Similkameen **INCLUDES GSTI**

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Tuesday, July 7, 2015

Canada We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.



Princeton's 2015 /16 Youth Ambassadors are, from left, Victoria Gibb (Vice Ambassador), Hanna Gould (Princeton Ambassador) and Thyme Callihoo (Friendship Ambassador) as selected July 3rd at Riverside Theatre. *

RDOS also pays local politicians

The RDOS last week approved their 2014 Statement of Financial Information. In it are details of wages and expenses paid to all Directors on the Regional District of Okanagan Similkameen board.

The figures, combined with wages/expenses disclosed in the Town of Princeton and Village of Keremeos SOFIs show some members of elected bodies in the Similkameen Valley earn a decent

For example, Town of Princeton Mayor Frank Armitage received \$11,790 from the RDOS on top of \$20,958.10 from the Town of Princeton. His expenses were \$2,452 (RDOS) and \$5,509.44 (Town).

Village of Keremeos Mayor Manfred Bauer received \$11,823 plus \$1,660 in expenses from the RDOS in addition to his Keremeos income of \$10,317 and \$5,591.15 in expenses.

Other amounts from 2014 for Similkameen Valley RDOS Directors include: George D. Bush (Cawston) \$28,207 and \$6,467, Elef Christensen (Hedley/ Keremeos Rural) \$1,908 and \$299, Bob Coyne (Area H) \$2,290 and \$398, Marilyn Harkness \$876 plus \$244, Brad Hope (Area H) \$24,877 plus \$8,252, Ed Staples \$803 with \$0 expenses and Wood (Hedley/ Angelique Keremeos Rural) \$28,126 and \$9.806.

Effective at noon on Friday, July 3rd, all open fires - including campfires - will be prohibited throughout the entire Kamloops Fire Centre. This prohibition will remain in place until the public is otherwise notified.

The fire danger rating is currently "high" throughout the Kamloops Fire Centre, with some areas rated "extreme". With the current trend of warm and dry weather, wildfires in the region have displayed aggressive behaviour and have required additional firefighting resources. Human-caused wildfires

can divert critical resources and crews from responding to naturally occurring wildfires.

In addition to campfires, this prohibition applies to open fires of any size, industrial burning, fireworks, tiki torches, sky lanterns and burning barrels. This prohibition does not apply to cooking stoves that use gas, propane or briquettes, or to a portable campfire apparatus with a CSA or ULC rating that uses briquettes, liquid fuel or gaseous fuel, so long as the height of the flame is less than 15 centimetres.

This burning prohibition covers

all BC Parks, Crown lands and private lands, but does not apply within the boundaries of a local government that has forest fire prevention bylaws and is serviced by a fire department. Please check with local government authorities for any other restrictions before lighting

Anyone found in contravention of an open burning prohibition may be issued a ticket for \$345, required to pay an administrative penalty of \$10,000 or, if convicted in court, fined up to \$100,000 and/or sentenced to one year in jail. If the contravention causes or contributes to a wildfire, the person responsible may be ordered to pay all firefighting and associated costs.

To report a wildfire or an open burning violation, call 1 800 663-5555 or *5555 on a cellphone.

For the latest information on current wildfire activity, burning restrictions, road closures and air quality advisories, to:www.bcwildfire.ca.

RDOS adds temporary ban on campfires in the region

Due to the current condition of 'high' fire danger rating in our regional area, the Regional District Okanagan-Similkameen (RDOS) is implementing a TEM-PORARY FIRE BAN in conjunction with the municipalities of Penticton, Summerland, Oliver, Osoyoos, Princeton, Village of Keremeos, Hedley Improvement District and the Ministry of Forest and Range, BC Forest Service -Kamloops Fire Centre.

This open burning ban is in effect to protect public safety and to limit the risk of person-caused wildfires. This ban does not restrict fires in cooking stoves using gas, propane or briquettes, or to a portable campfire apparatus with a CSA or ULC rating (providing the flame height does not exceed 15 centimeters) but does restrict fires in portable wood burning fireplacescontinued on Page 2

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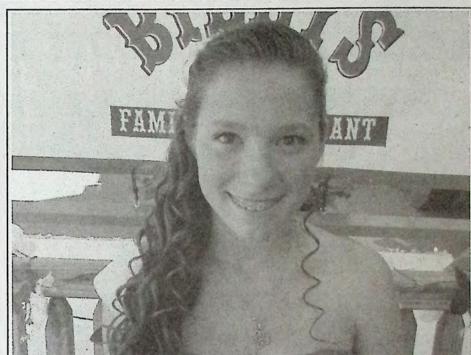
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What An Amazing Weekend!

Legion, Rotary, Ambassador Program, Car Club and More Fill the Weekend!



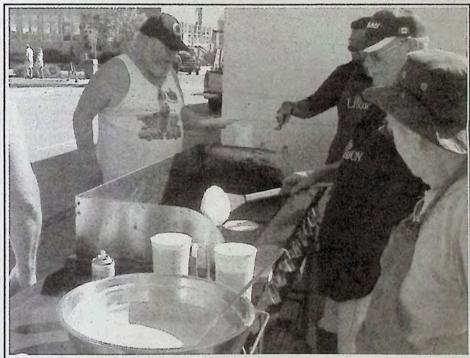
Local vehicle collectors donate their time to provide rides in the Rotary Parade for visiting royalty and ambassadors. This truckload are from New West. *



Billy's Restaurant sponsored Hanna Gould in the Youth Ambassador Program.
On July 3rd she was named 2015/16 Princeton Youth Ambassador.*



The Legion played a huge role in the past weekend as well as sponsored Thyme Callihoo in the Ambassador Program. She was named Friendship Ambassador. *



As part of Princeton Legion's commitment to the past weekend of activities they provided not one but TWO pancake breakfasts - Saturday and Sunday. *

2015 Rotary Parade Winners

Business Category
1st: Weyerhauser,
2nd: Standard Pellets,
3rd: Cooper's Foods
Children's Category
1st: Girl Guides
Horse & Rider Category
1st Princeton Riding Club
Floats or Decorated Cars Category
1st: Kelowna Ambassadors.

2nd: Billy's Family Restaurant (Hanna Gould), 3rd: Crimson Tine Players

......continued from Front Page and campfires.

Anyone found in violation of an open fire ban, including campfires, may be issued a ticket for up to \$345.00 per incident.

Anyone who causes a wildfire through arson or recklessness may also be fined up to \$1 million, spend up to three years in prison and be

> held accountable for associated firefighting costs.

The RDOS thanks the public throughout the region in advance for their cooperation in complying with this temporary fire ban,



Marty Menzies of Keremeos is part of the Similkameen News Leader family and he entered his 1950 Ford in the July 4th Show 'n' Shine in Princeton.*



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Flip Of The Coyne

by Spencer Coyne

Communication is the key to a healthy relationship. Unfortunately too many times government and government officials forget this. They also forget that they are in a relationship with the electorate. Mayors and councillors do not answer to members of council. They answer to the people on the street. They owe their position to that same electorate. Governments that do not observe the need for regular communication do not usually have a very long shelf life and those with political ambitions can have those dreams dashed very quickly because of a simple thing like lack of communication.

I am not sure why councillors like to stay quiet about what they are up to. Politicians usually like to be out and about, seen by the people, so to speak. Our current council, like a certain federal government, try and control every aspect of its message. When they opened the new Visitor Centre there was no big announcement. I am told it was on their website, which I will discuss in a minute. A website notice is not the most effective way of getting your message around when you have a large percentage of the community with limited access to the internet. The same thing happened last weekend with the big yard sale event they

had at the arena. I am not sure where it was advertised. I did see a couple of posts on Facebook the day before. I had to tell a number of people who came into my work that there was an event going on up there because they had no clue it was happening. I am not naive. I understand that advertising does not always reach everyone, but you would think it would have some buzz about it.

Then we get to Canada Day. I understand there was some advertising in one of the papers and there was something on the town's website and I did see a blurb on the electronic sign, but it took me calling the Visitor Centre to find out what was

happening, and then the day before posters went up. How does someone plan a family outing if they do not know what is happening?

This fall will mark my 10th year working in the media. Before that I was on Town Council, and before that, a student union. I understand the need to control one's message but I also understand the need to get your message out so you can sell your ideas, events, and products. Circling the wagons and hiding in the backrooms of Town Hall does not exactly help your position when you are trying to show a community that you are connected and are working for and with them.

Now about that website. Websites are there to inform people. They are used as a first line of communication for people who have never visited your business or community. If you are a government or some other institution who people turn to to find information, then your website should be easy to navigate and information should be readily available. The town is using an outdated version of Joomla as its main website content management system and that too is a problem as it opens the site up to security vulnerabilities. The town's website is not easy to navigate. It is not friendly and it is not inviting. A website, and for that matter all web-based marketing, cannot be seen as the only way of disseminating information. Web-based marketing is a part of a larger marketing or communication program. The town does not participate in social media officially. Why is that? Are they worried about upset citizens? Communities around the Okanagan are online and getting information out to their citizens daily through the use of social media. We all know you guys are on there lurking in the shadows.

It is time for Town Hall to start telling the people of Princeton what they are up to. The longer you stay behind your wagons and treat the people as something that needs to be avoided (unless you are in the need of a photo op) you might want to get plugged in because, it will be a very long and lonely term in office. People are frustrated. They have not heard from their civic leaders on a number of issues, including the zoning issues. There are tools at your disposal to get your message across and there are people willing to listen to you. You need to start communicating with the other half of this relationship, because you know what happens with couples when people stop communicating.



2014 Youth Ambassador Alex Burke, standing, places the 2015 banner on new Ambassador Hanna Gould as part of the Coronation Ceremonies July 3rd at Riverside Theatre. The event was 'standing room' only. *



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Dr. Berry at Vermilion Chiropractic Center is pleased to welcome Dr. Rick Mozell, with his 25 years of Chiropractic experience, to the clinic.



Starting July 10 Dr. Mozell will be available Fridays only 8:45 AM to 2:45 PM.

Dr. Berry will continue to be available Tuesdays from 9:00 AM to 4:00 PM. Please call 250-293-6062 for an appointment. New patients welcome.

Vermilion Chiropractic Center - 139 Vermilion Avenue Princeton - www.chiropracticwellbeing.com



15-142.5 06/2015

Editorial Page Leale

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

What's In A Name

I've been pretty careful the past few weeks to not refer to the big summer celebration in Princeton as Racing Days Weekend - because it wasn't. When I've referenced it in print I've called it the former Racing Days

I know it has been a sore spot for the volunteers who worked so hard in recent years to bring live horse racing to the community. Speaking as a former Racing Days Association President I have a great deal of understanding related to the behind-the-scenes work involved many months before the event was held.

We all knew a year ago that it had ended.

We all knew something would have to fill the place of the biggest touristdrawing event held annually in Princeton, A lot of work went into the numerous events that ran between Canada Day and last Sunday. Everyone deserves credit for busting their humps to keep the momentum up on a weekend that traditionally fills the community.

What I don't understand is why posters that I only noticed last week were promoting a Racing Days Weekend when we already knew that wasn't

Yes, you could argue that the traditional name will keep attracting people and possibly using the name was in honour of the many years of horse racing tradition, but isn't it a bit misleading?

It's like the billboards located outside of town promoting businesses that are no longer here or have changed their names/locations. We need to think about what that tells a visitor to our area who has never been here before. The same goes for calling the past weekend a Racing Days Weekend.

A year ago I suggested filling the void left behind with the end of horse racing with different kinds of racing, possibly a different kind of horsepower, and still using the Racing Days name.

I'm not ignoring the Duck Race or the dedication of those who hosted that event, but it isn't really the same as horse racing so maybe the name should be retired as has been suggested by members of the now defunct horseracing group.

I'm pretty sure the label used by the Town of Princeton for last weekend's activities was well intentioned but we all need to look at the bigger picture. Live horse racing was a huge draw to the community and pumped a lot into the local economy. Promoting a celebration with the same name but no horse racing would very likely tick off a number of visitors expecting to see activity at Sunflower Downs.

It may sound like a small detail but one that would have a greater affect on the future of Princeton than you may think. Now is the time to re-brand the celebration weekend and turn it into something as big and exciting as the horse racing used to do to it.







Summer Students working at Princeton Museum as of July 1st include Cache Cook, left, and Hayden Zieske. They will be welcoming visitors and assisting Manager Robin Lowe with various programs, activities and chores.

from

The Princeton Posse are pleased to announce the signing of Drew Carter, a dynamic forward from Kelowna, BC to their line up for the 2015/16 KIJHL season.

"We are very happy to add Drew to the Posse and believe he will be



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a great asset to our team. Drew is a highly skilled power forward with soft hands and great vision on the ice," states a news release from the Posse.

"The 18 year old player, distributes the puck very well and makes it difficult on the opposition to defend against him.'

This will be Drew's second year in the KIJHL, after splitting last season with the Osoyoos Coyotes and Nelson Leafs. Drew caught Posse Coach Goodman's eye

before last season and helped bring him to the Coyotes.

"It was a tough decision to move Drew to Nelson last year as he has great potential, and a gift for offense that is tough to teach. When I found out he would be a free agent this season, I knew he would be a great addition to the Posse and am very pleased he chose to play for Princeton."

You are asked to join the Posse in welcoming Drew to the team and to Princeton.

VFE announces award winners

Vermilion Forks Elementary School recently announced their year end awards;

Term 3 Report Cards

Academic Excellence:

Grade 4 - Kaelan Druck, Max Greening, Syd Lawes, Caprice Roccamatisi

Grade 5 - Rylee Forde, Taelah Thomas, Natalie Yurkowski

Grade 6 - Holly Atkinson, Quintin Franklin, Kaleigh Martin-Fallis, Mason O'Neil

Grade 7 - Cori Harder, Aiden Wolowidnyk

Honour Roll:

Grade 4 - Kirsten Boyd, Sydney

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DeVries, Axel French, Kaydence Lewis, Reid MacMurchy, Jay Minshull, Jaiden Mullin, Brooklyn

Grade 5 - Dakota Adam, Keenan Bronswyk, Payon Cranston, Elias Frost, Colten Graham-Pick, Shaun Harrison, Megan Hyslop, Chloe Jantunen, Cameron Lankinen, Kolby Lytle, Piper Manning, Emily Taylor, Noah Vandergulik

Grade 6 - Nathan Anderson, Shayla Gullason, Littlejohn, Dacoda MacMillan, Keegan Meadows, Bradley Sutton Grade 7 - Ashley Barbeler, Rocky DeMeers, Sylvie Druck, Gage Gibson, Claudia Hamilton, Quinn Harrison, Julianne Oliver, Trenton Vegara, Kenzie Woitowicz

Achievement Award: Grade 7 - Heath Grigg

Phone: 250.295.4149 • Fax: 250.295.4103 • e-mail: george@thenewsleader.ca

Current Comment

Smart Growth BC Has Influence



Dawn Johnson editor@thenewsleader.ca

A provincial non-governmental organization (NGO) called Smart Growth BC has influence on municipal governments through its proposals, meetings and lobbying. This group influences land use policies. Its stated goal is to reduce urban sprawl by making communities more compact. This group promotes higher density development, e.g. apartment living as opposed to single family dwellings. This policy has been described as "stack 'em and pack 'em."

Smart Growth BC encourages reduction of private motor vehicle traffic through transit systems, walking, and bicycling. The organization promotes redevelopment of neighborhoods in a manner that has schools, shopping and other services embedded in residential areas, so everything is within walking distance. Smart Growth BC promotes a wider range of types of housing within each neighborhood, to accommodate changing needs through stages of life e.g. bachelor apartments, family apartments, and dwellings for the elderly. Smart Growth BC would also like to see light industry embedded in each neighborhood so jobs would be within walking distance. Smart Growth BC opposes any extension of municipal boundaries.

One of the persuasive arguments for redevelopment is the reduction of municipal costs for infrastructure, such as water, sewer and roads. This would result, hopefully, in reduction of municipal property taxes.

Smart Growth BC promotes protection of green spaces, preservation of farmland, and buying locally produced farm products.

I recognized their goals immediately as being based on the European model. I lived in different parts of Europe for four years, in a city, a small town and in a rural village. The model works well for cities, but not for a village. Villages in Europe have similar problems to villages in Canada but most do not lack adequate public transportation from the village to the city. Private motor vehicles are needed more in villages in Canada in order to access services and shopping available only in cities. Princeton, Tulameen, Coalmont, Eastgate, Hedley, Cawston and Keremeos all face different transportation problems when compared with European villages.

As local residents know perfectly well, there are many reasons why it is necessary to have a private vehicle available for trips out of town, the first and major reason being health services. The centralization of health services has caused not only increasing traffic on our highways, but increased

inconvenience for people who live here. Many retired people have moved to Penticton or other Okanagan areas simply to be closer to the health services they need.

There is a big difference in the transportation needs of a European villager when compared with what we experience in rural Canada. In Europe, a village may be no more than 10 kilometers from the next village, and probably no more than 50 kilometers from a city. Europe is far more densely populated than Canada, and certainly far more densely populated than British Columbia. A European would be appalled at having to travel 110 km. for a medical test such as an ultrasound!

Even if a European did have to travel that great a distance, the European would have access to either a railroad or a bus, perhaps both., and both would offer more than one scheduled trip per day. I remember flying from Italy to France on a vacation. We caught a bus to visit friends in Belgium for one day, and caught a bus to the next village to take a train to Paris, which took only half a day. In Paris, we took side trips, via subways and buses. In Canada, we depend on rental vehicles to make our way from airports to villages, or even neighboring towns. If you want to take a flight from Penticton or Kelowna, you need a private vehicle to get you to the airfield unless you live right in Penticton or Kelowna. The European model does not work for us because our population density is too low except in cities.

There is another European policy continued on Page 20

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AND NOW...A LITTLE GOOD NEWS!

"...but those who hope in the LORD will renew their strength.

They will soar on wings like eagles; they will run and not grow weary,
they will walk and not be faint." - Isaiah 40:31



Suddenly a giant inflatable slide appeared in downtown Princeton and a party started! Canada Day celebrations in Veterans Square entertained young

and old and included live music, kid's games and two Canada Day cakes.

MP Alex Atamanenko

Netherlands War Commemoration More About Peace

In May I had the honour of being part of the Canadian delegation that went to the Netherlands to take part in the commemoration of the liberation of that country from the Nazis by Canadians 70 years ago. In addition to the Prime Minister, MPs and officials we were accompanied by approximately 60 WWII veterans and their caregivers.

While there, we participated in ceremonies at two Canadian cemeteries, attended a special concert in the Cathedral and watched a parade of veterans, WWII vehicles, military personnel and marching bands in Wageningen, the town where German forces capitulated to Canadian forces.

I was particularly moved by a speech delivered by Jeroen Dijsselbloem, Minister of Finance, which began with the story of his father who at 15 years of age left home after the liberation to bicycle through Flanders and Britain during which time perfect strangers would invite him to stay in their homes. In the new era of peace and post-war reconstruction there was a very special sense of optimism and most importantly trust. In his speech Minister Dijsselbloem highlighted the relationship between trust and peace.

"Peace requires trust; even when you're still far apart. Peace requires a willingness to move closer to others; even if your minds never quite meet. Peace requires willingness to compromise; even if you never reach complete agreement. Peace requires a willingness to come together; even if you can't quite join hands," remarked the Minister.

"History compelled us to overcome mistrust. Peace requires trust. Trust creates freedom. What happens in a society dominated by mistrust? Suspicion and fear thrive. These are the enemies of peace and freedom in which we live. Mistrust creates deep divisions and can lead to conflict. Mistrust, hatred and conflict go hand in hand."

The Minister ended his speech by reminding us that only a society built on trust can know genuine-freedom and that this is not something to take for granted. "Indeed, it's far from commonplace. So let's celebrate in the knowledge that peace brought us freedom; and that we have a duty to use our freedom to promote peace."

In another powerful speech Mayor Harry Keereweer of Groesbeek, compared the nature of freedom today to that which existed 70 years ago and noted some of the different challenges we face today such as how to preserve our planet for future generations. He worries that humanity is in danger of going metaphorically blind by failing to remember the real foundations upon which our free and safe societies were built. "Over these seventy years, we, as a society, have been given the opportunity to pass on that freedom and change history forever. We have been given the opportunity to open our eyes, and look back. To look back at the atrocities committed by occupying forces, but also at our own wrong-doing. At our pain, but also at the pain of the people of the aggressors. Although difficult, it's not impossible. More than anything else, it requires time. Peace time. Time we will not have if we engage in new wars, of any kind,

In expressing his hope for seventy more years of peace Groesbeek's Mayor warned about taking for granted the sacrifices it took to build the strong foundations of today's society. This is especially important in the face of economic uncertainties and the anti-social behavior taking hold in many urban areas. The danger lies, "In closing our eyes to patterns repeating themselves. Patterns of us against them, putting our own people first, closing borders to foreigners," declared the Mayor. "If we are ignorant to the signals from within our community, we will surely go metaphorically blind."

These were two powerful speeches by those whose families lived through the horror of war; a strong message for all of us in these turbulent times.

Naturalists enjoy mountain views

by M. Masiel, VFFN

Seventeen naturalists showed up to join Tip Anderson on a drive to Vortex Station and then a hike to Agate Mountain Lookout. Vortex Station is a bearing point for airplanes. From there they can veer off in the direction they wish to follow

Ascending steep steps, we came to a flat area that gave a spectacular view to the west of many visible mountain peaks.

There were speculations as to the names of these peaks, but it was difficult to know because of the different angle they were beingseen.

After a few minutes of admiring the view, we started our hike to Agate Mountain Lookout. The road we followed led us through areas of plentiful flowers which included Tiger Lily, Trapper Tea, Diverse-leaved Cinquefoil, Wild Rose bushes, Bunchberry, and the incredible White Bog-Orchid.

These species occur at low high elevations, in wetlands, seepage areas, subalpine meadows, wet coniferous forests and clearings. (Plants of Southern Interior BC, Parish et al) A perfect description of the ecology on either side of the road that we hiked.

Meanwhile, our lepidopterist, Sue Elwell, saw 12 categories of butterflies. To list just a few, they were Chryxus Arctic, Mariposa Copper, Anise Swallowtails, and Checkerspots. For most of us, the butterflies moved too quickly to truly appreciate what we were seeing.

Reaching Agate Mountain Lookout, the group was able to enjoy yet another incredible view of Princeton and surrounding area. The drive down also provided some wonderful vistas, among them a glimpse of Wolf Lake.

The next hike is Saturday, July 4 to the lakes of Eastmere and Westmere. Call the Telliers to confirm, 250-295-7354.

We meet at Billy's Restaurant at 8:00 AM. Please note the time! Bring a lunch and plenty of water. Join us.





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Princeton Secondary School

Awards 2015

......continued from Last Week P. E. Awards

Excellence in Physical Education 8 Takumi Irie, Grant Yee, Taylor White

Excellence in Physical Education 9 Nathan Silbernagel, Nicholas Cimbaro, Miranda Crucil

Excellence in Physical Education

Katie Bartlett, Saki Irie, Taylor Sanderson

Excellence in Physical Education

Jacob Mintzler

Excellence in Physical Education

Kyla Coyne

Math and Science

Grade 8 Math

Case Brodie, Taylor White, Jessica Parker, Alex Roccamatisi

Grade 9 Math

Takumi Irie, Jett Larsen, Megan Mintzler, Gabe Oliver, Miranda Crucil, Nathan Silbernagel

Most Improved Ashlin White

A & W Math 10 Hailey Darby A & W Math 11 Tanner Sulentich

Common Math 10 Saki Irie, Michael White, Hanna

Gould, Eric Holland Foundations of Math 11

Dayton Wales Pre-Calculus 11

Zoe Douglas, Will Zheng, Tristan VanderMeulen, Bret Shields

Pre-Calculus 12

Ryan Grgich, Reuben Howarth, Mort Johnston

Science 8

Cole Harder, Dylan Gullason, Case Brodie, Quinn Clarke, Jett Larsen Science 9

Nicholas Cimbaro, Nathan Silbernagel, Megan Mintzler, Gabe Oliver, Miranda Crucil

Science 10

Hanna Gould, Taylor Sanderson, Eric Holland, Michael White, Bethany Herting

Earth Science 11

Kelsey Fuller, Tyler Warner

Living Past 100

Calcium, Magnesium & Green Leaves

The more researchers discover about the relationship between sunshine and bone development, the less likely we are to see those poor old people bent over due to osteoporosis. We might even see a great reduction in hip fractures and broken bones in the elderly.

The link between Vitamin D (from sunshine), calcium and magnesium has been known for some time. It is now known that calcium deficiency affects a larger percentage of the population, and magnesium deficiency affects nearly everyone. These three nutrients are essential in bone development, but researchers have learned that taking supplements is not enough. One of the essential nutrients is derived only from leafy green plants, with Swiss chard being the champion of all green leafy vegetables due to its content of Vitamin K.

Vitamin K plays a very important role in linking together the essentials for bone building. If you do not have enough Vitamin K, the Vitamin D does not work to turn calcium and magnesium into bone. If you do not have enough Vitamin D, the Vitamin K does not work. This explains why people can faithfully take their Vitamin D, calcium and magnesium supplements yet still

Vitamin K comes in two forms, K1 and K2. You need both. Studies done during the past few years indicate those leafy green vegetables do a lot more than just build bones. There is evidence that eating green vegetables clears calcium from the arteries. Studies are in progress now to determine if lack of Vitamin K2 may be a cause of brain deterioration. Certainly, lack of leafy green vegetables in the daily diet have been shown to cause digestive problems.

It is interesting to note that the longest lived population in the world is in a region of southern Russia known as the Tashkent. The people of the Tashkent are remarkably healthy and generally live to be around 100 years of age. They are so healthy that it is not unusual for people over age 90 to be found doing physical work in their gardens or on their farms. One of the major components of their daily diet is salad composing of a variety of leafy green vegetables such as spinach, sweet basil, parsley, dark green lettuce, chard and beet greens, as well as various forms of the cabbage family, particularly kale.

Another thing the people of the Tashkent eat regularly is yogurt and soft cheese, including feta cheese. This is an interesting combination of nutrients because, along with leafy green vegetables, they are eating calcium and magnesium, and they love working outdoors where they get Vitamin D. Nearly every day they are taking in all of the ingredients needed to build bones and keep the arteries free of blockages, including exercise. Whereas we are learning about these essential combinations through medical research, the people of the Tashkent have been living what we have been studying.

Biology 11

Top Academic

Zoe Douglas, Bailey O'Donnell

Academic Excellence

Alexia Boyd, Emily McConnell, Thibert, Tristan Parker VanderMeulen, Danika Whelpton

Biology 12

Top Academic

Ryan Grgich

Academic Excellence

Brynn Johnson

Physics 11

Top Academic

Will Zheng

Academic Excellence

Zoe Douglas, Jacob Mintzler, Bailey O'Donnell, Bret Shields, Parker Thibert, Tristan

VanderMeulen

Physics 12

Top Academic

Will Zheng

Academic Excellence

Zoe Douglas, Bret Shields, Tristan

VanderMeulen Chemistry 11

Top Academic

Will Zheng

Academic Excellence

Zoe Douglas, Jacob Mintzler, Bailey O'Donnell, Bret Shields, Tristan VanderMeulen, Parker Thibert

Chemistry 12

Perseverance Award

Alex Burke, Kyla Coyne, Kennady

Holland-Krenn Social Studies

Social Studies 8

Academic Excellence in Social Studies 8

Jett Larsen, Jessica Parker, Dylan Gullason, Taylor White

Academic Excellence in Social Studies 9

Hayley Anderson, Shelby Bothe Nylund, Megan Mintzler, Gabe Oliver

Outstanding Achievement in Social Studies 9

Nathan Silbernagel, Miranda Crucil

Achievement in Social Studies 9 Ryan Francis

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Social Studies 10

Academic Excellence in Social

Studies 10

Michael White, Eric Holland

Socials 11

Top Mark in Socials 11 Tristan VanderMeulen

History 12

Top Mark in History 12

Brynn Johnson

English

Academic Excellence in English 8

Jett Larsen

Grade 8 Kindness Award

Taylor White

Academic Excellence in English 9

Ashlin White Funniest Speech Award

Blake Herrick

Academic Excellence in English 10 **Bethany Herting**

Good Sport Award

Travis Fedun

Academic Excellence in English 11 Danika Whelpton, Bret Shields Most Improved in English 11

Will Zheng

Academic Excellence in English 12

Brynn Johnson

Best Memoir Mort Johnston, Kyla Coyne

Academic Excellence in English 8

Dylan Gullason Academic Excellence in English 9 Gabe Oliver, Nathan Silbernagel

Top Mark in Communications 12 Justeen McIntosh

French

Academic Excellence in French 8 Taylor White

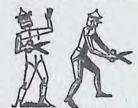
Academic Excellence in French 9 Gabe Oliver

Academic Excellence in French 10

Eric Holland Academic Excellence in French 11

Zoe Douglas

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Al Anderson, BBA, CFP, TEP

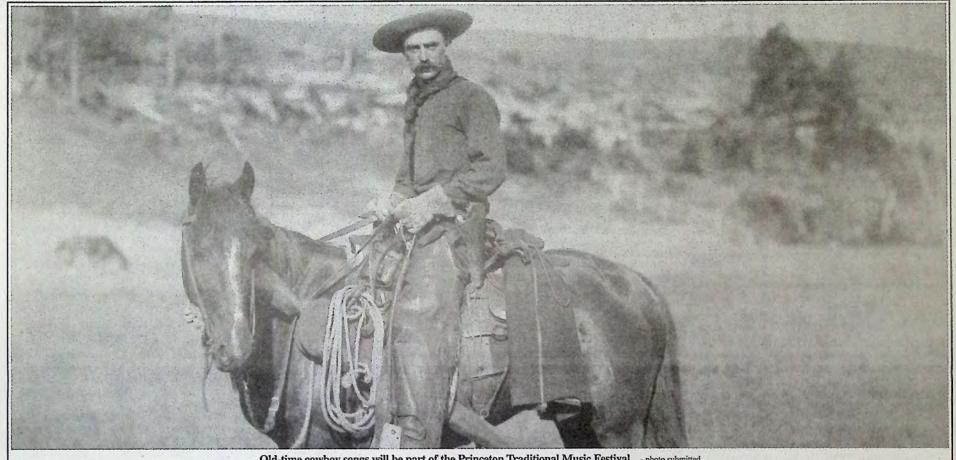
Phone: (250) 295-3555





Similkameen News Leader TV Guide Listings - July 7 - 13, 2015

Princeton Traditional Music Festival



Old-time cowboy songs will be part of the Princeton Traditional Music Festival. - photo submitted

Music festiva

by Rika Ruebsaat Traditional Music Festival

In just a few weeks the streets of Princeton will once again be alive with the sound of fiddles, banjoes, singing and dancing. The 8th Annual Princeton Traditional Music Festival begins on Friday, 14 August. Come to Veterans Square at 6:15 PM for the opening ceremony and then kick up your heels to the music of Psycho Acoustic Ceili band. On Saturday and Sunday,

August 15 and 16 there will be music from 10:00 AM until 6:00 PM right in downtown Princeton. This year features an exciting lineup of new talent together with many familiar faces from past

The Traditional Music Festival aims to present music that has come out of people's everyday lives; the kind of music that has been shared informally among families and communities and the kind of music that speaks of daily living.

People who work full-time spend about 2,000 hours a year at their job and perhaps 40 hours a year making love, and yet ninety percent of the songs heard on radio are about love. In order to rectify this imbalance the Festival is presenting a workshop called 'Songs of Work.' These days we don't associate work with singing, but historically there has often been a strong correlation between the two.

Some songs are sung as part of the job. While guarding the herd at night, cowboys often sang songs to sooth the cattle. Sometimes songs were used to give rhythm to a job. Sailors on the tall ships used songs called shanties to give pacing and energy to such jobs as raising a sail, hauling in the anchor or pumping the ship. The shanties were led by an experienced sailor, the shantyman, who knew intimately the duration and rhythmic requirements for

He sang a line and the crew, while working, joined in on the alternating chorus lines. The song lasted as long as the task at hand and if it took a little longer than expected the shantyman would make up verses extemporaneously to keep the shanty going until the job was done. The prison chain gangs in the US also sang rhythmic songs while they broke rock with sledge hammers to build roads. Waulking songs were sung in Scotland to give rhythm to the communal work of softening tweed.

Some work songs were sung for communal entertainment outside of working hours. While off watch sailors sang about going ashore for a booze-up and a bed with a woman in it. BC has a rich tradition of songs made up and sung by miners, loggers and fishers about their working lives. The coalfields of Britain and the Appalachians gave birth to a wealth of songs that spoke of the hardships and occasionally the joys of the job.

In the 'Songs of Work' session you will hear Linda Chobotuck from Burnaby, who is new to the Festival this year, singing about various jobs she has had - in a salmon cannery, in an office, in a library. Brian Robertson from Vancouver has also had many jobs - fisherman, taxi driver, researcher - and has made

some fine songs about his work experiences. Princeton's own Daniel Davidson will be singing about his true-life adventures at sea. John Kidder from Ashcroft has worked as a cowboy and specializes in singing the songs that the real old-time cowboys used to sing.

What unites all these songs is that they were made and sung by people who did the jobs described in the songs. The 'Songs of Work' session is thus a musical journey through people's working lives.

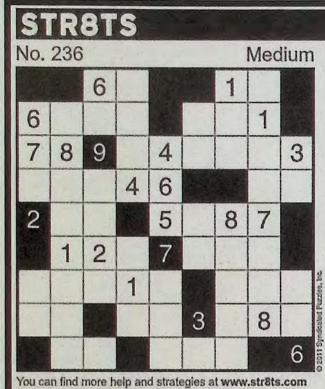
The 'Songs of Work' workshop is just one item on the rich menu of music available at the Princeton Traditional Music Festival. The Festival begins at 6:15 PM on Friday, August 14th with an opening ceremony and a participatory dance on Veterans Boulevard.

The Festival is all free and everyone is welcome. If you would like to find out more, visit the Festival's website at www.princetontraditional.org. If you'd like to help out at the Festival or billet a performer the committee would love to hear from you. You can send us an e-mail at princetonfestival@telus.net or give me a call at 250-295-6010.





News Leader Str8ts



along with more puzzles, Apple apps and books.

Previous solution - Tough



How to beat Str8ts –
Like Sudoku, no single number can repeat in any row or column. But...
rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

THIS WEEK'S

News Leader Str8ts

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Tuesday - Wednesday

TUESDAY EVENING

7:30 pm FAM ch.26 "High School Musical 2" (2007, Musical Comedy) Zac Efron. During summer vacation, Troy gets a job at Sharpay's resort but doesn't realize she has an ulterior motive for hiring him. (In Stereo) (CC)

10:00 pm KNOW ch.5
"Breathtaking" (2010,
Documentary) The filmmaker
investigates her father's death from
an asbestos-related disease. (CC)
11:00 pm WTBS ch.3 "Memoirs of
a Geisha" (2005, Drama) Ziyi
Zhang. A girl works as a servant in
a geisha house and grows up to
become one of Japan's most celebrated paid companions.

WEDNESDAY MORNING

8:30 am SPIKE ch.44 "Twister" (1996, Action) Helen Hunt. Storm-chasers finalizing their divorce try to place equipment inside a tornado on the Oklahoma plains. (In Stereo)

11:00 am SPIKE ch.44 "The Italian

Job" (2003, Crime Drama) Mark Wahlberg. Premiere. A master thief and his crew plan to steal back a fortune in gold bullion after they lose it to a double-crossing gang member. (In Stereo)

AFTERNOON

2:00 pm SPIKE ch.44 "The Italian Job" (2003, Crime Drama) Mark Wahlberg. A master thief and his crew plan to steal back a fortune in gold bullion after they lose it to a double-crossing gang member.

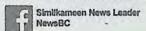
EVENING

7:30 pm FAM ch.26 "Camp Rock" (2008, Musical Comedy) Joe Jonas. A talented singer works in the kitchen at a summer camp for aspiring musicians. (In Stereo) (CC) 11:00 pm WTBS ch.3 "Mission: Impossible 2" (2000, Action) Tom Cruise. IMF agent Ethan Hunt and his team try to stop a former agent from unleashing a deadly, engineered virus.

Similkameen Load of

Weekly, Independent, Local, Newspaper,





		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
-	AM	Community	Morning	Zerby	Clifford	KHQ News	KREM 2	Dog	Morning	Morning	(5:00) Morn-	CBC News	Kld vs. Kat	(3:30) 2015	CTV Morn-	Allen	Justin	CityLine	Ink Master	Gotta Eat
6	:30	Community	News (N) E	Doozers	Arthur	6AM (N)	Morning News	Dog	Northwest	News (N) EE	Ing News The moming	Now (N) O	Almost	Wimbledon Champi-	Ing Live Vancouver	Sharks: Close	Phineas	(N) EE	"Eam It!"	World's
7	AM	Law & Or-		Kate and	Odd Squad	Today	CBS This	Criminal	Good Morn-	0 8	news. (N)	Save-Ums!	Squirrel	onships: Women's	(N) O EE	Mighty	Phineas	Let's Make a Deal &C	Ink Master	Moves
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0	AM	Law & Or-		PAW Patrol	Curlous	Reynolds; Shaggy. (N)		Criminal			Morning	Moblees	SpongeBob	finals. From the			Win, Loso		Ink Master	Security
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0	AM	Millionaire	Morning	Space	Peg		The 700 .	CSI: Miami	Livel Kelly	Morning	Pitchin' in	Super Why!	Sidekick	Lawn Tennis and Croquet	Livel Kelly		ANT Farm	FamFeud	Ink Master	The Dead
9	:30	Millionaire	Huntley St.	Arthur O	Tiger		Club () EE	O EEE	and Michael	Huntley St.	Debt/Part	Napkin	Almost	Club in Wimbledon,	and Michael	1.45	Good Luck	FamFeud	O RE	Files O 30
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10	:30	Divorce	Debt/Part	PAW Patrol	Street ()		Right BD	O DE	UBD	Debt/Part	Ray (N) KG	Bo On/Go	Kld vs. Kat	(Live) (SS)	U SC	Sharks: Close	Dog	0 22	() 20	Waterparks
4-4	AM	Judge	Rachael	Jelly Jamm	Dinosaur	Hot Bench	Young &	Criminal	Derm	Rachael	Noon News	Heartland	Rated A		Marilyn	Mayday 80	Gaming	General	Ink Master	Big Crazy
11	:30	Judge	Ray (N) DE	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	Minds O BO	Paid Prog.	Ray (N) 82	Hour (N)	"Hot Food"	Rated A		Denis	-	Jessie 80	(N) O	U se	Family
10	PM	Hot Bench	Noon News	PAW Patrol	Charlie	Youthful	News	Criminal	The Chew	Noon News	Days of our	CBC News	Chucks	-31	CTV News	Daily Planet	Girl Meets	Celebrity	Ink Master	Security
12	:30	Hot Bench	Hour (N)	Kate and	Rose O EE	LazyTown	Bold	Minds O 80	O EG	Hour (N)	Lives (N)	Now (N) O	Squirrel		Vancouver	®€ (DVS)	Next Step	Celebrity	U RE	Security
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2	:30	The Middle	OBE	Curlous	Sesame St.	ThisMinute	a Deal Re	O EE	Latifah	O RC	Vielra	Chris 22	Kld vs. Kat	Interruption	O SO	Sharks: Close	Austin	5 (N) 80	O RG	Adventures
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3	:30	Mod Fam	Vleira	PAW Patrol	Cat In the	DeGeneres Show	Show (N) O	Blg Smo	Ray (N) BE	Vielra	Restless	Doyle O	Nerds	tre (N) 82	DeGeneres Show	Hammer- head	Austin	CityNews at 6 (N)	() EC	Eat St. O
11	PM	Blg Bang	Young &	Dokl Ad	WordGirl	Jdg Judy	Dr. Phil	Storage	The Doc-	Young &	Early News	Dragons'	SpongeBob	Hockey			Austin	Mod Fam	Ink Master	Moves
4	:30	Blg Bang	Restless	Dinosaur	Wild Kratts	Jdg Judy	O SE	Storage	tors O RE	Restless	Global Nat.	Den O	Chucks	2015	Show (N) O	(N)	Austin	Mod Fam	0 20	Moves
-	PM	Browns	News (N) 📾	Dino Dan	News	News	News	Storage	News	Early News	(4:59) News	CBC News	Parents	Wimbledon Primetime	CTV News	Great White	Austin	America's	Ink Master	Security
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Storage	ABC News	Global Nat.	Hour (N)		SpongeBob	(N) 22	Vancouver		Austin	Got Talent *Audition 7*	U ZZ	Security
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6	:30	Payne	News	Wildlife 80	Hour (N) ISS	Millionaire	News at 6 (N)	Storage	News	Hour (N)	Ent	Murdoch	Assembly		Vancouver	Jaws (N)	Next Step		O BE	Waterparks
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0	PM	Family Guy	NCIS	The Story	Aboll-	America's	NCIS	Storage	Fresh-Boat	NCIS	NCIS	Mercer	Just Kld	Fish Flats	Cleveland	Shark Dark	"High School Musical 2" 0	CityNews-	Tattoo	Ghost
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44	PM		News Hour	Mega Bulld-	Charlie	News	News	Storage	KXLY 4	News Hour	ET Canada		Gogs	SportsCen-	News-Lisa	THE ROLL OF STREET	Wizards	Paid Prog.	Tettoo	Big Crazy
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What An Amazing Weekend!

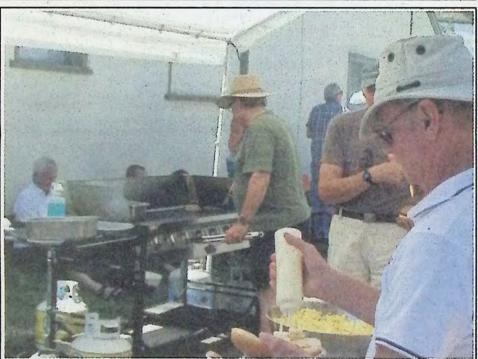
Legion, Rotary, Ball Busters and More Fill the Weekend with Activities!



City of Tonasket, Washington Mayor Patrick Plumb (centre) and his daughter Symarah meet Princeton's new Youth Ambassadors July 3rd. *



Memorial Park was filled all weekend long with the Ball Busters Tournament.*



Princeton Legion hosted an Open House and free BBQ July 3rd, pancake breakfast(s), the Duck Race and Dance to fill the weekend with fun. *



Ridgewood Lodge residents packed up the bus and showed their 'Canadian Pride' during the Rotary Parade July 3rd. *



Princeton Girl Guides won an award for this entry in the Rotary Parade. *



Cooper's Foods sponsored Victoria Gibb in the Youth Ambassador program.
On July 3rd she was named 2015/16 Princeton Vice Ambassador.*

FOLLOW DENNIS WALKER ONLINE - NEWS, WEATHER, MUSIC, INTERVIEWS - www.socountry.ca



From this angle this Canada Day cake just about looks like it is part of a flag with the table cloth under it. Two of these cakes were cut and served in Veterans Square in downtown Princeton. *

WEDNESD	IIII. YA	V 8 2015

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUP ch.45
_ AN	Community	Morning	Zerby	Clifford	KHQ News	KREM 2	Dog the	Morning	Morning	(5:00) Morn-	CBC News	Kld vs. Kat	(5:00) 2015	CTV Morn-	Tiburones	Justin	CityLine	Bar Rescue	-
6 :30		News (N) IIII	Doozers	Arthur	GAM (N)	Morning News	Bounty Hunter		News (N) (KD)	Ing News The moming	Now (N) O	Almost	Wimbledon Champi-	Ing Live Vancouver		Phineas	(N) EE	0	World's
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:30	der: SVU		Wild Kratts	Wild Kratts	Katio Lee; "Minlons."	Morning (N)	Minds () EE	Ing America (N) ®	F		Arthur O	Chucks	Men's Quar- terfinals.		Planes	Gravity	a Deal 🖾	0	Moves
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8 :30	der: SVU		Curious	Curlous			Minds O EC			Huntley St.	Tiger	Waysido	Lawn Tennis		(DVS)	Wizards	Right 160	Movie: ***	Security
O AN	Millionaire	Morning -	Space	Peg		The 700	CSI: Mlami	Livel Kelly	Morning	Pitchin' in	Super Whyl	Sidekick	and Croquet Club in	Live! Kelly	Bride of	ANT Farm	FamFeud	"Twister" (1996) Helen	The Dead
9 :30	Millionaire	Huntley St.	Arthur O	Tiger		Club O BE	U mm	and Michael	Huntley St.	Debt/Part	Napkin	Almost	Wimbledon,	and Michael	Jaws	Good Luck	FamFeud	Hunt, Bill	Files () Re
10 AN	Divorce	Pitchin' In	G. Shrinks	Sesame		The Price Is	CSI: Miami	The View	Pitchin' in	Rachael	Bookaboo	Spliced ()	England. (N) (Live) 🗠	The View	Tiburones	Austin	The Chew	Paxton. 0	Ghost
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1 1 :30	Judge	Ray O IIII	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	Minds O	21 Day Fix.	Ray O Ed	Hour (N)	EG (DVS)	Rated A		Denis		Jessie 🖾	(N) O	*** "The Italian Job"	Border
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12 :30	Hot Bench	nout (N)	Kate and	nose () as	Lunal	Bold	Minds ()	C) GSJ	Hour (N)	Lives (N)	Now (N) O	Squirrel :	4 5	Vancouver	EC (DVS)	Next Step	Celebrity	wantoerg.	Security
1 PN	King	Days of our Lives (N)	Astroblast	Oil Painting	Days of our Lives (N)	The Talk	The First 48	General Hospital	Days of our Lives (N)	The Talk	Recipes	Almost	BattleFrog	The Social	Bride of	Austin	CityLine 35	-	The Dead
:30		Lives (iv)	Poppy Cat	Sewing	Lives (IV)	11 24	17 84	(N) O	Lives (N)	17 45	Stefano	Sidekick	Ch.	(N) O E0	Jaws	Austin		Tattoo	Files O EC
2 PA	The Middle	The Talk	Maker	Thomas	TMZ (N) O	Let's Make a Deal 82	The First 48	Queen Latifah	The Talk	Meredith Vielra	Steven and Chris Ra	Wayside	Off Record	Dr. Phil	Tiburones	K.C. Under.	CityNews at		Ghost
= :30	The Middle		Curious	Sesame St.	ThisMinute	a Deal as		Lauran		Viella	Ciris	Kld vs. Kat	Interruption	.,		K.C. Under.		*** "The Italian Job"	Adventures 22
3 PN	Seinfeld 0	Meredith Vielra	Astroblast	Curious	Ellen DeGeneres	The Dr. Oz Show (N) O	Country	Rachael Ray O St	Meredith Vielra	Young & Restless	Republic of Doyle O	Sidekick	SportsCen- tre (N) 🖾	Ellen DeGeneres	Sharkaged- don 80	K.C. Under.	(2:59)	(2003) Mark	Gotta Eat
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A Ph	Blg Bang	Young & Restless	Doki 🕮	WordGirl	Jdg Judy	Dr. Phil	Duck D.	The Doc-	Young & Restless	Early News	Dragons' Den O	SpongeBob	Hockey	The Dr. Oz Show (N) O		K.C. Under.	Mod Fam	Sec. Int.	Moves
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Ang.	Browns	News (N) III	Dino Dan	News	News	News	Duck D.	News	Early News	(4:59) News Hour (N)	CBC News	Parents	MLB Baseball:	CTV News Vancouver	Bride of Jaws (N)	K.C. Under.	America's Got Talent	Stephen King's	Security
.00			Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.			SpongeBob	St. Louis			K.C. Under.	GOT TENOM	It Maine	Security
6 PM		Global Nat.	Mega Build- ers 🖾	PBS News- Hour (N) 80	News	KREM 2 News at	Duck D.	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Assembly	Cardinals at Chicago	CTV News Vancouver	Super Predator	Drold Tales	Mod Fam	friends struggle	The Dead Files O 32
.00		News			Millonaire	6 (N)	Duck D.	News		Ent	Murdoch Myster-	Assembly	Cubs. (Live)		Battle.	Next Step	blackish	with the	
7 PM	-	Ent	Rescue	Operation Wild (N) III	Jeopardyl	Inside Ed.	Country	Ent	Ent	Extant "Morphoses"	les o	Bella		etalk (N)	Ninja Sharks	Good Luck	Broke Girl	embodiment of evil. \(\Omega\)	Ghost Adventures
# :30	-	ET Canada	Park		Wheel	Hollywood	Country	The Insider	ET Canada	(N)	Coronation	Henry		Blg Bang		Movie: *** "Camp	Two Men		RC
0		Big Brother (N) O SS	Inside Kung Fu Inc. (N)	First Peoples	America's Got Talent	Big Brother (N) O 50	Duck D.	The Middle	Big Brother (N) O ES	Big Brother (N) O EE	Dragons' Den O	Just Kld	SportsCen- tre (N) RD	MasterChef (N) O	Shark Dark	Rock* (2008)	CityNews- Tonight (N)		Ghost Adventures
.01	Family Guy			"Europe"			Duck D.	Goldbergs				Just Kld			Super Predator				80
O	Amer. Dad	Rookle Blue (N) O	A Long Journey	(DVS)	American Ninja	Criminal Minds O	Duck D.	Mod Fam	Rookle Blue (N) n	Rookie Blue ce (DVS)	Winnipeg Comedy	Gags	SportsCen- tre (N) (tt)	Amazing Race	Battle.	Girl Meets		Repo	Border
:01	Amer. Dad		Home		Warrior *Pittsburgh	Extent	Duck D.	blackish	Futural		_	Gags			Ninja Sharks	Wingln' it	Reviews on		Border
10 PM	-	Extant "Morphoses"	Sorceress- Kiri	Pioneers In Aviation	Qualifying"	Extant "Morphoses"	Duck D.	Celebrity Wife Swap	Extant "Morphoses"	News Hour Final (N)	The National	Haunting	SportsCen- tre (N) 30	19-2 (DVS)		Good Luck			The Dead
:01		(N)	Dark	Charlie	News	(N)	Duck D.	(N)	(N)	T70- 1	(11)	Haunting			A COLUMN TO SERVICE	Win, Lose		Repo	
11 Ph	nossible 2"	Final (N)	Park	Rose (N) to	News J. Fallon	News Blue Blood	Country	ICKLY 4	News Hour Final (N)	ET Canada	CBC News	Just Kid	SportsCen- tre (82)	News-Lisa	Daily Planet (DVS)	Wizards	7 TO ST ST ST ST	Repo	Ghost Adventures
:30	1		Rescue		J. Panon	Blue Blood	Country	J. Kimmel	1	Doctors	Stampede	Just Kld		CTV News	,	Life Derek	Pald Prog.	Repo	SC

12								Tue	esday, J	uly 7, 2	015						M	lews L	eade
THUI	RSDAY,	JULY	9, 2015	5													-		
	WTBS	СНВС	KNOW	KSPS	KHQ	KREM	A&E	KXLY	всту	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	DTOU
_ A!	ch.3	Ch.4	Rob Robot	ch.6	Ch.7	Ch.8	ch.9	ch.10	ch.11 Morning	ch.12 (5:00) Mom-	CBC News	Ch.18 Kid vs. Kat	ch.19 (5:00) 2015	CTV Morn-	ch.24	ch.26	ch.29	Ch.44 Bar Rescue	Gotta Ea
6 .3		News (N) 80	Zerby	Arthur	GAM (N)	Morning	Dog	Northwest	News (N) 80	Ing News The morning	Now (N) O	Almost		Ing Live Vancouver	Sharks	Phineas	(N) BB	0	World's
- Al			Kate and	Odd Squad	Today Jus-	CBS This	Criminal	Good Morn-	-	news. (N)	Save-Ums!	Squirrel	onships: Women's	(N) O 555	Mighty	Phineas	Let's Make a Deal (80	Bar Rescue	Moves
1 :3	0 der: SVU		Wild Kratts	Wild Kratts	tin Chapple; Evelyn	Morning (N)	Minds ()	ing America (N) 🖾	-		Arthur O	Chucks	Semifinals.		Planes	Gravity			Moves
8	dor SVII		PAW Patrol	Curious	Lozada. (N)		Criminal Minds O			Morning	Moblees	SpongeBob	(N) (Live) RE	-	Dally Planet III (DVS)		Control Parketing	A Rescue	
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9 .3		Morning Huntley St.	Space Arthur O	Peg		Club O RO	*Dissolved*	and Michael		Debt/Part	Napkin	Almost			Predator Battle.	Good Luck	FamFeud		Files O
A Al	Company of the last of the las	Pitchin' In	G. Shrinks	Sesame		The Price Is	CSI: Miami	The View	Pitchin' in	Rachael	Bookaboo	Spilced 0	BattleFrog	The View	Ninja	Austin	The Chew	Bar Rescue	
10 :3	0 Divorce	Debt/Part	PAW Patrol	Street ()		Right 20	0 60	O EST	Debt/Part	Ray O 20	Bo On/Go	Kld vs. Kat	Ch.	0 20	Sharks	Dog ,	O 550	0	Decode
1 1 AI	M Judge	Rachael Ray O KC	Jelly Jamm	Dinosaur	Hot Bench	Young & Restless	Criminal Minds O	Pald Prog.	Rachael Ray O Ed	Noon News Hour (N)	Heartland	Rated A	2015 U.S. Women's	Marilyn Denis	Mayday 80	Gaming	General Hospital	Dar Rescue	-
:3			Dinosaurs	Sit & Be Fit	Hot Bench			Cooker				Rated A	Open: First Round.	CTV News	Daily Planet	Jessie IIII Girl Meets	(N) O Celebrity	Bar Rescue	Border
12 :3	M Hot Bench	Noon News Hour (N)	PAW Patrol Kate and	Charlle Rose O RO	Paid Prog. Poppy Cat	News	Criminal Minds O	The Chew	Charles Carl Carl Carl Carl	Days of our Lives (N)	Now (N) O	Chucks	From	Vancouver	ma (DVS)	Next Step	Celebrity	n nescue	Security
-	M King	Days of our	Astroblast	Painting	Days of our	The Talk	American	General	Days of our	The Talk	Recipes	Almost	Country	The Social	Super	Austin		Bar Rescue	
1 .3		Lives (N)	Poppy Cat	Knit	Lives (N)	U BE	Takedown	Hospital (N) O	Lives (N)	O EG	Stefano	Sidekick	Club in Lancaster,	(N) O 550	Predator Battle.	Austin		0	Files O
O PI	The Middle	The Talk	Maker	Thomas	TMZ (N) O	Let's Make	The First 48	Queen Latifah	The Talk	Meredith Vieira	Steven and Chris 80	Wayside	Pa. (N) n (Live) ISI	Dr. Phil	Ninja Sharks	Section Section	CityNews at 5 (N) @	Contractor	Ghost Adventu
2 :3	O The Middle	0 50	Curlous	Sesame St.	ThisMinute	a Deal 🔯						Kld vs. Kat				Girl Meets		Lip Sync	ana
3		Meredith Vielra	Astroblast	Curious	Ellen DeGeneres	The Dr. Oz Show (N) O	The First 48	Rachael Ray O @	Meredith Vielra	Young & Restless	Republic of Doyle O	Sidekick		Ellen DeGeneres	Spawn of Jaws: Birth	Girl Meets Girl Meets	(2:59) CityNews at	Lip Sync	Gotta E
		Young &	PAW Patrol	Cat in the WordGirl	Show Jdg Judy	Dr. Phil	The First 48	The Doc	Young &	Early News	Dragons'	SpongeBob	Sports	Show The Dr. Oz	Dally Planet		6 (N) Mod Fam	Lip Sync	Moves
4 3		Restless	Dinosaur	Wild Kratts	Jdg Judy	0 22	0 35	tors O BD	Restless	Global Nat.	Den O	Kung Fu	Amazing	Show (N) O	The contract of the contract o	Girl Meets	Mod Fam	Lip Sync	Moves
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5 :3	0 Payne		Wild Kratts	Business	NBC News	CBS News	Scared Straight	ABC News	Global Nat.	Hour (N)		SpongeBot	CFL Pre.	Vancouver	Mako (N)	Girl Meets	Mike	Lip Sync	Security
6 P	M Browns	Global Nat.	Rescue	PBS News- Hour (N) 80	News	KREM 2 News at	Beyond Scared	News at 6	(5:59) News Hour (N)	ET Canada	175.5 S. S. S. S. S. S.	Assembly	CFL Foot- ball: Ottawa	CTV News Vancouver	Shark (Part 1 of 2)	HZipzer	Wayward Pines (N) O	Lip Sync	Time Tr
		News	Park	1	Millionaire	6 (N)	Straight	News	1	Ent	Murdoch Myster-	Assembly	RedBlacks at Edmontor		10000	Next Step	Hannibal	Lip Sync	Time Tr
7	12.20	Ent ET Canada	Waterfront Cities	Secrets of the Tower	Jeopardy! Wheel	Inside Ed. Hollywood	American Takedown	The Insider	Ent ET Canada	Under the Dome (N) O	les () Coronation	Nicky	Eskimos. (N	Blg Bang	Shark (Part 2 of 2)	dood Luck ★ "Camp	"Dolce"	Lip Sync	eler (N)
" :3		THE	Brazil with	New Tricks	Food Fight-	Blg Bang	(N) (8:02) The	Astronaut-	Food Fight-	Food Fight-	STATE OF THE PARTY	Just Kid	(Live) 🖾	Big Bang	Shark Dark	Rock 2: The Final Jam"	(N) O CityNews-	Lip Sync	Ghost
8 .3		ers (N) co	Palin	0 60	ers (N) 80	(8:31) Mom	First 48 Ed	Club	ers (N) KB	ers (N) 🖾	of Things	Just Kid		McCarthys	Shark (Part	Finai Jain	Tonight (N)	Lip Sync	Advent
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10 P		Under the Dome (N) O	(2008) 0	The Jewel In the	Hannibal "Dolce"	Under the Dome (N) O	Beyond Scared	Rookle Blue "Uprising"	Under the Dome (N) (1)	News Hour Final (N)	The National	Haunting	SportsCen- tre (N) E	Saving Hope III		Good Luck	Extra (N)	Lip Sync	Time Tr
.0	A MARKET AND ASSESSMENT			Crown	(N) O	120	Straight	ICXLY 4	News Hour	ET Canada	(N) EE	Haunting Just Kld	SportsCen-	(DVS)	Shark Dark Daily Plane	Win, Lose Wizards	G. Martin Paid Prog.	Lip Sync "Night-	Booze T
11 3	Movie: **	CHBC News Final (N)	Cities	Charlle Rose (N) 🖾	J. Fallon	News Blue Blood	American Takedown	J. Kimmel	Final (N)	Doctors	Stampede	Just Kld	tre 🖾	CTV News	EE (DVS)	Life Derek	Paid Prog.	Roxbury*	eler O S
	AY, JUL	V 10 1	2015																
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C Al	Community	Morning	Zerby	Clifford	KHQ News	KREM 2	Dog	Morning	Morning	(5:00) Morn-		Kld vs. Kat	(5:00) 2015 Wimbledon	CTV Morn-	Shark (Part	Justin	CityLine (N) RE	Gangland O No	Border
6 :3	Community	News (N) III	Doozers	Arthur	GAM (N)	Morning News	Dog	Northwest	News (N) KE	Ing News The moming		Almost	Champl-	Vancouver	2 of 2)	Phineas			Border
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E: 1	0		Wild Kratts PAW Patrol	Wild Kratts Curlous	performs. (N) O BO	O tota	Criminal	Walk the Moon		Morning	Arthur O Moblees	Chucks SpongeBob	finals. (N) (Live) 🖾	8 8	"SOFIA" Daily Planet	Gravity Win, Lose	The Price Is	Gangland	Security
8 .3	der CVII		Curlous	Curlous			Minds O	performs.		Huntley St.	Tiger	Wayside			III (DVS)	Wizards	Right Ra	0.00	Security
_ Al		Morning	Space	Peg		The 700	Criminal	Livel Kelly	Morning	Pitchin' in	Super Whyl	Sidekick	1	Livel Kelly	Shark (Part	ANT Farm	FamFeud	Gangland	The Dea
9 :3	Millionaire	Huntley St.	Arthur O	Tiger		Club () 30	Minds O	and Michael	Huntley St.	Debt/Part	Napkin	Almost		and Michael		Good Luck	FamFeud	U REI	Files O
10	/ Divorce	Pitchin' in	G. Shrinks	Sesame Street 0		The Price is Right &	Criminal Minds O	The View	Pitchin' in	Rachael Ray (N) 100	Bookaboo	Spliced 0		The View	Shark (Part 2 of 2)	Austin	The Chew	Gangland O 50	Security
10 :3	-	Debt/Part	PAW Patrol	(EI)	Hot Beach				Debt/Part		Bo On/Go Heartland	Kid vs. Kat	2015 U.S.	Marilyn	Mayday 80	Dog	General	Gangland	Security
11 AI	-	Rachael Ray (N) 80	Jelly Jamm Dinosaurs	Dinosaur Sit & Be Fit	Hot Bench	Young & Restless	Donnia Donnia	Pald Prog. FREE Wen!	Rachael Ray (N) 84	Noon News Hour (N)	as (DVS)	Rated A	Women's	Denis	mayany au	Jessie 30	Hospital	O ED	Border
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-1 PI	King	Days of our	Astroblast	Craftsman	Days of our	The Talk	Wahlburgr	General Hospital	Days of our Lives (N)	The Talk	Recipes	Almost	Country Club in	The Social	Shark (Part 1 of 2)	Austin	CityLine (88)	Gangsters: Most Evil	The De
1 :3		Lives (N)	Poppy Cat	Travel	Lives (N)		Wahlburgr	(N) O			Stefano	Sideklok	Lancaster, Pa. (N) O			Austin	mir. 11		
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3 .	-	Vielra	PAW Patrol	-	DeGeneres	Show (N) O		Ray (N) 20	Vielra	Restless	Doyle o	Chucks		DeGeneres Show	Sharks WII	Liv-Mad.	CityNews at 6 (N)	Cops Bill	Eat St.
-	M Big Bang	Young &	Doki 🕸	WordGirl	Jdg Judy	Dr. Phil	Criminal	The Doc-	Young &	Early News		Nicky	CFL	The Dr. Oz	Daily Plane	Liv-Mad.	Mod Fam	Cops III	Securit
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	M Mod Fam	News	Coast #0	Wash	Millionaire Jeopardyl	6 (N) Inside Ed.	"No. 6" Criminal	News	Ent	Dual Sus-	2015 Pan	Thunder	CFL Foot-	etalk (N)	Shark	Jessie 20	(N) Broke Girl	Cops Ed	Security
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2015 Pan American

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PM Mod Fam Ent

7 :30 Seinfeld n ET Canada

8 PM Family Guy Diverced :30 Family Guy Diverced

10 PM Jeffersons Dual Suspects

11 PM Movie: "Miracio" (2004)

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(8:01)

Criminal Minds

Criminal Minds

(10:01) Criminal Minds

(11:01)

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"Harper Lea" ()

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Charlie Rose (N) 24

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CHBC News For King

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Movie: "Bad CityNews-Hair Day" Tonight (N)

Security

Border

Border

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News Leader Movies - Thursday to Saturday

THURSDAY EVENING

7:30 pm FAM ch.26 "Camp Rock 2: The Final Jam" (2010, Musical Comedy) Demi Lovato. Musicians challenge rivals to the ultimate battle of the bands. (In Stereo) (CC) 9:00 pm KNOW ch.5 "It Might Get Loud" (2008, Documentary) Rock icons Jimmy Page, the Edge and Jack White swap stories, play music, and discuss how they developed their unique sounds. (In

oped their unique sounds. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Eurotrip" (2004, Comedy) Scott Mechlowicz. A teenager and his friends have misadventures in Europe while try-

ing to meet one's pen pal.

SPIKE ch.44 "A Night at the
Roxbury" (1998, Comedy) Will
Ferrell. Premiere. Desperate to
meet women and open their own
danced the haringers beathar Comdance club, brainless brothers Steve and Doug Butabi cruise Beverly Hills. (In Stereo)

FRIDAY EVENING

7:30 pm YTV ch.18 "Alvin and the Chipmunks: Chipwrecked" (2011, Comedy) Voices of Jason Lee. Live action/animated. Chipmunks Alvin, Simon and Theodore, along Chipmunks with the Chipettes, become

marooned on a not-so-deserted island. (In Stereo) (CC)
8:00 pm FAM ch.26 "Bad Hair Day" (2015, Comedy) Laura Marano. On the day of her senior prom, a teen winds up helping a down-on-her-luck policewoman pursue a jewel thief. (In Stereo)

10:00 pm FAM ch.26 "Vacation

With Derek" (2010, Comedy-Drama) Michael Seater. With help from her stepbrother, a girl must save her grandmother's resort from a land developer. (In Stereo) (CC) 11:00 pm WTBS ch.3 "Miracle" (2004, Drama) Kurt Russell. Coach Herb Brooks leads the U.S. Olympic hockey team to victory over the Soviet team in 1980.

SATURDAY MORNING

6:00 am SPIKE ch.44 "The Karate Kid" (1984, Drama) Ralph Macchio. Premiere. A New Jersey teen moves to California, meets bullies and learns karate from a handyman, Mr. Miyagi. (In Stereo)
9:00 am SPIKE ch.44 "The Karate
Kid Part II" (1986, Drama) Ralph Macchio. Premiere. Mr. Miyagi returns to Okinawa with his karate student and meets an old foe's chal-

lenge to a duel. (In Stereo) 11:30 am WTBS ch.3 "Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to steal an inheritance from three young orphans placed in his care.

AFTERNOON

12:00 pm YTV ch.18 "Jr. Detective Agency" (2009, Comedy) Luke Perry. With help from his best friend, a 13-year-old sleuth searches for an elusive thief. (In Stereo)

FAM ch.26 "Bad Hair Day" (2015, Comedy) Laura Marano. On the day of her senior prom, a teen winds up helping a down-on-her-luck policewoman pursue a jewel thief. (In Stereo) (CC) 1:30 pm WTBS ch.3 "Red Eye" (2005, Suspense) Rachel McAdams. A plane passenger forcibly involves

A plane passenger forcibly involves his seatmate in a plot to assassinate a government official.

EVENING

6:00 pm WTBS ch.3 "Adventureland" (2009, Comedy-Drama) Jesse Eisenberg. A college grad takes a lowly job at an amusement park after his parents refuse to fund his long-anticipated trip to

8:00 pm KSPS ch.6 "Kramer vs. Kramer" (1979, Drama) Dustin Hoffman. A New York adman fights for custody of his son after his wife walks out. (In Stereo) (CC) YTV ch.18 "A Cinderella Story: Once Upon a Song" (2011, Romance-Comedy) Lucy Hale. A talented teenage singer must con-tend with her wicked stepfamily. (In Stereo) (CC)

10:00 pm FAM ch.26 "Den Brother" (2010, Comedy) Hutch Dano. Suspended from his hockey team, a teenager becomes a substitute leader for his sister's Girl Scout troop. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Match

Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive

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SATURDAY, JULY 11, 2015

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6	MA	On Spot	Ancestors	Rob Robot	Heartland	(5:00) 2015	CBS This	Flipping	Pald Prog.	Ancestors	Saturday	Monster	Sidekick	2015	Julcebox	Shark Clans	Wingin' It	Quon	Movie:	Moves
6	:30	Coolest	Fishful	Zerby	Fly Fisher	Tour de France:	Morning	Vegas O III	Pald Prog.	Fishful	Morning News The	News	Sidekick	Wimbledon Champi-	0 855		Slug Terra	Panorama	***% "The Karate Kid"	Pald Prog.
7	AM	P. Affairs	Saturday	Kate and	MotorWeek	Stage 8. (N)	Lucky Dog	Flipping	Good	Saturday	news. (N)	Animal	Squirrel	onships:		Mighty	The 7D O	Eye/Asla	(1984) Ralph	Security
1	:30	Atl. Eats	Morning News (N) 🖾	Curious	Greener	↑ (Live) 🖾	Dr. Chris	Vegas O E	Morning America	Morning News (N) 80		Super Why!	Nerds	Women's Final.	1	Planes	Gravity	Buy Low	Macchio. Premiere. 0	Security
0	MA	Trust Dale		PAW Patrol	Woodsmith		Innovation	Flipping	Hanna	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Artzooka	Chucks	From the All-England	Canada AM	Daily Planet	Gaming	Pollsh		Border
8	:30	Paid Prog.		Arthur O	Rough Cut		Recipe	Vegas O Ed	Ocean		1.	Cross	SpongeBob	Lawn Tennis	Weekend	20 (DVS)	Dog	Studio (N)		Border
0	MA	Pald Prog.		Magic Bus	Hometime	European	All In	Filpping	Rescue	7	Fish'n	Our Van-	SpongeBob	and Croquet Club in	Marllyn	Sharks,	Austin	World VI-	Movie: **	Border
9	:30	Payne		Creative	Old House	PGA Tour Golf	Changers	Vegas 6 🖾	Wildlife	4	Real Fish.	couver 80	Parents	Wimbledon,	Denis	Shad.	I Didn't	sion 🖾	"The Karate Kid Part II"	Border
40	AM	Paid Prog.	Fish'n	Wild Kratts	Old House		Pald Prog.	Flipping	Outback	Fish'n	Powerboat	2015 Pan	Rabblds	England. (N) (Live) 65	The Social	Shark Clans	K.C. Under.	Murdoch	(1986) Pre-	Border
10	:30	Paid Prog.	Real Fish.	Wild Kratts	Kitchen		Top Blower	Vegas 6 ED	Explore	Real Fish.	Driving TV	American	Bread	1	0 65		Jessie 🖾	Myster- les O	miere. O	Border
	AM	Browns	Powerboat	Maker	BBQ		Backroads	Wahlburgr	21 Day Flx	Powerboat	Storm	From To-	Turtles	- 3	Is Written	Mayday 80	Liv-Mad.	Shopping		Bggg Bttls
רר	:30	*Lemony	Driving TV	Martha	Fresh	Triathlon	Pald Prog.	Wahlburgr	Turbo Lift	Driving TV	Planets 0	ronto. (N) n (Live) 223	Sanjay		Operation		Girl Meets	Channel 80	Cops 20	Bggg Bttls
10	PM	Snicket's Series of	News	Dogs/Jobs	Cook		PGA Tour	Wahlburgr	2015	News	PGA Tour	,	Movie: "Jr.	Motoring	SportsCen-	Dally Planet	Movie: *Bad	Shopping	Cops &C	Border
12	:30	Unfortunate"	PGA Tour	Dogs/Jobs	Garden		Golf: John Deere Clas-	Wahlburgr	Wimbledon Champi-	PGA Tour	Golf: John Deere Clas-	Calgary	Detective Agency*	SC RE	tre O BC	EE (DVS)	Hair Day" (2015) O	Channel 80	Cops &0	Border
_	PM		Golf: John Deere Clas-	Hope for	Antiques	World	sic, Third	Donnie Donnie	onships:	Golf: John Deere Clas-	sic, Third	Stampede on CBC (N)	(2009) Luke	SC EC	Corner Gas	Sharks,	(2013) 17	Liquidator	Cops 80	Border
7	:30	Movle: ***	sic, Third	Wildlife @2	Roadshow	Series of Fighting (N)	Round. (N)		Women's Final. (N	sic, Third	Round. (N) (Live) 🖾	∩ (Live) 83	Perry.	NASCAR	Corner Gas	Shad	Gravity	Pald Prog.	Cops &C	Border
-	PM	"Red Eye" (2005)	Round. (N) 20	Mega Build-	***	O EE		Donnle	Same-day	Round. (N) 🖾	,		Assembly	Racing	Canada's	Shark Clans	Phineas	Mod Fam	Cops REI	Border
2	:30	(2000)	ers Ed Necessary War Pearl			Donnle	Tape) 80				Assembly		Worst Driver		Good Luck	Mod Fam	Jail 80	Border		
-	PM	1st Family	Storm Plan- Waterfront Harbor, F	Pald Prog.	21 Day Flx	Storage	World of X	Storm Plan-	Simpsons	National	Assembly	SportsCen-	Cash Cab	Allen	Good Luck	CityNews	Cops &C	Security		
3	:30	Box Office	ets O III	Cities	interment camps.	21 Day Fix	Pald Prog.	Storage	World of X	ets O RE	Simpsons	Relations	Assembly	tre (N) 22	Steele	Sharks: Return	Next Step	CityNews	Cops III	Security
-	PM	Community	Simpsons	Kingdom of		Pald Prog.	Access Hol-	Storage	McCarver	Simpsons	Simpsons	2015 Pan	Assembly	Prerace	Marityn	To Be An-	Liv-Mad.	Out There	Cops 🖾	Security
4	:30	Community	Simpsons	the Cobra	WA. Grown	Jdg Judy	lywood (N)	Storage	XTERRA	Simpsons	Global Nat.	American Games	Assembly	NASCAR	Denis	nounced	Dog	Out There	Cops 20	Security
	PM	The Middle	Simpsons	Brazil with	Last/Wine	News	News	Storage	News	Simpsons	News Hour	From To-	Assembly	Racing: Sprint Cup	The Social	Alien	Jessie zc	Family	Cops (N)	Border
5	:30	The Middle	Global Nat.	Palin	The Café	NBC News	CBS News	Wars Highlights	ABC News	Global Nat.	(N)	ronto. (N) O (Live) ISS	Assembly	Series:	etalk sc	Sharks: Close	Gaming	Seed ()	Cops Re	Border
_	PM		(5:59) News	Hope for	Lawrence	News	News	of intense	News at 6	(5:59) News	16x9 EE		Assembly	Quaker State 400.	CTV News		K.C. Under.	Young	Vegas	Ghost
6	:30	"Adventure- land" (2009)	Hour (N)	Wildlife ED	Welk	Jeopardyl	Paid Prog.	competition.	The Insider	Hour (N)			Max	(N) (Live) 25	Vancouver	2 (N)	Next Step	Pckge Deal	Cops ket	Adventures
pag	PM	12.10 (2005)	16x9 20	Sicily's	Keep Up	Blue	White Col-	(7:01) Stor-	Entertain-	16x9 %0	Canada	Calgary	Stanley		WS O RE	Atlantic	Girl Meets	CityNews	Lip Sync	The Dead
1	:30			Mummles	As Time	Bloods O 25	lar ted	age Wars Best Bid-	ment Tonight		Sings to	Stampede on CBC (N)	Game On		(DVS)	Jaws (N)	Liv-Mad.	Weekend (N)	Lip Sync	Files O CC
-	PM	Family Guy	Canada	Heartbeat	Movie:	Running	The Millers	ding Wars:	Celeb-	Canada	Canada		Movie: "A	SportsCen-	Amazing	To Be An-	I Didn't	CityNews	Lip Sync	Ghost
8	:30	Family Guy	Sings 60	0.00	**** "Kramer vs.	Wild	The Millers	Part 2"	rity Femily Feud	Sings 35	Sings &c		Cinderella Story: Once	tre (N) 85	Race	nounced	K.C. Under.	Weekend (N)	Lip Sync	Adventures
-	PM	Seinfeld O	Canada	Endeavour	Kramer	Dateline	McCarthys	(9:01) Stor-	Celeb-	Canada	True Crime	Just for	Upon a	SportsCen-	Orphan	Sharksan-	Next Step	2015 Tour	Cops III	Ghost
9	:30	Seinfeld O	Sings III	"Rocket" (N)	(1979) Dustin Hoff-	NBC O DE	McCarthya	age Wars *Best Bid-	rity Family Feud	Sings 20	Scene 0	Laughs O BE	Song"	tro (N) sc	Black O	ity 2	Wingin' It	de France	Cops (%)	Adventures
	PM	King	True Crime		man.		48 Hours	ding Wars:	Celeb-	True Crime	News Final		Gags	SportsCen-	Bitten	Atlantic	Movie: "Den	(Taped) 🖾	Cops Rd	The Dead
10		-	Scene O	Park	Spy to		ORE	Part 1"	rity Family Feud	Scene ()	(10:35)	Gags	Haunting	tre (N) RG	"Scare	Jaws	Brother"		Cops at	Files O RE
	PM		News Final	Waterfront	Austin City	News	News	(11:02)	Scandal	News Final	Saturday	Winnipeg	Haunting	SportsCen-	Tactics*	To Be An-	(2010) 🐧 🕮		Cops as	The Dead
77	:30	"Match	SNL	Cities	Limits 60	SNL	The Closer	Storage	0.80	130.00	Night Live	Comedy		tre Rd		nounced			Cobe an	Files O M

News Leader Movies - Sunday to Monday

SUNDAY MORNING

9:00 am WTBS ch.3 "Bedtime Stories" (2008, Comedy) Adam Sandler. A hotel handyman tries to make the most of the situation when he learns that the outlandish tales he tells his niece and nephew are coming true.

AFTERNOON

12:00 pm FAM ch.26 "Starstruck" (2010, Drama) Sterling Knight. A Midwestern girl visits Los Angeles and spends time with a rising Hollywood pop star. (In Stereo) (CC)

1:00 pm WTBS ch.3 "The Sorcerer's Apprentice" (2010, Fantasy) Nicolas Cage. A wizard trains a reluctant protege in the art of magic to help him protect Manhattan from a powerful

adversary.
2:00 pm VTVch.22 "Two Weeks Notice" (2002, Romance-Comedy) Sandra Bullock. A millionaire confronts his feelings for his lawyer, who is quitting after five years of service. (In Stereo) (CC)

2:15 pm YTV ch.18 "Over the Hedge" (2006, Comedy) Voices of Bruce Willis. Animated. An opportunistic raccoon teaches fellow animals about the edible treasures that the new humans in the neighborhood conveniently leave outdoors. (In Stereo) (CC)

outdoors. (In Stereo) (CC)
4:00 pm YTV ch.18 "Barnyard"
(2006, Comedy) Voices of Kevin
James. Animated. Otis the bull
would rather sing and dance with
the other farm animals, but somehow he must find the courage to
lead when responsibility is thrust
upon him. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Alice in Wonderland" (2010, Fantasy) Johnny Depp. Live action/animated. Now a teenager, Alice returns to Underland, where she must find her destiny and put an end to the Red Queen's reign of terror.

YTV ch.18 "The Ant Bully" (2006, Adventure) Voices of Zach Tyler Eisen. Animated. Tired of weathering constant attacks on their colony, ants shrink a destructive boy to their size and sentence him to live among them until he learns the errors of his ways. (In Stereo) (CC)

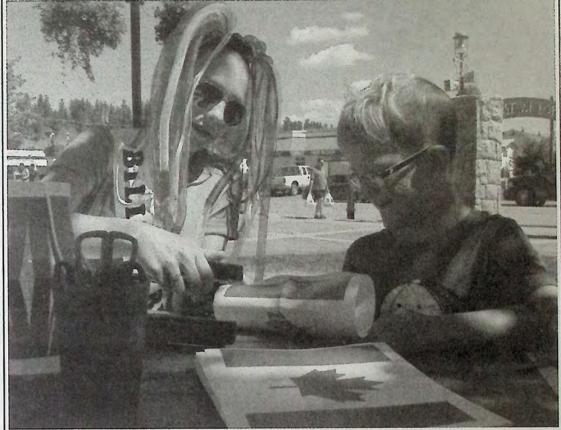
10:30 pm WTBS ch.3 "War" (2007, Action) Jet Li. A federal agent seeks revenge on an elusive assassin after his partner and family are killed, but the target ignites a war

between rival Asian mobsters.

MONDAY EVENING

7:30 pm FAM ch.26 ``Under Wraps" (1997, Adventure) Adam Wylie. While three children come to the aid of a 3,000-year-old mummy on Halloween, a criminal has plans of his own. (In Stereo)

11:00 pm WTBS ch.3 "Mr. 3000" (2004, Comedy) Bernie Mac. Arrogant and out of shape, a baseball star comes out of retirement after learning he is three hits shy of 3,000.



Princeton Youth Ambassadors and Candidates were involved in the delivery of children's games as part of the Canada Day Celebration July 1st in Veterans Square, Here Hanna Gould helps finish a Canada Flag project.*

You Tube

PrincetonBCNews

SUNDAY, JULY 12, 2015 DTOUR SPIKE CBC TSN VTV DISC FAM CITY WTBS CHBC KNOW **KSPS** KHQ KREM A&E KXLY **BCTV** CITY YTV ch.29 ch.45 ch.12 ch.19 ch.22 ch.24 ch.26 ch.44 ch.10 ch.11 ch.13 ch.18 ch.4 ch.5 ch.6 ch.7 ch.8 ch.9 ch.3 aid Prog. Vingin' It Off Road Fishful Pald Prog. n a Namo Sunday dirtgiri Sidekick 2015 Canada AN Atlantic Dog the Pald Prog. Pald Prog. In a Name **Rob Robot** Mr. Rogers Today (N) Wimbledon Weekend U [66] lounty Slug Terra Church Engine Paid Prog. Canadian Poko O Squirrel Pald Prog. WordWorld Paid Prog. Pald Prog. :30 Canadian Zerby Hunte Champl-Eye/Asia The 7D (N) Truck Tech Time Trav Sunday Marilyn Mighty The Office Sunday Super Why KHQ **CBS News** American Good News Charmers AM Men's Final Sunday Takedown Morning Morning Time Trav Coronation Charmers Gravity Dharti Muscle :30 Atl. Eats Curlous Space Invest From the News (N) 3 Morning News (N) R All-England Pakistan (N) BC Pet Shop Worst To Be An Gaming Bar Rescue Booze Trav This Week Coronation AM The Office PAW Patrol Meet the American Curlous Lawn Tennis oler O III Handymar nounced Press (N) Festival Coronation Pet Shop and Croque :30 Pald Prog. Upside Cat In the The Nation Club in Italiano di Operation Border Hiring Nicky Austin AM Movie: ** European Coronation Dino Dan SciGirls 0 Pald Prog. Blg Smo Ancestors Johnny Wimbledon Ity 2 PGA Tour "Bedtime Didn't Lombardl :30 Stories" Nicky Watchers Pald Prog. Blg Smo Designing Context Coronation Arthur O (Live) In (N) K.C. Under. Border (2008. The Social Atlantic Bar Rescue Ancestors Wild Kratts Our Queer Whacked Big Smo Pald Prog. Ancestors J. Osteen 2015 Pan Thunder AM Comedy) American Life of Pald Prog. Thunder Celebrity Jessie Mi VemComig Border Cooke Context Little Whacked Blg Smo :30 Queen From To Canada's Mayday Liv-Mad. Shopping **Bar Rescue** Border Haven & Henry Pald Prog. J. Osteen AM Pald Prog. J. Osteen Little Paid Prog. Country ronto. (N) 02 0 Worst Channel ad (DVS) Girl Meets Border Paid Prog. Henry Annedroida Paid Prog. :30 Browns Red Bull Paid Prog. Country Hollywood Driver Signature Wahlburg Game On MLS Soc-SportsCen-To Be An Novie: ** Border Paid Prog. Secrets of PGA Tour 2015 News PGA Tour **Animals** Starstruck' BA (DVS) Golf: John the Tower Golf: John Wimble Border Las Vegas. Wahlburgr PGA Tour Calgary Game On :30 Payne FC at New 2010) 0 Deere Clas Deere Clas Stamped Golf: John (N) Golf: John Wild Thing Time Trav. York City Sharksan Bar Rescue sic, Final onships sic, Final Stanley W5 0 00 Waterfront History De PM Movie: Deere Deere Round. (N) (DVS) Round. (N) Ity 2 tectives 20 den's * * 1 "The Cities Classic. O (Live) RO Stanley Gravity Time Trav. Wahlburg Action :30 (Live) Ist Final, (N (Live) BO Sorcerer's Final Round Final Round Atlantic Bar Rescue Booze Tray Same-day Movie: ** Phineas (2:15)Sports Storage PM Apprentice Rescue Donnia (N) 32 (N) (C) ORG Tape) and Two Weeks Jawa eler O and Journeys CFL 30 (N) Pckge Dea :30 Donnie ** * "Ove Joint Relief Paid Prog. SportsCen-(2002) n Lair of the HZipzer CityNews Bar Rescue Security PM Big Bang Duck D. E:60 Profile Ice Pilots TV-Torrens Ice Pilots Hope for Great Per-NWT IS (2006) 0 Mega Sha NWT BE Wildlife 3d formances Next Step CityNews Security :30 Big Bang Paid Prog. Duck D. Mercer Paid Prog. Simpsons Plácido Do Backroads Duck D. TV-Torrens Simpsons Our Van-Movie: ** FIFA Beach The Social Tiburones: Liv-Mad. **Get Stuffed** Bar Rescue Museum Cooker PM Big Bang TV-Torrens The Story Secrets () mingo. O S.F. couver BC "Barnyard" Sharks Saw Dogs etalk #0 Dog Inside Edit. Duck D. Simpsons Pald Prog. :30 Big Bang Simpsons 2006) 0 33 FIFA Beach Celeb-Amazing Jessie III (4:59) News Calgary PM Mod Fam Simpsons Medleval News News Duck D. News Simpsons Boston Stampede Island (N) rity Family Secrets O Lives Pops Global Nat. Austin :30 Mod Fam NBC News CBS News Duck D. ABC News Champion Feud Naked and K.C. Under, Scorplon "A Bar Rescue Blg Crazy CTV News KREM 2 Duck D. News at 6 (5:59) News |Security Movie: ** \ MLS PM Movie: ** \ Global Nat. Architects Last Tango Soccer: Vancouver Afrald XL "The Ant Next Step of Change In Hallfax News at Hour (N) Burgera :30 Wonderland News Wheel Duck D. Estate Bully" (2006) Sporting at 6 (N) PM (2010) Security Family Guy Calgary Whitecaps Blg Bang Giri Meets Catch a Waterparks Druid Sacri- Last Tango Hollywood 60 Minutes Duck D. Security 7 :30 Depp. In Halifax Game Night (N) 0 35 Stampedo 0 200 Contractor fice 3d Waterparks Liv-Mad. Simpsons Duck D. Burgers Burgers on CBC (N) (N) Videos (8:01) Big O 30 Bar Rescue Museum SportsCen- Criminal To Be An-Dldn't Welrd PM (8:01) Blg New Tricks Poldark on Miss USA (8:01) Big Duck D. Celeb-(8:01) Blg 8 :30 The Closer Brother (N) tre (N) te Minds O Secrets O Brother (N) Brother (N) O IN Masterplece 2015 rity Family K.C. Under. CityNews Duck D. Gags Madam 2015 Tour Bar Rescue Big Crazy SportsCen- The Follow Next Step Madam Just for Shark PM Madam Waking the The Crim-Duck D. BattleBot Gage Laughs 20 crown (N (N) 25 son Field Secretary tre (N) W ing O Gags Wingin' It Duck D. :30 The Closer 20 (N) Family Guy Waking the New Tricks Tape) o at SportsCen-The Haunting CSI: Crime Naked and Girl Meets Catch a Waterparks Duck D. (10:01) Family Guy News Final PM CSI: Crime National Scene Afraid XL Contrac-Dead #0 Liv-Mad. Waterparks Haunting Simpsons Ancestors :30 Movie: ** Simpsons Duck D. tor O (N) 50 "War" (2007) News Finel Sicily's PM Jet Li. Bar Rescue Time Trav. Wizards SportsCen-News News Duck D. KXLY 4 News Final PGA Can CBC News Haunting News Jewel In the Paid Prog. Family Guy Duck D. Mummles Life Derek Paid Prog. Time Trav. CTV News Ancestora Ancestors In a Name fifth estate Haunting :30

News Leader Sudoku

SUDOKU No. 236 Medium 3 6 8 3 5 1 2 5 6 4 7 3 8 5 9 9 8 3 1 6 1 3 4 8

Previous solution - Easy

			-				-	- 1	
	6	8	9	4	3	1	2	7	5
	7	1			2	8	6	4	9
	4	5	2	7	9	6	3	8	1
	5			9	1	7	4	2	8
В	1	2	4	6	8	5			7
	9			2	4	3	1	5	6
4	3	9	7	1	5	2	8	6	4
	2	6	1	8	7	4		9	3
	8	4	5	3	6	9	7	1	2
	_	_	_	_	_	_	_	_	

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S **News Leader Sudoku**

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

www.thenewsleader.net



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News Leader

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		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
	AM	Community	Morning	Zerby	Clifford	KHQ News	KREM 2	Dog	Morning	Morning	(5:00) Morn-	CBC News	Kld vs. Kat	SportsCen-	CTV Morn-	Airshow &	Justin	CityLine	Cops &	Gotta Eat
6	:30	Community	News (N) IIII	Doozers	Arthur	6AM (N)	Morning News	Dog	Northwest	News (N) so	Ing News The morning	Now (N) O	Almost	tre ICC	Ing Live Vancouver		Phineas	(N) 80	Cops BE	World's
	AM	Law & Or-		Kate and	Odd Squad	Today (N)	CBS This	Dog the	Good Morn-		news. (N)	Save-Ums!	Squirrel	SportsCen-	(N) A B33	Cash Cab	Phineas	Let's Make	Cops 🖾	Moves
7	:30	der: SVU		Wild Kratts	Wild Kratts	U mm	Morning (N)	Bounty Hunter	Ing America			Arthur O	Chucks	tro (CC		Cash Cab	Gravity	a Deal (N)	Jali 20	Moves
	AM	Law & Or-	,	PAW Patrol	Curious		The second second	Dog the	(14) mm		Morning	Moblees	SpongeBob	SportsCen-		Ice Lake	Win, Lose	The Price Is	Cops &C	Security
8	:30	der: SVU		Curious	Curious			Bounty Hunter			Huntley St.	Tiger	Wayside	tro @c	67	Rebels	Wizards	Right 80	Cops 🐯	Security
	AM	Millionaire	Morning	Space	Peg		The 700	CSI: Mlami	Livel Kelly	Morning	Pitchin' In	Super Why!	Sidekick	SportsCen-	Live! Kelly	Mighty	ANT Farm	FamFeud	Jail 60	The Dead
9	:30		Huntley St.	Arthur O	Tiger	- 1	Club O BB	0 00	and Michael	Huntley St.	Debt/Part	Napkin	Almost	tre BE	and Michael	Planes	Good Luck	FamFeud	Jall 82	Files O 80
			2000	G. Shrinks	Sesame	100	The Price Is	CSI: Mlami	The View	Pitchin' in	Rachael	Bookaboo	Spliced O	SportsCen-	The View	Mayday 20	Austin	The Chew	Cops &c	Secrets-
10	-			PAW Patrol	Street 0		Right ®	0 00	O EN	Debt/Part	Ray (N) RC	Bo On/Go	Kld vs. Kat	tro ac	O 280		Dog	O RO	Jail 80	Lege.
			Rachael	Jelly Jamm	(EI) Dinosaur	Hot Bench	Young &	Criminal	Pald Prog.	Rachael	Noon News	Heartland	Rated A	Motoring	Marilyn	Last Fron-	Gaming	General	Cops &c	Security
11	CO.	Judge	Ray (N) RE	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	Minds @g	Pald Prog.	Ray (N) 320	Hour (N)	BE (DVS)	Rated A	Motorcycle	Denis	tler	Jessie 85	Hospital	Cops &C	Security
2	:30 PM		Noon News	PAW Patrol	Charlie •	Ruf-Tweet	News	Criminal	The Chew	Noon News	Days of our	CBC News	Nords	Hockey	CTV News	Highway	Girl Meets	(N) O Celebrity	Wildest	Security
12	190	Hot Bench	Hour (N)	Kate and	Rose O Bill	Astroblast	Bold	Minds O E	O BE	Hour (N)	Lives (N)	Now (N) O	Squirrel	Lunch	Vancouver	Thru Hell	Next Step	Celebrity	Police	Security
	:30		Days of our	Astroblast	Paint This		N. P. C.	The First 48	Consent	Days of our	The Talk	Our Van-	Almost	Amazing	The Social	Canada's	HZipzer	CityLine 80	Videos	The Dead
1	PM		Lives (N)			Days of our Lives (N)	O DO	O EE	Hospital	Lives (N)	O 35	couver (CO	Sidekick	Race	(N) O EC	Worst	Droid Tales	on, and	Police	Files O RC
-	:30	King	~	Poppy Cat	Fit 2 Stitch				(N) O	The Talle	Manadish	Staven and	*	SportsNa-	Dr. Phil	Driver How/Made	K.C. Under.	CityNews at	Videos Cops 322	Ghost
2		The Middle	The Talk	Maker	Thomas	TMZ (N) O	Let's Make a Deal (N)	The First 48	Queen	The Talk	Meredith Vielra	Steven and Chris &C.	Wayside	tion (N) (C)	0 86		Jessie 🕮	5 (N) 80	Cops Sting.	Adventures
En	:30	The Middle		Curlous	Sesame St.	ThisMinute							Kid vs. Kat	0	Files	How/Made		(2:59)		Gotta Eat
3	PM	Seinfeld 0	Meredith Vielra	Astroblast	Curious	Ellen DeGeneres	The Dr. Oz Show that	The First 48	Rachael Ray (N) 50	Meredith Vieira	Young & Restless	2015 Pan American	Sidekick	SportsCen- tre (N) #6	Ellen DeGeneres	How/Made	Jessie Kti	CityNews at	Cops at	-
0	:30	Mod Fam		PAW Patrol	Cat In the	Show						Games	Chucks		Show	How/Made	Jessie &c	6 (N)	Jali se	Eat St. O
A	PM	Blg Bang	Young & Restless	Doki 🖽	WordGirl	Jdg Judy	Dr. Phil	The First 48	tors O 80	Young & Restless	Early News	From To-	SpongeBob		The Dr. Oz	Rise of the Machines	Jessie (#1	Mod Fam	Cops RE	Moves
4	:30	Blg Bang	nestress	Dinosaur	Wild Kratts	Jdg Judy					Global Nat.	-	Parents	Off Record			Jessle 30	Mod Fam	Cops 30	Moves
5	PM	Browns	News (N) SE	Dino Dan	News	News	News	The First 48	News	Early News	(4:59) News Hour (N)	CBC News	SpongeBob	Interruption	CTV News Vancouver	How/Made	Jessie 10	The Bach- elorette (N)	Cops ()	Security
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	17 184	ABC News	Global Nat.	modi (iv)		T.U.F.F.	CFL Pre.		How/Made	Jessie G.I. Jessie O	O BG	Cops 36	Security
0	PM	Browns	Global Nat.	Architects	PBS News-	News	KREM 2	(6:01) The First 48 85	News at 6	(5:59) News Hour (N)	ET Canada	CBC News	Thunder	CFL Foot- ball: Toronto	CTV News Vancouver	Alaskan Bush: Off			Cops sc	Security
6	:30	Payne	News	of Change	Hour (N) INE	Millionaire	News at 6 (N)	First 40 to	News	nour (iv)	Ent	Murdoch Myster-	Assembly	Argonauts		Grid	Next Step		Cops Int	Security
ting.	PM	Mod Fam	Ent	Hope for	WA. Grown	Jeopardyl	Inside Ed.	(7:01) The	Ent	Ent	Running Wild	les o	Assembly	at Calgary Stampeders	etalk (N)	Alaskan	Good Luck	Broke Girl	Cops It	Security
7	:30	Seinfeld ()	ET Canada	Wildlife IM	2012	Wheel	Hollywood	First 48 %	The Insider	ET Canada	Wild	Coronation	Max	(N) (Live) RC	Big Bang	People	Movie:	Two Men	Cops Its	Security
~	PM	Family Guy	Continuum	Medieval	Antiques	American	Broke Girl	(8:02) The	The Bach-	Continuum		2015 Pan	Just Kid		So You Think You	How/Made	Wraps"	CityNews-	Comic-Con All Access	Ghost Adventures
8	:30	Family Guy	200	Lives	Roadshow (N)	Ninja War- rior 'Venice	Milco	First 48 kg	elorette (N)	1061	RE (DVS)	American Games	Just Kid		Can Dance	How/Made	(1997)	Tomgitt (iv)	All Access	adventures at
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11	:30	13000"	Final (N)	Wildlife #1	Rose (N) RE	J. Fallon	NCIS: N.O.	First 48 O	J. Kimmel	Final (N)	Doctors	Pan Am	Gags	tre ws	CTV News	How/Made	Life Derek	Paid Prog.	Jail 120	Lege.



Saving Downtown Princeton...

...An Ongoing Series by George Elliott

The Town of Princeton deserves credit for knocking one out of the park last week. I'm talking about the Canada Day celebration in Veterans Square and if you chose not to leave the comfort of your air conditioned home mid-week I'm not going to fault you. However, you missed a rather amazing example of what can be done in our community.

I'm assuming the entire event was put together by the Town of

Princeton Parks, Recreation & Culture Department, or whatever they are currently called. It was easy to see that in combination with pulling a few favours, shaking some hands and spending some money the event was easily the best Canada Day celebration I've seen in the 26+ years I've lived here.

Why am I singing the praises of a Town of Princeton organized

Well, I am a firm believer in giv-

ing credit where it is due and last Wednesday in downtown Princeton earns a pat on the back from me. Sure, it would never have been nearly as good if there weren't volunteers from the Princeton Fire Department, Youth Ambassador Program, Princeton Posse and anyone else who pitched in to help.

It just goes to show you that when enough people get involved in something they are passionate about, the job gets done.

Another group that deserves a heap of thanks is the Princeton Legion. for stepping up over the weekend and taking on events that were once hosted by the now defunct Lions Club. The Princeton Rotary Club also gets kudos for continuing with

organizing the annual parade.

· When I saw the excitement in downtown on Canada Day it made me wonder if possibly the Town of Princeton should focus on a Canada Day Festival and completely erase the former Racing Days weekend. Imagine a Canada Day Parade, car show, ball tournament, duck race, pancake breakfast(s), barbeque, children's games, dance and whatever else would fit with the date.

The Town had well over a year to come up with a plan to fill the former Racing Days weekend with a major event. Luckily there were a number of activities that did take place but what if it was all coordinated as a giant celebration?

This year, with Canada Day falling

on a Wednesday did make it a little awkward and very few businesses actually closed for the day.

Why should this be left up to the Town of Princeton to plan?

Simple.

The Town got into the tourist business the moment they took on the visitor centre project in the centre of town. Attracting people to the community includes hosting events aimed at doing just that. It's a form of tourism.

I can't see how Town Hall can't pull together representatives from all the local clubs, groups and organizations to coordination a major festival to replace Racing Days and make it an annual Canada Day celebration.

Last Wednesday was not a fluke and could be the foundation of bigger and better activities aimed at locals and visitors. All it takes is some effort.

.....continued on Page 20

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Obituary

Obituary

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Allan Richard Monkman

(1947 - 2015)



It is with deep sadness that we announce the passing of my husband Allan Monkman. He passed away at Princeton General Hospital on July 2, 2015. Allan was born in Wemberly, Alberta on July 9, 1947 to Fletcher and Sarah Monkman.

He is survived by myself, his wife Dorothy, sister Louisa, and niece Denise.

Allan was predeceased by his brothers Ed and Bill Monkman, Howard Winter, and parents Fletcher and Sarah Monkman.

Allan belonged to the Legion, Elks, and was a Life member of OAPO and the Seniors Branch 30. In lieu of flowers, please make donations to the Seniors Drop In Centre. To be held at Seniors Centre at 162 Angela Avenue on July 9th at 2:00 PM.

The Princeton Posse Junior Hockey Club is looking for an Athletic Trainer/Physiotherapist for the upcoming hockey season. The position requires the successful candidate to attend home and away games to help prevent injury through the use of devices such as tape and braces, recognize and evaluate injuries, and provide emergency care. The position pays a small monthly stipend as well as all expenses (meals, hotel, transportation) will be covered during away games. Hockey Canada requires all Training Staff to complete the online Hockey Canada requires send resumes to the attention of Geoff Goodman, Head Coach General Manager, Princeton Posse. E-mail address: coach@princetonposse.org.

News Leader Classifieds as low as \$10.00 a week For details call 250.295.4149 Large 3-bedroom, potentially 4, full basement home with 2-car garage in Princeton. Fenced double lot 100' x 100'. Asking \$950.00/month plus utilities. Available July 1st. Call Anthony 250-295-6767.

Quiet 1-bedroom furnished cabin. Asking \$800.00/month and includes satellite TV, wifi, covered parking and board for one horse (including use of indoor arena). Easy non-road access to KVR and many trails. 30-minutes from Princeton. Call 250-295-6480.

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Yard Sale

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(Second Bench)

July 11 & 12

Notices

Books, tools, furniture, etc.

For Lease

Commercial space, 1,500 square feet, 20-foot ceilings, overhead door, small office at 600 Similkameen Avenue, Princeton. Asking \$800/month plus utilities. Call 604-877-1599 daytime or 604-298-1948 nighttime.

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The only side effect you may experience from our Hot Pepper (Jalapeno) Jelly is that it stings a little. Some of our customers say that they barely notice that when they are too busy fighting off that other side effect. That's right, once you try this spicy, tingly, tart and smooth jelly with the snap and bite of jalapenos you'll want to come back for more. And more.

The JamBusters! kitchen has been a busy place throughout December, January and February as that's when we developed and released our new line of products. This awesome little jar of smokin' hot jelly is one of those special treats you'll want to keep all to yourself because it is that special. So special that it has been rated to measure 11 on a scale of 10 for 'Causing Excessive Lip Smacking' and a 9.5 for 'Knocking Your Taste Buds Out.'

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your four dollar purchase is giving you more than your money's worth in spicy, hot jelly fun. Try it today and come back for more! GARAGE SALE

Annual Summer Garage Sale every Saturday and Sunday from 10:00 AM to 2:00 PM 41-km out on Osprey Lake Road, turn right at Link Lake Road and look for #136/#138 Country Lane. All proceeds to support Hayes Creek Fire Hall.

Granite Creek Preservation Society

MEETS THE THIRD THURSDAY OF THE MONTH EXCEPT JULY & AUGUST

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Lower Valley News

Keremeos - Cawston - Olalla



June 25th was not just the Graduation Ceremony for the Grade 4 students in Cawston Elementary who will be moving to SESS next year but also marked the retirement of long time Principal Linda Thiel. Unbeknownst to her the grade 4 students had hand made a quilt which was presented to her at the end of the ceremony. Photo: Marty Menzies

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Have you experienced in the Town of Princeton:

- A. Bylaw contradictions (and/or building inspection problems)
- B. Zoning changes that are having an economic impact on you (because of title 2013 Official Community Plan)
- C. Being ignored or dismissed by:
 - Princeton Town Staff or
 - Princeton Town Council

Your confidential reply is to a non-affiliated person

Please reply to:

PO Box 1780, Princeton, BC VOX 1W0 or e-mail maxizaistruc@gmail.com

Smoke visible from the Newby Lake wildfire

A wildfire discovered July 2nd has been burning south of Keremeos in the Snowy Creek Protected Area. Smoke was visible from Highway 3 and communities in the south Okanagan.

This aggressive fire was estimated at 90 hectares the following day and no structures were threatened.

On July 3rd the fire was burning in high elevation grassland and timber and was surrounded by natural barriers. The BC Wildfire Service initially sent airtankers and an initial attack crew by helicopter, but unfortunately neither were able to action

the fire due to fire behaviour, crew safety and the lack of achievable objectives.

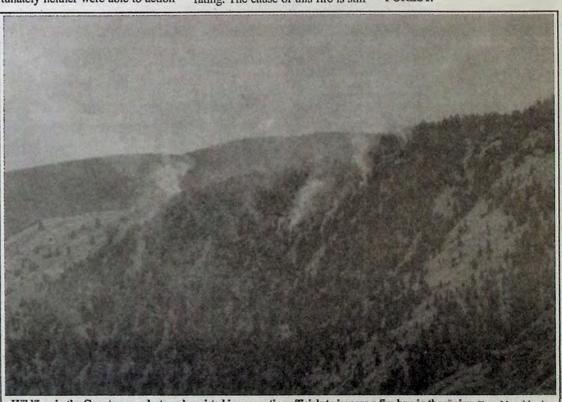
The fire quickly crossed from the Snowy Protected Area in Canada into the United States. This naturally-occurring fire was burning in the remote wilderness. The BC Wildfire Service monitored this incident and assessed potential wildfire response tactics. Fire Officers worked closely with our partners in the United States to coordinate wildfire response.

This area is in a high fire danger rating. The cause of this fire is still

under investigation; however, it is suspected to be lightning-caused. Please do your part to prevent any additional human-caused fires, because they divert resources from naturally-occurring fires.

To report smoke, flames or an unattended campfire, call 1 800 663-5555 toll-free or dial *5555 on a cellphone.

For up-to-date information on current wildfire activity, burning restrictions, road closures and airquality advisories, visit: www.bcwildfire.ca or call 1 888 3-FOREST.



Wildfires in the Cawston area last week assisted in prompting officials to impose a fire ban in the region. Photo: Marty Menzies

Lower Valley News

Keremeos - Cawston - Olalla



Donna Stocker of Cawston hosted a 'meet and greet' event June 28th for Okanagan-Similkameen-Nicola NDP MP Candidate Angelique Wood. Wood, right, spoke briefly and was joined by former NDP Nelson-Creston MLA Corky Evans, left. The pair mingled with the invited guests in a casual backyard barbecue atmosphere. Photo: Marty Menzies

RDOS issues meeting notes

Selected highlights from the regular meetings of the Board of Directors of the Regional District of Okanagan-Similkameen held June 4 and June 18.

- The Board of Directors approved the Regional District of Okanagan-Similkameen Statement of Financial Information for the year ended December 31, 2014 pursuant to the Finance Information Act Financial Information Regulations. Further information can be found on the RDOS website at www.rdos.bc.ca. Some of the details related to all Similkameen Valley Directors is on the front page of this newspaper.

- The Board of Directors adopted Bylaw No. 2699, Electoral Area H Community Facilities Capital Reserve Fund Expenditure.

In 2014, the RDOS Board created the Electoral Area H Community Facilities Capital Reserve Fund for the purposes of expenditures for\or in respect of capital projects within Electoral Area H.

- The Hayes Creek Fire Brigade has requested funding for the expansion of the Hayes Creek Fire Hall in the amount of \$30,000.

- The Erris Volunteer Fire Association has requested funding for the completion of the fire community Hall in the amount of \$22,800. The Area H Community Facilities Reserve Fund balance is currently \$607,750.

- The Board of Directors gave third reading to the Regional District of Okanagan Similkameen (RDOS) Regional Economic Development Service Establishment Bylaw No. 2695 and will now be forwarded to the Inspector of Municipalities for approval.

The bylaws purpose is to establish a service which promotes economic development.



A thunderstorm in Keremeos Monday afternoon (June 29) turned into what some described as "hurricane like." Hail, plus a wind that drove very heavy rain parallel to the ground pummeled the area and caused minor flooding on some roads. Municipal crews were out early Tuesday cleaning up the mess in Pine Park where not only branches but large pine trees toppled over some power lines. Late Tuesday afternoon almost the entire dike was still closed due to trees that had fallen. Photo: Marty Menzies

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UPCOMING EVENTS at the Grist Mill:

July 11 - BBQ King Competition | Concert: July 16 @ 7:00PM - 100 Mile House | Concert: July 24 @ 7:00PM - Lester Quitzau



Mayor Frank Armitage and Councillor Kim Maynard took care of cutting the Canada Day cakes July 1st in Princeton's Veterans Square. *

... continued from Page 16

We may as well accept the fact that there will never be live horse racing at Sunflower Downs anytime soon and shift attention to building a bigger celebration around what has normally been a small event on Canada Day.

How does this save downtown Princeton?

With the Canada Day celebration in the centre of town, local business should see some benefit to the traffic in town. Shifting the 'big' summer celebration from what was once Racing Days to Canada Day makes perfect sense. The difference in date is minor most years, especially when July 1st falls on a Friday, Saturday, Sunday or Monday.

All the established activities that were normally on the former Racing Days weekend are already in place. All that would be required is extra coordination spearheaded by the Town of Princeton Parks, Recreation & Culture Department to iron out the kinks.

In 2016 Canada Day is a Friday.

The Town has a year to put this together and the clock started running last week.

PROPERTY TAX EXEMPTION

The Regional District of Okanagan-Similkameen recognizes the significant value of volunteers, volunteer groups and agencies to the spiritual, educational, social, cultural and physical well-being of the region.

These non-profit organizations have the opportunity to apply for a Property Tax Exemption. The following criteria will determine eligibility.

The applicant(s) must:

- Qualify for an exemption under the provisions of the Local Government Act, the general authority for property tax exemptions. (Sections 809 and 810);

 Be in compliance with Regional District policies, plans, bylaws and regulations (i.e. zoning);

 Be a non-profit organization;

 Not be in competition with for-profit business;

 Provide services or programs that are compatible or complementary to those offered by the Regional District.

 Provide a service that fulfills some basic need, or otherwise improves the quality of life for residents of the Regional District.

 Not provide liquor or meal services as their primary function or source of revenue.

- Not collect rent on a caretaker or other residence located on the property.

Application forms are available online at www.rdos.bc.ca or at the RDOS office, 101 Martin Street, Penticton, BC.

The deadline for submitting completed application forms including supporting documentation is JULY 31, 2015.

Successful applicants may be asked to publicly acknowledge the exemption.

If you require further information, assistance completing your application or wish to view the Property Tax Exemption Policy, please call Michelle Sideroff, Finance Department at 250.490.4227 or e-mail at msideroff@ridos.bc.ca.

Current Comment

nities can lead to making policy

decisions that make no sense in

.continued from Page 5 which has been largely ignored in Canada: support for rural communities in order to keep them thriving and sustainable. Due to European experience through history, access to the countryside has proven essential to the economy. Moving rural produce to the city is a top priority, along with making sure farmers stay on the farm and keep on farming. In times of economic depression or war, city dwellers are especially vulnerable. They need the flow of food from the rural area to the city, or they need the ability to flee the city.

We Canadians have to be very cautious when we start adopting models that work well in other parts of

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the world. It is all very well to adopt development models from city to city, but to attempt to promote the same model for non-urban commu-

terms of the reality of our terrain and far less dense population.

Smart Growth BC is not a bad thing for a city, but for rural communities, we have to have our own kind of smarts.



The Canada Day cake in Keremeos prior to being cut. Photo: Marty Menzies