Similkameen Includes GSTI

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Tuesday, August 11, 2015

Canada We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.



Princeton Museum hosted a packed house August 6th for the "Paleontology and Climate" presentation as part of the 2015 Museum Lecture Series. The speakers featured were, from left, Dr. Tammo Reichgelt (Paleoclimates), Dr. Jaelyn Eberle (Fossil mammals), Dr. Bruce Archibald (fossil insects and biodiversity/climate) and Dr. David Greenwood (Fossil plants and climate). The two hour talk ended with fossil examinations of samples from the audience. *

Steering committee report

The Princeton Health Care Steering Committee (PHCSC) held its regular monthly meeting on Thursday, July 16 at Princeton General Hospital. The meeting was attended by representatives from the Town of Princeton, Area H (RDOS), health care practitioners, Interior Health, and SOHC. The meeting was chaired by Town Councillor, Kim Maynard.

Prior to the meeting, PHCSC members and hospital staff attended a luncheon to celebrate the one year anniversary of the 'Specialists for Princeton' project, a joint initiative sponsored by the Shared Care Committee and Doctors of BC. Several of the participating specialists joined the celebration from their home offices by teleconference. The occasion was also an opportunity for the latest member of our Cascade Medical team, Dr. Tim Van Der Heide, to meet the specialists and receive a welcome from the community. There was also a short presentation to Dr.

Devinder Sandhu, thanking her for her two years of service to our community. Dr. Sandhu will be leaving Cascade at the end of August.

On the agenda for the Steering Committee meeting was Sharan Jung, manager of the Princeton and District Community Skills Centre, who outlined a proposal to offer a Health Care Assistant program in Princeton. The Skills Centre is in discussion with Okanagan College and is exploring a potential partnership with the Steering Committee in the program development and execution. This partnership would involve possible equipment loans and commitments to practicum components. Jung also explained that there is a province wide shortage within this sector and feels this would be a beneficial program to be offered locally. The Steering Committee acknowledged the important work being done by the Community Skills Centre and offered their support for the future development of this program.

One of the Steering Committee's action items is the Community Outreach program, with the goal of developing ongoing partnershipscontinued on Page 20

IHA adds
Princeton to
paramedicine
program

An innovative partnership announced earlier this year to benefit patients and help sustain the presence of paramedics in rural and remote communities is now being launched in the Interior Health region.

Creston and Princeton have been selected as communities in Interior Health for the Community Paramedicine Initiative introduced by BC Emergency Health Services (BCEHS).

"Community paramedicine is enabling us to develop an integrated approach to patient care to best suit the unique needs of each community population," said Health Minister Terry Lake.

"We know that health-care providers in rural and remote areas may face challenges and we value their guidance in how we can best engage local paramedics to address gaps in service."

Under the initiative, paramedics will provide primary care services within their scope of practice to increase access to basic health-care services in non-urgent settings, in partnership with local health-care providers. The enhanced role is not intended to replace care provided by health professionals such as nurses, but rather to complement and support the work these important professionals do each day.

BCEHS has been coordinating the implementation of community paramedicine in BC with the Ministry of Health, the province's health authorities; and the Ambulance Paramedics of BC (CUPE 873).

Communities in northern BC were

announced in April 2015, with Vancouver Island communities expected to be announced later this summer. This measured start allows BCEHS to focus on one health authority at a time, and to develop the contacts needed in each community to ensure community paramedics will be well-integrated members of the established health-care teams.

"This new role in community health is well suited for BC's highly trained paramedics," said Bronwyn Barter, President of the Ambulance Paramedics of BC (CUPE 873).

"With the community paramedicine program will come enhanced patient care and new full-time career opportunities across the province."

In phase one, BCEHS paramedic unit chiefs will help confirm the specific services required in the community, which community paramedics, given their training, are able to provide.

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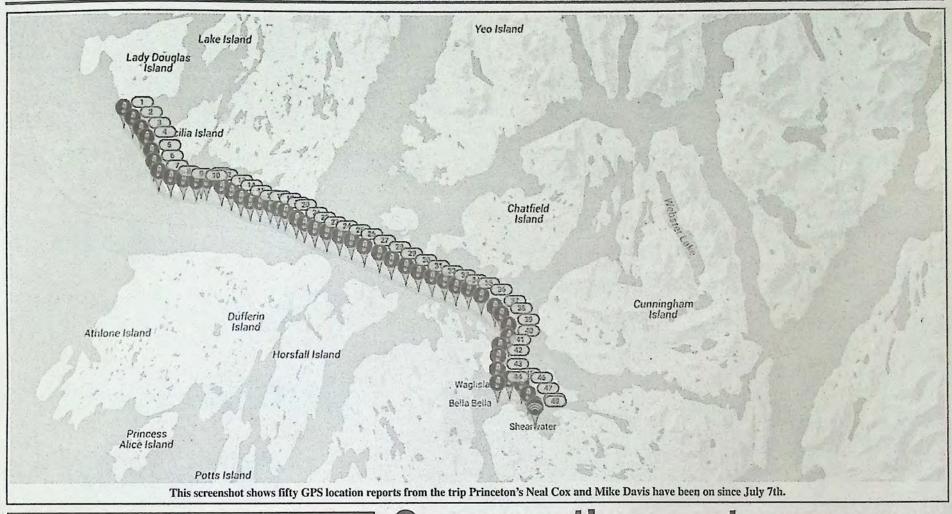
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the coast once more Cox rows

Princeton's Neal Cox did it in the summer of 2012.

He took a rowboat he had made himself from Vancouver to Alaska - solo. The 10-foot Cindy's Row Boy was paddled the 1,300-kilometre route without much else. No sponsors, not much in the way of supplies and very little fanfare. It was the way the adventure went.

This past July 7th Cox launched into the West Coast water from Hyder, Alaska with a plan to reach Horseshoe Bay a couple (or so) months later. This time around Cox took local Mike Davis along and rigged his rowboat with two fixed

Last week the pair passed through to the Shearwater Resort and Marina in Shearwater, near Bella Bella in northern British Columbia.

The first 21 days of the trip was highlighted by 19 of them being rainy, says Cox, who has been in contact with Princeton friends. He was reported as crediting the sails for keeping the pair from failing further behind schedule.

Cox estimated last week they were a week to ten days behind and Davis has already made arrangements with his employer for an extended leave to complete

The pair has opted to follow ferry routes for the balance of the trip, which will keep them away from open water unprotected by islands.

The pair will work their way south to Port MacNeil on Vancouver Island and down to Campbell River through the Discovery Passage. Then it will be a crossing over to Powell River and south between the British Columbia mainland and Texada Island.

The Similkameen News Leader has joined other friends of Cox and Davis following their adventure online tracking the GPS unit

Fall Fair News

by Dawn Johnson

Advertise with a scarecrow

Businesses are invited to enter a scarecrow at the Fall Fair September 12. Here is an opportunity to advertise what a business does by creating a scarecrow representing the products and services offered by a business.

For example, a hardware business might create a scarecrow to look something like the Tin Man from the Wizard of Oz. A farm produce business might create a scarecrow out of com stalks with a pumpkin head. A plumbing business might create a scarecrow out of pipes. A post office might build a scarecrow of post boxes.

RESUME SERVICE. New or updating existing resume. Also providing fax and e-mail service. Call Brenda or stop into the Similkameen News Leader office 226A Bridge Street for details. 250.295.4149.

The Fall Fair booklet is incorrectly dated 2014, but if the color is yellow, it is for this year. The booklets are in a number of locations around town. Pick up a booklet and discover all of the categories you could enter.

Artistic teens can show talent

Teenagers have an opportunity to show their artistic talents at the fair. Drawings, paintings, pottery, or any other art may be shown, and the display is not limited to just one item. Judging in this category is based on the best display, which means several pieces of art work are expected. Each artist is responsible for creating the display. First prize is \$10, second and third are\$5.00.

Decorate a bicycle

At noon on Sunday, September 13,

the Fall Fair will be looking for the best decorated bicycle. Anyone age 5 to age 17 may enter this category. You could decorate your bike western style, turning it into a horse with wheels. You could make it a dinosaur. It could be a pumpkin or a balloon ride or anything you can dream up, but you still have to be able to ride it in the bike parade.

Show off your pet

The annual Fall Fair pet parade will be held Sunday, September 13, at 1:00 PM. This is the time youngsters age 5 to 17 can show off their pets. Dogs must be on a leash, and cats, guinea pigs, chickens, or rabbits must be harnessed or in a cage. Winners may be judged on any special feature of their pet: most unusual, biggest, smallest, best dressed, best groomed, biggest feet, and so on. Every entry receives a prize.

Flip Of The Coyne

by Spencer Coyne

I don't know if you remember back in the Spring of this year there was a lot of discussion about whether or not the Visitor Centre should be moved to downtown from the highway. George and I were pretty clear where we stood on the idea. We supported it and we argued that it would be great for the downtown. There were people who claimed that RVs wouldn't come into town and that people would just pass us by. We now know that this isn't so. The numbers at the Visitor Centre are way up. People are coming into town, walking around exploring our community, and spending money here too. This

could be this council's greatest achievement.

Yes, I am giving Town Council credit for a good idea. I do that from time to time. This council has done what no other council has been able to accomplish (including the one I was a part of) and that is find a way to bring more people off the highway and into the downtown core. Thank you, Council.

This council did something else just recently that some people are excited about. Others have taken issue with it, but if you take all your personal issues and put them aside and consider what the painting of a crosswalk means for this communi-

ty long term, it could really bring an economic boom for us. I understand that there are people with whom, no matter what I say, the rainbow crosswalk will not sit well. The little symbol of acceptance that crosses our main street is like a giant neon open sign to the LGBT community saying you are welcome to stop here, eat, shop and invest your money in our community. It says that we are a community open for business no matter who you are. I want to commend the mayor and council for having the courage to hang that open sign on our main street.

Our community is a pretty amazing place. We hear people all the time say there is nothing to do here, but lets face it, if you can't find something to do in Princeton you really are not looking too hard or you have very different ideas of

what to do. On Thursday night I had the pleasure of attending a pale-ontology talk at the museum that was focused on Princeton and British Columbia. If anyone has ever dug around the rocks in the area you will know there are fossils all over. The museum was packed, and I mean packed. There was standing room only with about seventy people in attendance. At the same time there was dinner theatre at the Vermilion Fork Restaurant only a few doors down. This is just one week day evening in our little town.

The Arts Council has been hosting live performances at the Veterans' Square on Saturdays and let's not forget that the Traditional Music Festival is coming up. Princeton is alive with arts and cultural activities. We need to stop every now and then and thank all those who make

these events and activities a reality. We always recognize our sporting events, but we sometimes overlook the hard working volunteers and workers who work in our arts and cultural sector. I want to take this time to thank everyone who brings this community so much joy and happiness. To our volunteers who bring us all the events at the PXA grounds, the theatre group, the arts council, the music festival, museum, recreational facilities and so much more, you are the people who provide us with the arts and culture that make this community what it is. From agriculture to music, from hockey and baseball to our history, Princeton is what it is because of the dedicated individuals who love what they do and share that with the rest of us. Thank you to all our volunteers for bringing our little community to life.

Safe home programs receive \$\$\$

The Lillooet Safe Home is receiving \$10,000 and the Princeton Safe Home \$5,000 from the Ministry of Children and Family Development to help support Aboriginal women and children who are affected by domestic violence and fleeing abuse so they can rebuild their lives.

Aboriginal women and children make up a large percentage of British Columbians who are affected by domestic violence and other crimes. In fact, Aboriginal women in B.C. are nearly three times more likely to be victims of domestic violence than non-Aboriginal women.

"No one should experience violence or live in fear in their own homes," Fraser-Nicola MLA Jackie Tegart said.

"Our government is helping to make Aboriginal women and children safe, empower them and give them the tools to make a better life for themselves."

This funding will allow the Lillooet Friendship Centre Society and Princeton Family Services Society to help improve programs and services and make them more accessible to the Aboriginal women and children who need them, especially in rural and remote communities.

For example, the subsidy will be used toward the cost of:

- Transportation to a transition house/safe home, a doctor's appointment or lawyer meeting, or to fly a high-risk client out of the community;
- Medical and legal services;
- Important documents, such as identification;
- Clothing and personal items if the woman/child had to leave their home quickly.

The August 7th announcement is part of the provincial government's second- and third-year commitments under the three-year, \$5.5-million Provincial Domestic Violence Plan - to provide direct services for Aboriginal children, youth and families in rural and remote communities.

The B.C. government commits more than \$70 million per year in prevention and intervention services and programs that benefit victims of domestic violence and other crimes.







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My Turn...

I Thought I Had A Clue

The other day I made a huge mistake.

I took an online survey that was supposed to tell me which political party I sided with based on my answers. The questions covered a lot of different subjects ranging from the environment, immigration, the economy and various policies to anything in-between.

The survey offered a number of choices for answers plus other options if a Yes, No or No Opinion was not clear enough.

I was pretty certain where my leanings were before I took the survey but when I finished it, the results caught me by surprise.

Apparently I am 82% Communist, 82% New Democrat, 79% Liberal and 79% Green.

To say I am confused is putting it mildly.

I considered a 'do over' but doubted it would make much of a difference.

I was hoping for something a bit more solid than that but was encouraged when someone responded to my results with a compliment. They said I showed a nice balance in my political beliefs. Apparently they had similar results from the same survey.

The key to remember here is that I have no idea how accurate the survey metrics are. I don't recall seeing anything about a margin of error or a disclaimer stating the results were just for "entertainment purposers"

Besides, it would take a lot more than an online survey to convince me to vote one way or other in any election. I quit 'party voting' years ago in both Provincial and Federal elections opting to use various other criteria to make my choice.

Often I know who not to vote for long before I choose who I plan to support. I have also come out publicly to support one candidate only to vote for another to make it appear that I lean one certain way. That's the best part about the secret ballot system used in Canadian politics. I do the same in Municipal elections - when we actually have them.

The bottom line here is that I at least vote.

We can't push for change if we don't get involved and although voting may appear to be a small and insignificant act to many, it still has impact. Imagine what would happen if most of us stayed away from the polling stations on Election Day.

Regardless of what my results were to the online poll I took last week, at least I have opinions. One of them not recorded in the poll is the importance I personally place on voting.

This Federal Election will hopefully see a lot more people feeling the same way I do about that - including you.

W. George Elliott - Owner/Publisher * MEMBER - CANADIAN ASSOCIATION OF JOURNALISTS Brenda Engel - Office Manager Dawn Johnson - Reporter Lynette Boyd - Office Assistant Arlene Arlow, Marty Menzies - Lower Valley Reporters Spencer Coyne - Columnist MEMBER - SIMILKAMEEN COUNTRY, KEREMEOS MEMBER - TONASKET CHAMBER OF COMMERCE

EDITORIAL GUIDE

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PrincetonBCNews

... Your Turn

Letters and E-Mails Received This Past Week

To The Editor;

Subject: Reply to Flip of the Coyne

I have unfortunately been away from Princeton for a while, but on my return I find that Spencer Coyne is up to his usual tricks again, and as usual is heavy with criticism of our present Council, as well as with our present Government. It reminds me of that wonderful movie called Casablanca where the police chief turns to Humphrey Bogart and states that "not to worry as we will round up the usual suspects."

Well things haven't changed since my absence, and the usual suspects are still all in place. What I really want to say to Spencer is that I exhort him to read some Shakespeare, and have even sought out the lines in the play in case he is not *au fait* with the quote. It comes from Hamlet (Act 3, scene 2, 222-230) in which Queen Gertrude quotes that "Methinks the lady doth protest too much."

I feel that this really applies to Spencer par excellance. His criticisms are *passé*, and we all feel (talking to various friends) that he should move on, move forwards and try something else. It reminds me a well used medical term of 'ad nauseum!'

In fact I have precisely the subject

Wednesday, November 6, 2013

was my last day of work at the

Princeton Landfill site. It was also

my retirement day. It was a pretty

good day with many landfill users

wishing me well and some even

delivered bottles of wine to cele-

It wasn't until the following day,

when counting my cash receipts

that I noticed a discrepancy with

the totals. There are guidelines at

the landfill site concerning cash

totals and although I had not

encountered this in the six years I

worked there it did not sit well

with me that this happened on my

brate my retirement.

To The Editor:

that perhaps he could make a project of his own, and would love to see some input from him - hopefully part of the "Flip of the Coyne"

series. He states that he is very upset by the fact that certain counsellors have been elected to the Council by acclamation. Well, in rebuttal, what about Bob Coyne being elected to Director of Area H, running on no agenda at all! What do your readers do think is the worst, acclamation where each member had at least prepared some sort of an agenda before the election (which of course they were never asked to state in this particular election) or being elected to a governing body having NO agenda at all.

What sort of mandate does that provide you with? None at all as far as I am concerned and democracy at its very worst. The incumbent need not do anything at all, as he is beholden to no person, no promises, and no organization, as he made no promises and had no platform or agenda before the election. I distinctly remember Bob Coyne stating at one of his pre-election meetings that it was to be "business as usual" and had no other platform!

Spencer maintains that the Council does not wish to engage

final day of work.

I tried to resolve the situation with my employer and was unable to do so.

While applying for EI at Princeton Skills Centre I had a breakdown that resulted in me requiring the care of a doctor. This whole incident has been very hard on me both physically and mentally as I feel my reputation has been tarnished. It has bothered me that there has been no attempt to clear my name which would certainly clear my conscious as well.

Thank you for allowing me to get this off of my chest.

- Dwight Winquist, Princeton

with the electorate (he uses the term circle the wagons). Well may I point out last week's newspaper where there is a whole article on "understanding town finances" which gives a very good overview of the present finances and the projected budget.

It also has a front page report that the new numbers at the Visitors Centre show an increase by about 20%. Lori Thomas reports that she sees many visitors wandering off to the town and coming back with parcels in their hands!! Thumbs up to the new Council for their bold move as to the relocation of the Visitors Centre, which was met initially with much criticism. By the way if Mr. Coyne is so upset with the lack of information I am sure he is aware of the fact that can attend any Council meetings if he so desires.

They are open to everyone and its my understanding that our Mayor has made it clear that he will remain behind at every meeting to discuss any problems of any sort, with anybody, if necessary.

The burning question of all of course is, if Mr. Coyne feels so strongly about all of this why did he not run himself, and if he forgot to enter his papers them hopefully we will see him run at the next election!

He quotes lack of information from the Council so I ask him, with respect, to please be so kind as to list the achievements of the Area H Council, since the election. Quite frankly I am not aware of any major information since election (not only no wagons but no circles) but I am really not surprised as the leader, as we know, was elected with no agenda, so he certainly does not have to stick to any promises or follow any path, as none were made!!

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Current Comment

Medical Turmoil Hits USA News



Dawn Johnson editor@thenewsleader.ca

During the past few weeks, news related to vaccines has been hitting American news outlets and is causing serious waves that could result in major lawsuits.

William Thompson, an epidemiologist working for the American Center for Disease Control (CDC), told Congress on July 28 that the CDC had concealed the results of a study that linked the Measles-Mumps-Rubella (MMR) vaccine to autism in African American boys. He stated that the hard copies of the study had been put in a trash can. Believing this was a violation of two American laws, Thompson kept his own hard copy and computer files.

Congressman Bill Posey, representing Florida's 8th congressional district, brought Thompson before Congress. Thompson had been granted immunity by President Obama from prosecution as a whistleblower.

The CDC has spent the past 11 years telling the public there is no link between autism and the MMR vaccine. Thompson had

sent a letter in 2014 to Dr. Julie Gerberding, head of the CDC, expressing concern that the CDC was concealing the data. Nothing was done. Dr. Gerberding no longer works for the CDC. In 2015 she began working as executive vice-president for Merck, the pharmaceutical company which is the sole manufacturer of MMR vaccine.

No action has been taken toward any prosecution of anyone at CDC, and the major news networks have ignored Thompson and Congressman Posey. However, the path may be open for lawsuits. Up to 2015, according to Congressman Posey, the United States government has spent \$3 billion on a vaccine injury compensation program for children injured by vaccinations.

As if the Thompson revelation were not shocking enough, there is the matter of the dead and missing physicians. In less than a month, five American physicians were found dead and two were missing.

Three Mexican doctors and two health care workers from Acapulco were reported missing. The first American physician was Dr. Jeff Bradstreet, a Florida researcher who had moved his medical practice recently to Georgia. He was found dead, floating in a river in Georgia. He had a bullet wound in his chest. A gun was found in the river in the vicinity of his body. Police ruled it a suicide, despite family protests. He died June 19. On June 21, Dr. Bruce Hedendal, of Florida, was found slumped over the steering wheel of his car,

dead, with no indication of cause of death. The same day, another Florida physician, Dr. Baron Holt, was found dead, no obvious cause of death. On June 29, Dr. Teresa Seviers, of Florida, was found brutally murdered in her home. On July 1, Lisa Riley, a naturopath, was found dead in her home from a gunshot wound to her head. Dr. Nicholas Gonzales, who was an associated of Dr. Bradstreet, collapsed and died suddenly on July 21 of an apparent heart stoppage that had been unexpected in an otherwise healthy man.

On June 26, Dr. Patrick Fitzpatrick of Bismarck, North Dakota, was declared missing after his truck and camper were found abandoned in Montana. He had been traveling to visit his son in Boseman. On June 29, Dr. Jefferey Whiteside was vacationing with his family and had an argument with his wife. He walked away from their lakeshore vacation home and did not come back. After several days of searching, police found his dead body with a rifle alongside it, and police assumed he had committed

Mexican police found five dead bodies on June 19 and said they were the missing physicians and their assistants, but the families of these people said the bodies were not their relatives.

gets FortisBC customers

FortisBC is warning customers about a telephone scam on the rise in B.C. in which a caller, pretending to be from a utility company, threatens to disconnect service unless the customer makes an immediate bill payment. The call can take a variety of forms, but most commonly, the customers are instructed to use a prepaid credit card.

FortisBC works closely with customers to address overdue accounts with the aim of continuing service - disconnecting service is considered only after all attempts for payment are unsuccessful. Customers receive multiple notices including bill messages, automated and personal calls and mailed notices all in an effort to continue service. FortisBC also offers a number of payment methods; customers can choose the payment method that is most convenient to them.

In addition, FortisBC will not contact customers in any way, including by email, asking for their credit card numbers, social insurance or similar personally identifiable information. If customers are asked for this information, they can be confident FortisBC is not the entity asking.

Customers can be certain they are speaking to a legitimate FortisBC customer service representative if they call us directly using a number published on their statements or on our website.

FortisBC advises both its business and residential customers that if they receive a threatening phone call about their account or are asked for payment using a specific payment method, they are likely dealing with a fraudster. If a customer receives a suspicious phone call, they are advised to gather as much information as possible, such as the caller's name, hang up and call FortisBC using the toll-free customer service number printed on their natural gas or electricity bill statement or online at fortisbc.com/cal-

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AND NOW...A LITTLE GOOD NEWS!

"For my thoughts are not your thoughts, neither are your ways my ways,' declares the LORD." - Isaiah 55:8



PrincetonBCNews



Princeton Museum hosted an extremely successful event August 6th as part of their 2015 Lecture Series. *

Princeton Museum Lecture Series

A Lot More Than Just Cool Looking Rocks

Princeton Museum was reduced to standing room only when just

over seventy residents gathered there August 6th. The occasion

Current Comment

......continued from Page 5 between autism and MMR vaccine. Dr. Bradstreet had been using a new treatment for autism that he claimed cured 15 percent of the cases, and improved the rest. He gave the same treatment to cancer patients and found 85 percent of the patients responded to the treatment. Further, he had identified a substance called nagalese which is at high levels in autistic children. Nagalese prevents the body's

immune system from fighting cancer. Dr. Bradstreet found nagalese is not in the bodies of newborns, so it must be introduced later. He suspected vaccinations may be the cause. He shared his concern with other physicians.

The treatment is too complex to go into this article, but look up Dr. Bradstreet on the net for a clearer picture of what he was working on.

These are strange times.

was a part of the Princeton Museum Lecture Series titled Paleontology and Climate.

Four experts in the study of fossils made presentations that ran for nearly two hours and then examined specimens brought to the event by spectators.

Dr. Tammo Reichgelt spoke first on paleoclimates with a focus on why Princeton is so important to scientists. Part of his work centres on determining how ancient environments differ from those of the present day.

Reichgelt explained that the majority of fossils found in the Princeton area date back to the Eocene Period - from between 35 and 55-million years ago.

Dr. Bruce Archibald spoke about fossil insects and what they can reveal about biodiversity and climate. His studies have shown that insect community responses to climate has an affect on us all and that seasonality is key to determining global patterns in biodiversity.

Dr. Jaelyn Eberle discussed fossil mammals and explained that they are identified by their teeth. The interesting connection to the study of fossil mammals is that they are used to estimate the relative age of

Princeton is of particular interest to her work in that a rare fossil mammal, the tillodont, was identified through a set of cheek molars found near here in 1935.

Dr. David Greenwood spoke oncontinued on Page 10

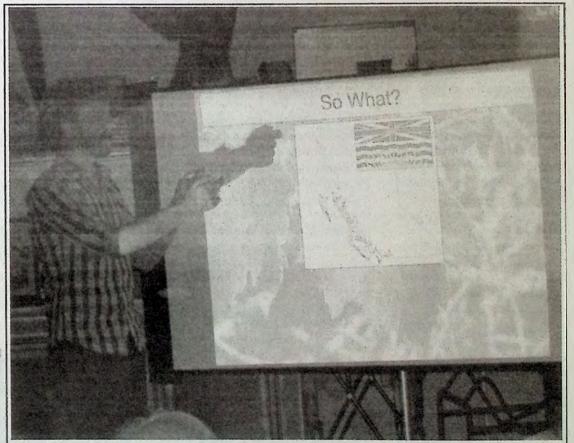






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Although it may not sound like a scientific question, asking 'So What?' plays a huge role in understanding paleoclimates according to Dr. Tammo Reichgelt. He was one of four speakers featured August 6th at Princeton Museum. *

... Your Turn

Letters and E-Mails Received This Past Week

....continued from Page 5 However can I point out the following facts to Mr Coyne.

If you look at the NDP performance in BC alone in the past number of years and at the fiscal responsibility of the governments of Glen Clark, Miller and Dosanjh, then you can only shake your head in disbelief if we had experienced the misfortune of any one of them leading the Federal government today. I admit that Harcourt brought some saneness back to the word fiscal responsibility (especially after his televised address in 1993 where he blamed the NDP woes on "welfare cheats, deadbeats and varmints" his own words by the way), but can we trust a Mulcair to be anything like a Harcourt when he is going to be severely pressed from day one, to to start with "social reforms," "national drug program," "increased health payments to the provinces" and all the other accoutrement's that are attached to standard Provincial and National NDP policy if he gets

I will go far as to say that I fear an NDP government, as we have all been witness to the path that the recent Greek government has taken with its programs of non affordable massive social reforms, health benefits, early pension payouts, and handouts to the non earning proletariat (all sounds familiar NDP policy don't it).

Where exactly has that taken them in world standing. We certainly do not want another Greek Tragedy on our doorstep, and with an NDP government in power, looking at their past performances, in my view that's exactly where we will be heading. Are we really willing to take that chance - that's for the voters to decide in October.

- David Smith, Princeton

Motorsports responds

This is in response to the private letter sent from the Princeton Rodeo Club to the Mayor and Town Council. The fact that these gentlemen chose to make this public is condescending and slanderous

I have been in a number of meetings with the President of the PXA and I can assure you that we have no intention of letting a Hit and Run occur. We have many safe guards put into place to insure the safety of property and spectators alike.

... continued on Page 10



PrincetonBCNews

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aramedicine comes town

.. continued from Front Page

"Paramedics have long been vital partners on the health-care team,"

approach to expand communitybased care for rural and remote communities in the Interior."

and BCEHS have committed to creating at least 80 new full-time equivalent positions (FTEs) to support the implementation of community paramedicine programs over the next four years.

"BCEHS is continually striving to find new and better ways to provide patient care and to strengthen its

paramedics in a community-based setting will help keep paramedics engaged in remote communities that have low call volumes."

The Community Paramedicine Initiative aligns with the recently released Rural Health Services in BC: A policy framework to provide a system of quality care, which was created as a planning document to identify common concerns and policy directions, and will be joined together into a rural health strategy. This strategy will help guide the future of rural health care for British Columbians.

BCEHS governs the emergency medical services system in BC and provides residents, visitors and health-care professionals with prehospital emergency and inter-facility patient transfer services. BCEHS oversees the BC Ambulance Service and the BC Patient Transfer Network and is supported by the Provincial

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ability to respond to medical emer-The Province of British Columbia gencies," said BCEHS Executive

coming months.

said Interior Health Board Chair Erwin Malzer.

"We welcome this innovative new

Vice President Linda Lupini.

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moting healthy lifestyles and providing a wide range of quality healthcare services to more than 730,000 people living across BC's vast interi-

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Living Past 100

Think Autumn, Think Fitness

If you are a parent, or grandparent, or somebody who hates the summer heat, then you probably need to bring up your fitness level after summer. Although having children around during the vacation months may have made you feel tired, you were probably less conscientious about diet and real exercise during the summer months. Those of you who escaped indoors to avoid the heat are likely in need of some diet and exercise control, too.

Now is a good time to think about making the most of the cooler mornings and evenings to get the exercise you need and put your diet back on top priority. Walking is one of the best exercises for those with a tight budget, but if you can afford a fitness program at a gym, go for it. Fitness is important in preparation for the cold weather. The more fit you are, the better your circulation. Good circulation helps you withstand the colder temperatures.

Proper diet is important all year round, but we tend to slip up in summer with snacks instead of real balanced meals, especially when the weather is hot. Going on vacation usually means eating a lot of snacks or food picked up at fast food outlets. There is the added stress of high calorie juices and soft drinks, and perhaps you drank more alcoholic beverages during the summer, either because of social gatherings or due to the heat.

Do some planning now to stick to healthy eating. This is a great time of year for fresh fruit and vegetables, Focus on the benefits of the harvest season. Plan meals making the most of the harvest.

If you have children, now is a good time to make sure meals are served at regular times, and bedtime schedules can be imposed. Children need regular hours of sleep, and with school days not too far away, it is time to gradually put that schedule into place: early to rise and early to bed.

An important aspect of this time of year, for everyone, but especially for elders and youngsters, is to consume plenty of calcium and magnesium to go with the excellent levels of Vitamin D built up over the summer months. Good levels of Vitamin D, calcium and magnesium result in good bond growth. For both children and older folk, getting out in the fresh air and sunshine is crucial to good health.



Similkameen News Leader TV Guide Listings - August 11 - 17, 2015

Princeton Traditional Music Festival



Princeton Traditional Music Festival highlights many talented fiddle players!*

by Rika Ruebsaat Traditional Music Festival

What's the difference between a fiddle and a violin? Some people would say there is no difference they are exactly the same instrument; same shape, same size, same number of strings, etc. If you put a fiddle and a violin side by side they would be identical. The difference comes when someone picks up the instrument and plays it. If the music they play sounds like it comes from the court of an 18th century king; if it is played in a concert hall and/or in an orchestra, and if the musician

plays from written music then it's a violin. If the music is played at a party and makes you want to get up and dance then it's a fiddle.

We recognize fiddle (as opposed to violin) music when we hear it. What most of us here in western Canada have probably heard is either American bluegrass-type fiddle tunes such as 'The Orange Blossom Special' or, if we're older than 60, Maritime fiddling such as that heard on Don Messer's Jubilee. But fiddle music has rich and varied traditions throughout the world, ranging from Scottish folk dance tunes to the complex rhythms of Balkan fiddling to the Norwegian Hardanger tradition and to Jewish Klezmer music. Even within Canada we have very different regional styles of fiddling. The tunes heard on Don Messer's Jubilee are very different from what you would have heard at a parish hall dance in Quebec, a Metis community in northern Alberta or a Newfoundland kitchen. The reason these traditions have evolved into such unique and varied styles is because the music comes out of

specific cultural communities.

These communities were isolated from one another and developed their own, individual styles of music. With vastly improved communication and transportation, fiddlers these days are often masters of various styles of music.

At the Princeton Traditional Music Festival you will have the rare treat of being surrounded by a plethora of master fiddlers. A group of them will get together on the Saturday morning of the Festival for a onehour session called 'Five Fiddles.' Annie Brown has performed at the Festival since its beginning in 2008 and is one of Vancouver's leading Irish and English Country dance fiddlers. Michael Burnyeat is the resident fiddler at Vancouver's Jericho Folk Club. Rosie Carver, who will be hosting this session, plays with Blackthorn, Vancouver-based folk quartet who play Celtic music. Their repertoire is rooted in the musical traditions of Scotland, Ireland and England as well as English and French Canada.

Valerie Cohen from Seattle has organized and performed in children's and family concerts. She plays French, Canadian, Irish and Scandinavian tunes. Bryn Wilkin, a multi-instrumentalist fiddle player from Grand Forks is one half of, Vazzy, a duo that plays traditional songs and tunes from Acadia and Quebec with some newer compositions in the traditional style.

These fiddlers will share their love of the instrument and their musical virtuosity in the Five Fiddles session, which is just one item on the rich menu of music available at the Princeton Traditional Music Festival.

The Festival begins at 6:15 PM on Friday, August 14 with an opening ceremony and a participatory dance on Veterans' Boulevard. On Saturday and Sunday there is music from 10:00 AM until 6:00 PM right in downtown Pri eton.

The Festival is all free and everyone is welcome. If you would like to find out more, visit the Festival's website at www.princetontraditional.org. If you'd like to help out at the Festival or billet a performer the committee would love to hear from you. You can send us an e-mail at princetonfestival@telus.net or call 250-295-6010.

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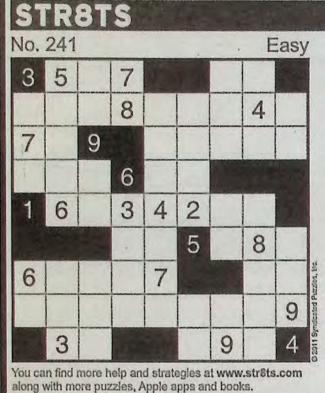
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News Leader Str8ts



How to beat Str8ts –
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

THIS WEEK'S News Leader Str8ts

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Tuesday - Wednesday

TUESDAY EVENING

8:00 pm FAM ch.26 "The Cheetah Girls" (2003, Comedy-Drama) Raven. Four diverse New York teenagers hope their music group will hit the big time. (In Stereo)

11:00 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his bröther-in-law's seductive fiancee. WEDNESDAY EVENING

8:00 pm FAM ch.26 "Jump In!"
(2007, Drama) Corbin Bleu. A
promising young boxer joins an allgirl team to compete in double
Dutch jump-rope. (In Stereo) (CC)
11:00 pm WTBS ch.3 "Lord of
War" (2005, Drama) Nicolas Cage.
A relentless Interpol agent tracks an
arms dealer trying to stay one step
ahead of his business rivals.

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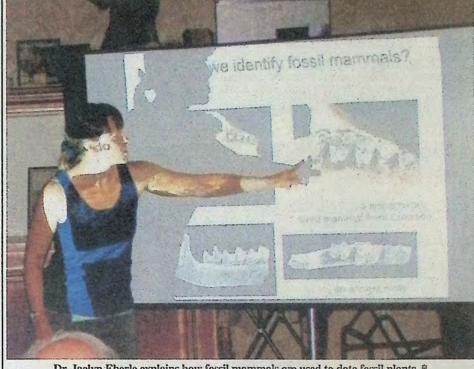
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TUESDAY, AUGUST 11, 2015

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6		Community	News (N) EE	Zerby Doozers	Clifford Arthur	KHQ News 6AM (N)	KREM 2 Morning News	Dog Dog	Morning Northwest	Morning News (N) 80		CBC News Now (N) O	Kid vs. Kat Almost	SportsCen- tre 🖾	CTV Morn- ing Live Vancouver	Dangerous Flights	Justin Phineas	CityLine (N) EC	Bar Rescue	Gotta Eat World's
7		Law & Or- der: SVU	3	Kate and Wild Kratts	Odd Squad Wild Kratts	Today Bethenny	CBS This Morning (N)	Dog	Good Morn- Ing America		(N)	Save-Ums!	Squirrel	SportsCen- tre 20	(N) O EE	Yukon Men	Phiness	Let's Make a Deal 80	Bar Rescue	Moves
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		Divorce	Debt/Part	PAW Patrol	(EI)			great .		Debt/Part		Bo On/Go	Kid vs. Kat				Dog			Bikinis
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	:30 PM	Judge Hot Bench	Noon News	Dinosaurs PAW Patrol	Sit & Be Fit Charile	Hot Bench Cooker	News	The First 48	Paid Prog. The Chew	Noon News	Days of our	CBC News	Rated A Chucks	Super Cup	CTV News	Alaskan	Jessie 🖾 Girl Meets	(N) O Celebrity	Bar Rescue	Security
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	:30 PM	-	NCIS: New	Wave	All About	Hollywood	(N) EE	Storage	Loss "John and Panda"	NCIS: New	News Hour	The	Haunting	SportsCen-	(N) &B Hollywood	Deadllest	Life Derek	Extra (N)	Ink Master	Bikinis
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17	:30	"Match Point"	Final (N)	ers BG	Rose (N) ES	J. Fallon	NCIS: LA	Storage	J. Kimmel	Final (N)	Doctors	Parapan	Gags	tre 80	CTV News	Cowboys	Good Luck	Paid Prog.	Tattoo	Family





Dr. Jaelyn Eberle explains how fossil mammals are used to date fossil plants. *

on fossils /luseum hosts successful lecture

fossil plants and climate where he explained that plant distributions have changed significantly. Ancient climates were much warmer in this region and that British Columbia forests provide superb fossils as a result making them important for study.

Princeton is also the location of a fossil site along the Similkameen River identified as the Princeton Chert. First discovered in the 1960s, it is considered a significant site.

The overall message coming from the lecture was that ancient climates were more tropical in zones that are not tropical in today's world. This explains why plants, insects and

Your Turm

.....continued from Page 7

Furthermore, there will be no cost to the Town of Princeton or Clubs for any alleged remedial work done on the property. As the Promoter of Princeton Motor Sport Weekend I take full responsibility.

As for all the hundreds of volunteer hours you have put in I applaud you. As the President of the Vermilion Trails Society, I too have put in

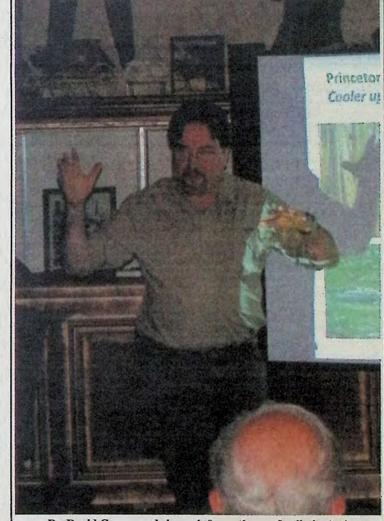
countless hours at great personal expense. The upcoming event alone is comprised of many volunteers who are dedicating their time and money to make this a success for everyone.

In conclusion, that you waited until the eleventh hour to express your concerns makes me wonder what your real agenda is.

- Bill Allinott, Coalmont

mammals that exist today in tropical zones are often found in fossil form in much cooler regions of the world.

The discussions also explained that the Princeton area has a rich collection of fossilized history that ue to use to study changes in the world during the Eocene Period. The word Eocene translates to mean 'dawn of the recent' and it is at that time period when many mammals first emerged.



Dr. David Greenwood shares information on fossil plants. *



JamBusters! has just released our newest product - and we're singin' the blues! Our Strawberry with the Blues Pepper Pepper Jam is chock full of strawberries, blueberries and two kinds of pepper including chili pepper flakes. If your jam doesn't make your tongue tingle, then you need to try this one and really FEEL the blues! It's great on toast, crackers, on a spoon, in the sun and locked quietly in a dark room. Mmmm, that's something worth singin' about.

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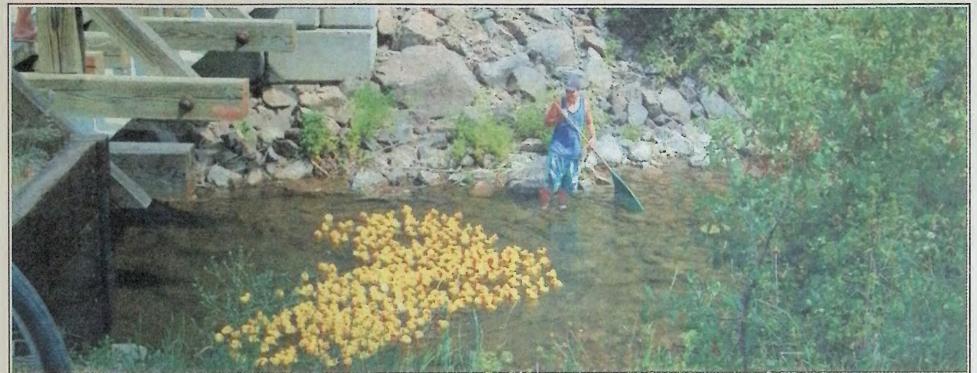
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Tulameen Fire Department Duck Race during the BC Day holiday long weekend. Darren McEwan took First Place, Josh Sanderson had Second with Third going to Zach Shapray. - photo submitted

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11	:30	Pald Prog.	Ray O BE	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	"Silenced"	21 Day Fix	Ray O to	Hour (N)	"Gift Horse"	Rated A	SC Top 10	Denis	Mako Rti	Jessie 🗺	(N) O	Police Videos	Border
12	PM :30	Hot Bench	Noon News Hour (N)	PAW Patrol Kate and	Charlle Rose O SE	Pald Prog. Lunal	News Bold	After the First 48 kg	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) O	Nerds Squirrel	Hockey Lunch	CTV News Vancouver	Deadllest Catch	Girl Meets Next Step	Celebrity	Wildest Police Videos	Security Security
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1		King	Lives (N)	Poppy Cat	Sewing	Lives (N)	O BES	Wahlburgr	Hospital	Lives (N)	U BC	Stefano	Sidekick	Women's Amateur,	(N) O 100	Catch @@	Life Derek		Cops (st)	Files O 25
	200	The Middle	The Talk	Maker	Thomas	TMZ (N) O	Let's Make	Donnie	(N) O	The Talk	Meredith	Steven and	Wayside	First Round.	Dr. Phil	Ice Cold	K.C. Under.	CityNews at	Cops to	Ghost
2	-	The Middle	OBS	Curlous	Sesame St.	ThisMinute	a Deal Inc	Lachey's		O 160	Vielra	Chris tet	Kld vs. Kat	(N) (Live) 30	O RC	Gold 20	Liv-Mad.	5 (N) 80	Jail (c)	Adventures
-	-	Seinfeld O	Meredith	Astroblast	Curlous	Ellen	The Dr. Oz	Duck	Rachael	Meredith	Young &	2015	Sidekick		Ellen	How/Made	Liv-Mad.	(2:59)	Cops se	Gotta Eat
3	:30	Mod Fam	Vielra	PAW Patrol	Cat In the	DeGeneres Show	Show (%)	Dynasty O 80	Ray n se	Vielra	Restless	Parapan American	Chucks		DeGeneres Show	How/Made	Liv-Mad.	CityNews at 6 (N)	Jail (60)	Eat St. O
	PM	Blg Bang	Young &	Dokl 88	WordGirl	Jdg Judy	Dr. Phil	Duck D.	The Doc-	Young &	Early News	Games	SpongeBob	MLB	The Dr. Oz	The Control of the Co	Liv-Mad.	Mod Fam	Cops BC	Moves
4	:30	Blg Bang	Restless	Dinosaur	Wild Kratts	Jdg Judy	0 80	Duck D.	tors O ICC	Restless	Global Nat.	O GG	Penguins	Baseball: Pittsburgh	Show EC	(DVS)	Liv-Mad.	Mod Fam .	Cops &C	Moves
****	-	Browns	News (N) 88	Dino Dan	News	News	News	Duck D.	News	Early News	(4:59) News	CBC News	Parents	Pirates at	CTV News	Allen	Liv-Mad.	America's	Cops %G	Security
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.	Hour (N)		SpongeBob	St. Louis Cardinals.	Vancouver	Sharks: Close	Liv-Mad.	Got Talent	Cops RD	Security
0	PM	Pald Prog.	Global Nat.	Mega Bulld-	PBS News-	News	KREM 2	Duck D.	News at 6	(5:59) News	ET Canada	CBC News	Thunder	(Live) BE	CTV News	Deadliest	HZipzer	Mod Fam	Cops 30	World
6	:30	Payne	News	ers 🕮	Hour (N) 80	Millionaire	News at 6 (N)	Wahlburgr	News	Hour (N)	Ent	Murdoch	Assembly		Vancouver	Catch 30	Next Step	blackish	Cops 🔞	World
any .	PM	Mod Fam	Ent	Rescue	Glen Camp-	Jeopardyl	Inside Ed.	Donnie	Ent	Ent	Robinson	Myster- les O	Bella	SportsCen-	etalk-Bublé	River Mon-	The X Fac-	Broke Girl	Cops B0	Trip Flip
1	:30	Seinfeld 0	ET Canada	Park	bell: Good Times	Wheel	Hollywood	Lachey's	The Insider	ET Canada	Robinson	Coronation	Henry	tre (N) 🐯	Big Bang	sters 20	tor () ISS	Two Men	Cops RD	Trip Flip
0	PM	Family Guy		Afghanl-	Again	America's	Blg Brother	Duck D.	The Middle	Big Brother	Big Brother	Parapan	Just Kld	Golf	MasterChef		Movie:	CityNews-	Lights Out	Ghost
8	:30	Family Guy	(N) O BE	stan: The Great	John	Got Talent	(N) O 85	Duck D.	Goldbergs	32 O (N)	(N) O 34	Am Games	Just Kld	PGA	(N) O		"Jump In!" (2007) () 26	Tonight (N)	Cops 20	Adventures
0	PM	Pald Prog.	Extant (N)	Gala From	Denver: Country	Robinson	Extant (N)	Duck D.	Mod Fam	Extant (N)	Extant (N)	X Company	Gags	SportsCen-	Amazing Race	Allen Sharks:		EP Dally	Cops sa	Border
9	:30	Amer. Dad	O tot	Berlin 2010	Boy O to	Robinson	0 00 -	Duck D.	blackish	OR	O sec	ati (DVS)	Gags	tre (N) se	nace	Close	Wingin' It	Reviews on	Jail 80	Border
10	PM :30	Jeffersons Break	Robinson Robinson	Flamenco	World's Fair	Last Comic Standing	Criminal Minds O	Duck D. Wahlburgr	Celebrity Wife Swap	Robinson Robinson	News Hour Final (N)	The National (N) RE	Haunting Haunting	SportsCen- tre (N) tc	Criminal Minds ()	Alaskan Bush People	Life Derek Warthogs!	Extra (N) G. Martin	Jali 20 Jali 20	World World
-	PM	Movie: "Lord	News Hour	Park	Charlle	News	News	Donnlo	ICXLY 4	News Hour	ET Canada	CBC News	Just Kld	SportsCen-	News-Lisa	River Mon-	Wizards	Paid Prog.	Jail 80	Trip Flip
11	:30	of War	Final (N)	Rescue	Rose (N) sa	J. Fallon	NCIS: LA	Lachey's	J. Kimmel	Final (N)	Doctors	Parapan	Just Kld	tro tet	CTV News	sters 20	Good Luck	Pald Prog.	Jall 80	Trip Flip

6 7 8	UR	SDAY,	A 1101														-		lews L	W 54 64 67
7	- 3	WTBS	CHBC	ST 13,	2015 KSPS	KHQ	KREM	A&E	KXLY	всту	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	ртои
7		ch.3	ch.4	ch.5	ch.6	ch.7	ch.8	ch.9	ch.10	ch.11	ch.12	ch.13	ch.18	ch.19	ch.22	ch.24	ch.26	ch.29	ch.44	ch.45
8	:30	Community	Morning News (N) #6	Rob Robot Zerby	Clifford	6AM (N)	Morning News	Dog the Bounty Hunter	Morning Northwest	Morning News (N) Re	(5:00) Morn- Ing News (N)	Now (N) O	Kid vs. Kat Almost	SportsCen- tre NO	Ing Live Vancouver	Mighty Cruise Ships	Justin Phineas	(N) NE	Rescue Contractor	Gotta Eat World's
8	AM	Law & Or- der: SVU		Kate and	Odd Squad	Today Con- nie Britton;	CBS This Morning (N)	Dog the Bounty	Good Morn- Ing America		.,	Save-Umst	Squirrel	SportsCen-	(N) O 20	Mighty Ships	Phineas	Let's Make a Deal St	Contractor	Moves
	:30 AM	Law & Or-		Wild Kratts PAW Patrol	Wild Kratts Curlous	Camila Alves. (N)	0.89	Hunter CSI: Miami	(N) (KI)		Morning	Arthur O Moblees	Parents SpongeBob			"Solitaire"	Gravity Warthogs!	The Price Is	Contractor Contractor	Moves Security
-	:30	der: SVU		Curious	Curious	U BE		0 20	1		Huntley St.	Tiger	SpongeBob	tro icc		Planes (DVS)	Wizards	Right 95	Contractor	Security
9	AM :30	Millionaire Millionaire	Morning Huntley St.	Space Arthur O	Peg		The 700 Club () 35	O ES	Live! Kelly and Michael	Morning Huntley St.	Pitchin' in Debt/Part	Super Whyl Napkin	Sidekick	SportsCen- tre RE	Livel Kelly and Michael	Mayday 80	ANT Farm Good Luck	FamFeud FamFeud	Rescue	The Dead
10	100	Divorce	Pitchin' In	G. Shrinks	Sesame		The Price Is	CSI: Miami	The View	Pitchin' in	Rachael	Bookaboo	Spliced 0	SportsCen- tre 20	The View	Daily Planet	Wingin' It	The Chew	Contractor	Miracles
10	-	Paid Prog. Judge	Debt/Part Rachael	PAW Patrol Jelly Jamm	Street () (EI) Dinosaur	Hot Bench	Right ##	"Driven" () The First 48		Debt/Part Rachael	Ray O Rd Noon News	Bo On/Go Heartland	Kid vs. Kat Rated A	2015 PGA	Marilyn	Allen	Dog Gaming	General	Contractor	Decoded Border
11		Judge	Ray O 30	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	"Torched"	Paid Prog.	Ray O SQ	Hour (N)	O RE	Rated A	Champion- ship: First	Denis	Sharks: Close	Jessle MG	Hospital (N) O		Border
12		Hot Bench Hot Bench	Noon News Hour (N)	PAW Patrol Kate and	Charlie Rose O 30	Paid Prog. Poppy Cat	News Bold	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Now (N) O	Chucks Squirrel	Round. From Whis-	CTV News Vancouver	Mighty Ships	Girl Meets Next Step	Celebrity Celebrity	Contractor Contractor	Security Security
-4		King	Days of our	Astroblast	Painting	Days of our	The Talk	The First 48		Days of our	The Talk	Recipes	Almost	tling Straits in Kohler, Wis. (N)	The Social	"Solitaire" Alaskan	Austin		Repo	The Dead
U		King The Middle	Lives (N)	Poppy Cat Maker	Knit	Lives (N)	O EG	The First 48	(N) O	Lives (N)	Meredith	Stefano	Sidekick	(Live) 30	(N) O SS Dr. Phil	Bush People How/Made	Life Derek	C10-11	Repo	Files O 3
2		The Middle	O RG	Curious	Thomas Sesame St.	TMZ (N) O	Let's Make a Deal &C	O BC	Queen Latifah	The Talk	Vielra	Steven and Chris ध्य	Wayside Kid vs. Kat		0 00	How/Made	K.C. Under. Girl Meets	CityNews at 5 (N) III	Repo	Ghost Adventu
3	-	Seinfeld ()	Meredith Vieira	Astroblast	Curlous	Ellen DeGeneres	The Dr. Oz Show (60)	Behind Bars	Rachael Ray O 30	Meredith Vielra	Young & Restless	2015 Parapan	Sidekick	SportsCen- tre (N) IEC	Ellen DeGeneres	How/Made	Girl Meets	(2:59) CityNews at	Repo	Gotta Ea
_	,,,,	Mod Fam Big Bang	Young &	PAW Patrol	Cat in the WordGirl	Show Jdg Judy	Dr. Phil	Beyond	The Doc-	Young &	Early News	American Games	Nerds SpongeBob		Show The Dr. Oz	How/Made Dally Planet	Girl Meets Girl Meets	6 (N)	Repo	Eat St. O
4	:30	Big Bang	Restless	Dinosaur	Wild Kratts	Jdg Judy	O RO	Scared Straight	tors () (cc)	Restless	Global Nat.	U RC	Kung Fu	CFL Football:	Show (##	IIII (DVS)	Girl Meets		Repo	Moves
5		Browns Payne	News (N) III	Dino Dan Wild Kratts	News	News NBC News	CBS News	Beyond Scared	News ABC News	Early News Global Nat.	(4:59) Naws Hour (N)	CBC News	Parents SpongeBob	Edmonton Eskimos at	CTV News Vancouver	Bride of Jaws 30	Girl Meets	Broke Girl (5:31) Mom	Lip Sync Lip Sync	Security
G		Browns	Global Nat.	Rescue	PBS News- Hour (N) 80	News	KREM 2	Straight Beyond	News at 6	(5:59) News	ET Canada	CBC News	Thunder	Montreal Alouettes.	CTV News	Naked and	Gaming	The Middle	Lip Sync	Time Tra
6	:30 PM	Payne Mod Fam	News	Park Waterfront	Foyle's War	Millionaire Jeopardyl	News at 6 (N) Inside Ed.	Scared Straight Behind	News	Hour (N)	Ent Under the	Murdoch Myster-	Assembly Nicky	(N) (Live) 🛍	Vancouver	Afraid 🖾	Next Step The X Fac-	Broke Girl Hannibal 🖾	Lip Sync	Time Tra
7		Seinfeld O	ET Canada	Cities	Revisited	Wheel	Hollywood	Bars	The Insider	ET Canada	Dome (N) O	Coronation	Stanley	SportsCen-	Big Bang	(N) an	tor O III	nanniquissi	Lip Sync	eler (N)
8		Family Guy	Food Fight- ers (N) &c	Sacred Wonders of		Food Fight- ers (N) ED	Mom @0	(8:02) The First 48 kg	Astronaut- Club	Food Fight- ers (N) 32	Food Fight- ers (N) &C	Parapan Am Games	Just Kld	tra (N) (Liva)	Big Bang	How/Made	Movie: ** "Starstruck"	CityNews- Tonight (N)	Repo	Ghost
	-	Pald Prog. Amer. Dad	(9:01) Blg	Brit *Alfred &	Foyle's War "High Castle"	Datelino	(8:31) Mom (9:01) Blg	Beyond	Mistresses	(9:01) Blg	(9:01) Blg	Doc Zone	Just Kid Gags	SportsCen-	Odd Cple Mistresses	How/Made Bride of	(2010) 0		Repo Lip Sync	Border
9	20.00	Amer. Dad	Brother RO	Jakobine*	0 00	NBC 0 85	Brother @	Scared Straight	(N) O RQ	Brother 80	Brother III	ES (DVS)	Gags	tre (N) tra	(N) 0 (ES)	Jaws 🖽	Wingin' It	Reviews on	Lip Sync	Border
10		Jeffersons Break	Under the Dome (N) O		The Jewel In the		Under the Dome (N) O	TO ACCUSE OF THE RESIDENCE OF	Rookle Blue	Under the Dome (N) O	News Hour Final (N)	The National	Haunting	SportsCen- tre (N) 🖾	Saving Hope (C)	Naked and Afraid @0	Life Derek Warthogs!	Extra (N) G. Martin	Lip Sync	Time Tra
11	PM	"Sinbad: Legend"	CHBC News Final (N)	Girls* Waterfront Citles	Crown Charlle Rose (N) 83	News	News	Straight Behind Bars	ICXLY 4	News Hour Final (N)	ET Canada	(N) EE	Just Kid	SportsCen- tre 55	(DVS) News-Lisa	Tanked 🖾	Wizards	Paid Prog.	Lip Sync	Booze Tr
1 1	:30	Lugunu		Gillios	11000 (11) 440	J. Fallon	NCIS: LA	Dailo	J. Kimmel	1 11121 (14)	Doctors	Parapan	Just Kld		CTV News		Good Luck	Paid Prog.	Lip Sync	1010111
FRI	DA	Y, AU	GUST 1	14, 201	5															
		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOU ch.45
6	-		Morning News (N) 89	Zerby	Clifford	KHQ News 6AM (N)	KREM 2 Morning	Dog		Morning News (N) 🖾	(5:00) Morn- Ing News	CBC News Now (N) O	Kld vs. Kat	SportsCen- tre III	CTV Morn- ing Live	Jackedt 🜃 (DVS)	Justin	CityLine (N) ©	Gangland O III	Border
132	AM I	Community Law & Or-		Doozers Kate and	Arthur Odd Squad	Today	News CBS This	Dog the	Good Mom-		(N)	Save-Ums!	Almost Squirrel	SportsCen-	Vancouver (N) O E	Mighty	Phineas Phineas	Let's Make	Gangland	Border Lost-So
1	:30	der: SVU		Wild Kratts	Wild Kratts	Janelle Monáe &	Morning (N) 企品	Bounty Hunter	Ing America (N) E0			Arthur O	Parents	tre 🖾		Cruise Ships	Gravity	a Deal III	O test	Lost-So
8		Law & Or- der: SVU		PAW Patrol Curious	Curlous	Wondaland perform. (N)		Behind Bars			Morning Huntley St.	Moblees	SpongeBob SpongeBob	SportsCen- tre 80		Airshow "Aiterburner"	Warthogs! Wizards	The Price Is Right 353	Gangland O ((0)	Security
0	-	Millionaire	Morning		Pog		The 700 Club O EG	Behind Bars	Livel Kelly and Michael	Morning	Pitchin' in	Super Whyl	BY BRANCE	SportsCen- tre III	Live! Kelly and Michael	Mayday 🖾	ANT Farm	FamFeud	Gangland O #5	The Dead
9		400000000000000000000000000000000000000	Huntley St. Pitchin' in	Arthur () G. Shrinks	Tiger			Wahlburgr		Huntley St. Pitchin' in	Debt/Part Rachael	Napkin Bookaboo	Almost Spliced 0	SportsCen-	The View	Daily Planet	Good Luck Wingin' It	FamFeud The Chew	Gangland	Security
10			Debt/Part	PAW Patrol	Street ()		Right Kd	Wahlburgr	0 20	Debt/Part	Ray O ED	Bo On/Go	Kid vs. Kat	tre @@	0 80	IEE (DVS)	Dog	0 (0)	O IGI	Security
	+		Rachael Ray O Rd	E March Control	Dinosaur	Hot Bench	Young & Restless	Wahlburgr	Pald Prog.	Rachael Ray 0 20	Noon News Hour (N)	Heartland "Do or Die"	Rated A	2015 PGA Champion-	Marilyn Denls	Bride of Jaws 80	Gaming Inches	General Hospital	Gangland O ED	Border
17	-	Judge Hot Bench	Noon News	PAW Patrol	Charles A. M.	Hot Bench		Wahlburgr	Pald Prog.								Jessie 30	(N) O		Beet
17	-00	Pald Prog.	Hour (N)		Charlie	Cooker	Nows	Wahlburgr	The Chew	Noon News	Days of our	CBC News	Rated A Nerds	ship: Sec- ond Round.	CTV News	Myth-	Girl Meets	Celebrity	Gangsters:	Border Security
12	-			Kate and	Rose o to	Treo Fu	Bold	Wahlburgr	O RG	Hour (N)	Lives (N)	CBC News Now (N) O	Nerds Squirrel	ond Round. From Whis- tilng Straits	Vancouver	Busters O MC	Next Step	Celebrity	Most Evil	Security Security
12	PM	King King	Days of our Lives (N)			Tree Fu Days of our	Bold		General Hospital	CLONG STORY		CBC News	Nerds	ond Round. From Whis-		Busters				Security Security The Dead
12	PM :30 PM	King King The Middle	Days of our Lives (N)	Kate and Astroblast	Rose () to	Tree Fu Days of our Lives (N) TMZ (N) O	Bold The Talk O SS Let's Make	Wahlburgr Blg Smo Blg Smo Blg Smo	General Hospital (N) O	Hour (N) Days of our Lives (N) The Talk	Lives (N) The Talk O ED Meredith	CBC News Now (N) O Our Van- couver 20 Steven and	Nerds Squirrel Almost	ond Round. From Whis- ting Straits in Kohler, Wis. (N)	The Social (N) A St	Busters O MC Naked and	Next Step Austin Life Derek K.C. Under.	Celebrity CityLine Rd CityNews at	Most Evil Gangsters: Most Evil Cops III	Security Security The Deac Files O S
1 2	PM :30 PM :30	King King The Middle Paid Prog.	Days of our Lives (N) The Talk	Kate and Astroblast Poppy Cat Maker Curious	Craftsman Travel Thomas Sesame St.	Tree Fu Days of our Lives (N) TMZ (N) O ThisMinute	Bold The Talk O SS Let's Make a Deal SS	Wahlburgr Big Smo Big Smo Big Smo Big Smo	General Hospital (N) O Queen Latifah	Hour (N) Days of our Lives (N) The Talk O SC	The Talk O ED Meredith Vielra	CBC News Now (N) O Our Van- couver 20 Steven and Chris 20	Nerds Squirrel Almost Sidekick Wayside Kid vs. Kat	ond Round. From Whis- ting Straits in Kohler, Wis. (N)	Vancouver The Social (N) O 80 Dr. Phil O 80	Busters O MC Naked and Afraid MU Tanked MB	Next Step Austin Life Derek K.C. Under. Austin	Celebrity CityLine RD CityNews at 5 (N) RD	Most Evil Gangsters: Most Evil Cops BE Cops BE	Security Security The Dear Files O 8 Ghost Adventu
12 1 2 3	PM :30 PM :30 PM	King King The Middle	Days of our Lives (N)	Kate and Astroblast Poppy Cat Maker	Rose () (d) Craftsman Travel Thomas	Tree Fu Days of our Lives (N) TMZ (N) O ThisMinute Ellen	Bold The Talk O SS Let's Make	Wahlburgr Blg Smo Blg Smo Blg Smo	General Hospital (N) O	Hour (N) Days of our Lives (N) The Talk	Lives (N) The Talk O ED Meredith	CBC News Now (N) O Our Van- couver 20 Steven and	Nerds Squirrel Almost Sideklek Wayside	ond Round. From Whis- ting Straits in Kohler, Wis. (N)	The Social (N) A St	Busters O 80 Naked and Afraid 80	Next Step Austin Life Derek K.C. Under.	Celebrity CityLine Rd CityNews at	Most Evil Gangsters: Most Evil Cops III	Security Security The Dene Files O II Ghost Adventu
1 2	PM :30 PM :30 PM :30 PM	King King The Middle Paid Prog. Seinfeld O Mod Fam Big Bang	Days of our Lives (N) The Talk O &C	Kato and Astroblast Poppy Cat Maker Curious Astroblast PAW Patrol Dold #4	Rose () &d Craftsman Travel Thomas Sesame St. Curlous Cat in the WordGirl	Tree Fu Days of our Lives (N) TMZ (N) O ThisMinute Ellen DeGeneres Show Jdg Judy	Bold The Talk O BS Let's Make a Deal BS The Dr. Oz	Wahlburgr Blg Smo Blg Smo Blg Smo Blg Smo Criminal	General Hospital (N) O Queen Latifah Rachsel	Hour (N) Days of our Lives (N) The Talk O 80 Meredith	Lives (N) The Talk Red Restless Early News	CBC News Now (N) O Our Van- couver 20 Steven and Chris 20 2015 Parapan	Nerds Squirrel Almost Sideklek Wayside Kid vs. Kat Sideklek Chucks Nicky	ond Round. From Whis- ting Straits in Kohler, Wis. (N)	Vancouver The Social (N) O & Dr. Phil O & Dr. Phil O & Dr. Phil O & Dr. Phil	Busters O MC Naked and Afraid MC Tanked MC How/Made	Next Step Austin Life Derek K.C. Under. Austin Austin Austin Austin	Celebrity CityLine Rd CityNews at 5 (N) E0 (2:59) CityNews at 6 (N) Mod Fam	Most Evil Gangaters: Most Evil Cops BE Cops BE Cops BE Cops BE Cops BE Cops BE	Security Security The Dead Files O B Ghost Adventu BB Gotta Ea Eat St. O Security
1 2 3 4	PM :30 PM :30 PM :30 PM :30	King King The Middle Paid Prog. Seinfeld O Mod Fam	Days of our Lives (N) The Talk O kd Meredith Vielra Young &	Kato and Astroblast Poppy Cat Maker Curious Astroblast PAW Patrol Dold #4	Rose () &d Craftsman Travel Thomas Sesame St. Curlous Cat in the	Tree Fu Days of our Lives (N) TMZ (N) O ThisMinute Ellen DeGeneres Show	Bold The Talk O BE Let's Make a Deal BE The Dr. Oz Show BE Dr. Phil	Wahlburgr Big Smo Big Smo Big Smo Big Smo Criminal Minds O Criminal Minds O Criminal	General Hospital (N) G Queen Latifah Rachael Ray G SC	Hour (N) Days of our Lives (N) The Talk of the Meredith Vielra Young &	Lives (N) The Talk O MS Meredith Vielra Young & Restless	CBC News Now (N) O Our Van- couver 20 Steven and Chris 20 2015 Parapan American Games O 20	Nerds Squirrel Almost Sidekick Wayside Kid vs. Kat Sidekick Chucks	ond Round. From Whis- ting Straits in Kohler, Wis. (N) (Live) 22	Vancouver The Social (N) O SE Dr. Phil O SE Ellen DeGeneres Show The Dr. Oz Show Ed CTV News	Busters O MS Naked and Afraid MS Tanked MS How/Made How/Made Daily Planet MS (DVS) Super	Next Step Austin Life Derek K.C. Under. Austin Austin Austin	Celebrity CityLine R0 CityNews at 5 (N) R0 (2:59) CityNews at 6 (N)	Most Evil Gangaters: Most Evil Cops BB Cops BB Cops BB Cops BB	Security Security The Dead Files O & Ghost Adventur Gotta Ea Eat St. O
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News Leader Movies - Thursday to Saturday

THURSDAY EVENING

8:00 pm FAM ch.26 "Starstruck" (2010, Drama) Sterling Knight. A Midwestern girl visits Los Angeles and spends time with a rising Hollywood pop star. (In Stereo) (CC)
9:00 pm KNOW ch.5 "Alfred & Jakobine" (2014, Documentary)
Premiere. Alfred and Jakobine meet in 1995 and spend the next four years touring the world in an old

taxicab, then Alfred abruptly leaves

the marriage, Forty years later, he restores the vehicle and hopes to track down Jakobine to make amends. (In Stereo) (CC) 10:00 pm KNOW ch.5 "Baseball Girls" (1996, Documentary) The warmen of baseball from 7 warms

women of baseball, from 7-year-

olds just learning the rules to 50-year-olds still hitting homers in

slow pitch leagues. (CC)

11:00 pm WTBS ch.3 "Sinbad:
Legend of the Seven Seas" (2003,
Adventure) Voices of Brad Pitt.
Animated. The adventurous sailor and a beautiful stowaway have 10 days to save a prince from execu-

FRIDAY EVENING

7:30 pm YTV ch.18 "Rango" (2011, Comedy) Voices of Johnny Depp. Animated. In the grip of an identity crisis, a sheltered chameleon accidentally winds up as the sheriff of a frontier town. (In Stereo) (CC) 8:00 pm FAM ch.26 "Descendants" (2015, Comedy) Dove Cameron. Premiere. Ben, the teenaged son of King Beast and Queen Belle, invites the exiled children of defeated villains to attend a prep school with the heroes' children. (In Stereo)

11:00 pm WTBS ch.3 "Spider-Man" (2002, Action)

Maguire. Peter Parker uses his superhuman powers to battle his archenemy, the Green Goblin.

SATURDAY MORNING

6:00 am SPIKE ch.44 "I Am Legend" (2007, Science Fiction) Will Smith. After a man-made plague transforms Earth's popula-tion into bloodthirsty vampires, a

lone survivor desperately searches for a cure. (In Stereo) 9:00 am WTBS ch.3 "Cloudy With a Chance of Meatballs" (2009, Comedy) Voices of Bill Hadr. Animated. When hard times hit the town of Swallow Falls, a failed inventor constructs a device that turns water into delicious food.

AFTERNOON

12:00 pm YTV ch.18 "Judy Moody and the NOT Bummer Summer" (2011, Comedy) Jordana Beatty. A feisty third-grader must think of new ways to have fun after hercontinued on Page 14



Tulameen Fire Department hosted a Fire Fit Challenge during the BC Day long weekend. It attracted forty challengers who ran the course. The winner, with a time of 1:36 was Ryan Marchuk. - photo submitted

High-Speed Internet is NOW available in Coalmont and Tulameen!

For Information contact: China Creek Internet Service 250.295.7944

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUF ch.45
	AM	On Spot	Ancestors	Rob Robot	Heartland	Today (N)	CBS This	Flipping	Pald Prog.	Ancestors	Saturday	Monster	Sidekick	SportsCen-	Julcebox	Highway	Wingin' It	Quon	Movle:	Moves
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10	:30		Real Fish.	Wild Kratts	Kitchen	the Day	Paid Prog.	Duck D.	Explore	Real Fish.	Driving TV	nls: Rogers Cup, First	Bread		0.86	BC (DVS)	Jessie &s	Myster- ies O	Auction	Border
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10	PM	Pald Prog.	News	Dogs	Cook	Auto Rac-	Round.	Blg Smo	World of X	News	Collectors	ATP Ten-	*Judy Moody	Round, Part	SportsCen-	Buying Al.	Movie: "De-	Bronzoro	Cops 86	Border
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6	:30	"War" (2007) Jet Li, Jason	Hour (N)	Wildlife ***	Slow Songs (My Music)	Jeopardyl	Pald Prog.	Storage	The Insider	Hour (N)	Respirator	(N)	Max		Vancouver	Catch so	Next Step	Pckge Deal	Jell 20	Adventures
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10	PM	King	True Crime		Bluegrass	Hannibal (N) O	48 Hours O BC	Storage	Boston EMS (N) 80	True Crime Scene O	News Final	News	Gaga	SportsCen- tro (N) &	Bitten () (DVS)	Myth- Busters	Movie:	CityLine to	Surfer	The Dead Files () SC
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11	-	"My Baby's Daddy"	News Final	Waterfront	Austin City Limits 50	News	News	Storage	Scandal O 89	News Final	Night Live		Haunting	SportsCen- tre 20	News	Deadliest Catch		Pald Prog.	Auction	The Dead
1 1	:30	Sec.	SNL			SNL	The Closer	Storage		SNL	O RO	For Laughs	Haunting		CTV News		Good Luck	Paid Prog.	Auction	

News Leader Movies - Saturday to Sunday

.. continued from Page 15 original plans for an awesome summer go awry. (In Stereo) (CC) FAM ch.26 "Descendants" (2015, Comedy) Dove Cameron. Ben, the teenaged son of King Beast and Queen Belle, invites the exiled children of defeated villains to attend a prep school with the heroes' children. (In Stereo) (CC)

1:00 pm WTBS ch.3 "Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to steal an inheritance from three young orphans placed in his care. 2:30 pm CITV ch.12 "Sand Serpents" (2009, Science Fiction) Jason Gedrick. U.S. soldiers

encounter giant, man-eating serpents while fighting the Taliban in Afghanistan. (CC)

3:30 pm CHBC ch.4 BCTV ch.11 "Sand Serpents" (2009, Science Fiction) Jason Gedrick, U.S. soldiers encounter giant, man-eating serpents while fighting the Taliban in Afghanistan. (CC) (DVS)

EVENING

6:00 pm WTBS ch.3 "War" (2007, Action) Jet Li. A federal agent seeks revenge on an elusive assassin after his partner and family are killed, but the target ignites a war between rival Asian mobsters. 8:00 pm YTV ch.18 "Journey 2:

The Mysterious Island" (2012, Adventure) Dwayne Johnson. Sean Anderson and his new stepfather find an island of secrets, strange life forms, and gold when they answer a coded distress signal. (In Stereo) (CC)

8:30 pm FAM ch.26 "The Cheetah Girls: One World" (2008, Comedy-Drama) Adrienne Bailon. The Cheetah Girls go to India to appear in a Bollywood musical, but the director can choose only one of them for the role. (In Stereo) (CC) SPIKE ch.44 "Fantastic Four: Rise of the Silver Surfer" (2007, Science Fiction) Ioan Gruffudd. Reed, Susan, Johnny and Ben face an intergalactic messenger who has arrived to prepare Earth for destruction. (In Stereo)

0:00 pm FAM ch.26 'Motocrossed" (2001, Adventure) Alana Austin. Feeling responsible for her twin brother's injury, a teenager pretends to be him and competes in a series of motocross races. (In Stereo) (CC)

11:00 pm WTBS ch.3 "My Baby's Daddy" (2004, Comedy) Eddie Griffin. Three footloose men get a rude awakening after their girlfriends become pregnant.

SUNDAY MORNING

9:00 am WTBS ch.3 "Mamma Mia!" (2008, Musical Comedy) Meryl Streep. Hoping to meet her real father and have him walk her down the aisle, a bride secretly invites three men from her mother's past to come to the wedding.

11:00 am WTBS ch.3 "Dreamer: Inspired by a True Story" (2005,

Drama) Kurt Russell. A racehorse trainer and his daughter nurse a gravely injured filly back to health and aim for a slot in the Breeders' Cup Classic.

AFTERNOON

12:00 pm FAM ch.26 "High School Musical 2" (2007, Musical Comedy) Zac Efron. During summer vacation, Troy gets a job at Sharpay's resort but doesn't realize she has an ulterior motive for hiring him. (In Stereo) (CC)

1:00 pm WTBS ch.3 "One for the Money" (2012, Action) Katherine Heigl. A rookie bounty hunter goes after a bail jumper and murder suspect who just happens to be the guy who seduced and dumped her

back in high school. 2:00 pm VTVch.22 "Starsky & Hutch" (2004, Comedy) Ben Stiller. Thrown together as partners, two detectives investigate a cocaine dealer suspected of murder. (In Stereo) (CC) (DVS)

2:15 pm YTV ch.18 "Shark Tale" (2004, Comedy) Voices of Will Smith. Animated. A bottom feeder pretends to be a fearsome shark slayer after the son of a finned hoodlum meets an accidental death. (In Stereo) (CC)

2:30 pm CITV ch.12 "Seeds of Destruction" (2011, Science Fiction) Adrian Pasdar. Militant environmentalists must stop the spread of an embryonic root that carves a path of destruction. (CC)

3:30 pm CHBC ch.4 BCTV ch.11 Seeds of Destruction" (2011, Science Fiction) Adrian Pasdar. Militant environmentalists must stop the spread of an embryonic root that carves a path of destruction. (CC) (DVS)

4:15 pm YTV ch.18 "Flushed Away^h (2006, Comedy) Voices of Hugh Jackman, Animated. After an ignoble landing in Ratropolis, a pampered rodent enlists the help of a sewer scavenger in finding his way back to his posh London flat. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Alice in Wonderland" (2010, Fantasy) Johnny Depp. Live action/animated. Now a teenager, Alice returns to Underland, where she must find her destiny and put an end to the

Red Queen's reign of terror. YTV ch.18 "Bee Movie" (2007, Comedy) Voices of Jerry Seinfeld. Animated. After he talks to a human florist, a college-educated bee decides to sue the human race for stealing his kind's honey over the centuries. (In Stereo) (CC) 8:30 pm FAM ch.26 "High School

Musical 2" (2007, Musical Comedy) Zac Efron. During summer vaca-tion, Troy gets a job at Sharpay's resort but doesn't realize she has an ulterior motive for hiring him. (In Stereo) (CC)

10:30 pm WTBS ch.3 "The International" (2009, Suspense) Clive Owen. An Interpol agent and a New York prosecutor join forces to shut down a powerful bank's funding of terrorism.

PrincetonBCNews



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SUNDAY, AUGUST 16, 2015 WTBS CHBC KNOW **KSPS** KHQ KXLY CITY DTOUR KREM A&E **BCTV** CBC YTV TSN VTV DISC FAM CITY SPIKE ch.3 ch.4 ch.5 ch.6 ch.7 ch.8 ch.9 ch.10 ch.11 ch.12 ch.13 ch.18 ch.19 ch.22 ch.24 ch.26 ch.29 ch.44 ch.45 AM Pald Prog. In a Name **Rob Robot** Mr. Rogers oday (N) Pald Prog. Dog the Pald Prog. In a Name dirtgirl Sidekick Sports Alaskar Wingin' It Paid Prog. Fishful Morning 0 80 Bush Veekend :30 Pald Prog. Canadlan Zerby WordWorld Pald Prog. Pald Prog. Canadlan Pald Prog. Poko O Squirrel Reporters Slug Terra Church Engine Hunter News (N) eople AM The Office Kate and **CBS News** Sunday Super Whyl KHQ Dog the Good Sunday Coronation Charmers SportsCen-Marilyn Yukon Mer The 7D O Eye/Asla Truck Tech Time Trav. Sunday Moming OEE :30 Atl. Eats Curlous Space nvest Coronation Charmers Gravity Operation Muscle Time Trav. Morning Hunter America News (N) 84 News (N) 33 Smile 83) (N) (SC) AM The Office **PAW Patrol** Curlous Meet the The First 48 This Week Coronation Pet Shop 2015 PGA Question Don't Drive Bar Rescu Booze Trav Press (N) 8 Champlon Period III Here eler O III :30 21 Day Flx Upside Cat In the The Nation Pet Shop Coronation Dog Festiva ship: Final Italiano di AM Movio: ** Dino Dan SciGirls O Pald Prog. Pald Prog. The First 48 Hiring Ancestors Coronation Bella World Vi-Austin Bar Rescue Bikinla Dangerous Johnny 1. (N) (Livo) sion O RG "Mamma Flights Buy Ladder Pald Prog. :30 Arthur O Breaking Designing WTA Bella I Didn't Bikinis Context Mla!" (2008) (N) Through AM Ancestors Wild Kratts Swim-**Bull Riding** The First 48 Paid Prog. Ancestors J. Osteen Thunder The Social Jade Fever K.C. Under Bar Rescue Bikinis Rogers Cur the Cloud 10 ming: U.S. Pald Prog. Context :30 Context Little Cooker Final, From Thunder Celebrity Jade Fever Jessie 2 VemComig Bikinla National J. Osteen AM Movie: J. Osteen Little Cloudstreet Champi-2015 PGA Pald Prog. 2015 PGA Canada's Deadllest Liv-Mad. Heldi Daus Bikinis The First 48 Haven Henry (N) EE Dreamer Champl-O EE Champlon Worst Catch :30 Pald Prog. Annedrold Hollywood Pald Prog. Henry Playlist (Taped) ship: Final Driver PM Noon News Animals Final Rou The First 48 Hollywood Round, Par Nature () #6 Gymnastics Noon News Ice Pilots ATP Tennis: Game On SportsCen-Deadliest Movie: ** Mantracker Bar Rescue Bikinis (DVS) From Rogers Cup 2. (N) (Live) Hour (N) O BE tour (N) Catch Bg High Sch :30 Animala Brady Game On Bikinis Final, From Straits in (2007) O PM Movie: *> Ico Pilots Waterfront History De-Behind Brady Ice Pilots SImpsons Montreal. Nicky W5 0 88 Myth-Wild Things Bar Rescue Time Trav. Sheboyga "One for SE TWI Cities tectives ad Bars NWT IN (N) (Live Busters (DVS) :30 Beach Brady Simpsons Nicky Horse Rac-Time Trav. the Money Volleyball: (Live) RE Ing PM (2012) Simpsons Rescue Elvis, Aloha Behind The Love Movle: * Booze Trav Simpsons Simpsons (2:15) Bering Sea HZipzer Storage AVP Tour. From Ha-Bara Boat Movle: "Starsky & Hutch" Gold Ett eler O Mil (N) 333 :30 Simpsons Park Simpsons Movie: * Women's Gravity Pckge Dea wall o se 'Shark Talo' Seeds of Basketball PM Blg Bang Top Blower Pald Prog. (2004) O (2004) n Simpsons Hope for Interventio Cash Cab Good Luck CityNews Simpsons Our Van-Bar Rescue Security Destruction couver as :30 Pald Prog. Pald Prog. (2011) 📾 Movie: ** Pald Prog. Pledge Pro-Cash Cab Movie: ** **Next Step** CityNews Security Seeds of Seeds of Pald Prog. Museum PM Big Bang Everyday Backroads Interventio Streets of Backstage (4:15) The Social Mighty Next Step Storage Bar Rescu Destruction TBA Destructio S.F. Dana* () Movle: Ships (N) Secrets W (2011)(2011):30 Blg Bang Pald Prog. Inside Edit. Global Nat. Mr. D O etalk Next Step SC Top 10 Storage Flushed PM | Mod Fam Amazing Victorian News Interventic News (4:59) News To Be An-Women's Alaskan Next Step Bachelor Bar Rescue Museum (2006) A Pharmacy David S." lour (N) Basketball Bush n Paradis :30 Mod Fam CBS News Nows **NBC News** ABC News Global Nat. **Next Step** eople (N) O BB PM Movie: ** \ Global Nat. Architects KREM 2 News (5:59) News Security Interventio News at 6 **CTV News** Movie: ** Naked and Next Step Bar Rescue Big Crazy of Change Hour (N) Afraid (N) *Bee Movie (N) O Wonderland News Vancouver Family Pledge Pro- Wheel :30 Estate Simpsons Next Step 5 (N) (2007) O III PM (2010) Johnny gramming TBA ecunty Big Bang 7 :30 Depp. Game Night (N) O ME Life in Home (N) 0 80 Afraid (N) ING (DVS) tre (N) III tor O au plon O to Contractor Simpsons Simpsons Big Bang Videos (N) PM New Tricks | Masterpiece Ed Sheeran (8:01) Big | Behind Dual Sur-Bachelor Cabble Goldbergs HZipzer CityNews Teen When Calls | Welrd Bar Rescue Museum 8 :30 Pald Prog. Mystery! (A) - Wembley Brother (N) Bars as (DVS) Choice in Paradise Choice Cabble The Millers Movie: Summer CityNews 2015 (N 2015 (N 2015 (N (N) 0 22 PM Pald Prog. Musical 2" o The Beat Waking the American Madam (9:01) Inter 19-2 O RE Fool Alaskan SportsCen-(9:01) Bar Big Crazy 9 :30 The Closer Bash Tape) A BC Dead BC Tape) O ME Tape) O ME Secretary tre (N) 30 Rescue () Fayle's... Standing Gags G. Martin Warrior 20 PM N Big Brother Waking the Rudy Maxa *Orlando CSI: Cyber (10:01) Big Brother News Final The Haunting SportsCen-CSI: Cyber Naked and Girl Meets Save CityLine III 10 Dead all My Life: Contrac-(N) O III Interven (N) O III National tre (N) III 0 100 Afraid :30 Movie: ** Ancestors (N) 90 tor O PM "The Inter-national" News Final Prehistoric The News Final Naked and News In a Name Haunting **CBC News** Sports Cen-News Wizards Paid Prog. (11:05) Bar Time Trav. Hunters III Jewel In the Crown Afraid Pald Prog. Family Guy tion 10 Rescue () Ancestors Van Impe Ancestors In a Name Secrets Haunting CTV News Good Luck | Pald Prog. Time Trav. :30

News Leader Sudoku

SUDOKU

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Previous solution - Medium

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9	1	6	8	3	7	4	5	2
3	8	7	2	5	4	9	1	6
2	4	5	6	9	1	3	8	7
1	7	9	3	4	5	6	2	8
8	6	4	1	2	9	5	7	3
5	3	2	7	8	6	1	4	9

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwlkl.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S News Leader Sudoku

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Monday Movies

MORNING

6:00 am SPIKE ch.44 "The Day After Tomorrow" (2004, Action) Dennis Quaid. A climatologist tries to locate his son after global warming leads to worldwide natural disasters. (In Stereo)

8:00 am KSPS ch.6 "Curious George 3: Back to the Jungle" (2015, Adventure) Voices of Angela Bassett. Premiere. George is asked to take part in a space mission, and when things go wrong, he crash lands in Africa. (In Stereo) (CC)

when things go wrong, he crash lands in Africa. (In Stereo) (CC) 9:00 am SPIKE ch.44 "The Day After Tomorrow" (2004, Action) Dennis Quaid. A climatologist tries to locate his son after global warming leads to worldwide natural disasters. (In Stereo)

9:30 am KSPS ch.6 "Curious George 2: Follow That Monkey" (2009, Comedy) Voices of Tim Curry. Animated. George embarks on a cross-country trip to reunite a baby elephant with her family. (In Stereo) (CC)

AFTERNOON

3:00 pm KSPS ch.6 "Curious George 2: Follow That Monkey" (2009, Comedy) Voices of Tim Curry. Animated. George embarks on a cross-country trip to reunite a baby elephant with her family. (In Stereo) (CC)

EVENING

8:00 pm FAM ch.26 "Cadet Kelly" (2002, Comedy-Drama) Hilary Duff. A 14-year-old deals with a coldhearted captain after she reluctantly joins a military academy. (In Stereo) (CC)

9:30 pm SPIKE ch.44 "The Day After Tomorrow" (2004, Action) Dennis Quaid. A climatologist tries to locate his son after global warming leads to worldwide natural disasters. (In Stereo)

11:00 pm WTBS ch.3 "John Carter" (2012, Science Fiction) Taylor Kitsch. Somehow transported to Mars, a war-weary human captain becomes embroiled in an epic conflict among the inhabitants of that planet.

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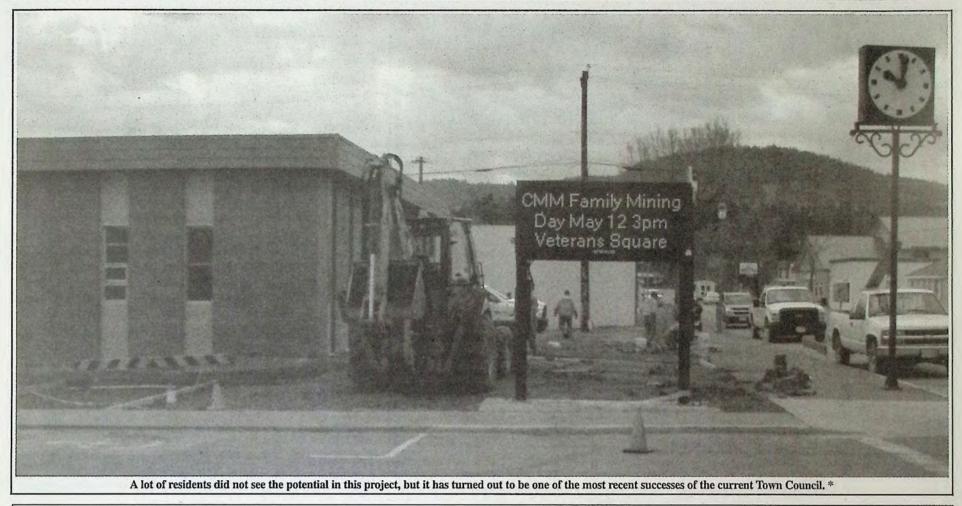
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MONDAY, AUGUST 17, 2015

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUF ch.45
	AM	Community		Zerby	Clifford	KHQ News	KREM 2	Dog	Morning	Morning	(5:00) Morn-	CBC News	Kid vs. Kat	SportsCen-	CTV Morn-	Highway	Justin	CityLine	Movie: **%	Gotta Eat
6	:30	Community	News (N) 50	Doozers	Arthur	6AM (N)	Morning News	Dog	Northwest	News (N) EC	Ing News (N)	Now (N) O	Almost	tre 🕮	Ing Live Vancouver	Thru Hell	Phlneas	(N) 355	*The Day After Tomor-	World's
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8	:30	der: SVU		Curlous	George 3: Back*			ORE			Huntley St.	Tiger	SpongeBob	tre at		Buying Al.	Wizards	Right IC		Security
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	:30	Paid Prog.	Ray O EE	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	ORD	Paid Prog.	Ray O SE	Hour (N)	EE (DVS)	Rated A	Motorcycle	Denis	tier	Jessie III	(N) O		Security
10	PM	Hot Bench	Noon News	PAW Patrol	Charllo	Ruf-Tweet	News	The First 48		Noon News	Days of our	CBC News	Nerds	Hockey	CTV News	Highway	Girl Meets	Celebrity	Tattoo	Security
12	:30	Hot Bench	Hour (N)	Kate and	Rose O KC	Astroblast	Bold	OBE	0 %	Hour (N)	Lives (N)	Now (N) A	Squirrel	Lunch	Vancouver	Thru Hell	Next Step	Celebrity	Tattoo	Security
	PM	King	Days of our	Astroblast	Paint This	Days of our		The First 48		Days of our	The Talk	Our Van-	Almost	Amazing	The Social	Canada's	Austin	CityLine 30	Tattoo	The Dead
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-	PM	The Middle	The Talk	Maker	Thomas	TMZ (N) O	Let's Make	The First 48	Queen	The Talk	Meredith	Steven and	Wayside	Off Record	Dr. Phil	Mighty	K.C. Under.		Tattoo	Ghost
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ent	PM	Browns	News (N) DE	Dino Dan	News	News	News	The First	News	Early News	(4:59) News	CBC News	Parents	MLB	CTV News	Rise of the	Jessle 🕮	Bachelor In	Tattoo	Security
5	:30	Payne		Wild Kratts	Business	NBC News	CBS News	48: Bad Blood	ABC News	Global Nat.	Hour (N)		SpongeBob	Baseball: Teams TBA.	Vancouver	Machines	Jessie 20	Paradise	Bar Rescue	Security
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8	PM	Pald Prog.	Hawali Five-	Edwardian Farm till	Antiques Roadshow	American Ninja War-	Broke Girl Odd Cple	The First 48: Bad	Bachelor In Paradise	Hawall Five	Hawaii Five	Murdoch Myster-	Just Kid	SportsCen- tre (N) 20	So You Think You	How/Made How/Made	Movie: **%*Cadet	CityNews- Tonight (N)	Bar Rescue	Ghost Adventure
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10	PM	Jeffersons	Running	Apocatypse		Running	NCIS: Los	The First	(10:01) The	Running	News Hour	Tho	Haunting	SportsCen-	Castle O 20	Alaskan	Life Derek	Extra (N)	*The Day After Tomor-	Security
10	:30	Break	Wild		land" (N)	Wild	Angeles O	48: Bad Blood	Whispers	Wild	Final (N)	National (N) 555	Haunting	tre (N) IE		Bush People	Warthogsl	G. Martin	row" (2004, Action) O	Security
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11	:30	"John Carter"	Final (N)	Wildlife BE	Profiles	J. Fellon	CSI: Cyber	48: Bad Blood	J. Kimmel	Final (N)	Doctors	Coronation	Gaga	tre sc	CTV News	Machines	Good Luck	Paid Prog.		Lege.



Saving Downtown Princeton...

...An Ongoing Series by George Elliott

Since the Town of Princeton appears to have adopted a policy of media silence in recent weeks, I'm going to do a little bit of crowing for them.

I think that with the numbers coming out of the new Visitor Centre, Town Council is deserving of credit and I suspect there's been some thumbing of noses and "told you so" comments getting kicked around the hallways at Town Hall. Quite honestly, they deserve the

right to act like that because the tourist information centre has done extremely well located in the middle of downtown Princeton.

I do believe I have been saying all along that the proposed location was a stroke of genius once the Town assumed tourism responsibilities from the Chamber of Commerce. What makes it even better is that the office has the numbers to prove this.

Visitor Centre Manager Lori

Thomas was quoted in this newspaper weeks ago that figures for June showed an increase of 22-percent in the number of parties stopping by the office and an increase of 15-percent of the total number of people stopping in. Those increases are measured against June 2014 when the InfoCentre on Highway 3 was still in operation.

Thomas provided me with the July figures last week and they continue to show a trend. In 2014 there were 1,778 parties (groups of visitors) with that number shattered last month with 2,143. The total number of individual visitors last year at the Highway 3 location was 3,504 with the Bridge Street location recording 3,872 last month.

I'm considering putting a large banner ad somewhere in this issue with the words, "We told you so!" and giving it to the Town of Princeton for free so they can pat themselves on the back for this one. Seriously, I believe the downtown Visitor Centre was the best idea to come out of Town Hall since they moved the Municipal Headquarters to Vermilion Avenue.

I point all of this out simply to remind us all that in order to save the downtown core we need to get people downtown. If it's not going to be flooded by locals, then we need to attract visitors to the lifeblood of the community.

Since the Visitor Centre opened on Bridge Street we have noticed a very visible change in traffic in our business. We see a lot more tourists than I can remember in the eleven years we have been in our present storefront location. I give a great deal of the credit for this to the location of the Visitor Centre and the job the staff is doing there sending visitors down the street to wander, shop, explore, stretch their legs and poke around.

While it isn't the complete solu-

tion to saving the downtown core, it is a pretty impressive start. I don't even mind the RV and camper traffic as I love to see the big rigs in the downtown. It means someone in business down here is getting some business that may have otherwise passed us all by on Highway 3.

I see the downtown Visitor Centre as having a huge role to play in revitalizing the downtown and it has already done a great job of attracting people to the retail core. But what else can Town Hall do to help local business?

Getting out and talking to local business owners would be a good idea. I know that there was a wave of visits being made at one point and I think that needs to continue. Local business owners need to feel that Town Hall cares about them.

Mayor Armitage has stated more than once his desire to help downtown business and the Visitorcontinued on Page 20



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Obituaries

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For Rent

Mac Lind

December 24, 1955 - August 3, 2015



Lovingly remembered by his wife Lani, children Reid (Shelby), Courtney (Rob) and Kolten (Breeanna), grandchildren Sienna, Addy and Baby Ray, and his parents Bob and Neen.

As well as Brother Jim (Wendy) and nephews Cheeks (Alaine and Aniella) and Gus (Trish and Cheyenne), father in law John (Irene), sister in law Laurie (Fred and Ty), numerous Aunts, Uncles, cousins, friends and his crew.

Mac is pre-deceased by his baby brother Gary, nephew Kristopher and niece Alyson.

A gathering in Mac's honor will be held August 15th at 2pm at Sunflower Downs in the beverage area. And as Mac would say "that's the way she goes boys."

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Card of Thanks

A HUGE Thank You to Brian and Ryan at Kal Tire Princeton for your excellent service of our vehicle last week. You guys are awesome! - George & Brenda

Wanted

Fumace, heating and A/C repair, maintenance and installer to service Princeton and area. I will assist establishment of business. Call Don at 250-295-0141. Aug 11-25

9-foot pontoon boat. Call 250-295-3458 if you can help.

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Anne Thomas (nee Popovich) July 28, 1927 - August 7, 2015



Anne Thomas peacefully passed away August 7, 2015 at Princeton General Hospital while surrounded by her

She is survived by her children Ken (Pam), Lori, Judy (Jari), Jim/Herbi (Kerry) & Jack (Debbie). Grandchildren & Great Grandchildren: Bev, Gordon & Chad; Jared & Crystal (Savannah, Taelah, Aivry & Sylvie); Derek & Suzanne; Jim & Kirstin (Everett, Luke); David; Kendra & Thomas (Kyron, Elaira); Mike & Cassy; Meagan & Brandon; many nieces and nephews and extended family members. She was the ast surviving member of her siblings and was predeceased by her son Bill in 1988.

Anne was born in Princeton and lived her whole life in the little Town that she loved. She married Charles Wilfred (Bill) Thomas October 9, 1945 and lived on the ranch where she raised her children. Family was very important to her and she loved to be urrounded by as many of them as could fit in her house. She loved to cook and especially bake. She was very proud to be the winner of the Fall Fair's best baker for many years. Anne owned and operated the Princeton Saddle Shop. She loved to fish at Round Lake and was in the BC Summer Games playing horseshoes with her partner Roy Smith. Anne had two special things she liked to do, the first was to go to the Casino and the second was to get dressed up and go out for Halloween - one year she managed to go to 4 parties with 4 different costumes. Anne loved to laugh, tell stories

A Celebration of Life will be held on Thursday, August 13, 2015 at 2:00 at the Legion Hall with Mr. Eric Goodfellow officiating. Anne wanted her Celebration of Life to ionour her love of Halloween and asked that everyone wear a hat - the crazier the bet-

In lieu of flowers, donations can be made to Princeton Minor Hockey (Box 325 Princeton, BC VOX 1W0) where she was a big fan.

The family would like to thank Dr. Munro and the Nurses at PGH for their wonderful compassionate care.

For Sale

1998 Cadillac Seville \$5,000.00. 1967 Ford Galaxy 500XL Convertible \$15,000.00, Whirlpool refrigerator/freezer \$200.00, Whirlpool Coast Spas 8-seater \$200.00. Call 250-495-2903. Acg 04-18

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Bachelor apartment in Princeton. Excellent references and damage deposit required. No pets, must be quiet. Asking \$450.00/month plus utilities. Can furnish if needed. Call 250-295-1006 for details or leave message with the best time to call back.

1-bedroom furnished suite in downtown Princeton with level access. Asking \$550.00 per month which includes power, heat and satellite TV. Excellent references and damage deposit required. Cat...maybe? Available now. Call 604-484-2783 and leave a message with the best time to call back.

Princeton & District Community Services Society is now accepting applications for Aspen Court, a 3 bedroom, 2 bath family townhouse complex. BC Housing offers affordable rents for qualified applicants based upon 30% of gross income. Please contact Princeton & District Community Services Society at 250-295-6666 for applications and information. Aug 11-Sep 01

For Lease

Commercial space, 1,500 square feet, 20-foot ceilings, overhead door, small office at 600 Similkameen Avenue, Princeton. Asking \$800/month plus utilities. Call 604-877-1599 daytime or 604-298-1948 nighttime.

Wanted

Canning jars of all sizes and ages. Will pick up. Call Brenda at 250-295-4149 and please leave a message with George or a call back number if I'm not there.

Notices

News Leader Classifieds For details call 250.295.4149

> Granite Creek Preservation Society

MEETS THE THIRD THURSDAY OF THE MONTH EXCEPT JULY & AUGUST

1:00 PM Princeton Museum Everyone Welcome!

Classified Ad Deadline: 12 Noon Fridays - All Classified Ads MUST be paid in advance Payment Options: Cash, Cheque, Debit, Visa, Mastercard

Phone: 250.295.4149 - Fax: 250.295.4103



Lower Valley News

Keremeos - Cawston - Olalla



Allie Arnst in the makeshift shelter after the light morning rain during Art in the Garden. Photo: Many Menzies

Village needs -friendly options

In an effort to effectively respond to our aging population, the Village of Keremeos is embarking upon a project to complete an Age-Friendly Action Plan.

The initial concept of an Age-Friendly Community was developed by the World Health Organization to help communities accommodate the changing needs of their aging populations. Projects of this nature focus on measuring age-friendliness across eight domains of community life and are typically used by policy makers to design and implement local

improvement plans.

In addition to informing the Village of Keremeos about opportunities for improving age-friendly amenities in our community, this Action Plan will also benefit external agencies, businesses and nonprofit groups by acting as a support for grant funding applications and by better informing their opera-

To support this initiative, the Village of Keremeos is conducting an online survey questionnaire to gauge residents' experiences with age-friendly amenities in our

Village and to identify blindspots and areas for improvement. The online survey questionnaire can be accessed by visiting this web page: https://keremeos.typeform.com/to/ gZ7CAa or by accessing the link located on the www.keremeos.ca homepage.

The online survey questionnaire will be accessible until August 21, 2015 and the Village encourages everyone to participate, regardless of their age.

The Village of Keremeos will also

be hosting a Focus Group and Open House to solicit insight in support of this project from the general public. These events have been tentatively scheduled for late August and additional information will be made public closer to the date(s) of these

Artist hosts garden event

by Marty Menzies

On July 25 and 26, internationally acclaimed artist, Bonny Roberts, opened her beautiful home in Keremeos for another "Art in the Garden" event sponsored by the Osoyoos Art Gallery. Bonny welcomes everyone to view her home gallery and also to stroll through her gorgeous gardens while viewing creations by local artists which she invites to display alongside her.

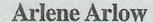
Light rain on Saturday morning



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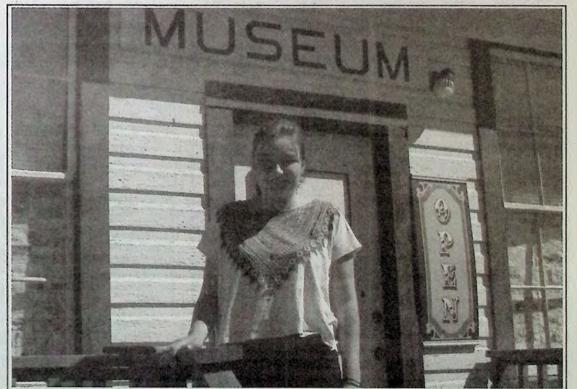


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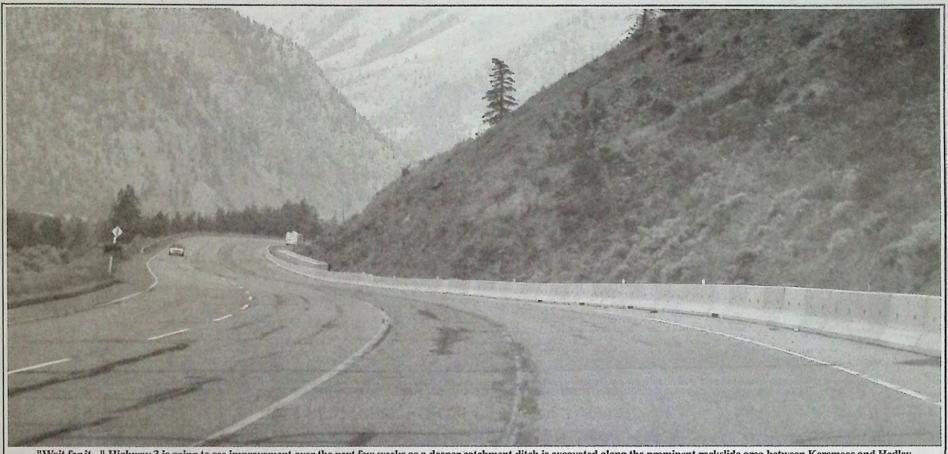
www.addventive.com



Keremeos Museum Summer Student Micheyn Lepage welcomes you to the facility during the rest of this month. Lepage, a 16-year old student from Cawston attends SESS and told the News Leader recently she enjoys this job. *

Lower Valley News

Keremeos - Cawston - Olalla



"Wait for it..." Highway 3 is going to see improvement over the next few weeks as a deeper catchment ditch is excavated along the prominent rockslide area between Keremeos and Hedley.

The goal is a deeper ditch to accept falling rock instead of the rock ending up on or across the highway. Expect single-lane traffic and delays as crews and heavy equipment move about the site.

The work is expected to begin in August and continue throughout September and October. Phone: Arlene Arlow

World Rivers Day short story contest

Friends of the Similkameen invites you to enter the short story contest by submitting a Similkameen River story. This con-

.....continued from Page 18

proved no challenge for this creative

group as they just moved it from

Roberts' amazing Garden to two

large covered areas. As luck would

test is to celebrate World Rivers Day on September 27th from 2:00 to 4:00 PM, Kobau Park, Cawston. Everyone is invited to participate.

have it the weather improved dra-

matically and the event went off

Along with Bonny Roberts were

Myra Hammond, Bev Smith,

without a hitch.

Age Categories: Preschool and kindergarten: Original drawings on paper no larger than 8 1/2 X 14. 6-9 minimum 50, maximum, 150

Wendy Provins and Allie Arnst who all displayed differing styles ranging from landscapes\to abstracts.

"I look forward to next year," Bonny said: and so does the Valley. words. 10-14 minimum 150, maximum 300 words. 15-18 minimum 300, maximum 500 words. 19+ minimum 500, maximum 1,000 words.

Contest Criteria

The story must be about the Similkameen River and include the river's name at least once. This may be in the title. It must be original but can be fiction or non-fiction. Submit single-sided pages only. Pages must be numbered with title at top of each page. One story submission per person.

Enclose a cover sheet with your name, address, email, telephone number, story title and whether story is fiction or non-fiction. Place in a sealed envelope. Entrants under 16 years must have cover page signed by parent or guardian. Stories may be submitted by email,

with the same information provided.

Submission must be received by September 18th.

Contest information sheets and story drop-off locations are: Similkameen News Leader, 226A Bridge Street. Princeton; Mountain Mist Gift Shop, 833 Scott Avenue, Hedley; Similkameen Country Info Centre, 417-7th Avenue, Keremeos; or Harker's Fruit Stand, Highway 3, Cawston. Or if you prefer, you can e-mail your story to Arlene: aarlow@telus.net.

Winners will be contacted by phone or e-mail. Prizes will be presented at Kobau Park on September 27th

For more information send an email to Arlene Arlow at aarlow@telus.net or call Arlene at 250-499-5121.



"Show us your mussels!" Watercraft inspection stations are serious stuff, and should you drive past one of these stations instead of pulling in with your boat or sea-doo, you could get a hefty fine. There are 6 crews in the BC Southern Interior trained to inspect - and impound - watercraft that show any signs of the invasive mussels such as Zebra or Quagga Mussels. Those crews work out of Penticton, Valemount, Invermere, Cranbrook plus there are two crews in Nelson. The larvae of the invasive mussels are invisible to the naked eye and can hold up inside boat motor intakes, ballast areas and anywhere that water accumulates. Your responsibility as a boat or watercraft user is to inspect the vessel each time it leaves a water body and clean the vessel regularly. There are chemical treatments to kill invasive mussels but the most common treatment is to wash the vessel with hot water that is at least 140 degrees Fahrenheit or 60 degrees Celsius, Photo: Ariene Arlow

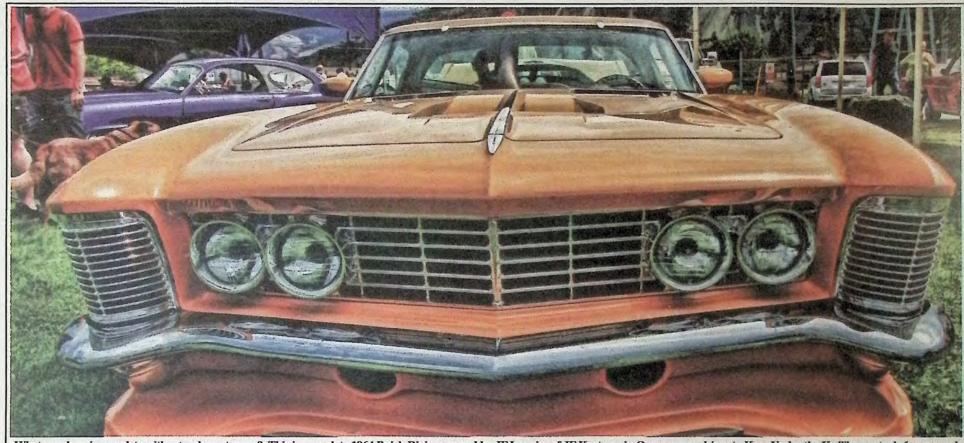
Lanna Thai Massage

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721 11th Avenue Keremeos, BC 250-499-0007

BY APPOINTMENT ONLY www.LannaThaiStyle.com



What car show is complete without a show stopper? This immaculate 1964 Buick Riviera owned by JF Launier of JF Kustoms in Osoyoos was driven to Kars Under the K. The car took 6 years and a total of 20,000 man hours to complete. When done it won the coveted Detroit Autorama 2014 Ridler Award and was heralded as America's most creative and innovative custom car. Photo: Marty Menzies

......continued from Front Page with organizations that are involved in health services in our community.

Individuals or groups that are interested in making a presentation to the PHCSC should contact Ed Staples by phoning 250-295-0822 or via e-mail at edwardstaples8@gmail.com for more information.

......continued from Page 16
Centre is one example. But what about the non-tourist season? What will attract people to the downtown core in the middle of winter?

How does this help save downtown Princeton?

The move of the Visitor Centre from Highway 3 to Bridge Street has already proven to be beneficial in many ways in a short period of The July meeting was the last meeting of the Princeton Health Care Steering Committee's second year of operation.

Members of the Committee agreed to support an additional mandate of one year, recognizing the role the Committee plays in improving the model of health care for residents of Princeton and Area.

time. It could be the first of many steps to revitalizing the downtown core, if that is the plan at Town Hall. Increased traffic downtown benefits all businesses in one way or other but there has to be more to keep bringing visitors into the retail core outside of peak travel seasons.

If you have suggestions, contact your Town Council members at Town Hall to share them.

in many ways in a short period of Town Hall to share them. 412 Highway 3 East, Princeton \$338,500 MLS® 156501 First time on the Market in 40 Years! Saturday, August 15 8:00 AM - 2:00 PM Alannah Boisse REALTORS Call or Text: 250.295.2306 alannah@horizonwestrealty.ca HORIZON WEST REALTY 224 Bridge Street, www.askabouthomes.ca www.PrincetonRealEstate.ca Princeton, BC VOX 1W0 lependently Owned & Operated

July 2015: Hot but not the hottest in Similkameen

Princeton area residents sweltered in the heat in July 2015, but while the weather was hot, there have been years when the thermometer hit higher.

The highest temperature recorded for Princeton in July was 36.7

degrees Celsius. The highest July temperature on record (since 1937) was 41.7. From 1939 to 1942, there were a number of 38 and 39 highs, and one or two at 40.1 degrees.

The nights were warmer than

average in July 2015. The lowest temperature was 8.1, but the lowest on record was 0, recorded in 1952 and in 2011.

The 1950's was a period of colder than average temperatures year round.



Brandon and Elyse are Auxiliary Conservation Officers who are happiest when they don't see anyone's mussels - that would be "invasive mussels". This duo was set up at the weigh scales south of Penticton recently in an effort to raise awareness about the invasive Zebra and Quagga Mussels. The Federal Government implemented regulations this year giving Provinces the authority to set out exactly who can inspect watercraft for invasive mussels and the penalties of non-compliance. If you are transporting a watercraft and you drive by one of these inspection stations, you had best watch your rear view mirror. Commissioned Auxiliary Officers have the legal right to pursue you, impose fines and impound your watercraft if it is not in compliance. In the time that this duo was being interviewed, one pickup with a

motorboat in tow drove right past the clearly-marked inspection station. Fortunately for the motorist, Auxiliary Conservation Officers cannot pursue offenders down the highway. Brandon said that as many as 50 watercraft have been inspected each day that the station is open. Until this year Canada lagged behind our southern neighbours: all the bordering states in the USA have formal watercraft inspection protocols. If you see a watercraft out in the public and you have reason to believe it may contain invasive mussels, call the RAPP line at 1-877-952-7277 (RAPP). You can also go online at http://www.env.gov.bc.ca/cos/rapp/form.htm to report a suspect watercraft. Be sure to get as many details as you can: place, date, time, description and license number of the vehicle and trailer. Photo: Arkene Arlow