Volume 19 Issue 24 #942 ISSN 1712-090X

Tuesday, June 14, 2016

Canada

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Council receives grandstand update

Lyle Thomas, Director of Recreation and Culture presented a project update to Princeton Town Council at the June 6th regular meeting. The renovation project is at Princeton Fairgrounds and is focused on the grandstand seating area facing the race track and rodeo arena.

The grandstand is roughly 45 years

old and has a seating capacity of about 500.

"They are in reasonably good condition for their age however, they are an area we as a Town and the Princeton Exhibition Board need to be sensitive to the condition and safety," Thomas states in his report.

"Good maintenance is key to the lifespan of the grandstand and it would be very costly to replace them if we let them deteriorate to a point where they were no longer serviceable."

The need to upgrade the grandstand is resulting from the popularity in the multi-use aspect of the fair-grounds which is attracting more and more events. Each of these events depends on grandstand seat-

ing

Following some work initiated by the PXA in 2015, the Town of Princeton has committed a number of additional items to complete the grandstand renovation project.

They include: improving drainage at the front of the grandstands; creating better access and egress as per fire code; providing a safe handicap viewing area; protecting all beamcontinued on Page 3

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Published Weekly in Princeton, British Columbia by Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0 Phone: 250.295.4149 - Fax: 250.295.4103

Similkameen News Leader

January 6, 1998 - July 26, 2016

One thing you may have noticed about the content in this newspaper over the years is what kinds of things we consider news. Sure, there are accidents and fires but typically we have chosen to focus on other events that go on in and around our community and valley.

In fact this is the Similkameen News Leader as opposed to the Princeton News Leader because the ownership and editorial staff

here has always viewed the entire Similkameen Valley as a single entity. Yes, there are some very distinct differences from one end to the other but we all share so many of the same things. This is why there has always been coverage of Hedley, Keremeos and Cawston in the pages of this newspaper along with Princeton, Tulameen and Coalmont.

When I took over the control of

the day-to-day workings of this publication in early 2004 I also slowly shifted the direction of the content. Dawn and I have had a long history in Princeton with community service and as such have always had a good understanding of the importance of volunteers and other accomplishments and contributions residents make to this

While other publications consider a lot of what we write as 'soft news' our philosophy is that that kind of news is as important as the big splashy headlines. As you may have noticed over the months in Saving Downtown Princeton I have continued to point out the importance of the character and culture of the community. The majority of that comes from heartfelt (and often thankless) giving back by residents to try to make our home a better place.

It is also soft news that attracts me as a reporter because it often deals with subject matter that is more

people oriented and social in nature.

That being said, one of the annual events that never get much attention without our presence is the Long Service Celebration hosted by School District 58 (Nicola-Similkameen). It never runs more than an hour, but gives the School District an opportunity to honour the dedication and contribution teachers and district staff provide to students in the schools in Princeton. They host two events, one here and one in Merritt.

I enjoy seeing the interaction between those being honoured and I have been to enough of these celebrations to know that in many cases the 'no shows' are not entirely avoiding recognition because of political reasons, although that does play a role at times. Often those who do not attend are staying away because they do not wish to be recognized. I still like that the District feels it is an important exercise just

Of all the School District Long Service Retirement Celebrations I have attended the most favourite photo I snapped is the one that appears on the front page of this issue. It was taken during the June 2008 celebration and features retiring (and incredibly popular) teacher Diane Rodewoldt who was recognized for her 33 years of work in the District.

If my memory serves correctly, that was the first year the District presented engraved school bells to the teachers who retired. After the ceremony had ended and many of us were enjoying snacks and socializing Rodewoldt was poising for a photo with her school bell for a fellow teacher. I had to snap one for myself and it ended up on the front page of that issue.

This newspaper has had a long, friendly and close relationship with School District 58. It dates back to when I used to cover the meetings of School Trustees when thecontinued on Page 8



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Similkameen

WIN \$500! See Page 10

Volume 11 Issue 48 #555 ISSN 1712-090X

Deer



The front page from November 25, 2008. We have never shied away from events that don't normally grab headlines because we have always believed that what makes our community unique is the people who are here. That is why we have published retirement, birthday and various other photos highlighting significant achievements in the lives of those around us. Sure, we don't get to them all, but the ones we miss are as important as the ones we feature. *

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Flip Of The Coyne

by Spencer Coyne

It has not always been easy writing a weekly column and keeping it fresh from week to week. It has been a pleasure writing over all these years, be it when I wrote for the Spotlight or when I wrote here at the News Leader. It has always been the readers that kept me going. Just when I think I should call it quits, someone stops me in the street or in the grocery store and gives me a pat on the back and says, "keep it up."

Over the years my column has not always been about local topics. I have covered everything from global issues to supporting local volunteers. The column has always been about starting a dialogue and trying to make people question what is happening around themselves. The greatest comments I receive from readers is when they tell me they read my column every week, even though sometimes they didn't agree with me. I remember the first time it happened. I was in line at the old Overwaitea and this elderly woman came up to me. She was about a foot shorter than me and she looked up at me and proudly exclaimed, "I read you in the paper every week!" I replied, "Thank you!" She then got a very serious look and in a very quiet voice said, "but I don't always agree with you." I remember smiling and with a good chuckle I said, "Thank God because could you imagine if everyone agreed with me?" I have never wanted everyone to agree with me. Honestly if that was to happen, I would have quit a long time ago, because I don't even agree with some of the things I have written. Like I said, my column has always been about starting a discussion about the world around us, be it in our own little corner or in the world at large.

Over the years there has been one group more than any other that has been on the receiving end of my weekly column, and I'll bet that they aren't heart-broken to see an end to my weekly rant. No other group has received more ink from Flip of the Coyne than Town Council. When our councillors got into

office by acclamation, it fell to the papers to find out what their agendas were. We had no candidate forums, no campaigning and no idea what these people who just became our civic leaders were about. I felt (and I believe I can say George agreed and felt the same way) that it now fell to the non-news sections of the paper to hold them accountable. My column became that outlet for me and I know members of council feel that it has been unfair but that is why columns like mine are in newspapers.

That is why news networks have opinion and editorial. It is so they can pose certain questions to bring awareness to the people. The media is an importarit part of democracy. Without people willing to put their necks out and say things that are controversial, those in power go unopposed. I did not direct my columns at council out of spite, hate or some other malicious reason. I did it because I love my community and I want only the best for it. It is this very platform that has helped keep the people

of this community aware of what is happening around them when there has been no official voice from those who should be keeping the people of the community apprised.

I do hope that although this paper is soon going to bed for the last time that it will not mean that the people of Princeton are in the dark about the truth

around them. This paper has always been a community paper. It is why I jumped at the opportunity when George asked me to join him. I grew up reading Dawn Johnson and listening to George on the radio station. This is a local team, locally owned and operated and it is for the community. How could I say no to that?



JAMES COYNE ELECTRIC 250-295-1266



Council receives park project update

Michael Mazurek, Director of Infrastructure and Parks, presented an update to Princeton Town Council June 6th on the Bridgeview Park project.

The first phase of the project has been completed which included a legal land survey which assisted in identifying the exact property boundaries. That allowed for site preparation including brush removal, leveling, back blading and the location of the "best path route through the park."

Mazurek says the second phase of the project is "progressing well" and includes completion of the primary water service installation. This is to "accommodate future irrigation and a planned drinking fountain."

Paving of the path is expected to

be finished by the end of this month with up to twenty new trees to be added to the grounds. The project is projected to be complete in 2017.

"It is anticipated, based on recent

public comment, that, upon completion, the new Bridgeview Park will become one of the most used and functional developments within the Town of Princeton."

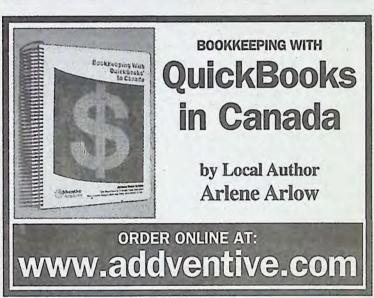
Grandstand report

.......continued from Front Page ends and posts, change the aesthetic of the back of the grandstands and paint the entire structure, inside and out.

Thomas says about 80-percent of the work is complete with it expected to be finished this month.

"This project, once complete, will satisfy the outstanding items identified on the fire and engineering report and bring the grandstand up to current safety standards."





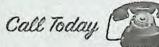


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My Turn...

Into The Third Quarter

I am not bitter.

That's what I've been saying since we announced the closure of this business. It is easy to say simply because it is true. I'm not even angry that my downtown business will soon be gone.

If anything it will become another statistic in the history of small business closures in British Columbia. They are closing at an alarming rate and as a result I find a little comfort knowing that we are part of a trend.

The question we've been asked most frequently over the past couple of weeks is: "What's next?"

I learned a new term the other night while in a conversation with Leah Ward at a school district function. We were discussing the future plans my wife and I are kind of putting in place and Leah referred to the "Third Quarter Transition." If you don't know what that is, the short explanation is when someone over 50 is changing careers and/or lifestyles through jobs, moving to a new community or anything that results in a major change in their existing routine.

It was at that point I realized she was describing precisely what Brenda and I are doing. Then a few mornings later over breakfast it dawned on me that I've spent 26 years in Princeton and am still young enough to live another 25 or so years doing something else - my Third Quarter.

In fact, both Brenda and I can say the same thing: we could live well into our 80s which gives us both another 20-25 years to do something else with our lives. Yes, not all of that would be in the labour market, but it does put a very different light on the one step closer we are moving to making a major change in our lives.

There has been suggestions made that I will experience a period of mourning and because of that I will go through various phases as one would who loses a loved one. I had not considered that possibility, but I'm sure I'll start feeling it once we start to empty out my office.

What I am looking forward to most is the adventure of making a change. There is no doubt in our minds that the window of opportunity has opened for us to take this leap and enter a different stage in our lives. It reminds me of the excitement (and some fear) I felt in 1986 when I moved away from Penticton to take on the Assistant Manager role at the local radio station. It was a massive change in my career, life and environment.

I'm looking at this new change with the excitement (and some fear) as I did back then and because I know how it ended the last time I did this, I'm confident that everything will work out for the best when this new change is complete.

I am looking forward to jumping into my 'Third Quarter Transition' with anticipation because for us it is going to involve more than a change in our business and career lives. It will include plans for the rest of our lives together and how we want them to play out.

Thanks, Leah.

You've inspired us and confirmed we are doing the right thing.



EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.





Students at Vermilion Forks Elementary participated in the Blanket Exercise June 7th. The teaching tool is described as helping students understand "the historic and contemporary relationship between Indigenous and non-Indigenous peoples in BC" and was bolstered by Elders from the Upper Similkameen Indian Band who read portions of a script that traced the history of Canada and what treaties did to First Nations and others. Students followed the history lesson in small groups (above) and then became part of the process as the exercise progressed.

Kokanees: Sun, water and fun!

Princeton Kokanee Summer Swim Club enjoyed a great day at their annual Black and Blue swim meet on Saturday June 4th. The local club's swimmers were divided into the team's two colours: the Black and the Blue, and participated in a bit of friendly competition.

The annual meet is a dress rehearsal to introduce new swimmers and their families to a swim meet: marshaling, heats, racing. It is also a fun social event that strengthens the bond between swimmers.

The day started with the costume portion - team spirit was shown as the swimmers wore either black or blue ensemble to represent their team. The warm up and meet were next. Highlights included younger swimmers navigating the full length of the pool from the shallow end to the daunting deep end, and the club's head coach Chelsea Raine and skill development coach Harleigh Puga facing off against senior swimmers. Afterwards, families enjoyed a potluck and BBQ while socializing in the shade.

The club thanks all the volunteers for a successful meet and extends their gratitude to Kal Tire for providing the BBQ and BBQer extraordinaire Brian. Also, a huge thanks to all ticket purchasers who supported the club fundraiser. Congratulations go to Kevin Theissen - the 50/50 draw winner who won a grand total of \$4,000!

Swimmers will be traveling to Lumby for their first official meet on the June 18th weekend...Go Kokanees!

- submitted

Paint Run 2016!

It's a Fun Run with a dash of colour. On June 18th, the PSS Leadership class will be hosting a Paint Run. Never heard of a Paint Run? No problem.

It works just like an ordinary Fun Run (or walk), except at stations along the way, volunteers will throw paint at you.

Why would they do such a thing? So that they can "colour you active." The Princeton Paint Run is a fundraising event in support of the Princeton Parks Recreation and Culture Department.

By the end of the event, which starts at 9:30 AM on Saturday June 18th, everyone should be very colourful and exhausted. Make sure you wear a white t-shirt so that the colours stand out. If the paint thing isn't your cup of tea, you can opt out and still participate

in the run. But since the paint being used is powdered natural paint, it's all in good fun. This 5kilometre run will start at PSS and follows the Airport Road Run that the PE students know all too well.

You can register as an individual for \$25, or as part of a team of four for \$80, with all proceeds going to the Princeton Parks Recreation and Culture Department. Gather a team of friends or family, more is always merrier, and help the PSS Leadership class support the Recreation and Culture Departments in Princeton by running through the paint rainbow on Saturday, June 18th in the Colour Me Active Princeton Paint Run.

CLASSIFIEDS
PAGE 15

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Current Comment

A Tribute To Fathers



Dawn Johnson editor@thenewsleader.ca

It seems Mother's Day gets a lot more attention than Father's Day. I don't believe this is fair.

Recently, I attended a Celebration of Life for a man who is like millions of other men> He had been a father during his long life, and what was said of him was that he was a hard worker, good-natured, and he would be missed. As I said, he was a man like millions of others.

No history books are written about such men. No great tributes are paid to them, although they are the backbone of our economy. They go out day after day and do a job somewhere, raise a family, and that's their story.

I have known many such men, in my family and the families of others. They are not appreciated enough.

These men go out to the job in bitter winter weather, in the blazing heat of summer, and they put in their shift. A lot of them go to jobs they don't particularly like, but it's a living. They go even though they don't feel like working. Maybe they don't feel up to par, or maybe it's a gorgeous spring day and they

would just as soon go fishing, but they go to the job. They could blow the shift, but they do not want a reputation that they are unreliable. They could blow the shift, but it might mean son Billy doesn't get those new shoes he needs, or daughter Jane might have to wait longer to enter college.

A lot of these men are injured on the job, or risk their health on the job, but, they keep going back. They are raising families, and that is their top priority.

Often, the children of these ordinary men do not think of Dad as a hero. Every father has faults, of course, but none of us are perfect. What the youngsters will not understand until they go out to work and raise a family. They will not comprehend the commitment and dedication of these ordinary men to providing for their families

A young man might ask, "Hey, Dad, how come we have to ride around in this beat up old car?"

Dad's answer should be, "I'm feeding you."

When a father goes out to work, day in and day out, he is providing a roof over the heads of others. He is feeding others and putting clothes on their backs. He is providing an education for others, and entertainment for others, and nobody asks why he is giving all these things to other people.

Each hour he is on the job represents money earned, but it represents more than money. That hour is an hour of his life, and he has given that hour of his life to other people, his wife, his children, and through taxes, to his town, province and nation, but mostly, he is giving it to his children.

Why does he do this?

The simple answer is: he loves them. The true answer is this: he has placed a higher value on his wife and children than on himself. If he is injured on the job, he will go back to it for the same reason. If he must go to war, he will put a higher value on the lives of his family than on his own life.

If you have had a father like this, then you know how much you were valued.

I see all sorts of advertising about what to buy for Dad on Father's Day, but Dad needs something more precious to him than anything you can buy him. He needs the recognition that everything he has done has been appreciated, that his children understand the sacrifices he made by going out to work every day. That recognition, that appreciation, means more than anything you can buy him. The words need to be said, whether in a phone call, a visit, or a special way of making his life easier.

We take a father's work too much for granted, because being a good provider is what being a father is all about, but we should say the words of appreciation when a father does what fathers should do. I remember standing at the graveside of the burial of one such man and listening to his son say, "I don't know how he did it. He raised five kids, and we never went hungry, we always had a home, we always had what we

needed."

Well, I know how he did it. One day at a time, day after day, he went to his job and gave to others the hours of his life, because he valued others more than they knew

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AND NOW...A LITTLE GOOD NEWS!

"I will always obey your law, for ever and ever" - Psalm 119:44



Princeton Secondary School Principal Patrick Kaiser, second from left, was presented with a 10-Year Pin for his years of service to the School District on

June 6th. He was joined by, from left, School Superintendent Steven McNiven, Trustees Leah Ward and Dave Rainer and Board Chair Gordon Comeau. The annual 'Retirement/Long Service Tea' was held at the high school library.



Similkameen News Leader TV Guide Listings - June 14 - 20, 2016

District recognizes teachers, staff



20 year service pins were presented June 6th to second from left, Carol Mack, Sandee Blair and Gudalupe Gutierrez-Ogrinc. They were joined by, from left, School Superintendent Steven McNiven, Trustees Leah Ward and Dave Rainer and Board Chair Gordon Comeau.

The annual 'Retirement/Long Service Tea' was held at the high school library. *



25 year service pins were presented June 6th to from left, Marie-Anne Roche and Kitty Lynch.

They were joined by, from left, (rear) School Superintendent Steven McNiven,

Trustees Leah Ward and Dave Rainer and Board Chair Gordon Comeau.

The annual 'Retirement/Long Service Tea' was held at the high school library. *

School District 58 (Nicola-Similkameen) hosted their annual Retirement/Long Service Tea June 6th in the PSS Learning Commons. A number of teachers and staff members in the Princeton end of the district received pins and gifts in thanks for their continued dedication to the students of the area.

From Princeton Secondary School Principal Patrick Kaiser received a 10 year pin, Sandee Blair and Gudalupe Gutierrez-Ogrinc both earned 20 year pins, Kitty Lynch was presented with a 25 year pin, Shane O'Malley received a 30 year pin and Sharon Clarke and Gordon Bibby retired.

At John Allison Elementary School three honours were presented. Carol Mack (20 year pin), Marie-Anne Roche (25 year pin) and Shirley Low (30 year pin).

Vermilion Forks Elementary School had four recipients: Tristen Cleven (10 year pin), Judy Lee (20 year pin), Raelene Campana (25 year pin) and Sharleen Anderson retires after 33 years in the district.

Following presentations, those in attendance shared some snacks and social time together.



A 30 year service pin were presented June 6th to second from left, Shirley Low. She was joined by, from left, School Superintendent Steven McNiven, Trustees Leah Ward and Dave Rainer and Board Chair Gordon Comeau.

The annual 'Retirement/Long Service Tea' was held at the high school library. *



Ryan Ridgway BSc Ag., DVM - Lynn Smart DVM



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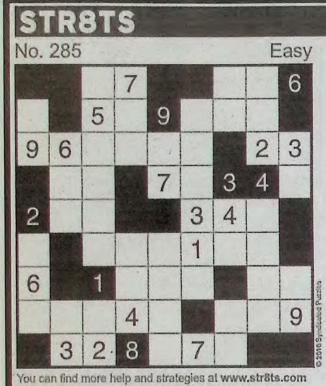
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Retiring this year following 33 years of teaching was Sharleen Anderson, second from left. She was joined by, from left, School Superintendent Steven McNiven, Trustees Leah Ward and Dave Rainer and Board Chair Gordon Comeau. The annual 'Retirement/Long Service Tea' was held at the high school library. *

News Leader Str8ts



along with more puzzles, Apple apps and books.

Previous solution - Medium



How to beat Str8ts -Like Sudoku, no single number can repeat in any row or column. But.. rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

THIS WEEK'S **News Leader Str8ts**

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Tuesday Movies

TUESDAY AFTERNOON

4:00 pm FAM ch.26 "Ice Girls" (2016, Drama) Michaela du Toit. A 15-year-old figure skating champilo-year-old figure skating champion leaves the sport after her mother loses her job and the family moves to a small town. She struggles to fit in until the owner of a local skating arena helps her fulfill her true potential. (In Stereo) (CC) 5:00 pm WTBS ch.3 "RV" (2006, Comedy) Robin Williams. Calamities strike when a family patriarch rents an enormous motor-

patriarch rents an enormous motor-home and takes his dysfunctional

clan on vacation. A&E ch.9 "Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corGen. Maximus seeks revenge for his family's deaths. (In Stereo) (CC)

EVENING

9:03 pm A&E ch.9 "Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corrupt Roman leader Commodus, Gen. Maximus seeks revenge for his family's deaths. (In

10:00 pm KNOW ch.5 "To Make a Farm" (2011, Documentary) Five young Canadians decide to become farmers.



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~ A	AM	Crazy Talk	Global .	Hi Opiel O	Arthur			Dog	Morning	Global	(5:00)	The Early	Kld vs. Kat	SportsCen-	CTV Morn-	Mayday (6)	Life Derek	CityLine	Wildest	Cenadian Pickers RG
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0 1	AM	Law Order:		PAW Patrol	Nature Cat	reunion.		Storage			Morning	Napkin	Chucks	Sports		Daily Planet	Life		Cops (sc)	Security
8	:30	CI		Curlous	Curlous	(N) O		Storage			Huntley St.	Tiger	Wayside	2016 UEFA	1	(DVS)	Gaming	Right (N)	Jall 80	Security
0	AM	Hot Bench	Morning	Astroblasti	Tiger			Storage	LIVE with	Morning	Fresh	Arthur O	Sidekick	European Champion-	LIVE with	How/Made	Justin	FamFeud	Vegas	Ghost Adventures
9	:30	Hot Bench	Huntley St.	Floogals	Tiger	O tte	Club () BE	Storage	Kelly (N) ®	Huntley St.	Money	Napkin	Almost	ship: Austria vs. Hungary.	Kelly (N) 331	How/Made	Yo Gabba	FamFeud	Cops (c)	ge ge
101	MA	Judge	Fresh	Boj O	Sesame St.	The Court of the C	PROMONENT SOURCE	Storage	The View	Fresh	Rachael	Bookaboo	Spliced 0	(N)	The View	Airshow	Dream	The Chew	Cops &c	Ghost Adventures
10	:30	Judge	Money	PAW Patrol	Peg	O REI	Right (N)	Storage	O BC	Money	Ray O KC	Tiger	Kld vs. Kat		O REC	"Two for One"	The Deep	0 30	Cops Rd	(CC)
1 1	AM	Divorce	Rachael	Monkey	Dinosaur		Young &	Storage	21 DAY FIX	Rachael	Global	Recipes	Rated A	Post-Game	Marilyn	How/Made	Life	General Hospital	Cops (cd	Ghost Adventures
17	:30	Divorce	Ray O to	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	Storage	CIZEI	Ray O 30	News at Noon	Stefano	Rated A	2016 UEFA	Denis	How/Made	Gaming	(N) O	Cops 🖾	ac
101	PM	Millionaire	Global	PAW Patrol	Charlie	Pald Prog.	News	The First 48		Global	Days of our	CBC News	Chucks,	European Champl-	CTV News	Alaskan	LEGO Fri	Celebrity	Jail 30	Ghost Adventures
12	:30	Millionaire	News at Noon	Kate and	Rose O SC	Ruff-Ruff,	Bold	O RC	U REI	News at Noon	Lives (N)	Network	Squirrel	onship: Portugal vs.	Vancouver	Bush: Off Grid	LEGO Fri	Celebrity	Cops 🗺	(cc)
. 1			Days of our	Ruff-Ruff,	Painting		The Talk	The First 48		Days of our	The Talk	Heartland	Almost	Iceland. (N)	The Social	Alaskan Bush	LEGO Fri	CityLine 300	Cops (ff)	Ghost Adventures
1	:30	Watch Dally	Lives (N)	Tumble	Quilting	Lives (N)	ORE	O RE	(N) O	Lives (N)	O RG	I (DVS)	Sidekick		(N) O RE	People	Roscoe		Cops (cc)	SC)
0	PM	King	The Talk	Rob Robot	Thomas	TMZ (N) O	Let's Make	The First 48		The Talk	Meredith	Murdoch	Wayside	Post-Game	Dr. Phil	How/Made	Prince	CityNews at	Cops (60	Security
2	:30	King	ORE	Curlous	Curlous	Inside Ed.	a Deal RE	O 350	tors O XC	0.30	Vieira	Myster- les O	Kld vs. Kat	SportsCen-	0 36	How/Made	Awesome	5 (N) 34	Jail 30	Security
0	PM	Mod Fam	Meredith	Kate and	Arthur	Ellen	The Dr. Oz	The First 48	DO SEE TO LOCATION	Meredith	Young &	Coronation	Sidekick	tre (N) (Live)	Ellen	How/Made	HZipzer	(2:59) CityNews at	Cops 🗺	Yukon Gold
3	:30	Mod Fam	Vielra	PAW Patrol	Nature Cat	DeGeneres	Show (%)	O 1660	Ray O (%)	Vielra	Restless	Mercer	Nerds		DeGeneres Show	How/Made	Next Step	6 (N)	Jall 89	17 852
4	PM	Blg Bang	Young &	Maker	Ready Jet	Jdg Judy	Dr. Phil	Venegune coulding is	FABLife (N)		Global	Bondi Vet	SpongeBob	Hockey	The Dr. Oz	Daily Planet	Movie: "Ice Girls" (2016)	To Tell the Truth (N) O	Cops In	Canadian Pickers 30
4	:30	Blg Bang	Restless	Creative	Wild Kratts	Jdg Judy	O EG	Otec	Oac	Restless	Global Nat.	Bondi Vet	SpongeBob	Highlight	Show (60)	(N)	0 30	Truth (N) 40	Cops Rd	PICKETS AC
-	PM	Movie: **	News (N) 50	Astroblasti	News	News	News	Movie:	News	News	Global	Dragons'	SpongeBob	Euro Match of the Day	CTV News Vancouver	Deadliest Catch		America's Got Talent	Cops III	Security
5	:30	*RV* (2006) Robin Wil-		Wild Kratts	Business	NBC News	CBS News	****	ABC News	Global Nat.	News Hour at 6	Den O	SpongeBob	30 the Day	vancouver	Çaten	Awesome	"Auditions"	Cops (65)	Security
0	PM	liams.	Global Nat.	Hope for	PBS News-	News	KREM 2	(2000) Rus- sell Crowe.	News at 6	Global	ET Canada	СВС	Assembly	1	CTV News Vancouver	Deadliest Catch (N) O	Next Step	(N) O 36	Cops 🕮	Myster- les at the
6	:30		News	Wildlife	Hour (N) 20	Millionaire	News at 6 (N)	O 20	News	News Hour at 6	ET	Vancouver News	Assembly		Vancouver	Catch (N) N	Next Step		Cops ad	Castle
-	PM	Seinfeld O	ET	Canada:	Genealogy	Jeopardyl	Broke Girl		ET	ET	Maya &	Gags	Thunder	SportsCen- tre (N) (Live)	etalk (N)	The Last Alaskans	Next Step	To Tell the	Cops (sc)	Mysteries- Museum
1	:30	Seinfeld	ET Canada	Over the Edge	Roadshow	Wheel	Broke Girl		The Insider	ET Canada	Marty (N) Iss	Gags	Assembly	36 (N) (Live)	Big Bang	(N)	Next Step	Tiddi as	Cops set	Museum
0	PM	Family Guy		The Wonde		America's	NCIS	(8:03) The	To Tell the	NCIS	NCIS *Double	Mercer	Just Kid		Person of Interest (N)	How/Made	Prince	CityNews- Tonight (N)	Cops 30	Ghost Adventures
8	:30	Amer. Dad	"Double Trouble"	of Dogs	0 25	Got Talent "Auditions"	"Double Trouble"	First 48 KG	Truth (N) O	"Double Trouble"	Trouble"	22 Minutes	Just Kld	Board	interest (N)	How/Made	Malcolm	Tonight (14)	Cops &	ac Adventures
-	PM	Family Guy	NCIS: New	Emergency		(N) O 353	NCIS: New	(9:03) Mov-	Uncle Buck		NCIS: Now	Standing	Gags	SportsCen-	O.J.: Made	Deadliest Catch 221	Gilmore	Crime Wateh Daile	Vegas	Myster-
9	:30	Amer. Dad	Orleans O		O REC		Orleans ()	le: ***h "Gladiator"	O RC	Orleans ()	Orleans 0	Baroness	Gags	tre (N) KG	In America (N) O (Part	Catch 33	Third	Watch Daily	Jall to	les at the Castle
40	PM	The Middle	Maya &	To Make a	Global	Maya &	Person of	(2000) Rus- sell Crowe.	To Tell the	Maya &	Global	The	Haunting	SportsCen-	2 of 5) (sc)	The Last	Degrassi	Extra (N)	Jait so	Mysteries-
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4.4	-	Browns	News Fina		Charlle	News	News		KXLY 4	News	Late Show-	CBC News	Gogs	SportsCen-	News-Lisa	How/Made	Malcolm	Mr. D O	Jail Ed	Ghost
17	.30	Payne	Colbert	Over the Edge	Rose (N) 100	J. Fallon	Colbert		J. Kimmel	Colbert	Colbert	Coronation	Gags	tre IIC	CTV News	How/Made	Prince	Pckge Deal	Jall &c	Adventure



Vermilion Forks Field Naturalists

Field Trip with Nicola Valley Naturalists

by Janis Wright, VFFN

We chose one of the hottest days of the season (35 degrees!) to go birding with the Nicola Valley naturalists, but what a success it was!! On Sunday, June 5th, 12 Vermilion Forks Field Naturalists joined 16 members of the Merritt club at Seven Half Diamond Ranch, where we had been given permission by owners Jim and Heather O'Connor to meander.

We spent over three hours roaming the trails and admiring the

scenic landscape, where rolling ranchland is dotted with ponds and marshes.

Led by ornithologist Alan Burger, we observed 46 species of birds, highlights of which were Kildeer, Sora, Eastern Kingbird, Yellow-headed Blackbird. Swainson's Thrush, Cinnamon Teal and Blue-winged Teal. Goslings and ducklings were prevalent, including Mallard, Bufflehead and Barrow's Goldeneye babies. We also spotted a couple of Western Terrestrial Garter Snakes in Batstone Lake, a Columbia Spotted Frog, and numerous Western Toad tadpoles and 'toadlets' (one-year-olds).

Although the day was warm, we found a shady spot by one of the ponds for our lunch break, where the mosquitoes weren't too pesky! Halfway along our walk we were entertained by a group of steers who raced towards us as if expecting food, then galloped away at full speed, perhaps realizing their mistake. A few of us were privileged to have a tour of the main house before we left this spectacular site, and we thank the O'Connors for their gracious hospitality. It was a splendid day!

Our next field trip will be Saturday, June 25th, when local archeologist Brenda Gould will identify a variety of artifacts at our very own wildlife sanctuary, Swan Lake. We'll meet at Billy's Restaurant parking lot at 8:45 AM with water and snack. Please confirm participation with Mary Masiel at 250-295-7154.

Our next meeting will be Tuesday, June 14th, at Riverside Centre, with Wendy Hawkes, Natural Resources Referral Coordinator with the Lower Similkameen Indian Band as our guest speaker. Her topic will be First Nations ancestral burials and the Heritage Conservation Act.

Please join us for meetings/field trips and refer to our website for more information: www.vffn.ca.







News Leader

1998 - 2016

board consisted of Gordon Comeau, Harold Allison, Lynn Pelly and Barry Montgomery while I sat at the media table representing the radio station. That connection and friendship extended into my newspaper career as well.

I've seen a number of new Trustees and a couple of District Superintendents, including one who came back to the district after leaving for 'the big city.'

For a reporter, while some of the School Board meetings appeared to be rather dry in content, there was always content. Because these are elected officials this newspaper has also felt an obligation to keep you informed about what they were doing.

One vivid memory for me was when I was the lone member of the public at one particular meeting and the 'super' at the time, Dr. Peacock, as I always referred to him, apologized for the less than exciting meeting and offered to do a 'soft shoe' to break it up - which he actually did for a brief moment.

The school boards over the years have consistently shown me their genuine concern for the students of this district and parents should be pleased to know this. Even as a non-parent I am forever impressed with what they have done and continue to do in this district.

I've also had a great working relationship with the office staff in the Merritt office including Jill Yakimchuk and in recent years Simone Chenoweth.

It's these people who are all connected to the kind of news we have published in this newspaper over the years and they are some of the people I will miss the most once we close our business and move on to the next phase of our lives.



Vermilion Forks Elementary School students did well at the Grade 4 to 7 District Track Meet in Merritt June 3rd. Katie Coyne finished 1st in 100m, 3rd in 200m and 2nd in high jump, Erik Gilderstedt finished 4th in 200m as well as in 100m with Bradley Sutton taking 4th in the 200m and 6th in high jump. Photo: B. Clarke

	1	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
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5	PM	Movie: **% "Revenge"	News (N) III	Astroblasti	News	News	News	Streets of Compton	News	News	Global News Hour	Dragons' Den O	SpongeBob	1000	CTV News Vancouver	Vegas Rat Rods	Legend of the Deep"		Llp Sync	Securi
2	:30	(1990, Suspense)		Wild Kratts	Business	NBC News	CBS News	"Hours 1 &	NBA 2016 NBA	Global Nat.	at 6 Elementary		SpongeBob Assembly	of the Day	CTV News	Bitchin'	Next Step	Mindy Mom 30	Lip Sync	Securi
6	:30	Suspense)	Global Nat.	Ultimate Engineer-	PBS News- Hour (N) 80	News	News at		Finals:	News Hour	The second secon	Vancouver	Assembly	Test .	Vancouver	Rides (N) 80		Broke Girl	Lip Sync	Unkno
-		Seinfeld ()	ET	Ing Waterfront	Educating	Jeopardy!	6 (N) Broke Girl	Streets of	Warriors at Cavaliers	at 6	Game of	News 22 Minutes	School		etalk (N)	Street	Backstage	Broke Girl	Lip Sync	Delicio
-	:30	Seinfeld O	ET Canada	Cities	Spokane ()	Wheel	Broke Girl	Compton (N)		ET Canada	(N) O	Coronation	Max	SportsCen- tre (N) (Live)	Big Bang	Outlaws (N) 251	Next Step	Two Men	Llp Sync	Delicio
8	1000	Family Guy	Bones (N)	Great Railway	Murder Myster.	Dateline NBC (N) @0	Big Bang	(8:03) The First 48 30	1 10	Bones (N)	Bones (N)	Town at the Top/World		(4) (21)	Blg Bang	How/Made	Prince	CityNews- Tonight (N)	Lip Sync	The Di
_		Amer. Dad Family Guy		U2: From	Death In	Aquarlus	Life in	(9:03)	J. Kimmel Happy Day	Private	Private	Keeping	Just Kld Gags	SportsCen-	Cleveland	How/Made Vegas Rat	Malcolm	Crime	Lip Sync	Exped
9		Amer. Dad	Eyes (N)	the Sky	Paradise (co	Hodiak receives	Odd Cple	Streets of Compton	Gilligan	Eyes (N)	Eyes	Canada Alive	Gags	tro (N) 30	Odd Cple	Rods	Third	Watch Dally	Lip Sync	Unkno
10	PM	The Middle	Game of	DOWN TV	Scott & Bai-		Code Black		ET	Game of	Global	Tho	Haunting	SportsCen-		Bitchin'	Cheerlead	Extra (N)	Lip Sync	Delicio
10	-	Payne	Silence (N) O	Snapshot	ley () KE		0 100		The Insider	(N) O	News at 11 (N)	National (N) 333	Haunting	tre (N) 80	nounced	Rides 80	Backstage	Young	Battle O	Delicio
11		Pald Prog.	News Final Colbert	Waterfront	Charile Rose (N) (C)	J. Fallon	News	Streets of Compton	J. Kimmel	News	Late Show- Colbert	CBC News Coronation	Gags	SportsCen- tre 🖾	News-Lisa CTV News	Street Out- laws IIII	Malcolm Prince	Mr. D Pckge Deal	Guys Choice 2016	The De
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_	AM C	Crazy Talk	Global	HI Opiel O	Arthur	KHQ News	KREM 2	Dog the	Morning	Global	(5:00)	The Early	Kld vs. Kat	Formula	CTV Morn-	Cold Water	Life Derek	CityLine	Gangland	Canadi
6	:30		News Morn- Ing (N) (G)	Monkey	Odd Squad	6AM (N)	Morning News	Bounty Hunter	Northwest	News Morn- Ing (N) (88)	Global News Morn-	Edition (N)	Almost	One Racing	Vancouver	Cowboys	Roscoe	(N) 321	O EEE	Picker
7		Law Order:		Dinosaur	Wild Kratts	Today Bill Simmons;	CBS This Morning (N)	Intervention "Kacy" O	Good Morn- ing America		ing (N) 160	Cat In the	Squirrel		(N) O Rd	How/Made How/Made	Next Step	Let's Make a Deal 🖾	Gangland O 88	Welrd What?
-	:30 AM	Law Order:		Wild Kratts PAW Patrol	Ready Jet Nature Cat	Charlie Puth performs.	O DEC	Intervention	Demi Lovato performs.		Morning	Arthur O Napkin	Chucks	2016 U.S.		Dally Planet	Lost Backstage	The Price Is	Gangland	Securi
8	:30	CI		Curious	Curious	(N)		U sq			Huntley St.	Tiger	Wayslde	Open Golf Champion-		MG (DVS)	Raising	Right (N)	O 100	Securi
9	AM	Hot Bench	Morning	Astroblast!	Tiger	Today (N)	The 700 Club O X	Intervention "Carrie E."	LIVE with Kelly (N) 86	Morning	Fresh	Arthur O	Sidekick	ship: Sec- ond Round.	LIVE with Kelly (N) 80	How/Made	Justin	FamFeud	Gangland O IIII	Myster
3	-		Huntley St.	Floogals	Tiger					Huntley St.	Money	Napkin	Almost	From Oakmont		How/Made	Yo Gabba	FamFeud		
10		Judge Judge	Fresh	Boj O PAW Patrol	Sesame St.	Today (N)	The Price Is Right (N)	Intervention "Kaeleen"	O RC	Fresh	Rachael Ray O M	Bookaboo	Spliced O Kld vs. Kat	Country Club in	O 30	Mighty Planes	The Deep	The Chew	"One Blood"	Myster
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11	:30	Divorce	Ray O Rd	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	"Sierra" O	Pald Prog.	Ray O 30	Global News at	Stefano	Rated A	(Live) 80	Denis	How/Made	Gaming	(N) O	Most Evil	Museu
12	100		Global Nows at	PAW Patrol	Chartle Rose () %0	Paid Prog.	News	The First 48	The Chew	Global News at	Noon (N) 35	CBC News Network	Nords		CTV News Vancouver	Vegas Rat Rods	Movie: The Water	Celebrity	Gangsters: Most Evil	Myster
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3		Mod Fam	Meredith Vieira	Kate and	Arthur	Ellen DeGeneres	Show MU	The First 48	Rachael Ray 0 30	Meredith Vieira	Young & Restless	Grand Designs	Sidekick	onship: Second	Ellen DeGeneres	How/Made How/Made	HZIpzer Next Step	(2:59) CityNews at	Cops III	Yukon
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	PM	tion) Martin Lawrence.	Global Nat.	Waterfront	PBS News- Hour (N) NO	News Millionalro	KREM 2 News at	Murder in Enchanted	News at 6	Global News Hour	ET Canada ET	Vancouver	SpongeBob Thunder	Argonauts	CTV News Vancouver	Alaskan Bush	Kingdom	Between "Love Hurts"	Bellator MMA Live	Borde
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7	:30 PM :30 PM :30 PM :30 PM :30	Family Guy Amer. Ded Family Guy Amer. Ded The Middle	ET Canada NCIS: Los Angeles O Hawali Fivo O O NC The Firm "Chapter Ten"	Last Tango in Halifax Silent Wilness () (Part 1 of 2)	Charile American Masters O 80 The Kate Rita Wilson.	Wheel America's Got Talent "Auditions" O IC Dateline	Broke Girl NCIS: Los Angeles Hawaii Five 0 0 st Blue Bloods at	(9.03) The First 48 #6 (10:03) Murder in	The Insider Shark Tank O BC What Would You Do? (10:01)	ET Canada NCIS: Los Angeles O Hawali Five O O 30 The Firm Chapter	"Chapter Ten" NCIS: Los Angelos o Hawaii Five o o se Global News at 11 (N)	Cerenation Creek 22 Minutes Mr. D O Mr. D O The National	Movie: *** "Rio" (2011, Comedy) O se Game On Assembly Max	SportsCentre (N) 80 SportsCentre (N) 80 SportsCentre (N) 2d	Motive O M (DVS) O.J.: Made in America (N) O (Part	Air Crash investiga- tion Alaskan Bush People Bering Sea	Next Step Thunder "Hood- winked Tool Hood vs. Evil" Movle: ** "The Other	Two Men CityNews- Tonight (N) Crime Watch Dally NI Extra (N) Young	Rampage Returns (9:15) Cops Cops 20 Cops 20	Securi Border Border Border

News Leader Movies - Wednesday to Saturday

WEDNESDAY MORNING

9:00 am SPIKE ch.44 "Varsity Blues" (1999, Comedy-Drama) James Van Der Beek. When the star quarterback is injured, a rigid highschool football coach expects an irreverent player to lead the team to victory. (In Stereo)

11:30 am SPIKE ch.44 "Final Destination" (2000, Horror) Devon Sawa. Teens meet with horrible ends after a classmate's precogni-tive vision leads to their ejection from a doomed airliner. (In Stereo)

AFTERNOON

12:00 pm FAM ch.26 "Ice Girls" (2016, Drama) Michaela du Toit. A 15-year-old figure skating champion leaves the sport after her mother loses her job and the family moves to a small town. She struggles to fit in until the owner of a local skating arena helps her fulfill her true potential. (In Stereo) (CC) 4:00 pm FAM ch.26 "Kicking & Screaming" (2005, Comedy) Will Ferrell. A vitamin salesman and his overly competitive father go head-

Ferrell. A vitamin salesman and his overly competitive father go head-to-head as coaches of children's rival soccer teams. (In Stereo) (CC) SPIKE ch.44 "The Final Destination" (2009, Horror) Bobby Campo. A horrifying premoition saves a young man and his friends from death during a recetrack accidents.) from death during a racetrack accident, but terrible fates await them nonetheless. (In Stereo)
5:00 pm WTBS ch.3 "Side Out" (1990, Action) C. Thomas Howell. A

former basketball star and a downand-outer enter a California beach volleyball tournament.

EVENING

8:00 pm CHBC ch.4 BCTV ch.11 CITV ch.12 "Jack and Jill" (2011, Comedy) Adam Sandler. The life of a successful, happy ad executive descends into chaos when his needy, passive-aggressive twin sister (also Sandler) makes her annual Thanksgiving visit. (CC) SPIKE ch.44 "Varsity Blues" (1999,

Comedy-Drama) James Van Der Beek. When the star quarterback is injured, a rigid high-school football coach expects an irreverent player to lead the team to victory. (In

THURSDAY AFTERNOON

12:00 pm FAM ch.26 "Kicking & Screaming" (2005, Comedy) Will Ferrell. A vitamin salesman and his Ferrell. A vitamin salesman and his overly competitive father go head-to-head as coaches of children's rival soccer teams. (In Stereo) (CC) 4:00 pm FAM ch.26 "The Water Horse: Legend of the Deep" (2007, Fantasy) Emily Watson. On the shore of Loch Ness, Angus finds an unusual egg that hatches a water horse, the legendary creature from Scottish mythology. Angus tries to keep its existence hidden, until his pet grows into the fabled Loch Ness monster. (In Stereo) (CC) 5:00 pm WTBS ch.3 "Revenge" (1990, Suspense) Kevin Costner. Caught with the wife of his Mexican host, then left for dead, a former Navy jet pilot recovers to take revenge.

take revenge.

FRIDAY AFTERNOON

12:00 pm FAM ch.26 "The Water Horse: Legend of the Deep" (2007, Fantasy) Emily Watson. On the shore of Loch Ness, Angus finds an unusual egg that hatches a water horse, the legendary creature from Scottish mythology. Angus tries to keep its existence hidden, until his pat grows into the fabled Loch Ness pet grows into the fabled Loch Ness

monster. (In Stereo) (CC) 5:00 pm WTBS ch.3 "Bad Boys II" (2003, Action) Martin Lawrence. Two detectives uncover a conspira-cy involving a drug kingpin while trying to stop the trafficking of Ecstasy in Miami.

EVENING

7:30 pm YTV ch.18 "Rio" (2011, Comedy) Voices of Anne Hathaway. Animated. A domesti-cated macaw and his human friend travel to Rio de Janeiro to meet the last surviving female of his kind. (In Stereo) (CC)

8:30 pm FAM ch.26 "Hoodwinked Too! Hood vs. Evil" (2011, Comedy) Voices of Hayden Panettiere. Premiere. Animated. Red cuts short her training with covert group Sisters of the Hood to help save

Hansel and Gretel from a wicked witch. (In Stereo) (CC)
10:00 pm FAM ch.26 "The Other End of the Line" (2008, Romance) Shriya Saran. Premiere. Although she is already engaged, an employee at a call center in India makes a romantic connection, with an romantic connection with an American, and flies to San Francisco to meet him. (In Stereo)

SATURDAY MORNING

FAM am 'Hoodwinked!" (2005, Comedy) Voices of Anne Hathaway. Animated, Police investigate the events surrounding Little Red Riding Hood, Granny and the wolf. (In Stereo) (CC)

11:00 am WTBS ch.3 "War Horse" (2011, Historical Drama) Emily Watson. After forcibly parted from his beloved owner, a remarkable horse changes and inspires the lives of all he meets as he moves through the battlefields of World War I.

AFTERNOON

12:00 pm YTV ch.18 "Rio" (2011, Comedy) Voices of Anne Hathaway. Animated. A domesti-cated macaw and his human friend travel to Rio de Janeiro to meet the last surviving female of his kind. (In Stereo) (CC)

FAM ch.26 "Hoodwinked Too! Hood vs. Evil" (2011, Comedy) Voices of Hayden Panettiere. Animated. Red cuts short her training with covert group Sisters of the Hood to help save Hansel and Gretel from a wicked witch. (In

Stereo) (CC)
1:30 pm WTBS ch.3 "Domestic
Disturbance" (2001, Suspense)
John Travolta. A troubled boy
claims he witnessed his new stepfather commit a murder, prompting

his father to investigate.

2:30 pm CITV ch.12 "The Philadelphia Experiment" (2012, Science Fiction) Nicholas Lea. Government researchers try to recreate the 1943 "Philadelphia

Experiment" to cloak warships, but their success has unintended consequences, forcing the survivor of the original experiment and his grand-daughter to combat the death and destruction.

1:00 pm FAM ch.26 "Hoodwinked!" (2005, Comedy) 3:00 Voices of Anne Hathaway. Animated. Police investigate the events surrounding Little Red Riding Hood, Granny and the wolf.

(In Stereo) (CC)
4:30 pm FAM ch.26 "Hoodwinked
Too! Hood vs. Evil" (2011,
Comedy) Voices of Hayden
Panettiere. Animated. Red cuts short her training with covert group Sisters of the Hood to help save Hansel and Gretel from a wicked witch. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Enough" (2002, Suspense) Jennifer Lopez. After running away fails, a terrified woman empowers herself in order to battle her abusive husband. CITY ch.29 "Perfect Plan" (2010,

Suspense) Emily Rose. When a real estate agent falls victim to a scam and a murder cover-up, she sets out

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		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	ch.45
6	AM	On Spot	Ancestors	Dragon	Heartland	Today (N)	CBS This Morning	Flipping Vegas O 20	Pald Prog.	Ancestors	Global News Morn-	Tiger	Sidekick	F1 Racing	Marilyn Denis	Afaskan Bosh	Warthogs!	Pald Prog.	Auction	Security
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7	AM	P. Affairs	Global	PAW Patrol	MotorWeek	KHQ Satur-	Lucky Dog	Zombie	Good	Global		Super Whyl	Chucks	SportsCen-	Corner Gas	How/Made	Slug Terra	Eye/Asia	Auction	Security
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8	:30	Paid Prog.		Astroblasti	Rough Cut	·	Inspectors	Minds O	Ocean			Cat In the	SpongeBob	Open Golf Champion-	U BC	U BE	The Deep	Studio (N)	Auction	The Em
0	AM	Pald Prog.		Magic Bus	Old House		Hidden	Criminal	Rescue	0	Fish'n	Our Van-	SpongeBob	ship: Third Round.	Is Written	Bering Sea	Thunder	MM Show	Auction	Border
9	:30	Pald Prog.		Kate and	Old House		Changers	Minds O	Wildlife		Real Fish.	couver (60	SpongeBob	From Oak-	The Social	Gold 88	Next Step	Paid Prog.	Auction	Border
10	AM	Paid Prog.	Fish'n	Wild Kratts	Old House	Pald Prog.	Rocketl	Criminal	Rock-Park	Fish'n	Powerboat	Absolutely	SpongeBob	mont Coun- try Club in	Cash Cab	Air Crash	Lost	Heidi Daus	Auction	Border
10	:30	Seinfeld 0	Fishing	Wild Kratts	Kitchen	Pald Prog.	College	Minds O	Explore	Fishing	Driving TV	Canadian ()	SpongeBob	Oakmont,	World Visn.	Investiga- tion	Movie: **>	Jewellery	Auction	Border
4.4	MA	Movie:	Powerboat	Floogals	Pépin	Laureus	Tennis: NCAA Divi-	Criminal	Pald Prog.	Powerboat	Ice Pilots	Doc Zone	Turtles	Pa. (N) () (Live) (60)	Is Written	Mayday	"Hood- winked!" ()	Murdoch	Cops 330	Security
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12	:30	Watson.	News at Noon	Animals	Garden	Racing		OBC	Games (N)	News at Noon	Decks	of Things	*Rio* (2011, Comedy)		tre @G	Worst	winked Too! Hood vs.	Myster- les O	Vegas	Border
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1	:30	Movie:	Decks	Cosmic	Roadshow	leyball: AVP New York	Pald Prog.	ORD	(N)	Decks	Entertain-	change		1 6	Corner Gas	Gold (CC	Backstage	Myster- les O	Cops 20	The Em
	PM	"Domestic Disturbance"	Decked	Canada:	British	City Open.	Whacked	The First 48		Decked	ment Tonight	Gags	Stanley		Canada's	Alaskan	Kingdom	Mod Fam	Cops (R)	Border
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3	:30	The Middle	Movie	Cities	ker O	New Sharki	Pald Prog.	0 20	Rd.	Movie	Experiment*	-	Stanley		Moneytalk	How/Made	"Hood- winked!" O	CityNews	Cops 24	Security
	PM	Seinfeld O		Great MI-	Steves	Omega	College Street College Street	The First 48	McCarver			Track and	Chucks	MLS Soc-	Marilyn	How/Made		Out There	Cops 80	Security
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	PM	King		Great	Last/Wine	News	News	The First 48	News		Global	League	Chucks	Whitecaps	The Social	Deadliest	winked Too! Hood vs.	Mr. D O	Cops (N)	Border
5	:30	King	News	Rallway	Grey	Boxing:	CBS News	O DO	ABC News	Global Nat.	News Hour at 6	Series.	Chucks	FC	TBA	Catch	Evil	Young	Cops Iss	Border
-	PM	Movie: **	Global Nat.	Hope for	Lawrence	Premier Boxing	News	The First	News at 6	Global	16x9 @2	National	Assembly	Euro Match	CTV News	Deadliest	Thunder	Movie: **	Cops 30	Ghost Ad-
6	:30	"Enough" (2002) Jen-	News	Wildlife	Welk	Champions.	Pald Prog.	48: Misfor- tune	The Insider	News Hour at 6		C Dream	Stanley	of the Day	Vancouver	Catch ©	Turbo	"Perfect Plan" (2010)	Cops IC	ventures
	PM	nifer Lopez.	16x9 EU	Crocodile	Keep Up	(N) (Live)	Elementary	The First	Entertain-	16x9 20	Home to	Short Film	Just Kid		W5 0 R0	Fat N Furi-	Backstage	Emily Rose.	Cops 20	The Dead
7	:30			King	As Time		0 00	48: Mistor- tune	ment Tonight		Win	Face Off O	Just Kld		(DVS)	ous: Rolling	Backstage		Cops 150	Files (N) 80
	PM	Family Guy	Home to	Heartbeat	Movie:	Caught	NCIS: New	The First	People's	Home to	Private	Murdoch	Movie: **	SportsCen-	Motive O E	ALCOHOLD STREET, STREE	Next Step	CityNews	Cops 86	Expedition
8	:30	Family Guy	Win titl		***h "Oldahoma!"	KHQ	Orleans O	48: Killer	List (N) RE	Win EC	(DVS)	Mysteries	*Air Bud Spikes	tre (N) (Live)	(DVS)	laws 30	Next Step	(N)	Cops to	Unknown (
		Burgers	Private	Midsomer	(1955)	TMZ (N)	48 Hours	(9:03) The	20/20 A gun-	Private	Dual Sus-	Follow the	Back* (2003)		O.J.: Made	Deadliest	Raising	VICE	Vegas	Ghost Ad-
9	:30	Burgers	Eyes RE (DVS)	Murders (N	Gordon MacRae. O	0 00	(N) O BE	First 48 EC	man holds a maternity	(DVS)	pects	Money EC	0	Euro Prev.	In America (N) O (Part	Catch &G	Raising	VICE	Vegas	ventures
-	PM		-	17.00		Blue	48 Hours	The First	ward hos-	Dual Sus-	Global	Gags	Assembly	SportsCen-	5 of 5)	Fat N Furi-	Movie; **	Murdoch	Jail &C	The Dead
10	:30	Community	pects	Grand	Profiles	Bloods	(N) O IIII	48: Misfor- tune	tage.	pects	(10:35)	CBC News	Assembly	tre (N) (Live)		ous: Rolling	"Fame" (2009) 0 80	Myster- les O	Jali to	Files O XII
	PM	"What Lies "	News	Waterfront	Austin City	News	News	The First	Rizzoli &	News	Saturday Night Live	Follow the	Gags.		News	Deadliest	(2003) 17 12	Paid Prog.	Jail 20	Expedition
11	:30	Beneath"	SNL	Cities	Limits 00	SNL	Up Late	48: Misfor-	Isles O 20	SNL	O BEE	Money (N)	Gags		CTV News	Catch	Awesome	Pald Prog.	Jail se	Unknown (

News Leader Movies - Saturday to Monday

.. continued on Page 11

dog that plays volleyball helps investigators solve a rash of mysterious crimes. (In Stereo) (CC)

10:00 pm FAM ch.26 "Fame" (2009, Drama) Asher Book. Students at New York's High School of Performing Arts see if they have the dedication and talent necessary to achieve their dreams. (In Stereo)

11:00 pm WTBS ch.3 "What Lies Beneath" (2000, Suspense) Harrison

SUNDAY, JUNE 19, 2016

Ford. Supernatural events plague a college professor and his wife as they investigate a murder she believes occurred next door.

SUNDAY MORNING

9:00 am WTBS ch.3 "Mr. 3000" (2004, Comedy) Bernie Mac. Arrogant and out of shape, a baseball star comes out of retirement after learning he is three hits shy of 2000

10:30 am FAM ch.26 "Contest"

(2013, Comedy-Drama) Kenton Duty. Forced to work together for a cooking contest, a bullied teen and his tormentor become friends. (In Stereo) (CC)

AFTERNOON

12:00 pm KSPS ch.6 "Royal Paintbox" (2013, Documentary) The Prince of Wales reveals works of art by past and present members of the royal family. (In Stereo) (CC) FAM ch.26 "Fame" (2009, Drama)

FAM ch.26 "Fame" (2009, Drama) Asher Book. Students at New York's High School of Performing Arts see if they have the dedication and talent necessary to achieve their

dreams. (In Stereo) (CC)
1:00 pm WTBS ch.3 "50 First Dates"
(2004, Romance-Comedy) Adam
Sandler. A veterinarian tries to make
a woman who has short-term memory loss fall in love with him.

CÍTV ch.12 "Collision Earth" (2012, Science Fiction) Kirk Acevedo. Premiere. A top-secret military weapon must destroy the planet Mercury before it crashes into Earth. (CC)

2:00 pm CHBC ch.4 BCTV ch.11
"Collision Earth" (2012, Science Fiction) Kirk Acevedo. Premiere. A top-secret military weapon must destroy the planet Mercury before it crashes into Earth. (CC)

YTV ch.18 "Daddy Day Camp" (2007, Comedy) Cuba Gooding Jr. Chaos reigns when two clueless fathers take charge of a dilapidated summer camp and its ill-behaved attendees. (In Stereo) (CC) VTVch.22 "The In-Laws" (2003,

VTVch.22 "The In-Laws" (2003, Comedy) Michael Douglas. Days before his son's wedding, a globerotting CIA agent entangles his future in-law in a series of adven-

tures. (In Stereo)
4:00 pm YTV ch.18 "Diary of a
Wimpy Kid: Dog Days" (2012,
Comedy) Zachary Gordon. When
his dad decides it's time for some
father-son bonding, Greg Heffley
pretends to have a job at a ritzy
country club so his vacation won't be

ruined. (In Stereo) (CC)
5:00 pm CBC ch.13 "Bring It On"
(2000, Comedy) Kirsten Dunst. An
urban cheerleading squad accuses a
champion team's captain of stealing
its choreography on the eve of a
national competition. (In Stereo)

Eschanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "The Terminal" (2004, Comedy-Drama) Tom Hanks. Unauthorized to enter the United States, an Eastern European befriends a flight attendant while living in a New York airport. YTV ch.18 "The Smurfs" (2011,

Comedy) Hank Azaria. Live action/animated. A magic portal transports the little blue people to Manhattan, where they must find a way back to their village before evil wizard Gargamel can find them. (In Stereo) (CC)

7:00 pm KHQ ch.7 "Despicable Me 2" (2013, Comedy) Voices of Steve Carell. Animated. Just as Gru settles into his new role as a suburban family man, the ultrasecret Anti-Villain League sends him on a mission to nab the perpetrator of a spectacular hairt (In Starra)

heist. (In Stereo)
9:00 pm FAM ch.26 "Fame" (2009, Drama) Asher Book. Students at New York's High School of Performing Arts see if they have the dedication and talent necessary to achieve their dreams. (In Stereo)

MONDAY MORNING

8:00 am A&E ch.9 "Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corrupt Roman leader Commodus, Gen. Maximus seeks revenge for his family's deaths. (In Stereo) (CC)

AFTERNOON

12:00 pm FAM ch.26 "Ella Enchanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother. (In Stereo) (CC)

4:00 pm FAM ch.26 "Monster High: Haunted" (2015, Comedy) Voices of Erin Fitzgerald. Animated. Ghouls must save Spectra from disappearing into a ghostly world. (In Stereo) (CC)

5:00 pm WTBS ch.3 "Flightplan" (2005, Suspense) Jodie Foster. A widow becomes frantic when her 6-year-old daughter disappears on an airplane traveling from Berlin to New York.

Weekly.

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SPIKE DTOUR WTBS CHBC KSPS KHQ KREM A&E KXLY BCTV CITY CBC YTV TSN VTV DISC FAM CITY ch.3 ch.4 ch.5 ch.6 ch.7 ch.8 ch.9 ch.10 ch.11 ch.12 ch.13 ch.18 ch.19 ch.22 ch.24 ch.26 ch.29 ch.44 ch.45 Pald Prog. Pald Prog. Today (N) ald Prog. Tanked (N) RØ In a Name Mr. Roger In a Namo lger quirrel Varthogs! Pald Prog. Ktreme Off :30 Pald Prog. Canadian Peep Paid Prog. Pald Prog. Canadlan Super Why Squirrel Life Derek Paid Prog ng (N) 80 Pald Prog. Marilyn PAW Patro Eye/Asia inds O Pools :30 Atl. Ents Curlous Bullder Invest Poko O Kung Fu Gaming Operation Smile 🖾 Detroit The Em Ing (N) BS America ing (N) Red (N) 150 AM Pald Prog. PAW Patro Meet the Pet Shop 2016 U.S. Turbo Mysteries 8 Press (N) inds O Open Golf Champl-Perlod Thru Hell Festival Italiano di :30 Pald Prog. Cat In the The Natio Life Stanley (N) O AM Movie: ** Maker SciGirla O Transform Rockett Matter Block Coronatio Nicky Operation Smile #0 Backstage Bar Rescue Expedition Johnny Lombardi 9 "Mr. 3000" (Ec) Flights :30 (2004) Ber Dino Dan New Shart Pald Prog. Next Step From Oak-Pald Prog. AM Block Wild Kratts Inside Forensic J. Osteen Nicky The Social Highway Lost Bar Rescu Expedition 10 World Vis :30 rachting Best Pan Chuck-Day Pald Prog. Nicky Prince (N) College Everl Pa. (N) O AM Pald Prog. J. Osteen J. Osteen 16x9 (60 Our Van Nicky Canada's (2013) 0 80 Kacy" O VCAA :30 1st Family Pald Prog. Hiring Pald Prog. Auto Rac Thunder es O Ing: Global RallyCross Series: Interven Feel the Dogs/Jobs SportsCe tre 80 PM Pald Prog. Land/ Sea Movie: * Expeditio Champion Beat O BC ships :30 Box Office Bomb Girls Dogs/Jobs Bomb Girls One/One Thunder (2013)2009) 0 2 les O E (DVS) RE (DVS) Daytona. PM Movie: **
:30 First
Dates ollywood W5 0 00 The Pass Expeditio 1 Carrie E." System (N (DVS) us: Rolli Unknown (Beach Vol-Pald Prog. Hollywood Thunder (2004) (2012) PM Movie: **
"Collision XTERRA Movie: ** Next Step Alaska O Grand Two Men Movie: * Movie: * Expedition of Change Restora lywood (N) "Kaeleen" *Collision Designs O &d *Daddy The In-Next Step :30 XTERRA Two Men Day Camp* (2007) 0 85 Laws* (2003 Comedy) O Earth" Language Matters (2012) PM Big Bang Itzhak Perl How/Made Next Step Pald Prog. Tal Chil How the To Be Anq (N) 0 30 CityNews Bar Rescue Miracles 3 man Con-ducts the :30 Big Bang Omega Pald Prog. ABC Nows CityNews unnyalde PM Big Bang To Be An-Joint Relief Whacked KXLY 4 To Be An Engels etalk #0 How/Made Lost Treast (DVS) O BC "Diary of a Sunnyside :30 Big Bang New Shark! Whacked Global Nat. The Social Pregame Bar Rescu Mysteries PM Mod Fam Engels Genius of Secret Life KHQ News News 2016 NBA Engels Global Dog Days 2016 NBA MasterChef Naked and Kingdom Sunnyalde (2012) :30 Mod Fam NBC News CBS News Sunnyalde News Global Nat. Kingdom Cavaliers at at 6 Cavaliers a KREM 2 Movie: Naked and Afraid (N) PM Movie: Global Nat. Warriors Global Emergency CTV News amily Guy :30 *** "The 6 "Ginjer" (N) News at News Hou Files () til News Wheel Security Last Man 6 (N) at 6 Enchanted' PM (2004) Tom Emergency (2011) Hanl Myster grations Special *Despicable (N) 0 36 You Do? 0 150 0 100 Canada O Gold (N) Trudeau es at the SportsCen-tre (N) (Live Raising :30 Security NBA Security 0 20 (N) 35 Me 2" (2013) PM J. Kimmel Dr. Ken (N) Madam Blg Bang Masterpl (8:03) The Simpsons When Call Myth-CityNews Bar Rescue Mysteries 8 Morse An accused murderer Secretary First 48 BB the Heart usters Ralsing :30 The Closer Estate Blg Bang CityNews Madam PM American Madam Madam Baroness Max SportsCen 2015 Naked and Movie: ** Murdoch The Dead Ninja War-rior O BG Secretary dies. O 0 00 Secretary tre (N) 50 Afrald les O "Ruby" NO Myster-les at the PM (DVS) (10:03) Castle O & The SportsCe Naked and Bar Resc 0.20 Afraid 80 :30 There Yet? Haunting (N) ES les o KXLY 4 PM Paid Prog. The Forsy PGA Can Gags Dr. Ken O Saga sa You Do? Jeopardy! Family Guy Van Impe :30 Pald Prog. Block CTV News Block Pald Prog. fifth estate Gags Paid Prog.

News Leader Sudoku

SUDOKU No. 285 Tough 8 5 6 6 7 3 8 5 3 7 9 6 9 2 5 2 5 6 1 2 9 3

The solutions will be published here in the next issue.

Previous solution - Medium

7	3	1	8	9	5	4	6	2
4	5	6	2	1	7	8	3	9
2	8	9	4	6	3	1	5	7
3	7	5	6	4	9	2	1	8
1	9	4	3	8	2	6	7	5
6	2	8	7	5	1	3	9	4
5	1	2	9	3	4	7	8	6
8	4	3	5	7	6	9	2	1
9	6	7	1	2	8	5	4	3

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwlkl.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

THIS WEEK'S **News Leader Sudoku**

SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Living Past 100

Buy Yourself A Straw Hat

Researchers at the University of Copenhagen have released a study indicating that most sunscreen products interfere with male fertility by mimicking the female hormone progesterone.

What this does to sperm cells is weaken them to the point they cannot penetrate the egg cell. Sunscreen products are meant to prevent skin cancer. Old sunscreens consisted of zinc ointment. Modern sunscreens contain synthetic materials that are absorbed through the skin. The Copenhagen study shows these synthetic materials have an impact on the fertility of males.

Further to the research on sperm cells, researchers discovered many of the ingredients in sunscreens have the potential to cause cancer.

Concerns about skin cancer are valid. Prolonged exposure to intense UV rays does cause skin cancer. However, the use of sunscreen products has now been brought into question, so what can we do to prevent skin cancer without using modern sunscreen products that may do other damage?

We can go back to using zinc ointment. This white ointment reflects the sun's rays

We can wear straw hats, as people have done for ages in hot countries. In Mexico, the famous sombrero was used to provide shade for men working in the sun. In Central America, the wide-brimmed Panama hat, made of straw, provided protection.

In India, and other Asian countries, parasols were used to protect the skin, and people still use the conical 'coolee' straw hats for working in the sun.

For those people who think a suntan is gorgeous, restraint is the key to preventing skin cancer. Fifteen minutes in the sun is enough.

In Mexico, women working out in the sun use avocado oil to keep.

In Mexico, women working out in the sun use avocado oil to keep the skin smooth and nourished.

This product can be purchased at most health stores, and it should be used after exposure to the sun, not during exposure. This is a natural product, containing none of the synthetic ingredients shown to cause health problems.

		WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6		Crazy Talk Crazy Talk	Global News Morn- ing (N) 88	HI Ople! O	Arthur Odd Squad:	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	Morning Northwest	Global News Morn- Ing (N) E0	(5:00) Global News Morn-	The Early Edition (N)	Kid vs. Kat Almost	SportsCen- tre 20	CTV Morn- ing Live Vancouver	Canada's Worst Driver	Life Derek Roscoe	CityLine (N) 80	Police Video	Canadian Pickers O
-	AM	Law Order:		Dinosaur	Agents	Today (N)	CBS This	Dog the	Good Morn-		Ing (N) 851	Cat In the	Squirrel	SportsCen-	(N) O RE	How/Made	HZipzer	Let's Make	Police	Weird or
1	:30	CI		Wild Kratts	Ready Jet	O EG	Morning (N)	Bounty Hunter	Ing America (N) 882			Arthur O	Chucks	tre ad		How/Made	Backstage	a Deal (N)	Video	What?
0	AM	Law Order:	+	PAW Patrol	Nature Cat			Movle:			Morning	Napkin	Chucks	SportsCen-		Daily Planet	Next Step	The Price is	Cops RG	Security
8	:30	CI		Curious	Curious			**** "Gladiator"			Huntley St.	Tiger	Wayside	tre &c		IED (DVS)	Lost	Right (N)	Jall Kil	Security
0	AM	Hot Bench	Morning	Astroblasti	Tiger	Today (N)	The 700	(2000) Rus- sell Crowe.	LIVE with	Morning	Fresh	Arthur O	Sidekick	SportsCen-	LIVE with	How/Made	Justin	FamFeud	Jall 160	Myster-
9	:30	Hot Bench	Huntley St.	Floogals	Tiger	OM	Club O E	O EE	Kelly (N) 🖾	Huntley St.	Money	Napkin	Almost	tre at	Kelly (N) BC	How/Made	Yo Gabba	FamFeud	Cops 🖾	Castle
10	AM	Judge	Fresh	Boj	Sesame St.	Today (N)	The Price Is		The View	Fresh	Rachael	Bookaboo	Spliced ()	SportsCen-	The View	Mayday 📾	Dream	The Chew	Cops RC	Myster-
10	:30	Judge	Money	PAW Patrol	Peg	0 100	Right (N)		0 22	Money	Ray O EC	Tiger	Kld vs. Kat	tre EC	U 32		The Deep	ORC	Cops Ed	Castle
44	AM	Divorce	Rachael ,	Monkey	Dinosaur	Hot Bench	Young &	The First 48	Pald Prog.	Rachael	(10:59)	Our Van-	Rated A	Sports	Marilyn	Rallroad	Life	General	Cops &c	Myster-
11	:30	Divorce	Ray O ISS	Dinosaurs	Sit & Be Fit	Hot Bench	Restless	OBS	Paid Prog.	Ray O EC	Global News at	couver ES	Rated A	2016 UEFA	Denis	Alaska (N)	Gaming	(N) O	Cops 85	Castle
10	PM	Millionaire	Global	PAW Patrol	Charlie	Floogals	News	The First 48	The Chew	Global	Noon (N) 80		Nerds	European Champl-	CTV News	Naked and	Movie:	Celebrity	Jall 80	Myster- les at the
12	:30	Millionaire	News at Noon	Kate and	Rose O E	Nina's	Bold	0 82	0 00	News at Noon	°	Network	Squirrel	onship: Slovakia vs.	Vancouver	Afraid @0	Enchanted*	Celebrity	Cops &C	Castle
4	PM		Days of our	Ruff-Ruff,	Paint This	Days of our	The Talk	The First 48	General	Filling Street, September 2015	The Talk	Heartland	Almost	England.	The Social	Bering Sea		CityLine sa	Cops @G	Myster-
1	:30	Watch Daily	Lives (N)	Tumble	Fit 2 Stitch	Lives (N)	OM	0 25	Hospital (N) O	Lives (N)	O SG	RC (DVS)	Sidekick		(N) O 882	Gold [83]	Roscoe		Cops ED	Castle
2	PM	King	The Talk	Rob Robot	Thomas	TMZ (N) O	Let's Make	The First 48		The Talk	Meredith	Murdoch	Wayside	Post-Game	Dr. Phil	How/Made	Prince -	CityNews at	Cops 80	Security
2	:30	King	OB	Curious	Curious	Inside Ed.	a Deal (N)	0 64	tors O RE	O EEO	Vieira	Myster- les O	Kid vs. Kat	SportsCen-	O EG	How/Made	Awesome	5 (N) RC	Vegas	Security
2	PM	Mod Fam	Meredith	Kate and	Arthur	Ellen DeGeneres	The Dr. Oz	The First 48		Meredith Vicira	Young & Restless	Grand	Sidekick	tre (N) (Live)	Ellen DeGeneres	How/Made	HZipzer	(2:59) CityNews at	Cops Ed	Yukon Gold
3	:30	Mod Fam	Vioira	PAW Patrol	Nature Cat	Show	Snow	() ES	Ray O RE	Vietra	Hesuess	O BE	Chucks		Show	How/Made	Next Step	6 (N)	Cops &D	1) asc
1	PM	Blg Bang	Young &	Maker	Ready Jet	Jdg Judy	Dr. Phil	The First 48	FABLIfe O 25	Young & Restless	Global	Bondi Vet	SpongeBob	Hockey	The Dr. Oz Show @@	Daily Planet	Movie: "Monster	Mod Fam	Cops 80	Canadian Pickers 0
4	:30	Big Bang	Restless	Creative	Wild Kratts	Jdg Judy	ORS	1) 65	O asi	nesuess	Global Nat.	Bondi Vet	SpongeBob	Draft	SHOWAL	AS (DV3)	High:	Mod Fam	Cops RC	Fickers 47
=	PM	Movie: **	News (N) 🕮	Astroblasti	News	News	News	The First 48	News	News	Global News Hour	Dragons' Den O	SpongeBob	Euro Match of the Day	CTV News Vancouver	How/Made	Haunted 0	The Bach- elorette (N)	Cops #0	Security
5	:30	"Flightplan" (2005) Jodie		Wild Kratts	Business	NBC News	CBS News	() 101	ABC News	Global Nat.	at 6	Denti	SpongeBob	KC CIO Day	Valicouver	How/Made	Awesome	O RE	Cops ED	Security
6	PM	Foster.	Global Nat.	Marine Ma- chines (80)	PBS News- Hour (N) III	News	KREM 2 News at	The First 48	News at 6	Global News Hour	ET Canada	CBC Vancouver	Assembly		CTV News Vancouver	Alaskan Bush: Off	Next Step		Cops as	Security
0	:30		News	Cinities ind	Hour (N) Ma	Millionalre	6 (N)		News	at 6	ET	News	Assembly			Grid	Next Step		Cops RE	Security
7	PM	Seinfeld ()	ET	Hope for Wildlife	WA. Grown	Jeopardyl	Broke Girt	The First 48		ET	BrainDead (N) O EE	Hello	Bella	MLB Baseball:	etalk (N)	Alaskan Bush	Raising	(7:01) Scor-	Cops Sto	Security
-	:30	Seinfeld ()	ET Canada	Wilding	Steves	Wheel	Broke Girl		The Insider	ET Canada		Coronation	Max	Washington	Big Bang	People	Malcolm	plott to a	Cops St	Security
8	PM	Family Guy	Contain- ment (N) ®	Secrets of the Castle	Antiques Roadshow	American Ninja War-	Mom 🖾	(8:03) The First 48 22	The Bach- elorette (N)	Contain- ment (N) 80	Contain- ment 0 20	Murdoch Myster-	Just Kld	Nationals at Los Angeles	American Ninja War-	How/Made	Prince	CityNews- Tonight (N)	Cops ad	Security
0	:30	Amer, Dad	ment (w) as	Ine Castle	(N)	rior (N) O	Broke Girl		O BE			les O	Just Kld	Dodgers.	rior (N) O	How/Made	Dr. Ken O		Cops III	Security
9	PM	Family Guy	Houdini &	Schama on Rembrandt	Antiques Roadshow	em (DVS)	Scorplon O BE	(9:03) The First 48 20		Houdini & Doyle (N) A	Houdini & Doyle (N) A	The Book of Negroes	Gags	(N) R62	™ (DVS)	Alaskan Bush: Off	Gilmore	Crime Watch Daily	Cops ##	Security
3	:30	Amer. Dad			0								Gags			Grid	Third	D2	Vegas	Security
10	PM	The Middle	BrainDead (N) O BE	l'Tusto: To Rise Again	Indepen- dent Lens	Spartan- Team	BrainDead (N) O BE	(10:03) The First 48 O	(10:01) Mistresses	BrainDead (N) O 30	Global News at 11	The National	Haunting	SportsCen- tro (N) IES	(10:01) Mistresses	Alaskan Bush	Backstage	Extra (N)	Jali Ro	Security
10	:30	Payne	0.0,1,00	The Chair	TRAPPED"				(N)		(N)	(N) ted	Haunting		(N)	People	BETCH	Young	Jall Mil	Security
11		Browns	News Final	Hope for Wildlife	(N)	News	News	(11:03) The First 48 O	KXLY 4	News	Late Show- Colbert	CBC News	Gags	SportsCen-	News-Lisa	How/Made	Malcolm	Mr. D O	Jali Ke	Myster- ies at the
1 1	:30	Payne	Colbert	, viidillo	Profiles	J. Fallon	Colbert	1	J. Kimmel	Colbert		Coronation	Gags		CTV News	How/Made	Prince	Pckge Deal	Jail 22	Castle



Saving Downtown Princeton...

...An Ongoing Series by George Elliott

Since word has spread over the past week or so about the closure of this weekly newspaper there have been a few rumours. I squelched one last week and I'm going to do the same with another one.

This week's rumour is that I sold the Similkameen News Leader to Black Press. Again, that is not true. I have chosen to just shut the doors and walk away. There has not been discussion of a sale of any kind. The interesting thing about Black Press is that the closure of this paper does have an effect on my competitor. Black Press owns the

printing press that prints each and every newspaper and reading publication from Peachland to Omak and from Rock Creek to Princeton. The loss of the News Leader means they will see a drop in revenue in the neighbourhood of \$32,500 per year - what it cost to print this paper.

We are not the only one to shut down this week, either. Another paper printed at the same location (a monthly based in Summerland) announced last week that they were also ceasing publication.

The small guys can't compete against a giant corporation that is designed to hover just at the breakeven point. David Black said so in MacLean's Magazine in May 2009. He explained his business plan like this: "For every two papers we've got that are making money, we want to have one in the incubator that's losing money so, effectively, that reduces the taxes we pay."

That makes it hard for indepen-

dently-owned newspapers, like the Similkameen News Leader, when it comes to such things as advertising pricing. It's a lot like a small mom and pop ice cream store charging \$3.00 a scoop and the giant Ice Cream World down the street charging half that and giving away additional cones because they aren't in it to make a profit.

So, once again, this newspaper was not sold and we aren't sitting on a bag of money as a result. The reality is that we just can't compete against various forms of advertising that are far cheaper than what we can afford to sell ours at. Nothing more.

All of this talk about running a business at breakeven got me thinking about the proposed aquatic centre project. I know, a bit of an odd segue but follow me here and maybe you'll understand. I think most of us agree that the building of the pool will be easy. There will be tons of funding sources available

through matching grants or any number of infrastructure enhancing grants through Canada 150 and additional government funds. We all pretty much agree that with the donation of land to the Town of Princeton by the Overwaitea Food Group the cost of the project suddenly got a whole lot cheaper.

I'm also pretty sure that most of us agree that what have many Princeton area taxpayers concerned are the ongoing operating costs after the aquatic centre is open for business. There have been documented examples that verify that the annual operating costs of any such facility will prove to be the biggest hurdle any community big, medium or small - faces after the shine wears off of the new chrome and whatnot.



CLARITY:

365 Ways to Find Focus

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Obituary

Obituary

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Notices







Frances Madeline LaBrash (Zentner) stepped into eternity and freedom from earthly restrictions on Friday, May 27, 2016.

Fran was born June 22, 1930 in Langenburg, Sask. the 9th of 12 siblings and grew up on a prairie farm. She later moved to Lomond, Alberta working in a general store where she met and later married Mervyn J. LaBrash in High River on July 10, 1954. Together they lived and worked in almost every little town on the prairies adding to their family three children in 1955, 1958 and 1962 until they discovered BC in 1966.

The Fraser Valley is where Frances and Mervyn opened Valley Equipment Rentals which they ran successfully for many years. Smaller town life beckoned and they purchased land on Old Hedley Road in 1974 and built their dream log home. They moved together to Vermilion Court in 2014.

In Princeton Fran trained as a Home Care worker with Community Services and worked as a 'House Mom' for special needs adults. She was dearly loved in this role and stayed on in this position over 23 years. Fran was active at Princeton Pentecostal Church and later Living Waters Community Church, as Sunday School teacher and in various roles as she saw a need to fill. She volunteered at the Hospital Auxiliary Thrift Shop, was a member of Grief Support for bereaved parents, The Red Hat Society and a proud and joyful Princeton Prancer line-dancer.

Fran was a skilled and dedicated homemaker who designed, sewed, embroidered, knit, crocheted, quilted, cooked, canned, jammed, baked and more with amazing ability, often winning prizes at the local Fall Fair. She was always a gracious hostess welcoming and setting at ease many guests and filling them with delicious homemade fare. Fall corn roasts and summer barbeques were happy and frequent events. Humble and quiet Frances often did not realize how treasured her friendship was and how her giving nature affected so many lives. She will be greatly missed in our family circle and by her friends.

She is survived by her husband of almost 62 years Merv, daughter Anita Wessel, son Mervyn P. aka Charlie LaBrash (Karen), Wessel grandsons Douglas, Luc (Katrina), Jesse (Maddison), and Jacob (Chloe), LaBrash grandsons Jett and Kristian, great-granddaughters Madelynn and Paisley Wessel, brother Ken (Frances) Zentner, sister Angeline (Jim) Wooley, sister-in-law Ione Rotzien, and many nieces and nephews.

Frances was predeceased by her youngest son Jeffrey Christopher in 1974; her parents Jacob and Elizabeth Zentner (Lang) as well as 6 sisters and 3 brothers, Emma Field, Agnes Jacobs, Anne Linley, Susan Phipps, Simon Zentner, Norman Zentner, Dorothy Haas, Jack Zentner, Marie Wallace.

A memorial service to honour Frances will be held Wednesday, June 22 at 2:00 PM in the Princeton Baptist Church. Bring your memories to share. In memory of Frances donations to Community Services for Vermilion Court may be made in lieu of flowers at Box 1960, Princeton, B.C. VOX 1W0.

Cordless electric lawn mower, brand new battery. \$150.00. Call 250-295-6063.

1978 Vanguard 5th wheel 25-foot Vanguard holiday trailer. No leaks, good condition, fridge, stove, hot water. Asking \$2,200.00 OBO. Call 250-295-0033.

Wanted

Retired Chaplain looking for a winter caretaking position starting this winter. Call 250-295-6165. May 31-Jun 14

Can you help? Pensioner in need of a microcassette recorder. New or used in working condition. Price negotiable. Please call 250-295-7957 or leave a message. Jun 14-28

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Furnished apartment in Princeton. Available now. Excellent references and damage deposit required. No pets, must be quiet. Rents start at \$500.00/month. Phone 250-295-1006 for details or leave a message with the best time to call back.

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226A Bridge Street, Princeton (Next to CIBC Phone: 250-295-4149 Fax: 250-295-4103 Princeton Family Services Society
ANNUAL GENERAL MEETING
June 22, 2016 at 4:15 PM
56 Kenley Avenue, Princeton, BC

Everyone Welcome

Card of Thanks

Card of Thanks

The family of Anna Price would like to thank Dr. Van Der Heide and the nursing staff at Princeton General Hospital for the care given to Anna in her last days. Thank you to everyone for all the kind thoughts and words.

The Price Family

Notices

Notices

Unloyed are the Cursed

Cursed are those that wander this open plain in search of the very thing that their hearts can't sustain, Cursed are the lost souls that find their hearts in an empty bottle and perverse celebrations. To go about your days in a mind altered haze, to not gaze upon the stars like those macabre hearts that die inside the bars. Cursed are those young hearts that no amount of lust can satisfy. Cursed are those that brutality encourages. Cursed is any man who looks upon the world in a self righteous egotistical stupor. Cursed is the writer who's heart is lonesome and unloved.

- Kelly James Desbiens

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Saving Downtown Princeton...

...An Ongoing Series by George Elliott

......continued from Page 14 downtown Princeton?

Here's my suggestion that you can mull over.

Since some feel that the attraction of a pool will not go all year long, what if the recreation complex also contained a full size movie theatre? Movie nights in Princeton had a measurable level of success but what if the first run movies were being played in an actual theatre with proper seating, sound, etc.? I can see where there could be months when the pool attendance would dip but the overall revenues would not force a partial closure if another part of the building was still packing them in.

Let's face it, the Town of Princeton plans to take over all recreational programs and facilities in the community. Planning to include a movie theatre inside the building that will also hold a pool makes sense to me and it generates all revenue to the Town recreational department which can use theatre earnings to help offset losses at the pool. It also reduces the amount taxpayers would have to contribute should tax rates fluctuate to meet the pool operating expense losses. Call it a nutty idea, but some-

times you need to take a bold step to achieve something great.

How does this save downtown Princeton?

As I have said time and time again, you can't save the downtown core if no one goes into it. The pool will be a magnet, I know that but I also think a movie theatre in the same complex will bring people into the downtown core that may not use the

pool. The ultimate goal is to expose people to downtown.

Imagine the massive Save-On-Princeton sign on Highway 3 when on movie nights it flashes "NOW SHOWING" with actual video previews of tonight's feature?

Tell your elected officials that this is what you want and they may listen and we'll play a part in bringing some more life to the downtown.

A true story - why you should 'Shop Local'

by T.J. Bratt

I asked my girlfriend how her sweet Italian Uncle from small town Canada was. She sighed and said, "He is 78 years old now and has finally closed the doors on the business of 'men's quality suits' that he proudly owned and operated for almost 50 years...a proud tailor by trade."

A hard working immigrant 'success story'...or is it?

She explained that he was a community member that wanted the best for his children and his neighbors alike. He supported local sports teams, community groups, school events and just about anything else he was asked to. He truly believed that his success was directly related to how much he gave back. He volunteered in his community for many years with the meager spare hours he had.

Yes, he could proudly walk down the streets of his town in his retirement. He had done all he could do to make where he lived, the very best possible.

In his final weeks of business he offered fresh baking and coffee. There were heartfelt farewells from the loyal customers he had gained over the years and a genuine pang of 'loss' would shudder through his

He was retiring with enough to get by and his family loves him dearly. Who could ask for more?

My friend felt he was mostly happy with his life with few regrets. Although he did quietly wonder to her that "If only all those people that came in for the 50% off suits but never before, had supported his business even marginally throughout the years, he could have done more for his community."





SHOP LOCAL...

Hedley Country Market

...Downtown Hedley

Put Your Money Where Your House Is

Princeton Rotary Club would like to thank all sponsors of our golf tournament held June 4th

The event was a huge success, a lot of fun and could not have happened without our sponsors' support. Rotary and the golf participants would also like to thank all merchants for the great gifts and prizes that were donated - each player took something home with them!

We would like to thank the golf club and employees for their extra help and the lovely meal they prepared and served for the golfers and Rotary Club members.

Last, but by no means least, all the players who came out to make the day fun and a grand success!

The following names are a list of businesses and corporations who supported the tournament:

Arrow Trucking Company - Capri Insurance - Mac's Auto Parts - Auto Tac Graphics - Valley First Insurance and Valley First Credit Union - McConnell Voelkl - Save-On-Foods - Shoppers Drug Mart - Century 21 - Envirogreen Technology - Home Hardware - Princeton Standard Pellet Corporation - Princeton Glass - The Source - Weyerhaeuser - Princeton Golf Club - Princeton Redi-Mix - Heartland Restaurant - Lordo Auto Parts - Spotlight - Pro Automotive - Kal Tire - Royal LePage Realty - Richmond Subaru - FortisBC - Raymond James Financial Advisor - Vermilion Fork - Brown Bridge Pub - Doug's Homestead - Hitching Post - Firemaster - Thomasina's - Princeton Wood Products - The Hut - Ledcor Corporation - Beecroft Fuel Supplies - IDA Pharmacy - West Coast Equipment (Dean) - Pigs On Tour - Billy's Restaurant - Murray GM - Acklands Industries - SMS Corporation - Lakeside Hotels - K&M Trucking - Petro Value Corporation - Tara Atkinson - Mike Grgich Construction - Fred Bergsma Builders - Reichert Sales & Service - Copper Mountain Stock Ranch - Moly Corporation - Hydro Tech - Shieling Farms

If by chance we have missed anyone please understand we appreciate your help and it was not intentional

