

Similkameen News Leader

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Canada

WE ACKNOWLEDGE THE FINANCIAL SUPPORT OF THE GOVERNMENT OF CANADA THROUGH THE CANADA PERIODICAL FUND OF THE DEPARTMENT OF

COLLECTOR'S ISSUE 2 OF 8



Steer Wrestling 2016 - Photo: W. George Elliott



CONTINUED ON PAGE 2

Upgrades coming to Manning Park

Visitors will enjoy a new playground, bike track and updated campsites as part of more than \$1 million in upgrades the B.C. government is investing into E.C. Manning Provincial Park.

One of the most popular provincial parks in B.C., some recreation facilities within E.C. Manning will undergo an extensive facelift with revamped campsites and overall work that will take place over the

next two years. Upgrades include new fire rings and picnic tables at Hampton and Lone Duck campgrounds, as well as refurbishing picnic shelters and toilet and shower buildings. Families will also see more recreational opportunities with the construction of a new playground and bike and pump track at Hampton.

"E.C. Manning Park is loved not only by British Columbians, but by visitors from around the world," Fraser-Nicola MLA Jackie Tegar said.

"These important upgrades will enhance the experience for every visitor and make Manning Park better able to meet growing demands

for years to come." Located in the heart of the Cascade Mountains, E.C. Manning Park stretches for 58 kilometres, from 26 kilometres east of Hope, to 52 kilometres west of Princeton. This easily accessible park, with its wide range of summer and winter activities, makes it a favourite year-round destination for visitors.

In July, families and friends will be invited to the park to join in festivities celebrating its 75th anniversary. Celebrations include a barbecue, crafts and community booths. Watch for details here: <http://www.env.gov.bc.ca/bcparks/events/calendar/#eventList>.

Over the past five years, BC Parks has invested about \$60 million in park facilities throughout the province, delivering projects directed at attracting young families, offering new recreation opportunities and increasing attendance. In 2015 alone, more than \$13 million was invested into facility and capital projects in parks across B.C.

Quick Facts:
- British Columbia has one of the largest protected areas systems in

North America.
- British Columbia's world-renowned parks provide access to unique natural spaces and superb recreational opportunities for visitors from throughout the province and around the world.

- B.C.'s provincial parks receive more than 21 million visits each year.

- There are 1,031 provincial parks, recreation areas, conservancies, ecological reserves and protected areas covering more than 14 million hectares or approximately 14.4 per cent of the provincial land base.

- Thirty-seven per cent of B.C.'s land base is under some type of conservation designation, ranging from wildlife habitat areas and old-growth management areas to parks and protected areas.

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Similkameen News Leader

January 6, 1998 - July 26, 2016

This newspaper has had a long and fruitful relationship with the Princeton Rodeo Club. I can recall many years ago discussing the whole idea of annual rodeos with Stan Thompson back in the days when the current rodeo arena was getting upgraded. Pete Ruoss did a lot of the work on the steel pipe construction along with many others who saw great potential in building a permanent home for rodeo at Princeton Fairgrounds.

Stan deserves a great deal of credit for the work he, his equipment and company did at Princeton Fairgrounds where there was no money exchanged and no bills submitted. Stan was like that because he so strongly believed in what they were doing and knew if it had to be done, he was going to get it done.

When I sat as President of the PXA (seven years in total) I was also President of the Racing Days Association. At the time I learned

how important the other two user groups of the facility (Rodeo Club, Fall Fair Association) were to the cultural fabric of the community.

While I attended many meetings of each group, I saw something in the Rodeo Club that I thought many other local organizations had in different measures. The Rodeo Club was full of passion. Listening to Presidents including Stan, Bob Wicks, Mike Theal and Ken Crompton at any of their meetings and you could tell the annual event was much more than an exhibition of cowboy and ranching skills.

It was through the Princeton Rodeo Club that the Sister City relationship was formed with Tonasket, Washington. I attended the very first meeting between the clubs in 1987 that cemented the friendship that exists to this day. It is directly because of the Princeton Rodeo Club that Brenda and I have made many friends in Tonasket.

I've watched the Rodeo Club go through many phases from the early BCRA (British Columbia Rodeo Association) days to Senior Pro Rodeo and into the CPR (Canadian Pro Rodeo) and back full circle to BCRA. I've watched the grandstands fill and sometimes sit virtual-

ly empty depending on the dates of the rodeo. I've seen and heard the frustration that has come from local organizers lamenting various conditions that has affected the level of sponsorship and attendance. I have watched the Rodeo Club take big hits and still it keeps coming back.

None of this would happen if there weren't the passion that exists in the organizing committee. All you need to do is spend half an hour with Bob Lind and ask him what the rodeo means to him.

One more thing that the Rodeo Club did right was to choose Rodeo Queens. I know, it may sound a bit odd, but over the Border and in many other rodeo towns the Rodeo Queen program is an essential part of the marketing of the actual rodeo.

In Princeton we have been extremely lucky to have a selection of young women who have filled the role with as much passion as Stan Thompson injected into the celebration. Personal favourites for me include Megan Thomas, Janine Esdale (who served for two years), Chloe Littlejohn and Brittany Shopshire (another two year gal!).

What I keep going back to is passion.

When a club, group or organiza-

tion does not have it, it is doomed. Don't get me wrong because there is no doubt in my mind that the majority of non-profits in our community have some passion or at least have people involved who carry that passion. What hurts any one of these groups is when that does not get passed down to the next generation of organizers.

Support from the community, and most importantly, a pat on the back from our elected officials, can go a long way in keeping that passion alive. Even if you've never attended a local rodeo, do you know it feeds the local economy? There are many area businesses that benefit from the rodeo. It is part of the cultural fabric of our community and as long as people like Ken Crompton and Bob Lind are able, they will keep it alive. But they also need your help.

If you think you may like to get involved in a local tradition, why not step up and contact someone connected to the Princeton Rodeo Club and offer to be part of the organizing committee. There was a great crowd at this past one, so there is still a lot of interest and because some new people have recently gotten involved, it has kept the event interesting.

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There was plenty of action at the Princeton Pro Rodeo last weekend. Above, the bullfighter does his job.

Locals score wins in Pro rodeo
Gisler and Willis ride to money
Mind Grind Winners page 2
Bowling

The competition was strong at Princeton's Canadian Pro Rodeo, but two Similkameen Valley youngsters excelled the

The front page of the May 13, 2003 Similkameen News Leader featured rodeo news - as it usually did following the annual event hosted at Princeton Fairgrounds. It has always been one of our favourite events over the years.

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Flip Of The Coyne

by Spencer Coyne

Last Sunday the world witnessed yet another shooting in the United States. This time it was targeted towards the LGBT community. Unfortunately the person who perpetrated the act had become radicalized online, much like the sick individual who attacked Ottawa in 2014. The attacker's religion and race has become much of the focus for those who are trying to deflect and evade understanding of why this attack really happened. Others have made the conversation about gun control and how the government is out to take rights away from the American people. The entire debate has become a sad exposition of a nation that can no longer think rationally or critically. Sadly the same narratives have spilled over into Canada where people have taken to hiding behind national pride to spew racist rhetoric that does nothing for the conversation that should be taking place.

As the world tries to grasp what happened in Orlando last week, communities everywhere have taken symbolic moments of silence, risen rainbow flags and painted rainbow crosswalks to stand in solidarity with the LGBT community,

a community that has been brutally attacked by a sick individual who, for whatever reason, decided that he needed to lash out at people who had done nothing to him. When Princeton's Council painted the crosswalk on Bridge Street the colours of the rainbow flag, there were many in the community who had a hard time accepting this act of solidarity. There were people who felt that this was special treatment that was uncalled for, that the LGBT community had no reason for symbols of acceptance.

Symbols like a flag raised over city hall or a sidewalk are small symbols in a civil rights movement, that for most people has been a side note. To many it has been little more than an inconvenient change of vocabulary, or as some would say, "We can't say anything anymore because it is not politically correct."

So why do communities need symbols like a crosswalk or a flag over city hall? It is because of Orlando. Because as long as there are people who will kill, beat, or discriminate against people because

of who they love, we need symbols to remind us all that there is still a struggle taking place because not everyone within our society is seen as equal. As long as political parties will turn LGBT issues into hot button election issues or question the union between two people because it does not fit into their paradigm of

marriage, then we are living in a society that is broken and needs to be told that we need to do better.

I am tired of debating crosswalks or gay marriage. I am tired of people complaining that they cannot say a word because it is considered derogatory. People have the right tocontinued on Page 4

Fire in our Forests!

A presentation and films about the ecology of fire, including First Nations use of fire

Speaker: Don Gayton Ecologist and author

4:00 PM Sunday, June 26 at the Princeton Museum



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REGIONAL DISTRICT OF OKANAGAN-SIMILKAMEEN NEWS

Bike Wash - Victory Event



RDOS CAO, Bill Newell, City of Pentiction Mayor, Andrew Jakubeit, City of Pentiction CAO, Eric Sorensen, and RDOS Chair, Mark Pendergraft.

The 8th annual Bike to Work Week (BTWW) event occurred May 30 to June 5 across British Columbia.

For the 8th year, the RDOS engaged in a friendly challenge with the employees at the City of Pentiction (COP), competing for highest staff participations levels during BTWW.

The RDOS team was able to once again clinch the win against the City of Pentiction with an average participation of 30.82%.

On Wednesday, June 15 the losing team had fun washing bikes at a BTWW Victory Wash station at the Pentiction Peach over lunch hour. City of Pentiction Mayor, Andrew Jakubeit and CAO, Eric Sorensen did a great job of washing the bikes of the RDOS's Chair and CAO, as well as bikes of many RDOS staff and citizens.

The challenge is a great way to motivate staff participation, and both teams always have fun at the Victory event at the end. The RDOS works hard to foster dynamic and effective community relationships.

Bike to Work Week is a great event which encourages citizens to get out of their cars, and hop on their bikes for the week and hopefully beyond.

Jail n' Bail - RDOS Most Wanted Cuffed for a Good Cause



Electoral Area 'E' (Naramata) Director, Karla Kozakevich being arrested for 2nd Annual Pentiction Jail n' Bail fundraiser for the Canadian Cancer Society

Regional District of Okanagan-Similkameen's (RDOS) most wanted, Electoral Area 'E' (Naramata) Director Karla Kozakevich was arrested and cuffed for a good cause last week during Pentiction's second annual Jail n' Bail fundraiser.

"Jail n' Bail is a Canadian Cancer Society initiative, where I was arrested and taken to jail and must raise enough money by calling friends and family to make bail in order to win my freedom back! This was a fun initiative and I am proud to participate in this important cause," said RDOS Director Kozakevich.

Kozakevich was able to raise her bail money, and then some, by generous community donations in excess of \$2,000.00 which goes to the Canadian Cancer Society and to Regine Siemons, a Pentiction parent who is battling cancer.

The RDOS prides itself in fostering dynamic and effective community relationships and is pleased to support community initiatives such as the Canadian Cancer Society's Jail n' Bail.

Rural Annual Property Tax

Rural Annual Property Tax notices will be received by rural British Columbians in the coming weeks

The provincial government is responsible for requisitioning in the rural areas of BC. The Regional District of Okanagan- Similkameen (RDOS) does not directly requisition taxpayers. The RDOS uses the funds collected from property owners to support services that benefit all residents using that service. Services such as water distribution, sewage collection, recreation, fire protection and 911 emergency call services just to name a few.

Rural Property tax payments are NOT accepted at the RDOS office. Rural Property Taxes must be paid at a Service BC office (Agent for the Province of BC).

- Pentiction Service BC office 40 Calgary Avenue, Pentiction, BC Phone: 250-487-4200 Hours: Monday to Friday (excluding stat holidays) 8:30 AM - 4:30 PM

- Oliver Service BC office 583 Fairview Road, Oliver, BC Phone: 250-498-3818 Hours: Monday to Friday (excluding stat holidays) 8:30 AM - 12:00 PM / 1:00 PM - 4:30 PM

- Princeton Service BC Office 10-136 Tipton Avenue, Princeton, BC Phone: 250-295-4600 Hours: 8:30 AM - 12:00 PM / 1:15 - 4:30 PM

Ensure you pay your property taxes by the date noted on your rural tax notice.



Editorial Page News Leader

Similkameen News Leader, 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

My Turn...

Cashing My Reality Cheque

The past week has been an interesting roller coaster ride. As we slowly wind down our business the reality of what we are doing is hitting us and the people around us. Customers are generally stunned with many in shock. They cannot believe that this is happening.

In our office the reality started to hit when we began contacting utility services and scheduling times at the end of August for disconnection. We are most definitely shutting down the Similkameen News Leader.

While I have been busy working on producing the final issues I have not really had much time to dwell on what losing an independent newspaper will mean to the community. For most of you it will be just another business closure in what appears at times as a dying downtown core.

For others it will mean the end of a private voice controlled only by the direction and flow of the community and not by giant corporations. For example, the BC Liberal Party typically receives a whole lot of campaign funding from one large newspaper chain in British Columbia. Would you like me to explain a little further what kinds of news you'll be seeing closer to election time from those publications or what political party will have the most advertising in those same publications?

On a local level, being an independent newspaper allowed us to talk about local politicians in ways they did not like. I know, sometimes the truth hurts. If we liked something they did, we said so. If we didn't like something they did, we said so.

We did not buckle under the bully tactics we have experienced - and yes, sometimes local politics includes bully tactics. That being said, this newspaper has generally had a good rapport with town leaders.

If I had to name some of my all-time favourites I would put Mayor Gloria Stout at the top of my list. She rarely did anything for the town if she did not see some benefit coming from it for Princeton. Other names that come to mind include Ron Goodwin, Smudge Rubis, John Stinson, Betty Pilon, Keith Olsen and Randy McLean. These were all individuals who represented your community because they wanted to make it a better place for you and me. Even Area H Directors including Harold Allison, Ernie Willis, Brad Hope and now Bob Coyne have worked to better their community.

This brings me back to the reality we are facing with the end of the Similkameen News Leader. From the comments we have been receiving from customers in the past few weeks it is becoming clear that you are going to miss us. I rarely think about the impact we have with this publication because I am always living it in real time. With what readers have been saying to us lately, we have had some kind of impact all along.

I cannot tell you how much I appreciate that.

When I look at the bank account balance or the reduced number of ads this issue has versus the same week last year or two years ago it is discouraging. Being told we have had some kind of influence within the community we have called home for so many years tells me we did something right - and that we weren't bullied to change how we did it.



A local cowgirl made it to the Finals! Paris Schneider of Hedley participated in the 2016 Junior High School Rodeo National Finals in Lebanon, Tennessee on June 19th. She qualified in a total of three events, Goat Tying, Barrel Racing and Team Roping. - photo submitted

Flip Of The Coyne

by Spencer Coyne

.....continued from Page 3
not be called names that degrade them, so get over it. I am tired of people hiding behind religion or nationalism to hide their racism or their bigotry. I am a proud Canadian and you have no right to co-opt my nation's greatness to mask your bigotry. This list can go on and on and every time there is another one of these senseless attacks anywhere in the world the

same feelings and emotions rise to the surface. Yes this attack happened in the United States, and ultimately it will be the American people who will need to have the discussion about how they want their society to move forward, but like it or not, the United States has a major influence on Western Society and what happens there does impact us. It impacts all of us. While they have their conversation

we need to be having one, too. We need to be having one about what our Canadian society will look like when this is all over. These are not easy conversations, and the truth will hurt many on all sides of the debate, but these are necessary conversations if we are to learn anything from the horrible events that just happened and all the ones that have taken place before it and all those that come after.

...Your Turn

Letters And E-Mails Received This Week

To The Editor;

Proceeding with work on Site C before the treaty 8 First Nations court case is resolved is nothing short of a bullying tactic by the government and BC Hydro. In the 1950s and '60s this sort of railroad-

ing through Dam(n) Projects was carried out in BC one would expect better today.

In 2015 BC Hydro spent \$17.5-million to ask eight independent power producers of biomass energy to turn off production because

their power was not needed. Expropriation and destruction of good farm land should not be taken lightly. We have quite enough of Beautiful BC under reservoir water right now, without any more.

I would predict that in the future Site C will be regarded as a huge white elephant, with several new types of power generation just around the corner.

If the 9-billion being squandered on this blunder was spent instead on tidal or wave research and development like West Australia, we might see some clear future energy.

- Jim Hodge, Princeton

Good bye, Leader

To The Editor;

Thank you, George, Brenda, Dawn and Spencer for all your efforts.

As an independent the Leader could and did offer sometimes differing perspectives of the corporate ilk. That will be missed.

Consistent in their approach to shop local and always focused on this little gem in the rough. Princeton is losing intelligent voices that championed your home.

Good luck to all and thank you for your dedication.

- D. Dobie, Princeton

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EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws. The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Current Comment

Who Creates Your Reality?



Dawn Johnson
editor@thenewsleader.ca

Did you ever examine who created your reality? Was it you, or did you simply accept the reality created for you by somebody else, or is it a mixture of these factors?

How many of us create our own realities out of our personal experience? How many have dared question where their personal realities came from?

I recall an argument I had with a man who refused to accept the notion that all of us have an obligation to protect children from harm. His final statement was this: "My parents taught me that what happened to other people's children was none of my business." He had never questioned the reality his parents created, he had simply adopted it, regardless of current laws and general public opinion.

Who created your reality? Was it your parents? Was it your school teachers?

I have had to change my mind about a great many things my parents and teachers told me

when I was growing up. The technological and scientific advances have forced me to change my mind. As a result, I frequently question not only old information but new information as well. I ask myself if the information makes sense, is it logical, is there contradictory evidence? As a consequence, my personal reality is constantly changing.

Religion creates reality for many people. The reality created by the church, mosque, synagogue or temple defines how they dress, what holy days they celebrate, what opinions they hold of people who believe something else, and what they are entitled to do in life. If I belonged to one of those religions that require women to wear dresses down to their ankles, I would be condemned for wearing my favourite clothing, which is blue jeans. Another religion would insist I also wear a veil. Those religions would be creating my reality.

For others, reality becomes the sum of the realities of social groups to which they belong. If I joined a group who love golfing, I would be considered somehow socially out of step if I preferred not to golf or did not care a whit what my handicap was. There reality is based on the importance of golf, mine is not. Becoming an accepted part of any group includes accepting and conforming to the reality of that group.

Many people develop their realities from the jobs they do. I have met many retired people who have trouble adjusting to their new reality of not having the title

that went with whatever job they had before retirement. Quite often, when meeting somebody new to them, they will describe themselves as a 'retired engineer' or a 'retired pilot,' carrying their old reality forward.

Some people's reality is defined by their marriage. I have watched many widowed spouses deteriorate mentally, emotionally and physically as a direct result of failing to adapt to the new reality of being alone. The departed spouse created their reality for them. The same is true for some people when divorce takes place. Some who have been left simply cannot adjust to being single again, and many are not merely heartbroken, they are furious at being forced into a new reality.

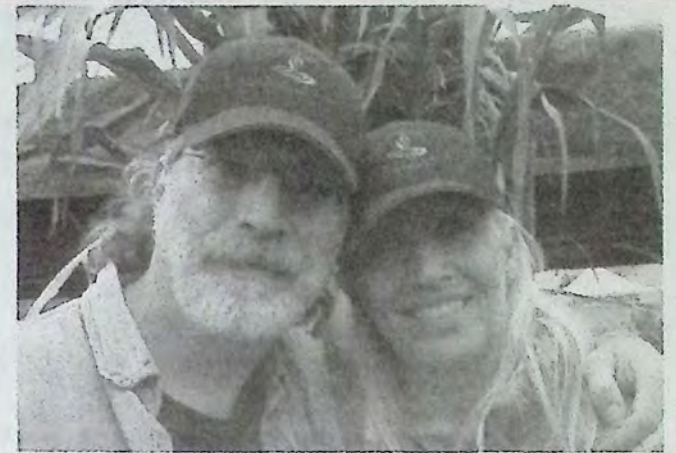
Many mothers define themselves from their role of being 'mother,' and have a problem dealing with the reality of being no longer essential to their children's lives when the kids leave home. This is called the 'empty nest syndrome.' The new reality of not being needed by their children causes a mental and emotional upheaval.

Many people define their reality by what they own. All of us recall the stories of wealthy people who committed suicide in the 1929 stock market crash. Those people could not accept a new reality of being broke.

Whatever it is you cling to, or depend on, helps to define your reality. What would your reality be if you took full responsibility for defining your own reality, without depending on others to define it for you?

Similkameen News Leader

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Rodeo ranks at top



Cowboy doubles up on the ground while the bullfighter moves in to distract

Great sport, great show for spectators

A good crowd turned out for Princeton's third Canadian Pro Rodeo and welcomed some home town cowboys and cowgirls. Renee Willis, Clint Bulder and Mitch Glasville, and Jason Hingston from Keremeos, New in Hamilton, Montana, Paolo J. Malaga received a warm welcome.

PXA puzzles over grant conditions

The annual Princeton Rodeo has always been one of our favourite events. The May 18, 2004 Similkameen News Leader raved about it on the front page.



News Leader

Entertainment

Similkameen News Leader TV Guide Listings - June 21 - 27, 2016



Princeton Museum welcomes Don Gayton June 26th to share his knowledge on wildfires. - photo submitted

Museum hosts 'Wildfires!' speaker

Wildfires have ravaged Fort MacMurray. Here in Princeton we have never been devastated by a massive fire. With the climate warming up and the beetle-killed trees surrounding us we are very lucky to have been spared.

Don Gayton is a well-known ecologist who has looked closely at wildfires. He will be speaking about

the topic at the Princeton Museum at 4:00 PM on Sunday June 26th. He will also be showing two films about wildfires, one called 'Disturbance' and another exploring First Nations' system of controlled burning.

Don Gayton's ecological studies focus on grasslands such as those surrounding Princeton. He looks at

grazing management and fire ecology in this landscape. He is also a renowned author. His book 'Landscapes of the Interior: Re-Explorations of Nature and the Human Spirit' won the National Outdoor Book Award, in the United States, and was shortlisted for a BC Book Award.

In his book 'The Wheatgrass

Mechanism: Science and imagination in the Western Canadian Landscape,' Don Gayton writes about the industrialization of our western landscapes and the exploitation of our resources. In it he tries to strike a balance between science and imagination that will help us restore our bonds with the Earth. His book 'Okanagan Odyssey - Journeys through Terrain, Terror and Culture' is a quirky and lyrical examination of British Columbia's Okanagan Valley. Sticking to the back roads and byways, Gayton gently pokes and prods local ecosystems, histories, vineyards and people.

Don Gayton's book 'Man Facing West' is a collection of essays recounting moments of his boyhood in the United States and the Peace Corps, and detailing his opinions regarding the draft and the Vietnam War. Guiding these accounts are the forces of science and geology that

have shaped Gayton's career in Canada.

In Kokanee: 'The Redfish and the Kootenay Bioregion,' Don Gayton tells the kokanee's story, from the cataclysmic Ice Age events that gave birth to the species through its heyday as a sporting fish, to current threats to its existence. The story of the kokanee is the story of the delicate balance between land and water, and between people and nature.

Don Gayton says that "in the last century the physicists interpreted science for the public; in this next beleaguered century, we ecologists will get our turn."

The Princeton Museum is honoured to be hosting a presentation by such a renowned and knowledgeable person. Please join us at the Museum on Sunday June 26th at 4:00 PM for a stimulating experience. Admission is by donation.

Crimson Tine Players

INVITE YOU TO AN IMPORTANT MEETING

If you are interested in theatre in Princeton and want to be involved in any way - small or large - please join us for a strategy meeting Tuesday, June 28 starting at 6:00 PM in Riverside Centre.

Our goal is to reorganize and figure out the future for our group.



FOR MORE INFORMATION
PLEASE e-MAIL US AT:
crimsontineplayers@hotmail.com

FINAL EIGHT COLLECTOR ISSUES
AVAILABLE UNTIL AUGUST 30

Similkameen
News Leader

226A Bridge Street, Princeton (Next to CIBC)
Phone: 250-295-4149 Fax: 250-295-4103

News Leader Str8ts

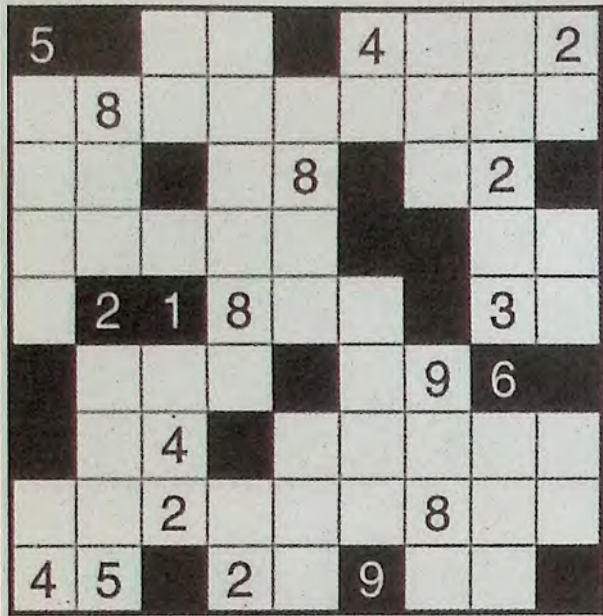
Tuesday Movies

STR8TS

No. 286

Medium

Previous solution - Easy



How to beat Str8ts -
Like Sudoku, no single number can repeat in any row or column. But... rows and columns are divided by black squares into compartments. These need to be filled in with numbers that complete a 'straight'. A straight is a set of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Glance at the solution to see how 'straights' are formed.

You can find more help and strategies at www.str8ts.com along with more puzzles, Apple apps and books.

THIS WEEK'S
News Leader Str8ts
SOLUTION WILL APPEAR
IN NEXT WEEK'S ISSUE

TUESDAY MORNING

8:00 am SPIKE ch.44 "Sherlock Holmes" (2009, Action) Robert Downey Jr. The resourceful detective and his astute partner, Dr. Watson, meet a powerful criminal, a devotee of black magic who arises from his grave. (In Stereo)
11:00 am SPIKE ch.44 "Sherlock Holmes" (2009, Action) Robert Downey Jr. The resourceful detective and his astute partner, Dr. Watson, meet a powerful criminal, a devotee of black magic who arises from his grave. (In Stereo)

(1998, War) Tom Hanks. A World War II captain and his squad risk all to locate and send home a soldier whose three brothers died in combat. (In Stereo) (CC)
SPIKE ch.44 "National Treasure: Book of Secrets" (2007, Action) Nicolas Cage. A page from the diary of John Wilkes Booth implicates Ben Gates' great-great grandfather as a major conspirator in the assassination of President Lincoln. (In Stereo)

EVENING

8:00 pm VTVch.22 "After All These Years" (2013, Mystery) Wendie Malick. Accused of murdering her husband, a woman evades police while launching her own investigation. (In Stereo)
SPIKE ch.44 "Sherlock Holmes" (2009, Action) Robert Downey Jr. The resourceful detective and his astute partner, Dr. Watson, meet a powerful criminal, a devotee of black magic who arises from his grave. (In Stereo)
9:02 pm A&E ch.9 "Saving Private Ryan" (1998, War) Tom Hanks. A World War II captain and his squad risk all to locate and send home a soldier whose three brothers died in combat. (In Stereo) (CC)
10:00 pm KNOW ch.5 "How a People Live" (2013, Documentary) Premiere. A history of the Gwa-sala 'Nakwaxda'xw First Nations, forcibly relocated by the Canadian government in 1864, examines how the people overcome hardships to reconnect with their land and culture.

AFTERNOON

12:00 pm FAM ch.26 "Monster High: Haunted" (2015, Comedy) Voices of Erin Fitzgerald. Animated. Ghouls must save Spectra from disappearing into a ghostly world. (In Stereo) (CC)
3:00 pm A&E ch.9 "Walking Tall" (2004, Action) The Rock. A former Special Forces soldier becomes sheriff and deputizes an old friend to help rid their town of thugs. (In Stereo) (CC)
4:00 pm FAM ch.26 "Peter Pan" (2003, Adventure) Jason Isaacs. Peter Pan leads Wendy and her two brothers on an adventure involving Captain Hook and his band of pirates. (In Stereo) (CC)
5:00 pm WTBS ch.3 "Dreamer: Inspired by a True Story" (2005, Drama) Kurt Russell. A racehorse trainer and his daughter nurse a gravely injured filly back to health and aim for a slot in the Breeders' Cup Classic.
A&E ch.9 "Saving Private Ryan"

TUESDAY, JUNE 21, 2016

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Crazy Talk	Global News Morning (N) 88	Hi Opie! 0	Arthur	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Global News Morning (N) 88	(5:00) Global News Morning (N) 88	The Early Edition (N)	Kid vs. Kat	SportsCentre 88	CTV Morning Live Vancouver (N) 0 88	Mayday 'Fatal Delivery'	Life Derek Roscoe	CityLine (N) 88	Police Video	Canadian Pickers 0
7 AM	Law Order: CI		Dinosaur	Wild Kratts	Today Meghan Trainor performs; Alzheimer's. (N)	CBS This Morning (N) 0 88	Storage	Good Morning America (N) 88			Cat In the Hat	Squirrel	SportsCentre 88		How/Made	Kingdom	Let's Make a Deal (N)	Police Video	Weird or What?
8 AM	Law Order: CI		PAW Patrol	Nature Cat			Storage			Morning Napkin	Chucks	Sports		Daily Planet 88 (DVS)	Life	The Price Is Right (N)	Movie: *** "Sherlock Holmes"	Security	
9 AM	Hot Bench	Morning	Astroblast!	Tiger	Today (N) 0 88	The 700 Club 0 88	Storage	LIVE with Kelly (N) 88	Morning	Fresh	Arthur 0	Sidekick	European Championship	LIVE with Kelly (N) 88	How/Made	Justin	FamFeud	(2009, Action) Robert Downey Jr. 0	Ghost Adventures 88
10 AM	Judge	Fresh	Boj 0	Sesame St.	Today (N) 0 88	The Price Is Right (N)	Storage	The View 0 88	Fresh	Rachael Ray 0 88	Bookaboo	Spiced 0		The View 0 88	Airshow 88 (DVS)	Dream	The Chew 0 88	Ghost Adventures 88	
11 AM	Divorce	Rachael Ray 0 88	Monkey	Dinosaur	Hot Bench	Young & Restless	Storage	21 DAY FIX	Rachael Ray 0 88	Global News at Noon	Recipes	Rated A	Post-Game	Marilyn Denis	How/Made	Life	General Hospital (N) 0	Movie: *** "Sherlock Holmes"	Ghost Adventures 88
12 PM	Millionaire	Global News at Noon	PAW Patrol	Charlie Rose 0 88	Paid Prog.	News	The First 48 0 88	The Chew 0 88	Global News at Noon	Days of our Lives (N)	CBC News Network	Chucks	European Championship: Croatia vs. Spain. (N)	CTV News Vancouver	Alaskan Bush: Off Grid	Movie: High: "Haunted" 0	Celebrity	(2009, Action) Robert Downey Jr. 0	Ghost Adventures 88
1 PM	Crime Watch Daily 88	Days of our Lives (N)	Ruff-Ruff, Tumble	Painting	Days of our Lives (N)	The Talk 0 88	The First 48 0 88	General Hospital (N) 0 88	Days of our Lives (N)	The Talk 0 88	Heartland 88 (DVS)	Almost	Sidekick	The Social (N) 0 88	Alaskan Bush People	Roscoe	CityLine 88	Ghost Adventures 88	
2 PM	King	The Talk 0 88	Rob Robot	Thomas	TMZ (N) 0	Let's Make a Deal (N)	The First 48 0 88	The Doctors 0 88	The Talk 0 88	Meredith Vieira	Murdoch Mysteries 0	Wayside	Post-Game	Dr. Phil 0 88	How/Made	Prince	CityNews at 5 (N) 88	Sweat Inc.	Security
3 PM	Mod Fam	Meredith Vieira	Kate and	Arthur	Ellen DeGeneres Show	The Dr. Oz Show 88	Movie: ** "Walking Tall" (2004)	Rachael Ray 0 88	Meredith Vieira	Young & Restless	Grand Designs 0 88	Sidekick	Nerds	Ellen DeGeneres Show	How/Made	HZipper	CityNews at 6 (N)	Sweat Inc.	Yukon Gold 0 88
4 PM	Big Bang	Young & Restless	Maker	Ready Jet	Jdg Judy	Dr. Phil 0 88	The Rock. 0	FABLife 0 88	Young & Restless	Global	Bondi Vet	SpongeBob	Hockey	The Dr. Oz Show 88	Daily Planet 88 (DVS)	Movie: *** "Peter Pan" (2003)	Mod Fam	Sweat Inc.	Canadian Pickers 0
5 PM	Movie: "Dreamer: Inspired by a True Story"	News (N) 88	Astroblast!	News	News	News	Movie: **** "Saving Private Ryan" (1998, War) Tom Hanks, Edward Burns. 0 88	News	News	Global News Hour at 6	Dragons' Den 0	SpongeBob	CFL	CTV News Vancouver	Deadliest Catch	Jason Isaacs.	America's Got Talent "Auditions" (N) 0 88	Movie: ** "National Treasure: Book of Secrets" (2007) Nicolas Cage.	Security
6 PM		Global Nat. News	Hope for Wildlife	PBS News-Hour (N) 88	News	KREM 2 News at 6 (N)	News at 6	Global News Hour at 6	Global Nat.	ET Canada	CBC Vancouver News	Assembly	CFL Season	CTV News Vancouver	Deadliest Catch (N) 0	Next Step	Next Step	Next Step	Mysteries at the Castle
7 PM	Seinfeld 0	ET	Canada: Over the Edge	Genealogy Roadshow	Jeopardy!	Broke Girl	ET	ET	ET	Maya & Marty (N) 88	Gags	Thunder		etalk (N)	The Last Alaskans (N)	Next Step	To Tell the Truth (N) 0	Mysteries-Museum	
8 PM	Family Guy	NCIS "Viral" 88 (DVS)	Josna Lumley	The Greeks 0 88	America's Got Talent "Auditions" (N) 0 88	NCIS "Viral" 88 (DVS)	The Insider	NCIS "Viral" 88 (DVS)	NCIS "Viral" 88 (DVS)	Mercer	Just Kid	Just Kid	SportsCentre (N) 88	Movie: "After All These Years" (2013) 0	How/Made	Prince	CityNews-Tonight (N)	Movie: *** "Sherlock Holmes"	Ghost Adventures 88
9 PM	Family Guy	NCIS: New Orleans 0	Emergency	Frontline 0 88		NCIS: New Orleans 0	(9:02) Movie: **** "Saving Private Ryan" (1998) Tom Hanks. 0 88	Uncle Buck (N) 0 88	NCIS: New Orleans 0	NCIS: New Orleans 0	Standing	Gags	Sports	Deadliest Catch 88	Gilmore	Crime Watch Daily 88	Extra (N)	(2009, Action) Robert Downey Jr. 0	Mysteries at the Castle
10 PM	The Middle	Maya & Marty (N) 88	"How a People Live"	Global Health	Maya & Marty (N) 88	Person of Interest 88		To Tell the Truth (N) 0	Maya & Marty (N) 88	Global News at 11 (N)	The National (N) 88	Haunting	SportsCentre (N) 88	Person of Interest 88	The Last Alaskans 88	Degrassi	Young	Mysteries-Museum	
11 PM	Browns	News Final	Spirit of the People (N)	Charlie Rose (N) 88	News	News		KXLY 4	News	Late Show-Colbert	CBC News	Gags	SportsCentre 88	News-Lisa	How/Made	Malcolm	Mr. D 0	Sweat Inc.	Ghost Adventures 88



Royal Canadian Legion - Branch 56 News

Veterans Appreciation Luncheon / Quilts of Valour

by Doreen Poulsen

On the afternoon of June 4th the Legion held our annual Veterans Appreciation Luncheon to honour

our Veterans. There were about 50 people present, that included numerous Veterans. The lunch was opened by President Ron

Mackay and Mayor Frank Armitage. Grace was said by our Legion Chaplain Sandra Lawlor. After a very enjoyable buffet lunch there were a couple of very special presentations.

Quilts of Valour

I'm sure many of you have never heard of this organization, I certainly had not until just a few months ago. In 2006 in Kandahar, Afghanistan a suicide bombing injured a Canadian diplomat, Glen Barrie and three of our servicemen. The soldiers after numerous first aid, medical treatments, surgeries and the loss of some limbs, eventually ended up at the University of Alberta Hospital. This is where

Leslie Zwall met them listened to their story. She is a quilter and wanted to do something for these men to show her appreciation for their service and sacrifice to our country, so she made them each a quilt. She presented the quilts to the soldiers in their hospital rooms. They showed such determination to return to Afghanistan that Leslie went back to her quilting friends and told them all about it.

In 2009 Quilts of Valour Canada became a charitable organization and there are hundreds of quilters across Canada making and donating quilts to injured soldiers and past veterans. To date over 7,000 quilts have been given out free to

Canadian Armed forces members. This brings us to Princeton where I received a phone call from Myrna Leard, a local quilter. She wanted to know the name of a local veteran so that she could present them with a Quilt of Valour.

So it was on June 4th at the Veterans Appreciation Lunch that Myrna, in memory of her late father, a WWII vet injured in Sicily, presented to a very surprised Al Lewis a quilt of Valour. The presentation is to recognize and thank Al for his service to our country in the Korean War.

Another quilt was made by the local Bunchgrass Quilters and presented to another very surprised and appreciative Cathie Orser. Cathie is a WWII veteran. As you will see from the pictures these quilts were made with lots of love by these wonderful ladies in our town.

The Legion wishes to express our deepest gratitude to all the Local quilters and all the other ladies across Canada who put in so much time honouring our Veterans. Congratulations to Al Lewis and Cathie Orser on becoming owners of such beautiful and meaningful quilts.

It was a very successful Veterans Appreciation Day!

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Vermilion Forks students are happily playing on the new playground equipment that was installed earlier this Spring. Staff and students had been fundraising for the last couple of years in order to purchase the adventure playground. Weyerhaeuser Princeton and Jeff Larsen were strong supporters of creating the new play space, along with the Princeton Rotary Club and Vermilion Forks PAC. The playground was truly made possible by the community of Princeton, as so many businesses, parents and friends supported each of the fundraising events. It is absolutely wonderful to see so many active kids outside having fun! - photo submitted

WEDNESDAY, JUNE 22, 2016

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITV ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Crazy Talk	Global News Morning (N) ☺	Hi Opie! ☺ Monkey	Arthur Odd Squad	KHQ News 6AM (N)	KREM 2 Morning News	Dog Dog	Morning Northwest	Global News Morning (N) ☺	(5:00) Global News Morning (N) ☺	The Early Edition (N)	Kid vs. Kat Almost	SportsCentre ☺	CTV Morning Live Vancouver (N) ☺	Mighty Ships	Life Derek Roscoe	CityLine (N) ☺	Police Video	Canadian Pickers ☺
7 AM	Law Order: CI		Dinosaur Wild Kratts	Wild Kratts Ready Jet	Today Darnian Lewis; Countdown to Flo. (N) ☺	CBS This Morning (N) ☺	Duck D. Duck D.	Good Morning America (N) ☺			Cat in the Hat Arthur ☺	Squirrel Chucks	SportsCentre ☺		How/Made	Awesome	Let's Make a Deal (N)	Movie: *** "Con Air" (1997, Action) Nicolas Cage. ☺	Weird or What?
8 AM	Law Order: CI		PAW Patrol Curious	Nature Cat Curious			Duck Dynasty ☺			Morning Huntley St.	Napkin Tiger	Chucks Wayside	Sports 2016 UEFA		Daily Planet ☺ (DVS)	Lost Backstage	The Price Is Right (N)		Security
9 AM	Hot Bench Hot Bench	Morning Huntley St.	Astroblast! Floogals	Tiger Tiger	Today (N) ☺	The 700 Club ☺	Duck Dynasty ☺	LIVE with Kelly (N) ☺	Morning Huntley St.	Fresh Money	Arthur ☺ Napkin	Sidekick Almost	European Championship: Hungary vs. Portugal.	LIVE with Kelly (N) ☺	How/Made	Justin Yo Gabba	FamFeud		Expedition Unknown ☺
10 AM	Judge Judge	Fresh Money	Boj ☺ PAW Patrol	Sesame St. Peg	Today (N) ☺	The Price Is Right (N)	Duck D. Duck D.	The View ☺	Fresh Money	Rachael Ray ☺	Bookaboo Tiger	Spliccd ☺ Kid vs. Kat		The View ☺	Jade Fever Jade Fever	Dream The Deep	The Chew ☺	Movie: *** "Con Air" (1997, Action) Nicolas Cage. ☺	Expedition Unknown ☺
11 AM	Divorce Divorce	Rachael Ray ☺	Monkey Dinosaurs	Dinosaur Sit & Be Fit	Hot Bench Hot Bench	Young & Restless	Duck Dynasty ☺	Paid Prog. New Shark!	Rachael Ray ☺	Global News at Noon	Recipes Stefano	Rated A Rated A	Post-Game 2016 UEFA	Marilyn Denis	Deadliest Catch	Life Gaming	General Hospital (N) ☺		Expedition Unknown ☺
12 PM	Millionaire Millionaire	Global News at Noon	PAW Patrol Kate and	Charlie Rose ☺	Paid Prog. Astroblast!	News Bold	After the First 48 ☺	The Chew ☺	Global News at Noon	Days of our Lives (N)	CBC News Network	Nerds Squirrel	European Championship: Sweden vs. Belgium. (N)	CTV News Vancouver	Deadliest Catch ☺	Movie: *** "Peter Pan" (2003)	Celebrity		Expedition Unknown ☺
1 PM	Crime Watch Daily ☺	Days of our Lives (N)	Ruff-Ruff, Tumble	Painting Sewing	Days of our Lives (N)	The Talk ☺	The First 48 ☺	General Hospital (N) ☺	Days of our Lives (N)	The Talk ☺	Heartland ☺ (DVS)	Almost Sidekick		The Social (N) ☺	The Last Alaskans ☺	Jason Isaacs.	CityLine ☺	Stings	Expedition Unknown ☺
2 PM	King King	The Talk ☺	Rob Robot Curious	Thomas Curious	TMZ (N) ☺ Inside Ed.	Let's Make a Deal (N)	The First 48 ☺	The Doctors ☺	The Talk ☺	Meredith Vieira	Murdoch Mysteries ☺	Wayside Kid vs. Kat	Post-Game SportsCentre (N) (Live) ☺	Dr. Phil ☺	How/Made	Prince Awesome	CityNews at 5 (N) ☺	Stings	Security
3 PM	Mod Fam Mod Fam	Meredith Vieira	Kate and PAW Patrol	Arthur Nature Cat	Ellen DeGeneres Show	The Dr. Oz Show ☺	The First 48 ☺	Rachael Ray ☺	Meredith Vieira	Young & Restless	Grand Designs ☺	Sidekick Chucks		Ellen DeGeneres Show	How/Made	HZipzer Next Step	(2:59) CityNews at 6 (N)	Movie: ** "National Treasure: Book of Secrets" (2007) Nicolas Cage.	Yukon Gold ☺
4 PM	Big Bang Big Bang	Young & Restless	Maker Creative	Ready Jet Wild Kratts	Jdg Judy Jdg Judy	Dr. Phil ☺	Duck D. Duck D.	FABLife ☺	Young & Restless	Global Global Nat.	Bondi Vet Bondi Vet	SpongeBob SpongeBob	Hockey Mock Draft	The Dr. Oz Show ☺	Daily Planet ☺ (DVS)	Movie: *** "Stuart Little" (1999)	Mod Fam	Book of Secrets (2007) Nicolas Cage.	Canadian Pickers ☺
5 PM	Movie: *** "Basic" (2003) John Travolta.	News (N) ☺	Astroblast! Wild Kratts	News Business	News NBC News	News CBS News	Duck D. Duck D.	News ABC News	News Global Nat.	Global News Hour at 6	Dragons' Den ☺	SpongeBob SpongeBob	Hockey	CTV News Vancouver	The Last Alaskans ☺	Awesome	Mod Fam		Security
6 PM		Global Nat. News	Canada: Over the Edge	PBS News-Hour (N) ☺	News Millionaire	KREM 2 News at 6 (N)	Duck D. Duck D.	News at 6 News	Global News Hour at 6	ET Canada ET	CBC Vancouver News	Assembly Assembly	SportsCentre (N) ☺	CTV News Vancouver	Dark Woods Justice (N)	Next Step Next Step	Wayward Pines (N) ☺	Coaching Bad	Xtreme Waterparks ☺
7 PM	Seinfeld ☺ Seinfeld ☺	ET ET Canada	Ultimate Engineering	The Great Polar	Jeopardy! Wheel	Broke Girl Broke Girl	Duck D. Duck D.	ET The Insider	ET ET Canada	American Gothic ☺	Interrupt Coronation	Henry Stanley	MLB Baseball: Washington Nationals at Los Angeles Dodgers. (N) ☺	otalk (N) Big Bang	Alaskan Bush People	Lost LIFE	Broke Girl Two Men	Coaching Bad	Bert the Conqueror ☺
8 PM	Family Guy Amer. Dad	Big Brother (Season Premiere) (N) ☺	Treasures of the Indus	NOVA ☺ (DVS)	American Ninja Warrior ☺ (DVS)	Big Brother (Season Premiere) (N) ☺	Wahlbrgs Wahlbrgs	The Middle Goldbergs	Big Brother (Season Premiere) (N) ☺	Big Brother (Season Premiere) (N) ☺	Dragons' Den ☺	Just Kid Just Kid	Nationals at Los Angeles Dodgers. (N) ☺	MasterChef (N) ☺	How/Made	Prince Malcolm	CityNews-Tonight (N)	Repo	Expedition Unknown ☺
9 PM	Family Guy Amer. Dad		Rescued the Monarchy	Gearing's Last Secret			Duck D. Duck D.	Mod Fam blackish			Winnipeg Comedy	Gaga Gags	Criminal Minds ☺	The Last Alaskans ☺	Gilmore Third	Crime Watch Daily ☺		Xtreme Waterparks ☺	
10 PM	The Middle Payne	American Gothic ☺	Euro Crash	Nazi Mega Weapons	The Night Shift (N) ☺	American Gothic ☺	Duck D. Duck D.	Fresh-Boat O'Neals	American Gothic ☺	Global News at 11 (N)	The National (N) ☺	Haunting Haunting	SportsCentre (N) ☺	Saving Hope ☺	Dark Woods Justice	Lost Let's Be	Extra (N) Young		Bert the Conqueror ☺
11 PM	Browns Payne	News Final Colbert	Ultimate Engineering	Charlie Rose (N) ☺	News J. Fallon	News Colbert	Duck D. Duck D.	KXLY 4 J. Kimmel	News Colbert	Late Show- Colbert	CBC News Coronation	Gags Gags	SportsCentre ☺	News-Lisa CTV News	Alaskan Bush People	Malcolm Prince	Mr. D ☺ Pckge Deal	Wildest Police Videos	Expedition Unknown ☺

THURSDAY, JUNE 23, 2016

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Crazy Talk	Global News Morning (N) 30	Hi Ople! 0	Arthur	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	Morning Northwest	Global News Morning (N) 30	(5:00) Global News Morning (N) 30	The Early Edition (N)	Kid vs. Kat Almost	SportsCentre 30	CTV Morning Live Vancouver (N) 0 30	Highway Thru Hell	Life Derek Roscoe	CityLine (N) 30	Police Video	Canadian Pickers 0
7 AM	Law Order: CI		Dinosaur	Wild Kratts	Today Macklemore and Ryan Lewis perform. (N)	CBS This Morning (N) 0 30	Behind Bars	Good Morning America (N) 30			Cat in the Hat Arthur 0	Squirrel Chucks	SportsCentre 30		How/Made	Life	Let's Make a Deal (N)	Cops 30	Weird or What?
8 AM	Law Order: CI		PAW Patrol	Nature Cat			Behind Bars			Morning Huntley St.	Napkin Tiger	Chucks Wayside	SportsCentre 30	Daily Planet (DVS)	Kingdom	The Price Is Right (N)	Bar Rescue	Security	
9 AM	Hot Bench	Morning	Astroblast!	Tiger	Today (N) 0 30	The 700 Club 0 30	Behind Bars	LIVE with Kelly (N) 30	Morning Huntley St.	Fresh Money	Arthur 0 Napkin	Sidekick Almost	SportsCentre 30	LIVE with Kelly (N) 30	How/Made	Justin	FamFeud	Police Video	The Dead Files 0 30
10 AM	Judge	Fresh	Boj 0	Sesame St.	Today (N) 0 30	The Price Is Right (N)	Behind Bars	The View. 0 30	Fresh Money	Rachael Ray 0 30	Bookaboo Tiger	Spliced 0 Kid vs. Kat	SportsCentre 30	The View 0 30	Yukon Men 0 30	Dream	The Chew 0 30	Cops 30	The Dead Files 0 30
11 AM	Divorce	Rachael Ray 0 30	Monkey	Dinosaur	Hot Bench	Young & Restless	Behind Bars	Paid Prog.	Rachael Ray 0 30	(10:59) Global News at Noon (N) 30	Recipes Stefano	Rated A	US Open Recap	Marilyn Denis	How/Made	Life	General Hospital (N) 0	Bar Rescue	The Dead Files 0 30
12 PM	Millionaire	Global News at Noon	PAW Patrol	Charlie Rose 0 30	Beauty Chica	News Bold	The First 48 0 30	The Chew 0 30	Global News at Noon		CBC News Network	Chucks Squirrel	Hockey Lunch	CTV News Vancouver	The Last Alaskans 30	Movie: *** "Stuart Little" (1999)	Celebrity	Contractor	The Dead Files 0 30
1 PM	Crime Watch Daily 30	Days of our Lives (N)	Ruff-Ruff, Tumble	Painting Knit	Days of our Lives (N)	The Talk 0 30	The First 48 0 30	General Hospital (N) 0	Days of our Lives (N)	The Talk 0 30	Heartland 30 (DVS)	Almost Sidekick	Lumber Motoring	The Social (N) 0 30	Jade Fever	Roscoe	CityLine 30	Movie: *** "Machete" (2010, Action) Danny Trejo. 0	The Dead Files 0 30
2 PM	King	The Talk 0 30	Rob Robot	Thomas	TMZ (N) 0	Let's Make a Deal (N)	The First 48 0 30	The Doctors 0 30	The Talk 0 30	Meredith Vieira	Murdoch Mysteries 0	Wayside Kid vs. Kat	SportsCentre (N) (Live) 30	Dr. Phil 0 30	Alaskan Bush People	Prince Awesome	CityNews at 5 (N) 30	Security	
3 PM	Mod Fam	Meredith Vieira	Kate and PAW Patrol	Arthur Nature Cat	Ellen DeGeneres Show	The Dr. Oz Show 30	The First 48 0 30	Rachael Ray 0 30	Meredith Vieira	Young & Restless	Grand Designs 0 30	Sidekick Nerds	Ellen DeGeneres Show	How/Made	HZipzer	(2:59) CityNews at 6 (N)	Bar Rescue	Yukon Gold 0 30	
4 PM	Big Bang	Young & Restless	Maker	Ready Jet	Jdg Judy	Dr. Phil 0 30	The First 48 0 30	FABLife (N) 0 30	Young & Restless	Global	Bond Vet	SpongeBob	CFL Pre.	The Dr. Oz Show 30	Daily Planet (DVS)	Movie: *** "Stuart Little 2" 0	Mod Fam	Bar Rescue	Canadian Pickers 0
5 PM	Movie: ** "Underworld: Evolution" (2006)	News (N) 30	Astroblast!	News	News	News	The First 48 0 30	News	News	Global News Hour at 6	Dragons' Den 0	SpongeBob	CFL Football: Hamilton Tiger-Cats at Toronto Argonauts. (N) (Live) 30	CTV News Vancouver	Vegas Rat Rods	Awesome	Mindy	Rescue	Security
6 PM		Global Nat. News	Ultimate Engineering	PBS News-Hour (N) 30	Millionaire	KREM 2 News at 6 (N)	The First 48 (N) 0 30	News at 6 Hoopfest	Global News Hour at 6	ET Canada	CBC Vancouver News	Assembly		CTV News Vancouver	Bitchin' Rides (N) 30	Next Step	Mom 30	Lip Sync Battle 0	Food Paradise
7 PM	Seinfeld 0	ET	Waterfront Cities	Health Matt.	Jeopardy!	Broke Girl	(7:01) The First 48 30	ET	ET	Private Eyes "The Six"	22 Minutes	School		etalk (N)	Street Outlaws (N) 30	Backstage	Broke Girl	Lip Sync	Delicious
8 PM	Family Guy	Bones (N) 30 (DVS)	Great Railway	Murder Myster.	Spartan-Team	Big Bang	(8:03) The First 48 30	BattleBots Teams compete in three-minute bouts.	Bones (N) 30 (DVS)	Bones (N) 30 (DVS)	The Nature of Things	Just Kid		Big Bang	How/Made	Prince	CityNews-Tonight (N)	Lip Sync	The Dead Files 0 30
9 PM	Family Guy	Big Brother (N) 0 30	Andy Warhol: A Documentary Film (Part 1 of 2)	Death in Paradise 30	Spartan-Team	Big Brother (N) 0 30	(9:03) The First 48 30		Big Brother (N) 0 30	Big Brother (N) 0 30	Keeping Canada Alive	Gags	SportsCentre (N) 30	Goldbergs Cleveland	Vegas Rat Rods	Gilmore Third	Crime Watch Daily	Lip Sync	Food Paradise
10 PM	The Middle	(9:59) Private Eyes	Scott & Bailey 0 30	Aquarius (N) 0 30	(9:59) Code Black 30	(10:03) The First 48 0	Celebrity Family Feud	(9:59) Private Eyes	Global News at 11 (N)	The National (N) 30	Haunting	Haunting	SportsCentre (N) 30	The Catch 0 30	Bitchin' Rides 30	Cheerlead	Extra (N)	Lip Sync	Delicious
11 PM	Paid Prog.	News Final	Waterfront Cities	Charlie Rose (N) 30	News	News	(11:04) The First 48 0	KXLY 4	News	Late Show-Colbert	CBC News Coronation	Gags	SportsCentre 30	News-Lisa	Street Outlaws 30	Malcolm	Mr. D 0	Lip Sync	The Dead Files 0 30

FRIDAY, JUNE 24, 2016

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Crazy Talk	Global News Morning (N) 30	Hi Ople! 0	Arthur	KHQ News 6AM (N)	KREM 2 Morning News	Dog	Morning Northwest	Global News Morning (N) 30	(5:00) Global News Morning (N) 30	The Early Edition (N)	Kid vs. Kat Almost	SportsCentre 30	CTV Morning Live Vancouver (N) 0 30	Cold Water Cowboys	Life Derek Roscoe	CityLine (N) 30	Gangland 0 30	Canadian Pickers 0
7 AM	Law Order: CI		Dinosaur	Wild Kratts	Today Steven Tyler performs; longest slide. (N)	CBS This Morning (N) 0 30	Shipping	Good Morning America Brad Paisley performs.			Cat in the Hat Arthur 0	Squirrel Chucks	SportsCentre 30		How/Made	Next Step	Let's Make a Deal (N)	Gangland 0 30	Weird or What?
8 AM	Law Order: CI		PAW Patrol	Nature Cat			Shipping			Morning Huntley St.	Napkin Tiger	Chucks Wayside	SportsCentre 30	Daily Planet (DVS)	Backstage	The Price Is Right 30	Gangland 0 30	Security	
9 AM	Hot Bench	Morning	Astroblast!	Tiger	Today (N) 0 30	The 700 Club 0 30	Shipping	LIVE with Kelly (N) 30	Morning Huntley St.	Fresh Money	Arthur 0 Napkin	Sidekick Almost	SportsCentre 30	LIVE with Kelly (N) 30	How/Made	Justin	FamFeud	Gangland 0 30	Mysteries-Museum
10 AM	Judge	Fresh	Boj 0	Sesame St.	Today (N) 0 30	The Price Is Right 30	Shipping	The View. 0 30	Fresh Money	Rachael Ray 0 30	Bookaboo Tiger	Spliced 0 Kid vs. Kat	SportsCentre 30	The View 0 30	Mighty Planes	Dream	The Chew 0 30	Gangland 0 30	Mysteries-Museum
11 AM	Divorce	Rachael Ray 0 30	Monkey	Dinosaur	Hot Bench	Young & Restless	Shipping	Paid Prog.	Rachael Ray 0 30	(10:59) Global News at Noon (N) 30	Recipes Stefano	Rated A	STIHL Motorcycle	Marilyn Denis	How/Made	Life	General Hospital (N) 0	Gangsters: Most Evil	Mysteries-Museum
12 PM	Millionaire	Global News at Noon	PAW Patrol	Charlie Rose 0 30	Tai Chi! Noodles	News Bold	The First 48 0 30	The Chew 0 30	Global News at Noon		CBC News Network	Nerds Squirrel	Hockey Lunch	CTV News Vancouver	Vegas Rat Rods	Movie: *** "Stuart Little 2" 0	Celebrity	Gangsters: Most Evil	Mysteries-Museum
1 PM	Crime Watch Daily 30	Days of our Lives (N)	Ruff-Ruff, Tumble	Travel Baby	Days of our Lives (N)	The Talk 0 30	The First 48 0 30	General Hospital (N) 0	Days of our Lives (N)	The Talk 0 30	Heartland 30 (DVS)	Almost Sidekick	SC Top 10	The Social (N) 0 30	Bitchin' Rides 30	Roscoe	CityLine 30	Cops 30	Mysteries-Museum
2 PM	King	The Talk 0 30	Rob Robot	Thomas	TMZ (N) 0	Let's Make a Deal (N)	The First 48 0 30	The Doctors 0 30	The Talk 0 30	Meredith Vieira	Murdoch Mysteries 0	Wayside Kid vs. Kat	Sports Centre (N) (Live) 30	Dr. Phil 0 30	Fantom-Works 30	Life Derek Awesome	CityNews at 5 (N) 30	Cops 30	Security
3 PM	Mod Fam	Meredith Vieira	Kate and PAW Patrol	Arthur Nature Cat	Ellen DeGeneres Show	The Dr. Oz Show 30	The First 48 0 30	Rachael Ray 0 30	Meredith Vieira	Young & Restless	Grand Designs 0 30	Sidekick Chucks	Ellen DeGeneres Show	How/Made	HZipzer	(2:59) CityNews at 6 (N)	Cops 30	Yukon Gold 0 30	
4 PM	Big Bang	Young & Restless	Maker	Ready Jet	Jdg Judy	Dr. Phil 0 30	The First 48 "Missing" 0 30	FABLife (N) 0 30	Young & Restless	Global	Bond Vet	SpongeBob	Hockey	The Dr. Oz Show 30	Daily Planet (DVS)	Backstage	Mod Fam	Cops 30	Canadian Pickers 0
5 PM	Movie: *** "New You See Me" (2013) Jesse Eisenberg.	News (N) 30	Astroblast!	News	News	News	The First 48 0 30	News	News	Global News Hour at 6	Dragons' Den 0	SpongeBob	CFL Pre.	CTV News Vancouver	Bering Sea Gold 30	Next Step	Between (DVS)	Bellator MMA Live (N) 0 (Live)	Security
6 PM		Global Nat. News	Waterfront Cities	PBS News-Hour (N) 30	Millionaire	KREM 2 News at 6 (N)	The First 48 0 30	News at 6 Hoopfest	Global News Hour at 6	ET Canada	CBC Vancouver News	SpongeBob Thunder	Football: Montreal Alouettes at Winnipeg Blue Bombers. (N) (Live) 30	CTV News Vancouver	Alaskan Bush People	Kingdom	Between "War"	Border	Border
7 PM	Seinfeld 0	23rd Annual Indie Awards (N)	Coast 0	Wash	Jeopardy!	Broke Girl	The First 48 0 30	ET	ET	23rd Annual Indie Awards (N)	Mercer	SpongeBob	Coronation	etalk (N)	Mayday: Air Disaster	Backstage	Broke Girl	Security	
8 PM	Family Guy	Amer. Dad	Doc Martin 0 30	Mel Brooks: Make a Noise	Spartan-Team	NCIS: Los Angeles 0	(8:03) The First 48 30	Shark Tank 0 30	Rookie Blue 30 (DVS)	Creek	22 Minutes	Wilson. 0	SportsCentre (N) (Live) 30	Shark Tank 0 30	Mayday 30 (DVS)	Srvl Sty	CityNews-Tonight (N)	(8:15) Kickboxing. Bellator. St. Louis. (N) 0 (Live)	Border
9 PM	Family Guy	Amer. Dad	Hawaii Five-0 0 30	Silent Witness "Fallen Idol" 0	Gymnastics: P&G Championships. 0 30	Hawaii Five-0 0 30	(9:03) The First 48 30	What Would You Do?	Hawaii Five-0 0 30	Hawaii Five-0 0 30	Mr. D 0	Game On		Motive 0 (DVS)	Alaskan Bush People	*** "Ghostbusters" (1984) 0	Crime Watch Daily 30	Border	
10 PM	The Middle	Rookie Blue 0 30	Park	Sandwiches You Like	Blue Bloods 30 (DVS)	(10:03) The First 48 0	20/20 (N) 0 30	Rookie Blue 0 30	Global News at 11 (N)	The National (N) 30	Assembly	Max	SportsCentre (N) 30	Blue Bloods 30 (DVS)	Bering Sea Gold 30	(10:20) Movie: *** "Serenity" 0	Young	Cops 30	Security
11 PM	Movie: "Munich" (2005)	News Final	Tutor: To Rise Again	Charlie Rose (N) 30	News	News	(11:03) The First 48 0	KXLY 4	News	Late Show-Colbert	CBC News Coronation	Gags	SportsCentre 30	News-Lisa	Mayday: Air Disaster	Mr. D 0	Cops 30	Border	

News Leader Movies - Wednesday to Saturday

WEDNESDAY MORNING

7:00 am SPIKE ch.44 "Con Air" (1997, Action) Nicolas Cage. A wrongly convicted parolee on a flight with a group of vicious prisoners tries to stop their violent hijacking. (In Stereo)
 10:00 am SPIKE ch.44 "Con Air" (1997, Action) Nicolas Cage. A wrongly convicted parolee on a flight with a group of vicious prisoners tries to stop their violent hijacking. (In Stereo)

AFTERNOON

12:00 pm FAM ch.26 "Peter Pan" (2003, Adventure) Jason Isaacs. Peter Pan leads Wendy and her two brothers on an adventure involving Captain Hook and his band of pirates. (In Stereo) (CC)
 3:00 pm SPIKE ch.44 "National Treasure: Book of Secrets" (2007, Action) Nicolas Cage. A page from the diary of John Wilkes Booth implicates Ben Gates' great-great grandfather as a major conspirator in the assassination of President Lincoln. (In Stereo)
 4:00 pm FAM ch.26 "Stuart Little" (1999, Comedy) Geena Davis. Based on the book by E.B. White. Two human parents adopt a mouse as a little brother for their son. (In Stereo) (CC)
 5:00 pm WTBS ch.3 "Basic" (2003, Suspense) John Travolta. A DEA agent investigates the disappearance of a fearsome sergeant and his Special Forces trainees.

EVENING

8:30 pm SPIKE ch.44 "Con Air" (1997, Action) Nicolas Cage. A wrongly convicted parolee on a flight with a group of vicious prisoners tries to stop their violent hijacking. (In Stereo)

THURSDAY AFTERNOON

12:00 pm FAM ch.26 "Stuart Little" (1999, Comedy) Geena Davis. Based on the book by E.B. White. Two human parents adopt a mouse as a little brother for their son. (In Stereo) (CC)
 1:00 pm SPIKE ch.44 "Machete" (2010, Action) Danny Trejo. Framed for a covert assassination, a blade-wielding former Federale carves a path of blood, bullets and broken hearts as he carries out a mission of revenge. (In Stereo)
 4:00 pm FAM ch.26 "Stuart Little 2" (2002, Comedy) Geena Davis. Stuart the mouse and Snowball the cat journey through New York City to rescue a friend from a falcon. (In Stereo) (CC)
 5:00 pm WTBS ch.3 "Underworld: Evolution" (2006, Fantasy) Kate Beckinsale. Vampire warrior Selene and her werewolf lover trace the origins of the ancient feud between their races.

FRIDAY AFTERNOON

12:00 pm FAM ch.26 "Stuart Little 2" (2002, Comedy) Geena Davis. Stuart the mouse and Snowball the cat journey through New York City to rescue a friend from a falcon. (In Stereo) (CC)
 5:00 pm WTBS ch.3 "Now You See Me" (2013, Comedy-Drama) Jesse

Eisenberg. A federal agent and an Interpol detective play a cat-and-mouse game with cunning illusionists who rob corrupt business leaders during their performances, then funnel the money to members of the audience.

EVENING

7:30 pm YTV ch.18 "Matilda" (1996, Comedy) Mara Wilson. A little girl develops extraordinary mental abilities, despite neglectful parents and a brutal headmistress. (In Stereo) (CC)
 8:30 pm FAM ch.26 "Ghostbusters" (1984, Comedy) Bill Murray. Armed with proton packs, four paranormal investigators battle mischievous ghouls in New York. (In Stereo) (CC)
 10:20 pm FAM ch.26 "Serenity" (2005, Science Fiction) Nathan Fillion. Crew members aboard a transport vessel get caught in a deadly conflict in the wake of a galactic war. (In Stereo) (CC)
 11:00 pm WTBS ch.3 "Munich" (2005, Suspense) Eric Bana. A Mossad agent and his team hunt the terrorists responsible for the murders of Israeli athletes at the 1972 Olympics.

SATURDAY MORNING

10:30 am FAM ch.26 "Bunks" (2013, Comedy) Dylan Schmid. Two troublemaking brothers accidentally unleash a curse that plagues their summer camp with zombies. (In Stereo) (CC)
 11:00 am WTBS ch.3 "Miracle" (2004, Drama) Kurt Russell. Coach

Herb Brooks leads the U.S. Olympic hockey team to victory over the Soviet team in 1980.

AFTERNOON

12:00 pm CITV ch.12 "Hurricane Hunters" (1974, Drama) Larry Hagman. Two hurricane hunters race against time to alert a Gulf Coast community to the threat of an impending storm. (CC)
 YTV ch.18 "Matilda" (1996, Comedy) Mara Wilson. A little girl develops extraordinary mental abilities, despite neglectful parents and a brutal headmistress. (In Stereo) (CC)
 FAM ch.26 "Ghostbusters" (1984, Comedy) Bill Murray. Armed with proton packs, four paranormal investigators battle mischievous ghouls in New York. (In Stereo) (CC)
 1:00 pm CHBC ch.4 BCTV ch.11 "Hurricane Hunters" (1974, Drama) Larry Hagman. Two hurricane hunters race against time to alert a Gulf Coast community to the threat of an impending storm. (CC)
 1:30 pm WTBS ch.3 "Scary Movie 3" (2003, Comedy) Anna Faris. After Cindy accidentally watches a strange videotape that causes the viewer to die within a week, she discovers the tape is only one of many weird happenings.
 2:00 pm YTV ch.18 "Bruno & Boots: Go Jump in the Pool" (2016, Comedy) Jonny Gray. A prankster learns his school is about to lose several top athletes, including his best friend, to a rival school. To save the swim program and keep his friend, he takes drastic action to

raise money to upgrade the school's pool. (In Stereo) (CC) (DVS)
 3:00 pm FAM ch.26 "Bunks" (2013, Comedy) Dylan Schmid. Two troublemaking brothers accidentally unleash a curse that plagues their summer camp with zombies. (In Stereo) (CC)
 4:30 pm FAM ch.26 "Ghostbusters" (1984, Comedy) Bill Murray. Armed with proton packs, four paranormal investigators battle mischievous ghouls in New York. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Waltz With Bashir" (2008, Documentary) Ron Ben-Yishai. Animated. A friend's recurring nightmare prompts filmmaker Ari Folman to explore his own suppressed memories as a soldier during the 1982 Lebanon conflict.
 CITY ch.29 "Ring of Deceit" (2009, Suspense) Rebecca Mader. An art expert suspects foul play while investigating a mysterious, antique ring. (CC) (DVS)
 8:00 pm KSPS ch.6 "Gentlemen Prefer Blondes" (1953, Musical Comedy) Jane Russell. Two showgirls on the lookout for rich eligible bachelors run into numerous complications during a trip to Paris. (In Stereo) (CC)
 YTV ch.18 "Fantastic Mr. Fox" (2009, Comedy) Voices of George Clooney. Animated. After three nefarious farmers declare war on them, a sly fox rallies his animal neighbors to fight back. (In Stereo) (CC)

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SATURDAY, JUNE 25, 2016

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	On Spot	Ancestors	Dragon	Heartland	(5:00) Today (N)	CBS This Morning	Zombie House Flipping	Good Morning America	Ancestors	Global News Morning	Tiger	Sidekick	2016 UEFA European Championship	Marilyn Denis	Alaskan Bush People	"Serenity"	Paid Prog.	Tattoo	Security
6:30	Coolest	Fishful	Monkey	Fly Tying					Fishful		Animal	Sidekick		Corner Gas	How/Made	Life Derek	Panorama	Ink Master	Paid Prog.
7 AM	P. Affairs	Global News Morning (N)	PAW Patrol	MotorWeek	KHQ Saturday Wake Up Show (N)	Lucky Dog	Zombie House Flipping	Good Morning Hoopfest	Global News Morning (N)		Super Why!	Chucks		Corner Gas	How/Made	Turbo	Eye/Asia	Ink Master	Security
7:30	Paid Prog.		Curious	Greener		Dr. Chris					Napkin	Chucks		Corner Gas	How/Made	Sonic	VemComlg	Ink Master	Security
8 AM	TrustDale		PAW Patrol	Woodsmith		Innovation	Criminal Minds				Arthur	Nerds	Post-Game	The Social	Mayday: Air Disaster	Fangbone	Polish Studio (N)	Ink Master	The Em
8:30	Paid Prog.		Astroblast!	Rough Cut		Inspectors		Matter			Cat in the	SpongeBob	2016 UEFA European Championship	Is Written	Barrett-Jackson Auction The	The Deep	"Buck Off"	Ink Master	Border
9 AM	Paid Prog.		Magie Bus	Old House		Hidden	Criminal Minds	Rescue		Fish'n	Our Vancouver	SpongeBob		The Social	Barrett-Jackson car auction.	Next Step	Paid Prog.	Ink Master	Border
9:30	Paid Prog.		Kate and	Old House		Changers		Wildlife		Real Fish.	SpongeBob			Cash Cab		Lost	Keep It Cool With Air	Ink Master	Border
10 AM	Paid Prog.	Fish'n	Wild Kratts	Old House	Top Cook	Major League Fishing	Criminal Minds	Rock-Park	Fish'n	Powerboat	Absolutely Canadian	SpongeBob		World Visn.		Movie: "Bunks" (2013)	Murdoch Mysteries	Ink Master	Border
10:30	Seinfeld	Fishing	Wild Kratts	Kitchen	Paid Prog.			Explore	Fishing	Driving TV				World Visn.		Movie: "Bunks" (2013)	Murdoch Mysteries	Ink Master	Border
11 AM	Movie: *** "Miracle" (2004,	Powerboat	Floogals	Pépin	Triathlon	Off Road Rac.	Criminal Minds	Hanna	Powerboat	Ice Pilots NWT	Doc Zone	Turtles	Post-Game	Is Written		etalk	Murdoch Mysteries	Cops	Security
11:30		Driving TV	Dokl Ad.	Martha				Ocean	Driving TV			SpongeBob	2016 UEFA European Championship				Murdoch Mysteries	Cops	Security
12 PM	Drama: Kurt Russell.	News	Animals	Cook		PGA Tour Golf: Quicken Loans National, Third Round. (N) (Live)	Criminal Minds	Paid Prog.	News	Movie: ** "Hurricane Hunters" (1974)	Hello	Movie: *** "Matilda" (1996) Mara Wilson.		SportsCentre	Canada's Worst Driver	Movie: *** "Ghostbusters" (1984)	Murdoch Mysteries	Cops	Border
12:30		TBA	Animals	Garden	Motorcycle Racing			The First 48	World of X Games (N)	Movie: ** "Hurricane Hunters" (1974)	Volleyball: FIVB World League: Canada vs. China. (N)	Movie: "Bruno & Boots: Go Jump in the Pool"	Post-Game	Canada's Worst Driver	Alaskan Bush People	Kingdom	Mod Fam	Cops	Border
1 PM	Movie: ** "Scary Movie 3" (2003)	Movie: ** "Hurricane Hunters" (1974)	Cosmic	Antiques Roadshow	U.S. Olympic Trials: Diving. (N)			The First 48	E:60 (N)	Real Sherlock Holmes	Movie: "Bruno & Boots: Go Jump in the Pool"	Post-Game	SportsCentre (N) (Live)	Canada's Worst Driver	Alaskan Bush People	Kingdom	Mod Fam	Cops	Border
2 PM		Movie: ** "Hurricane Hunters" (1974)	Canada: Over the Edge	British Baking				The First 48	E:60 (N)	Decked	Mercer	Jump in the Pool		Disruptors	How/Made	Movie: "Bunks" (2013)	CityNews	Cops	Security
3 PM	The Middle	Ice Pilots NWT	Waterfront Cities	Globe Trekker	Wiz Cook	Paid Prog.	The First 48	Hiring	Decked	Ice Pilots NWT	22 Minutes	Doc Zone	Max	CFL Football: Ottawa Redblacks	How/Made	Movie: "Bunks" (2013)	CityNews	Cops	Security
3:30	The Middle							Matter	Entertainment Tonight	Entertainment Tonight	Doc Zone	Max	Max	at Edmonton Eskimos. (N) (Live)	How/Made	Movie: "Bunks" (2013)	CityNews	Cops	Security
4 PM	Seinfeld	Decked	Great Migrations	Steves	Joint Relief	Access Hollywood (N)	The First 48	Hoopfest	Entertainment Tonight	Global Nat.	Land/Sea	Max	Max	The Social	Deadliest Catch	*** "Ghostbusters" (1984)	Mr. D	Cops (N)	Border
4:30	All. Eats	Entertainment Tonight	Great Railway	Last/Wine	News	News	The First 48	ABC News	Global Nat.	Global News Hour at 6	One/One	Max	Max	etalk			Young	Cops	Border
5 PM	King	News	Grey Glory	NBC News	CBS News									CTV News Vancouver	Deadliest Catch		Movie: ** "Ring of Deceit" (2009)	Cops	Ghost
5:30	King													CTV News Vancouver	Deadliest Catch		Movie: ** "Ring of Deceit" (2009)	Cops	Adventure
6 PM	Movie: *** "Waltz With Bashir" (2008)	Global Nat.	Hope for Wildlife	Lawrence Welk	News	To Be Announced	The First 48: Overkill	Hoopfest	Global News Hour at 6	16x9	National	Assembly		W5 "Hany's Journey"	Blitchin' Rides	Backstage	Backstage	Cops	The Dead Files (N)
6:30		News	Lost Mummies	Keep Up As Time...	Blue Bloods			The Insider	16x9	Home to Win	Short Film Face Off (N)	Just Kid	CFL Football: Calgary Stampeders at BC Lions. (N) (Live)	Movie: How-Made	Next Step	CityNews Weekend (N)	Cops	Unknown	
7 PM		16x9										Just Kid		How-Made	Next Step	CityNews Weekend (N)	Cops	Unknown	
7:30												Just Kid		How-Made	Next Step	CityNews Weekend (N)	Cops	Unknown	
8 PM	Family Guy	Home to Win	Heartbeat	Movie: *** "Gentlemen Prefer Blondes"	U.S. Olympic Trials: Men's Gymnastics.	48 Hours (N)	The First 48: Overkill	People's List (N)	Home to Win	Private Eyes "The Six"	Dual Suspects	Follow the Money (N)	Movie: *** "Fantastic Mr. Fox" (2009)	Movie: How-Made	Next Step	CityNews Weekend (N)	Cops	Unknown	
8:30	Family Guy													How-Made	Next Step	CityNews Weekend (N)	Cops	Unknown	
9 PM	Burgers	Private Eyes "The Six"	Midsomer Murders (N)	Soundstage				20/20 A gunman holds a maternity ward hostage.	Private Eyes "The Six"	Dual Suspects	Global	Gags	Game On	Deadliest Catch	Raising VICE	Movie: *** "About a Boy" (2002)	Murdoch Mysteries	Cops	Ghost
9:30	Burgers													Deadliest Catch	Raising VICE	Movie: *** "About a Boy" (2002)	Murdoch Mysteries	Cops	Adventure
10 PM	Community	Dual Suspects	Grand											Deadliest Catch	Raising VICE	Movie: *** "About a Boy" (2002)	Murdoch Mysteries	Cops	Adventure
10:30	Community													Deadliest Catch	Raising VICE	Movie: *** "About a Boy" (2002)	Murdoch Mysteries	Cops	Adventure
11 PM	"Inglourious Basterds"	News	Waterfront Cities	Austin City Limits	News	News	The First 48: Overkill	Rizzoli & Isles	News	Saturday Night Live	Movie: "Uvanga" (2013)	Gags	SportsCentre (N) (Live)	News	Deadliest Catch	Hugh Grant.	Paid Prog.	Vegas	Expedition
11:30		SNL			SNL	Up Late			SNL			Gags	CTV News	CTV News	Deadliest Catch	Paid Prog.	Vegas	Unknown	

News Leader Movies - Saturday to Monday

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10:00 pm FAM ch.26 "About a Boy" (2002, Comedy-Drama) Hugh Grant. An irresponsible playboy becomes emotionally attached to a woman's 12-year-old son. (In Stereo) (CC)

11:00 pm WTBS ch.3 "Inglourious Basterds" (2009, War) Brad Pitt. An Allied officer and his team of Jewish soldiers join forces with a German actress and undercover agent to take down the leaders of

the Third Reich. CBC ch.13 "Uvanga" (2013, Drama) Peter-Henry Arnatsiaq. A woman takes her 14-year-old son to the Arctic to meet his late father's estranged Inuit family. (In Stereo) (CC)

SUNDAY MORNING

9:00 am WTBS ch.3 "The Cable Guy" (1996, Comedy) Jim Carrey. An act of kindness brings a jilted architect the unwanted friendship

of an unbalanced cable-TV installer. 10:30 am FAM ch.26 "Full Out" (2015, Biography) Jennifer Beals. A young gymnast's Olympic dreams are crushed when she suffers a debilitating injury. (In Stereo) (CC)

AFTERNOON

12:00 pm FAM ch.26 "Mark & Russell's Wild Ride" (2015, Comedy) Joey Bragg. Two friends embark on a road adventure when the most popular girl in school needs a ride to a party. (In Stereo) (CC)

1:00 pm WTBS ch.3 "Saved!" (2004, Comedy-Drama) Jena Malone. A student at a Baptist school faces ostracism and demonization after becoming pregnant.

1:30 pm CHBC ch.4 BCTV ch.11 "Moneyball" (2011, Drama) Brad Pitt. Faced with a tight budget, a baseball manager and his partner recruit bargain-bin players that scouts have labeled as flawed, but have game-winning potential. (CC) CIV ch.12 "Moneyball" (2011, Drama) Brad Pitt. Premiere. Faced with a tight budget, a baseball manager and his partner recruit bargain-bin players that scouts have labeled as flawed, but have game-winning potential. (CC)

YTV ch.18 "Willy Wonka and the Chocolate Factory" (1971, Fantasy) Gene Wilder. A poor boy and his grandfather win a tour through the marvelous factory of a wily confectioner. (In Stereo) (CC)

2:00 pm VTV ch.22 "Father of the Bride Part II" (1995, Comedy) Steve Martin. A worrisome family patriarch is driven to further distraction

by the simultaneous pregnancies of his wife and daughter. (In Stereo) (CC) (DVS)

FAM ch.26 "Hairspray" (2007, Musical Comedy) John Travolta. In 1960s Baltimore a plump teen becomes an overnight celebrity after she wins a spot on a local dance program called "The Corny Collins Show." (In Stereo) (CC)

3:45 pm YTV ch.18 "The Princess Bride" (1987, Adventure) Cary Elwes. A storybook stableboy turns pirate and rescues his beloved, who is about to marry a dreadful prince. (In Stereo) (CC)

5:00 pm CBC ch.13 "The Ant Bully" (2006, Adventure) Voices of Zach Tyler Eisen. Animated. Tired of weathering constant attacks on their colony, ants shrink a destructive boy to their size and sentence him to live among them until he learns the errors of his ways. (In Stereo) (CC)

EVENING

6:00 pm WTBS ch.3 "Collateral" (2004, Suspense) Tom Cruise. A contract killer hijacks a cab and forces the driver to transport him to his assigned jobs in Los Angeles.

YTV ch.18 "Ella Enchanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother. (In Stereo) (CC)

8:15 pm YTV ch.18 "Where the Wild Things Are" (2009, Fantasy) Catherine Keener. Sent to bed without supper, a mischievous boy enters a land that grows out of his

imagination and becomes king of the fantastic creatures who live there. (In Stereo) (CC)

9:00 pm FAM ch.26 "Hairspray" (2007, Musical Comedy) John Travolta. In 1960s Baltimore a plump teen becomes an overnight celebrity after she wins a spot on a local dance program called "The Corny Collins Show." (In Stereo) (CC)

MONDAY MORNING

8:00 am KSPS ch.6 "Curious George 3: Back to the Jungle" (2015, Adventure) (EI) Voices of Angela Bassett. George is asked to take part in a space mission, and when things go wrong, he crash lands in Africa. (In Stereo) (CC)

AFTERNOON

12:00 pm FAM ch.26 "Hairspray" (2007, Musical Comedy) John Travolta. In 1960s Baltimore a plump teen becomes an overnight celebrity after she wins a spot on a local dance program called "The Corny Collins Show." (In Stereo) (CC)

2:30 pm KSPS ch.6 "Curious George 3: Back to the Jungle" (2015, Adventure) (EI) Voices of Angela Bassett. George is asked to take part in a space mission, and when things go wrong, he crash lands in Africa. (In Stereo) (CC)

4:00 pm FAM ch.26 "Uncle Buck" (1989, Comedy) John Candy. Chicago parents in a pinch have a bachelor uncle baby-sit their teenage daughter and little ones. (In Stereo) (CC)

Weekly.
Independent.
Local.
Newspaper.

Similkameen
News Leader

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SUNDAY, JUNE 26, 2016

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45		
6 AM	BestPani	In a Name	Dragon	Mr. Rogers	Today (N)	Paid Prog.	Criminal Minds	Paid Prog.	In a Name	Global News Morn- ing (N)	Tiger	Squirrel	2016 UEFA European Champ- ionship	Canada's Worst Driver	Tanked (N)	Warthog!	Paid Prog.	Xtreme Off	Moves		
:30	Beauty	Canadian	Monkey	Peep		Paid Prog.			Canadian	Super Why!	Squirrel			Life Derek	Church	Engine	Paid Prog.				
7 AM	Paid Prog.	Global News Morn- ing (N)	PAW Patrol	Super Why!	KHQ	CBS News Sunday Morning (N)	Criminal Minds	Good Morning America	Global News Morn- ing (N)	Cat in the Hat	Squirrel			Marilyn Denis	Insane Pools	Awesome	Eye/Asia	Truck Tech	The Em		
:30	Atl. Enta		Curious	Builder	Invest					Poko	Kung Fu			Turbo	Operation Smile	Detroit	The Em				
8 AM	Paid Prog.		PAW Patrol	Curious	Meet the Press (N)	The Nation	Criminal Minds	This Week		Coronation	Pet Shop	Post-Game	Question Period (N)	Highway Thru Hell	HZipzer	Bar Rescue	Mysteries- Museum				
:30	Mod Fam		Flogals	Cat in the Hat						Coronation	Stanley	2016 UEFA European Champ- ionship	Operation Smile	Dangerous Flights	Backstage	Bar Rescue	Ghost Adventures				
9 AM	Movie: *** "The Cable Guy" (1996)		Maker	SciGirls	Makoupl	Rocket!	Criminal Minds	Matter		Block	Coronation	Game	Operation Smile	Dangerous Flights	Next Step	Bar Rescue	Ghost Adventures				
:30			Dino Dan	The Impact	Paid Prog.	Wiz Cook		Paid Prog.		Paid Prog.	Coronation	School				Bar Rescue	Ghost Adventures				
10 AM		Block	Wild Kratts	Inside Olympia	Red Bull Signature Series From Detroit. (N)	Access Hol- lywood (N)	Criminal Minds	Paid Prog.	Block	J. Osteen	Coronation	Thunder		The Social	Highway Thru Hell	Lost	Bar Rescue	Ghost Adventures			
:30		Paid Prog.	The Little Prince (N)	Focus						market	Assembly			World Visn.	Movie: "Full Out" (2015)	VemComig	Bar Rescue	Ghost Adventures			
11 AM	Paid Prog.	J. Osteen	Annedroids	Asia					J. Osteen	16x9	Our Van- couver	Bella	Post-Game	Canada's Worst Driver	Deadliest Catch	Murdoch Mysteries	Bar Rescue	Ghost Adventures			
:30	1st Family	Paid Prog.							Paid Prog.		Henry	2016 UEFA European Champ- ionship	SportsCen- tre	Deadliest Catch	"Mark & Russell's Wild Ride" (2015)	Murdoch Mysteries	Lip Sync	Ghost Adventures			
12 PM	Mod Fam	Global News at Noon	Dogs/Jobs	Health Matt.	Beach Vol- leyball	PGA Tour Golf: Quicken Loans National, Final Round. (N) (Live)	Wahlburg	Designing Hollywood	Global News at Noon	Engels	Land/ Sea	Max & Shred (DVS)		WS "Hany's Journey"	Bitchin' Rides	Backstage	Two Men	Lip Sync	Ghost Adventures		
:30	Box Office						Wahlburg	Hollywood	Engels	Rich Bride, Poor Bride	Bond! Vet	"Willy Wonka and the Choco- late Factory" (1971)	Post-Game	Movie: *** "Father of the Bride Part II"	Alaska "Truth Be Told"	Movie: *** "Hairspray" (2007) John Travolta.	Two Men	Lip Sync	Ghost Adventures		
1 PM	Movie: ** "Saved!" (2004) Jena Malone.	Engels	Hope for Wildlife	Great Per- formances at the Met "Turandot"	U.S. Olymp- ic Trials: Diving. (N)	Omega	Intervention "Tiffany"	NBA 2K16 Rd.	Movie: *** "Moneyball" (2011) Brad Pitt, Jonah Hill. Pre- miere.	Movie: *** "Moneyball" (2011) Brad Pitt, Jonah Hill. Pre- miere.	Grand Designs	SportsCen- tre (N) (Live)	SportsCen- tre (N) (Live)	Movie: *** "The Princess Bride" (1987) Cary Elwes.	Highlight	etalk	How/Made	Raising	Barrett	Lip Sync	Treasures Decoded
:30		Movie: *** "Moneyball" (2011, Drama) Brad Pitt, Jonah Hill.	Architects of Change				Intervention "AI"	XTERRA World Champ.	XTERRA	We're Still Here	Global Nat.	Movie: *** "The Ant Bully" (2006)	Euro Match of the Day	MasterChef Canada	Tiger Beach (N)	Raising	Celebrity Family Feud	Catch a Contractor	Mysteries- Museum		
2 PM	Big Bang	Global Nat. News	Marine Mach- ines	Twice Born	KHQ News	KREM 2 News at 6 (N)	Intervention "Daniel M"	Escaping Polygamy	KXLY Give 4 Kids	Security	Elementary	Heartland	SportsCen- tre (N) (Live)	Big Bang	Isle of Jaws (N)	Raising	VICE	Catch a Contractor	Myster- ies at the Castle		
:30	Big Bang	News	Build a Heart	Dancing on the Edge	U.S. Olymp- ic Trials	60 Minutes (N) & 6	Escaping Polygamy	Celebrity Family Feud	(8:01) Big Brother (N)	(8:01) Big Brother (N)	(8:01) Big Brother (N)	When Calls the Heart	UFC Great- est	Once Upon a Time	Shark Dark	Dr. Ken (N)	CityNews	Contractor	Mysteries- Museum		
3 PM	Big Bang	Secrets of the Castle	Ireland's Lost Babies	KHQ News	KREM 2 News at 6 (N)	Intervention "Daniel M"	Escaping Polygamy	Celebrity Family Feud	(8:01) Big Brother (N)	(8:01) Big Brother (N)	(8:01) Big Brother (N)	When Calls the Heart	UFC Great- est	Once Upon a Time	Shark Dark	Dr. Ken (N)	CityNews	Contractor	Mysteries- Museum		
:30	Big Bang	News	Inspector Morse "The Daughters of Cain" (DVS)	Gymnas- tics: P&G Champion- ships. (N)	Madam Secretary	Intervention	The \$100,000 Pyramid	To Be An- nounced	Madam Secretary	Baroness Standing	Wild Things Are" (2009)	SportsCen- tre (N) (Live)	The \$100,000 Pyramid	Match Game	TBA						
4 PM	Big Bang	Elementary	Whitecha- pel (N)	Profiles	Elementary	(10:03) Intervention	Match Game	Elementary	Global	The National	Haunting	SportsCen- tre (N) (Live)	Match Game	TBA							
:30	Big Bang	There Yet?							Block												
5 PM	Atlanta Eats	News	Waterfront Cities	The Forsyte Saga	News	News	Escaping Polygamy	KXLY 4	News	Paid Prog.	CBC News	Gags	SportsCen- tre	News	To Be An- nounced	Dr. Ken	Paid Prog.	Lip Sync	Ghost Adventures		
:30	Atlanta Eats	Block								Paid Prog.	fifth estate	Gags	CTV News	CTV News							

News Leader Sudoku

SUDOKU

No. 286

Very Hard

Previous solution - Tough

	1	7			3	5		6
		3	5	1				
7			6	5				1
	3			7				9
	8			2	1			7
			4	5	1			
8	9	1				4	6	

5	3	7	4	9	1	8	6	2
2	1	8	5	3	6	9	4	7
6	4	9	2	7	8	3	5	1
8	2	5	3	1	7	6	9	4
4	9	6	8	2	5	1	7	3
3	7	1	6	4	9	2	8	5
9	8	2	7	5	3	4	1	6
7	6	4	1	8	2	5	3	9
1	5	3	9	6	4	7	2	8

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Sudoku you'll really like 'Str8ts' and our other puzzles, Apps and books. Visit www.str8ts.com

The solutions will be published here in the next issue.

THIS WEEK'S News Leader Sudoku SOLUTION WILL APPEAR IN NEXT WEEK'S ISSUE

Living Past 100

The Home-Grown Phenomenon

If you checked with nurseries and seed sales outlets this spring, they would tell you they are selling more than ever. Growing a home garden has become popular again. In some areas of the United States, children were sent home with grow boxes so they could grow food at home. These are called Food Rising boxes.

One of the reasons for home food production is reduction in the cost of food. The second reason is the increasing interest in eating higher quality food.

Higher quality food means fresher food grown without toxic substances. Growing their own food gives home gardeners control over what goes into the food, and this is very important to more people every year. The freshness of food is motivated by the desire for higher nutritional values in food.

Is fresher food more nutritious? The answer is 'yes' in most cases. In any food that Mother Nature does not prepare for drying, such as leafy greens, beets, carrots, and other root crops, eating it fresh means more nutritional value. However, dried beans, dried peas, and seeds retain their nutrients. Mother Nature meant them to be preserved by drying.

Many home gardeners preserve the foods they grow. For quality of nutrition, the best method of preservation is freezing and the next is canning. Home freezing and canning are growing in popularity along with the rise in the number of people raising food crops at home.

Perhaps the greatest dietary gain by home gardeners is the high quality of nutrition when food is taken directly from the garden to the table and is eaten raw. Green onions, spinach, lettuce, kale, broccoli, radishes, cucumbers, zucchini and tomatoes can be eaten at the peak of freshness, therefore are most nutritious.

This makes even a small garden highly treasured.



PrincetonBCNews

MONDAY, JUNE 27, 2016

	WTBS ch.3	CHBC ch.4	KNOW ch.5	KSPS ch.6	KHQ ch.7	KREM ch.8	A&E ch.9	KXLY ch.10	BCTV ch.11	CITY ch.12	CBC ch.13	YTV ch.18	TSN ch.19	VTV ch.22	DISC ch.24	FAM ch.26	CITY ch.29	SPIKE ch.44	DTOUR ch.45
6 AM	Crazy Talk	Global News Morning (N)	Hi Opie! O	Arthur	KHQ News 6AM (N)	KREM 2 Morning News	Dog the Bounty Hunter	Morning Northwest	Global News Morning (N)	(5:00) Global News Morning (N)	The Early Edition (N)	Kid vs. Kat	SportsCentre	CTV Morning Live Vancouver (N)	Isle of Jaws	Life Derek Roscoe	CityLine (N)	Wildest Police Videos	Canadian Pickers
7 AM	Crazy Talk	Global News Morning (N)	Monkey	Odd Squad	Today (N)	CBS This Morning (N)	Deadly Wives	Good Morning America (N)	Global News Morning (N)	Cat in the Hat	Squirrel	SportsCentre	Mighty Planes	How/Made	Next Step	The Price Is Right	Jail	Security	
8 AM	Law Order: CI	PAW Patrol	Curious George 3: Back	Curious	Today (N)	The 700 Club	Deadly Wives	LIVE with Kelly (N)	Morning	Fresh	Arthur	Sidkick	2016 UEFA European Championship	LIVE with Kelly (N)	Monster Mako	Justin	FamFeud	Jail	Mysteries-Museum
9 AM	Hot Bench	Morning	Astroblast!	Tiger	Today (N)	The 700 Club	Deadly Wives	LIVE with Kelly (N)	Morning	Fresh	Arthur	Sidkick	2016 UEFA European Championship	LIVE with Kelly (N)	Monster Mako	Justin	FamFeud	Jail	Mysteries-Museum
10 AM	Judge	Fresh	Boj O	Sesame ST	Today (N)	The Price Is Right	Deadly Wives	The View	Fresh	Rachael Ray	Bookaboo	Spliced	The View	Isle of Jaws	Dream	The Chew	Cops	Ghost Adventures	
11 AM	Divorce	Rachael Ray	Monkey	Dinosaur	Hot Bench	Young & Restless	Deadly Wives	Paed Prog.	Rachael Ray	Global News at Noon	Our Vancouver	Rated A	Post-Game	Marilyn Denis	Mayday (DVS)	Life Gaming	General Hospital (N)	Cops	Security
12 PM	Millionaire	Global News at Noon	PAW Patrol	Charlie Rose	Floogals	News	The First 48	The Chew	Global News at Noon	Days of our Lives (N)	CBC News Network	Nerds	2016 UEFA European Championship	CTV News Vancouver	How/Made	Movie: *** 'Hairspray' (2007) John Travolta.	Celebrity	Cops	My.- Monument
1 PM	Crime Watch Daily	Days of our Lives (N)	Ruff-Ruff, Tumble	Paint This	Days of our Lives (N)	The Talk	The First 48	General Hospital (N)	Days of our Lives (N)	The Talk	Heartland	Almost	Sidkick	The Social (N)	Monster Mako	Travolta.	Cops	Security	
2 PM	King	The Talk	Rob Robot	Thomas	TMZ (N)	Let's Make a Deal (N)	The First 48	The Doctors	The Talk	Meredith Vieira	Murdoch Mysteries	Wayside	Post-Game	Dr. Phil	Isle of Jaws	Prince	CityNews at 5 (N)	Cops	Border
3 PM	Mod Fam	Meredith Vieira	Kate and PAW Patrol	Curious George 3: Back	Ellen DeGeneres Show	The Dr. Oz Show	The First 48	Rachael Ray	Meredith Vieira	Young & Restless	Grand Designs	Sidkick	Chucks	Ellen DeGeneres Show	Monster Mako	HZipzer	(2-59) CityNews at 6 (N)	Cops	Yukon Gold (DVS)
4 PM	Big Bang	Young & Restless	Maker	Ready Jet	Jdg Judy	Dr. Phil	The First 48	FABLife	Young & Restless	Global	Bond! Vet	SpongeBob	Hockey	The Dr. Oz Show	Daily Planet (N)	Movie: *** 'Uncle Buck' O	Mod Fam	Cops	Canadian Pickers
5 PM	Movie: ** 'Meet the Browns'	News (N)	Astroblast!	News	News	News	The First 48	ABC News	Global Nat.	Global News Hour at 6	Dragons' Den	SpongeBob	Euro Match of the Day	CTV News Vancouver	Shallow Water Invasion	Awesome	The Bachelorette (N)	Cops	Security
6 PM	Movie: (2009)	Global Nat.	Marine Machines 'War'	PBS News-Hour (N)	Millionaire	KREM 2 News at 6 (N)	The First 48	News at 6	Global News Hour at 6	ET Canada	CBC Vancouver News	Assembly	Assembly	CTV News Vancouver	Jaws of the Deep (N)	Next Step	Next Step	Cops	Security
7 PM	Seinfeld	ET	Hope for Wildlife	WA. Grown	Jeopardy!	Broke Girl	The First 48	ET	ET	(6:59) BrainDead (N)	Hello	Bella	MLB Baseball: Teams TBA. (N)	etalk (N)	Sharks Among Us (N)	Raising	(7:01) Scorpion O	Cops	Border
8 PM	Family Guy	Containment (N)	Secrets of the Castle	Antiques Roadshow (N)	U.S. Olympic Trials	Mom	(8:03) The First 48	The Bachelorette (N)	Containment (N)	Containment (N)	Murdoch Mysteries	Just Kid	Just Kid	Mistresses (N)	Shark Dark	Prince	CityNews-Tonight (N)	Cops	Mysteries-Museum
9 PM	Family Guy	Houdini & Doyle (N)	'These Amazing'	Antiques Roadshow	American Ninja Warrior	Scorpion	(9:03) The First 48	'Philadelphia Qualifier'	(9:59) BrainDead (N)	(10:01) Mistresses (N)	(9:59) BrainDead (N)	Gags	Gags	American Ninja Warrior	Sharks Among Us	Cheer	Crime Watch Daily	Jail	Security
10 PM	The Middle	(9:59) BrainDead (N)	Gwisha-laat: Spirit	POV An optometrist confronts killers. (N)	'Philadelphia Qualifier'	News	(10:03) The First 48	(10:01) Mistresses (N)	(9:59) BrainDead (N)	Global News at 11 (N)	The National (N)	Haunting	Haunting	SportsCentre (N)	Shark Dark	BETCH	Young	Jail	Border
11 PM	Browns	News Final	Hope for Wildlife	killers. (N)	News	News	(11:03) The First 48	KXLY 4	News	Late Show- Colbert	CBC News	Gags	SportsCentre	News-Lisa	Monster Mako	Malcolm	Mr. D	Jail	My.- Monument
	Payne	Colbert	Colbert	Colbert	J. Fallon	Colbert	J. Fallon	J. Kimmel	Colbert	Coronation	Gags	Gags	CTV News	CTV News	Prince	Pckge Deal	Jail	Jail	My.- Monument

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Twins homicide still unsolved
 Mysterious deaths approach tenth anniversary

Page 3
 Karl Lang Park plans Page 24



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Teen camp opens!
 Young Life is ready for 500 a week!

Page 4
 KEREEMOS NEWS
 Riverside Awards Day page 5
 PSS Awards page 6 & 7
 Page 9-16



Similkameen News Leader
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Slides muck up highway 3
 Twelve slides in total

Page 4
 KEREEMOS NEWS
 PAGE 22
 GSAR thanks Lions
 SPECIAL ISSUE
 Fall Fair booklet
 Page 9-16



Princeton RCMP reported in a call at 6:30 PM that Tuesday night regarding a landslide on Highway 3. A severe rainstorm, with parallel road conditions, had just passed through the area creating a series of slides covering earth, rock and debris across the highway at a number of locations.

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Body found in picker shack
 Police confirm homicide

Page 4
 KEREEMOS NEWS
 PAGE 5
 Osprey Lake Gardener
 PAGE 24
 Furniture Store Opens
 Pages 9-16
 TV GUIDE
 Page 12



Random headlines from 2004 show good, bad and sad events gripped the Similkameen Valley.

Saving Downtown Princeton...

An Ongoing Series by George Elliott

Let's look at economic development.

In the time I have been in Princeton (moved here in October 1986) there have been many different people with the title of Economic Development Officer. Names some of you may remember include Rose Gross, Ray McLennan, Terry Curbishley and Michael McLaughlin. The last one on that list was a 'shared' position with the Village of Keremeos.

Regardless of where you put the importance of economic development in the future of Princeton, clearly it has not been successful to date. I'm going to take a stab at the

main reason being a lack of existing infrastructure in the community. That's just a wild guess because, as I've been saying all along, without the foundation of good infrastructure, you can't build anything.

Another problem with economic development in the Similkameen Valley is that there tends to be a focus on big industries with value-added properties. While I understand the need to try to utilize what already exists here to the maximum (forestry as an example), there will be a day when that doesn't work anymore.

I have always seen the industrial park as a place where a dozen or so

smaller manufacturing type ventures would sit. These mini-industries would employ anywhere from 25 to 50 people each. The great thing about that kind of set up is that if one fails, the entire town doesn't collapse because it employed only 20 or so people.

What seems to be successful in a much smaller scale in the economic development of Princeton is something called business incubation. It's not new by any means and is essentially when an existing business assists a start up business either financially or with the sharing of office space and other resources.

We have actually been directly connected to a local success story ourselves by being a business incubator for a local service.

Here's our story.

My wife Brenda is an Optician by trade. She spent 25+ years in that industry prior to moving to Princeton. In 2003 she rented the office space we are currently using with the Similkameen News Leader. The following year I bought this paper and moved it to where Brenda was providing book-

keeping service. Because of her desire to keep a connection to her roots as an Optician, and recognizing a need for such a service in Princeton, she took it upon herself to contact Optometrists located in surrounding communities (Penticton, Merritt, Hope, Osoyoos) offering up office space for a satellite business as well as her skills as an Optician.

Her goal may have been to secure herself a job, and only one Optometrist showed interest. That was Brian and Carrie-Lynn Snee of Merritt. They saw the value in the offer that had been made and soon moved into a room in our office.

It didn't take long before their business exploded and virtually took over Brenda's time even when the Snees were not on site. The incubation was extremely successful and Brenda found a site for them to relocate allowing the now-established Optometry service room to expand. They have done just that on Vermilion Avenue and continue to thrive.

That's old school economic development. Someone within the community saw a need and made con-

tact. There was no EDO in town at the time. There was no committee exploring concepts to approach economic development in Princeton. What happened was a simple proactive charge at a specific target that brought a service to the community keeping many residents from having to go out of town for the same need.

Sure, it did not create much in the way of local jobs, but it does feed the local economy by reducing the amount of disposable income leaving Princeton. On a slightly larger scale, business incubation could produce jobs and industry depending on the targets used.

Here's an example.

The Town of Princeton already has a large number of home-based businesses. Some of them are on the edge of expansion. If a building existed where a half dozen of the larger ones could move, sharing various resources, they could incubate to a place where a few of them would eventually move to bigger quarters, hiring staff and functioning well within the community.

The spin offs are many.


How does this save downtown Princeton?

Economic development in Princeton has always been a tough sell or we'd already have a bustling business park and a population of 5,000 within Town Limits. Changing the focus and doing something completely different in how we market the industrial/business park and how we want Princeton to grow may help to unlock the idea that makes it work.

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News Leader Classified Ads

25 Words - \$10.00 (includes GST) - Pay for two weeks, the third week is FREE!

Help Wanted

Help Wanted

For Sale

For Rent

For Rent

Princeton Family Service Society

Community Worker Position - A GP for Me Program, 16 hours per week

The community worker position is designed to work collaboratively with family physicians to support vulnerable patients in the community. Community Workers offer patients psychosocial support and resource coordination, and work in an interdisciplinary team based environment. :

- Follow primary care treatment plans.
- Provide psychosocial support.
- Coordinate the range of community and allied-health resources designed to benefit vulnerable patients.
- Assist in stabilizing vulnerable patients so that they can fit into typical family practice settings.
- Help to strengthen the quality of connection (attachment) between patients and family doctors.
- Community Workers work collaboratively through a shared care arrangement with the local family physicians to help improve both patient and provider experience.

Skills and Abilities:

- Excellent written and verbal reporting skills.
- Demonstrated ability to teach and work effectively with others in both team and one to one setting.
- Knowledge and understanding of working in interdisciplinary teams.
- Ability to build effective and diplomatic working relationships with a wide range of stakeholders.
- Knowledge and understanding of primary care settings.
- Knowledge and awareness of appropriate community resources.
- Good organization, time and general management skills.
- Good interpersonal communication skills.
- A moderate level of physical fitness is required since direct delivery of this program activities may involve standing, walking, bending, lifting.

Qualifications, Education and/or Equivalent Experience:

Essential Requirements:

- Experience working with vulnerable populations (people living in poverty, elderly, substance misuse and mental health issues).
- A diploma in social/human services or a related field or the equivalent education and/or experience.
- Direct program delivery experience in the community social services sector with a demonstrated working knowledge of community, regional and provincial based programs.
- Valid BC's Driver's License
- Access to an adequately insured reliable vehicle
- Criminal record check

Assets (preferred requirements):

- Experience working in healthcare field

For further information please e-mail Heather Eriksen at childcareadmin@telus.net or call our office 250-295-3126. This posting will be open until June 30, 2016, only short-list applicants will be contacted.

Cordless electric lawn mower, brand new battery. \$150.00. Call 250-295-6063. Jun 14-16

1978 Vanguard 5th wheel 25-foot Vanguard holiday trailer. No leaks, good condition, fridge, stove, hot water. Asking \$2,200.00 OBO. Call 250-295-0033. Jun 14-28

Wanted

Retired Chaplain looking for a winter caretaking position starting this winter. Call 250-295-6165. May 31-Jul 05

Can you help? Pensioner in need of a microcassette recorder. New or used in working condition. Price negotiable. Please call 250-295-7957 or leave a message. Jun 14-28

Notices

Narcotics Anonymous

7:00 PM Wednesdays
7:00 PM Sundays
Chamber of Commerce
Basement, Highway 3

INFO: 250-295-7919
OR 250-295-6531

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