | Celebrity | Movie: **** "A Nightmare on Elm Street" | Security | |
| 12:30 PM | Hot Bench | | Kate and | LazyTown | | Bold | | | | | | Squirrel | | | Wizards | | | | Security | |
| 1 PM | King | Days of our Lives (N) | Astroblast | Dowdle | Days of our Lives (N) | The Talk 0 88 | Married at First Sight | General Hospital (N) 0 | Days of our Lives (N) | The Talk 0 88 | Recipes | Almost | Hockey | The Social (N) 0 88 | Alaskan Bush People | Wizards | CityLine 88 | Movie: ** "Friday the 13th" | The Dead Files 0 88 | |
| 1:30 PM | King | | Poppy Cat | Quilting | | | | | | | Coronation | Sidekick | Soccer | | Good Luck | | | | | |
| 2 PM | The Middle | The Talk 0 88 | Maker | Thomas | TMZ (N) 0 | Let's Make a Deal 88 | Married at First Sight | The Doctors 0 88 | The Talk 0 88 | Meredith Vieira | Steven and Chris 88 | Wayside | 2015 FIFA Women's World Cup: Group C | Dr. Phil 0 88 | How/Made | Phiness | CityNews at 5 (N) 88 | Movie: ** "The Last House on the Left" (2009) 0 | Ghost Adventures 88 | |
| 2:30 PM | The Middle | | Curious - | Sesame St. | ThisMinute | | | | | | | Kid vs. Kat | | | How/Made | ANT Farm | (2:59) CityNews at 6 (N) | | Gotta Eat | |
| 3 PM | Seinfeld 0 | Meredith Vieira | Astroblast | Curious | Ellen DeGeneres Show | The Dr. Oz Show 88 | Married at First Sight | Rachael Ray 0 88 | Meredith Vieira | Young & Restless | Republic of Doyle 0 | Sidekick | | Ellen DeGeneres Show | How/Made | ANT Farm | Good Luck | | Eat SL 0 | |
| 3:30 PM | Mod Fam | | PAW Patrol | Cat in the Hat | | | | | | | | Nerds | | | How/Made | | | | | |
| 4 PM | Big Bang | Young & Restless | Doki Ad | WordGirl | Jdg Judy | Dr. Phil 0 88 | Married at First Sight "The Big Decision" 88 | ABC News KXLY 4 | Young & Restless | Early News Global Nat. | Dragons' Den 0 | SpongeBob | SportsCentre (N) 88 | Steele | Daily Planet (N) | Phiness | Mod Fam | | Moves | |
| 4:30 PM | Big Bang | | Dinosaur | Wild Kratts | Jdg Judy | | | | | | | Chucks | | Soccer | Jessie 88 | Mod Fam | | | Moves | |
| 5 PM | Browns | News (N) 88 | Dino Dan | News | News | News | | News | Early News (4:59) News Hour (N) | (4:59) News Hour (N) | CBC News | Parents | Kimmel | 2015 FIFA Women's World Cup: Group D | Catching Monsters | Jessie 88 | America's Got Talent "AGT Extreme Audition 4" | Movie: ** "I Am Number Four" (2011) Alex Pettyfer. 0 | Security | |
| 5:30 PM | Payne | | Wild Kratts | Business | NBC News | CBS News | | | Global Nat. | | | SpongeBob | NBA | | Deadliest Catch | Liv-Mad. | | | Security | |
| 6 PM | Browns | Global Nat. | Hope for Wildlife 88 | PBS News-Hour (N) 88 | News | KREM 2 News at 6 (N) | Married at First Sight | 2015 NBA Finals: Warriors at Cavaliers | (5:59) News Hour (N) | ET Canada | CBC News | Sam & Cat | 2015 NBA Finals: Warriors at Cavaliers | etalk (N) | Deadliest Catch | Austin | Extreme Audition 4" | | Bikinis | |
| 6:30 PM | Payne | News | | | Millionaire | | | | | Ent | Murdoch Mysteries 0 | Assembly | | | Jessie 88 | | | | Bikinis | |
| 7 PM | Mod Fam | Ent | Mega Builders 88 | The Roosevelts: An Intimate | Jeopardy! | Inside Ed. | Married at First Sight | | Ent | Stalker "Love Kills" 0 | Gags | Hathaways | | Big Bang | Deadliest Catch (N) 0 | Girl Meets | Broke Girl | | Bikinis | |
| 7:30 PM | Seinfeld 0 | ET Canada | | | Wheel | Hollywood | | | ET Canada | | | | | | I Didn't | Two Men | Contractor | | Bikinis | |
| 8 PM | Family Guy | NCIS "Choke Hold" 0 | To Boldly Go "Up" 88 | History 88 (DVS) | America's Got Talent "AGT Extreme Audition 4" | NCIS "Choke Hold" 0 | (6:02) Married at First Sight "The Big Decision" | J. Kimmel | NCIS "Choke Hold" 0 | NCIS "Choke Hold" 0 | 22 Minutes | Just Kid | SportsCentre (N) 88 | The Mentalist 0 88 | Railroad Alaska (N) | Dog | CityNews-Tonight (N) | Contractor | Ghost Adventures 88 | |
| 8:30 PM | Family Guy | | | | | | | | | | | Boys | | | Good Luck | | | Contractor | | |
| 9 PM | Amer. Dad | NCIS: New Orleans 0 | The People of the River | Frontline 0 88 | Extreme Audition 4" | NCIS: New Orleans 0 | | Happy Day | NCIS: New Orleans 0 | NCIS: New Orleans 0 | Just for Laughs 0 88 | Mr. Young | Sports | Criminal Minds 0 | Deadliest Catch | Next Step | EP Daily | Contractor | The Dead Files 0 88 | |
| 9:30 PM | Amer. Dad | | | | | | | Happy Day | | | | Boys | | | Wingin' It | Reviews on | Contractor | | | |
| 10 PM | Jeffersons | Stalker "Love Kills" 0 | Reel Injun 88 | Art in the Twenty-First | (10:01) I Can Do That | (10:01) 48 Hours 88 | Married at First Sight | Ent | Stalker "Love Kills" 0 | News Hour Final (N) | The National (N) 88 | Haunting | SportsCentre (N) 88 | CSI: Crime Scene | Deadliest Catch 88 | Good Luck | Extra (N) | Movie: ** "The Last House on the Left" | Bikinis | |
| 10:30 PM | Break | | | | | | | The Insider | | | | Haunting | | | Win, Lose | G. Martin | | | Bikinis | |
| 11 PM | Movie: "Mr. 3000" | News Hour Final (N) | Mega Builders 88 | Charlie Rose (N) 88 | J. Fallon | Hawaii | Married at First Sight | KXLY 4 | News Hour Final (N) | ET Canada | CBC News | Gags | SportsCentre 88 | News-Lisa | Railroad Alaska 88 | Wizards | Paid Prog. | | | Bikinis |
| 11:30 PM | | | | | | | | J. Kimmel | | Doctors | Blackstone | Gags | | CTV News | Life Derek | The Role | | | | Bikinis |



The face lift is near completion for the playground on Auburn Crescent. The project should be finished late this week and includes a complete selection of new playground 'adventure' toys. *

Similkameen Valley Riders

ATVers Exploring Around The Similkameen

The Similkameen Valley Riders are up and riding. Our AGM was held in April with Vic Bartel keeping his position as President, Mike Jacobs as Vice President, Edna Blomme as Treasurer and Membership, Merv Eldred as ride

coordinator and Jim Bolenback as Director at large. Marie Jacobs stepped down as a Director. Marie had held many positions over the years and deserves a big thank you for stepping up when needed.

This spring has been beautiful and the club already has three rides under their wheels. Our first ride, in mid May, had us off to explore the Hornet Lakes area.

Jim, our ride leader, had us riding along the power lines through

fields of yellow dandelions as we made our way to Loosemore, Bluey and Stringer Lakes. Dandelions really are a beautiful sight up in the mountains where the air is fresh and fragrant.

Merv Eldred led our second ride from Chain Lake to Missezula Lake. We accessed the mountain road from the KVR, then through the Siwash Creek area.

We arrived at Missezula Lake built a small fire and had a wiener roast lunch. Along the way we encountered much wildlife who were as curious as to who we were as we were in awe of seeing them in their natural habitat. We returned via the Galena FSR, circled past the Teepee Lakes then

back onto the KVR to Chain Lake.

On June 1st Jim lead us on a 100km third ride starting from Sunday Summit.

This was an awesome ride traveled mostly on trails through the dense bush. The earthy smells and the fragrant wild roses were overwhelming. We rode around past Kennedy to Garrison Lake, which had us all wishing we had brought our fishing rods. All three of these rides were superb and a great start to our riding season.

Anyone wishing information about the SVR Club may contact Vic at 250-295-7592 or email the club at svratvclub@live.ca.

Happy Trails!

- submitted

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Vermilion Forks Field Naturalists recently hosted a hiking field trip in the area of White Lake. - photo submitted

WEDNESDAY, JUNE 17, 2015

| | WTBS ch.3 | CHBC ch.4 | KNOW ch.5 | KSPS ch.6 | KHQ ch.7 | KREM ch.8 | A&E ch.9 | KXLY ch.10 | BCTV ch.11 | CITY ch.12 | CBC ch.13 | YTV ch.18 | TSN ch.19 | VTV ch.22 | DISC ch.24 | FAM ch.26 | CITY ch.29 | SPIKE ch.44 | DTOUR ch.45 |
|-------|--------------------|------------------------|----------------------|-------------------------|----------------------------------------------------------|---------------------------|--------------------------|-------------------------------|------------------------|-------------------------------------------|----------------------------------------------------------|-------------------------------------|-----------------------------------------|--------------------------------------|------------------------|--------------------------|---------------------------|-----------------------|-----------------------|
| 6 AM | Community | Morning News (N) [RE] | Zerby | Clifford | KHQ News 6AM (N) | KREM 2 Morning News | Dog | Morning Northwest | Morning News (N) [RE] | (5:00) Morning News The morning news. (N) | CBC News Now (N) [RE] | Kid vs. Kat | SportsCentre [RE] | CTV Morning Live Vancouver (N) [RE] | Auction | Justin | CityLine (N) [RE] | Cops [RE] | Gotta Eat |
| | Community | | Doozers | Arthur | | Dog | Almost | Auction | | ANT Farm | Cops [RE] | World's | | | | | | | |
| 7 AM | Law & Order: SVU | Law & Order: SVU | Kate and Wild Kratts | Odd Squad | Today Katie Lee; Lauron Graham; Joel McHale. (N) [RE] | CBS This Morning (N) [RE] | Criminal Minds [RE] | Good Morning America (N) [RE] | Morning | Save-Ums! | Squirrel | SportsCentre [RE] | Salvage Hunters [RE] | Jessie [RE] | Let's Make a Deal [RE] | Cops [RE] | Moves | | |
| | Law & Order: SVU | | PAW Patrol | Curious | | Criminal Minds [RE] | Chucks | Dude, You're Screwed | | Dog | The Price Is Right (N) | Cops [RE] | | Security | | | | | |
| 8 AM | Millionaire | Morning | Space | Peg | The 700 Club [RE] | CSI: Miami [RE] | Liv! Kelly and Michael | Morning | X-Weighted "Anthony" | Super Why! | Sidekick | Soccer: 2015 UEFA U-21 Championship | Livel Kelly and Michael [RE] | Daily Planet [RE] (DVS) | Doc McSt. | FamFeud | Jail [RE] | The Dead Files [RE] | |
| | Millionaire | | Huntley St. | Arthur [RE] | | Tiger | CSI: Miami [RE] | Liv! Kelly and Michael | | Huntley St. | Napkin | Almost | | 2015 UEFA U-21 Championship | Henry | FamFeud | Cops [RE] | Ghost Adventures [RE] | |
| 9 AM | Divorce | X-Weighted: Families | G. Shrinks | Sesame Street [RE] (EI) | The Price Is Right (N) | CSI: Miami [RE] | The View [RE] | X-Weighted: Families | Rachael Ray [RE] | Bookaboo | Spliced [RE] | The View [RE] | Mayday [RE] | Never Land | The Chew [RE] | Cops [RE] | Ghost Adventures [RE] | | |
| | Divorce | | PAW Patrol | CSI: Miami [RE] | | The View [RE] | Bo On/Go | Kid vs. Kat | | Cops [RE] | Ghost Adventures [RE] | | | | | | | | |
| 10 AM | Judge | Rachael Ray [RE] | Jelly Jamm | Dinosaur | Hot Bench | Young & Restless | Criminal Minds [RE] | Paid Prog. | Rachael Ray [RE] | Noon News Hour (N) | Heartland [RE] (DVS) | Rated A | Golf Talk | Marilyn Denis | Catching Monsters | Lalaloopsy | General Hospital (N) [RE] | Cops [RE] | Border |
| | Judge | | Dinosaurs | Sit-Be Fit | | Hot Bench | Paid Prog. | Rated A | | Golf | ANT Farm | Cops [RE] | Border | | | | | | |
| 11 AM | Hot Bench | Noon News Hour (N) | PAW Patrol | Charlie Rose [RE] | Cooker | News | Criminal Minds [RE] | The Chew [RE] | Noon News Hour (N) | Days of our Lives (N) | CBC News Now (N) [RE] | Nerds | SC [RE] | CTV News Vancouver | Deadliest Catch | Win, Lose | Celebrity | Cops [RE] | Security |
| | Hot Bench | | Kate and | Lunal | | Bold | Squirrel | Soccer | | Wizards | Celebrity | Jail [RE] | Security | | | | | | |
| 12 PM | King | Days of our Lives (N) | Astroblast | Oil Painting | Days of our Lives (N) | The Talk [RE] | Duck D. | General Hospital (N) [RE] | Days of our Lives (N) | The Talk [RE] | Recipes | Almost | 2015 FIFA Women's World Cup: Group F | The Social (N) [RE] | Deadliest Catch [RE] | Wizards | CityLine [RE] | Cops [RE] | The Dead Files [RE] |
| | King | | Poppy Cat | Sewing | | Duck D. | Queen Latifah | Meredith Vieira | | Steven and Chris [RE] | Wayside | Buying Al. | Phiness | | CityNews at 5 (N) [RE] | Cops [RE] | Ghost Adventures [RE] | | |
| 1 PM | The Middle | The Talk [RE] | Maker | Thomas | TMZ (N) [RE] | Let's Make a Deal [RE] | Duck D. | Queen Latifah | The Talk [RE] | Meredith Vieira | Steven and Chris [RE] | Wayside | Dr. Phil [RE] | Buying Al. | Phiness | CityNews at 5 (N) [RE] | Cops [RE] | Ghost Adventures [RE] | |
| | The Middle | | Curious | Sesame St. | | ThisMinute | Duck D. | Queen Latifah | | Meredith Vieira | Buying Al. | ANT Farm | | Jail [RE] | Security | | | | |
| 2 PM | Seinfeld [RE] | Meredith Vieira | Astroblast | Curious | Ellen DeGeneres Show | The Dr. Oz Show [RE] | Duck D. | Rachael Ray [RE] | Meredith Vieira | Young & Restless | Republic of Doyle [RE] | Sidekick | Ellen DeGeneres Show | How/Made | ANT Farm | (2:59) CityNews at 6 (N) | Cops [RE] | Gotta Eat | |
| | Mod Fam | | PAW Patrol | Cat in the Hat | | Duck D. | Young & Restless | Republic of Doyle [RE] | | Chucks | Soccer | How/Made | | Good Luck | Cops [RE] | Eat St. [RE] | | | |
| 3 PM | Big Bang | Young & Restless | Dok! [RE] | WordGirl | Jdg Judy | Dr. Phil [RE] | Duck D. | The Doctors [RE] | Young & Restless | Early News Global Nat. | Murdoch Mysteries [RE] | SpongeBob | 2015 FIFA Women's World Cup: Group E | The Dr. Oz Show [RE] | Daily Planet (N) | Phiness | Mod Fam | Cops [RE] | Moves |
| | Big Bang | | Dinosaur | Wild Kratts | | Jdg Judy | Duck D. | The Doctors [RE] | | Young & Restless | Pengulns | Parents | | 2015 FIFA Women's World Cup: Group E | CTV News Vancouver | Mighty Planes | Jessie [RE] | The Middle | Cops [RE] |
| 4 PM | Browns | News (N) [RE] | Dino Dan | News | 2015 Stanley Cup Final: Game 7 - Blackhawks at Lightning | News | Duck Dynasty [RE] | News at 6 | (5:59) News Hour (N) | ET Canada | Sam & Cat | SportsCentre (N) [RE] | CTV News Vancouver | Deadliest Catch [RE] | Austin | Mod Fam | Cops [RE] | The Dead Files [RE] | |
| | Payne | | Wild Kratts | Business | | CBS News | ABC News | Global Nat. | | Assembly | 2015 Stanley Cup Final: Game 7 - Blackhawks at Lightning | Bella | | Canada | etalk (N) | Catching Monsters | Jessie [RE] | Broke Girl | Cops [RE] |
| 5 PM | Browns | Global Nat. | Mega Builders [RE] | PBS News-Hour (N) [RE] | KREM 2 News at 6 (N) | Inside Ed. | (7:01) Duck Dynasty [RE] | Ent | Ent | NCIS: Los Angeles [RE] | Bella | Canada | etalk (N) | Catching Monsters | Jessie [RE] | Broke Girl | Cops [RE] | Ghost Adventures [RE] | |
| | Payne | | News | Nazi Mega Weapons | | Criminal Minds [RE] | (9:01) Duck Dynasty [RE] | Mod Fam | | The Blacklist [RE] | The Blacklist [RE] | Winnipeg Comedy | Mr. Young | Criminal Minds [RE] | Mighty Planes | Next Step | Vico on CITY | Countdown | Border |
| 6 PM | Mod Fam | Ent | Rescue | Nature [RE] (DVS) | To Be Announced | The Briefcase (N) [RE] | (8:02) Duck Dynasty [RE] | The Middle | The Briefcase (N) [RE] | The Briefcase (N) [RE] | Gags | Just Kid | 2015 FIFA Women's World Cup: Teams TBA. | MasterChef (N) [RE] | Naked and Afraid | Dog | CityNews-Tonight (N) | Finally | Ghost Adventures [RE] |
| | Seinfeld | | ET Canada | Park | | Nature [RE] (DVS) | The Briefcase (N) [RE] | (8:02) Duck Dynasty [RE] | | The Middle | The Briefcase (N) [RE] | Gags | | Just Kid | MasterChef (N) [RE] | Naked and Afraid | Dog | CityNews-Tonight (N) | Finally |
| 7 PM | Family Guy | The Briefcase (N) [RE] | Last Train Home [RE] | NOVA [RE] (DVS) | To Be Announced | The Briefcase (N) [RE] | (8:02) Duck Dynasty [RE] | The Middle | The Briefcase (N) [RE] | The Briefcase (N) [RE] | Gags | Just Kid | 2015 FIFA Women's World Cup: Teams TBA. | MasterChef (N) [RE] | Naked and Afraid | Dog | CityNews-Tonight (N) | Finally | Ghost Adventures [RE] |
| | Family Guy | | Park | Nazi Mega Weapons | | Criminal Minds [RE] | (9:01) Duck Dynasty [RE] | Mod Fam | | The Blacklist [RE] | The Blacklist [RE] | Winnipeg Comedy | | Mr. Young | Criminal Minds [RE] | Mighty Planes | Next Step | Vico on CITY | Countdown |
| 8 PM | Amer. Dad | The Blacklist [RE] | Le Mozart Noir | America Revealed [RE] | America Revealed [RE] | CSI: Cyber [RE] | Duck Commander | Celebrity Wife Swap (N) | NCIS: Los Angeles [RE] | News Hour Final (N) | The National (N) [RE] | Haunting | SportsCentre (N) [RE] | CSI: Cyber [RE] | Alaskan Bush People | Good Luck | EP Daily | Cops [RE] | The Dead Files [RE] |
| | Amer. Dad | | Le Mozart Noir | America Revealed [RE] | | CSI: Cyber [RE] | Duck Commander | Celebrity Wife Swap (N) | | NCIS: Los Angeles [RE] | News Hour Final (N) | The National (N) [RE] | | Haunting | SportsCentre (N) [RE] | CSI: Cyber [RE] | Alaskan Bush People | Good Luck | EP Daily |
| 9 PM | Jeffersons | NCIS: Los Angeles [RE] | "12 Takes" | America Revealed [RE] | America Revealed [RE] | CSI: Cyber [RE] | Duck Commander | Celebrity Wife Swap (N) | NCIS: Los Angeles [RE] | News Hour Final (N) | The National (N) [RE] | Haunting | SportsCentre (N) [RE] | CSI: Cyber [RE] | Alaskan Bush People | Good Luck | EP Daily | Cops [RE] | The Dead Files [RE] |
| | Break | | "12 Takes" | America Revealed [RE] | | CSI: Cyber [RE] | Duck Commander | Celebrity Wife Swap (N) | | NCIS: Los Angeles [RE] | News Hour Final (N) | The National (N) [RE] | | Haunting | SportsCentre (N) [RE] | CSI: Cyber [RE] | Alaskan Bush People | Good Luck | EP Daily |
| 10 PM | Movie: "Colateral" | News Hour Final (N) | Park | Charlie Rose (N) [RE] | News | News | (11:02) Duck Dynasty | KXLY 4 | News Hour Final (N) | ET Canada | CBC News | Just Kid | News-Lisa | Catching Monsters | Wizards | Extra (N) | Jail [RE] | Ghost Adventures [RE] | |
| | Movie: "Colateral" | | Rescue | Charlie Rose (N) [RE] | | News | News | (11:02) Duck Dynasty | | KXLY 4 | News Hour Final (N) | ET Canada | | CBC News | Just Kid | News-Lisa | Catching Monsters | Wizards | Extra (N) |
| 11 PM | Movie: "Colateral" | News Hour Final (N) | Park | Charlie Rose (N) [RE] | News | News | (11:02) Duck Dynasty | KXLY 4 | News Hour Final (N) | ET Canada | CBC News | Just Kid | News-Lisa | Catching Monsters | Wizards | Extra (N) | Jail [RE] | Ghost Adventures [RE] | |
| | Movie: "Colateral" | | Rescue | Charlie Rose (N) [RE] | | News | News | (11:02) Duck Dynasty | | KXLY 4 | News Hour Final (N) | ET Canada | | CBC News | Just Kid | News-Lisa | Catching Monsters | Wizards | Extra (N) |

THURSDAY, JUNE 18, 2015

Table with 20 columns (WTBS ch.3 to DTOUR ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

FRIDAY, JUNE 19, 2015

Table with 20 columns (WTBS ch.3 to DTOUR ch.45) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

News Leader Movies - Wednesday to Saturday

WEDNESDAY EVENING

10:30 pm KNOW ch.5 "12 Takes" (2010, Documentary) Filmmakers and artists collaborate on a film project. (CC)
 11:00 pm WTBS ch.3 "Collateral"

(2004, Suspense) Tom Cruise. A contract killer hijacks a cab and forces the driver to transport him to his assigned jobs in Los Angeles.

THURSDAY EVENING

11:00 pm WTBS ch.3 "Cloverfield" (2008, Science Fiction) Michael Stahl-David. A video camera records the horrific events that unfold as a monstrous creature attacks New York, leaving death and destruction in its wake.

FRIDAY EVENING

7:30 pm YTV ch.18 "Mr. Troop Mom" (2009, Comedy) George Lopez. A lawyer takes his daughter's scout troop on their annual jamboree. (In Stereo) (CC)
 8:11 pm FAM ch.26 "Monster High: Haunted" (2015, Comedy) Voices of Erin Fitzgerald. Premiere. Animated. Ghouls must save Spectra from disappearing into a ghostly world. (In Stereo) (CC)
 10:00 pm FAM ch.26 "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show. (In Stereo) (CC)
 11:00 pm WTBS ch.3 "The Score" (2001, Crime Drama) Robert De Niro. A master thief agrees to work with a volatile partner for one last heist before he retires.

Lopez. A lawyer takes his daughter's scout troop on their annual jamboree. (In Stereo) (CC)
 FAM ch.26 "Monster High: Haunted" (2015, Comedy) Voices of Erin Fitzgerald. Animated. Ghouls must save Spectra from disappearing into a ghostly world. (In Stereo) (CC)
 1:00 pm WTBS ch.3 "Shall We Dance?" (2004, Romance-Comedy) Richard Gere. A married Chicago attorney takes dancing lessons with a beautiful woman he saw through a window.
 2:30 pm CITY ch.12 "Meteor Storm" (2010, Science Fiction) Michael Trucco. Astronomer Michelle Young works to save San Francisco after a rogue comet causes meteors to hit the city. (CC)
 3:30 pm CHBC ch.4 BCTV ch.11 "Meteor Storm" (2010, Science Fiction) Michael Trucco. Astronomer Michelle Young works to save San Francisco after a rogue comet causes meteors to hit the city. (CC)

SATURDAY MORNING

9:00 am WTBS ch.3 "21" (2008, Drama) Jim Sturgess. Students from the Massachusetts Institute of Technology become experts at card-counting and use the skill to win big at Las Vegas casinos.
 10:30 am WTBS ch.3 "Red Eye" (2005, Suspense) Rachel McAdams. A plane passenger forcibly involves his seatmate in a plot to assassinate a government official.

EVENING

6:00 pm WTBS ch.3 "The Taking of Pelham 123" (2009, Action) Denzel Washington. A subway dispatcher calls on his extensive knowledge of the transit system to outwit hijackers who are threatening to kill passengers unless a ransom is paid.
 8:00 pm KSPS ch.6 "The Barefoot Contessa" (1954, Drama) Humphrey Bogart. Flashbacks at a funeral reveal how a Madrid nightclub dancer was propelled to

AFTERNOON

12:00 pm YTV ch.18 "Mr. Troop Mom" (2009, Comedy) George



Crystal Larsen, left, was presented with her 10-year pin for her years of service in Princeton Secondary School by District 58 Board of Education Chair Gordon Comeau. The presentation was Made June 8th at PSS. *

SATURDAY, JUNE 20, 2015

| | WTBS ch.3 | CHBC ch.4 | KNOW ch.5 | KSPS ch.6 | KHQ ch.7 | KREM ch.8 | A&E ch.9 | KXLY ch.10 | BCTV ch.11 | CITY ch.12 | CBC ch.13 | YTV ch.18 | TSN ch.19 | VTV ch.22 | DISC ch.24 | FAM ch.26 | CITY ch.29 | SPIKE ch.44 | DTOUR ch.45 |
|-------|-------------------------------------------------------|---------------------------------|-----------------------|-------------------------------------------|-----------------------------------------------|----------------------|-----------------------|--------------------------------------------------|---------------------------|-------------------------------------|-----------------------------------------------|-------------------------------|--------------------------------------------------------------------------------------------------------------------|-----------------------------|-------------------------------|----------------------|----------------------|------------------|------------------|
| 6 AM | On Spot | Ancestors | Rob Robot | Heartland | (5:00) Today (N) | CBS This Morning | Dog the Bounty Hunter | Paid Prog. | Ancestors | Saturday Morning News The news. (N) | Monster News | Sidekick | SportsCentre | Steele | Mighty Planes | Wingin' It | Quon | Auction | Moves |
| 6:30 | Coolcast | Fishful | Zerby | Fly Tying | | | | Paid Prog. | Fishful | | | | | Steele | | Slug Terra | Panorama | Auction | Paid Prog. |
| 7 AM | P. Affairs | Saturday Morning News (N) | Kate and Curious | MotorWeek Greener | KHQ Saturday Wake Up Show | Lucky Dog | Dog the Bounty Hunter | Good Morning America | Saturday Morning News (N) | | Animal | Squirrel | SportsCentre | Juicebox | Mighty Ships | The 7D | Eye/Asia | Auction | Security |
| 7:30 | Ali. Eats | | | | | Dr. Chris | | | | | Super Why! | Nerds | | | | Gravity | Buy Low | Auction | Security |
| 8 AM | Trust Dale | | PAW Patrol | Woodsmith | | Innovation | Dog the Bounty Hunter | Hanna | | | Artzooka | Chucks | SportsCentre | Canada AM Weekend | Mayday | Gravity | Polish Studio (N) | Auction | Border |
| 8:30 | 21 Day Fix | | Arthur | Rough Cut | | Recipe | | Ocean | | | Cross | SpongeBob | | | | Dog | | Auction | Border |
| 9 AM | Movie: *** "21" (2008, Drama) | | Magic Bus | Hometime | | All In | Dog the Bounty Hunter | Rescue | | Fish'n | Our Vancouver | | Soccer: 2015 UEFA U-21 Championship | Marilyn Denis | Last Frontier | Austin | World Vision | Auction | Border |
| 9:30 | | | Creative | Old House | | Changers | | Wildlife | | Real Fish. | Parents | | | I Didn't | | I Didn't | | Auction | Border |
| 10 AM | | Fish'n | Wild Kratts | Old House | Paid Prog. | Paid Prog. | Dog the Bounty Hunter | Outback | Fish'n | Powerboat | Absolutely Canadian | Rabbids | | World Vision | Mayday | K.C. Under. | Murdoch Mysteries | Auction | Border |
| 10:30 | Movie: *** "Red Eye" (2005, Suspense) Rachel McAdams. | Real Fish. | Wild Kratts | Kitchen | Paid Prog. | Paid Prog. | | Explore | Real Fish. | Driving TV | | Bread | | Jessie | | Jessie | | Auction | Border |
| 11 AM | | Powerboat | Maker | Cooking | Paid Prog. | Home. | Country | Cooker | Powerboat | Ancient Weather | Doc Zone (DVS) | Turtles | 2015 U.S. Open Golf Championship: Third Round. From Chambers Bay Golf Course in University Place, Wash. (N) (Live) | Is Written | Mayday | Liv-Mad. | Shopping Channel | Auction | Bggg Bttls |
| 11:30 | | Driving TV | Martha | Fresh | Action Sports From Chicago. | HouseCalls | Country | Paid Prog. | Driving TV | | | Sanjay | | etalk | | Girl Meets | | Auction | Bggg Bttls |
| 12 PM | | Noon News Hour (N) | Dogs/Jobs | Cook | (N) (Live) | Paid Prog. | Country | Designing | Noon News Hour (N) | Collectors | The Nature of Things | Movie: "Mr. Troop Mom" (2009) | World Cup | Steele | Buying Al. | "Monster High" | Shopping Channel | Cops | Border |
| 12:30 | | | Dogs/Jobs | Garden | | FREE Wen! | Country | McCarver | | Collectors | | | 2015 FIFA Women's World Cup | World Cup | Buying Al. | | | Cops | Border |
| 1 PM | Movie: *** "Shall We Dance?" (2004) | Collectors | Hope for Wildlife | Antiques Roadshow | Beach Volleyball: FIVB Grand Slam. (N) (Live) | Forensic | Storage | World of X Games (N) | Collectors | Simpsons | Amanda Lang | Weld | | 2015 FIFA Women's World Cup | Airshow | Phineas | Liquidator | Cops | Border |
| 2 PM | | Collectors | | | | Forensic | Storage | | Collectors | The Simpsons | Dragons' Den | Hathaways | | 2015 FIFA Women's World Cup | Phineas | Mod Fam | Cops | Border | |
| 2:30 | | Simpsons | Mega Builders | Drama | | Focus T25 | Storage | ESPN Sports Saturday (N) | Simpsons | Movie: ** "Meteor Storm" (2010) | Mercer | Hathaways | | | Mighty Planes | Good Luck | Mod Fam | Jail | Border |
| 3 PM | 1st Family | Simpsons | Canada: Over the Edge | Globe Trekker | Paid Prog. | Turbo Lift | Storage | | Simpsons | Movie: ** "Meteor Storm" (2010) | 22 Minutes | Hathaways | | Cash Cab | How/Made | Good Luck | CityNews | Cops | Security |
| 3:30 | Box Office | Movie: ** "Meteor Storm" (2010) | | | Paid Prog. | Paid Prog. | Storage | | | | | Hathaways | | Steele | How/Made | Next Step | CityNews | Cops | Security |
| 4 PM | Community | | Blue Holes: Labyrinth | Staves | 21 Day Fix | Access Hollywood (N) | Storage | XTERRA | | Global Nat. | Doc Zone (DVS) | Hathaways | | Soccer | How/Made | Liv-Mad. | Out There | Cops | Security |
| 4:30 | Community | | | WA. Grown | Jdg Judy | | Storage | XTERRA | | | | Hathaways | | 2015 FIFA Women's World Cup | How/Made | Dog | Out There | Cops | Security |
| 5 PM | The Middle | | Dara and Ed's | Last/Wine | News | News | Storage | News | News Hour (N) | News Hour (N) | Land/ Sea | Hathaways | | 2015 FIFA Women's World Cup | Deadliest Catch | Jessie | Family | Cops (N) | Border |
| 5:30 | The Middle | Global Nat. | | The Cafe | Boxing: Premier Boxing Champions. (N) (Live) | | CBS News | ABC News | Global Nat. | One/One | Hathaways | | | | Deadliest Catch | Austin | Seed | Cops | Border |
| 6 PM | Movie: *** "The Taking of Pelham 123" | (5:59) News Hour (N) | Hope for Wildlife | Lawrence Welk | | 21 Day Fix | Storage | News at 6 | (5:59) News Hour (N) | 16x9 (N) | National | Assembly | | CTV News | Deadliest Catch | K.C. Under. | Young | Cops | Ghost Adventures |
| 6:30 | | | | | | | | | | | Relations | Max | | | CTV News | Liv-Mad. | Pckge Deal | Cops | |
| 7 PM | | 16x9 | Glacier National Park | Keep Up As Time... | | White Col-lar | Storage | Entertainment Tonight | 16x9 | Canada Sings | Trick or Treaty? The history of Treaty 9. (N) | Game On | Horse Racing | WS (DVS) | Street Out-laws (N) | Girl Meets | CityNews Weekend (N) | Cops | The Dead Files |
| 7:30 | | | | | | | | | | | | | | | | Next Step | | Cops | |
| 8 PM | Family Guy | Canada Sings | Heartbeat | Movie: *** "The Barefoot Contessa" (1954) | Caught | Scorpion | Storage | Astronaut-Club | Canada Sings | Canada Sings | Movie: ** "Men in Black II" (2002) | SportsCentre (N) | Movie: "Wedding Planner Mystery" (2014) | To Be Announced | I Didn't | CityNews Weekend (N) | Cops | Ghost Adventures | |
| 8:30 | Family Guy | | | | KHQ | | Storage | | | | | SportsCentre (N) | | | K.C. Under. | | Cops | | |
| 9 PM | Seinfeld | Canada Sings | Endeavour "Pilot" (N) | | Blue Bloods | NCIS: New Orleans | Storage | In an Instant A grizzly bear attacks two hikers. | Canada Sings | True Crime Scene | Gags | SportsCentre (N) | Motive (DVS) | Deadliest Catch | Next Step | The Beat | Cops | Ghost Adventures | |
| 9:30 | Seinfeld | | | | Dateline NBC | 48 Hours | Storage | | | News Final | Gags | SportsCentre (N) | | | Wingin' It | G. Martin | Cops | | |
| 10 PM | King | True Crime Scene | Park | Spy | | | Storage | | True Crime Scene | News Final | Just Kid | SportsCentre (N) | | Street Outlaws | Movie: *** "Minutemen" (2008) | CityLine | Cops | The Dead Files | |
| 10:30 | King | | | | | | | | | Saturday Night Live | Just Kid | SportsCentre | News | Deadliest Catch | | Paid Prog. | "The Transporter 2" | Cops | The Dead Files |
| 11 PM | "Vicky Cristina" | News Final | Canada: Over the Edge | Austin City Limits | News | News | Storage | Scandal | News Final | | Haunting | SportsCentre | News | Deadliest Catch | Life Derek | Paid Prog. | | | |
| 11:30 | | SNL | | | SNL | The Closer | Storage | | SNL | | | | | | | | | | |

.....continued on Page 14

News Leader Sudoku

Monday Movies

SUDOKU

No. 233

Tough

Previous solution - Medium

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| 9 | | | | | | | | 5 | | | | | | | | | | | 1 |
| | | | | | | | | | | | | | | | | | | | |
| 1 | | | 2 | | | | | | | | | | | | | | | | 9 |
| | 8 | | | | | | | 4 | | | | | | | | | | | 3 |
| 7 | | | | 9 | 5 | | | | | | | | | | | | | | |
| 2 | | | | | | | | 1 | | | | | | | | | | | 4 |

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| 1 | 5 | 4 | 8 | 6 | 7 | 9 | 3 | 2 |
| 3 | 6 | 8 | 1 | 2 | 9 | 5 | 7 | 4 |
| 7 | 9 | 2 | 5 | 3 | 4 | 8 | 1 | 6 |
| 6 | 1 | 5 | 7 | 8 | 2 | 4 | 9 | 3 |
| 9 | 4 | 3 | 6 | 1 | 5 | 2 | 8 | 7 |
| 2 | 8 | 7 | 9 | 4 | 3 | 6 | 5 | 1 |
| 5 | 3 | 6 | 2 | 9 | 1 | 7 | 4 | 8 |
| 4 | 2 | 9 | 3 | 7 | 8 | 1 | 6 | 5 |
| 8 | 7 | 1 | 4 | 5 | 6 | 3 | 2 | 9 |

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles. Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S
News Leader Sudoku
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

.....continued from Page 14

EVENING

6:00 pm WTBS ch.3 "Spider-Man" (2002, Action) Tobey Maguire. Peter Parker uses his superhuman powers to battle his archenemy, the Green Goblin. YTV ch.18 "The Smurfs" (2011, Comedy) Hank Azaria. Live action/animated. A magic portal transports the little blue people to Manhattan, where they must find a way back to their village before evil wizard Gargamel can find them. (In Stereo) (CC)

8:00 pm CBC ch.13 "The Sapphires" (2012, Musical Comedy) Chris O'Dowd. A would-be music promoter sees something special in a girl group of four Australian singers and takes them to Vietnam to perform for American troops. (In Stereo) (CC)

10:30 pm WTBS ch.3 "The Tuxedo" (2002, Comedy) Jackie Chan. A chauffeur embarks on a covert mission after a tuxedo from a secret agent gives him extraordinary abilities.

MONDAY MORNING

6:00 am SPIKE ch.44 "Man on Fire" (2004, Crime Drama) Denzel Washington. Hired as a bodyguard for a young girl, a retired CIA agent takes revenge on her kidnapers in Mexico City. (In Stereo)

9:00 am SPIKE ch.44 "The Bone Collector" (1999, Suspense)

Denzel Washington. Premiere. A quadriplegic detective and a patrol cop try to catch a killer re-creating grisly crimes. (In Stereo)

AFTERNOON

12:00 pm SPIKE ch.44 "Shooter" (2007, Suspense) Mark Wahlberg. Reluctantly pressed into service again, a former military sniper plots revenge against his powerful foes after being betrayed and wounded. (In Stereo)

3:00 pm SPIKE ch.44 "Man on Fire" (2004, Crime Drama) Denzel Washington. Hired as a bodyguard for a young girl, a retired CIA agent takes revenge on her kidnapers in Mexico City. (In Stereo)

EVENING

6:00 pm SPIKE ch.44 "Shooter" (2007, Suspense) Mark Wahlberg. Reluctantly pressed into service again, a former military sniper plots revenge against his powerful foes after being betrayed and wounded. (In Stereo) 9:00 pm SPIKE ch.44 "Shooter" (2007, Suspense) Mark Wahlberg. Reluctantly pressed into service again, a former military sniper plots revenge against his powerful foes after being betrayed and wounded. (In Stereo)

11:00 pm WTBS ch.3 "Sinbad: Legend of the Seven Seas" (2003, Adventure) Voices of Brad Pitt. Animated. The adventurous sailor and a beautiful stowaway have 10 days to save a prince from execution.

MONDAY, JUNE 22, 2015

| | WTBS ch.3 | CHBC ch.4 | KNOW ch.5 | KSPS ch.6 | KHQ ch.7 | KREM ch.8 | A&E ch.9 | KXLY ch.10 | BCTV ch.11 | CITY ch.12 | CBC ch.13 | YTV ch.18 | TSN ch.19 | VTV ch.22 | DISC ch.24 | FAM ch.26 | CITY ch.29 | SPIKE ch.44 | DTOUR ch.45 |
|----------|------------------|-----------------------|-----------------------|------------------------|-------------------------|------------------------|-----------------------|--------------------------|-----------------------|-------------------------------------------|-----------------------|---------------------|-----------------------------|----------------------------|------------------------|------------------------|--------------------------|----------------------------------------------------------|--------------------|
| 6 AM | Community | Morning News (N) | Zerby | Clifford | KHQ News 6AM (N) | KREM 2 Morning News | Dog the Bounty Hunter | Morning Northwest | Morning News (N) | (5:00) Morning News The morning news. (N) | CBC News Now (N) | Kid vs. Kat | SportsCentre | CTV Morning Vancouver (N) | Airshow "Two for One" | Justin | CityLine (N) | Movie: *** "Man on Fire" (2004) | Gotta Eat |
| 6:30 AM | Community | | Doozers | Arthur | | | | | | | Almost | Almost | | How/Made | ANT Farm | | | World's | |
| 7 AM | Law & Order: SVU | | Kate and Wild Kratts | Odd Squad | Today (N) | CBS This Morning (N) | Criminal Minds (N) | Good Morning America (N) | | | Save-Ums! | Squirrel | SportsCentre | How/Made | Jessie | | Let's Make a Deal | Denzel Washington. | Moves |
| 7:30 AM | | | PAW Patrol | Curious | | | Criminal Minds (N) | | | Morning Huntley St. | Moblees | Kid vs. Kat | SportsCentre | How/Made | Austin | | | | Moves |
| 8 AM | Law & Order: SVU | | Curious | Curious | | | | | | | Tiger | Wayside | | Ice Lake Rebels | Dog | The Price Is Right (N) | | | Security |
| 8:30 AM | | | | | | | | | | | | | | | Wizards | | | | Security |
| 9 AM | Millionaire | Morning | Space | Peg | | The 700 Club (N) | CSI: Miami (N) | Livel Kelly and Michael | Morning Huntley St. | X-Weighted "Monaca" | Super Why! | Sidekick | SportsCentre | Livel Kelly and Michael | Daily Planet (DVS) | Doc McSt. | FamFeud | Movie: *** "The Bone Collector" (1999) | The Dead Files (N) |
| 9:30 AM | Millionaire | Huntley St. | Arthur (N) | Tiger | | | | | | | Napkin | Almost | | | Henry | FamFeud | | Denzel Washington. | Files (N) |
| 10 AM | Divorce | X-Weighted "Monaca" | G. Shrinks | Sesame St. | | The Price Is Right (N) | CSI: Miami (N) | The View (N) | X-Weighted "Monaca" | Rachael Ray (N) | Bookaboo | Spliced (N) | SportsCentre | The View (N) | Mayday | Never Land | The Chew (N) | | Secrets-Lega. |
| 10:30 AM | Divorce | | PAW Patrol | Dinosaur Train: Nature | Hot Bench | | | | | | Bo On/Go | Kid vs. Kat | | | Sofia | | | Denzel Washington. | |
| 11 AM | Judge | Rachael Ray (N) | Jelly Jamm | Sit-Be Fit | Hot Bench | Young & Restless | Criminal Minds (N) | Paid Prog. | Rachael Ray (N) | Noon News Hour (N) | Heartland (DVS) | Rated A | Motoring | Marilyn Denis | Last Frontier | Lalaloopsy | General Hospital (N) | | Security |
| 11:30 AM | Judge | | Dinosaurs | | Hot Bench | | | Paid Prog. | | | Rated A | Motorcycle | | | ANT Farm | | | | Security |
| 12 PM | Hot Bench | Noon News Hour (N) | PAW Patrol | Charlie Rose (N) | Astroblast | News | Criminal Minds (N) | The Chew (N) | Noon News Hour (N) | Days of our Lives (N) | CBC News Now (N) | Nerds | Hockey Lunch | CTV News Vancouver | Highway Thru Hell | Win, Lose | Celebrity | Movie: *** "Shooter" (2007) Mark Wahlberg, Michael Peña. | Security |
| 12:30 PM | Hot Bench | | Kate and | Chica | | Bold | | | | | | Squirrel | | | Wizards | Celebrity | | | Security |
| 1 PM | King | Days of our Lives (N) | Astroblast | Paint This | Days of our Lives (N) | The Talk (N) | The First 48 (N) | General Hospital (N) | Days of our Lives (N) | The Talk (N) | Our Vancouver | Almost | SC | The Social (N) | Ice Cold Gold | Wizards | CityLine | | The Dead Files (N) |
| 1:30 PM | King | | Poppy Cat | Fit 2 Stitch | | | | | | | | Sidekick | Soccer | | Good Luck | | | | |
| 2 PM | The Middle | The Talk (N) | Maker | Thomas | TMZ (N) | Let's Make a Deal | The First 48 (N) | Queen Latifah | The Talk (N) | Meredith Vieira | Steven and Chris | Wayside | 2015 FIFA Women's World Cup | Dr. Phil (N) | How/Made | Phineas | CityNews at 5 (N) | | Ghost Adventures |
| 2:30 PM | The Middle | | Curious | Sesame St. | ThisMinute | | | | | | | Kid vs. Kat | | | How/Made | ANT Farm | | | |
| 3 PM | Seinfeld | Meredith Vieira | Astroblast | Curious | Ellen DeGeneres Show | The Dr. Oz Show | The First 48 (N) | Rachael Ray (N) | Meredith Vieira | Young & Restless | Republic of Doyle (N) | Sidekick | | Ellen DeGeneres Show | How/Made | ANT Farm | (2:59) CityNews at 6 (N) | Movie: *** "Man on Fire" (2004) | Gotta Eat |
| 3:30 PM | Mod Fam | | PAW Patrol | Cat in the | | | | | | | | Chucks | | | How/Made | Good Luck | | Denzel Washington. | Eat St. (N) |
| 4 PM | Big Bang | Young & Restless | Dok | WordGirl | Jdg Judy | Dr. Phil (N) | The First 48 (N) | The Doctors (N) | Young & Restless | Early News | Dragons' Den (N) | SpongeBob | Sports | The Dr. Oz Show | Rise of the Machines | Phineas | Mod Fam | | Moves |
| 4:30 PM | Big Bang | | Dinosaur | Wild Kratts | Jdg Judy | | | | | Global Nat. | | Kung Fu | Soccer | | Jessie | Mod Fam | | Denzel Washington. | Moves |
| 5 PM | Browns | News (N) | Dino Dan | News | News | News | The First 48 (N) | News | Early News | (4:59) News Hour (N) | CBC News | Parents | 2015 FIFA Women's World Cup | CTV News Vancouver | Airshow (N) (DVS) | Jessie | The Bachelorette (N) | | Security |
| 5:30 PM | Payne | | Wild Kratts | Business | NBC News | CBS News | | ABC News | Global Nat. | | | SpongeBob | | | Liv-Mad. | | | | Security |
| 6 PM | Browns | Global Nat. | Architects of Change | PBS News-Hour (N) | News | KREM 2 News at 6 (N) | The First 48: Sexual | News at 6 | (5:59) News Hour (N) | ET Canada | CBC News | Sam & Cat | | CTV News Vancouver | Alaskan Bush: Off Grid | Austin | | Movie: *** "Shooter" (2007) Mark Wahlberg, Michael Peña. | Security |
| 6:30 PM | Payne | News | | Millionaire | | | | News | | Ent | | Assembly | | | Dog | | | | Security |
| 7 PM | Mod Fam | Ent | Hope for Wildlife | WA. Grown | Jeopardy! | Inside Ed. | The First 48: Sexual | Ent | Ent | NCIS: Los Angeles (N) | Murdoch Mysteries (N) | Game On | SportsCentre (N) | etalk (N) | Alaskan Bush People | Liv-Mad. | Broke Girl | | Security |
| 7:30 PM | Seinfeld (N) | ET Canada | 2012 | Wheel | Hollywood | | | The Insider | ET Canada | | Coronation | Max | | Big Bang | I Didn't | Two Men | | | Security |
| 8 PM | Family Guy | Continuum | Secrets of the Castle | Antiques Roadshow (N) | American Ninja Warrior | Broke Girl Mike | The First 48: Sexual | The Bachelorette (N) | Continuum | Continuum | Murdoch Mysteries (N) | Funnest Home Videos | CFL: Table | So You Think You Can Dance | How/Made | Dog | CityNews-Tonight (N) | | Ghost Adventures |
| 8:30 PM | Family Guy | | | | | | | | | | | | CFL: Table | | How/Made | Good Luck | | | |
| 9 PM | Amer. Dad | Remedy (N) | Devil Horns | Antiques Roadshow (N) | "Pittsburgh Qualifying" | Scorplon "Dominoes" | (9:01) The First 48 | | Remedy (N) | Remedy | Comedy | Mr. Young | SportsCentre (N) | "Auditions No. 4" | Alaskan Bush: Off Grid | Next Step | EP Daily | Movie: *** "Shooter" (2007) Mark Wahlberg, Michael Peña. | Security |
| 9:30 PM | Amer. Dad | | | | | | | | | | Comedy | Boys | | | Alaskan Bush: Off Grid | Wingin' It | Reviews on | | Security |
| 10 PM | Jeffersons | NCIS: Los Angeles (N) | For King and Country | POV "Out in the Night" | (10:01) The Island (N) | NCIS: Los Angeles (N) | The First 48: Sexual | (10:01) The Whispers | NCIS: Los Angeles (N) | News Hour Final (N) | The National (N) | Haunting | SportsCentre (N) | Castle "Swan Song" (N) | Alaskan Bush People | Good Luck | Extra (N) | Wahlberg, Michael Peña. | Security |
| 10:30 PM | Break | | | | | | | | | | | Haunting | | | Win, Lose | G. Martin | | | Security |
| 11 PM | "Sinbad: Legend" | CHBC News Final (N) | Hope for Wildlife | Charlie Rose (N) | News | News | The First 48: Sexual | KXLY 4 J. Kimmel | News Hour Final (N) | ET Canada | CBC News | Gags | SportsCentre | News-Lisa | Airshow (DVS) | Wizards | The Role | | Secrets-Lega. |
| 11:30 PM | | | | | J. Fallon | Elementary | | | | Doctors | Blackstone | Gags | | CTV News | Life Derek | The Role | | | |



Vermilion Forks Field Naturalists thanked Raelene Campana's Grade 4 class last week. The students include Austyn Beliveau, Hawk Bruneau, Evan Cleary, Sydney DeVries, Kaelan Druck, Rhiannon Gladu, Maxim Greening, Makenna Gush, Jonah Hardgrave, Braedy Hassell, Syd Lawes, Reid MacMurchy, Jenna McGee, Scott Meston, Jaiden Mullin, Brooklyn Nilsen, Shelby Pirson, Caprice Roccamatysi, Angelina Stephens and Mike Keyworth. The class was honoured for volunteering during Earth Day and could be the future event organizers in the community.*

Saving Downtown Princeton...

...An Ongoing Series by George Elliott

Vermilion Forks Field Naturalists did something really nice for Raelene Campana's Grade 4 class at Vermilion Forks Elementary School last week. The students had participated in Earth Day events including a clean up around Cormack's Marsh. In return for their assistance each of the students received a certificate thanking them. The class also received a bluebird house, with instructions, so that they could become part of a much bigger project.

What stood out for me was the importance in recognizing volunteers. I've written about it before but I had never seen this kind of response to acts of kindness.

Let's face it, we all know that it's not only important to give back to your community, but it also feels good. We also know that the volunteer movement has not really caught on in a big way with a much younger generation.

All you have to do is look around to any of the non-profit organiza-

tions operating in the Similkameen Valley to see that the majority of volunteers are seniors. Sometimes the lack of growth in an organization, especially the increase in young (under 40) members, often leads to events being cancelled or groups disbanding.

It is easy to view this as the result of a lack of interest, but is it really?

Volunteers are all around us in Princeton. If you aren't one, you probably are married to one or have one as a next door neighbour. Volunteers do a lot more than just man ticket booths at local events, too.

Off the top of my head we have volunteers in each and every non-profit organization in town from the Fall Fair and Rodeo Club to the

Hospital Auxiliary and Crisis Assistance Society with many, many more groups in-between.

We have volunteer firefighters in Princeton and in all of the fire departments in Area H and beyond. Each and every local church, sporting group, support group and service organization you can name has a core built around volunteers.

While that may sound impressive, when you look at the population of Princeton and Area H with a combined total of about 5,000 I would be surprised if ten percent were volunteers. I say this because I know more than just a few local volunteers wear more than one hat - or in other words, are actively volunteering in more than one community group or organization. More often

than not they are volunteering in two or more groups.

I used to joke that the same fifteen volunteers do everything that gets done around here. While that is an exaggeration, you get the point.

The Town of Princeton was honouring long-term volunteers but has quit the practice for some reason. It was not because they ran out of worthy recipients.

The real problem here is how do you attract younger people to volunteering?

I think part of the solution is what their experience is while giving back to their community. There has to be a balance between hard work, education and praise. I've never quite figured out the correct formula myself in the years I volunteered and held leadership roles working with others. For most non-profit organizations, they exist already on a shoestring budget so frequent thank you's are typically verbal incontinued on Page 18

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Notices

Granite Creek Preservation Society

MEETS THE
THIRD THURSDAY
OF THE MONTH

1:00 PM Princeton Museum

Everyone Welcome!

Notices

Princeton Family Services Society

Annual General Meeting
4:30 PM
Wednesday, June 24, 2015

56 Kenley Avenue
Princeton, BC

Everyone is welcome to attend

For Rent

Furnished 1-bedroom apartment for rent in Princeton. Available now. Excellent references and damage deposit required. No pets, must be quiet. Asking \$500.00/month plus utilities. Call 250-295-1006 for details or leave message with the best time to call back. Feb 03-Jun 23

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Commercial space, 1,500 square feet, 20-foot ceilings, overhead door, small office at 600 Similkameen Avenue, Princeton. Asking \$800/month plus utilities. Call 604-877-1599 daytime or 604-298-1948 nighttime. 10 Jun 16

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Certified Care Aide available for taking you to appointments or to get groceries, or I can get them for you, we can go for a short walk or I can trim your little dog. I can help. Give me a call at 250-438-0041 and we can chat. Jun 02-16

Notices

GARAGE SALE
Annual Summer Garage Sale every Saturday and Sunday from 10:00 AM to 2:00 PM 41-km out on Osprey Lake Road, turn right at Link Lake Road and look for #136/#138 Country Lane. All proceeds to support Hayes Creek Fire Hall. May 26-Jun 30

For Sale

FOR SALE BY OWNER - 1,100 sq. ft., 3-bedrooms, 1 full bathroom. Updated flooring, spacious living/dining room and kitchen, Tapton Avenue near Vermilion Avenue. Garden shed and patio at back, partial basement with lots of storage space, metal roof. Asking \$172,000.00. Phone or e-mail the owner for details 604-853-3410 wkrueger@shaw.ca. Jun 02-16

YARD SALE
8:00 AM - 12 Noon
Saturday, June 20
221 West Place
Follow yellow signs at hospital.

Wanted

Canning jars of all sizes and ages. Will pick up. Call Brenda at 250-295-4149 and please leave a message with George or a call back number if I'm not there. th

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The only side effect you may experience from our Hot Pepper (Jalapeno) Jelly is that it stings a little. Some of our customers say that they barely notice that when they are too busy fighting off that other side effect. That's right, once you try this spicy, tingly, tart and smooth jelly with the snap and bite of jalapenos you'll want to come back for more. And more.

The JamBusters! kitchen has been a busy place throughout December, January and February as that's when we developed and released our new line of products. This awesome little jar of smokin' hot jelly is one of those special treats you'll want to keep all to yourself because it is that special. So special that it has been rated to measure 11 on a scale of 10 for 'Causing Excessive Lip Smacking' and a 9.5 for 'Knocking Your Taste Buds Out.'

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Saving Downtown Princeton...

...An Ongoing Series by George Elliott

.....continued from Page 16 format.

I know that in my volunteer time, which continues to this day but in a far more low-key manner that previous years, I never expected anything more than the odd pat on the back. This apparently doesn't cut it anymore.

There has been a relatively new trend in recent years in Princeton where annually a large volunteer dinner is hosted. It's a great idea, but probably still not quite enough to attract much younger residents to be involved in their community.

I think the Town of Princeton was on the right track with their program of recognizing individual volunteers instead of a roomful. I think for some, this may be the kind of thanks they require in order to keep going, or at the very least, being recognized as an individual giving back may have more impact.

Regardless of what attracts volunteers to help in their community, we all owe them a great deal of thanks as it is only because of them that cultural, artistic, sporting and tourism attracting events take place in the first place. There is no way possible that the Town of Princeton would ever be in the position to organize any or all of the events hosted in the community. It is because of this I think they should remember that none of those things would happen if members of the community did not step up and give back.

How does this save downtown Princeton?

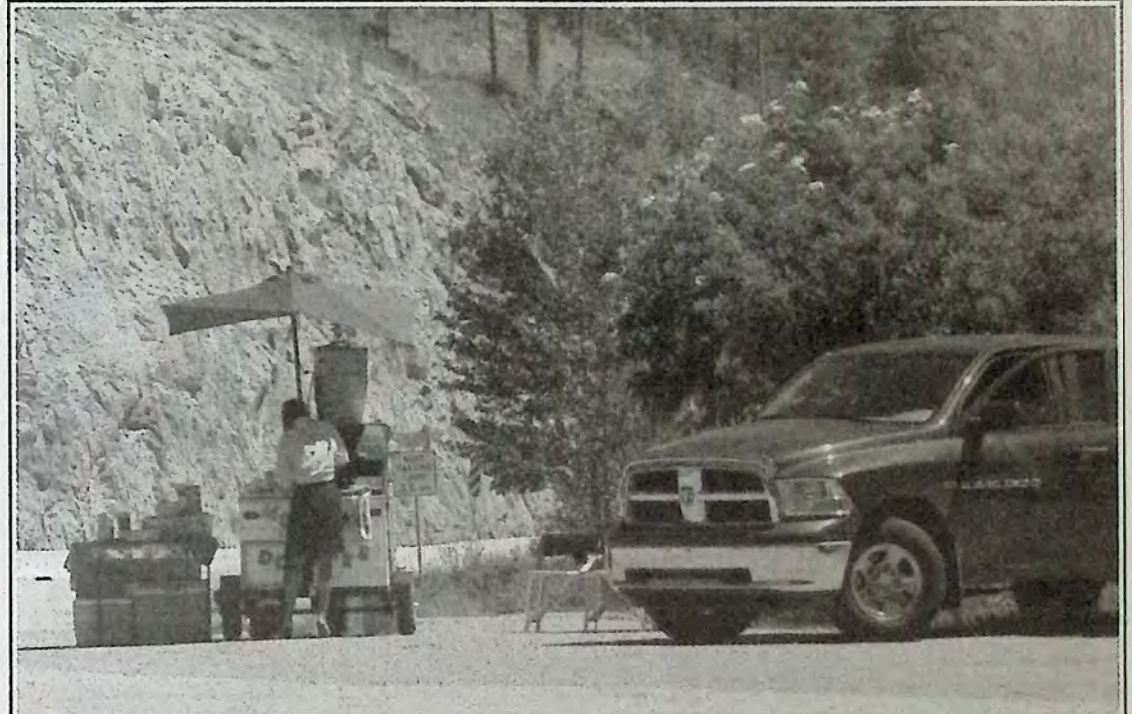
Community volunteers are key to the development of the cultural and social footprint of any town or city. In smaller towns their influence is felt far greater than in bigger centres. Without incentives to encourage volunteers to keep doing their

part, a part of the community dies. The cultural and social activities planned and organized by volunteers attract tourists and locals in ways to celebrate various activities. These events help give residents a

reason to be proud of their community and spins off into support for the community, including the retail core.

With volunteers getting older and groups and events folding, activi-

ties disappear unless a new wave of volunteers step in and take control. The answer to how that is done may come from you, with incentives provided by the Town of Princeton.



A "for-profit" vendor tried selling hot dogs, drinks and snacks June 8th and 9th at Yellow Lake. Although the vendor had excellent signage from both directions and appeared to have a clean and tidy kiosk, the vendor from Alberta had not secured a license. She was shut down by authorities later the same day. Photo: Arlene Arlow

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 your Federal Member of Parliament

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Meet with M.P. Constituency Staff
Thursday, June 25th
 This is the LAST VISIT

Princeton: 12:00 pm to 3:30 pm
 Community Skills Centre, 206 Vermilion

1-800-667-2393
 alex.atamanenko.c2@parl.gc.ca

...Your Turn

Letters and E-Mails Received This Past Week

To The Editor;
 In his latest MP Report, Dan Albas discusses the Senate spending scandal, says he's, "long been a supporter of increased transparency and accountability," and congratulates himself on publishing an annual accountability report detailing his expenditures.

In view of the often appalling, perhaps criminal, behaviour of thirty Canadian senators, no one would say his financial reporting is over-the-top.

Nevertheless, does he fully understand what Canadians mean when they call for transparency and accountability?

Let's look at the free trade and foreign investment agenda of his government for one illustration. What all of today's trade and investment treaties have in common is that they're negotiated in secret.

Whether it's the Canada-Europe trade deal (CETA), the Trans-Pacific Partnership (TPP), the

Canada-China investment treaty (FIPA), or any of the other 50 agreements recently or currently being negotiated, neither the public nor parliamentarians will have had access to the texts until the agreements are concluded by the countries' negotiators.

Representatives of global corporations are consulted and made privy to details of these agreements as they're being negotiated, but health professionals, internet freedom activists, environmentalists, organised labour, advocacy groups and all but a few of elected representatives are shut out. It's not you and me to whom the government of Canada expresses accountability.

These treaties further fail to respect democracy in view of the investor-state dispute settlement. This mechanism allows corporations to sue local and national governments if they pass laws or enforce provisions such as rules, standards or moratoriums that will affect their ability to earn profits.

So, for example, a foreign corporation with investments in the tar sands could sue Alberta if the province sets new rules aimed at reducing the heavy footprint of the tar sands. A foreign company could sue if an increase in the minimum wage, a banned toxic chemical, a

moratorium on fracking, or a buy-local policy reduces profitability.

In effect, foreign corporations become empowered to determine Canada's legal and regulatory framework, which is a clear infringement of sovereignty. Sovereignty is further undermined in that a foreign company could sue Canada or one of its municipalities or provinces without ever stepping foot in a Canadian court. Instead, the company would go before an international panel of arbitrators. If the company won, the ruling couldn't be challenged in Canadian courts.

MP Ron Cannan, who is a member the International Trade Committee, cheerfully posts that, "a rising tide lifts all boats, both from emerging markets and from Canadian companies." But today's trade treaties are not much about trade and improvements in the general economy. For example, only five of the TPP's 29 draft chapters deal with traditional trade issues.

The other 24 involve the offshoring of jobs, the weakening of food safety standards, reduced internet freedom, financial deregulation, and an even wider array of corporate rights protections.

For instance, Wikileaks has just

.....continued on Page 19

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...Your Turn

Letters and E-Mails Received This Past Week

To The Editor,

For the first time in 74 years of life, I find myself on the side of vandals!

When the incongruous concrete block barriers first appeared on the dike in front of the 'apartment'

building we see from the Brown Bridge, I was perplexed and felt annoyed! Surely, I said to myself, the Town will assure that these two obstructions will be promptly removed!

The owner of this property, a num-

bered company, has not only thumbs its nose at the Princeton residents who have enjoyed the dike as a leisurely walking path, but has also at violated Provincial Law governing Riparian Area Regulations, Public Foreshore use and probably,

the Dike Maintenance Act.

To find out how the apartment block owner is likely offending, please search for: Introduction to the Riparian Areas Regulation, Riparian Rights and Public Foreshore Use In the Administration of Aquatic Crown Land, and DIKE MAINTENANCE ACT [RSBC 1996] CHAPTER 95 (This Act is Current to April 29, 2015)!

Now I see that Council has agreed to spend \$65,000 to investigate if they could get an easement to provide public walking access. I can only shake my head! The Law is on the side of the public and of Town Council if it chooses to act. I do not know the legal status of the dike.

Its history has fallen off the grid. The Internet failed me, as did the Town of Princeton website history section and even the incomplete Museum Archives were of no help! I could not determine who initiated building the dike, nor when it was built. I can only assume that it was built in response to past flooding, especially a historic flood in May of 1972, mentioned by Laurie Currie in his history of Princeton called, Princeton, B.C., 120 Years.

Since the dike obviously exists to protect the flood prone Allison Flats area, it likely falls under the mandate of the Diking Authority. If that is the case, the Town of Princeton could be in for a bonanza!

Of special interest is Section 6 of the Dike Maintenance Act which covers offences, and states among many other things: A person who commits an offence under this section is liable on conviction to a fine of not more than \$200,000, and if the offence is a continuing one, to a fine of not more than \$200,000 for each day the offence is continued or to imprisonment not exceeding 12 months, or to both a fine and

imprisonment.

Since I own property near the apartment building, along the very same dike, I am familiar with the Riparian Act, enabled by the Fish Protection Act of 1997. Riparian areas covered are those adjacent to ditches, streams, lakes and wetlands connected by surface flow to a waterbody that provides fish habitat. It forbids any disturbance of the existing environment within 30 meters (98.4 feet) of the high water mark.

My property has been the subject of a full Riparian Assessment and I can attest that the protected area includes both the sides and top of the dike!

Further, ownership of foreshore property does not provide exclusive foreshore use. In fact, the Crown makes every effort to facilitate public access to and along the foreshore.

The apartment owner initially claimed the barriers were needed to prevent vandalism to the property and protect tenant privacy. Sounds well intentioned, but NO the barriers may not obstruct the dike, disturb the riparian environment and prevent public access to the foreshore!

Other, probably more effective, options should have been pursued! The Town of Princeton could, perhaps should, spend the \$65,000 on a good lawyer and charge this owner on all possible counts! But, perhaps a more amicable solution would be for the apartment owner to remove the barriers and install a good surveillance system that would identify vandals, and for the Town to permit a variance allowing the installation of a privacy fence on the inside of the dike. Much money would be saved and there would be peace in the valley!

Respectfully,
Karin Green, Princeton, BC



Driving by this scene June 10th on Highway 3 near Cawston caused us to turn back and take a closer look. Yup, a telephone pole is in the ditch and a temporary brace was in place until the pole gets replaced. *

.....continued from Page 18 revealed details of the draft TPP agreement showing that pharmaceutical companies would have more power over public access to medicine, including through a practice known as "Evergreening." It lets drug companies extend the life of a patent by slightly modifying their product before getting a new patent.

Fed up in Europe, the people behind the "Self-organized European Citizens" Initiative against TTIP and CETA gathered more than 2.1 million signatures against the U.S.-Europe trade deal (TTIP).

Public outrage over threats to democracy, the environment, consumers and labour standards led to an announcement this month of a postponement of

TTIP negotiations.

Long gone are the days when top-down governments could simplistically claim that 'free trade' is about economic growth and sneeringly dismiss opponents as 'protectionist' or 'anti-trade.'

Bottom-up transparency and accountability have arrived.

- Dianne Varga, Kelowna, BC

To the Editor

Are Shaw servicemen ripping people off? I phoned Shaw Direct to set up a service call because I was having problems with my brand new HD receiver from Shaw. They told me they would get a hold of the serviceman out here and have him fix the problem and he would give me a call to set up an appointment.

I asked Shaw if there was any cost to me and was told there was no charge. So when the serviceman called and told me I had to give him \$20 for gas to come out, I phoned Shaw and told them that I was told there was no charge for the service call, but the serviceman wanted me to give him \$20 for gas. I was not going to pay one penny more because Shaw said this service is free.

But long story short, Shaw said they would reimburse my account the \$20 but first I had to give the service guy \$20 to come out or there wasn't anything they could do for me. I have paid one of Shaw's servicemen one or two times before not knowing there was supposed to be "NO CHARGE", I did not know Shaw was aware of this extortion.

So as a notice to the public, be aware and call Shaw if you have paid \$20 or more for a "FREE" service call. Ask to be reimbursed the money. As for myself I told Shaw to cancel my subscription if they would not come out

and fix my problem. The next day they cancelled my subscription.

"Thanks Shaw for being there for your customers" I will be sending back you HD receiver.

- Jerry Beryere, Princeton

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Similkameen

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Steve Hohmann of Quesnel rides Jukebox Hero to a reride. There were no qualifying rides recorded at the Saturday, June 13th bull riding event. Bulls 11, Cowboys 0. *

Naturalists hike White Lake, Mahoney Lake Hedley market returns for the season

by M. Masiel, VFFN

A field trip to the White Lake Grasslands Protected Area rewarded us with great views, plenty of birds, familiar flowers and plants, and two adult black bears!

The area was teeming with interest. The moderate 7-kilometre hike from White Lake to Mahoney Lake passed quickly as we stopped to admire the wildflowers; the Mock Orange bushes, in particular, were blooming gloriously. Here and there were clumps of Giant Wildrye Grass, the ubiquitous Big Sagebrush, and tall Ponderosa Pines that provided wonderful shade.

Numerous butterflies and dragonflies flickered around us. Cathy and Jason Lehaie helped us identify 34 species of birds. Stopping at one small lake someone spotted two adult black bears on the other side. Being a sufficient distance from them, we admired them without feeling that we were encroaching on their territory.

After a quick lunch at a man made dam in the shade of trees, we continued to Mahoney Lake.

Mahoney Lake is an Ecological Reserve. "An ecological reserve provides the highest protection for the maintenance of physical and biodiversity while allowing for research and educational activities."

Mahoney Lake is one of few meromictic lakes in BC, which means that the water remains unmixed with the main water mass during normal circulation period. Mahoney Lake is particularly noted for its purple sulphur bacteria, which needs H₂S and CO₂ to develop. Go online and read more about this fascinating lake.

Reaching Green Lake Road, we boarded our cars and went off to enjoy a much needed treat! Another outing is scheduled for Sunday (not Saturday), June 14th as we head for the Osprey Lake Area. Mark Wong has promised us a wonderful hike. Join us.

by Vickie Hansen

Most of us simply fail to ask, 'where did this come from?' when making food purchases. We put it in our cart often without any consideration of where it is from, the conditions under which it was produced or the carbon emission that occurred during the manufacturing process or during shipping. It is time to THINK and time to THINK LOCAL!

An average food item travels over 4,000 kilometres before reaching our table here in BC. In contrast, fruit and vegetables sold at a Farmers Market have traveled 50 kilometres or so. Buying locally significantly reduces the energy

used in packaging, shipping, distributing and retailing.

Those words were submitted by me and published in 2012. Even in three short years, many of us are so much more informed about the choices we make with the food that we eat. Farmers markets all over the world have done so much to generate regional economic vitality by investing in local people, local farms and independent local businesses and keeping their communities healthy.

The Hedley Farmers Market and Sunday Faire is a seasonal market offering fresh, locally grown produce, plants, prepared foods, hand-crafted products and second-hand

collectibles direct to the Similkameen Valley.

Launched in 2010, the Hedley Farmers Market and Sunday Faire hosts a wide range of family and food-oriented programs, including live entertainment, historical tours, taste tests and youth activities.

The market is open Sundays from 9:00 AM to 1:00 PM starting on June 21 and running till September 27. Join us on Sundays in Heritage Park at the Hedley Heritage Museum on Daly Avenue. For more information about the Hedley Farmers Market and Sunday Faire, Contact Lydia at 250-292-8657 or e-mail me (Vickie) at hedleyfarmersmarket@nethop.net.



After spending a year in Peru as part of the Rotary Exchange Program, Princeton's Destiny Earle arrived home after midnight this past Saturday, June 13th. She stopped by the News Leader office and popped in on various friends to catch up before starting her summer job this week at the Town of Princeton Visitor Information Centre. *

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