

Similkameen

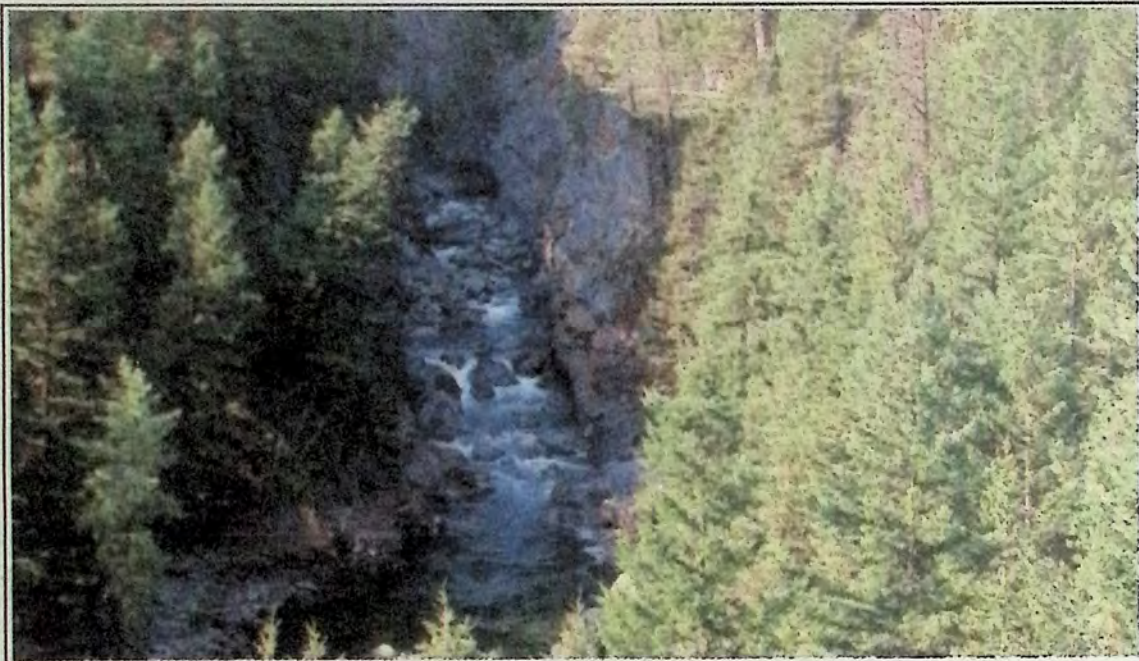
News Leader

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Tuesday, August 18, 2015

Canada WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF CANADIAN HERITAGE.



Similkameen Falls west of Princeton is low. In fact, many longtime residents do not recall seeing it this low before. *

Sad news for Fair

Fall Fair Association met at the fairgrounds August 11. President Dawn Johnson announced some sad news. Winona Finch, of Keremeos, was to return this year to give another demonstration of her excellent chainsaw carving, but has had a serious stroke.

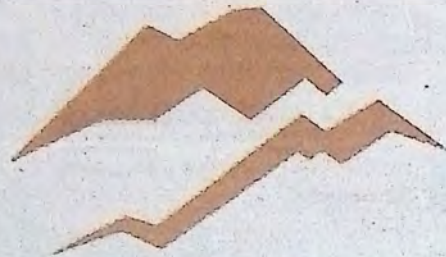
Mac Lind, who helped with the fair for many years, has passed away, and Anne Thomas, fondly remembered for her continuous wins for her pies, has also passed away. Lynn Johnson, who has volunteered at fairs for many years and with Joan Kieler, did an excellent job of greeting people attending the fair, is not able to come this year due to illness. Members felt very

sad for those who are ill, and fondly remembered those who had passed on.

The primary reason for the meeting was to schedule events to take place at the fair, September 12th and 13th. Marlene Fraser and Patty Harrower attended this meeting as key volunteers to help with registering exhibits and other tasks during

.....continued on Page 2

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The Rabbleberries from Victoria on the Vermilion Stage August 15th during the 8th annual Princeton Traditional Music Festival. *



A look onto the stage at Veterans Square during the musical set performed by retired BC Southern Interior MP Alex Atamanenko and Nick Plotnikoff.

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Sad news from Fall Fair

.....continued from Front Page the fair. With only one month to go before the fair, scheduling of events is important. The fair will advertise the events, and will have a daily program for those who attend the fair.

The Langley Drill Team is celebrating their 50th anniversary, just as is Princeton's fair, and they will be on hand to do a number of performances. Originally scheduled for one or two performances, they have generously offered to fill in for

Princeton Riding Club, who have cancelled their equestrian extravaganza, previously scheduled for the fair.

Marmots have done serious damage to the fair buildings in some places, and messed up other places. Repairs are to be done, but nothing has been done to rid the fairgrounds of the burrowing pests. Trapping them has proven unsuccessful. The Town has tried to hire an exterminator to get rid of them before the fair,

and hopefully before they do more damage.

A number of vehicles slowed down last week while passing the fairgrounds to watch Fall Fair President Dawn Johnson and Director Jen Bernard painting the buildings. This all part of the preparation for the 50th anniversary of the fair. A work party, potluck and meeting is scheduled for Saturday, August 29. Volunteers to help are always welcome.

Garden Club News

Doreen Poulsen

There have been a lot of changes that have already happened in the club since I last had an article in the paper. At our last meeting in June the club elected a new President. Many of you already know George Harry.

So now our executive composes of President - George Harry, Secretary - Liz Gall, Treasurer and Publicity - Doreen Poulsen and Past President and Special events - Laila Bird.

Also at this meeting we decided to change our meeting place to the Arts Council room at Riverside Centre.

The first meeting at Riverside will be Tuesday, September 15 at 1:00 PM. All future meetings will be the third Tuesday of each month, except December, July and August, at 1:00 PM at Riverside. We welcome all potential new members as well as our current members.

It is timely that I also mention that Princeton's annual Agricultural Fall Fair will be held this year at the Fairgrounds on September 12th and 13th. This is always a lot of fun with interesting displays, vendors entertainment and fun for the whole family.

The Garden Club will have a table inside the flower building (saloon) and besides providing answers to your garden questions will be selling our book, "Yes! You Can Garden in Princeton." Come out and pay us a visit.

CMMC appears on Rise of the Machines

Princeton's copper mine appears on Discovery Channel August 20th in an episode titled, "MEGA DIGGER."

The scheduled details are: The Komatsu PC8000 has to shovel 27,000 tons of copper ore in less than four days.

Every month, Copper Mountain mine must produce \$18 million of powdered copper to fill a shipment bound for Japan.

At the heart of this operation sits Mega Digger operator Pete Hartinger and his PC8000 - towering

12 metres tall and weighing more than two fully laden jumbo jets. How does the Mega Digger's incredible 70-ton bucket mimic nature's mightiest digger - the mole? Which device from an 18th century clock enables the PC8000 to rotate 360 degrees in only 20 seconds?

Over his four-day shift, Pete must contend with potentially lethal boulders smashing into his Mega Digger, collisions with giant dump trucks, and delays caused by maintenance. Can the mine deliver its multi-million dollar copper shipment on time?

If you are lucky enough to have managed to grow any healthy produce or beautiful or different flowers we encourage you to enter them in the respective categories to see if you have the best in Princeton. This is always a fun way to compete with other gardeners in town. Why not pick up a yellow booklet (ignore the year) at the many stores and places it is available in town. It lists all the different things that will be judged and how they need to be displayed.

If you want to enter you will need to have your items to the Fair on Friday September 11th between 2:00 and 6:00 PM.

See you at the Fair!



Vendors lined Vermillion Avenue joining together the Veterans Square and Museum stages during the August 14-16 Traditional Music Festival. *

Flip Of The Coyne

by Spencer Coyne

I want to give a big shout out to the Town Crew this week for sprucing up the downtown. They worked hard all week to get the town looking its best for the guests coming for the Traditional Music Festival on the weekend. On Friday when I got to work I have to say the old town was looking pretty good. Sidewalks were all trimmed and cleaned and the street sweeper had been out giving the streets a good

polish. Way to go guys!

It is great to see the town all shined up. It gives you a sense of pride when you walk down the street and everything is clean and you know public works has been working hard to shine it up. It shows that they care and if they care, we all care a little more too.

The big reason all the extra effort was made to buff things up was the Traditional Music Festival. This is a

great opportunity our community has to showcase, not only how great of a venue it is, but how great our community is. You come to town and you get to sit and listen to music in this picturesque venue that you just don't get anywhere else. It really is a great chance for the commu-

nity to showcase itself to so many people at once. I really have to give the Traditional Music Festival organizers and volunteers credit for all their great work. They have put Princeton on the map.

You add the picturesque venue with the hard work to make sure

everything looks its best and the countless hours of volunteer time and you have one heck of a showcase of what Princeton is and can be. If you think about it, the Traditional Music Festival and the other volunteer-run events in ourcontinued on Page 8

Your Turn...

To The Editor:

Re: David Smith's letter to the News Leader

I want to know the fantastic things that the other political party has done so I, too, can be filled with wonderment and admiration. Unless, I am told what incredible achievements have been accomplished I am unable to agree or dis-

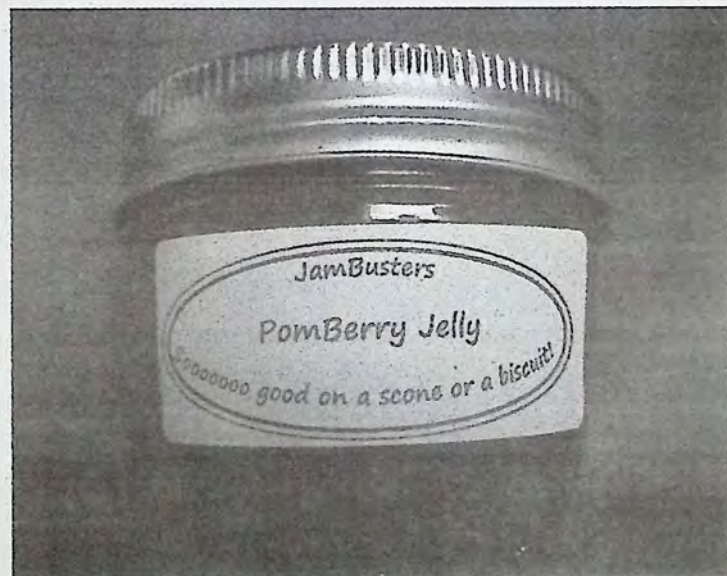
agree.

Woe, to anyone that has intention of social reforms, that dirty word that makes self righteous people feel indignant and righteously parsimonious. When it comes this part of Dr. Smith's letter, I too can say, "Methinks the (man) doth protest too much."

- M. Masiel, Princeton

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My Turn...

Ridin, Ropin and Mud Boggin

I'm on the fence about the controversy surrounding the Princeton Motorsports Association's desire to bring a demolition derby to the PXA Grounds and the Rodeo Club's desire to stop it - in the agreed upon location.

I have attended more than one demo derby held inside a steel pipe rodeo arena (Armstrong comes to mind) and precautions were taken to keep the arena from sustaining damage. It was at that event I learned that giant tractor tires filled with dirt don't move much at all - even when hit head on by a moving vehicle.

So I can completely see this side of the argument.

I also am not completely clear on what will happen to the area dug out as a mug bog and have to side with the Rodeo Club with their concerns. I have no experience with compaction and can only draw on what I see happening when potholes get filled.

That being said, my actual concern is not about the event at all.

I've been led to believe that lengthy discussions, site inspections, paperwork, promises and guarantees were part of the decision making process. I'm the kind of guy who tends to side with the group that conducted the work that resulted in a decision.

That is why I am trusting the PXA did all the right things before allowing the Motorsports group a chance to prove themselves with an event that may or may not be hugely successful.

I spent a number of years in that very same decision-making chair. We looked at the Princeton Fairgrounds as something more than just a horse facility but it was tough to get that across. It was then, and continues to be, in my mind a multi-use facility in the same manner as all the other recreational facilities owned by the Town of Princeton.

I get that to many one kind of horsepower doesn't mix well with that other kind of horsepower but isn't that why we elect/select boards and councils to make informed decisions for us?

I also get the nervousness surrounding an event that has never taken place in the main arena before. However, I do recall lawnmower races were permitted there at one time.

With the loss of live horseracing at Sunflower Downs we need to look a little further outside the box for activities and events that can replace that void. Will the answer be in the form of a demolition derby? Maybe, maybe not.

I'd just hate to see an opportunity missed because of politics.

I suspect selling the community on hosting an annual rodeo went probably the same way. I imagine the user groups at the PXA grounds were not too keen on sharing space with cowboys. Little did they know it would turn into one of the most successful events held at the site.

The Motorsports Weekend could be the same.

We won't know unless we try it just once.

...Your Turn

Letters and E-Mails Received This Past Week

PXA President has his say

Dear Editor;

It is with mixed feelings that I write this letter as a response to the one submitted by the Rodeo Club about the motor sports weekend coming up this Labour Day weekend and the use of the rodeo arena area directly in front of the bleachers at Princeton Exhibition Grounds.

The exhibition grounds (fairgrounds) are a multi-purpose facility owned and regulated by the Town of Princeton and managed by Princeton Exhibition Association. The purpose of the facility is to provide a venue for a wide variety of events. Until recently, this was primarily Racing Days, Rodeo and Fall Fair.

We have, in the past, held a music festival, motor sports events, an RV rendezvous, Bus Nut (motor home) rendezvous, logger sports and various other events. We, the PXA Board of Directors, are continuously trying to attract new users of the facility.

A lot of the other users we have had either had been here a few times and although they enjoyed our area and hospitality, have not returned because they like to explore other venues or have ceased to hold any more events.

When we were approached by the motor sports group asking to have a mud drag racing event and a demolition derby, I will admit I was quite skeptical of the impact

this would have on our facility. We have had many discussions with representatives of the Town, PXA members, Rodeo Club members and the motor sports. Much has been discussed as how other venues will remove a surface, hold an event, and replace said surface. Also, what we discussed is the fact that certain groups have, over a long period of time, had countless hours contributed by volunteers of organizations, and decades of sponsorship by local businesses and individuals.

Along with years of dedicated hard work comes a feeling of ownership, and rightfully so, a nervousness about other uses. I believe this is the case with the Rodeo Club being nervous and non-receptive to a demolition derby in the rodeo arena. As mentioned, we have had numerous discussions on how to best manage any possible impact. During a meeting of the PXA with attendance of members of the Rodeo Club it was decided that due diligence would be followed to return the rodeo arena to 'condition found' or better. This was voted on and accepted.

It is very unfortunate that now the Rodeo Club is going from accepting and working with the PXA to ensure success, to a position of non-agreement, and have decided to go public with a letter of complaint that I was told was being delivered to the Town. I even encouraged them to send their concerns to the Town. However, with less than a month

to go before the motor sports event, the decision to use the rodeo arena will not be changed.

At this time, I would like to reassure all concerned that every precaution and consideration will be taken to ensure the integrity of the rodeo arena. In fact, I invite all interested parties to come to the rodeo arena on Monday, September 6th, to help with any necessary clean-up or prep work necessary prior to replacing the rodeo arena surface.

I encourage the general public to attend the motor sports weekend and ensure its success. This group is doing a lot of work to provide a fun event for the people of Princeton and surrounding area.

In closing, I would like to invite anyone who might be interested in the running of the fairgrounds facility to become a member of Princeton Exhibition Association. We meet the third Tuesday of the month at 7:00 PM.

I would like to add one last comment: there seems to be some thought that the PXA facility is an equine (horse) related facility. This is just one of the possible uses. The exhibition facility is a multi-purpose facility. My mandate as President of Princeton Exhibition Association has been to have an 'open door' policy, inviting any and all responsible users, in particular, a user such as the motor sports, who have not asked for even one dollar from the PXA or the Town.

Sincerely,
Paul Bedard, President,
Princeton Exhibition Association

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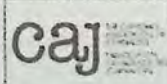
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We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense. The Editor reserves the right to condense any letter or to substitute proper language for improper language.



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Current Comment

How Powerful Are You?



Dawn Johnson
editor@thenewsleader.ca

All of us live within a collective called 'society.' This collective is often referred to as 'they' or 'them,' the great big group of people who decide everything, such as governments at all levels, or large groups who somehow seem to control our lives. I believe this view of what 'they' say or do often reveals a position of weakness.

Each of us is more powerful than most of us imagine. True, we live in a huge unwieldy world-wide system that seems to function with no regard to how we feel about it, but that does not mean we have no say in what goes on. Sometimes it takes just one person, with a great idea or a passionate vision, to start a movement that makes changes.

We have many examples throughout history of one person being stubborn enough to buck the tide of public opinion or organized control systems to create massive change. Martin Luther resisted the power of the Roman Catholic Church. Martin Luther King demanded equality in the face of race prejudice so entrenched in the United

States that he was prepared to die for it. Mahatma Gandhi went to the sea to make his own salt and began a resistance that overturned British rule of India. In Canada, five women bucked the system that held women in bondage to male society and won the status of independent personhood for women.

One lone detractor, Elijah Harper, stood alone in his resistance to the Meech Lake Accord and withstood the pressure to make him agree to it against the wishes of the people he represented. Nelson Mandela refused to give up his dream of equality for black people in South Africa.

How were these people able to do this, to resist the pressure to keep things as they were and go on to make change happen?

They did it because they identified themselves as individuals within the collective. They were part of the society in which they lived, but they thought as individuals. They expressed their individual ideas and found others who did their own thinking and agreed with them. Eventually, the small group became the majority.

For some people, thinking as an individual is very difficult. They lack the confidence to speak out as an individual because they are afraid others will not like them or because they are afraid some authority will punish them. Others will not speak out individually because it is against their religion, or it puts them outside some group to which they belong. Others will not speak out as individuals because they feel it is not their responsibility to make change hap-

pen. There is a group who will not speak as individuals - are people who do not see themselves as individuals, but allow friends, family, church, job or something to define who they are.

There are always those who resist new ideas. There are those who resist any kind of change (many of them are old like me). There are those who do not want change because it means they will have to make the effort to adapt to change. There are those who do not want change because they are comfortable with the way things are. There are those who will resist change because it is an advantage to them personally to keep things the way they are. These are people who are thinking as individuals, the enemies of change.

Throughout our society, there are individuals and groups who trying to make change. They may do so through advertising, through petitions, or through organizing protests or through educating others and persuading them.

Unfortunately, the collective can be made to change simply by persuading them not to think for themselves as individuals. For example, we have an entire network promoting the entertainment industry.

This network even offers entertainment 'news' telling us about the public and private lives of actors, singers, and so-called celebrities, as if those people were somehow a significant factor in the world. This network sets styles, encourages us to look a certain way, live a certain way. We watch television programs that persuadecontinued on Page 6



Formerly of Princeton, and a PSS Grad, Jesse McLean returned to his home town last week with his annual Badlands Basketball Camp.

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AND NOW...A LITTLE GOOD NEWS!

"Now the Bereans were of more noble character than the Thessalonians, for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true." - Acts 17:11



Laura Bassett of Seattle shared her musical talents at the Museum Stage during the 8th annual Princeton Traditional Music Festival that ran August 14-16 in the downtown core. *



Alex Atamanenko and Nick Plotnikoff took several extra hours to get to Princeton from the Kootenays as a result of delays created by forest fires but they were on stage as scheduled. *

Princeton Court News

News Leader Court Reporter - Dawn Johnson

In Provincial Court in Princeton on August 13, 2015, Joseph Frances was sentenced to serve 45 days in jail on weekends at the Princeton RCMP detachment. On June 11, Frances had entered a guilty plea to a charge of driving while prohibited, for which he had prior convictions. He was ordered to pay a \$1,000 fine and was prohibited from driving for a further two years.

Nykola Maurice Ostafew entered a guilty plea for a breach of probation. Conditions of his probation were that he was not to enter any

place where the primarily commodity sold was alcoholic beverages. Police had been called to a local Princeton pub because Ostafew refused to leave when asked. The police report indicated Ostafew appeared intoxicated and was initially uncooperative. He was persuaded to go home in a taxi, and RCMP later discovered he was on probation. Ostafew told the judge he had made a mistake and was no longer consuming alcohol.

He was given a suspended sentence with a year on probation,

with the same conditions as the first probation. In addition, he was specifically directed not to enter the pub where he had refused to leave, and he was ordered to pay a \$100 victim fine surcharge.

Lamont Bzdel, originally charged

with assault of Robert Pelly, agreed to a peace bond instead. The incident leading to the charge occurred on October 16, 2014, when Bzdel was returning home in the evening and saw a man on his property. Bzdel said the man

appeared to have bulging coat pockets and Bzdel wondered if he had taken something. He spoke to the man, Robert Pelly, whom Bzdel knew. Pelly kicked Bzdel in the groin, and Bzdel delivered several punches in return.

Current Comment

.....continued from Page 5
us we should be gourmet cooks and serve all kinds of exotic foods. There are programs that show us we can move up in the world by renovating our homes to buy bigger, fancier homes with bigger mortgages. We can see programs that lead us to believe everybody is a crook and we can identify with those who catch the crooks.

We are bombarded with images, ideas, statements of nonsense that

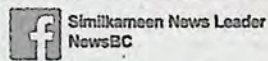
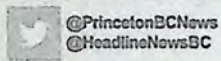
pretend to be facts, and we are expected to go along with the whole thing without being critical or analytical. This is called 'dumbing down,' and it is meant to stop us from thinking as individuals.

As individuals thinking for ourselves, we are powerful. When we think as individuals, we do not believe everything we are told, or taught, or persuaded. When we think as individuals, we criticize, analyze, use logic, see what is real-

ly there. Most people trying to sell you something, whether the seller is pushing cars, vacuum cleaners, religion, politics or any idea that appeals to them, will be afraid of your power to think as an individual. When you refuse to go along with what 'everybody' thinks, or with what 'everybody' knows, or with what 'everybody' does, you have to start thinking for yourself, and exercising your personal power.

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Linda Chobotuck shares her favourite folk songs in a standing room only Princeton Library during the 8th annual Princeton Traditional Music Festival. *



Adding more beauty to Princeton Town Hall were the Youth Ambassadors. Thyme Callihoo (Friendship Ambassador), Hanna Gould (Youth Ambassador) and Victoria Gibb (Vice Ambassador) helped with various errands during the Traditional Music Festival. *

Pets 'n' Vets

Annual Checkups For Your Pet

by Dr. Ryan Ridgway
Cascade Veterinary Clinic

Just like you, your pets need annual checkups to keep them in top health. For pets though, a year is a longer period relative to their lifespan making annual exams more important for them. By visiting your veterinarian regularly for an exam, vaccinations and de-worming we can help prevent some serious diseases.

Visits to the veterinarian can be overwhelming for the owners as much as the pet and people often forget things they hoped to talk about. To get the most out of your visit, here are some things to think about so you are not caught off-guard:

1. Any changes in how much my pet eats or drinks? How often they go to the bathroom?

Many diseases that sneak up on us such as hormone problems (ie. Hypothyroid, Cushings, Diabetes, etc) can show up early as changes in how much our pets eat and drink or urinate and defecate.

2. Does my pet seem to eat or drink more than others? How about the amount they go to the bathroom?

This is a tricky question. Because every pet is different, it can be hard to determine what amount is normal for your pet and what is a sign that your pet has an underlying disease.

If an issue develops before they come into your life, and there are no changes since you have owned them, you will likely not recognize it as an abnormal amount.

3. Does my pet have any coughing or sneezing?

This can be normal if it occurs randomly and infrequently. However, some pets can develop sensitivities to different scents or irritants in the air (ie. dust, smoke). It can also be an indication of other diseases such as pneumonia or heart disease.

4. Has my pet started sleeping in a different area? Do they avoid climbing stairs or jumping up on things?

Early signs of arthritis often show up as a reluctance to climb up onto the couch or climb stairs, even before a lameness shows. Arthritis is best treated early to maintain joint health.

5. Any licking at my pet's back-

end? How about sliding their back end on the ground?

This can be an indication that your pet has tapeworms (cats) or anal gland impaction (dogs) which can be treated easily early but can lead to more severe issues if not treated promptly.

6. Has my pet been scratching at their ears? How about licking their feet or belly?

This is a symptom of numerous things such as parasites, infections or sensitivities/allergies. These signs are commonly missed in the early stages, and skin disease is not diagnosed until the pet begins to lose hair, develops skin discoloration or excessive dandruff.

7. Any changes in how much they chew their food? Are they favouring one side of their mouth? Do they chew on their toys less?

Our animals can hide pain very well. Sometimes the only indication of sore teeth and dental disease is that they begin eating less or chewing on toys less. Another sign is that they only chew with one side of their mouth to avoid a sore tooth. Dental disease is best managed early to prevent having teeth pulled.

8. Any vomiting or diarrhea?

Most pet owners notice this stuff right away, even if they do not know which pet in the household is responsible. This is important for the veterinarian to know. Infrequent episodes may be inconsequential but it is good to keep monitoring the frequency that they occur as it can indicate an underlying disease. Severe diarrhea in young dogs can be caused by a serious disease called parvo, which is also very contagious. Be sure to notify your veterinarian if severe diarrhea is present, before the pet enters the vet clinic to avoid contact with healthy dogs.

9. Will I be kennelling or boarding my pet? What about attending any gatherings of large numbers of other animals?

The core vaccines protect from many, but not all diseases. In cases where there are large groups of animals such as kennels or multi-pet households, other vaccines maybe required such as Bordetella for dogs or Feline Leukemia virus/Feline Immunodeficiency Virus in cats.

By thinking about these questions before your visit, you can help your veterinarian keep your pet as healthy as they can be. If you notice something or have a concern, don't feel bad about writing it down and bringing a list to the veterinary clinic. We veterinarians want what is best for your pet and answers to questions like these allows us to be proactive when it comes to our patient's health.

Living Past 100

Don't Fall For 'Organic'

These days there are all sorts of products with the word 'organic' in them. To many people, the word 'organic' means it is good for you. It is supposed to mean being free of pesticides and any other toxins. However, placing the word 'organic' on the product does not necessarily mean it is good for you as food and sometimes it does not make sense.

There is nothing wrong with the organic label on fresh produce that has been certified organic, but keep in mind it does not mean there are no pesticides on this food. Organic growers are allowed to use one percent solutions of pesticides. Food labelled 'pesticide free' is supposed to be grown with absolutely no pesticide ever used on it.

A recent advertisement promoted 'organic' silica as a product all of us need to make us look and feel younger. If you have internet, look up what our need is for silica. You will find we do not need more than trace amounts, and we get all we need in vegetables. After all, silica is a crystal and is one of the main components of sand, glass and computer chips. Arsenic is a naturally occurring mineral, too, but would you buy it if it had 'organic' on the label?

The fact is this: a mineral that is not derived from living tissue cannot be called 'organic.' The word organic pertains to something that is, or was, alive. Even so, it does not mean it is good for you. Kelp from the coast of Japan could carry an organic label, but it is highly radioactive, and definitely not good for you.

We could say a cotton sheet is organic, and that would be true, as cotton fabric is made from cotton plants. Linen is made from flax plants. Silk is made from worm cocoon fiber. In that sense, they are organic, but not recommended as food sources.

Leather and furs are organic, having come from living organisms, but again, not good food sources.

The food on our grocery store shelves are organic, meaning they come from plants or animals. At the same time, only foods carrying the 'organic' label are extremely low in toxic chemicals, and are good for you. Sugar is derived from plants, but it is not necessarily good for you. The same can be said of coffee or tea, but unless a product is specifically labelled 'derived from certified organic producers' it has likely been grown with the use of pesticides.

Consumers have to be knowledgeable, clever, and have good eyesight allowing them to read the extremely fine print on most food labels.

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News Leader

Entertainment

Similkameen News Leader TV Guide Listings - August 18 - 24, 2015



Rika Ruebsaat and Jon Bartlett are the reasons why Princeton is the home of a Traditional Music Festival. *

Eighth annual festival was a blast!

by W. George Elliott

It has taken me eight years to figure out what makes the Traditional Music Festival such a big deal. Any event that can last longer than five years is going to be a hit in one way or other and I know this music festival is just that.

What gives it life is the energy and enthusiasm that comes from Rika Ruebsaat and Jon Bartlett. They are

the ones to credit for the success. It was their idea to try to create a music festival in Princeton that would bring musicians from all over North America to perform for you and I - for free.

Music festivals have had a history in Princeton. Unfortunately, not a good one and I do not ever recall a 'Second Annual' any-kind-of-music-festival having been held

here. There have been a handful of firsts but obviously the style of music was the downfall of those events.

Traditional Music - to use the words of my wife, Brenda - is a different culture. I think that's what helped me see the 8th annual Princeton Traditional Music Festival as something other than sea

shanties and folk songs.

As a culture it attracts a certain kind of person. Looking at the two day roster of performers and you get a sense of the quality of music being played as part of this event. These are not random musicians looking for a gig. These are professionals in their musical style who simply want a place to share their

love of music with anyone who'll listen.

Even with rain and cooler temperatures these musicians were greeted with large groups of eager listeners at all three stages used during the weekend. That's just part of the culture and clearly Princeton is a good fit for Jon and Rika's annual celebration of music.

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Flip Of The Coyne

by Spencer Coyne

.....continued from Page 3
community really do showcase the spirit of the community. Princeton still has that pioneer spirit making things happen. I love that about Princeton. Although our volunteers sometimes get neglected for all the hard work they do for the community, I think I can safely say that people in the community really do appreciate the hard work and dedication you all give to the community as a whole. Like I said last week, it is the volunteers who give Princeton its heart and soul and I stand by that.

Since I have to write this before the festival kicks into high gear, I can

only hope that the weather cooperates and that I can make it out to experience some of the entertainment. I have always enjoyed the years past. It is a great cultural experience and it really complements Princeton's historical development.

Thanks again to all the volunteers for their dedication to bringing life to our little town. Your work is most appreciated! Of course, thank you to the Town Crew. I don't think people know how much you guys do everyday. I think everyone should stop once and a while and consider how much our small public works crew does from cleaning up the downtown to fixing water lines, to

making sure the water we drink is safe and clean. I know it can be easy to dump on a public works employee for dirty sidewalks or for snow not being removed fast enough but when you consider just how much they do everyday and the vast spectrum of work they do it makes you stop and think, Wow! One minute they are watering flower baskets. The next they are dealing with a natural disaster. Our public works crew deserve our thanks as much as the hard working volunteers. They are the ones who keep the town moving along and both groups do not get enough credit for their work and dedication. Thank you.

News Leader Str8ts

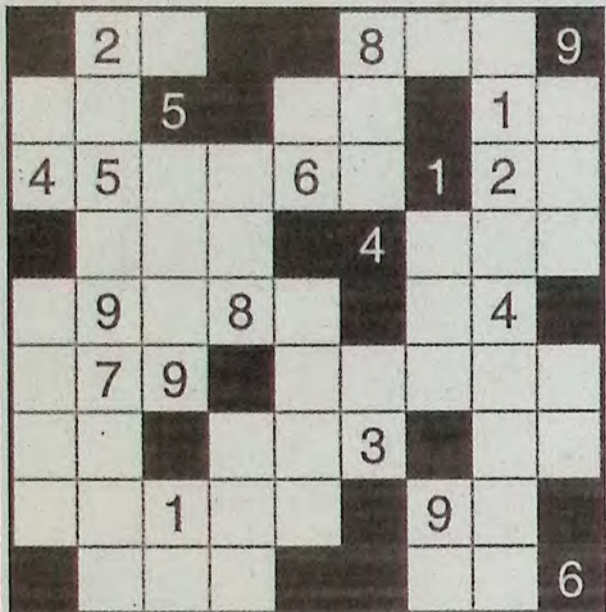
Tuesday - Wednesday

STR8TS

No. 242

Medium

Previous solution - Easy



How to beat Str8ts - Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

TUESDAY EVENING

8:00 pm FAM ch.26 "The Even Stevens Movie" (2003, Comedy) Shia LaBeouf. Members of a family unwittingly appear on a reality-television show after the producer sends them to an island for a vacation. (In Stereo) (CC)
 11:00 pm WTBS ch.3 "Miracle" (2004, Drama) Kurt Russell. Coach Herb Brooks leads the U.S. Olympic hockey team to victory over the Soviet team in 1980.

Documentary) Buzz Aldrin. A profile of adventurer and aviator, Florence Lowe Barnes. (In Stereo) (CC)
 8:00 pm FAM ch.26 "How to Build a Better Boy" (2014, Comedy) China Anne McClain. Teenage tech whizzes unwittingly use military software to program a robotic boyfriend. (In Stereo) (CC)

11:00 pm WTBS ch.3 "This Christmas" (2007, Comedy-Drama) Delroy Lindo. A matriarch assembles her brood for their first holiday reunion in four years, but secrets come to light and family ties become strained.

WEDNESDAY EVENING

7:00 pm KSPS ch.6 "The Legend of Pancho Barnes and the Happy Bottom Riding Club" (2009,



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TUESDAY, AUGUST 18, 2015

| | WTBS ch.3 | CHBC ch.4 | KNOW ch.5 | KSPS ch.6 | KHQ ch.7 | KREM ch.8 | A&E ch.9 | KXLY ch.10 | BCTV ch.11 | CITY ch.12 | CBC ch.13 | YTV ch.18 | TSN ch.19 | VTV ch.22 | DISC ch.24 | FAM ch.26 | CITY ch.29 | SPIKE ch.44 | DTOUR ch.45 |
|-------|-------------------------|-----------------------|-------------------------|---|--|------------------------|---------------------|------------------------------------|-----------------------|-------------------------|---------------------|------------------------------|--|------------------------------------|---------------------------|----------------------|---|---------------------|---------------------|
| 6 AM | Community | Morning News (N) ☺ | Zerby | Clifford | KHQ News 6AM (N) | KREM 2 Morning News | Dog | Morning Northwest | Morning News (N) ☺ | (5:00) Morning News (N) | CBC News Now (N) ☺ | Kid vs. Kat | SportsCentre ☺ | CTV Morning Live Vancouver (N) ☺ ☺ | Dangerous Flights | Justin | CityLine (N) ☺ | Bar Rescue "Chumps" | Gotta Eat World's |
| 7 AM | Law & Order: SVU | | Kate and Wild Kratts | Odd Squad | Today Seth Meyers; Bill Hader; Fred Armisen. (N) ☺ | CBS This Morning (N) ☺ | Dog | Good Morning America (N) ☺ | | | Save-Ums! | Squirrel | SportsCentre ☺ | Yukon Men (Part 1 of 2) | Phineas | Let's Make a Deal ☺ | Bar Rescue ☺ | Moves | |
| 8 AM | Paid Prog. | | PAW Patrol | Curious | | | CSI: Miami ☺ | | | Morning | Moblees | SpongeBob | SportsCentre ☺ | Alaskan Bush People | Warthogs! | The Price Is Right ☺ | Bar Rescue ☺ | Security | |
| 9 AM | Millionaire | Morning | Space | Peg | | The 700 Club ☺ ☺ | CSI: Miami "Bait" ☺ | Live! Kelly and Michael | Morning | Pitchin' In | Super Why! | Sidekick | SportsCentre ☺ | Live! Kelly and Michael | Rise of the Machines | ANT Farm | FamFeud | Bar Rescue ☺ | The Dead Files ☺ ☺ |
| 10 AM | Divorce | Pitchin' In | G. Shrinks | Sesame Street ☺ (E) | | The Price Is Right ☺ | CSI: Miami ☺ | The View ☺ | Pitchin' In | Rachael Ray ☺ ☺ | Bookaboo | Spliced ☺ | SportsCentre ☺ | The View ☺ ☺ | Mayday ☺ | Wingin' It | The Chew ☺ | Bar Rescue ☺ | Bikinis |
| 11 AM | Judge | Rachael Ray ☺ ☺ | Jelly Jamm | Dinosaur | Hot Bench | Young & Restless | The First 48 ☺ | Paid Prog. | Rachael Ray ☺ ☺ | Noon News Hour (N) | Heartland | Rated A | UEFA Champions League | Marilyn Denis | Rise of the Machines | Gaming | General Hospital (N) ☺ | Bar Rescue ☺ | Big Crazy Family |
| 12 PM | Hot Bench | Noon News Hour (N) | PAW Patrol | Charlie Rose ☺ ☺ | 21 Day Fix | News | The First 48 ☺ | The Chew ☺ | Noon News Hour (N) | Days of our Lives (N) | CBC News Now (N) ☺ | Chucks | Soccer: SS Lazio vs Bayer 04 Leverkusen. (N) | CTV News Vancouver | Alaskan Bush: Off Grid | Girl Meets | Celebrity | Ink Master ☺ ☺ | Security |
| 1 PM | King | Days of our Lives (N) | Astroblast | Dowdle | Days of our Lives (N) | The Talk ☺ ☺ | The First 48 ☺ | General Hospital (N) ☺ | Days of our Lives (N) | The Talk ☺ ☺ | Recipes | Almost | The Social (N) ☺ ☺ | Alaskan Bush People | Austin | CityLine ☺ | Ink Master ☺ ☺ | The Dead Files ☺ ☺ | |
| 2 PM | The Middle | The Talk ☺ ☺ | Maker | Thomas | TMZ (N) ☺ | Let's Make a Deal ☺ | The First 48 ☺ | Queen Latifah | The Talk ☺ ☺ | Meredith Vieira | Steven and Chris ☺ | Wayside | SportsNation (N) ☺ | Dr. Phil ☺ ☺ | How/Made | K.C. Under. | CityNews at 5 (N) ☺ | Ink Master ☺ ☺ | Ghost Adventures ☺ |
| 3 PM | Seinfeld ☺ | Meredith Vieira | Astroblast | Curious - Cat in the Hat | Ellen DeGeneres Show | The Dr. Oz Show ☺ | Storage | Rachael Ray ☺ ☺ | Meredith Vieira | Young & Restless | Republic of Doyle ☺ | Sidekick | SC Top 10 | Ellen DeGeneres Show | How/Made | K.C. Under. | (2:59) CityNews at 6 (N) | Ink Master ☺ ☺ | Gotta Eat Eat St. ☺ |
| 4 PM | Big Bang | Young & Restless | Doki Ad | WordGirl | Jdg Judy | Dr. Phil ☺ ☺ | Storage | The Doctors ☺ ☺ | Young & Restless | Early News | Dragons' Den ☺ | SpongeBob | Hockey | The Dr. Oz Show ☺ | Mighty Ships ☺ | K.C. Under. | Mod Fam | Ink Master ☺ ☺ | Moves |
| 5 PM | Browns | News (N) ☺ | Dino Dan | News | News | News | Storage | News | Early News | (4:59) News Hour (N) | CBC News | Parents | Interruption | CTV News Vancouver | Land Rush (N) | K.C. Under. | America's Got Talent Twelve acts perform. (N) | Ink Master ☺ ☺ | Security |
| 6 PM | Browns | Global Nat. News | Hope for Wildlife ☺ | PBS News-Hour (N) ☺ | News | KREM 2 News at 6 (N) | Storage | News at 6 | (5:59) News Hour (N) | ET Canada | CBC News | Thunder | SportsCentre (N) ☺ | CTV News Vancouver | Deadliest Catch | Gaming | Next Step | Ink Master ☺ ☺ | Bikinis |
| 7 PM | Paid Prog. | Ent | Mega Builders ☺ | Navy Seals - Their Untold Story ☺ | Jeopardy! | Inside Ed. | Storage | Ent | Ent | NCIS: New Orleans ☺ | Max | UEFA Champions League Soccer | etalk (N) | Deadliest Catch (N) ☺ | Life Derek | Broke Girl | Ink Master (N) ☺ ☺ | Big Crazy Family | |
| 8 PM | Family Guy | NCIS "No Good Deed" | Solar Mysteries ☺ | America's Got Talent Twelve acts perform. (N) | Storage | Storage | Storage | Fresh-Boat | NCIS "No Good Deed" | NCIS "No Good Deed" | Mercer | Just Kid | Spun Out | Cold Water Cowboys | Movie: "The Even Stevens" | CityNews-Tonight (N) | Tattoo | Ghost Adventures ☺ | |
| 9 PM | Amer. Dad | NCIS: Los Angeles ☺ | Anti-Social Limited (N) | Frontline ☺ ☺ | Storage | Zoo (N) ☺ ☺ | Storage | Extreme Weight Loss "Hannah" (N) ☺ | NCIS: Los Angeles ☺ | NCIS: Los Angeles ☺ | Creek | Gags | SportsCentre (N) ☺ | Zoo (N) ☺ ☺ | Deadliest Catch | Wingin' It | Reviews on | Tattoo | The Dead Files ☺ ☺ |
| 10 PM | Jeffersons | NCIS: New Orleans ☺ | Out of Ashes | Walk in Park | Hollywood Game Night | NCIS: New Orleans ☺ | Storage | Storage | NCIS: New Orleans ☺ | News Hour Final (N) | The National (N) ☺ | Haunting | SportsCentre (N) ☺ | Hollywood Game Night | Deadliest Catch ☺ | Life Derek | Extra (N) | Ink Master ☺ ☺ | Bikinis |
| 11 PM | Movie: "Miracle" (2004) | News Hour Final (N) | Mega Builders ☺ | Charlie Rose (N) ☺ | News | News | Storage | KXLY 4 | News Hour Final (N) | ET Canada | CBC News | Gags | SportsCentre ☺ | News-Lisa | Cold Water Cowboys | Wizards | The Role | Tattoo | Big Crazy Family |

Vermilion Forks Field Naturalists

Naturalists Hike Hedley Creek



Hiking along Hedley Creek provided many incredible photo opportunities. - photo submitted

by Janis Wright, VFFN

Vermilion Forks Field Naturalists enjoyed an easy hike along the Hedley Creek trail on Saturday morning, August 8th - a perfect outing for a hot summer day, as the trail is shaded and cool. Hedley

Creek, aka Twenty Mile Creek, runs between rock walls of a box canyon, and flows south into the Similkameen.

Years ago the creek was dammed by mining companies to provide water for a reduction mill, and sub-

sequently domestic water was supplied through wood stave pipes, remnants of which are still evident below the trail. Four wooden plank bridges existed at one time, as well, to allow access further up the creek, but all crossings and the dam have

since been destroyed by spring floods.

Fifteen of us, led by Margaret Hale, walked along a footpath paralleling the creek until we reached the first bridge washout area. The bridge still lies relatively intact, but positioned on the opposite bank. This turnaround spot makes a great place to sit and rest, enjoy a snack and the spectacular scenery before heading back.

The rock formations of the canyon and lush foliage along the water make for a unique and lovely land-

scape - cedars, willows, ferns and Oregon grape are abundant. Our over two hour hike ended with lunch at Hedley's Hitching Post, a treat any day of the week!

Our next field trip will be Saturday, August 22nd, when Joan Kelly will lead us on a 3-kilometre walk through the woods on the 'Last Cow Trail,' off China Creek Road.

Please phone Joan at 250-295-7743 to confirm participation, and meet at Billy's Restaurant parking lot at 9:00 AM to carpool.



Colin Thompson's PTSDFireRide for First Responders passed through Princeton August 14th. He says, "Post Traumatic Stress Disorder can kill. I'm riding to the Fallen Fire Fighter Memorial in Colorado Springs to raise money for a pioneering program at Vancouver General Hospital to help firefighters, paramedics and police officers cope with PTSD." To find out more visit his website at www.ptsdfireride.ca. *

More than one 50th at the Fair

This year marks the 50th Fall Fair in Princeton. The Fair will hold a special 50th anniversary Opening Ceremony to mark the occasion, but this is not the only 50th that will be celebrated at the fair. The Langley Drill Team is coming for the opening ceremony as part of their celebration of their 50th

anniversary. In addition to these two anniversaries, the class of 1965 is celebrating their 50th anniversary with a class reunion.

The Fair Board hopes to be able to introduce the class during the opening ceremony which begins at 10:00 AM Saturday, September 12.

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Forest fire smoke filled the region around Manning Park Lodge August 9th. This was the view looking east to the Princeton area from the Cascade Lookout that afternoon. *

WEDNESDAY, AUGUST 19, 2015

| | WTBS ch.3 | CHBC ch.4 | KNOW ch.5 | KSPS ch.6 | KHQ ch.7 | KREM ch.8 | A&E ch.9 | KXLY ch.10 | BCTV ch.11 | CITY ch.12 | CBC ch.13 | YTV ch.18 | TSN ch.19 | VTV ch.22 | DISC ch.24 | FAM ch.26 | CITY ch.29 | SPIKE ch.44 | DTOUR ch.45 |
|-------|-------------------------------|--------------------------|--------------------------------|---------------------------------------|--|-----------------------------|------------------------------|--------------------------------|---------------------------|----------------------------|---|------------------------|--|---|--|---------------------------|----------------------------|-----------------------------|----------------------|
| 6 AM | Community Paid Prog. | Morning News (N) | Zerby Doozers | Clifford Arthur | KHQ News 6AM (N) | KREM 2 Morning News | Dog Dog | Morning Northwest | Morning News (N) | (5:00) Morning News (N) | CBC News Now (N) | Kid vs. Kat Almost | SportsCentre SportsCentre | CTV Morning Live Vancouver (N) | Airshow (DVS) | Justin Phineas | CityLine (N) | Cops Cops | Gotta Eat World's |
| 7 AM | Law & Order: SVU | | Kate and Wild Kratts | Odd Squad Wild Kratts | Today Little Mix performs; Donatella Arpaia. (N) | CBS This Morning (N) | Dog Dog | Good Morning America (N) | | | Save-Ums! Arthur | Squirrel Parents | SportsCentre SportsCentre | Jade Fever Jade Fever | Phineas Gravity | Let's Make a Deal | Cops Cops | Moves Moves | |
| 8 AM | Law & Order: SVU | | PAW Patrol Curious | Curious Curious | | | CSI: Miami CSI | | Morning Huntley St. | | Moblees Tiger | SpongeBob SpongeBob | SportsCentre SportsCentre | Cold Water Cowboys | Warhogs! Wizards | The Price Is Right | Cops Jail | Security Security | |
| 9 AM | Millionaire Millionaire | Morning Huntley St. | Space Arthur | Peg Tiger | | The 700 Club | CSI: Miami CSI | Live! Kelly and Michael | Morning Huntley St. | Pitchin' In Debt/Part | Super Why! Napkin | Sidekick Almost | SportsCentre SportsCentre | Live! Kelly and Michael | Mighty Ships | ANT Farm Good Luck | FamFeud FamFeud | Jail Cops | The Dead Files |
| 10 AM | Divorce Paid Prog. | Pitchin' In Debt/Part | G. Shrinks PAW Patrol | Sesame Street (EI) | | The Price Is Right | CSI: Miami CSI | The View The View | Pitchin' In Debt/Part | Rachael Ray | Bookaboo Bo On/Go | Spliced Kid vs. Kat | SportsCentre SportsCentre | The View The View | Mayday: Air Disaster | Wingin' It Dog | The Chew The Chew | Cops Cops | Ghost Adventures |
| 11 AM | Judge Judge | Rachael Ray | Jelly Jamm Dinosaurs | Dinosaur Sit & Be Fit | Hot Bench Hot Bench | Young & Restless | The First 48 The First 48 | Paid Prog. Paid Prog. | Rachael Ray | Noon News Hour (N) | Heartland (DVS) | Rated A Rated A | UEFA Champions League | Marilyn Denis | Land Rush | Gaming Jessie | General Hospital (N) | Wildest Police Videos | Border Border |
| 12 PM | Hot Bench Hot Bench | Noon News Hour (N) | PAW Patrol Kate and | Charlie Rose | Paid Prog. Lunal | News Bold | After the First 48 | The Chew The Chew | Noon News Hour (N) | Days of our Lives (N) | CBC News Now (N) | Nerds Squirrel | Soccer: Rapid Vienna vs Shakhtar Donetsk | CTV News Vancouver | Deadliest Catch | Girl Meets Next Step | Celebrity Celebrity | Wildest Police Videos | Security Security |
| 1 PM | King Paid Prog. | Days of our Lives (N) | Astroblast Poppy Cat | Oil Painting Sewing | Days of our Lives (N) | The Talk The Talk | Duck Dynasty | General Hospital (N) | Days of our Lives (N) | The Talk The Talk | Recipes Stefano | Almost Sidekick | UEFA Champions League | The Social (N) | Deadliest Catch | Austin Life Derek | CityLine CityLine | Cops Cops | The Dead Files |
| 2 PM | The Middle The Middle | The Talk The Talk | Maker Curious | Thomas Sesame St. | TMZ (N) ThisMinute | Let's Make a Deal | Duck D. Duck D. | Queen Latifah | The Talk The Talk | Meredith Vieira | Steven and Chris | Wayside Kid vs. Kat | Off Record Interruption | Dr. Phil Dr. Phil | Ice Cold Gold | K.C. Under. Girl Meets | CityNews at 5 (N) | Cops Jail | Ghost Adventures |
| 3 PM | Seinfeld Mod Fam | Meredith Vieira | Astroblast PAW Patrol | Curious Cat in the | Ellen DeGeneres Show | The Dr. Oz Show | Duck D. Duck D. | Rachael Ray | Meredith Vieira | Young & Restless | Republic of Doyle | Sidekick Chucks | SportsCentre (N) | Ellen DeGeneres Show | How/Made How/Made | Girl Meets Girl Meets | CityNews at 6 (N) | Cops Jail | Gotta Eat Eat St. |
| 4 PM | Big Bang Big Bang | Young & Restless | Doki Dinosaur | WordGirl Wild Kratts | Jdg Judy Jdg Judy | Dr. Phil The Doctors | Duck Dynasty | The Doc- tors | Young & Restless | Early News Global Nat. | Dragons' Den | SpongeBob Penguins | Hockey Champions | The Dr. Oz Show | Mighty Ships "Umiak I" | Girl Meets Girl Meets | Mod Fam Mod Fam | Cops Cops | Moves Moves |
| 5 PM | Paid Prog. Payne | News (N) | Dino Dan Wild Kratts | News Business | News NBC News | News CBS News | Duck D. Duck D. | News ABC News | Early News Global Nat. | (4:59) News Hour (N) | CBC News CBC News | Parents SpongeBob | MLB Baseball: Teams TBA. (N Subject to Blackout) (Live) | CTV News Vancouver | Mighty Ships | Girl Meets Girl Meets | America's Got Talent | Cops Cops | Security Security |
| 6 PM | Browns Payne | Global Nat. News | Mega Build- ers | PBS News- Hour (N) | News Millionaire | KREM 2 News at 6 (N) | Duck Dynasty | News at 6 News | (5:59) News Hour (N) | ET Canada Ent | CBC News Murdoch Myster- les | Thunder Assembly | (N Subject to Blackout) (Live) | CTV News Vancouver | Deadliest Catch | HZipzer Next Step | Mod Fam blackish | Cops Cops | World World |
| 7 PM | Mod Fam Seinfeld | Ent ET Canada | Watchers Park | "Pancho Barnes" | Jeopardy! Wheel | Inside Ed. Hollywood | Wahlburgr Lachey's | Ent The Insider | Ent ET Canada | Robinson Robinson | Murdoch Myster- les Coronation | Bella Henry | etalk (N) Big Bang | Land Rush The X Fac- tor | The X Fac- tor | Broke Girl Two Men | Cops Cops | Trip Flip Trip Flip | |
| 8 PM | Family Guy Family Guy | Big Brother (N) | Afghanis- tan: The Great | John Glenn America's Got Talent | Big Brother (N) | Duck D. Duck D. | The Middle Goldbergs | Big Brother (N) | Big Brother (N) | Dragons' Den | Just Kid Just Kid | SportsCentre (N) | MasterChef (N) | How/Made How/Made | Movie: "How to Build a Better Boy" | CityNews- Tonight (N) | Cops Cops | Ghost Adventures | |
| 9 PM | Paid Prog. Amer. Dad | Extant (N) Extant (N) | In Search of Haydn | Cloudstreet Robinson | Robinson Robinson | Extant (N) Extant (N) | Duck D. Duck D. | Mod Fam blackish | Extant (N) Extant (N) | X Company (DVS) | Gags Gags | SportsCentre (N) | Amazing Race | Mighty Ships | Wingin' It Reviews on | Jail Jail | Border Border | | |
| 10 PM | Jeffersons Break | Robinson Robinson | In Search of Haydn | Mystery- Search | Last Comic Standing | Criminal Minds "Fate" | (10.01) Duck Dynasty | Celebrity Wife Swap (N) | Robinson Robinson | News Hour Final (N) | The National (N) | Haunting Haunting | SportsCentre (N) | After the Race (N) | Alaskan Bush People | Life Derek Warhogs! | Extra (N) G. Martin | Jail Jail | World World |
| 11 PM | "This Christmas" (2007) | News Hour Final (N) | Park Watchers | Charlie Rose (N) | News J. Fallon | News CSI: Cyber | Wahlburgr Lachey's | KXLY 4 J. Kimmel | News Hour Final (N) | ET Canada Doctors | CBC News Coronation | Just Kid Just Kid | SportsCentre SportsCentre | News-Lisa CTV News | Land Rush Good Luck | Wizards The Role | Jail Jail | Trip Flip Trip Flip | |

THURSDAY, AUGUST 20, 2015

Grid for Thursday, August 20, 2015. Columns: Time, Channel, Program. Rows: 6 AM to 11 PM. Includes programs like Community, Morning News, Rob Robot, Clifford, KHQ News, KREM 2 Morning News, Dog, Morning Northwest, etc.

FRIDAY, AUGUST 21, 2015

Grid for Friday, August 21, 2015. Columns: Time, Channel, Program. Rows: 6 AM to 11 PM. Includes programs like Community, Morning News, Zerby, Clifford, KHQ News, KREM 2 Morning News, Dog, Morning Northwest, etc.

News Leader Sudoku

SUDOKU

No. 242

Very Hard

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | | | | | | | | |
| | | 5 | | 7 | | 9 | | |
| | | | 6 | | 3 | 1 | | 7 |
| 9 | | | | | 4 | | 8 | 6 |
| | | | 7 | | 2 | | | |
| 8 | 2 | | 9 | | | | | 3 |
| 1 | | 2 | 3 | | 6 | | | |
| | | 8 | | 4 | | 6 | | |
| | | | | | | | | 1 |

Previous solution - Tough

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 8 | 7 | 6 | 1 | 4 | 5 | 9 | 3 |
| 3 | 4 | 9 | 2 | 8 | 5 | 7 | 1 | 6 |
| 1 | 5 | 6 | 3 | 9 | 7 | 4 | 8 | 2 |
| 6 | 7 | 2 | 5 | 4 | 9 | 1 | 3 | 8 |
| 4 | 9 | 5 | 1 | 3 | 8 | 2 | 6 | 7 |
| 8 | 3 | 1 | 7 | 6 | 2 | 9 | 4 | 5 |
| 9 | 2 | 4 | 8 | 5 | 3 | 6 | 7 | 1 |
| 5 | 1 | 8 | 9 | 7 | 6 | 3 | 2 | 4 |
| 7 | 6 | 3 | 4 | 2 | 1 | 8 | 5 | 9 |

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S
News Leader Sudoku
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

Monday Movies

MONDAY MORNING

10:30 am SPIKE ch.44 "Planet of the Apes" (2001, Science Fiction) Mark Wahlberg. Premiere. In 2029 an astronaut leads a human uprising against a military leader and his army of ruling simians. (In Stereo)

AFTERNOON

1:30 pm SPIKE ch.44 "I Am Legend" (2007, Science Fiction) Will Smith. After a man-made plague transforms Earth's population into bloodthirsty vampires, a lone survivor desperately searches for a cure. (In Stereo)

4:00 pm SPIKE ch.44 "Star Trek" (2009, Science Fiction) Chris Pine. Premiere. Young James T. Kirk, Spock and the rest of the Enterprise crew embark on a collision course with a vengeful Romulan. (In Stereo)

EVENING

7:00 pm SPIKE ch.44 "Star Trek"

(2009, Science Fiction) Chris Pine. Young James T. Kirk, Spock and the rest of the Enterprise crew embark on a collision course with a vengeful Romulan. (In Stereo)

8:00 pm FAM ch.26 "Snow Buddies" (2008, Comedy) Dominic Scott Kay. Adorable talking puppies band together to compete in a dog-sled race across Alaska. (In Stereo) (CC)

10:00 pm SPIKE ch.44 "I Am Legend" (2007, Science Fiction) Will Smith. After a man-made plague transforms Earth's population into bloodthirsty vampires, a lone survivor desperately searches for a cure. (In Stereo)

11:00 pm WTBS ch.3 "War of the Worlds" (2005, Science Fiction) C. Thomas Howell. An astronomer searches for his missing family in the aftermath of a devastating alien attack.

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MONDAY, AUGUST 24, 2015

| | WTBS ch.3 | CHBC ch.4 | KNOW ch.5 | KSPS ch.6 | KHQ ch.7 | KREM ch.8 | A&E ch.9 | KXLY ch.10 | BCTV ch.11 | CITY ch.12 | CBC ch.13 | YTV ch.18 | TSN ch.19 | VTV ch.22 | DISC ch.24 | FAM ch.26 | CITY ch.29 | SPIKE ch.44 | DTOUR ch.45 |
|-------|---------------------|-----------------------|----------------------|----------------------------|-------------------------------|-------------------------|-----------------------------|-----------------------------|------------------------|-------------------------|--------------------------|-------------|----------------------------|--|------------------------|------------------------------|-----------------------------|--|---------------------|
| 6 AM | Community | Morning News (N) 30 | Zerby | Clifford | KHQ News 6AM (N) | KREM 2 Morning News | Dog | Morning Northwest | Morning News (N) 30 | (5:00) Morning News (N) | CBC News Now (N) 30 | Kid vs. Kat | SportsCentre 30 | CTV Morning Live Vancouver (N) 30 | Highway Thru Hell | Justin Phineas | CityLine (N) 30 | Bar Rescue 30 | Gotta Eat World's |
| 7 AM | Law & Order: SVU | | Kate and Wild Kratts | Odd Squad | Today (N) 30 | CBS This Morning (N) 30 | Dog | Good Morning America (N) 30 | | | Save-Ums! Arthur 30 | Squirrel | SportsCentre 30 | | Cash Cab | Phineas | Let's Make a Deal 30 | Bar Rescue 30 | Moves |
| 8 AM | Law & Order: SVU | | PAW Patrol | Curious | | | CSI: Miami 30 | | | Morning Huntley St. | Moblees | SpongeBob | SportsCentre 30 | | Buying Al. | Warthogs! | The Price Is Right 30 | Cops 30 | Security |
| 9 AM | Millionaire | Morning | Space | Peg | | The 700 Club 30 | CSI: Miami "Shootout" | Livel Kelly and Michael | Morning Huntley St. | Pitchin' In | Super Why! | Sidekick | SportsCentre 30 | Livel Kelly and Michael | Mighty Planes- | ANT Farm | FamFeud | Bar Rescue 30 | The Dead Files 30 |
| 10 AM | Divorce | Pitchin' In | G. Shrinks | Sesame Street 30 (E) | | The Price Is Right 30 | CSI: Miami 30 | The View 30 | Pitchin' In | Rachael Ray 30 | Bookaboo | Spliced 30 | SportsCentre 30 | The View 30 | Mayday 30 | Wingin' It | The Chew 30 | Contractor | Secrets-Lega. |
| 11 AM | Judge | Rachael Ray 30 | Jelly Jamm | Dinosaur | Hot Bench | Young & Restless | The First 48 30 | Paid Prog. | Rachael Ray 30 | Noon News Hour (N) | Heartland "Starstruck" | Rated A | Motoring | Marilyn Denis | Last Frontier | Gaming | General Hospital (N) 30 | "Planet of the Apes" (2001) Mark Wahlberg. Premiere. 30 | Security |
| 12 PM | Hot Bench | Noon News Hour (N) | PAW Patrol | Charlie Rose 30 | Ruf-Tweet | News | The First 48 30 | The Chew 30 | Noon News Hour (N) | Days of our Lives (N) | CBC News Now (N) 30 | Nerds | Hockey Lunch | CTV News Vancouver | Highway Thru Hell | Girl Meets | Celebrity | | Security |
| 1 PM | King | Days of our Lives (N) | Astroblast | Paint This | Days of our Lives (N) | The Talk 30 | The First 48 30 | General Hospital (N) 30 | Days of our Lives (N) | The Talk 30 | Our Vancouver 30 | Almost | Amazing Race | The Social (N) 30 | Canada's Worst Driver | Austin | CityLine 30 | | The Dead Files 30 |
| 2 PM | The Middle | The Talk 30 | Maker | Thomas | TMZ (N) 30 | Let's Make a Deal 30 | The First 48 30 | Queen Latifah | The Talk 30 | Meredith Vieira | Steven and Chris 30 | Wayside | World/Poker | Dr. Phil 30 | Myth-Busters 30 | K.C. Under. | CityNews at 5 (N) 30 | *** "I Am Legend" (2007) Will Smith. 30 | Ghost Adventures 30 |
| 3 PM | Seinfeld | Meredith Vieira | Astroblast | Curious | Ellen DeGeneres Show | The Dr. Oz Show 30 | The First 48 30 | Rachael Ray 30 | Meredith Vieira | Young & Restless | Republic of Doyle 30 | Sidekick | World/Poker | Ellen DeGeneres Show | How/Made | Jessie 30 | (2:59) CityNews at 6 (N) 30 | | Eat St. 30 |
| 4 PM | Big Bang | Young & Restless | Doki 30 | WordGirl | Jdg Judy | Dr. Phil 30 | The First 48 30 | The Doctors 30 | Young & Restless | Early News Global Nat. | Dragons' Den 30 | SpongeBob | Hockey | The Dr. Oz Show 30 | Rise of the Machines | Jessie 30 | Mod Fam | Movie: *** "Star Trek" (2009) Chris Pine, Zachary Quinto. Premiere. 30 | Moves |
| 5 PM | Browns | News (N) 30 | Dino Dan | News | News | News | The First 48: Misfortune 30 | News at 6 | Early News Global Nat. | (4:59) News Hour (N) | CBC News | Parents | Cabble | CTV News Vancouver | Rise of the Machines | Jessie 30 | Bachelor in Paradise | | Security |
| 6 PM | Browns | Global Nat. | Architects of Change | PBS News-Hour (N) 30 | News | KREM 2 News at 6 (N) | The First 48: Misfortune 30 | News at 6 | (5:59) News Hour (N) | ET Canada | CBC News | Thunder | SportsCentre (N) 30 | CTV News Vancouver | Alaskan Bush: Off Grid | Jessie 30 | After Paradise | | Security |
| 7 PM | Mod Fam | Ent | Hope for Wildlife 30 | WA. Grown | Jeopardy! | Inside Ed. | The First 48: Misfortune 30 | Ent | Ent | Running Wild | Murdoch Mysteries (N) 30 | Assembly | MLB Baseball (N) (Live) 30 | etalk (N) | Alaskan Bush People | Bunk'd (N) | Broke Girl | Movie: *** "Star Trek" (2009) Chris Pine, Zachary Quinto. 30 | Security |
| 8 PM | Family Guy | Hawaii Five-0 30 | Edwardian Farm 30 | Antiques Roadshow | American Ninja Warrior "Best" | Broke Girl | The First 48: Misfortune 30 | Bachelor in Paradise | Hawaii Five-0 30 | Hawaii Five-0 30 | Murdoch Mysteries (N) 30 | Just Kid | | So You Think You Can Dance (N Same-day Tape) | How/Made | Movie: *** "Snow Buddies" 30 | CityNews-Tonight (N) | | Ghost Adventures 30 |
| 9 PM | Amer. Dad | NCIS: Los Angeles 30 | Rococo "Madness" (N) | Antiques Roadshow | Runs of 2015" (N) | Scorpion 30 | The First 48: Misfortune 30 | After Paradise | NCIS: Los Angeles 30 | NCIS: Los Angeles 30 | Banished (N) 30 | Gags | | | Alaskan Bush: Off Grid | Wingin' It | Reviews on | | Security |
| 10 PM | Jefferons | Running Wild | Apocalypse | POV "Point & Shoot" (N) 30 | Running Wild | NCIS: Los Angeles 30 | The First 48: Misfortune 30 | (10:01) The Whispers | Running Wild | News Hour Final (N) | The National (N) 30 | Haunting | SportsCentre (N) 30 | Castle 30 | Alaskan Bush People | Lilo Derek | Extra (N) | Movie: *** "I Am Legend" (2007) Will Smith. 30 | Security |
| 11 PM | "War of the Worlds" | CHBC News Final (N) | Hope for Wildlife 30 | | News | News | The First 48: Misfortune 30 | KXLY 4 | News Hour Final (N) | ET Canada | CBC News | Gags | SportsCentre 30 | News-Lisa | Rise of the Machines | Wizards | Paid Prog. | | Secrets-Lega. |



Here's one way to stimulate movement at the business park - offer a bonus for new investment. *

Saving Downtown Princeton...

...An Ongoing Series by George Elliott



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Investors Group Financial Services Inc.

There has apparently been some movement at the industrial park.

Town Council announced at their last public meeting, nearly a month ago, that two lots had been sold.

I think what needs to be done to get more action up there is a bit of small town marketing. As I have somewhere in the neighbourhood of 37 years of media/marketing experience I am going to offer a suggestion - free of charge to Town Hall.

Two words: Bundle Sale.

Let me explain how we use the 'bundle sale' concept in my business.

We sell classified advertising. Our rate is a flat \$10 for a 25-word ad or announcement. This includes tax. If you buy two weeks of your classified ad we give you the third week for free. What happens here is we get two weeks of advertising sold at full rate. To show our appreciation for the two-week run we toss in an extra week at no extra cost.

Essentially we get to fill space with an extra ad and did not have to reduce the rate of the first two to get that.

How would that apply to the business park?

Simple.

Bundle sale the lots. If a potential buyer is interested Town Hall can offer up two lots at regular price. The bonus here is that if a client buys a pair of lots, they would receive a third one at no extra cost. The two original lots end up being purchased at the full rate and the third lot is just an added extra. The best part about this deal is that the Town of Princeton doesn't have to 'fire sale price' lots to attract business. Instead, they add value to the purchase with a bonus lot.

Thank you for investing in our community! Rather than offering tax incentives, which can extend into the future, the bonus comes right off the top the day the paper-

work is signed. The real bonus here is that the Town may have 'given away' a lot but-wins in the end by collecting commercial rate property taxes on all three lots starting with Year One.

I'm not sure of the legal ramifications of such a deal but I have a feeling it could attract larger companies interested in more than one lot at the business park.

What inspired this for me was a conversation I had last week with one of the newer business owners in the downtown core. She and I somehow got on the subject of attracting people to move to the community and her comment was that it could be a result from more development at the business park.

I think she was right.

The 'Bundle Sale' concept would encourage investment from outside our community, which would bring new people to our community. The

.....continued on Page 20

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1-bedroom furnished suite in downtown Princeton with level access. Asking \$550.00 per month which includes power, heat and satellite TV. Excellent references and damage deposit required. Cat...maybe? Available now. Call 604-484-2783 and leave a message with the best time to call back.

Princeton & District Community Services Society is now accepting applications for Aspen Court, a 3 bedroom, 2 bath family townhouse complex. BC Housing offers affordable rents for qualified applicants based upon 30% of gross income. Please contact Princeton & District Community Services Society at 250-295-6666 for applications and information.

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Commercial space, 1,500 square feet, 20-foot ceilings, overhead door, small office at 600 Similkameen Avenue, Princeton. Asking \$800/month plus utilities. Call 604-877-1599 daytime or 604-298-1948 nighttime.

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Lower Valley News

Keremeos - Cawston - Olalla



By 4 o'clock on August 8th, a farmyard just west of the Standing Rock on Highway 3 was scorched but calm. The remnants of a property fire were still being put out by personnel from the Keremeos Volunteer Fire Department and Dutchie's Transport, but the worst was long-since over. Eyewitnesses said an outbuilding was the first building to be engulfed around 9:00 AM August 8th, 1/2 km west of Keremeos. A nearby home was also threatened. One eyewitness turned his vehicle around to help but decided to retreat when he saw that other motorists had already stopped plus he noticed a large propane tank adjacent to the home. Highway 3 was closed on-and-off while fire crews battled the blaze that spread to the dry grass surrounding the outbuilding and home. The Keremeos Volunteer Fire Department was quick to respond and was on the road moments after the call came in. By 12 Noon the fire was controlled but still active. Argo Road Maintenance stationed a flag person at the west edge of Keremeos so that motorists could decide to take their chances with traffic lineups or take the By-Pass Road and head north through Peachland. Photo: Arlene Arlow

IHA says buying BC products has benefits

These days there is a growing movement to buy local food. Aside from environmental benefits and support for the local economy, there is something so rewarding about biting into a juicy peach at the peak of the season, purchased from a farmer who lives down the road.

But for an organization the size of Interior Health, which provides about five million meals each year across 55 sites, buying local isn't such a simple matter. Food safety is key, logistics are a challenge, and the financial implications must be

weighed. Still, leaders within Interior Health believe it is important to buy fresh local food and support the local agricultural industry.

"We have been working steadily with suppliers to take advantage of all the great food that is grown, produced and processed right here in B.C.," says Interior Health Regional Director of Support Services Alan Davies.

"We use as much locally grown produce as possible in our care homes and hospitals, plus cheeses, herbs, sausages, and more. We also

highlight locally grown foods on our cafeteria menus, such as Armstrong carrots. We try to purchase as many fresh fruits and vegetables in season as possible. Overall, there has been a shift within Interior Health's Food Services to provide fresher meals, with less sodium and using sustainable, green practices in our kitchens."

"We're always looking at new areas in which we can purchase locally. I would estimate that about 25 per cent of the produce we buy

is locally grown, depending on seasonal availability. If you include bread and dairy, I would say about 30 per cent of all our food is purchased from within B.C.," says Davies.

Interior Health works closely with food distribution company Sysco Kelowna to ensure food is not only of good quality and locally sourced when possible, but also that strict food safety measures are in place.

"If a recall occurs, we can have every customer notified within a

two to three hour period," says Sysco Kelowna Account Executive Ryan Thiessen.

Sysco only buys products from farmers who are certified GAP (Good Agricultural Practice). These GAP codes, standards and regulations have been developed by the international food industry, governments and non-governmental organizations (NGOs) to provide consistent food safety and quality standards as well as meet

.....continued on Page 19

 **PrincetonBCNews**

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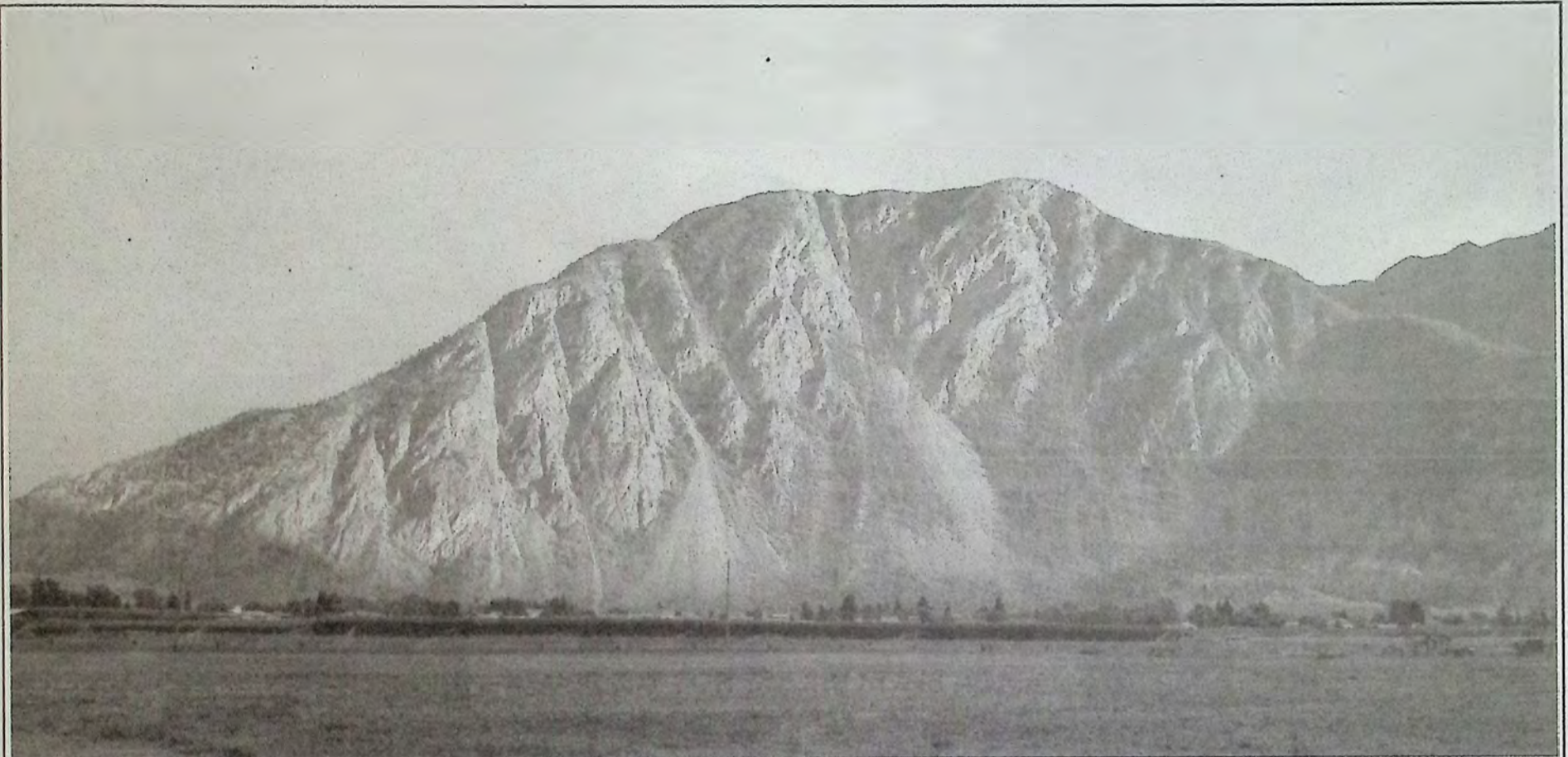
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"If there's a fork in the road, take it." Someone has a sense of humour: at Kilometre 8 on the south end of the Hedley Nickel Plate Road there is indeed a fork. If you appreciate humour, please leave the fork for passersby. If you don't appreciate humour, please leave the fork for passersby. Photo: Arlene Arlow

Lower Valley News

Keremeos - Cawston - Olalla



K Mountain definitely gets noticed when the light is "just right." On August 3rd, the sun's early evening rays showed off K Mountain in grand style. K Mountain continually sluffs, which may or may not be a good thing because sluffing suggests instability. On the flip side, continual sluffing can mean that the mountain will slowly erode away for thousands of years to come with no inherent danger. Photo: Arlene Arlow

Province looks at national park plan

In a positive announcement August 13 following consultations in the region, the BC government released an intentions paper and invited public feedback regarding protection options in the South Okanagan-Similkameen. Included in the proposed protection options is a nation-

al park reserve designation.

"I am grinning ear to ear," said Gwen Barlee, Policy Director with the Wilderness Committee.

"I grew up in the South Okanagan and every time I go back I see another piece of wilderness gobbled up. Establishing a national park

reserve here will be something our children and grandchildren will thank us for."

The arid South Okanagan-Similkameen region is one of the four most endangered ecosystems in Canada, and is home to 30 per cent of BC's endangered species - includ-

ing badgers, rattlesnakes, bobolinks and charismatic burrowing owls.

The BC government's proposed protection framework splits the region into three main areas, two of which are proposed as part of a national park reserve and the third as a provincial conservancy under the BC Park Act.

The federal government began exploring establishing a national park reserve in 2002. In 2011 after extensive public consultation, a National Park Feasibility Assessment Report was released which said the establishment of a national park was feasible and that federal-provincial national park negotiations should begin immediately.

However, in 2011 the BC government unilaterally withdrew from the process citing a lack of community support.

Independent polling has shown strong and growing support for the park, with the most recent poll conducted in March of 2015 showing over 3:1 local support in the regional district of the South Okanagan-Similkameen. Support included 79 per cent of farming or ranching families and 67 per cent of households who participated in snowmobile and ATV riding.

"There are still many questions that need to be answered, and the park size is smaller than we'd like, but this development is a very positive step forward," said Barlee.

"We are thrilled to see that the Minister of Environment Mary Polak recognizes the incredible ecological importance of this region and that the provincial government is exploring ways to protect it through a national park designation."

IHA supports local

.....continued from Page 18 requirements for certain trade needs and niche markets.

"Over the years, more co-ops have been established and more farmers are signing on to GAP, so we can take advantage of those items being available," says Thiessen.

"We can pretty much guarantee a B.C. apple about eight months out

of the year."

Growers such as Kelowna-based Angelo De Simone and his son Pierre are an important part of that supply.

"It's very good to see more people interested in buying local food, including large organizations like Interior Health," De Simone says.

"We are doing what we can and we encourage others in the com-

munity to look at their own purchases. B.C. has so much to offer in terms of buying locally produced food," says Davies.

Interior Health, when asked last week by Similkameen News Leader, indicated they will also source apples (in season) from the Keremeos area spreading their support into the Similkameen Valley.

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OTHER UPCOMING EVENTS at the Grist Mill:

Concert: Aug 20 @ 7PM - Pharis & Jason Romero | Concert: Aug 19 @ 7PM - Bill Bourne | Special Event: Sept 7 - Labour Day



Near Sunday Summit you can clearly identify the proposed path that Highway 3 will take to eliminate another sharp corner on the route. Clearing for the roadway continues on this project. *

Saving Downtown

.....continued from Page 16
 extra jobs created by some of those new businesses would increase the workforce. Even if it only resulted in new jobs for local residents.

New jobs translate to more disposable income and that's where the cycle spins into direct and indirect support for the downtown core. New business development at the business park may also indirectly attract more retail businesses to the downtown core.

I'm not faulting Town Hall for how they have chosen to approach sales at the business park. I just find it odd that with very likely the only fully serviced industrial lots in the Southern

Interior of British Columbia left I don't get why it is virtually empty.

If you think a 'Bundle Sale' would be a wise decision in marketing the business park, call Town Hall and let them know. The number is 250-295-3135. Or better yet, tell the Mayor whenever you see him.

How does this save downtown Princeton?

As explained, the business park is part of the equation. New development and investment from out of town brings new people to the community. Jobs are created and cash flow increases. Downtown businesses stand to benefit from all of these changes at varying degrees.

Heritage quilts are welcomed

As this is the 50th Fall Fair, anyone wishing to display a heritage quilt or other heritage needlework would be most appreciated.

The building where the work is displayed is locked overnight, and there is security on the grounds, so

the display will be protected.

These displays are not for judging, merely for display purposes. Regular quilt and other needlework entries will be shown separately and judged as exhibits. Anyone wishing to display her-

itage quilts and/or needlework should contact Dawn Johnson at 250-295-6063.

Anyone having antique farm equipment is welcome to display these at the fair this year. Contact Keith Olsen at 250-295-0277.

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