Similkameen INCLUDES GSTI

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Tuesday, February 16, 2016

Canada We acknowledge the financial support of the Government of Canada through the Canada Periodical Fund of the Department of Canadian Heritage.



Ruth Woodin recently marked her 20th year as the Postmaster for Hedley. The longest serving honour is held by TC Knowles who served from 1937-1959. Woodin loves her work and the people she sees on the job. She credits Hedley area customers in keeping the post office open by using the many postal services it provides. *

Historic tailings pond due for another bio-solids treatment

by Stephen Brodie

Cyanide and arsenic are used and occur naturally in mining operations and exist in copious amounts in tailings ponds where gold and silver have been recovered from the ore. Both of these elements are toxic if ingested in significant quantities. The mining industry has used cyanide for processing for 120 years. Cyanide in the form of a very dilute sodium cyanide solution, is used to dissolve and separate gold from ore. In Canada more than 90% of mined gold is extracted from ore using cyanide. It is toxic in large

doses as it prevents the body from taking up oxygen, resulting in suffocation. Thankfully the industry has made significant advances in the handling and use of this material in the last fifty years and deaths attributable directly to it's use have all but been eliminated. It is extremely toxic to aquatic life in high concentrations as fish are one thousand times more sensitive to cyanide than humans.

Arsenic is a naturally occurring element commonly found as an impurity in metal ores. It too can be toxic in large doses, It is the 20th

most abundant component of the earth's crust. A number of human activities have the potential to increase arsenic concentrations in the air, water and soil on a local scale. The rate of arsenic release from sulphide minerals can be sped by mining activities. Atmospheric arsenic emissions from copper smelting represent the largest contribution of arsenic from the mining and metals industry by far and have begun to be the focus of pollution control technologies. Arsenic is no longer produced commercially in Canada, but it has been a significant byproduct of gold and copper mining. In 2010 41 tonnes of arsenic were imported from the United States in the manufacture of CCA and metal alloys. It is listed by Health Canada as a Group one of the Priorities List. It is extremely poisonous and causes cancer in humans. Although some plants are able to grow in soil with high levels of arsenic they do not grow as well as they would in uncontaminatedcontinued on Page 2

Board approves District budget

The Board of Education of School District #58 (Nicola-Similkameen) met in Princeton on February 10.

The first order of business was to welcome members of Princeton Town Council. Councillors Rosemary Doughty, Douglas Pateman and Jerome Tjerkstra attended the meeting.

Student trustee Michael White attended his first Board meeting.

Each year, the school district amends the budget in February, due to changes in enrolment and costs. The Board adopted the budget totaling \$30,297,457. Of this, \$298,000 will come from reserves.

The next round of budget planning begins in April, when the Board begins the 2016/17 budget process. There will be a session on April 12 at the Board Office on Tapton Avenue. Any interested persons are welcome to attend.

The Board approved a slight increase in rental rates for use of school property.

Students learn fire fighting

Students at Princeton Secondary School have the opportunity to work with Princeton Volunteer Fire Department to learn fire fighting skills.

This is an approved course for which students receive credits. It is not an easy course. Students must pass 20 units of study and attend fire practice and call-outs, although they are not permitted to fight actu-

al fires in progress. The course complies with WCB regulations and fire fighting standards of safety. Students signed up for the course last June, and have been working hard at the course, attending fire practice and responding to callouts. Each student in the program carries a pager and must go when summoned. Only one call-out has occurred during school hours.

Board approves tour of Europe

At the February 10 Board of Education meeting, Ian Tisdale, Vice-Principal of Princeton Secondary School, presented a plan for a trip to Europe during spring break in 2017. The focus of the trip will be history, in both London and Paris. In France, students would take a side trip to Vimy Ridge, a war memorial to Canadians. Next year marks the 100th anniversary of the battle of Vimy Ridge during World War I.

Trustees gave approval in principle to the tour, but Tisdale must present

a detailed report of the itinerary, educational value, and fund raising strategy before final approval is given. Board Chair Gordon Comeau advised Tisdale the tour could be altered if there is some kind of crisis situation that arises prior to the tour.

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Historic tailings pond due for treatment

......continued from Front Page soil.

While the current mining operation does not smelt their ore here, past operations have, and a considerable amount of both toxic chemicals ended being dumped into the tailings pond within the town limits. This large accumulation of tailings is to be found in what was once a class E park. The site covers the area from the Firemasters firewood plant to the golf course road and is about a half mile wide and in places over 150 feet deep. It's northern edge follows the highway.

Until about twenty years ago this tailings pile was a severe nuisance to this community as it's fine light particles were susceptible to wind erosion and at times one could find huge clouds of this nasty material covering this community. It clogged up commercial and industrial air filtration systems and was to be found as dust in most peoples homes. It was just a plain environmental hazard especially at the golf course. This community wide menace had done untold damage to the health of residents of this community while it was allowed to circulate into our lungs and food. Thankfully scientists developed a control mechanism which was brought to the attention of the then Mayor, John Rubis. Bio solids a byproduct of the sanitation system of Vancouver were imported in significant quantities to provide a fertile medium for the growth of ground cover. These bio solids are almost pure nitrates, phosphates, and potash or in other terms fertilizer. By mixing the tailings material with these bio solids, plant growth normally not able to develop in the pure tailings, flourished in the new media. This significant plant growth completely stopped the erosion and movement of the somewhat toxic tailings into the remainder of this community. What was amazing about the whole adventure was that it cost this community absolutely nothing.

Wayne Crimmon, part of a long time and historic ranching family here, has made a living doing this for communities in British Columbia for the past twenty years. I talked with him recently and told him his contribution to this communities welfare was probably the single most significant improvement done by anybody in the last forty years that I have lived here. His work had transformed this town from being a dirty dusty place to the beautiful blue sky community it is today.

He then told me that the work he had done here was in danger of being lost as the treatment he had performed on the tailings pile was only good for a limited time as the nutrients he had brought would be leaching out over time. He told me he would love to give us one more treatment, at no cost to taxpayers, but the access to the tailings pile had been sold. What's more he had decided to retire and was in the process of selling his equipment. He still has the equipment for a while but there will be a time in the foreseeable future when this opportunity is lost. This secondary treatment would insure that the tailings would stay where they are and the toxic materials in it would not endanger our lives for a considerably longer time than the twenty years of the last treatment. Other than the access, his costs would be completely covered by the City of Vancouver. I would like to see this community contact council and ask them to once again approve this move, and acquire access for this purpose.



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Flip Of The Coyne

by Spencer Coyne

Most weeks I am pretty hard on our town's councillors. I will give them credit when I feel they have done something that really stands out and is commendable. This isn't because I don't like them. I have respect for them. They put their names forward and stand for office. Anyone who does this deserves our respect. So why am I so critical of them? It's my job. I write an opinion column. I am not a reporter. I don't dig for stories or cover ribbon cuttings. I write opinions about what is happening. Unfortunately for our councillors, this means my attention is turned to them a lot of the time.

The truth is at the end of the day we all have the same goal. We all want to see Princeton become a better place, a better place to live, to do business and to raise our kids. We want to see people want to come to our community to visit or move their families here. While I might be critical or hard on our councillors it isn't because I dislike them, because I don't. I want to see them make us better. I want to see Council do something to make us believe in a better tomorrow, and why not? We look to our leaders for hope and optimism. I want our councillors to inspire me. I want them to inspire the entire community.

I believe that elected officials are accountable to the people, and people use public opinion to get their mood across to Council. My job is to put the public mood into words. People talk to me day in and day out about everything happening in

town. There is not an issue too small or too large that people won't stop me to talk about. I take concerns and examine them and put them to paper in the form of this column. I am not on a witch hunt every week looking for what Council has or hasn't done. I want to write positive stories about our councillors. When they were moving the visitor centre downtown, I couldn't have happier to be supporting them on this. I still support it despite opposition. I want to and I think most people want to support Council. The community wants something it can get behind. The business community wants something it can get behind. We want to believe in something. We want to believe that tomorrow will be better than today and next month will be even better than that, and a year from now Princeton will be ahead of where it has been.

Here is my request to Council: Inspire me. Make me believe and I will sound it from the top of the mountains. Give me hope and I will write about it. I want a council that will work with the community at every opportunity that arises. I applaud them for asking for feedback on their proposed business licence bylaw from the Chamber of Commerce. It is a step in the right direction. There needs to be more of this. There needs to be more openness and more communication when big things are happening. Changes that Council makes that concern the public should not become public only after the fact. Learn how to use the

tools at your disposal to communicate with the community. There are two newspapers, not to mention the internet. Use the media to get your message across. Social media is scary, but you can reach an amazing amount of people in very little time, and you have traditional media to reach those who are not online. Do not fear talking to the people get your side out into the light and let the people know and understand what it is that you are doing. When you don't, you cannot blame people for being concerned or upset. It is hard for those of us who write in the opinion sections of papers to not speak out about the concerns and the fears of the people if there is no other side of the story for people to

Brodie reports on youth parliament

During Christmas break, Isabella Brodie was one of 95 secondary school students from around British Columbia to attend the Youth Parliament in Victoria. The Town of Princeton paid for her registration, and her family paid for the remainder of the costs. At the February 10 Board of Education meeting, Brodie gave a report on her experience.

Brodie was assigned a seat on the Opposition side of the Legislature chambers. The Speaker of the House, a former member of the Youth Parliament, called on stu-

dents to present bills and debate issues. Brodie said practice in parliamentary procedure was a great learning experience and she hopes to go next year.

A visit to the Lt. Governor's residence was part of the experience. Board Chair Gordon Comeau reminded Brodie the Lt. Governor is Judith Guichon of Merritt, part of Brodie's own school district area.

Following the report, the Vice-Principal of Princeton Secondary School, Ian Tisdale, praised Brodie, saying she was an excellent student.



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My Turn...

Writer's Block

There was a time I feared I would suffer from writer's block.

That's the term used to describe when you want to write something and it just doesn't happen. It's the symptom of half finished sentences on crumpled up balls of paper filling a trash can.

When I started writing freelance on top of my daily writing chores here at the News Leader I did it first for fun. I thought I might earn a few extra bucks and maybe learn a thing or two.

Now, two years into my freelance career I can tell you the last thing I encounter is writer's block. In the many contracts I have had I have written on such diverse subjects as lady's shavers, sports memorabilia, essential oils, herbal teas, wireless routers, chop saws and tree removal service.

What it taught me was that I can write about anything provided I do a bit of research. It also assisted me in improving some of my memory skills. I figure for being in my mid-50's these skills could be handy when I reach retirement.

I have always been one of those who believe a healthy mind keeps you healthy as you age. Both of my parents were mentally sharp into their golden years.

With the Town of Princeton focusing on making our community a "healthy community" I hope there is some emphasis on mental health. Sure, we all need to be physically active in order to live long and productive lives and walking trails, age-friendly fitness equipment and other outdoor activities all add to the mix but I'm wondering where the "brain fitness" stations will be.

The best part about "brain fitness" is that it doesn't need to be as intense as what I am doing to keep the electrical charge snapping inside my noggin. Doing puzzles, reading and anything else that forces you to think can exercise your brain.

As much as I tease my wife for playing matching jewel games, Mahjong, online and crossword puzzles for what sometimes appears to be hours on end, I know she does it to give her brain a break from number crunching and invoice processing in the office.

Although she thinks she is giving her brain a rest, she is actually working it even harder and that's why I'm okay with seeing a giant puzzle on her computer desktop during the day.

I think it's a great idea to incorporate a healthy lifestyle component into Princeton's community profile. It will set our community apart but fitness is far more than just physical.

In fact, if you have read this far I have already helped you give your brain a bit of extra exercise today. Writing this for you has exercised mine, so in a way, we are helping each other build a healthy community.

I trust Town Council will factor in the importance of brain health as part of their healthy community plan.



We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.





Kate Weekes and Keitha Clark performed February 6th in The Cosmopolitan Gallery as part of the Home Routes Series. Princeton Arts Council sponsored the event that attracted a number of locals who enjoyed the original music presented in the unique gallery setting. Weekes and Clark followed this stop with one in Kelowna a few nights later.*

Former local cop 'reworked' report

Special Report to the Similkameen News Leader by Joe Fries, Penticton Herald

Despite finding no "nefarious motivations" on the part of the Mountie involved, a Penticton judge has tossed a case after the same officer admitted to "reworking" an incident report upon learning he himself was also under investigation.

Rayne Russel Tjernstrom, 25, was charged with obstructing and assaulting two police officers who investigated him for impaired driving in March 2014 in Princeton.

Following trial in provincial court in Penticton, Judge Greg Koturbash ruled Tjernstrom's right to full disclosure had been violated and stayed the charges.

According to the January 25 decision, which was recently published online, RCMP Const. Cam Shiell admitted at trial that he made changes to his report to Crown counsel regarding the circumstances of Tjernstrom's arrest after learning B.C.'s police watchdog was investigating him for excessive use of force during the incident.

Shiell testified the edits were meant "not to change the evidence, but to better articulate certain points or update the report," Koturbash wrote, although the constable was unable to recall exactly what corrections were made.

The judge noted there is a "very real risk" Shiell may have intentionally or unintentionally altered the facts "to represent his actions in the most favourable light" after speaking to his own legal counsel. "Although I attribute no nefarious motivations to Const. Shiell regarding the destruction of the original draft, its relevance should have been obvious to Const. Shiell and better efforts and care should have been made to preserve it," said Koturbash.

"To make an analogy, if Mr. Tjernstrom had provided a statement to the police, and days later came back and said he wanted to better articulate what he had said earlier, the police would not simply erase the portions he wanted to change and let him a have redo. Instead, a second statement would be obtained and the first retained in its original format. The retention of both would have been necessary in evaluating both his credibility and reliability.

Koturbash suggested Shiell should have simply added an addendum to his original report if he felt clarifications were needed. As such, he ruled the loss of relevant evidence constituted "unacceptable negligence" on the part of the Crown that violated Tjernstrom's legal rights.

"I was pretty happy to see a judge finally take a really strong stand on this business of reworking reports," defence counsel Tom Engel said in a phone interview from his home base in Edmonton.

Engel only learned Shiell's report had been amended when he asked the officer about it at trial, but said the issue isn't limited to Tjernstrom's case, because the software Mounties and some other police agencies use for such reports doesn't track changes.

"Hopefully the RCMP will do something about it," he added.

RCMP spokesman Cpl. Dan Moskaluk declined comment on the case. He said Shiell has been transferred out of Princeton because his posting there expired.

Shiell's use of force during his arrest of Tjernstrom was probed by the Independent Investigations Office of B.C., but Crown did not approve charges against the Mountie because there wasn't acontinued on Page 6

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Current Comment

The Golden Thread of Government



Dawn Johnson editor@thenewsleader.ca

There is a 'golden thread' in our justice system, and this is the principle of "innocent until proven guilty." This principle is fundamental to justice in any land governed by British common law.

Most people are not aware of the golden thread of government: government shall not govern by whim. At one time, kings or queens governed by whatever pleased them at

Hidden Treasure

English publication:

Thirty Years

away from home to get the news is

borne out by the following item which

appeared in the Weekly Dispatch, an

Four Chinese, Ah Foo, Chew Lum,

Ning Pam and Soo Key, who thirty

years ago were miners prospecting in

British Columbia, will shortly sail

for China, each with a small fortune

as the result of the increase in the

During their wanderings over the

price of platinum since the 'nineties.

mining country in the Tulameen dis-

trict they collected six pounds of plat-

inum which, on breaking camp, they

The old saying that you have to go

the time. They demanded tax money, took or gave lands, and made whatever laws suited their purpose at the moment. With the advent of parliamentary law, governing by whim of royalty was no longer acceptable.

When laws were passed under parliamentary government, every law was required to be justified. Just because some person or group thought a law was a good idea was not justification for passing such a law. The need to justify a law became the way parliament governed. No new laws were to be passed without good reason.

The laws which were most requiring justification were any laws which would deprive a person of life, liberty, property or income. Within our present judicial system, most of the laws deal with exactly those issues. Thus we have laws regarding murder, confinement, theft, and fraud. A good example of how the law works is the old west right to shoot anybody stealing

Recovered After

your horse. A horse was not merely property, but the means of making a living, and in some cases, the means of staying alive.

Today, many politicians, at any level of government, seem to feel entitled to pass laws without justification. We no longer live in a feudal society in which having a title permits one to impose laws and taxes just because the titled person wishes the laws. Bill C51 is a good example of passing a law for no good reason, and lawyers from across Canada signed a document reminding our government we had laws in place that guarded our national security, and Bill C51 was not required. Even though Bill C51 passed, it was redundant.

The majority of laws passed have a set of regulations pertaining to that law. Protection of wildlife includes fishing, and is accompanied by fishing regulations which define who may fish, where, and when fishing may take place, and defines how fishing may be done. Further to the regulation, permits to fish are required, fees for permits are required, and fines for violations are spelled out. The justification for the permit fees is the cost to government of administering the permit system. Should our provincial government decide to increase permit fees just because it wanted more money, that would be opposition to the intent of requiring a fee.

Locally, in the matter of banning the sale of fireworks, the law deprived a local business owner of income. The justification was risk of starting a fire, which would be a public safety issue. However, if that law were passed, would it not be logical to ban the sale of cigarettes, gasoline, or any inflammable substance? On the other side of passing such a law, would it minimize the risk if everyone could travel to another community to purchase any of these items? Would it not make sense, in the matter of fireworks, to require a permit for setting off fireworks, and refusing to issue such permits when there is a high risk of starting a fire? Such a bylaw would limit liberty and deprive the permit holder of some of his income, but it would not set a precedent for Council to determine, without reasonable cause, what a business should sell.

In terms of public safety, there are more crimes committed by persons under the influence of alcohol thancontinued on Page 6

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"And Jesus said to them, 'Follow me, and I will make you become fishers of men." - Mark 1:17

put into a saki bottle, and hid it under a s'ab of rock. Time separated the four and those were never able to return to their But meeting again last year in China they decided to go back to Canada and recover their property, which they realized now represented considerable sum of money, platinhaving in the meanwhile gone up from 50 cents an ounce to \$75,00. he intervening years had wrought many changes in the locality of their farmer wanderings, but after some liquity the party found their comp ad recovered the precious bottle, the ments of which they have now sul twer 7,000 dollars - Reuter.

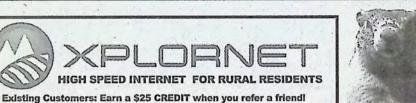
This article, from a 1921 issue of the Similkameen Star, describes a platinum cache that was hidden then recovered. Could this be where the legendary story of a stash in Granite Creek came from? - photo submitted

News Leader

PSS Junior Girls - South Okanagan Zone Champs

Basketball Team Moves on to Valley Championships





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PSS Junior Girls Team Photo. Front row: Brent McLelland (coach), Kyla Coyne (coach), Danika Sulentich, Mylee Coyne, Miranda Crucil, Taylor White, Rob Marshall (coach)\Back row: Jessica Parker, Haley Anderson, Gabe Oliver, Kelcie Holland-Krenn Missing: Brooke Heron, Sylvie Druck.

GOOD LUCK, **PSS JR GIRLS BASKETBALL TEAM**

from all of us at: SIMILKAMEEN **NEWS LEADER**

On Thursday night, February 11 the PSS Junior Girls Basketball team defeated Keremeos in the semi-final game 48-36. On Friday, February 12 Princeton played Penticton (Pen-Hi) in the final and the Princeton girls came out on top

The team played great defence and

played good team basketball on offence with lots of good passing plays. Jessica Parker had 21 points, Haley Anderson had 19 points and Gabe Oliver scored 7 to outpace Pen Hi.

The team now moves on to the Okanagan Valley Championships on February 19, and 20.

reworked' incident report Cop

... continued from Page 4 substantial likelihood of conviction, according to a clear statement issued in October 2014 by the B.C. Criminal Justice Branch.

Koturbash explained in his decision that Tjernstrom and a female passenger drew Shiell's attention when they were spotted sitting in a vehicle that was idling in a Princeton school parking lot at 3:00 AM on March 22,

Shiell noticed a strong smell of

alcohol coming from the vehicle and began an investigation.

The constable and another officer involved testified that Tjernstrom ignored the Mounties' commands, and a struggle ensued during which Tjernstrom and Shiell exchanged

Tjernstrom was eventually taken to the ground and incapacitated with pepper spray, and later fell unconscious when he was placed in the back of a police car.

Koturbash noted the reason for Tjernstrom losing consciousness was never explained at trial, although Tjernstrom admitted to ingesting cocaine, marijuana and alcohol in the hours before his arrest.

"For these reasons," the judge continued, "it would be dangerous to speculate that the force used by the police caused him to become unresponsive."

YOUTH BOWLING

YBC Scores - February 10, 2016 Copperhill Lanes, Princeton

Bowlasauraus

High Average - Liam Stadler, 50 High Single - Mary Elizabeth Bond, 129 High Double - Emma Kerfoot, 178

Bantams - Boys High Average - Coen Bakker, 71 High Single - Sydney Hooper, 83 High Triple - Matthew Williams, 234 Bantams - Girls

High Average - Shaelin Tomusiak, 103 High Single - Reva Shopeshire, 127 High Triple - Arora Christy, 304 Junior and Senior

High Average - Dayton Wales, 142 High Single - Brianna Tomusiak, 137 High Triple - Ethan Kerfoot, 335

Gurrent Comment

......continued from Page 5 by persons starting fires through careless use of fireworks. I believe it is logical, if one is using public safety as a justification, to begin with the major problems before tackling the minor ones.

Council is looking at a law requiring home-based businesses to have permits. Such a law could deprive a person of liberty (home inspections and freedom to conduct an enterprise), and income (fees, or inability to pay a fee thus shutting down a business).

I have not heard the justification for such a law, but the reason for it cannot be merely that Town Council wants more money. That reasoning would constitute making a law by whim, or, in common terms, it would violate the common sense axiom "if it ain't broke, don't fix it."

The justification for such a law would be proof that something is broken and needs fixing.

The golden thread of governing needs to be kept at the forefront when making laws of any kind.

Pets 'n' Vets

Blood Work - Monitoring Your Pet's Internal Health

by Ryan Ridgway, BSc Ag., DVM

If you have read my other columns, you may have picked up that preventative medicine is best. Nobody wants their pets to be sick, we want them to have the best quality of life they can. Not only can we reduce risk factors and start preventative therapy, slowing the progression, our treatments also work best if they are started early. Annual exams are the first step but as our pet's age, we have another ace up our sleeves - blood work.

With older animals, often their organs are not running as well as they did when they were younger. Even if they have a disease not associated with organ failure, in many cases reduced organ function alters our treatment choices. Unfortunately, our pet's organs can't tell us when they are getting worn out - that's where blood work steps in. This article is to help you understand your veterinarian when they discuss blood work and why we feel it is important to monitor. Common Wellness blood Work

The first three tests in the list are commonly run together in-clinic, on emergencies or prior to anesthesia because they do not rely on large, expensive diagnostic machines. Unfortunately, they do not give us as much information to determine the actual cause of the

Packed Cell Volume

disease as the other tests do.

This test determines the percentage of oxygen carrying cells in the blood known as red blood cells. It is most often used in emergency situations or prior to surgery to ensure your pet's red blood cells are not low, known as anemia. Anemia affects how well they handle anaesthesia or whether they need intravenous fluids or a blood transfusion.

Total Protein

Another blood test, performed alongside Packed Cell Volume, that looks at the amount of proteins normally found in blood. Depending on the level, this test can determine if your pet is dehydrated or losing protein from their blood.

Blood Urea Nitrogen

This one looks at the level of urea in the blood. Urea is a normal biproduct of protein digestion that is removed by the kidneys and urine.

An elevation in the blood urea can indicate kidney disease or dehydration. Because anaesthesia can have adverse affects on kidneys, we need to have every precaution in place to protect them. If your pet's kidney's have reduced function, we need to know so we can adjust the anesthetics used and the amount of intravenous fluids we give them.

The following tests give much more information than the ones above but commonly need to be referred to a regional laboratory. Recently, however, the machines used to run them are becoming smaller, less expensive and available to smaller clinics. Because of this, many of these tests will start replacing the above ones.

Complete Blood Count (CBC)

This test looks at all the cells in the blood: red blood cells, white blood cells and platelets. It determines the total number and relative percentage of each of the cell types, as well as their morphology and whether there are any bacteria or parasites present in the blood. By looking at the white blood cells, your veterinarian can determine whether there is infection present and for how long it has been going on. It can also determine if your pet

You

Tube

is allergic to something and requiring further diagnostics to determine the cause of the allergy.

Serum Chemistry

This is the most important test in most cases. It is the one that looks at the blood's electrolytes, sugar level and organ enzymes. Your veterinarian will run this test, commonly along with CBC and Urinalysis to get a complete picture of what is going on inside your animal's organs.

Urinalysis

While not a blood test, it is important to monitor urine along with the serum chemistry. Kidney disease can only be 100% diagnosed by monitoring the urine and serum together.

Other issues such as urinary infections and diabetes can also detected when urinalysis is combined with serum chemistry.

These are the common tests to monitor your pet's internal health. Other blood tests are available, depending on what your veterinarian suspects your pet has but are not as commonly ran. By using blood work, we can see what is going on in your pet's organs and help protect them as they age leading to a longer and happier life.

The South Okanagan and Wood Similkameen Stove Exchange Program is underway! Do you heat with wood?

If so, here's a chance for you to upgrade your old wood stove or wood fireplace insert to a cleaner burning unit and save money while improving local air quality!

From now to April 30th, you can receive a \$250 rebate when you trade your old wood stove or wood insert for a new cleaner burn tech-

EPA/CSA emissionapproved wood, pellet, electric or gas stove or insert. Participating retailers are also offering upfront discounts. But don't delay as this offer is limited to the first 52 exchanges.

To take advantage of this offer:

- Visit your local participating HEARTH PRODUCTS RETAIL-
- Pick out a new CLEAN BURN-ING hearth product, freestanding or

fireplace insert. Choose from EPA certified WOOD, PELLET, ELEC-TRIC or GAS burning models

- Render non-usable and recycle for metal scrap your old wood stove/insert (ask your Hearth Dealer how to do this) Hearth Dealer will fill out all the forms
- Receive your \$250 rebate cheque in the mail
- Receive additional discounts off the price of a new CLEAN BURN-ING Hearth Product from participating retailers at the time of purchase
- Available to all those living in Municipal or Rural Areas of the South Okanagan and the Similkameen (in the RDOS region). New EPA wood stoves and inserts, when operated correctly will reduce smoke pollution by 90% and use 1/3 less wood. Chimney smoke is a sign of an inefficient burn, produces unnecessary air pollution and wastes wood.

To learn more on efficient operation of a wood stove, view the videos on the RDOS Wood Heating webpage and mark your calendar to attend the Wood Heating Workshop on March 5, at the South Okanagan Home Show.

For more information on the Wood Stove Exchange Program, visit one of the participating retailers: Accent Fireplace Gallery, Okanagan Home Centre, Penticton Home Hardware, Fletcher Building Supplies, Paquette Heating. For their contact information, program details, and a list of resources, see the RDOS Heating webpage, www.rdos.bc.ca. - submitted

Similkameen News Leader Classifieds As low as \$10 per week

> For details call: 250.295.4149

Living Past 100

Garlic Is Good For You

Many people absolutely love garlic, and a lot of people do not like it at all. Those who love garlic are getting a lot more than flavour. They are eating one of the healthiest foods there are. Garlic has tremendous health benefits.

Garlic cuts the risk of heart attack in half, and reduces the risk of any heart disease by one-third. Garlic slows hardening of the arteries, and reduces blood pressure. Fat around the heart can be a problem, but garlic reduces 'bad' fat around the heart, keeping the muscles of the heart running smooth-

Garlic fights infection. It is like a natural antibiotic, attacking infectious microbes. Studies have shown garlic reduces the likelihood of catching the common cold.

There are many people who want to detoxify their bodies. Garlic is very effective at this job, and can detoxify lead poisoning.

Fresh garlic is the best, of course. Garlic is oily, and it is the oil that does the job. Fresh garlic in a salad is like adding a powerful medicine to your food. Garlic is essential in Italian cooking, of course, but it is a wonderful addition to all meat dishes. Garlic enhances the flavour of beef, chicken, pork, goat and lamb. It is less effective with turkey, but good with buffalo, moose and venison. Garlic is great in an omelette and in devilled eggs.

For the past 7,000 years, garlic has been used for both food and medicine. This plant originated in southwest Asia, where it grows wild, but it is cultivated in every country of the world today. There are many varieties of garlic, including wild varieties such as North America's wild 'onion.' Elephant garlic is not garlic at all, but a leek. All are the members of the allium family of plants which includes onions and leeks.

Garlic can be dried and powdered to preserve it, and it can be pickled. However, it is at its most potent level when eaten raw.

Garlic grows wild in many European locations where conditions are warm and not too wet, such as in the Mediterranean area. Garlic can be successfully grown in most Canadian gardens, but it does like good soil. Many people in Europe grow garlic in flower beds because it has pretty little flowers, and tends to keep bugs away.

KINDERGARTEN 2016 STUDENT REGISTRATION

PrincetonBCNews

The Board of Education of School District No. 58 (Nicola-Similkameen)



Registration Schedule Monday to Friday Nicola Similkameen February 22 - March 4, 2016

Full day kindergarten is offered in British Columbia for all kindergarten-aged children. To assist with the planning and organization of the kindergarten program in School District No. 58, it is important that parents register their child early.

9:00 - 11:15 AM / 1:00 - 2:30 PM **John Allison Elementary School** 250-295-6727

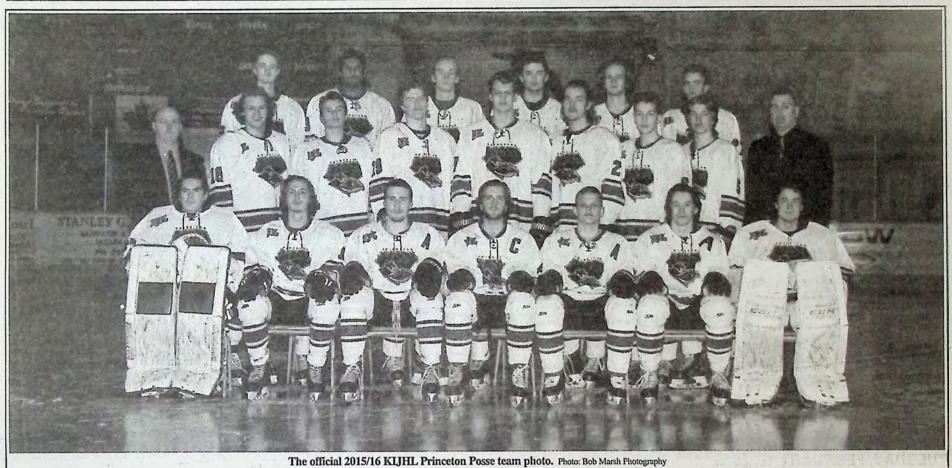
For September 2016

- To register, a child must be 5 years of age on, or before December 31, 2016.
- Parents/Guardians should bring the child's Birth Certificate, Immunization record and Care Card when registering.
- Parents interested in a Kindergarten distance education program for their child, can contact the South Central Interior Distance Education School at 250-378-4245 or 1-800-663-3536.

Success for ALL Learners - Today and Tomorrow



Similkameen News Leader TV Guide Listings - February 16 - 22, 2016



The official 2015/16 KLJHL Princeton Posse team photo. Photo: Bob Marsh Photography

Chiefs triple Posse at home

Princeton Posse hosted Kelowna Chiefs February 12th at Princeton Arena.

The two teams had played a total of seven head-to-head games to this point with Kelowna leading the series 6-1 as well as outscoring the Posse 27-12.

The Chiefs scored first at 14:36 (Brody Dale from Joel Scrimbit).

Princeton tied the game late in the period with a goal at 3:27 from Tristyn Olsen. Chad Kimmie and goalie Chandler Billinghurst assisted him.

After one period the numbers were close on both sides with a 1-all tie and shots on goal at 12-11 in favour of Kelowna.

The second period saw the Chiefs score a go ahead goal on the power play at 14:32. Joel Scrimbit got the credit. He had help from teammates

Josh Kobelka and Jace Woodley.

Home town player Bradly Palumbo lit up the penalty lights at 10:52 with a Check to the Head call. It was followed by a 10-minute Misconduct and a Game Misconduct.

Princeton tied the game again at 11:38 with Joshua Dickson added a goal. Local boys Morton Johnston and Tristan Vandermeulen earned assists.

Shots on goal in the second period were down considerably with Princeton taking an 8-4 lead in that stat

Kelowna took the lead once more at 3:53 of the final period. The goal was scored by Elliot Pickrell who had a hand from Donny Nordstrom.

The final minutes of play saw Princeton's Keith Comte earn a Roughing call that was enhanced with a Misconduct and teammate Bailey Shaver also received a Misconduct. All of this happened with 1:51 left to play sending the pair to the showers before the rest of the team.

Just seconds after all of this Princeton pulled goalie Chandler Billinghurst for an extra man but could not capital-

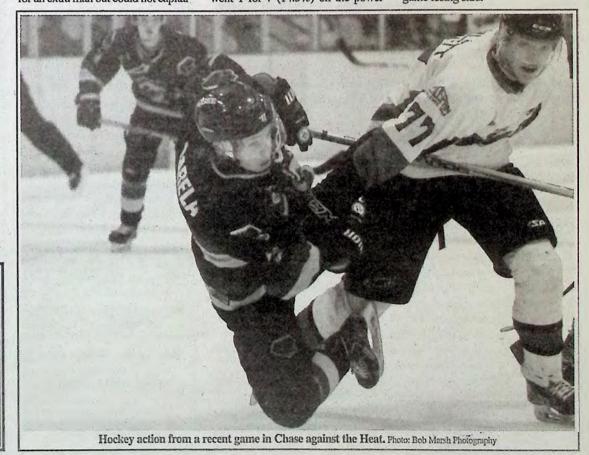
ize with that strategy.

Final Score: Kelowna 3, Princeton 2. Shots on Goal: Princeton 22, Kelowna 21. Penalties in Minutes: Princeton 12 for 56-minutes, Kelowna 4 for 8-minutes. Kelowna went 1 for 7 (14.3%) on the power

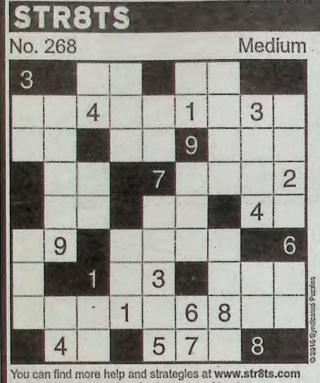
play while Princeton was unsuccessful in three attempts.

The win gives Kelowna a 23-22-2-1 record for 49 points and snaps a two game losing streak. The Posse fall to 9-36-2-1 (21-points) with an eight game losing skid.





News Leader Str8ts



along with more puzzles, Apple apps and books.

Previous solution - Tough



How to beat Str8ts –
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

THIS WEEK'S News Leader Str8ts

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Tuesday Movies

TUESDAY MORNING

8:30 am SPIKE ch.44 "Four Brothers" (2005, Crime Drama) Mark Wahlberg. Diverse siblings reunite for revenge after learning about the murder of their adoptive mother. (In Stereo)

11:00 am SPIKE ch.44 "Speed" (1994, Action) Keanu Reeves. Premiere. A SWAT team ace must keep the speed of a Santa Monica bus above 50 mph, or a madman's bomb will explode. (In Stereo)

AFTERNOON

12:00 pm FAM ch.26 "Bunks" (2013, Comedy) Dylan Schmid. Two troublemaking brothers accidentally unleash a curse that plagues their summer camp with zombies. (In Stereo) (CC)

zombies. (In Stereo) (CC)
2:00 pm SPIKE ch.44 "Speed"
(1994, Action) Keanu Reeves.
Premiere. A SWAT team ace must
keep the speed of a Santa Monica
bus above 50 mph, or a madman's
bomb will explode. (In Stereo)
4:00 pm FAM ch.26 "Rookie of the
Year" (1993, Comedy) Thomas Ian
Nichelae Premiers A boy londs of

Year" (1993, Comedy) Thomas Ian Nicholas. Premiere. A boy lands a job with the Chicago Cubs after an arm injury leaves him with majorleague pitching talent. (In Stereo)

5:00 pm WTBS ch.3 "Road Trip"

(2000, Comedy) Seann William Scott. Friends embark on a lengthy car trip to intercept an illicit videotape mistakenly mailed to one's girlfriend.

EVENING

7:00 pm SPIKE ch.44 "Four Brothers" (2005, Crime Drama) Mark Wahlberg. Diverse siblings reunite for revenge after learning about the murder of their adoptive mother. (In Stereo)

motter. (In Stereo)
8:00 pm KSPS ch.6 "Bridging the
Divide: Tom Bradley and the
Politics of Race" (2015,
Documentary) Elected in 1973, Tom
Bradley becomes the only AfricanAmerican mayor of Los Angeles, a
position he held for 20 years. (In
Stereo) (CC)

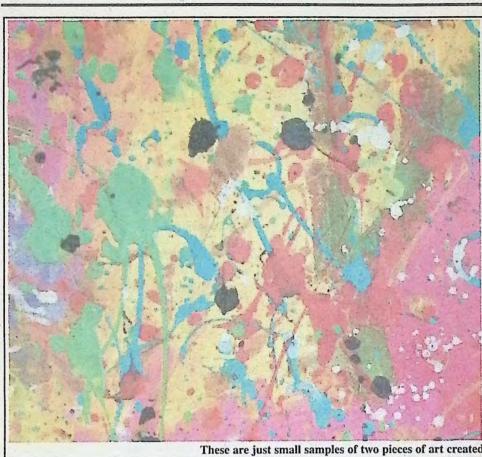
9:00 pm KNOW ch.5 "The Wild Horse Redemption" (2007, Documentary) Hardened criminals at a Colorado prison take part in a program that teaches them how to train mustangs. (In Stereo) (CC) KSPS ch.6 "The Black Panthers:

Vanguard of the Revolution —
Independent Lens" (2015,
Documentary) Premiere.
Filmmaker Stanley Nelson examines the rise of the Black Panther
Party in the 1960s and its impact on civil rights and American culture.



PrincetonBCNews

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
	AM	Crazy Talk	Morning	Hi Oplet O	Arthur	KHQ News	KREM 2	Dog the	Morning -	Morning	(5:00) Morn-	The Early	Kld vs. Kat	SportsCen-	CTV Morn-	Mighty	Life Derek	CityLine	Wildest	Restaurant
6	:30	Crazy Talk	News (N) ED	Monkey	Odd Squad		Morning News	Bounty Hunter	Northwest	News (N) sti	Ing News (N) Itel	Edition (N)	Almost	tre an	Ing Live Vancouver	Ships III	Life Derek	(N) BE	Police Videos	Makeover
		Law Order:		Dinosaur	Wild Kratts		CBS This	Dog	Good Morn-		(1,722	Cat in the	Squirrel	SportsCen-	(N) O 20	How/Made	Lost	Let's Make	Wildest	Moves
7		CI		Wild Kratts	Ready Jet	O EE	Morning (N)	Dog	Ing America (N) 🐯			Arthur O	Chucks	tre 20		How/Made	Lost	a Deal (N)	Police Videos	Moves
	AM	Law Order:		PAW Patrol	Nature Cat		.,	Criminal	(14) 446		Morning	Napkin	Chucks	SportsCen-		Dally Planet	Life	The Price Is	Cops RC	Security
8		CI	1	Curious	Curious			Minds O			Huntley St.	Tiger	Wayside	tre 🖾		® (DVS)	Life	Right (N)	Movie:	Security
_	AM	Hot Bench	Morning	Astroblast	Tiger	Today (N)	The 700	Criminal	Live! Kelly	Morning	Sugar RC	Arthur O	Sidekick	SportsCen-		How/Made	Bullder	FamFeud	* * "Four Brothers"	The Dead
9	:30	Hot Bench	Huntley St.	Kate and	Tiger	ORD	Club O EE	Minds O	and Michael	Huntley St.	Debt/Part	Napkin	Almost	tre KD	and Michael	How/Made	Playdate	FamFeud	(2005) Mark	Files () KE
	200	Judge	Sugar O	Boj @@	Sesame St.	Today (N)	The Price Is	Criminal	The View	Sugar O	Rachael	Bookaboo	Spliced O	SportsCen-	The View	Highway	Justin	The Chew	Wahlberg. 0	Ghost
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	7201	Divorce	Rachael	Monkey	Dinosaur	Hot Bench	Young &	Criminal	Pald Prog.	Rachael	Noon News	Recipes	Rated A	UEFA	Marilyn	How/Made	Kate and	General	Movie:	Security
11		Divorce	Ray O to	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	Minds O	Paid Prog.	Ray O BO	Hour (N)	Stefano	Rated A	UEFA	Denis	How/Made	Dream	Hospital (N) O	***% "Speed"	Security
	PM	Millionaire	Noon News	PAW Patrol	Charlle	Pald Prog.	News -	The First 48	The Chew	Noon News	Days of our	CBC News	Chucks	Champions League	CTV News	Alaskan	Movie:	Celebrity	(1994, Ac-	Mysteries-
12	:30	Millionaire	Hour (N)	Kate and	Rose O III	Ruf-Tweet	Bold	O mm	OBB	Hour (N)	Lives (N)	Network	Squirrel	Soccer:	Vancouver	Bush: Off Grld	"Bunks" (2013) () (60	Celebrity	tion) Keanu Reeves.	Museum
	PM	Crime	Days of our	Ruf-Tweet	Painting	Days of our	The Talk	The First 48	General	Days of our	The Talk	Heartland	Almost	Benfica vs Zenit	The Social	Alaskan		CityLine 36	Premiere. 0	The Dead
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	PM	King	The Talk	Maya	Thomas	TMZ (N) O	Let's Make	The First 48	The Doc-	The Talk	Meredith	Murdoch	Wayside	Sports	Dr. Phil	How/Made	Prince	CityNews at		Ghost
2	:30	King	0.80	Curious	Curlous	Inside Ed.	a Deal (N)	0 00	tors O 20	O ES	Vieira	Myster- les O	Kid vs. Kat	Interruption	0 80	How/Made	Awesome	5 (N) 20	***\	Adventures
-	PM	Mod Fam	Meredith	Doozers	Arthur	Ellen	The Dr. Oz	The First 48	A CHOCK S. S. S. S. S.	Meredith	Young &	Grand	Sidekick	SportsCen-	Ellen	How/Made	HZipzer	(2:59)	(1994, Ac- tion) Keanu	Moves
3	:30	Mod Fam	Vielra	PAW Patrol	Nature Cat	DeGeneres Show	Show RD	ORC	Ray O RE	Vielra	Restless	Designs O EE	Nerds	tre (N) sc	DeGeneres Show	How/Made	Next Step	CityNews at 6 (N)	Reeves.	Moves
	PM	Big Bang	Young &	Maker	Ready Jet	Jdg Judy	Dr. Phil	Fit to Fat to			Early News		SpongeBob		The Dr. Oz	Daily Planet	Movie: ***	Mod Fam	Premiere. 0	Restaurant
4	:30	Big Bang	Restless	Creative	Wild Kratts	Jdg Judy	O DEI	Fit O &C	0.80	Restless	Global Nat.	(N) O 80	SpongeBob	Hockey	Show 30	(N)	*Rookie of the Year*	Mod Fam		Makeover
-	PM	Movle:	News (N) III	Dino Dan	News	News	News	Married at	News	Early News	(4:59) News	A CONTRACTOR OF THE PARTY OF TH	SpongeBob	UEFA	CTV News	Gold Rush:		New Girl	Contractor	Security
5	:30	** "Road Trip" (2000)		Wild Kratts	Business	NBC News	CBS News	First Sight	ABC News	Global Nat.	Hour (N)	Den O	SpongeBob		Vancouver	Pay Dirt (N)	Awesome	Grand	Contractor	Security
-		Breckin	News Hour		PBS News-	News	KREM 2	Married at	News at 6	(5:59) News	ET Canada	СВС	Assembly	Champions League	CTV News	Gold Rush	Next Step	Brooklyn	Contractor	My Monu-
6	:30	Meyer	News	Wildlife 183	Hour (N) an	Millionaire	News at 6 (N)	First Sight	News	Hour (N)	ET	Vancouver	Nicky	Soccer	Vancouver	(N) EE	Lost	Grinder	Contractor	ment
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1	:30	Seinfeld 0	ET Canada	Over the Edge	Your Roots (N)	Wheel	Broke Girl	Fat to Fit	The Insider	ET Canada	"Under- cover!"	Coronation	Stanley	SC Top 10	Big Bang	Alaska (N)	Factor UK	Two Men	** "Four Brothers"	Museum
-	PM	Family Guy	NCIS "Ro-	Life O RE	*Bridging the	Hollywood	NCIS "Ro-	(8:02) Fit to	Fresh-Boat	NCIS "Re-	NCIS "Re-	Mercer	Just Kid	Hockey	The Flash	How/Made		CityNews-	(2005) Mark	Mysteries-
8	:30	Amer. Dad	act (N) O		Divide"	Game Night	act" (N) O	Fat to Fit	Muppets	act" (N) O	act" (N) O	22 Minutes	Just Kid	Cabble	(N) O BE	How/Made	Malcolm	Tonight (N)	Wahlberg. 0	Museum
-	PM	Family Guy	NCIS: New	The Wild	*Black	Chicago	NCIS: New	Married at	Marvel's	NCIS: New	NCIS: New	Creek	Gags	SportsCen-	Marvel's	Gold Rush	Degrassi	Crime		My Monu-
9	:30	Amer. Dad	Orleans (N)	Horse Redemp-	Panthers: Vanguard of	Med "Clarity	Orleans (N)	First Sight	Agent	Orleans (N)	Orleans (N)	Mr. D (N)	Gags	tre (N) sc	Agent	lect	Guidance	(N)	Contractor	ment
40	PM	The Middle	Limitiess	tion" O	the Revolu-	Chleago	Umitiess	Married at	Marvel's	Limitiess	News Hour	The	Haunting	SportsCen-	CSI: Cyber	Railroad	Arts	Extra (N)	Contractor	Mysteries-
10	:30	Payne	"Under- coveri"	Westbound	tion"	Fire (N) O	"Under- cover!"	First Sight	Agent	"Under- cover!"	Final (N)	National (N) 🖾	Haunting	tre (N) KG	0 20	Alaska &	Cheerlead	Liquidator	Contractor	Museum
4 4	PM	Browns	News Final	1 N. 2000 DE 1975 DE	Charile	News	News	(11:02) Fit	KXLY 4	News	Late Show-	CBC News	Gags	SportsCen-	News-Lisa	How/Made	Malcolm	Liquidator	Contractor	Ghost
77	-00	Payne	Colbert	Over the Edge	Rose (N) SE	J. Fallon	Colbert	to Fat to Fil	J. Kimmel	Colbert	Colbert	Coronation	Gags	tro ac	CTV News	How/Made	Prince	Liquidator	Contractor	Adventures





These are just small samples of two pieces of art created by students at Little Folks Nursery School. - photo submitted

Little Folks Nursery School

Art Fusion Fundraising Project

This past-January Little Folks Nursery School (LFNS) partnered with local artist Kathy Schneider, of Red Post Art, to create an art fusion project with the children of LFNS.

LFNS is a non-profit administered preschool for children 36 months to five years; and who continually struggle with enrolment and making ends meet. Current LFNS Fundraiser developed this project to highlight the importance of art to children's development and raise funds for the preschool. These funds directly benefit the children through new equipment and general day-to-day operations, required to providing quality early child-hood development in Princeton.

With help of student volunteers from Princeton Secondary, the artist held four sessions in order to have all the children who attend LFNS participate. Through collaboration, art, and play, the group created two large artist-quality acrylic paintings. The Princeton Rotary has graciously invited LFNS the

opportunity to have one of the paintings be auction off at their Wine Festival, this coming February 20th, truly making this project a community effort.

The children had the chance to engage with an artist, be inspired, and learn through art, while making community connections. This project aimed to emphasize the importance of a preschool and creativity to the health of a community. LFNS would like to thank Kathy Schneider for her donation of time and supplies, the student volunteers for their mentorship, and the Rotary for their continued support.



OPEN

9:00 AM to 5:00 PM Monday to Saturday

#4-136 Tapton Avenue (Princeton Plaza) Princeton 250-295-7381 epets1@telus.net







SO COUNTRY INTERNET RADIO



Amanda Henley, standing, hosted another digital photo organizing workshop at Princeton Museum February 7th. Visit her website at www.MemoryMomentum.ca for details. *

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	-	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	ch.8	A&E ch.9	Ch.10	BCTV ch.11	ch.12	CBC ch.13	ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUF ch.45
6		Crazy Talk	Morning News (N) ES	Hi Opiel O Monkey	Arthur Odd Squad	KHQ News 6AM (N)	KREM 2 Morning	Dog the Bounty	Morning Northwest	Morning News (N) &C	(5:00) Morn- ing News	The Early Edition (N)	Kid vs. Kat Almost	SportsCen- tre &	CTV Morn- ing Live	Mighty Ships BC	Life Derek	CityLine (N) 🖾	Bar Rescue	Restaurant Makeover
	-	Crazy Talk Law Order:		Dinosaur			News CBS This	Hunter Dog the	Good Morn-		(N) (SE)	Cat In the	Squirrel	SportsCen-	(N) O ISS	How/Made	Awesome	Let's Make	Bar Rescue	Moves
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	AM	Law Order:		PAW Patrol	Nature Cat		U 989	Hunter Criminal	(N) EG		Morning	Napkin	Chucks	SportsCen-		Daily Planet	Gaming	The Price Is	Bar Rescue	Security
8	:30	CI		Curlous	Curlous			Minds ()			Huntley St.	Tiger	Wayside	tre RE		RC (DVS)	Gaming	Right (N)		Security
		Hot Bench	Morning	Astroblast	Tiger	Today (N)	The 700	Criminal	Livel Kelly	Morning	Operation	Arthur O	Sidekick	SportsCen-	Livel Kelly	How/Made	Builder	FamFeud	Bar Rescue	The Dead
9	:30	Hot Bench	Huntley St.	Kate and	Tiger	0 800	Club 0 86	Minds 0	and Michael	Huntley St.	Smile	Napkin	Almost	tre 🕬	and Michael	How/Made	Playdate	FamFeud		Files () (cc)
	AM	Judge	Sugar O	Boj 80	Sesame St.		The Price Is	Criminal	The View	Sugar O	Rachael	Bookaboo	Spliced ()	SportsCen-	The View	Edge of	Justin	The Chew	Bar Rescue	
10	:30	Judge	Debt/Part	PAW Patro!	Peg	O 000	Right (N)	Minds	U lest	Debt/Part	Ray O ICC	Tiger	Kld vs. Kat	tre RE	U gel	Alaska 🗯	Twirlywoos	O tee		Adventures
	AM	Divorce	Rachael	Monkey	Dinosaur	Hot Bench	Young &	Criminal	Pald Prog.	Rachael	Noon News	Recipes	Rated A	UEFA	Marilyn	Gold Rush:	Kate and	General	Bar Rescue	Security
17	:30	Divorce	Ray O SE	Dinosaurs	Sit & Bo Fit	Hot Bench	Restless	Minds "Run"	Paid Prog.	Ray O Ito	Hour (N)	Stefano	Rated A	UEFA	Denis	Pay Dirt	Dream	Hospital (N) O		Security
10	PM	Millionaire	Noon News	PAW Patrol	Charlle	Pald Prog.	News	The First 48	325025327 Shahara Kalili X	Noon News	Days of our	CBC News	Nerds	Champions League	CTV News	Gold Rush	Movie: ***	Celebrity	Bar Rescue	Mysteries- Museum
12	:30	Millionaire	Hour (N)	Kate and	Rose O RE	Astroblast	Bold	O BEE	O BEC	Hour (N)	Lives (N)	Network	Squirrel	Soccer: Roma vs	Vancouver	acci	"Rookie of the Year"	Celebrity		museum
1	PM :30	Crime Watch Dally	Days of our Lives (N)	Ruf-Tweet Tumble	Oil Painting Sewing	Days of our Lives (N)	The Talk	The First 48	General Hospital (N) O	Days of our Lives (N)	The Talk	Heartland	Almost Sidekick	Real Madrid	The Social (N) O (SC	Railroad Alaska 36	Awesome	CityLine Inc.	Bar Rescue	The Dead Files O Ka
-		King	The Talk	Maya	Thomas	TMZ (N) O	Let's Make	The First 48	The Doc-	The Talk	Meredith	Murdoch	Wayside	Sports	Dr. Phil	How/Made	Prince	NO. S. C. P. A. P. Barrier, S. C. S.	Bar Rescue	
2	:30	King	0 182	Curlous	Curlous	Inside Ed.	a Deal (N)	O BEI	tors () (cd	O get	Vielra	Myster- ies O	Kid vs. Kat	Interruption	U (est	How/Made	Awesome	5 (N) EC		Adventure
_	PM	Mod Fam	Meredith	Doozers	Arthur	Ellen	The Dr. Oz	The First 48		Meredith	Young &	Grand	Sidekick	SportsCen-	Ellen	How/Made	HZipzer	(2:59)	Bar Rescue	Moves
3	:30	Mod Fam	Vielra	PAW Patrol	Nature Cat	DeGeneres Show	Show NO	OR	Ray O 22	Vielra	Restless	Designs	Chucks	tre (N) Tel	DeGeneres Show	How/Made	Next Step	CityNews at 6 (N)		Moves
A	PM	Blg Bang	Young &	Maker	Ready Jet	Jdg Judy	Dr. Phil	Duck D.	FABLife (N)	Young &	Early News	Bondi Vet	SpongeBob	Hockey	The Dr. Oz	Daily Planet	Movie: *Kicking and	Mod Fam	Bar Rescue	Restaurant
4	:30	Blg Bang	Restless	Creative	Wild Kratts	Jdg Judy	U BKG	Duck D.	UBB	Restless	Global Nat.	(N) O 350	SpongeBob	Champions	Show and	(14)	Scream-	Mod Fam		Makeover
pes	PM		News (N) EE	Dino Dan	News	News	News	Duck D.	News	Early News	(4:59) News	Dragons'	SpongeBob	UEFA Champions	CTV News Vancouver	Killing Fields (N)	ing" ()	Broke Giri	Bar Rescue	Security
5	:30	"Hanging Up" (2000)		Wild Kratts	Business	NBC News	CBS News	Duck D.	ABC News	Global Nat.	Hour (N)	Den ()	SpongeBob	League	Valicouver	30	HZipzer	Mike		Security
G	PM	Meg Ryan.	News Hour	Canada: Over the	PBS News- Hour (N) 84	News	KREM 2 News at	Duck D.	News at 6	(5:59) News Hour (N)	Chicago Med "Clarity	CBC Vancouver	Assembly	Soccer	CTV News Vancouver	Moonshin- ers: Outlaw	HZipzer	Mod Fam	Bar Rescue	The Dead
6	:30		News	Edge	nour (N) Sc	Millionalre	6 (N)	Duck D.	News			News	Nicky				Nowhere	blackish		
-	PM	Seinfeld 0	Chicago Med "Clarity	The Polar	Nature (N)		Broke Girl	Jep	ET	Chicago Med *Clarity	Chicago P.D. (N) O	Gags	Nicky	SC Top 10	etalk (N)	Moonshin- ers (N) 30	Life		Bar Rescue	Ghost Adventure:
1	:30	Seinfeld 0				Wheel	Broke Girl	Duck D.	The insider			Coronation	Stanley	SC Top 10	Big Bang		Life	Two Man		80
8	PM		Survivor	Wild China	NOVA "Iceman	The Myster- ies of Laura		Duck D.	The Middle	Survivor "I'm a Menta	Survivor I'm a Menta	Dragons'	Just Kld	Open Gym	Arrow (N)	How/Made	Prince	CityNews- Tonight (N)	Bar Rescue	Mysteries- Museum
0	:30		Glant' &C		Reborn*		Giant' RE	Duck D.	Goldbergs	Giant 20	Glant' RD	V 0	Just Kld	Open Gym	Die Been	How/Made	Malcolm	Crime	Bar Rescue	The Dead
9	PM :30		ET Canada	The Monar- chy O MD	NOVA O RO	Law & Or- der: SVU	Big Bang	Duck D.	Mod Fam blackish	ET Canada	ET Canada	X Company (N) O 34	Gags	SportsCen- tre (N) 300	Big Bang Big Bang	Killing Fields 20	Rebecca LA Story	Watch Dally (N)		Files O 30
10	PM	The Middle	Chicago P.D. (N) O	The World After Stone	Herd In Cog Rall	Chicago P.D. (N) A	Code Black (N) O to	Duck D.	American Crime (N) O	Chleego P.D. (N) O	News Hour Final (N)	The National	Haunting	SportsCen- tre (N) 86	Code Black (N) O 🗷	Moonshin- ers: Outlaw	The X Factor UK	Extra (N)	Movie: **	Ghost Adventures
		Payne	News Final	The Polar	Charlle	News	News	Jop	ICKLY 4	News	Late Show-	(N) EE	Gags	SportsCen-	News-Lisa	Moonshin-	*Bootcamp 2" as		Jeson Sta-	Ghost
4 4	PW	Browns Payne	Colbert	Sea O Se	Rose (N) se	J. Fallon	Colbert	Duck D.	J. Kimmel	Colbert	Colbert	Coronation	-	tre se	CTV News	ers O 30	Prince	Liquidator	them. O	Adventure

12	SDAY	EEDD	IADV	19 201	6				ay, Febr									ews L	
HUR	SDAY,									10.0002	1000						01714	OPIUS	Broth
	wtbs ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	ch.29	SPIKE ch.44	ch.48
6 AM	-	Morning News (N) 20	HI Ople! ()	Arthur	KHQ News 6AM (N)	KREM 2 Morning	Dog	Morning Northwest	Morning News (N) Rd	(5:00) Morn- Ing News	The Early Edition (N)	Kid vs. Kat	SportsCen-	CTV Morn- Ing Live	Mighty Ships 160			Wildest Police	Restaura
AM	1000		Monkey	Odd Squad Wild Kratts		News CBS This	Dog	Good Morn-		(N) 3d	Cat in the	Almost Squirrel		Vancouver (N) O SE		Life Derek		Videos Wildest	Moves
7 :30	CI	12	Wild Kratts	Ready Jet	O RG	Morning (N)	Dog	ing America			Arthur O	Chucks	tro 30		How/Mada	Nowhere		Police Videos	Moves
8 AM	Law Order: Cl		PAW Patrol	Nature Cat			Criminal Minds				Napkin	Chucks	SportsCen- tre 10		Daily Planet III (DVS)			Movie: ** "Walking	Security
:30 AM	Hot Bench	Morning	Curious	Curlous	Today (N)	The 700	"Hit" O	Live! Kelly	Morning	Huntley St. Sugar 1881	Arthur O	Wayside Sidekick	Sports	Live! Kelly	How/Made	HZlpzer Bullder		Tali" (2004) The Rock. ()	The Dea
9 :30		Huntley St.	Kate and	Tiger	O REC	Club ()-30	Minds *Run*	and Michael	Huntley St.	Debt/Part	Napkin	Almost	UEFA Pro	and Michael	How/Made	Playdate	FamFeud		Files O
O AM	-	Sugar O	Boj 📧	200 00000000000000000000000000000000000	Today (N)	The Price Is Right (N)	Criminal Minds O	The View	Sugar 0	Rachael Ray O XC	Bookaboo	Spliced ()	UEFA Europa	The View	Yukon Men	Justin Twiriywoos	0 00	Police	Ghost Advents
:30	-	Debt/Part Rachael	PAW Patrol Monkey	Dinosaur	Hot Bench	Young &	Criminal	Pald Prog.	Debt/Part Rachael	Noon News	Recipes	Kid vs. Kat Rated A	League Soccer:	Marilyn	How/Made	Kate and	General		Security
11 :30	Divorce	Ray O 30	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	Minds O	Paid Prog.	Ray O SC	Hour (N)	Stefano	Rated A	Sevilla vs Molde	Denis	How/Made	Dream	(N) O	"Walking Tall" (2004)	Security
2 PM		Noon News Hour (N)	PAW Patrol Kate and	Charlle Rose O 30	Paid Prog. Clangers	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Network	Chucks	UEFA Europa	CTV News Vancouver	Killing Fields 80	Movle: "Kicking and	Celebrity	The Rock. O	Mysteri Museur
= :30 PM		Days of our	Ruf-Tweet	Painting	Days of our	1000		General	Days of our		Heartland	Almost	Soccer Soccer	The Social	Moonshin-	Scream- ing" 0		Repo	The Dec
7 :30	Watch Daily (N)	Lives (N)	Tumble	Knit	Lives (N)	0.30	0.88	(N) O	Lives (N)	0 30	35 (DVS)	Sidekick		(N) O 100	ers: Outlaw	Life Derek		Repo	Files O
2 PM	-	The Talk	Maya Curious	Thomas	TMZ (N) O	Let's Make a Deal (N)	The First 48	The Doc- tors () Bill	The Talk	Meredith Vielra	Murdoch Myster-	Wayside Kid vs. Kat	Sports	O RG	Moonshin- ers () (62)	Prince	CityNews at 5 (N) 20	Repo	Ghost Advent
PM	-	Meredith	Doozers	Arthur	Ellen	The Dr. Oz	The First 48		Meredith	Young &	Grand	Sidekick	SportsCen-	Ellen	How/Made	HZipzer	(2:59)	Repo	Moves
3 :30	100	Vielra	PAW Patrol	Nature Cat	DeGeneres Show	Show \$0	0.80	Ray O (60)	Vielra	Restless	O to	Nerds	tro (N) ss	DeGeneres Show	How/Made	Next Step	CityNews at 6 (N)	Repo	Moves
4 PM	Big Bang Big Bang	Young & Restless	Maker	Ready Jet Wild Kratts	Jdg Judy Jdg Judy	Dr. Phii	The First 48	FABLife (N)	Young & Restless	Early News Global Nat.	Bondi Vet	SpongeBob SpongeBob	Racing:	The Dr. Oz Show 20	Dally Planet (N)	*Dr. Seuss' The Cat in	Mod Fam Mod Fam	Repo	Restau Makeov
_ PM	Talladega	News (N) 30		News	News	News	The First 48	News	Early News	(4:59) News		SpongeBob	Series: Duel		Fast N'	the Hat" O	Mr. D O	Repo	Securit
5 :30	Dallau		Wild Kratts	Business	NBC News	CBS News	0 80	ABC News	Global Nat.	Hour (N)	Don O	SpongaBob	at Daytona. (N) (Live) 総	Vancouver	Loud (N) 350	Awesome	Life in	Repo	Securit
6 PM	Bobby*	News Hour News	The Polar Sea O III	PBS News- Hour (N) 80	College Basketball:	KREM 2 News at	The First 48	News at 6	(5:59) News Hour (N)	ET Canada	Vancouver	Assembly		CTV News Vancouver	Vegas Rat Rods (N)	Make Me Next Step	(6:01) Mom Broke Girl	Lip Sync	Unknow
- PM	-	ET	Waterfront	Maxey	Pacific at Gonzaga.	6 (N) Broke Girl	The First 48	1.00	ET	Shades of	Nows 22 Minutes	100 Things		Gray's	Gold Rush	Nowhere	Broke Girl	Lip Sync	(N) Live Th
30	Seinfeld ()	ET Canada	Cities		(N) (Live)	Broke Girl		The Insider	ET Canada	Blue (N) RG	Coronation	Stanley	tre (N) 80	Anatomy (N) O	100	Nowhere	Two Men	Lip Sync	Live Th
8 PM		(N) O KE	The Inca:	Murder Myster.	You, Me and	Big Bang Life in	(8:02) The First 48 🖾	Grey's Anatomy	(N) O SC	(N) O SE	This Changes	Just Kid Just Kid	Hockey SC Rt	Big Bang DC's Leg-	Megaspeed (N)	Prince Malcolm	CityNews- Tonight (N)	Lip Sync Movie:	Myster
	Family Guy			Luther O 80	DOMESTIC STREET	(9:01) Mom		(N) O Scandal (N)		The Black-	Everything (N) O CC	Gags	SportsCen-	ends	Fast N'	Arts	Crime	*** "I Am Legend"	Expedi
2.72	Amer. Dad		Politics and poverty.		list "Drexel"	Angel-Hell	First 48 to			list "Drexel"		Gags	tro (N) EE	Goldbergs	Loud (N) and	Cheerlead	Watch Daily (N)	(2007) Will Smith. O	Unkno
10 PM		Shades of Blue (N) %0	O SE	Mercy Street 0 60	Shades of Blue (N) ES	(N) O EE	(10:01) The First 48 O	Get Away With	Shades of Blue (N) 10	News Hour Final (N)	National	Haunting	SportsCen- tre (N) 🖾	Get Away With	Vegas Rat Rods	The X Factor UK	Extra (N) Liquidator		Live Th
	Browns	News Final	Waterfront	Charlie	News	News	The First 48	Murder KXLY 4	News	Late Show-	(N) ISS CBC News	Gags	SportsCen-	Murder News-Lisa	Gold Rush	() asi	Liquidator	Movie:	Ghost
1 1 :30	Payne	Colbert	Cities	Rose (N) BG	J. Fallon	Colbert		J. Kimmel	Colbert	Colbert	Coronation	Gags	tre 20	CTV News	RIO CON	Prince	Liquidator	"Walking Tall"	Advent
RIDA	Y, FEE	BRUAR	Y 19, 2	2016															
	WTBS	СНВС	KNOW	KSPS	KHQ	KREM	A&E	KXLY	всту	CITV	СВС	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	DTO
AM	ch.3 Crazy Talk	ch.4	ch.5	ch.6	Ch.7	ch.8	ch.9	ch.10	ch.11	ch.12 (5:00) Mom-	Ch.13	Ch.18 Kld vs. Kat	ch.19 SportsCen-	CTV Morn-	ch.24 Mighty	ch.26	ch.29	Ch.44 Gangland	Ch.4
6 :30	Crazy Talk	Nous /All out	Monkey	Odd Squad	6AM (N)	Morning News	Dog		News (N) RC	Ing News (N) EC	Edition (N)	Almost	tre III	Ing Live Vancouver	Ships III	Life Derek	(N) ttd	"Sin City" O	Securit
7 AM	Law Order:		Dinosaur	Wild Kratts	Today (N)	CBS This Morning (N)	Dog	Good Morn- Ing America			Cat in the	Squirrel	SportsCen- tre @0	(N) O EE	How/Made	Next Step		Gangland	Moves
:30	Law Order:	-	Wild Kratts PAW Patrol	Ready Jet Gol *		0 250	Dog Criminal	(N) RC		Morning	Arthur O Napkin	Chucks	SportsCen-		How/Made Dally Planet	Life Derek	The Price Is	Gangland	Moves
8 AM	CI		Curious	Premiero			Minds O			Huntley St.	Tiger	Wayside	tre 🖾		ed (DVS)	Life Derek		O Est	Securit
CA	Hot Bench	Morning	Astroblast	Tiger	Today (N)	The 700 Club O MG	Criminal Minds O	Livel Kelly and Michael	Morning	Operation Smile	Arthur O	Sidekick	SportsCen- tre IIII	Livel Kelly and Michael	How/Made	Builder	FamFeud	Gangland O Mil	The De
	Hot Bench Judge	Huntley St. Sugar 88	Kate and	Tiger Sesame St.	Today (N)	The Price Is	Criminal	The Vlew	Huntley St. Sugar 30	Rachael	Napkin Bookaboo	Almost Spliced 0	SportsCen-	The View	How/Made Mighty	Playdate Justin	FamFeud The Chew	Gangland	Ghost
10	Judgo	Dobt/Part	PAW Patrol		O RE	Right (N)	Minds O	U KO	Debt/Part	Ray O Ed	Tiger	Kld vs. Kat	tro III	0 00	Cruise Ships	Twirlywoos	0.00	ORU	Advent
1-7	Divorco	Rachael Ray O 20	Monkey	Dinosaur	Jeopardyl	Young & Restless	Criminal Minds O	Pald Prog.	Rechael Ray O SS	Noon News Hour (N)		Rated A	Lumber	Marilyn Denis	Megaspeed	Kate and	General Hospital	Gangsters: Most Evil	Securit
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12 :30		Hour (N)	Kato and	Rose n ac	LazyTown	Bold	O RO	O EE	Hour (N)	Lives (N)	Network	Squirrel	Lunch	Vancouver	Loud (N) EC	The Cat In the Hat" O	Celebrity	Most Evil	Museu
1 PM	Watch Daily	Days of our Lives (N)		Craft In America (80)	Days of our Lives (N)	The Talk	The First 48	General Hospital	Days of our Lives (N)	The Talk	Heartland	Almost	SCRO	The Social	Vegas Rat Rods	I Ha Davel	CityLine III	Cops III	The De
1 :30 PM	(N)	The Talk	Tumble	Thomas	Millionaire	Let's Make	The First 48	(N) O	The Talk	Meredith	Murdoch	Sidekick Wayside	SC 84 Sports	Dr. Phil	Gold Rush	Life Derek	CityNews at	Cops III	Ghost
2 :30	-	O ttd	Curious	Curlous	Inside Ed.	a Deal (N)	O RG	tors O Rd	U Ed	Vielra	Myster- les O	Kld vs. Kat	Interruption	0 00	ted	Awesome	5 (N) %0	Cops 🖽	Adven
3 PM		Meredith Vielra	Doozers	Arthur	Ellen DeGeneres	The Dr. Oz Show 100	The First 48	Rachael Ray 0 20	Meredith Vielra	Young & Restless	Grand Designs	Sidekick	SportsCen- tre (N) III	Ellen DeGeneres	How/Made	HZipzer	(2:59) CityNews at	Cops Ed	Moves
:30 - PM		Young &	PAW Patrol Maker	Nature Cat Ready	Show Jdg Judy	Dr. Phil	Duck D.	FABLife (N)		Early News	0 10	Chucks SpongeBol		Show The Dr. Oz	How/Made Daily Plane	Next Step	6 (N) Mod Fam	Cops III	Restau
4 :30	-	Restless	Creative	Jet Gol Premiere	Jdg Judy	O RE	Duck D.	O EG	Restless	Global Nat.	(N) O III	SpongeBol		Show Eta	(N)	Next Step	Mod Fam	Kimbo	Makeo
5 PM	War of the	News (N) 20	-	News	News	News	Duck D.	Nows	Early News	(4:59) News Hour (N)	Dragona'	SpongeBol	- Basketball:	CTV News Vancouver	Alaskan Bush	Next Step	Vice Med Form	Slice: The Truth (N) O	-
PM	Worlds"	News Hour	Wild Kratts Waterfront	Business PBS News-	NBC News	CBS News	Duck D.	ABC News News at 6	Global Nat. (5:59) News			SpongeBol SpongeBol	Toronto	CTV News	People Rallroad	Lost	Mod Fam Hell's	Bellator	Securi
6 :30	Cruise.	News	Cities	Hour (N) Re	Millionaire	News at 6 (N)	Duck D.	News	Hour (N)	ET	Vancouver News		Chicago Bulls. (N) BE	Managumas	Alaska 🖾	Awesome	Kitchen (N) 84	MMA Live (N) O (Live)	Borde
7 PM		ET	Beach- comber	Wash	Jeopardyl	Broke Girl	Jep	ET	ET	Rookle Blu RD (DVS)	e Mercer	Thunder		etalk (N)	Mayday: Ali Disaster		Broke Giri		Securi
DM	Selmfeld Family Guy	Angel-Hell	Cottage Lest Tango	Charlio Doc Martin	Wheel Caught on	Broke Girl	Jep Duck D.	The Insider	ET Canada Angel-Hell	Angel-Hell	Coronation	Dogs: The	NBA Basketball:			Next Step Movie:	Two Men CityNews-		Securi
8 :30	Amer. Dad	Superstore	In Halifax	0 20	Camera	ing Race	Duck D.		Superstore		-		San Antonio Spurs at	Ing Race	OED	**** "King Kong"	Tonight (N)		Borde
	The state of the s	Hawall Flys	(9.05) Vera	American	Grimm (N)	Hawaii Five	Duck D.	Shark Tank	Hawall Five	Hawaii Five	the fifth es-		Los Angeles Lakers.	Grimm (N)	Rallroad	(2005) Nao-	Crime	(9:15) Cops	Borde
Q PM	Femily Guy	0 (8) 50	Troubled	Manters (N)	INC (DVS)	0 (N) 38	-	(N) O 30					-		Alaska III	mi Watts.	Watch Daily	/	-
9 :30	Amer. Dad The Middle	0 (N) 2E	Troubled past of	Masters (N) Bluegrass	Dateline	0 (N) 2E Blue	Duck D.	(N) O TC	0 (N) ES	0 (N) IIII News Hour	tate (N) BE	Assembly	SportsCen-	ans (DVS)	Alaskan Alaskan	Premiero.	Watch Daily (N) Extra (N)	Cops IIII	Border

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Late Show- CBC News Gags

Coronation Gags

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SportsCen- News-Lisa Mayday: Air (11:10) Liar Liquidator Jail Ed CTV News Disaster Liar O Liquidator Jail Ed

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News Leader Movies - Wednesday to Saturday

WEDNESDAY AFTERNOON

12:00 pm FAM ch.26 "Rookie of the Year" (1993, Comedy) Thomas Ian Nicholas. A boy lands a job with the Chicago Cubs after an arm injury leaves him with major-league pitching talent. (In Stereo) (CC) 4:00 pm FAM ch.26 "Kicking and

Screaming" (1995, Comedy-Drama)
Josh Hamilton. Preppie graduates
face their first year out of college and
reminisce about student life. (In

Stereo) (CC) 5:00 pm WTBS ch.3 "Hanging Up" (2000, Comedy-Drama) Meg Ryan. Three sisters begin to bond after their curmudgeonly father, possibly near death, is admitted to the hospital.

EVENING

10:00 pm SPIKE ch.44 "Parker" (2013, Action) Jason Statham. After his crew double-crosses him and leaves him for dead, a professional thief takes on an unlikely partner in a plan to hijack the crew's next big score. (In Stereo)

THURSDAY MORNING

8:00 am SPIKE ch.44 "Walking Tall" (2004, Action) The Rock. A former Special Forces soldier becomes sheriff and deputizes an old friend to help rid their town of thugs. (In

11:00 am SPIKE ch.44 "Walking Tall" (2004, Action) The Rock. A former Special Forces soldier becomes sheriff and deputizes an old friend to help rid their town of thugs. (In

AFTERNOON

12:00 pm FAM ch.26 "Kicking and Screaming" (1995, Comedy-Drama) Josh Hamilton. Preppie graduates face their first year out of college and reminisce about student life. (In Stereo) (CC)

4:00 pm FAM ch.26 "Dr. Seuss' The Cat in the Hat" (2003, Comedy) Mike Myers. Looking for fun, a mischievous feline invades the home of two children while their mother is

away. (In Stereo) (CC)
5:00 pm WTBS ch.3 "Talladega
Nights: The Ballad of Ricky Bobby"
(2006, Comedy) Will Ferrell.
NASCAR driver Ricky Bobby faces his greatest challenge ever when French Formula One driver Jean Girard roars onto the scene.

EVENING

8:30 pm SPIKE ch.44 "I Am Legend" (2007, Science Fiction) Will Smith. After a man-made plague transforms Earth's population into bloodthirsty vampires, a lone survivor desperately searches for a cure. (In Stereo)

11:00 pm SPIKE ch.44 "Walking Tall" (2004, Action) The Rock. A former Special Forces soldier becomes sheriff and deputizes an old friend to help rid their town of thugs. (In

FRIDAY AFTERNOON

12:00 pm FAM ch.26 "Dr. Seuss' The Cat in the Hat" (2003, Comedy) Mike Myers. Looking for fun, a mischievous feline invades the home of two children while their mother is

away. (In Stereo) (CC) 5:00 pm WTBS ch.3 "War of the Worlds" (2005, Science Fiction) Tom Cruise. A New Jersey man and his two children face an epic battle for survival when hostile aliens invade

EVENING

7:30 pm YTV ch.18 "Cats & Dogs: The Revenge of Kitty Galore" (2010, Comedy) Voices of James Marsden. Felines and canines form an unprecedented alliance to protect themselves and their humans from a rogue cat who wants to turn the world into her personal scratching post. (In Stereo) (CC)

8:00 pm FAM ch.26 "King Kong" (2005, Adventure) Naomi Watts. Premiere. Members of a film crew encounter prehistoric beasts and a gigantic ape on mysterious Skull Island. (In Stereo) (CC)

11:10 pm FAM ch.26 "Liar Liar"

(1997, Comedy) Jim Carrey. A boy's birthday wish comes true that his neglectful father, a fast-talking lawyer, will not be able to tell a lie for 24 hours. (In Stereo) (CC)

SATURDAY MORNING

6:00 am SPIKE ch.44 "Saving Private Ryan" (1998, War) Tom Hanks. A World War II captain and his squad risk all to locate and send home a soldier whose three brothers died in combat. (In Stereo)

10:00 am SPIKE ch.44 "Tombstone" (1993, Western) Kurt Russell. Premiere. Doc Holliday joins Wyatt Earp and his brothers for an OK Corral showdown with the Clanton

gang. (In Stereo) 10:30 am FAM ch.26 "Barbie & Her Sisters in The Great Puppy Adventure" (2014, Adventure) Voices of Alyssya Swales. Animated. Barbie, her sisters and their new puppy friends find mystery and adventure when they return to their hometown of Willows. (In Stereo)

11:00 am WTBS ch.3 "Hitch" (2005, Romance-Comedy) Will Smith. A smooth-talking man falls for a hardened columnist while helping a shy accountant woo a beautiful heiress.

AFTERNOON

12:00 pm YTV ch.18 "Cats & Dogs: The Revenge of Kitty Galore" (2010, Comedy) Voices of James Marsden. Felines and canines form an unprecedented alliance to protect themselves and their humans from a rogue cat who wants to turn the world into her personal scratching post. (In Stereo)

(CC) FAM ch.26 "King Kong" (2005, Adventure) Naomi Watts. Members of a film crew encounter prehistoric beasts and a gigantic ape on mysterious Skull Island. (In Stereo) (CC) 1:30 pm WTBS ch.3 "Red Eye" (2005, Suspense) Rachel McAdams. A plane passenger forcibly involves his seatmate in a plot to assassinate a government official.

EVENING

6:00 pm WTBS ch.3 "50 First Dates" (2004, Romance-Comedy) Adam Sandler. A veterinarian tries to make a woman who has short-term memory loss fall in love with him.

7:00 pm CITV ch.12 "What Comes Around" (2006, Suspense) (2006, Suspense) Emmanuelle Vaugier. An ex-convict seeks revenge against his former wife, who married an aspiring politician. (CC) (DVS)

8:00 pm CHBC ch.4 BCTV ch.11 "What Comes Around" (2006, Suspense) Emmanuelle Vaugier. An ex-convict seeks revenge against his former wife, who married an aspir-

ing politician. (CC) (DVS)
KSPS ch.6 "The Right Stuff" (1983,
Docudrama) Sam Shepard. The
selection and training of the first U.S. astronauts take place amid political maneuvering and media hype. (In

Stereo) (CC) YTV ch.18 "Antz" (1998, Romance-Comedy) Voices of Woody Allen. Animated. A nonconforming ant disrupts colony life by impersonating a soldier and falling in love with a princess. (In Stereo) (CC) 9:45 pm FAM ch.26 "Liar Liar" (1997, Comedy) Jim Carrey. A boy's hithday wish comes true that his

(1997, Comedy) Jim Carrey. A boy's birthday wish comes true that his neglectful father, a fast-talking lawyer, will not be able to tell a lie for 24 hours. (In Stereo) (CC) 11:00 pm WTBS ch.3 "Miracle" (2004, Drama) Kurt Russell. Coach Lack Besche leads the US. Olympic

Herb Brooks leads the U.S. Olympic hockey team to victory over the Soviet team in 1980.

SATURDAY, FEBRUARY 20, 2016

		WTBS ch.3	CHBC ch.4	KNOW ch,5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUF ch.45
0	AM	On Spot	Ancestors	Dragon	Heartland	Today (N)	CBS This	Zomble	Pald Prog.	Ancestors	Saturday	Tiger	Sidekick	SportsCen-	Julcebox	Railroad	Warthogs!	Pald Prog.	Movie:	Moves
6	:30	Coolest	Fishful	PAW Patrol	Fly Tying	U EE	Morning	House Filp- ping	Pald Prog.	Fishful	Morning News (N) 83	Animal	Sidekick	tre BC	U BO	Alaska &C	Life Derek	Panorama	ing Private	Pald Prog.
	AM	P. Affairs	Saturday	Curious	MotorWeek	X	Lucky Dog	What Would	Good	Saturday		Super Why!	Chucks	SportsCen-		How/Made	Life Derek	Eye/Asla	Ryan* (1998, War)	Security
1	:30	Paid Prog.	Morning News (N) RE	Curious	Greener		Dr. Chris	You Do?	Morning America	Morning News (N) 30		Save-Ums!	Chucks	tre &C		How/Made	Gaming	VemComig	Tom Hanks,	Security
-	AM	Pald Prog.	None (Ny	PAW Patrol	Woodsmith	KHQ Satur-	Innovation	What Would				Arthur O	Nerds	SportsCen-	Canada AM	Mayday: Air	HZipzer	Polish	Edward Burns, Tom	Border
8	:30	Pald Prog.		Astroblast	Rough Cut	day Wake Up Show	Inspectors	You Do?	Ocean			Cat in the	SpongeBob	tre 🖾	Weekend	Disaster	Life	Studio (N)	Sizemore. 0	Border
-	AM	Jeffersons		Magic Bus	Hometime		Hidden	What Would	Rescue		Flsh'n	Our Van-	SpongeBob		Is Written	Alaskan	Awesome	Pald Prog.		Border
9	:30	Pald Prog.		Kate and	Old House		Bask	You Do?	Wildlife		Real Fish.	couver &0	Parents	Basketball: Duke at	The Social	Bush People	Next Step	Paid Prog.	1	Border
40	AM	Glmme	Fish'n	Wild Kratts	Old House	Best Pan	College	Beyond	Rock-Park	Flsh'n	Powerboat	FIS SkI	Harvey	Louisville.	Marllyn	Mayday	Lost	Fall Army	Movie: ***	Border
10	:30	Seinfeld 0	Fishing	Wild Kratts	Kitchen	Everl	Basketball: Miami at	Scared Straight	Explore	Fishing	Driving TV	Jumping	Pig Goat	(N) 883	Denis	0 850	*Barble &	Family	"Tombstone" (1993) Kurt	Border
	AM	Movie:	Powerboat	Doki Et	Pépin	Family-	North Caro-	Beyond	Pald Prog.	Powerboat	Ice Pilots	FIS Alpine	Turtles	Motoring	Is Written	Mayday: Alr	Her Sisters*	Survi-	Russell, Val Kilmer, Pre-	Security
11	:30	*** "Hitch" (2005) Will	Driving TV	Creative	Martha	Racing	lina. (N)	Scared Straight	Paid Prog.	Driving TV	NWTO	Skiing	SpongeBob	SC (cc)	etalk ko	Disaster		"Kalahan"	miere. O	Security
-	PM	Smith, Eva	News	Animals	Cook	FIS Alpine	PGA Tour	Beyond	Road to	News	PGA Tour	Bobsled	*Cats &	SC Rei	SportsCen-	Railroad	Movie:	Illusions		Border
12	:30	Mendes.	PGA Tour	Animals	Victory	Skling	Golf: North- ern Trust	Scared Straight	Gold: A Year	PGA Tour	Golf: North- em Trust	and Skel- eton	Dogs: The Revenge of	2016	tre sc	Alaska 👀	***\\ "King Kong"	Escape		Border
-	PM		Golf: North- em Trust	Our Part	Antiques	Figure Skat-	Open, Third	Beyond	World of X	Golf: North- em Trust	Open, Third	Figure	Kitty Galore*	Scotties Tournament	Corner Gas		(2005) Naomi	Close-Up	Cops sc	Border
1	:30	Movie: ***	Open, Third	Cosmic	Roadshow	Ing: Four Continents	Round. (N) (Live) RC	Scared Straight	Games (N)	Open, Third	Round. (N) (Live) 80	Skating	0	of Hearts:	Corner Gas	Bush People	Watts, Jack	Kings	Cops &C	Border
	PM	"Red Eye" (2005)	Round. (N) EB	Canada:	Easy Yoga:	Champion-		The First 48		Round. (N) EE	-		Just Kid	Draw 1. (N) (Live) BS	Canada's	Railroad	Black. O 36	Mod Fam	Cops &C	Border
2	:30	(2005)		Over the Edge	The Secret	ships.		U B30	Gymnastics Spectacular				Just Kid		Worst Driver	Alaska 🕬		Mod Fam.	Cops III	Border
	PM	The Middle	Ice Pilots	Waterfront	Glorious	Tal Chil	100 miles (100 miles (The First 48		Ice Pilots	Decod-	National	Just Kld		Disruptors	How/Made	Make Me	CityNews	Cops (C)	Security
3	:30	The Middle	NWTO	Cities	Women Never Age	Fish Oil	lywood (N)	O ESC		O TWN	Ing the Ancients	Hockey	Just Kid	SportsCen-	Moneytalk	How/Made	Awesome	CityNews	Cops &	Security
-		Seinfeld 0	Decod-	Death	nere, rige	DOCTORS	Pald Prog.	The First 48	ABC News	Decod-	Moves	NHL	Just Kld	tre (N) Ec	Marilyn	Last Fron-	Awesome	NHL	Cops III	Security
4	:30	-	Ing the Ancients	of a Sea Monster	John -	Pald Prog.	Changers	0 820	KXLY 4	Ing the Ancients	Global Nat.	Hockey: Philadelphia	Just Kld	Cabble	Denis	tler	Life	Hockey: Teams TBA	Cops RG	Security
Anne	PM	King	Moves	The Inca:	Denver: Country	News	News	The First 48	NBA	Moves	(4:59) News	Flyers at To-		SC KG	The Social	Gold Rush	Nowhere	(N) (Live)	Cops (N)	Border
5	:30	King	News		Boy O RE	NBC News	CBS News	O DO	NBA	Global Nat.	Hour (N)	ronto Maple Leafs. (N) O	Just Kid	2016	etalk &c	823	Nowhere		Cops 20	Border
	PM	Movie: **	Global Nat.	Hope for	The Big	News	News	The First 48	Basketball: Warriors at	(5:59) News	16x9 85	(Live) KC	Assembly	Scottles Tournament	CTV News	Moonshin-	Next Step		Lip Sync	Ghost
6	:30	*50 First Dates*	News	Wildlife MG	Band Years (My Music)	Jeopardyl	Pald Prog.		Clippers	Hour (N)			Stanley	of Hearts:	Vancouver	ers O &c	Next Step		Lip Sync	Adventure: (N)
-	PM	- 10000 %	16x9 (N) EE	N. Geo-	Big Band	The Good	and the second second second second	The First 48		16x9 (N) 80	Movle:	NHL	Max	Draw 2. (N) (Live) 🐯	W5 *Beauti-	Vegas Rat	Lost	CityNews	Lip Sync	The Dead
7	:30			graphic Specials	hits.	Wife O EE	OBI				"What Comes	Hockey: Colorado	Assembly		ful BC* (N)	Rods	Lost	(N)	Lip Sync	Files (N) 80
	PM	Family Guy	Movie:	Heartbeat	Movie:	Dateline	NCIS: Los	The First	Hollywood	Movle:	Around*	Avalanche	Movie:		Blg Bang	Fast N'	The X	CityNews	Cops #0	Expedition
8	:30	Family Guy	"What Comes	0 80	*** The	NBC O IM	Angeles O	48: Mistor- tune	The Insider	"What Comes	(2006) INC (DVS)	Oilers. (N)	(1998) O EC	SportsCen-	Anger	Loud A RE	Factor UK *Bootcamp	Weekend (N)	Cops 30	Unknown (
	PM	Burgers	Around"	Foyle's Wa	(1983) Sam		Criminal	(9:01) The	Entertain-	Around'	True Crime	n (Live) (CC		tre (N) (Live)	Criminal	Moonshin-	2.80	Liquidator	Cops 20	Ghost
9	:30	Burgers	(2006) 62 (DVS)	"The Cage"	Shepard, Scott Glenn.		Minds O	First 48 BQ	ment Tonight	(2006) 85 (DVS)	Scene O				Minds O	ers n ac	(9:45)	Liquidator	Cops III	Adventures
-	PM	Community	-	1	OBS	Saturday	48 Hours	The First 48	Rizzoll &	True Crime	News Final	Post Show	Assembly	SportsCen-	Saving	Vegas Ret	Movie: ***	CityLine ac	Cops 20	The Dead
10	:30	-	Scene O			Night Live	U INS		Isles O &C	Scene O	(10:35)	CBC Nows	Assembly	tre (N) 20	Hope \$6 (DVS)	Rods			Jall 30	Files O 20
	PM		News Final			News	News	The First 4	A Company of the Company	News Final	Night Live	The Tudors	Gogs	SportsCen-	News	Gold Rush	Awesome	Paid Prog.	Jall 30	Expedition
11	-30	"Miracle" (2004)	SNL	Cities	Austin City	SNL	Up Late	1	0 20	SNL	ORE	m (DVS)	Gags	tre 30	CTV News	RC .	Guidance	Paid Prog.	Jali to	Unknown (

News Leader Movies - Sunday

SUNDAY MORNING

9:00 am WTBS ch.3 "Lemony Snicket's A Series of Unfortunate Events" (2004, Comedy) Jim Carrey. A dastardly count plots to steal an inheritance from three young orphans placed in his care.

10:30 am FAM ch.26 "Vampire Dog" (2012, Adventure) Voice of Norm Macdonald. A boy and a 600year-old talking vampire dog discover that they can do anything together after they face down their fears. (In Stereo) (CC)

AFTERNOON

12:05 pm FAM ch.26 "Barbie & Her Sisters in The Great Puppy Adventure" (2014, Adventure) Voices of Alyssya Swales. Animated. Barbie, her sisters and their new puppy friends find mystery and adventure when they return to their hometown of Willows. (In Stereo) (CC)

tery and adventure when they return to their hometown of Willows. (In Stereo) (CC) 1:00 pm WTBS ch.3 "Four Christmases" (2008, Romance-Comedy) Vince Vaughn. When their plans for a holiday getaway fall apart, a couple must spend Christmas Day trudging to a quartet of family get-togethers.

this this Day trudging to a quartet of family get-togethers.
CBC ch.13 "The Legend of Sarila" (2013, Adventure) Voices of Christopher Plummer. Animated. An old shaman tries to stop three young clan members from finding a promised land and usurping the shaman's power. (In Stereo) (CC) 2:00 pm YTV ch.18 "Cheaper by the Dozen" (2003, Comedy) Steve Martin. While his wife is away on business, a college football coach must handle the chaos surrounding his 12 children. (In Stereo) (CC) VTVch.22 "Morning Glory" (2010, Romance-Comedy) Rachel

Romance-Comedy) Rachel McAdams. Disaster follows a producer's decision to bring in a legendary TV anchor to revitalize a struggling morning-news program. (In Stereo)

4:15 pm YTV ch.18 "Cheaper by the Dozen 2" (2005, Comedy) Steve Martin. While on vacation, Tom Baker discovers old rival Jimmy Murtaugh and his family are also there; the Bakers and Murtaughs find themselves in less-than-friendly competition. (In Stereo) (CC) 5:00 pm CBC ch.13 "Aladdin" (1992, Fantasy) Voices of Scott Weinger. Animated. Disney's version of a tale about an Arabian thief who finds a magic lamp and tries to win a princess's heart. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Match Point" (2005, Drama) Scarlett Johansson. A one-time tennis professional becomes obsessed with his brother-in-law's seductive fiancee.

YTV ch.18 "Furry Vengeance"

(2010, Comedy) Brendan Fraser. The fur flies when forest animals go to war against a land developer whose latest project threatens their habitat. (In Stereo) (CC) 8:00 pm KNOW ch.5 "Inspector Morsey Informal Sevent" (1900)

8:00 pm KNOW ch.5 "Inspector Morse: Infernal Serpent" (1990, Mystery) John Thaw. An investigation into the murder of a famed environmentalist uncovers evidence of child abuse in the man's family.

VTVch.22 "Enchanted" (2007, Fantasy) Amy Adams. Live action/animated. Banished by an evil queen, a princess from a fairy-tale world lands in modern Manhattan, where music, magic and "happily ever after" are sorely lacking. (In Stereo)

New School Nickname Contest!

John Allison Elementary School is looking for a new nickname and logo. Currently they are using the 'Bears' as the name for their teams. If you have a suggestion, please fill out this form and include a logo idea. Entries can be dropped off at the school until February 25, 2016 with finalists to be selected prior to a final decision.

Phone: ______ Nickname Suggestion: ______

INCLUDE YOUR LOGO IDEA HERE

Mews Leader

JOHN ALLISON ELEMENTARY SCHOOL RESERVES THE RIGHT TO USE THIS NAME AND NOT THE LOGO OR USE PORTIONS OF THE LOGO DRAWING AUGMENTED WITH SOMETHING ELSE

SUNDAY, FEBRUARY 21, 2016

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
0	AM	Pald Prog.	In a Name	Dragon	Mr. Rogers	Today (N)	Pald Prog.	Criminal	Pald Prog.	In a Name	Sunday	News	Squirrel	SportsCen-	Canada AM	Treehouse	Warthogs!	Pald Prog.	Xtreme Off	Moves
6	:30	Pald Prog.	Canadian	PAW Patrol	Peep	O SQ	Pald Prog.	Minds "No. 6"	Pald Prog.	Canadian	Morning News (N) Ed	Pirates	Squirrel	tre to	Weekend	Masters	Life Derek	Church	Engine	Paid Prog.
	AM	The Office	Sunday	Curlous	Super Why!	кно	CBS News	Criminal	Good	Sunday	110113 (11) 52	Cat In the	Charmers	SportsCen-	Marilyn	Buying the	Life Derek	Eye/Asla	Truck Tech	Expedition
7	:30	Atl. Eats	Morning News (N) KG	Curlous	Bullder	Invest	Sunday Morning	Minds O	Morning America	Morning News (N) &C		News	Charmers	tre 📾	Denis	Buying the	Gaming	Operation	Detroit	Unknown (
0	AM	The Office	110110 (11)	PAW Patrol	Curious	Meet the	(N) ISO	Criminal	This Week			Coronation	Pet Shop	SportsCen-	Question	Cold River	HZipzer	Smile 20	Bar Rescue	Live There
8	:30	Pald Prog.		Astroblast	Cat in the	Press (N) BC	The Nation	Minds () (82)				Coronation	Pet Shop	tre III	Period (N) O	Cash Ed	Life	Festival	0	Live There
^		"Lemony		Maker	SciGirls 0	Hockey	Bull Riding	Criminal	Matter		Block	Coronation	100 Things	NASCAR	Operation	Canada's	Awesome	Italiano di Johnny	Bar Rescue	A STATE OF THE PARTY OF THE PAR
9		Snicket's Series of	4 . 4	Dino Dan	The Impact	NHL		Minds "Lo-Fi"	Designing		Context	Coronation	Game	Prerace	Smile III	Worst Driver	Next Step	Lombardi	0	Museum
10	AM	Unfortunate*	Block	Wild Kratts	Inside	Hockey: Pittsburgh	College	Intervention	Pald Prog.	Block	J. Osteen	Coronation	Thunder	2016	TBA	Highway	Lost	(N)	Bar Rescue	
10	:30		Context	Little	Olympia O KG	Penguins	Basketball: Michigan at	O GET	Pald Prog.	Context	Pald Prog.	market	Assembly	Daytona 500 From	Celebrity	Thru Hell	Movie:	VemComig	0	Museum
8 +8	AM	Pald Prog.	J. Osteen	Little	Focus	at Buffalo Sabres. (N)	Maryland.	Intervention	Pald Prog.	J. Osteen	16x9 MB	Our Van-	Bella	Daytona	Canada's	Gold Rush	"Vampire Dog" (2012)	Survi-	Bar Rescue	The second second
11	:30	1st Family	Pald Prog.	Little	Asla	∩ (Live) 20	(N)	O EE	McCarver	Paid Prog.		couver 50	Henry	International Speedway	Worst	500	0	vorman "Alaska"	o	Museum
10	PM	Pald Prog.	News	Dogs/Jobs	Maxoy		PGA Tour	Intervention	NBA	News	PGA Tour	Land/ Sea	Max	In Daytona Beach, Fla.	SportsCen-	Moonshin-	"Barble &	Close Up	Bar Rescue	
12	:30	Box Office	PGA Tour	Dogs/Jobs		NHL	Golf: North- em Trust	"Katie" ()	NBA	PGA Tour	Golf: North- ern Trust	One/One	Stanley	(N) O (Livo)	tre 🖾	ers O RO	Her Sisters"	Kings	0	Museum
-1	PM	Movie: **	Golf: Northern	Hope for	Pioneers of	Hockey: Chicago	Open, Final Round. (N)	Intervention	Basketball: Cavaliers at	Golf: Northern	Open, Final Round. (N)	Movie: The	Game On		W5 *Lifetime			Storage	Bar Rescue	
1		"Four Christ- mases"	Trust Open, Final Round.	Wildlife sq	Television	Blackhawks at Minnesota	(Live) 30	O 883	Thunder	Trust Open, Final Round.	(Live) Ed	Legend of Sarila*	Assembly		Penalty*	Rods	The X Fac-	Storage	0	Museum
0	PM	(2008)	(N) ESI	Architects	Finding	Wild. (N) Isa		Hoarders		(N) 50		(2013) 🗘 🖽	Movie: **	SportsCen-	Movie: **5	Bering Sea	tor UK 🕮	Two Men	Bar Rescue	
2	:30			of Change	Your Roots (N)	2		O KO					"Cheaper by the Dozen"	tre (N) ass	"Morning Glory"	Gold Rd	(2:40) The X Factor UK	Two Men	0	Secrets ()
3	PM	Blg Bang		Nobuyuki	Sister Acts	Fish Oil		Hoarders	Island			q (N) n =0	(2003)	NBA	(2010) Rachel Mc-	How/Made	Factor UK	CityNews	Bar Rescue	Miracles Decoded (6)
0	:30	Blg Bang	Engels	Tsujii at White	(My Music)	21 Day Fix	BestPanl	ORE	House Triathion	Engels	Engels			Basketball: Memphis	Adams. 0	How/Made	The X Fac-	CityNews	0	Decoded is
Λ	CAL	Blg Bang	Engels	Nights O 86		BestPani	Whacked	Hoard-	Love Lucy	Engels	Engels	Backstage	(4:15)	Grizzlies at Toronto		Myth-	tor UK 📾	Sunnyside	Bar Rescue	THE RESIDENCE PROPERTY.
*	:30	Blg Bang	Bomb Girls		Simon & Garfunkel:	Tal Chil	Whacked	ers "Ellen; Gloria"	Love Lucy	Bomb Girls	Global Nat.	Exhibition	Movie: ** 'Cheaper by	Raptors. (N)	The Social	Busters (N) III	(4:35) The X Factor UK	Burgers	•	Decoded O
5	PM	Mod Fam	ac.	Turn Back Time 30	The Con-	KHQ News	News	Hoarders	News	asi.	(4:59) News	Movie: *** Alad-	the Dozen		MasterChef	Last Fron- tler	Pactor UK	Mindy	Bar Rescue	Live There
J	:30	Mod Fam	News	Time su	cert	NBC News	CBS News	"Sybil; Ron"	ABC News	Global Nat.	Hour (N)	din" (1992)		2016 Scottles	Canada 0	tier	(5:35) The X Factor UK	Barrett	•	Live There
6	3/151	Movie:	Global Nat.	Marine Machines	Doc Martin	KHQ News	KREM 2 News at	Hoarders (N) O RE	News at 6	(5:59) News Hour (N)	First Dates	O Rd	Movie: * "Furry	Tournament	CTV News Vancouver	Last Fron- tler	Pactor UK	Family Guy	Bar Rescue	The Dead
	:30	Point' (2005)	News	"War"		Mark Few	6 (N)	((4) 4)	Estate	mour (N)	Security		Vengeance"	of Hearts: Draw 5. (N)	vancouver	uer	(6:40) The X Factor UK	Bordertown	"	Luna () wa
			First Dates	N. Geo- graphic	Masterplece Classic O	Dateline NBC 0 ss	60 Minutes (N) O 35	Intervention	Funniest Home	First Dates	Simpsons	Heartland (N) O	(2010) 0 00	(Live) RE	MasterChef Canada (N)		Paciol DK	Vice	Lip Sync	My Monu- ment
7	:30		Security	Specials	Olisson II	libo tras	(10) 17 22		Videos	Security	Simpsons	(11)			Canada (N)	Alvai (14) ass	(7:35) The X Factor UK	Vice	Lip Sync	India
8	PM		Madam Secretary	Movie: 'Inspec-	Masterplece Classic (N)		Madam Secretary	(8:01) The First 48 an	The Wonderful	Madam Secretary	Madam Secretary	Hello	Game On		Movie: *** "Enchanted"	Myth- Busters	"Audition 7"	CityNews	Lip Sync	Mysteries- Museum
0	-	The Closer	(N)	tor Morse:	em (DVS)		(N)	111111111111	World of	(N)	(N)	Mr. D O	Assembly	SportsCen- tre (N) (Live)	(2007) Amy	OES		CityNews	Lip Sync	Moseum
9	PM :30	The Closer	The Good Wife (N) 20	Infernal Serpent	(9·20) Mercy	Must Sea TV: An All-Star	The Good Wile (N) st	(9:01) Hoarders O 20	Disney: Disneyland 60	The Good Wife (N) RD	The Good Wife (N) III	Winnipeg Comedy	Max	an () ()	Adams.	Last Fron- tier	LA Story Rebecca	Survivor- man IIII (DVS)	A Rescue	The Dead Files O III
10	PM	"Last Rites" There Yet?	Simpsons Simpsons	Wallander A woman is	Street (N)	Tribute	CSI: Cyber (N) O Es	(10:01) Hoarders 20	Journey to the Oscars	Simpsons Simpsons	News Final Block	The National	Haunting Haunting	SportsCen- tre (N) 🖾	CSI: Cyber (N) O Bil	Last Fron- tier	BETCH	CityLine 80	Bar Rescue	My Monu- ment
		Paid Prog.	News Final	shot dead or the beach.	Evening	News	News	(11:01)	KXLY 4	News Final	Paid Prog.	(N) E0 CBC News	Gags	SportsCen-	News	Dual Sur-	Degrassi	Paid Prog.	Bar Rescue	Mysteries-
11	370	Paid Prog.	Block		With Gwen	Paid Prog.	Family Guy	Interven-	Van Impe	Block	Pald Prog.	fifth estate	Gags	tre Mil	CTV News	vival (80	Guidance	Pald Prog.	0	Museum

News Leader Sudoku

SUDOKU No. 268 Medium 5 8 3 6 8 2 3 9 6 8 6 6 1 3 5 9 2 8 4 3 5 3 6 4

Previous solution - Easy

ı	6	8	1	4	5	7	3	2	9
ı	7	2	3	9	8	1	4	5	6
1	9	4	5	2	3	6	7	8	1
1	8	5	6	3	1	9	2	4	7
	2	7	9	6	4	5	8	1	3
1	3	1	4	7	2	8	6	9	5
1	5	9	2	8	6	3	1	7	4
1	1	6	8	5	7	4	9	3	2
1	4	3	7	1	9	2	5	6	8

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwlki.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S

News Leader Sudoku

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Monday Movies

MONDAY AFTERNOON

4:00 pm FAM ch.26 "Fantastic Four" (2005, Action) Ioan Gruffudd. Four people gain unusual powers after a space mission exposes them to cosmic radiation. (In Stereo) (CC) 5:00 pm WTBS ch.3 "88 Minutes" (2007, Suspense) Al Pacino. A forensic psychiatrist must use all his skills and training to find the person who issued an ominous death threat.

A&E ch.9 "Gladiator" (2000,

Historical Drama) Russell Crowe.

Condemned to arena fights by corrupt Roman leader Commodus, Gen. Maximus seeks revenge for his family's deaths. (In Stereo) (CC)

EVENING

10:02 pm A&E ch.9 "Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corrupt Roman leader Commodus, Gen. Maximus seeks revenge for his family's deaths. (In Stereo) (CC)

Weekly.

Independent.

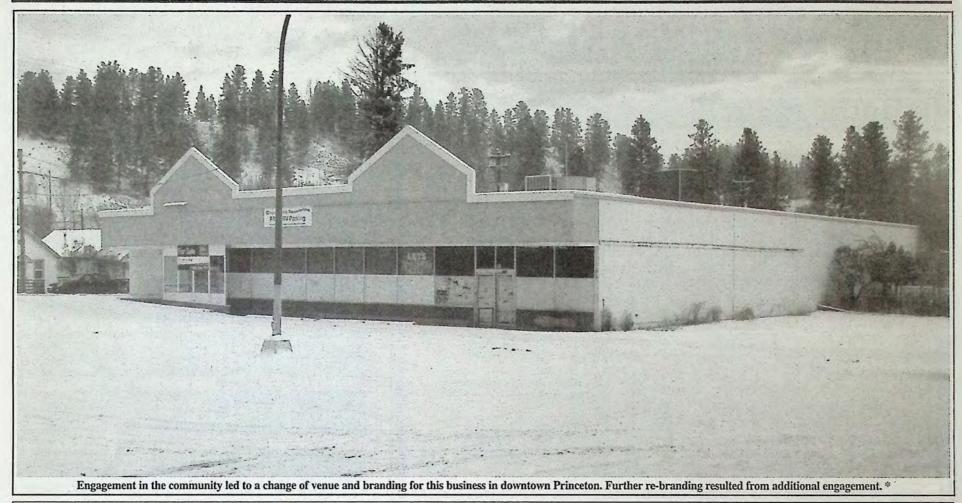
Local.

Newspaper.

226A Bridge Street, Princeton (Next to CIBC) Phone: 250-295-4149 Fax: 250-295-4103

e-mail: george@thenewsleader.ca brenda@thenewsleader.ca

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
	AM	Crazy Talk	Morning	Hi Opiet O	Arthur	KHQ News	KREM 2	Dog	Morning	Morning	(5:00) Morn-	The Early	Kld vs. Kat	SportsCen-	CTV Morn-	Mighty	Life Derek	CityLine	Cops 30	Restaurant
6	:30	Crazy Talk	News (N)	Monkey	Odd Squad	6AM (N)	Morning News	Dog	Northwest	News (N) Ed	Ing News (N) EC	Edition (N)	Almost	tre sc	ing Live Vancouver	Ships 🖾	Life Derek	(N) REI	Cops se	Makeover
7	AM	Law Order:		Dinosaur	Wild Kratts	Today (N)	CBS This	Dog	Good Mom-	4		Cat In the	Squirrel	SportsCen- tre 🖾	(N) O EE	How/Made	HZipzer	Let's Make a Deal (N)	Vegas	Moves
1	:30	CI		Wild Kratts	Ready Jet	0 80	Morning (N)	Dog	Ing America (N) 🚾			Arthur O	Chucks	tre ac.		How/Made	Next Step	a Dear (N)	Cops &	Moves
0	AM	Law Order:		PAW Patrol	Nature Cat			Criminal			Morning	Napkin	Chucks	SportsCen-		Dally Planet	Next Step	The Price Is	Cops 80	Security
8	:30	CI		Curious	Curious			Minds "Lo-Fi"			Huntley St.	Tiger	Wayside	tre 32		ati (DVS)	Lost	Right (N)	Jail 80	Security
0	AM	Hot Bench	Morning	Astroblast	Tiger	Today (N)	The 700	Criminal	Livel Kelly	Morning	Operation	Arthur O	Sidekick	SportsCen-	Live! Kelly	How/Made	Bullder	FamFeud	Jail 30	The Dead
9	:30	Hot Bench	Huntley St.	Kate and	Tiger	Om	Club O BO	Minds O 90	and Michael	Huntley St.	Smile	Napkin	Almost	tre (cc)	and Michael	How/Made	Playdate	FamFeud	Cops RD	Files O &C
10	AM	Judge	Operation	Boj titi	Sesame St.	Today (N)		Criminal	The Vlew	Operation	Rachael	Bookaboo	Spliced O	SportsCen-	The View	Canada's	Justin	The Chew	Cops BC	Ghost
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44	AM	Divorce	Rachael	Monkey	Dinosaur	Hot Bench	Young &	Criminal	Pald Prog.	Rachael	Noon News	Our Van-	Rated A	SC Top 10	Marilyn	Last Fron-	Kate and	General	Wildest	Security
11	:30	Divorce	Ray O ma	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	Minds 0	Pald Prog.	Ray O RC	Hour (N)	couver (co	Rated A	SC RE	Denis	tler	Dream	(N) O	Police Videos	Security
12	PM	Millionaire	Noon News Hour (N)	PAW Patrol	Chartle Rose O III	Floogals	News	The First 48	The Chew	Noon News Hour (N)	Days of our Lives (N)	CBC News Network	Nerds	sc	CTV News Vancouver	Last Fron- tier	The X Factor UK	Celebrity	Wildest Police	My Monu- ment
I Am	:30	Millionaire		Kete and		Nina's	Bold						Squirrel	2016 Scottles			O RG	Celebrity	Videos	
1	PM	Crime Watch Daily	Days of our Lives (N)	Ruf-Tweet	Paint This	Days of our Lives (N)	The Talk	The First 48	General Hospital	Days of our Lives (N)	The Talk	Heartland (DVS)	Almost	Tournament	The Social	Dual Sur- vival 80		CityLine 80	Cops 35	The Dead
	:30	(N)		Tumble	Fit 2 Stitch				(N) O				Sidekick	of Hearts: Draw 6. (N)			Life Derek		Cops 36	
2	PM	King	The Talk	Maya	Thomas	TMZ (N) O	Let's Make a Deal (N)	The First 48	The Doc-	The Talk	Meredith Vielra	Murdoch Myster-	Wayside	(Live) (ct)	Dr. Phil	Myth- Busters	Prince	CityNews at 5 (N) 100		Ghost Adventures
	:30	King		Curlous	Curlous	Inside Ed.						les O	Kld vs. Kat	-		0 85	Awesome		Vegas	240
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1	PM	Blg Bang	Young & Restless	Maker	Ready Jet	Jdg Judy	Or. Phil	The First 48	FABLIfe (N)	Young & Restless	Early News	Bondi Vet	SpongeBob		The Dr. Oz	Daily Planet (N)	Movle: ** Fantastic	Mod Fam	Cops #£	Restaurant Makeover
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8	PM :30	Family Guy Amer, Dad	Supergirl (N) O 80	Turn Back Time (N)	Antiques Roadshow	Superstore Telenovela	Supergirl (N) O 30	(8:02) The First 48 #6	The Bach- elor (N)	Supergirl (N) 0 35	Supergiri (N) O 22	Murdoch Mysteries	Gags	SportsCen-	The X-Files	How/Made How/Made	Malcolm	CityNews- Tonight (N)	Cops BE	My Monu- ment
			Chicago	(9:05) Fake	(N) Antiques	The Biggest	Scorplon	(9:03) The	0.35	Chicago	Chicago	(N) Jekyll and	Gags	tre (N) (Live)	(9:01) Luci-	Alaskan	Third	Crimo	Vegas	Security
9	PM :30	Family Guy Amer, Dad	Fire Two	or Fortune?		Loser "Live Finale" O 85	"Adaptation"	First 48 ac		Fire "Two	Fire *Two	Hyde (N) O	Gags	res:	fer (N) O	Bush: Off Grid	ВЕТСН	Watch Daily (N)	Vegas	Security
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Saving Downtown Princeton...

...An Ongoing Series by George Elliott

This week I'm going to look a bit deeper into the concept of engagement and how that relates to business in the downtown core.

First off, you have very likely heard the buzz around town about the proposed Business License Fee Bylaw. I say 'proposed' because it has not yet been adopted, or in other words, put into 'law.' The conversations in and around town, online and in my office have really brought a huge focus onto the activities coming out of Town Hall.

As part of the process Town Council requested feedback from the Chamber of Commerce BEFORE adopting the bylaw. The Chamber has been gathering data through an informal survey of its members and by the time you read this will be preparing for or just finished meeting with Town Council on the matter.

Here's the engagement part: While the general tone of the conversations taking place on the issue is mostly negative Town Council did not have to consult with the Chamber of Commerce, but they did.

Let's face it, as intelligent as the brain trust is in the walls of Town Hall, sometimes they have to look outside the building for some input. The contracts with Urban Systems are a fine example of this. So, instead of ramming license fee changes down the throats of struggling business owners, Town Council has reached out for some help.

This is going to have a tremendous impact on the overall perception of our town leaders and that is a good thing. As I've stated before, if you knew nothing about Princeton and were thinking of moving here or starting a business here, the information you would find on social media would scare the average person away. Luckily investors don't spend a lot of time on Facebook.

However, this brings me to my next point.

Spencer has written about this frequently. When the new Town of Princeton website is launched, it should have social media connections. But first, a disclaimer: I don't blame the members of Town Council for being shy about jumping into the social media pool. There are a lot of sharks in the water and many don't really care if Town Hall is right or wrong because well, sharks don't listen.

However, there would be opportunity to add some form of communication linkage to provide a more immediate response that just email. I know what I would add, but my thoughts will very likely not align with the concept of engagement at Town Hall.

With the recent focus on homebased businesses getting brighter and brighter with the proposed Business License Fee Bylaw, this sets up another form of engagement. It allows these small business owners to seek the support of a business group to give them a voice at the local government level. Of course, I'm suggesting the Chamber of Commerce would fill that role. It also means all other business owners would have a place to turn in matters such as the proposed bylaw.

The engagement from business owners/operators to the Chamber of Commerce allows the Chamber to engage with town leaders directly representing the concerns of local business allowing for meaningful dialogue and sensible solutions.

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Rear unit located at 195 Bridge Street, Princeton. 337 square feet with alley access. For more information call 250-295-3640.

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Obituary

Derek Christianson "Diggler"

We are saddened to announce the passing of Derek Christianson.

Derek was taken from us on January 31, 2016. Diggler, as many knew him, was the best damn father, husband and friend! The best damn father, husband and friend! The big man touched so many lives wherever he went. He leaves behind his loving wife Christine, his sons Maverick (12) and Dane (9), sister Corrina (Frank) along with her kids Blake and Brook, father Nick (Gayle), in-laws Lorne and Darlene Cochet and numerous aunts, uncles, nieces, nephews and cousins. He was predeceased by his mother Lana in 2004.

The logging and motorsports industries will have a huge void now that he is gone.

A gathering of friends was hosted Saturday, February 6, 2016 in the Gibraltar Room so laughs, stories and memories could be shared about Derek.

The family would like to thank everyone for the huge outpouring of support that has been shown since we received this devastating news.

Compassionate Care Funerals entrusted with all arrangements.

Heip Wanted

Help Wanted



SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

COMPUTER TECHNICIAN

School District No. 58 (Nicola-Similkameen) is accepting applications for a Temporary Computer Technician, to be based in Merritt, BC. This is a 7.5 hour per day position, temporary until June 30, 2016, with the possibility of being extended. Salary and benefits will be in accordance with the C.U.P.E. Local 847 Collective Agreement. Please refer to the district's website under www.sd58.bc.ca, Employment/Support Staff, Job Code #1190829 for a listing of qualifications and to apply.

Application forms are available at the School Board office, 1550 Chapman Street, or online at www.sd58.bc.ca, click on Employment/Support Staff, listed under Job Code #1190829 and follow the prompts provided. Applications, including a detailed resume with a minimum of three references will be accepted until February 26, 2016, and should be forwarded to:

> Attn: Secretary Treasurer School District No. 58 (Nicola-Similkameen) P. O. Box 4100, 1550 Chapman Street Merritt, BC V1K 1B8 Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.

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Lower Valley News

Keremeos - Cawston - Olalla



RCMP busy on Family Day weekend

The Family Day holiday long weekend was a busy one for South Okanagan Traffic Services, based out of the Keremeos RCMP Detachment.

RCMP Sgt. H. B. Hallett reports that with the assistance of citizens in the South Okanagan and Similkameen a number of impaired drivers were taken off of area roads.

Totals for the weekend include: Penticton

- One Criminal Code Impaired Driving charge
- One Refuse to Provide Breath Samples charge Okanagan Falls
- Two Criminal Code Impaired Driving charges
- One Refuse to Provide Breath Samples charge
- One Drive While Over 80 mg%

(alcohol) charge

- One Possession of Cocaine charge
- One 90 day Immediate Roadside Prohibition (IRP) Oliver
- One 90 day IRP
- One 3 day IRP
- One Drive While Prohibited charge

Osoyoos

- One 90 day Administrative Driving Prohibition (alcohol)
- One Drive While Prohibited charge
- One 90 day IRP
- Two 3 day IRP's
- One 24 Hour Driving Prohibition Cawston
- One Criminal Code Impaired Driving charge
- One Criminal Code Drive While Over 80 mg% charge

Princeton

- One 90 day IRP

"One of the impaired drivers had collided with a parked vehicle and a fence on their way to a liquor store to purchase alcohol," Sgt. Hallett explains.

"This 50 year old female impaired driver was arrested leaving that Penticton liquor store in their pyjamas. This occurred on Saturday evening (February 6) at 7:30 PM."

Another of the impaired drivers was reported by a citizen as an erratic driver driving in the oncoming lane. This 56 year old female driver was located seated behind the steering wheel in a parked idling vehicle in Okanagan Falls. This occurred on Saturday night (February 6) at 10:30 PM.

"Yet another impaired driver was observed swerving on Highway 97 in Okanagan Falls and travelling in the oncoming lane towards Oliver at a high rate of speed," Sgt. Hallett adds

"This 28 year old driver was almost three times the legal limit for alcohol and was found to be in possession of cocaine."

This occurred Saturday evening

(February 6) at 8:00 PM.

Another impaired 50 year old male driver in Cawston was also found to be an unlicenced driver. This occurred on Sunday (February 7) at 2:30 in the afternoon.

South Okanagan Traffic Services would like to thank the citizens that reported some of these impaired drivers.

"Fortunately no one died on South Okanagan roads this past Family Day holiday weekend," says Sgt. Hallett.

This was just one weekend in the South Okanagan/Similkameen.

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This pooch was entertaining himself at Yellow Lake February 5th while his master was waiting for the fish to bite. The pooch's "pounce" was preceded by rolling in the snow with all four legs flailing skyward. Photo: Arlene Arlow

Lower Valley News

Keremeos - Cawston - Olalla



On Monday evening, February 29th from 6:00 to 9:00 PM the Cawston Hall will be the site for presentations and discussion hosted The Friends of The Similkameen. 2016 is another Leap Year. The extra day is Monday, February 29th.

Water and the Similkameen River will be the focus of the evening with attention to wildlife ecology,

the geology of our aquifers, history and future of development, agriculture, recreation, industrial pollution and global warming.

"It's an opportunity for interested neighbors to celebrate the richness we enjoy and to share views around common concerns," said Donna Stocker of The Friends of The Similkameen.

A hundred people turned out to see

the South Okanagan Organic Producers' sponsored presentation of This Changes Everything, a film by Avi Lewis and Naomi Klein. This Leap Day event at the Cawston Hall is a follow-up.

The Friends of the Similkameen are a decades old adhoc group with success in past stopping toxic waste disposal at Dankoe Mines, a coalfired power plant at Princeton,

coalbed methane drilling at Princeton and the damming of the Similkameen well as other matters over time.

There will be light refreshments on hand and the opportunity to join friends in exploration and discus-

sion around table presentations. It's mainly about the water.

Admission to the event is by donation. To contribute ideas, time or energy to the event, contact Friends of The Similkameen at 250-499-

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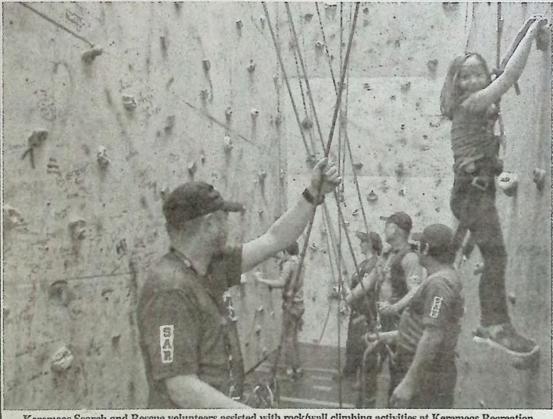
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Keremeos Search and Rescue volunteers assisted with rock/wall climbing activities at Keremeos Recreation Centre during Family Day February 8th. It was a popular place to be in the Lower Similkameen. Photo: Aran Menzie

5



... And that's why they call it 'K' Mountain! Photo: Arlene Arlow

brushstrokes

With a sensibility reminiscent of the floral works of Georgia O'Keefe, Juhli touches on the sensual feminine world of flowers through colour, form and space. The strongly feminine images evoke lushly decadent folds in which the viewer is invited to pause from the business of life and find some pleasure in a meditation on form.

Ranging from realistic to abstract,

Juhli's work is the result of a medi-

tative exploration into the myriad of floral forms from macro and micro

points of view.

Technically trained in architectural drawing and design, classically

trained in painting and the Surrealist genre of image making, Juhli comes to this garden of earthly delights with 25 years of experience. In Juhli's words, "I have an obsession with undulating forms in 3D space and the effect that colour has on enhancing the illusion of depth of space within the confines of the 2D canvas."

"Brushstrokes," including Merrilyn Huycke's Sketchbook Journals and Susan Delatour's Winter Moonlight Miniatures can be viewed until March 31st in the Lounge at Riverside Community Centre, Princeton.



by George Elliott

.....continued from Page 16 aimed shot needs to be fired over the bow but in most cases conversation gets the job done more efficiently.

Another way engagement helps the local economy is by business owners sending traffic to other businesses. We get a lot of inquiries in our office of where someone who does (fill in the blank) can be located or is there a place in town that sells (fill in the blank). We refer people throughout the retail core because we have a good handle on what services and products are available here. We also know that we are on the receiving end of referrals from other businesses in town.

When we all work together instead

of sending people out of town for something available across the street, we perform a great service through engagement with customers, other businesses and our community.

How does this save downtown Princeton?

All I'm talking about basically is communicating with one another. If we learn more about what is available in our local economy we become better consumers. When it comes to reaching out to the community for input, we become better leaders. The benefits of engagement far outweigh the negatives and in the end, it makes for a stronger commu-

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