

# Similkameen News Leader

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Tuesday, July 7, 2015

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Princeton's 2015 /16 Youth Ambassadors are, from left, Victoria Gibb (Vice Ambassador), Hanna Gould (Princeton Ambassador) and Thyme Callihoo (Friendship Ambassador) as selected July 3rd at Riverside Theatre. \*

## RDOS also pays local politicians

The RDOS last week approved their 2014 Statement of Financial Information. In it are details of wages and expenses paid to all Directors on the Regional District of Okanagan Similkameen board.

The figures, combined with wages/expenses disclosed in the Town of Princeton and Village of Keremeos SOFIs show some members of elected bodies in the Similkameen Valley earn a decent wage.

For example, Town of Princeton Mayor Frank Armitage received \$11,790 from the RDOS on top of \$20,958.10 from the Town of Princeton. His expenses were \$2,452 (RDOS) and \$5,509.44 (Town).

Village of Keremeos Mayor Manfred Bauer received \$11,823 plus \$1,660 in expenses from the RDOS in addition to his Keremeos income of \$10,317 and \$5,591.15 in expenses.

Other amounts from 2014 for Similkameen Valley RDOS Directors include: George D. Bush (Cawston) \$28,207 and \$6,467, Elf Christensen (Hedley/Keremeos Rural) \$1,908 and \$299, Bob Coyne (Area H) \$2,290 and \$398, Marilyn Harkness \$876 plus \$244, Brad Hope (Area H) \$24,877 plus \$8,252, Ed Staples \$803 with \$0 expenses and Angelique Wood (Hedley/Keremeos Rural) \$28,126 and \$9,806.

## Open burning bans in effect

Effective at noon on Friday, July 3rd, all open fires - including campfires - will be prohibited throughout the entire Kamloops Fire Centre. This prohibition will remain in place until the public is otherwise notified.

The fire danger rating is currently "high" throughout the Kamloops Fire Centre, with some areas rated "extreme". With the current trend of warm and dry weather, wildfires in the region have displayed aggressive behaviour and have required additional firefighting resources. Human-caused wildfires

can divert critical resources and crews from responding to naturally occurring wildfires.

In addition to campfires, this prohibition applies to open fires of any size, industrial burning, fireworks, tiki torches, sky lanterns and burning barrels. This prohibition does not apply to cooking stoves that use gas, propane or briquettes, or to a portable campfire apparatus with a CSA or ULC rating that uses briquettes, liquid fuel or gaseous fuel, so long as the height of the flame is less than 15 centimetres.

This burning prohibition covers

all BC Parks, Crown lands and private lands, but does not apply within the boundaries of a local government that has forest fire prevention bylaws and is serviced by a fire department. Please check with local government authorities for any other restrictions before lighting any fire.

Anyone found in contravention of an open burning prohibition may be issued a ticket for \$345, required to pay an administrative penalty of \$10,000 or, if convicted in court, fined up to \$100,000 and/or sentenced to one year in jail. If the con-

travention causes or contributes to a wildfire, the person responsible may be ordered to pay all firefighting and associated costs.

To report a wildfire or an open burning violation, call 1 800 663-5555 or \*5555 on a cellphone.

For the latest information on current wildfire activity, burning restrictions, road closures and air quality advisories, go to: [www.bcwildfire.ca](http://www.bcwildfire.ca).

**RDOS adds temporary ban on campfires in the region**

Due to the current condition of 'high' fire danger rating in our

regional area, the Regional District of Okanagan-Similkameen (RDOS) is implementing a TEMPORARY FIRE BAN in conjunction with the municipalities of Penticton, Summerland, Oliver, Osoyoos, Princeton, Village of Keremeos, Hedley Improvement District and the Ministry of Forest and Range, BC Forest Service - Kamloops Fire Centre.

This open burning ban is in effect to protect public safety and to limit the risk of person-caused wildfires. This ban does not restrict fires in cooking stoves using gas, propane or briquettes, or to a portable campfire apparatus with a CSA or ULC rating (providing the flame height does not exceed 15 centimeters) but does restrict fires in portable wood burning fireplaces

.....continued on Page 2



### Cloverdale Paint

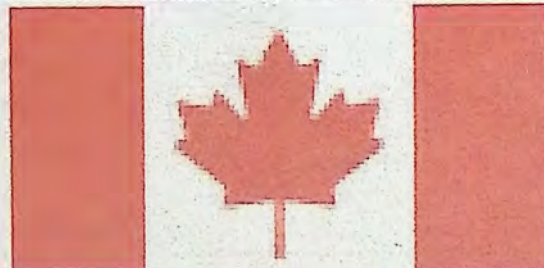
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# What An Amazing Weekend!

Legion, Rotary, Ambassador Program, Car Club and More Fill the Weekend!



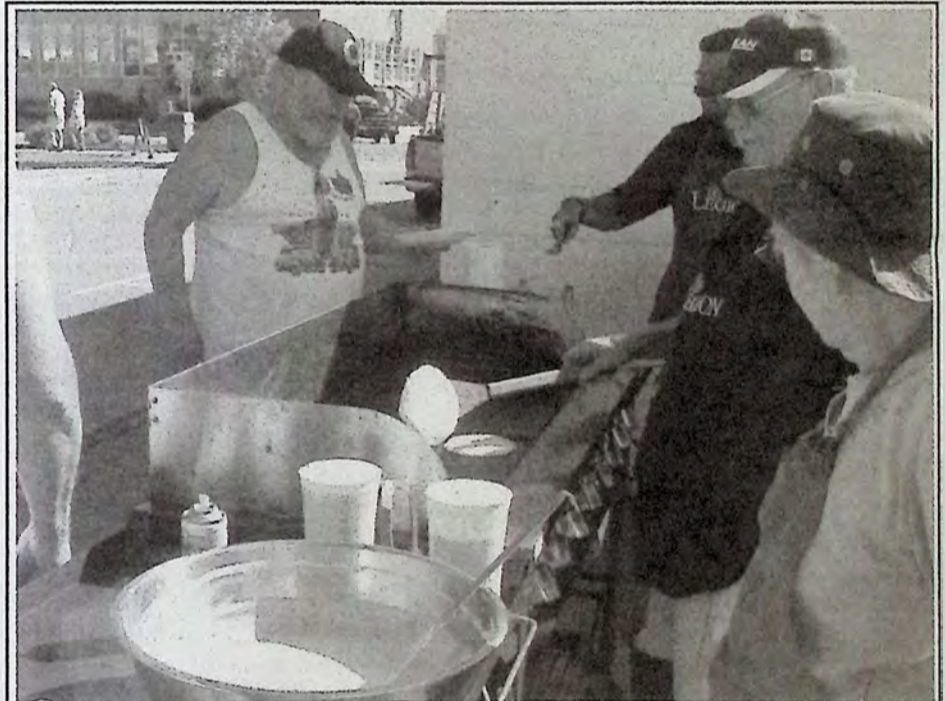
Local vehicle collectors donate their time to provide rides in the Rotary Parade for visiting royalty and ambassadors. This truckload are from New West. \*



Billy's Restaurant sponsored Hanna Gould in the Youth Ambassador Program. On July 3rd she was named 2015/16 Princeton Youth Ambassador. \*



The Legion played a huge role in the past weekend as well as sponsored Thyme Callihoo in the Ambassador Program. She was named Friendship Ambassador. \*



As part of Princeton Legion's commitment to the past weekend of activities they provided not one but TWO pancake breakfasts - Saturday and Sunday. \*

## 2015 Rotary Parade Winners

### Business Category

- 1st: Weyerhaeuser,
- 2nd: Standard Pellets,
- 3rd: Cooper's Foods

### Children's Category

- 1st: Girl Guides

### Horse & Rider Category

- 1st Princeton Riding Club

### Floats or Decorated Cars Category

- 1st: Kelowna Ambassadors.

- 2nd: Billy's Family Restaurant (Hanna Gould),
- 3rd: Crimson Tine Players

.....continued from Front Page and campfires.

Anyone found in violation of an open fire ban, including campfires, may be issued a ticket for up to \$345.00 per incident.

Anyone who causes a wildfire through arson or recklessness may also be fined up to \$1 million, spend up to three years in prison and be held accountable for associated firefighting costs.

The RDOS thanks the public throughout the region in advance for their cooperation in complying with this temporary fire ban.



Marty Menzies of Keremeos is part of the Similkameen News Leader family and he entered his 1950 Ford in the July 4th Show 'n' Shine in Princeton. \*

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# Flip Of The Coyne

by Spencer Coyne

Communication is the key to a healthy relationship. Unfortunately too many times government and government officials forget this. They also forget that they are in a relationship with the electorate. Mayors and councillors do not answer to members of council. They answer to the people on the street. They owe their position to that same electorate. Governments that do not observe the need for regular communication do not usually have a very long shelf life and those with political ambitions can have those dreams dashed very quickly because of a simple thing like lack of communication.

I am not sure why councillors like to stay quiet about what they are up to. Politicians usually like to be out and about, seen by the people, so to speak. Our current council, like a certain federal government, try and control every aspect of its message. When they opened the new Visitor Centre there was no big announcement. I am told it was on their website, which I will discuss in a minute. A website notice is not the most effective way of getting your message around when you have a large percentage of the community with limited access to the internet. The same thing happened last weekend with the big yard sale event they

had at the arena. I am not sure where it was advertised. I did see a couple of posts on Facebook the day before. I had to tell a number of people who came into my work that there was an event going on up there because they had no clue it was happening. I am not naive. I understand that advertising does not always reach everyone, but you would think it would have some buzz about it.

Then we get to Canada Day. I understand there was some advertising in one of the papers and there was something on the town's website and I did see a blurb on the electronic sign, but it took me calling the Visitor Centre to find out what was

happening, and then the day before posters went up. How does someone plan a family outing if they do not know what is happening?

This fall will mark my 10th year working in the media. Before that I was on Town Council, and before that, a student union. I understand the need to control one's message but I also understand the need to get your message out so you can sell your ideas, events, and products. Circling the wagons and hiding in the backrooms of Town Hall does not exactly help your position when you are trying to show a community that you are connected and are working for and with them.

Now about that website. Websites are there to inform people. They are used as a first line of communication for people who have never visited your business or community. If you are a government or some other institution who people turn to find information, then your website should be easy to navigate and information should be readily available. The town is using an outdated version of Joomla as its main website content management system and that too is a problem as it opens the site up to security vulnerabilities. The town's website is not easy to navigate. It is not friendly and it is

not inviting. A website, and for that matter all web-based marketing, cannot be seen as the only way of disseminating information. Web-based marketing is a part of a larger marketing or communication program. The town does not participate in social media officially. Why is that? Are they worried about upset citizens? Communities around the Okanagan are online and getting information out to their citizens daily through the use of social media. We all know you guys are on there lurking in the shadows.

It is time for Town Hall to start telling the people of Princeton what they are up to. The longer you stay behind your wagons and treat the people as something that needs to be avoided (unless you are in the need of a photo op) you might want to get plugged in because, it will be a very long and lonely term in office. People are frustrated. They have not heard from their civic leaders on a number of issues, including the zoning issues. There are tools at your disposal to get your message across and there are people willing to listen to you. You need to start communicating with the other half of this relationship, because you know what happens with couples when people stop communicating.



2014 Youth Ambassador Alex Burke, standing, places the 2015 banner on new Ambassador Hanna Gould as part of the Coronation Ceremonies July 3rd at Riverside Theatre. The event was 'standing room' only. \*

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Dr. Berry at Vermilion Chiropractic Center is pleased to welcome Dr. Rick Mozell, with his 25 years of Chiropractic experience, to the clinic.



Starting July 10 Dr. Mozell will be available Fridays only 8:45 AM to 2:45 PM.

Dr. Berry will continue to be available Tuesdays from 9:00 AM to 4:00 PM. Please call 250-293-6062 for an appointment. New patients welcome.

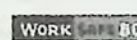
Vermilion Chiropractic Center - 139 Vermilion Avenue Princeton - [www.chiropracticwellbeing.com](http://www.chiropracticwellbeing.com)

## Smell rotten eggs? It could be natural gas.



First go outside, then call 911 or FortisBC at 1-800-663-9911. For more natural gas safety tips, visit [coopsafetyprogram.ca](http://coopsafetyprogram.ca).

A message from the partners of the Cooperative Safety Program





Editorial Page

# News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

## My Turn...

### What's In A Name

I've been pretty careful the past few weeks to not refer to the big summer celebration in Princeton as Racing Days Weekend - because it wasn't. When I've referenced it in print I've called it the former Racing Days weekend.

I know it has been a sore spot for the volunteers who worked so hard in recent years to bring live horse racing to the community. Speaking as a former Racing Days Association President I have a great deal of understanding related to the behind-the-scenes work involved many months before the event was held.

We all knew a year ago that it had ended.

We all knew something would have to fill the place of the biggest tourist-drawing event held annually in Princeton. A lot of work went into the numerous events that ran between Canada Day and last Sunday. Everyone deserves credit for busting their humps to keep the momentum up on a weekend that traditionally fills the community.

What I don't understand is why posters that I only noticed last week were promoting a Racing Days Weekend when we already knew that wasn't exactly true.

Yes, you could argue that the traditional name will keep attracting people and possibly using the name was in honour of the many years of horse racing tradition, but isn't it a bit misleading?

It's like the billboards located outside of town promoting businesses that are no longer here or have changed their names/locations. We need to think about what that tells a visitor to our area who has never been here before. The same goes for calling the past weekend a Racing Days Weekend.

A year ago I suggested filling the void left behind with the end of horse racing with different kinds of racing, possibly a different kind of horse-power, and still using the Racing Days name.

I'm not ignoring the Duck Race or the dedication of those who hosted that event, but it isn't really the same as horse racing so maybe the name should be retired as has been suggested by members of the now defunct horseracing group.

I'm pretty sure the label used by the Town of Princeton for last weekend's activities was well intentioned but we all need to look at the bigger picture. Live horse racing was a huge draw to the community and pumped a lot into the local economy. Promoting a celebration with the same name but no horse racing would very likely tick off a number of visitors expecting to see activity at Sunflower Downs.

It may sound like a small detail but one that would have a greater affect on the future of Princeton than you may think. Now is the time to re-brand the celebration weekend and turn it into something as big and exciting as the horse racing used to do to it.



Summer Students working at Princeton Museum as of July 1st include Cache Cook, left, and Hayden Zieske. They will be welcoming visitors and assisting Manager Robin Lowe with various programs, activities and chores. \*

## Posse sign Carter from Kelowna

The Princeton Posse are pleased to announce the signing of Drew Carter, a dynamic forward from Kelowna, BC to their line up for the 2015/16 KIJHL season.

"We are very happy to add Drew to the Posse and believe he will be

a great asset to our team. Drew is a highly skilled power forward with soft hands and great vision on the ice," states a news release from the Posse.

"The 18 year old player, distributes the puck very well and makes it difficult on the opposition to defend against him."

This will be Drew's second year in the KIJHL, after splitting last season with the Osoyoos Coyotes and Nelson Leafs. Drew caught Posse Coach Goodman's eye

before last season and helped bring him to the Coyotes.

"It was a tough decision to move Drew to Nelson last year as he has great potential, and a gift for offense that is tough to teach. When I found out he would be a free agent this season, I knew he would be a great addition to the Posse and am very pleased he chose to play for Princeton."

You are asked to join the Posse in welcoming Drew to the team and to Princeton. - submitted



DREW CARTER

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## VFE announces award winners

Vermilion Forks Elementary School recently announced their year end awards:

### Term 3 Report Cards

#### Academic Excellence:

Grade 4 - Kaelan Druck, Max Greening, Syd Lawes, Caprice Roccamatissi

Grade 5 - Rylee Forde, Taelah Thomas, Natalie Yurkowski

Grade 6 - Holly Atkinson, Quintin Franklin, Kaleigh Martin-Fallis, Mason O'Neil

Grade 7 - Cori Harder, Aiden Wolowidnyk

#### Honour Roll:

Grade 4 - Kirsten Boyd, Sydney

DeVries, Axel French, Kaydence Lewis, Reid MacMurchy, Jay Minshull, Jaiden Mullin, Brooklyn Nilsen

Grade 5 - Dakota Adam, Keenan Bronsnyk, Payon Cranston, Elias Frost, Colten Graham-Pick, Shaun Harrison, Megan Hyslop, Chloe Jantunen, Cameron Lankinen, Kolby Lytle, Piper Manning, Emily Taylor, Noah Vandergulik

Grade 6 - Nathan Anderson, Shayla Gullason, Willow Littlejohn, Dacoda MacMillan, Keegan Meadows, Bradley Sutton

Grade 7 - Ashley Barbelor, Rocky DeMeers, Sylvie Druck, Gage Gibson, Claudia Hamilton, Quinn Harrison, Julianne Oliver, Trenton Vegara, Kenzie Waitowicz

#### Achievement Award:

Grade 7 - Heath Grigg

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### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



### News Leader Classifieds

25 Words = \$10.00

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# Current Comment

## Smart Growth BC Has Influence



Dawn Johnson  
editor@thenewsleader.ca

A provincial non-governmental organization (NGO) called Smart Growth BC has influence on municipal governments through its proposals, meetings and lobbying. This group influences land use policies. Its stated goal is to reduce urban sprawl by making communities more compact. This group promotes higher density development, e.g. apartment living as opposed to single family dwellings. This policy has been described as "stack 'em and pack 'em."

Smart Growth BC encourages reduction of private motor vehicle traffic through transit systems, walking, and bicycling. The organization promotes redevelopment of neighborhoods in a manner that has schools, shopping and other services embedded in residential areas, so everything is within walking distance. Smart Growth BC promotes a wider range of types of housing within each neighborhood, to accommodate changing needs through stages of life e.g. bachelor apartments, family apartments, and dwellings for the elder-

ly. Smart Growth BC would also like to see light industry embedded in each neighborhood so jobs would be within walking distance.

Smart Growth BC opposes any extension of municipal boundaries.

One of the persuasive arguments for redevelopment is the reduction of municipal costs for infrastructure, such as water, sewer and roads. This would result, hopefully, in reduction of municipal property taxes.

Smart Growth BC promotes protection of green spaces, preservation of farmland, and buying locally produced farm products.

I recognized their goals immediately as being based on the European model. I lived in different parts of Europe for four years, in a city, a small town and in a rural village. The model works well for cities, but not for a village. Villages in Europe have similar problems to villages in Canada but most do not lack adequate public transportation from the village to the city. Private motor vehicles are needed more in villages in Canada in order to access services and shopping available only in cities. Princeton, Tulameen, Coalmont, Eastgate, Hedley, Cawston and Keremeos all face different transportation problems when compared with European villages.

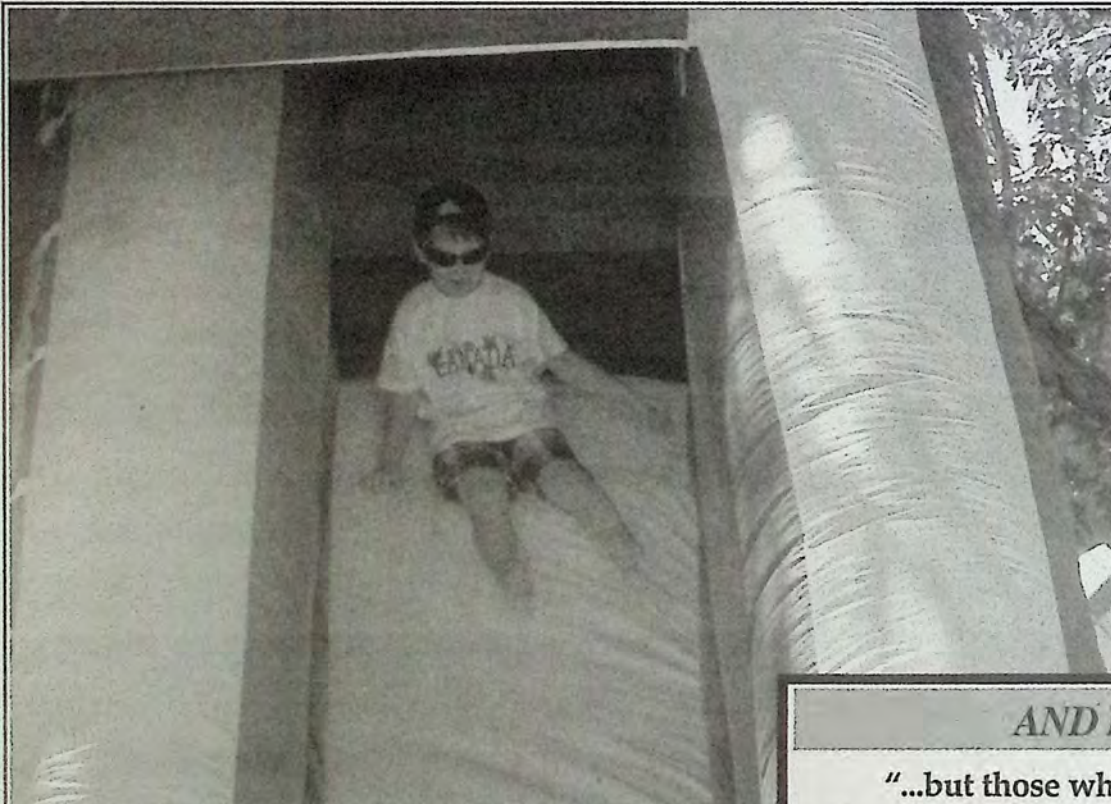
As local residents know perfectly well, there are many reasons why it is necessary to have a private vehicle available for trips out of town, the first and major reason being health services. The centralization of health services has caused not only increasing traffic on our highways, but increased

inconvenience for people who live here. Many retired people have moved to Penticton or other Okanagan areas simply to be closer to the health services they need.

There is a big difference in the transportation needs of a European villager when compared with what we experience in rural Canada. In Europe, a village may be no more than 10 kilometers from the next village, and probably no more than 50 kilometers from a city. Europe is far more densely populated than Canada, and certainly far more densely populated than British Columbia. A European would be appalled at having to travel 110 km. for a medical test such as an ultrasound!

Even if a European did have to travel that great a distance, the European would have access to either a railroad or a bus, perhaps both., and both would offer more than one scheduled trip per day. I remember flying from Italy to France on a vacation. We caught a bus to visit friends in Belgium for one day, and caught a bus to the next village to take a train to Paris, which took only half a day. In Paris, we took side trips, via subways and buses. In Canada, we depend on rental vehicles to make our way from airports to villages, or even neighboring towns. If you want to take a flight from Penticton or Kelowna, you need a private vehicle to get you to the airfield unless you live right in Penticton or Kelowna. The European model does not work for us because our population density is too low except in cities.

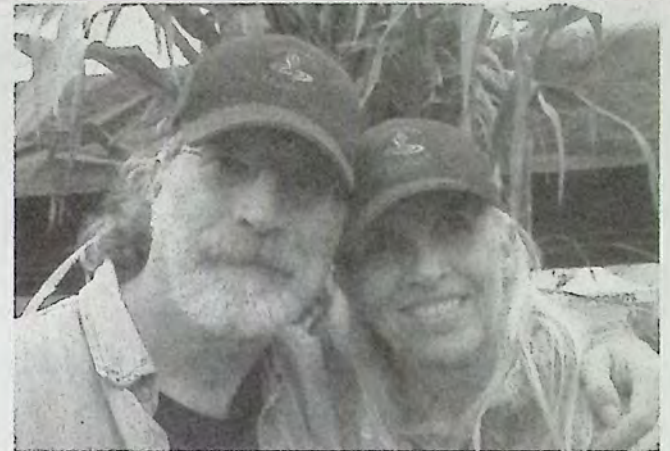
There is another European policy .....continued on Page 20



Suddenly a giant inflatable slide appeared in downtown Princeton and a party started! Canada Day celebrations in Veterans Square entertained young and old and included live music, kid's games and two Canada Day cakes. \*

# Similkameen News Leader

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### AND NOW...A LITTLE GOOD NEWS!

"...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." - Isaiah 40:31

# MP Alex Atamanenko

## Netherlands War Commemoration More About Peace

In May I had the honour of being part of the Canadian delegation that went to the Netherlands to take part in the commemoration of the liberation of that country from the Nazis by Canadians 70 years ago. In addition to the Prime Minister, MPs and officials we were accompanied by approximately 60 WWII veterans and their caregivers.

While there, we participated in ceremonies at two Canadian cemeteries, attended a special concert in the Cathedral and watched a parade of veterans, WWII vehicles, military personnel and marching bands in Wageningen, the town where German forces capitulated to Canadian forces.

I was particularly moved by a speech delivered by Jeroen Dijsselbloem, Minister of Finance, which began with the story of his father who at 15 years of age left

home after the liberation to bicycle through Flanders and Britain during which time perfect strangers would invite him to stay in their homes. In the new era of peace and post-war reconstruction there was a very special sense of optimism and most importantly trust. In his speech Minister Dijsselbloem highlighted the relationship between trust and peace.

"Peace requires trust; even when you're still far apart. Peace requires a willingness to move closer to others; even if your minds never quite meet. Peace requires willingness to compromise; even if you never reach complete agreement. Peace requires a willingness to come together; even if you can't quite join hands," remarked the Minister.

"History compelled us to overcome mistrust. Peace requires

trust. Trust creates freedom. What happens in a society dominated by mistrust? Suspicion and fear thrive. These are the enemies of peace and freedom in which we live. Mistrust creates deep divisions and can lead to conflict. Mistrust, hatred and conflict go hand in hand."

The Minister ended his speech by reminding us that only a society built on trust can know genuine freedom and that this is not something to take for granted. "Indeed, it's far from commonplace. So let's celebrate in the knowledge that peace brought us freedom; and that we have a duty to use our freedom to promote peace."

In another powerful speech Mayor Harry Keerweer of Groesbeek, compared the nature of freedom today to that which existed 70 years ago and noted some of

the different challenges we face today such as how to preserve our planet for future generations. He worries that humanity is in danger of going metaphorically blind by failing to remember the real foundations upon which our free and safe societies were built. "Over these seventy years, we, as a society, have been given the opportunity to pass on that freedom and change history forever. We have been given the opportunity to open our eyes, and look back. To look back at the atrocities committed by occupying forces, but also at our own wrong-doing. At our pain, but also at the pain of the people of the aggressors. Although difficult, it's not impossible. More than anything else, it requires time. Peace time. Time we will not have if we engage in new wars, of any kind, anywhere."

In expressing his hope for seventy more years of peace Groesbeek's Mayor warned about taking for granted the sacrifices it took to build the strong foundations of today's society. This is especially important in the face of economic uncertainties and the anti-social behavior taking hold in many urban areas. The danger lies, "In closing our eyes to patterns repeating themselves. Patterns of us against them, putting our own people first, closing borders to foreigners," declared the Mayor. "If we are ignorant to the signals from within our community, we will surely go metaphorically blind."

These were two powerful speeches by those whose families lived through the horror of war; a strong message for all of us in these turbulent times.

# Naturalists enjoy mountain views

by M. Masiel, VFFN

Seventeen naturalists showed up to join Tip Anderson on a drive to Vortex Station and then a hike to

Agate Mountain Lookout. Vortex Station is a bearing point for airplanes. From there they can veer off in the direction they wish to

follow.

Ascending steep steps, we came to a flat area that gave a spectacular view to the west of many visible mountain peaks.

There were speculations as to the names of these peaks, but it was difficult to know because of the different angle they were being seen.

After a few minutes of admiring the view, we started our hike to Agate Mountain Lookout. The road we followed led us through areas of plentiful flowers which included Tiger Lily, Trapper Tea, Diverse-leaved Cinquefoil, Wild

Rose bushes, Bunchberry, and the incredible White Bog-Orchid.

These species occur at low high elevations, in wetlands, seepage areas, subalpine meadows, wet coniferous forests and clearings. (Plants of Southern Interior BC, Parish et al) A perfect description of the ecology on either side of the road that we hiked.

Meanwhile, our lepidopterist, Sue Elwell, saw 12 categories of butterflies. To list just a few, they were Chryxus Arctic, Mariposa Copper, Anise Swallowtails, and Checkerspots. For most of us, the butterflies moved too quickly to

truly appreciate what we were seeing.

Reaching Agate Mountain Lookout, the group was able to enjoy yet another incredible view of Princeton and surrounding area. The drive down also provided some wonderful vistas, among them a glimpse of Wolf Lake.

The next hike is Saturday, July 4 to the lakes of Eastmere and Westmere. Call the Telliers to confirm, 250-295-7354.

We meet at Billy's Restaurant at 8:00 AM. Please note the time! Bring a lunch and plenty of water. Join us.

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Vermilion Forks Field Naturalists soak up the scenery. - photo submitted

# Princeton Secondary School

## Awards 2015

.....continued from Last Week

**P. E. Awards**  
*Excellence in Physical Education 8*  
 Takumi Irie, Grant Yee, Taylor White  
*Excellence in Physical Education 9*  
 Nathan Silbernagel, Nicholas Cimbaro, Miranda Crucil  
*Excellence in Physical Education 10*  
 Katie Bartlett, Saki Irie, Taylor Sanderson  
*Excellence in Physical Education 11*  
 Jacob Mintzler  
*Excellence in Physical Education 12*  
 Kyla Coyne  
**Math and Science**  
*Grade 8 Math*  
 Case Brodie, Taylor White, Jessica Parker, Alex Roccamatysi  
*Grade 9 Math*  
 Takumi Irie, Jett Larsen, Megan Mintzler, Gabe Oliver, Miranda Crucil, Nathan Silbernagel  
*Most Improved*  
 Ashlin White

*A & W Math 10*  
 Hailey Darby  
*A & W Math 11*  
 Tanner Sulentic  
*Common Math 10*  
 Saki Irie, Michael White, Hanna Gould, Eric Holland  
*Foundations of Math 11*  
 Dayton Wales  
*Pre-Calculus 11*  
 Zoe Douglas, Will Zheng, Tristan VanderMeulen, Bret Shields  
*Pre-Calculus 12*  
 Ryan Grgich, Reuben Howarth, Mort Johnston  
*Science 8*  
 Cole Harder, Dylan Gullason, Case Brodie, Quinn Clarke, Jett Larsen  
*Science 9*  
 Nicholas Cimbaro, Nathan Silbernagel, Megan Mintzler, Gabe Oliver, Miranda Crucil  
*Science 10*  
 Hanna Gould, Taylor Sanderson, Eric Holland, Michael White, Bethany Herting  
*Earth Science 11*  
 Kelsey Fuller, Tyler Warner

*Biology 11*  
**Top Academic**  
 Zoe Douglas, Bailey O'Donnell  
**Academic Excellence**  
 Alexia Boyd, Emily McConnell, Parker Thibert, Tristan VanderMeulen, Danika Whelpton  
*Biology 12*  
**Top Academic**  
 Ryan Grgich  
**Academic Excellence**  
 Brynn Johnson  
**Physics 11**  
**Top Academic**  
 Will Zheng  
**Academic Excellence**  
 Zoe Douglas, Jacob Mintzler, Bailey O'Donnell, Bret Shields, Parker Thibert, Tristan VanderMeulen  
**Physics 12**  
**Top Academic**  
 Will Zheng  
**Academic Excellence**  
 Zoe Douglas, Bret Shields, Tristan VanderMeulen  
**Chemistry 11**  
**Top Academic**  
 Will Zheng  
**Academic Excellence**  
 Zoe Douglas, Jacob Mintzler, Bailey O'Donnell, Bret Shields, Tristan VanderMeulen, Parker Thibert  
**Chemistry 12**  
**Perseverance Award**  
 Alex Burke, Kyla Coyne, Kennady Holland-Krenn  
**Social Studies**  
*Social Studies 8*  
**Academic Excellence in Social Studies 8**  
 Jett Larsen, Jessica Parker, Dylan Gullason, Taylor White  
**Academic Excellence in Social Studies 9**  
 Hayley Anderson, Shelby Bothe Nylund, Megan Mintzler, Gabe Oliver  
**Outstanding Achievement in Social Studies 9**  
 Nathan Silbernagel, Miranda Crucil  
**Achievement in Social Studies 9**  
 Ryan Francis

*Social Studies 10*  
**Academic Excellence in Social Studies 10**  
 Michael White, Eric Holland  
**Socials 11**  
**Top Mark in Socials 11**  
 Tristan VanderMeulen  
**History 12**  
**Top Mark in History 12**  
 Brynn Johnson  
**English**  
**Academic Excellence in English 8**  
 Jett Larsen  
**Grade 8 Kindness Award**  
 Taylor White  
**Academic Excellence in English 9**  
 Ashlin White  
**Funniest Speech Award**  
 Blake Herrick  
**Academic Excellence in English 10**  
 Bethany Herting  
**Good Sport Award**  
 Travis Fedun

**Academic Excellence in English 11**  
 Danika Whelpton, Bret Shields  
**Most Improved in English 11**  
 Will Zheng  
**Academic Excellence in English 12**  
 Brynn Johnson  
**Best Memoir**  
 Mort Johnston, Kyla Coyne  
**Academic Excellence in English 8**  
 Dylan Gullason  
**Academic Excellence in English 9**  
 Gabe Oliver, Nathan Silbernagel  
**Top Mark in Communications 12**  
 Justeen McIntosh  
**French**  
**Academic Excellence in French 8**  
 Taylor White  
**Academic Excellence in French 9**  
 Gabe Oliver  
**Academic Excellence in French 10**  
 Eric Holland  
**Academic Excellence in French 11**  
 Zoe Douglas

## Living Past 100

### Calcium, Magnesium & Green Leaves

The more researchers discover about the relationship between sunshine and bone development, the less likely we are to see those poor old people bent over due to osteoporosis. We might even see a great reduction in hip fractures and broken bones in the elderly.

The link between Vitamin D (from sunshine), calcium and magnesium has been known for some time. It is now known that calcium deficiency affects a larger percentage of the population, and magnesium deficiency affects nearly everyone. These three nutrients are essential in bone development, but researchers have learned that taking supplements is not enough. One of the essential nutrients is derived only from leafy green plants, with Swiss chard being the champion of all green leafy vegetables due to its content of Vitamin K.

Vitamin K plays a very important role in linking together the essentials for bone building. If you do not have enough Vitamin K, the Vitamin D does not work to turn calcium and magnesium into bone. If you do not have enough Vitamin D, the Vitamin K does not work. This explains why people can faithfully take their Vitamin D, calcium and magnesium supplements yet still lose bone mass.

Vitamin K comes in two forms, K1 and K2. You need both. Studies done during the past few years indicate those leafy green vegetables do a lot more than just build bones. There is evidence that eating green vegetables clears calcium from the arteries. Studies are in progress now to determine if lack of Vitamin K2 may be a cause of brain deterioration. Certainly, lack of leafy green vegetables in the daily diet have been shown to cause digestive problems.

It is interesting to note that the longest lived population in the world is in a region of southern Russia known as the Tashkent. The people of the Tashkent are remarkably healthy and generally live to be around 100 years of age. They are so healthy that it is not unusual for people over age 90 to be found doing physical work in their gardens or on their farms. One of the major components of their daily diet is salad composing of a variety of leafy green vegetables such as spinach, sweet basil, parsley, dark green lettuce, chard and beet greens, as well as various forms of the cabbage family, particularly kale.

Another thing the people of the Tashkent eat regularly is yogurt and soft cheese, including feta cheese. This is an interesting combination of nutrients because, along with leafy green vegetables, they are eating calcium and magnesium, and they love working outdoors where they get Vitamin D. Nearly every day they are taking in all of the ingredients needed to build bones and keep the arteries free of blockages, including exercise. Whereas we are learning about these essential combinations through medical research, the people of the Tashkent have been living what we have been studying.

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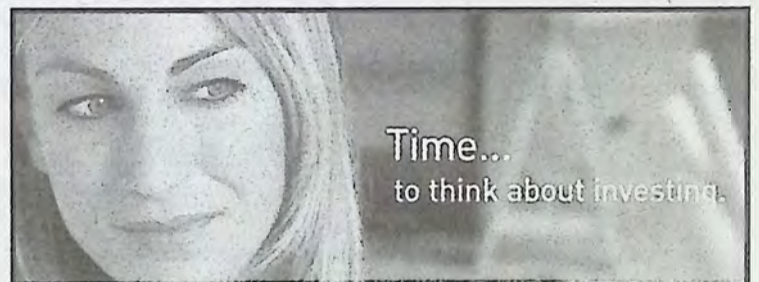
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News Leader

# Entertainment

Similkameen News Leader TV Guide Listings - July 7 - 13, 2015

## Princeton Traditional Music Festival



Old-time cowboy songs will be part of the Princeton Traditional Music Festival. - photo submitted

## Music festival just over a month away

by Rika Ruebsaat  
Traditional Music Festival

In just a few weeks the streets of Princeton will once again be alive with the sound of fiddles, banjos, singing and dancing. The 8th Annual Princeton Traditional Music Festival begins on Friday, 14 August. Come to Veterans Square at 6:15 PM for the opening ceremony and then kick up your heels to the music of Psycho Acoustic Ceili band. On Saturday and Sunday,

August 15 and 16 there will be music from 10:00 AM until 6:00 PM right in downtown Princeton. This year features an exciting line-up of new talent together with many familiar faces from past years.

The Traditional Music Festival aims to present music that has come out of people's everyday lives; the kind of music that has been shared informally among families and communities and the kind of music

that speaks of daily living.

People who work full-time spend about 2,000 hours a year at their job and perhaps 40 hours a year making love, and yet ninety percent of the songs heard on radio are about love. In order to rectify this imbalance the Festival is presenting a workshop called 'Songs of Work.' These days we don't associate work with singing, but historically there has often been a strong correlation between the two.

Some songs are sung as part of the job. While guarding the herd at night, cowboys often sang songs to sooth the cattle. Sometimes songs were used to give rhythm to a job. Sailors on the tall ships used songs called shanties to give pacing and energy to such jobs as raising a sail, hauling in the anchor or pumping the ship. The shanties were led by an experienced sailor, the shantyman, who knew intimately the duration and rhythmic requirements for each job.

He sang a line and the crew, while working, joined in on the alternating chorus lines. The song lasted as long as the task at hand and if it took a little longer than expected the

shantyman would make up verses extemporaneously to keep the shanty going until the job was done. The prison chain gangs in the US also sang rhythmic songs while they broke rock with sledge hammers to build roads. Waulking songs were sung in Scotland to give rhythm to the communal work of softening tweed.

Some work songs were sung for communal entertainment outside of working hours. While off watch sailors sang about going ashore for a booze-up and a bed with a woman in it. BC has a rich tradition of songs made up and sung by miners, loggers and fishers about their working lives. The coalfields of Britain and the Appalachians gave birth to a wealth of songs that spoke of the hardships and occasionally the joys of the job.

In the 'Songs of Work' session you will hear Linda Chobotuck from Burnaby, who is new to the Festival this year, singing about various jobs she has had - in a salmon cannery, in an office, in a library. Brian Robertson from Vancouver has also had many jobs - fisherman, taxi driver, researcher - and has made

some fine songs about his work experiences. Princeton's own Daniel Davidson will be singing about his true-life adventures at sea. John Kidder from Ashcroft has worked as a cowboy and specializes in singing the songs that the real old-time cowboys used to sing.

What unites all these songs is that they were made and sung by people who did the jobs described in the songs. The 'Songs of Work' session is thus a musical journey through people's working lives.

The 'Songs of Work' workshop is just one item on the rich menu of music available at the Princeton Traditional Music Festival. The Festival begins at 6:15 PM on Friday, August 14th with an opening ceremony and a participatory dance on Veterans Boulevard.

The Festival is all free and everyone is welcome. If you would like to find out more, visit the Festival's website at [www.princetontraditional.org](http://www.princetontraditional.org). If you'd like to help out at the Festival or billet a performer the committee would love to hear from you. You can send us an e-mail at [princetonfestival@telus.net](mailto:princetonfestival@telus.net) or give me a call at 250-295-6010.

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# News Leader Str8ts

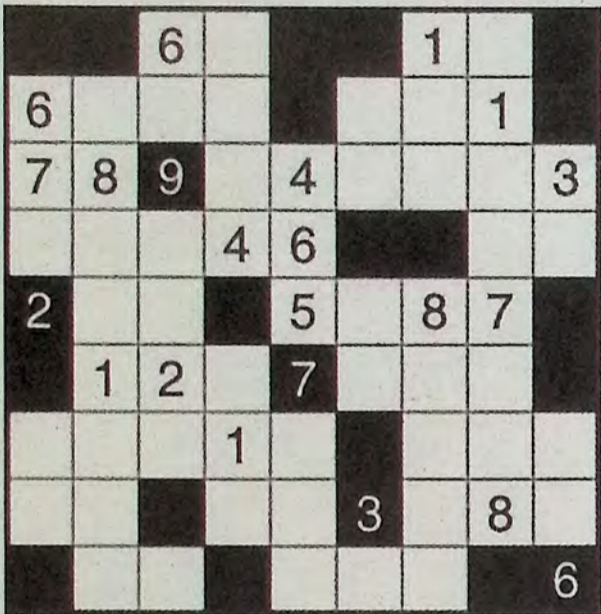
# Tuesday - Wednesday

## STR8TS

No. 236

Medium

Previous solution - Tough



How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at [www.str8ts.com](http://www.str8ts.com) along with more puzzles, Apple apps and books.

### TUESDAY EVENING

7:30 pm FAM ch.26 "High School Musical 2" (2007, Musical Comedy) Zac Efron. During summer vacation, Troy gets a job at Sharpay's resort but doesn't realize she has an ulterior motive for hiring him. (In Stereo) (CC)

10:00 pm KNOW ch.5 "Breathtaking" (2010, Documentary) The filmmaker investigates her father's death from an asbestos-related disease. (CC)

11:00 pm WTBS ch.3 "Memoirs of a Geisha" (2005, Drama) Ziyi Zhang. A girl works as a servant in a geisha house and grows up to become one of Japan's most celebrated paid companions.

Job" (2003, Crime Drama) Mark Wahlberg. Premiere. A master thief and his crew plan to steal back a fortune in gold bullion after they lose it to a double-crossing gang member. (In Stereo)

### AFTERNOON

2:00 pm SPIKE ch.44 "The Italian Job" (2003, Crime Drama) Mark Wahlberg. A master thief and his crew plan to steal back a fortune in gold bullion after they lose it to a double-crossing gang member.

### EVENING

7:30 pm FAM ch.26 "Camp Rock" (2008, Musical Comedy) Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Mission: Impossible 2" (2000, Action) Tom Cruise. IMF agent Ethan Hunt and his team try to stop a former agent from unleashing a deadly, engineered virus.

### WEDNESDAY MORNING

8:30 am SPIKE ch.44 "Twister" (1996, Action) Helen Hunt. Stormchasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. (In Stereo)

11:00 am SPIKE ch.44 "The Italian

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### TUESDAY, JULY 7, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N) (CC)	Zerby	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Morning News (N) (CC)	(5:00) Morning News The morning news. (N)	CBC News Now (N) (CC)	Kid vs. Kat	(3:30) 2015 Wimbledon Championships: Women's Quarter-finals. From the All-England	CTV Morning Live Vancouver (N) (CC)	Allan Sharks: Close	Justin	CityLine (N) (CC)	Ink Master "Earn It"	Gotta Eat
7 AM	Law & Order: SVU		Kate and Wild Kratts	Odd Squad	Today Brody Jenner; Ryan Reynolds; Shaggy. (N) (CC)	CBS This Morning (N) (CC)	Criminal Minds (N) (CC)	Good Morning America (N) (CC)			Save-Ums!	Squirrel			Mighty Planes "NOAA"	Phineas	Let's Make a Deal (CC)	Ink Master (N) (CC)	Moves
8 AM	Law & Order: SVU		PAW Patrol	Curious			Criminal Minds (N) (CC)			Morning Huntley St.	Moblees	SpongeBob			Daily Planet (DVS)	Win, Lose	The Price Is Right (CC)	Ink Master (N) (CC)	Security
9 AM	Millionaire	Morning	Space	Peg		The 700 Club (N) (CC)	CSI: Miami (N) (CC)	Live! Kelly and Michael	Morning Huntley St.	Pitchin' In	Super Why!	Sidekick	Lawn Tennis and Croquet Club in Wimbledon, England. (N) (Live) (CC)	Live! Kelly and Michael	Great White	ANT Farm	FamFeud	Ink Master (N) (CC)	The Dead Files (N) (CC)
10 AM	Divorce	Pitchin' In	G. Shrinks	Sesame Street (E)		The Price Is Right (CC)	CSI: Miami (N) (CC)	The View (N) (CC)	Pitchin' In	Rachael Ray (N) (CC)	Bookaboo	Spliced (N) (CC)		The View (N) (CC)	Allan Sharks: Close	Austin	The Chew (N) (CC)	Ink Master (N) (CC)	Waterparks
11 AM	Judge	Rachael Ray (N) (CC)	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds (N) (CC)	Derm	Rachael Ray (N) (CC)	Noon News Hour (N)	Heartland "Hot Food"	Rated A		Marilyn Denis	Mayday (CC)	Gaming	General Hospital (N) (CC)	Ink Master (N) (CC)	Big Crazy Family
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose (N) (CC)	Youthful	News Bold	Criminal Minds (N) (CC)	The Chew (N) (CC)	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) (CC)	Chucks		CTV News Vancouver	Daily Planet (DVS)	Girl Meets	Celebrity	Ink Master (N) (CC)	Security
1 PM	King	Days of our Lives (N)	Astroblast	Dowdle	Days of our Lives (N)	The Talk (N) (CC)	The First 48 (N) (CC)	General Hospital (N) (CC)	Days of our Lives (N)	The Talk (N) (CC)	Recipes	Almost	BattleFrog Ch.	The Social (N) (CC)	Great White	Austin	CityLine (CC)	Ink Master (N) (CC)	The Dead Files (N) (CC)
2 PM	The Middle	The Talk (N) (CC)	Maker	Thomas	TMZ (N) (CC)	Let's Make a Deal (CC)	The First 48 (N) (CC)	Queen Latifah	The Talk (N) (CC)	Meredith Vieira	Steven and Chris (CC)	Wayside	Off Record	Dr. Phil (N) (CC)	Alien Sharks: Close	K.C. Under	CityNews at 5 (N) (CC)	Ink Master (N) (CC)	Ghost Adventures (CC)
3 PM	Selinfeld (N) (CC)	Meredith Vieira	Astroblast	Curious	Ellen DeGeneres Show	The Dr. Oz Show (N) (CC)	Big Smo	Rachael Ray (N) (CC)	Meredith Vieira	Young & Restless	Republic of Doyle (N) (CC)	Sidekick Nerds	SportsCentre (N) (CC)	Ellen DeGeneres Show	Monster Hammerhead	Austin	(2:59) CityNews at 6 (N) (CC)	Ink Master (N) (CC)	Gotta Eat
4 PM	Big Bang	Young & Restless	Dokl Ad	WordGirl	Jdg Judy	Dr. Phil (N) (CC)	Storage	The Doctors (N) (CC)	Young & Restless	Early News	Dragons' Den (N) (CC)	SpongeBob	Hockey 2015	The Dr. Oz Show (N) (CC)	Daily Planet (N)	Austin	Mod Fam	Ink Master (N) (CC)	Moves
5 PM	Browns	News (N) (CC)	Dino Dan	News	News	News	Storage	News	Early News	(4:59) News Hour (N)	CBC News	Parents	Wimbledon Primetime (N) (CC)	CTV News Vancouver	Great White	Austin	America's Got Talent "Audition 7" (N) (CC)	Ink Master (N) (CC)	Security
6 PM	Browns	Global Nat.	Hope for Wildlife (CC)	PBS NewsHour (N) (CC)	News Millionaire	KREM 2 News at 6 (N) (CC)	Storage	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Assembly		CTV News Vancouver	Bride of Jaws (N)	Austin	Next Step	Ink Master (N) (CC)	Waterparks
7 PM	Mod Fam	Ent	Mega Builders (CC)	Abolitionists: American	Jeopardy!	Inside Ed.	Storage	Ent	Ent	NCIS: New Orleans (N) (CC)	Murdoch Mysteries (N) (CC)	Max	SportsCentre (N) (CC)	etalk (N) (CC)	Tiburones	Good Luck	Broke Girl	Ink Master (N) (CC)	Big Crazy Family
8 PM	Family Guy	NCIS "Grounded" (N) (CC)	The Story of Science	Abolitionists: American	America's Got Talent "Audition 7" (N) (CC)	NCIS "Grounded" (N) (CC)	Storage	Fresh-Boat	NCIS "Grounded" (N) (CC)	NCIS "Grounded" (N) (CC)	Mercer	Just Kid	Fish Flats	Cleveland	Shark Dark	"High School Musical 2" (N) (CC)	CityNews-Tonight (N) (CC)	Tattoo	Ghost Adventures (CC)
9 PM	Amer. Dad	NCIS: New Orleans (N) (CC)	Big Wind (CC)	Frontline (N) (CC)	Zoo "Fight or Flight" (N) (CC)	Storage	Storage	Extreme Weight Loss (N) (CC)	NCIS: New Orleans (N) (CC)	NCIS: New Orleans (N) (CC)	Creek	Gags	SportsCentre (N) (CC)	Zoo "Fight or Flight" (N) (CC)	Tiburones	Girl Meets	EP Daily	Tattoo	The Dead Files (N) (CC)
10 PM	Jeffersons	NCIS: New Orleans (N) (CC)	Movie: "Breathtaking"	Art in the Twenty-First	Hollywood Game Night	NCIS: New Orleans (N) (CC)	Storage		NCIS: New Orleans (N) (CC)	News Hour Final (N)	The National (N) (CC)	Haunting	SportsCentre (N) (CC)	Hollywood Game Night	Shark Dark	Good Luck	Extra (N) (CC)	Ink Master (N) (CC)	Waterparks
11 PM	"Memoirs of a Geisha"	News Hour Final (N)	Mega Builders (CC)	Charlie Rose (N) (CC)	News	News	Storage	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Gags	SportsCentre (CC)	News-Lisa	Daily Planet (DVS)	Wizards	Paid Prog.	Tattoo	Big Crazy Family
					J. Fallon	Blue Blood	Storage	J. Kimmel		Doctors	Stampede	Gags		CTV News	Life Derek	Paid Prog.			

# What An Amazing Weekend!

Legion, Rotary, Ball Busters and More Fill the Weekend with Activities!



City of Tonasket, Washington Mayor Patrick Plumb (centre) and his daughter Symarah meet Princeton's new Youth Ambassadors July 3rd. \*



Memorial Park was filled all weekend long with the Ball Busters Tournament. \*



Princeton Legion hosted an Open House and free BBQ July 3rd, pancake breakfast(s), the Duck Race and Dance to fill the weekend with fun. \*



Ridgewood Lodge residents packed up the bus and showed their 'Canadian Pride' during the Rotary Parade July 3rd. \*



Princeton Girl Guides won an award for this entry in the Rotary Parade. \*



Cooper's Foods sponsored Victoria Gibb in the Youth Ambassador program. On July 3rd she was named 2015/16 Princeton Vice Ambassador. \*

# SO COUNTRY INTERNET RADIO

FOLLOW DENNIS WALKER ONLINE - NEWS, WEATHER, MUSIC, INTERVIEWS - [www.socountry.ca](http://www.socountry.ca)



From this angle this Canada Day cake just about looks like it is part of a flag with the table cloth under it. Two of these cakes were cut and served in Veterans Square in downtown Princeton. \*

**WEDNESDAY, JULY 8, 2015**

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Community	Morning News (N)	Zerby	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	Morning Northwest	Morning News (N)	(5:00) Morning News The morning news. (N)	CBC News Now (N)	Kid vs. Kat	(5:00) 2015 Wimbledon Championships: Men's Quarterfinals.	CTV Morning Live Vancouver (N)	Tiburones	Justin Phineas	CityLine (N)	Bar Rescue	Gotta Eat
6:30 AM	Community		Doozers	Arthur							Almost								World's
7 AM	Law & Order: SVU		Kate and Wild Kratts	Odd Squad	Today Katie Lee; "Minions." (N)	CBS This Morning (N)	Criminal Minds	Good Morning America (N)			Save-Ums! Arthur	Squirrel Chucks			Mighty Planes	Phineas Gravity	Let's Make a Deal	Bar Rescue	Moves
7:30 AM																			Moves
8 AM	Law & Order: SVU		PAW Patrol	Curious			Criminal Minds			Morning Huntley St.	Moblees Tiger	SpongeBob Wayside	From the All-England Lawn Tennis and Croquet Club in Wimbledon, England. (N) (Live)	Daily Planet (DVS)	Win, Lose Wizards	The Price is Right	Rescue	Security	
8:30 AM			Curious	Curious														Movie: ***	Security
9 AM	Millionaire	Morning	Space	Peg															Security
9:30 AM	Millionaire	Huntley St.	Arthur	Tiger		The 700 Club	CSI: Miami	Livel Kelly and Michael	Morning Huntley St.	Pitchin' In	Super Why! Napkin	Sidekick		Livel Kelly and Michael	Bride of Jaws	ANT Farm	FamFeud	"Twister" (1996) Helen Hunt, Bill Paxton.	The Dead Files
10 AM	Divorce	Pitchin' In	G. Shrinks	Sesame Street		The Price is Right	CSI: Miami	The View	Pitchin' In	Rachael Ray	Bookaboo	Spliced		The View	Tiburones	Austin Dog	The Chew		Ghost Adventures
10:30 AM	Divorce	Debt/Part	PAW Patrol	(E)					Debt/Part		Bo On/Go	Kid vs. Kat							
11 AM	Judge	Rachael Ray	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds	FREE Went	Rachael Ray	Noon News Hour (N)	Heartland	Rated A		Marilyn Denis	Mayday	Gaming	General Hospital (N)	Movie: *** "The Italian Job"	Border
11:30 AM	Judge		Dinosaurs	Sit & Be Fit	Hot Bench			21 Day Fix.				Rated A				Jessie		(2003) Mark Wahlberg.	Border
12 PM	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose	Pa'd Prog.	News	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Nerds		CTV News Vancouver	Daily Planet	Girl Meets	Celebrity		Security
12:30 PM	Hot Bench		Kate and	Lunal		Bold						Squirrel				Next Step	Celebrity		Security
1 PM	King	Days of our Lives (N)	Astroblast	Oil Painting	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Recipes	Almost	BattleFrog Ch.	The Social (N)	Bride of Jaws	Austin	CityLine		The Dead Files
1:30 PM	King		Poppy Cat	Sewing							Stefano	Sidekick				Austin		Tattoo	
2 PM	The Middle	The Talk	Maker	Thomas	TMZ (N)	Let's Make a Deal	The First 48	Queen Latifah	The Talk	Meredith Vieira	Steven and Chris	Wayside	Off Record	Dr. Phil	Tiburones	K.C. Under.	CityNews at 5 (N)	Movie: *** "The Italian Job"	Ghost Adventures
2:30 PM	The Middle		Curious	Sesame St.	ThisMinute							Kid vs. Kat	Interruption			K.C. Under.		(2003) Mark Wahlberg.	
3 PM	Seinfeld	Meredith Vieira	Astroblast	Curious	Ellen DeGeneres Show	The Dr. Oz Show (N)	Country	Rachael Ray	Meredith Vieira	Young & Restless	Republic of Doyle	Sidekick	SportsCentre (N)	Ellen DeGeneres Show	Sharkageddon	K.C. Under.	CityNews at 6 (N)		Gotta Eat
3:30 PM	Mod Fam		PAW Patrol	Cat in the Hat								Chucks				K.C. Under.			Est St.
4 PM	Big Bang	Young & Restless	Doki	WordGirl	Jdg Judy	Dr. Phil	Duck D.	The Doctors	Young & Restless	Early News	Dragons' Den	SpongeBob	Hockey	The Dr. Oz Show (N)	Daily Planet	K.C. Under.	Mod Fam		Moves
4:30 PM	Big Bang		Dinosaur	Wild Kratts	Jdg Judy					Global Nat.		Penguins	Baseball			K.C. Under.	Mod Fam	Tattoo	Moves
5 PM	Browns	News (N)	Dino Dan	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	CBC News	Parents	MLB Baseball: St. Louis Cardinals at Chicago Cubs. (Live)	CTV News Vancouver	Bride of Jaws (N)	K.C. Under.	America's Got Talent	Stephen King's It Maine	Security
5:30 PM	Payne		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.			SpongeBob				K.C. Under.		friends struggle with the embodiment of evil.	Security
6 PM	Browns	Global Nat.	Mega Builders	PBS NewsHour (N)	News	KREM 2 News at 6 (N)	Duck D.	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Assembly	Cardinals at Chicago Cubs. (Live)	CTV News Vancouver	Super Predator Battle.	Droid Tales	Mod Fam		The Dead Files
6:30 PM	Payne	News		Millionaire						Ent	Murdoch Mysteries	Bella				Next Step	blackish		
7 PM	Mod Fam	Ent	Rescue	Operation Wild (N)	Jeopardy!	Inside Ed.	Country	Ent	Ent	Extant "Morphoses" (N)	Coronation	Henry		etalk (N)	Ninja Sharks	Good Luck	Broke Girl		Ghost Adventures
7:30 PM	Seinfeld	ET Canada	Park	Wheel	Hollywood	Country	The Insider	ET Canada						Big Bang		Movie: *** "Camp Rock" (2008)	CityNews-Tonight (N)		
8 PM	Family Guy	Big Brother (N)	Inside Kung Fu Inc. (N)	First Peoples "Europe"	America's Got Talent	Big Brother (N)	Duck D.	The Middle	Big Brother (N)	Big Brother (N)	Dragons' Den	Just Kid	SportsCentre (N)	MasterChef (N)	Shark Dark	Girl Meets	EP Daily	Repo	Border
8:30 PM	Family Guy							Goldbergs				Just Kid			Super Predator Battle.				Ghost Adventures
9 PM	Amer. Dad	Rookie Blue (N)	A Long Journey Home	NOVA (DVS)	American Ninja Warrior	Criminal Minds	Duck D.	Mod Fam	Rookie Blue (N)	Rookie Blue (DVS)	Winnipeg Comedy	Gags	SportsCentre (N)	Amazing Race	Ninja Sharks	Wingin' It	Reviews on	Repo	Border
9:30 PM	Amer. Dad				"Pittsburgh Qualifying"			blacksh				Gags							
10 PM	Jeffersons	Extant "Morphoses" (N)	Sorceress-Kiri	Pioneers In Aviation	"Pittsburgh Qualifying"	Extant "Morphoses" (N)	Duck D.	Celebrity Wife Swap (N)	Extant "Morphoses" (N)	News Hour Final (N)	The National (N)	Haunting	SportsCentre (N)	19-2 (DVS)	Shark Dark	Win, Lose	G. Martin	Repo	The Dead Files
10:30 PM	Gimme											Haunting							
11 PM	"Mission: Impossible 2"	News Hour Final (N)	Park	Charlie Rose (N)	News	News	Country	IKLY 4	News Hour Final (N)	ET Canada	CBC News	Just Kid	SportsCentre	News-Lisa	Daily Planet	Wizards	Paid Prog.	Repo	Ghost Adventures
11:30 PM			Rescue		J. Fallon	Blue Blood	Country	J. Kimmel		Doctors	Stampede	Just Kid		CTV News	Life Derek			Repo	

THURSDAY, JULY 9, 2015

Table with 18 columns (channels WTBS ch.3 to DTOUR ch.45) and 18 rows (times 6:30 AM to 11:30 PM). Each cell contains program titles and channel numbers.

FRIDAY, JULY 10, 2015

Table with 18 columns (channels WTBS ch.3 to DTOUR ch.45) and 18 rows (times 6:30 AM to 11:30 PM). Each cell contains program titles and channel numbers.





# News Leader Sudoku

## SUDOKU

No. 236

Medium

Previous solution - Easy

			3		6		8	4
	1	3				5		
2			5					
6			4				7	
3		9		5		8		1
	2				8			9
				1				3
		2			6	1		
1	4		8		3			

6	8	9	4	3	1	2	7	5
7	1	3	5	2	8	6	4	9
4	5	2	7	9	6	3	8	1
5	3	6	9	1	7	4	2	8
1	2	4	6	8	5	9	3	7
9	7	8	2	4	3	1	5	6
3	9	7	1	5	2	8	6	4
2	6	1	8	7	4	5	9	3
8	4	5	3	6	9	7	1	2

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit [www.sudokuwiki.org](http://www.sudokuwiki.org)

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit [www.str8ts.com](http://www.str8ts.com)

The solutions will be published here in the next issue.

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### MONDAY, JULY 13, 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
<b>6 AM</b>	Community	Morning News (N)	Zerby	Clifford	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Morning News (N)	(5:00) Morning News The morning news. (N)	CBC News Now (N)	Kid vs. Kat	SportsCentre	CTV Morning Live Vancouver (N)	Airshow	Justin Phineas	CityLine (N)	Cops	Gotta Eat
<b>7 AM</b>	Law & Order: SVU		Kate and Wild Kratts	Odd Squad	Today (N)	CBS This Morning (N)	Dog the Bounty Hunter	Good Morning America (N)			Save-Ums! Arthur	Squirrel	SportsCentre		Cash Cab	Phineas	Let's Make a Deal (N)	Cops	Moves
<b>8 AM</b>	Law & Order: SVU		PAW Patrol	Curious			Dog the Bounty Hunter			Morning Huntley St.	Moblees	SpongeBob	SportsCentre		Cash Cab	Gravity		Jail	Moves
<b>9 AM</b>	Millionaire	Morning	Space	Peg		The 700 Club	CSI: Miami	Liv! Kelly and Michael	Morning Huntley St.	Pitchin' In	Super Why!	Sidickick	SportsCentre	Liv! Kelly and Michael	Ice Lake Rebels	Win, Lose Wizards	The Price Is Right	Cops	Security
<b>10 AM</b>	Divorce	Pitchin' In	G. Shrinks	Sesame Street		The Price Is Right	CSI: Miami	The View	Pitchin' In	Rachael Ray (N)	Bookaboo	Spliced	SportsCentre	The View	Mayday	Austin Dog	The Chew	Cops	Secrets-Lega.
<b>11 AM</b>	Judge	Rachael Ray (N)	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds	Paid Prog.	Rachael Ray (N)	Noon News Hour (N)	Heartland	Rated A	Motorcycle	Marilyn Denis	Last Frontier	Gaming	General Hospital (N)	Cops	Security
<b>12 PM</b>	Hot Bench	Noon News Hour (N)	PAW Patrol	Charlie Rose	Ruf-Tweet Astroblast	News Bold	Criminal Minds	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N)	Nerds	Hockey Lunch	CTV News Vancouver	Highway Thru Hell	Girl Meets Next Step	Celebrity	Wildest Police Videos	Security
<b>1 PM</b>	King	Days of our Lives (N)	Astroblast	Paint This	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Our Vancouver	Almost	Amazing Race	The Social (N)	Canada's Worst Driver	HZipzer	CityLine	Wildest Police Videos	The Dead Files
<b>2 PM</b>	The Middle	The Talk	Maker	Thomas	TMZ (N)	Let's Make a Deal (N)	The First 48	Queen Latifah	The Talk	Meredith Vieira	Steven and Chris	Wayside	SportsNation (N)	Dr. Phil	How/Made	K.C. Under.	CityNews at 5 (N)	Cops	Ghost Adventures
<b>3 PM</b>	Seinfeld	Meredith Vieira	Astroblast	Curious	Ellen DeGeneres Show	The Dr. Oz Show	The First 48	Rachael Ray (N)	Meredith Vieira	Young & Restless	2015 Pan American Games	Sidickick	SportsCentre (N)	Ellen DeGeneres Show	How/Made	Jessie	(2-59) CityNews at 6 (N)	Cops	Gotta Eat
<b>4 PM</b>	Big Bang	Young & Restless	Dok	WordGirl	Jdg Judy	Dr. Phil	The First 48	The Doctors	Young & Restless	Early News Global Nat.	From Toronto.	SpongeBob	Hockey Off Record	The Dr. Oz Show	Rise of the Machines	Jessie	Mod Fam	Cops	Moves
<b>5 PM</b>	Browns	News (N)	Dino Dan	News	News	News	The First 48	News	Early News Hour (N)	(4:59) News Hour (N)	CBC News	SpongeBob	Interruption	CTV News Vancouver	How/Made	Jessie	The Bachelorette (N)	Cops	Security
<b>6 PM</b>	Browns	Global Nat.	Architects of Change	PBS NewsHour (N)	News	KREM 2 News at 6 (N)	(6:01) The First 48	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Thunder	CFL Football: Toronto Argonauts at Calgary Stampeders (N) (Live)	CTV News Vancouver	Alaskan Bush: Off Grid	Next Step		Cops	Security
<b>7 PM</b>	Mod Fam	Ent	Hope for Wildlife	WA. Grown	Jeopardy!	Inside Ed.	(7:01) The First 48	Ent	Ent	Running Wild	Murdoch Mysteries	Assembly	Assembly	etalk (N)	Alaskan Bush People	Good Luck	Broke Girl	Cops	Security
<b>8 PM</b>	Family Guy	Continuum	Medieval Lives	Antiques Roadshow (N)	American Ninja Warrior Venice	Broke Girl	(8:02) The First 48	The Bachelorette (N)	Continuum	Continuum	2015 Pan American Games	Just Kid		So You Think You Can Dance	How/Made	*** "Under Wraps" (1997)	CityNews-Tonight (N)	Comic-Con	Ghost Adventures
<b>9 PM</b>	Amer. Dad	Remedy	The Impressionists	Antiques Roadshow	Finals (N)	Scorpion	(9:01) The First 48		Remedy	Remedy	From Toronto.	Gags	SportsCentre (N)	Top 20 Perform	Alaskan Bush: Off Grid	Girl Meets	EP Daily	Cops	Security
<b>10 PM</b>	Jeffersons	Running Wild	For King and Country	POV "Web Junkie" (N)	Running Wild	NCIS: Los Angeles	(10:02) The First 48	(10:01) The Whispers	Running Wild	News Hour Final (N)	The National (N)	Haunting	SportsCentre (N)	Castle	Alaskan Bush People	Good Luck	Extra (N)	Cops	Security
<b>11 PM</b>	Movie: "Mr. 3000"	CHBC News Final (N)	Hope for Wildlife	Charlie Rose (N)	News	News	(11:02) The First 48	KXLY 4	News Hour Final (N)	ET Canada	CBC News	Gags	SportsCentre	News-Lisa	How/Made	Wizards	Paid Prog.	Jail	Secrets-Lega.



This didn't just materialize out of thin air - it took some serious planning to host this event in the community.\*

# Saving Downtown Princeton...

## ...An Ongoing Series by George Elliott

The Town of Princeton deserves credit for knocking one out of the park last week. I'm talking about the Canada Day celebration in Veterans Square and if you chose not to leave the comfort of your air conditioned home mid-week I'm not going to fault you. However, you missed a rather amazing example of what can be done in our community.

I'm assuming the entire event was put together by the Town of

Princeton Parks, Recreation & Culture Department, or whatever they are currently called. It was easy to see that in combination with pulling a few favours, shaking some hands and spending some money the event was easily the best Canada Day celebration I've seen in the 26+ years I've lived here.

Why am I singing the praises of a Town of Princeton organized event?

Well, I am a firm believer in giv-

ing credit where it is due and last Wednesday in downtown Princeton earns a pat on the back from me. Sure, it would never have been nearly as good if there weren't volunteers from the Princeton Fire Department, Youth Ambassador Program, Princeton Posse and anyone else who pitched in to help.

It just goes to show you that when enough people get involved in something they are passionate about, the job gets done.

Another group that deserves a heap of thanks is the Princeton Legion. for stepping up over the weekend and taking on events that were once hosted by the now defunct Lions Club. The Princeton Rotary Club also gets kudos for continuing with

organizing the annual parade.

When I saw the excitement in downtown on Canada Day it made me wonder if possibly the Town of Princeton should focus on a Canada Day Festival and completely erase the former Racing Days weekend. Imagine a Canada Day Parade, car show, ball tournament, duck race, pancake breakfast(s), barbeque, children's games, dance and whatever else would fit with the date.

The Town had well over a year to come up with a plan to fill the former Racing Days weekend with a major event. Luckily there were a number of activities that did take place but what if it was all coordinated as a giant celebration?

This year, with Canada Day falling

on a Wednesday did make it a little awkward and very few businesses actually closed for the day.

Why should this be left up to the Town of Princeton to plan? Simple.

The Town got into the tourist business the moment they took on the visitor centre project in the centre of town. Attracting people to the community includes hosting events aimed at doing just that. It's a form of tourism.

I can't see how Town Hall can't pull together representatives from all the local clubs, groups and organizations to coordinate a major festival to replace Racing Days and make it an annual Canada Day celebration.

Last Wednesday was not a fluke and could be the foundation of bigger and better activities aimed at locals and visitors. All it takes is some effort.

.....continued on Page 20

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# News Leader Classified Ads

25 Words - \$10.00 (includes GST) - Pay for two weeks, the third week is FREE!

### Obituary

### Obituary

### Help Wanted

### For Rent

### For Rent

## Allan Richard Monkman

(1947 - 2015)



It is with deep sadness that we announce the passing of my husband Allan Monkman. He passed away at Princeton General Hospital on July 2, 2015. Allan was born in Wemberly, Alberta on July 9, 1947 to Fletcher and Sarah Monkman.

He is survived by myself, his wife Dorothy, sister Louisa, and niece Denise.

Allan was predeceased by his brothers Ed and Bill Monkman, Howard Winter, and parents Fletcher and Sarah Monkman.

Allan belonged to the Legion, Elks, and was a Life member of OAPO and the Seniors Branch 30. In lieu of flowers, please make donations to the Seniors Drop In Centre. To be held at Seniors Centre at 162 Angela Avenue on July 9th at 2:00 PM.

The Princeton Posse Junior Hockey Club is looking for an Athletic Trainer/Physiotherapist for the upcoming hockey season. The position requires the successful candidate to attend home and away games to help prevent injury through the use of devices such as tape and braces, recognize and evaluate injuries, and provide emergency care. The position pays a small monthly stipend as well as all expenses (meals, hotel, transportation) will be covered during away games. Hockey Canada requires all Training Staff to complete the online Hockey Canada Safety Person course to be eligible. Please send resumes to the attention of Geoff Goodman, Head Coach General Manager, Princeton Posse. E-mail address: coach@princetonposse.org.

News Leader Classifieds as low as \$10.00 a week For details call 250.295.4149

Large 3-bedroom, potentially 4, full basement home with 2-car garage in Princeton. Fenced double lot 100' x 100'. Asking \$950.00/month plus utilities. Available July 1st. Call Anthony 250-295-6767.

Quiet 1-bedroom furnished cabin. Asking \$800.00/month and includes satellite TV, wifi, covered parking and board for one horse (including use of indoor arena). Easy non-road access to KVR and many trails. 30-minutes from Princeton. Call 250-295-6480.

### For Sale

Factory built 8 foot x 6 foot x 12 inch tilt/swivel trailer complete with tailgate and three 530 x 12 inch tires along with a 12 foot aluminum boat, 30 pound thrust Mincola electric motor with two year old battery and charger, oars, net and three swivel seats. \$1,800.00 for all FIRM. Call Bruce 250-295-7814.

Furnished 1-bedroom apartment for rent in Princeton. Available now. Excellent references and damage deposit required. No pets, must be quiet. Asking \$500.00/month plus utilities. Call 250-295-1006 for details or leave message with the best time to call back.

1-bedroom furnished suite in downtown Princeton with level access. Asking \$550.00 per month which includes power, heat and satellite TV. Excellent references and damage deposit required. Cat...maybe? Available now. Call 604-484-2783 and leave a message with the best time to call back.

### For Lease

Commercial space, 1,500 square feet, 20-foot ceilings, overhead door, small office at 600 Similkameen Avenue, Princeton. Asking \$800/month plus utilities. Call 604-877-1599 daytime or 604-298-1948 nighttime.

## THIS ONE STINGS A BIT



The only side effect you may experience from our Hot Pepper (Jalapeno) Jelly is that it stings a little. Some of our customers say that they barely notice that when they are too busy fighting off that other side effect. That's right, once you try this spicy, tingly, tart and smooth jelly with the snap and bite of jalapenos you'll want to come back for more. And more.

The JamBusters! kitchen has been a busy place throughout December, January and February as that's when we developed and released our new line of products. This awesome little jar of smokin' hot jelly is one of those special treats you'll want to keep all to yourself because it is that special. So special that it has been rated to measure 11 on a scale of 10 for 'Causing Excessive Lip Smacking' and a 9.5 for 'Knocking Your Taste Buds Out.'

With results like that you know your four dollar purchase is giving you more than your money's worth in spicy, hot jelly fun. Try it today and come back for more!

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### Yard Sale

GIANT YARD SALE  
217 Fenchurch Avenue  
(Second Bench)

July 11 & 12  
Books, tools, furniture, etc.

### Notices

### GARAGE SALE

Annual Summer Garage Sale every Saturday and Sunday from 10:00 AM to 2:00 PM 41-km out on Osprey Lake Road, turn right at Link Lake Road and look for #136/#138 Country Lane. All proceeds to support Hayes Creek Fire Hall.

Granite Creek Preservation Society  
MEETS THE  
THIRD THURSDAY  
OF THE MONTH  
EXCEPT JULY & AUGUST  
1:00 PM Princeton Museum  
Everyone Welcome!

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# Lower Valley News

Keremeos - Cawston - Olalla



June 25th was not just the Graduation Ceremony for the Grade 4 students in Cawston Elementary who will be moving to SESS next year but also marked the retirement of long time Principal Linda Thiel. Unbeknownst to her the grade 4 students had hand made a quilt which was presented to her at the end of the ceremony. Photo: Marty Menzies

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- B. Zoning changes that are having an economic impact on you (because of the 2013 Official Community Plan)
- C. Being ignored or dismissed by:
  - Princeton Town Staff or
  - Princeton Town Council

Your confidential reply is to a non-affiliated person

Please reply to:

PO Box 1780, Princeton, BC V0X 1W0 or e-mail maxizastruc@gmail.com

## Smoke visible from the Newby Lake wildfire

A wildfire discovered July 2nd has been burning south of Keremeos in the Snowy Creek Protected Area. Smoke was visible from Highway 3 and communities in the south Okanagan.

This aggressive fire was estimated at 90 hectares the following day and no structures were threatened.

On July 3rd the fire was burning in high elevation grassland and timber and was surrounded by natural barriers. The BC Wildfire Service initially sent airtankers and an initial attack crew by helicopter, but unfortunately neither were able to action

the fire due to fire behaviour, crew safety and the lack of achievable objectives.

The fire quickly crossed from the Snowy Protected Area in Canada into the United States. This naturally-occurring fire was burning in the remote wilderness. The BC Wildfire Service monitored this incident and assessed potential wildfire response tactics. Fire Officers worked closely with our partners in the United States to coordinate wildfire response.

This area is in a high fire danger rating. The cause of this fire is still

under investigation; however, it is suspected to be lightning-caused. Please do your part to prevent any additional human-caused fires, because they divert resources from naturally-occurring fires.

To report smoke, flames or an unattended campfire, call 1 800 663-5555 toll-free or dial \*5555 on a cellphone.

For up-to-date information on current wildfire activity, burning restrictions, road closures and air-quality advisories, visit: www.bcwildfire.ca or call 1 888 3-FOREST.



Wildfires in the Cawston area last week assisted in prompting officials to impose a fire ban in the region. Photo: Marty Menzies

# Lower Valley News

Keremeos - Cawston - Olalla



Donna Stocker of Cawston hosted a 'meet and greet' event June 28th for Okanagan-Similkameen-Nicola NDP MP Candidate Angelique Wood. Wood, right, spoke briefly and was joined by former NDP Nelson-Creston MLA Corky Evans, left. The pair mingled with the invited guests in a casual backyard barbecue atmosphere. Photo: Marty Menzies

## RDOS issues meeting notes

Selected highlights from the regular meetings of the Board of Directors of the Regional District of Okanagan-Similkameen held June 4 and June 18.

- The Board of Directors approved the Regional District of Okanagan-Similkameen Statement of Financial Information for the year ended December 31, 2014 pursuant to the Finance Information Act Financial Information Regulations.

Further information can be found on the RDOS website at [www.rdos.bc.ca](http://www.rdos.bc.ca). Some of the details related to all Similkameen Valley Directors is on the front page of this newspaper.

- The Board of Directors adopted Bylaw No. 2699, Electoral Area H Community Facilities Capital Reserve Fund Expenditure.

In 2014, the RDOS Board created the Electoral Area H Community Facilities Capital Reserve Fund for

the purposes of expenditures for or in respect of capital projects within Electoral Area H.

- The Hayes Creek Fire Brigade has requested funding for the expansion of the Hayes Creek Fire Hall in the amount of \$30,000.

- The Erris Volunteer Fire Association has requested funding for the completion of the fire community Hall in the amount of \$22,800. The Area H Community Facilities Reserve Fund balance is currently \$607,750.

- The Board of Directors gave third reading to the Regional District of Okanagan Similkameen (RDOS) Regional Economic Development Service Establishment Bylaw No. 2695 and will now be forwarded to the Inspector of Municipalities for approval.

The bylaws purpose is to establish a service which promotes economic development.



A thunderstorm in Keremeos Monday afternoon (June 29) turned into what some described as "hurricane like." Hail, plus a wind that drove very heavy rain parallel to the ground pummeled the area and caused minor flooding on some roads. Municipal crews were out early Tuesday cleaning up the mess in Pine Park where not only branches but large pine trees toppled over some power lines. Late Tuesday afternoon almost the entire dike was still closed due to trees that had fallen. Photo: Marty Menzies

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UPCOMING EVENTS at the Grist Mill:

July 11 - BBQ King Competition | Concert: July 16 @ 7:00PM - 100 Mile House | Concert: July 24 @ 7:00PM - Lester Quitzau



Mayor Frank Armitage and Councillor Kim Maynard took care of cutting the Canada Day cakes July 1st in Princeton's Veterans Square. \*

## Saving Downtown

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 We may as well accept the fact that there will never be live horse racing at Sunflower Downs anytime soon and shift attention to building a bigger celebration around what has normally been a small event on Canada Day.

How does this save downtown Princeton?

With the Canada Day celebration in the centre of town, local business should see some benefit to the traffic in town. Shifting the 'big' summer celebration from what was once Racing Days to Canada Day makes

perfect sense. The difference in date is minor most years, especially when July 1st falls on a Friday, Saturday, Sunday or Monday.

All the established activities that were normally on the former Racing Days weekend are already in place. All that would be required is extra coordination spearheaded by the Town of Princeton Parks, Recreation & Culture Department to iron out the kinks.

In 2016 Canada Day is a Friday.

The Town has a year to put this together and the clock started running last week.

## Current Comment

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 which has been largely ignored in Canada: support for rural communities in order to keep them thriving and sustainable. Due to European experience through history, access to the countryside has proven essential to the economy. Moving rural produce to the city is a top priority, along with making sure farmers stay on the farm and keep on farming. In times of economic depression or war, city dwellers are especially vulnerable. They need the flow of food from the rural area to the city, or they need the ability to flee the city.

We Canadians have to be very cautious when we start adopting models that work well in other parts of

the world. It is all very well to adopt development models from city to city, but to attempt to promote the same model for non-urban communities can lead to making policy decisions that make no sense in

terms of the reality of our terrain and far less dense population.

Smart Growth BC is not a bad thing for a city, but for rural communities, we have to have our own kind of smarts.



The Canada Day cake in Keremeos prior to being cut. Photo: Marty Menzies



### PROPERTY TAX EXEMPTION

OKANAGAN-SIMILKAMEEN

The Regional District of Okanagan-Similkameen recognizes the significant value of volunteers, volunteer groups and agencies to the spiritual, educational, social, cultural and physical well-being of the region.

These non-profit organizations have the opportunity to apply for a Property Tax Exemption. The following criteria will determine eligibility.

The applicant(s) must:

- Qualify for an exemption under the provisions of the *Local Government Act*, the general authority for property tax exemptions. (Sections 809 and 810);
- Be in compliance with Regional District policies, plans, bylaws and regulations (i.e. zoning);
- Be a non-profit organization;
- Not be in competition with for-profit business;
- Provide services or programs that are compatible or complementary to those offered by the Regional District.
- Provide a service that fulfills some basic need, or otherwise improves the quality of life for residents of the Regional District.
- Not provide liquor or meal services as their primary function or source of revenue.
- Not collect rent on a caretaker or other residence located on the property.

Application forms are available online at [www.rdos.bc.ca](http://www.rdos.bc.ca) or at the RDOS office, 101 Martin Street, Penticton, BC.

The deadline for submitting completed application forms including supporting documentation is **JULY 31, 2015**.

Successful applicants may be asked to publicly acknowledge the exemption.

If you require further information, assistance completing your application or wish to view the Property Tax Exemption Policy, please call Michelle Sideroff, Finance Department at 250.490.4227 or e-mail at [msideroff@rdos.bc.ca](mailto:msideroff@rdos.bc.ca).

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